

Postgraduate Certificate

Vaginal and Vulvar Rejuvenation with Thread Tightening





Postgraduate Certificate Vaginal and Vulvar Rejuvenation with Thread Tightening

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techitute.com/us/medicine/postgraduate-certificate/vaginal-vulvar-rejuvenation-thread-tightening

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 16

05

Methodology

p. 20

06

Certificate

p. 28

01

Introduction

Aesthetic technology has advanced rapidly in recent years, and in the field of vaginal thread rejuvenation, it has become increasingly popular. This non-invasive procedure has proven to be an effective solution for vaginal sagging and laxity, as well as improving appearance. This program is designed for you to learn from experts in the field, and learn the latest techniques and tools for this procedure. You will learn how to identify ideal patients, evaluate risks and manage the postoperative period. This online program is a unique opportunity to enhance your career in the aesthetic field. Access the most innovative content anytime, anywhere, and update your skills in one of the most in-demand fields.





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With our Relearning program, we guarantee a natural and effective academic experience so you can assimilate the most important concepts in gynecoaesthetics”

Vaginal and vulvar aging is a problem that affects many women. It manifests itself in different ways, such as decreased elasticity and dryness in the area, urinary incontinence and reduced muscle tone. The specialist in this field must be prepared to deal with the most challenging cases in this area.

This program is necessary because many health professionals, including gynecologists and plastic surgeons, need to strengthen their skills in this area. All this in order to be able to guide effective and beneficial treatments for patients. It is essential that professionals have access to up-to-date information and effective techniques to provide the best care for their clients.

The program agenda covers a wide variety of vaginal surgical treatments, from labiaplasty to kidney surgery and genital lift. The techniques, benefits and possible side effects of each procedure will be discussed.

The methodology of the program will be theoretical and practical, with lectures, practical workshops and discussion of clinical cases. Audiovisual materials will be used to improve the understanding of the surgical procedures, and practice will be carried out on models. on models. Participants will have the opportunity to interact with experts in the field and acquire practical skills that will allow them to offer their patients the best possible results.

This **Postgraduate Certificate in Vaginal and Vulvar Rejuvenation with Thread Tightening** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Vaginal and Vulvar Rejuvenation with Thread Tightening
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



TECH offers you a complete and updated syllabus in an online methodology that adapts to your needs and allows you to learn in a comfortable and efficient way"

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TECH has brought together a team of leading professionals in Regenerative Gynecology and Minimally Invasive Surgery to create a complete and updated syllabus in gynecoaesthetics”

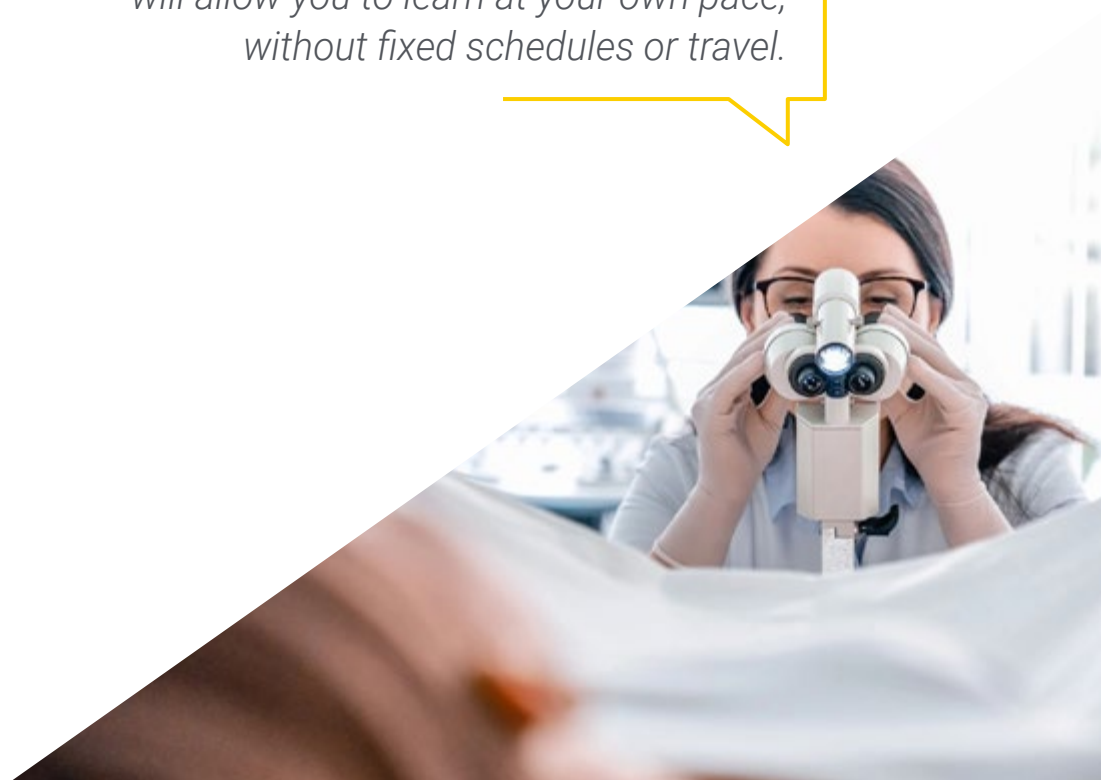
The program’s teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

Learn about the most relevant topics in the vaginal aesthetics sector and discover new job opportunities.

Do you want quality training in gynecological esthetics without sacrificing your free time? This program offers you an online methodology that will allow you to learn at your own pace, without fixed schedules or travel.



02 Objectives

The Postgraduate Certificate on Vaginal and Vulvar Rejuvenation with Thread Tightening focuses on a field in constant evolution and with numerous advances in the last decade. Its main objective is to offer an exhaustive and accurate compilation of the most rigorous information in gynecoesthetics, emphasizing clinical practice and specific work methodology through real examples and detailed analysis. Beyond the theoretical review of surgical techniques or clinical approaches in the area, it seeks to provide a complete and updated training in the subject. For this reason, TECH establishes a series of general and specific objectives to improve the satisfaction of the future graduate. These are the following.



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Don't miss the opportunity to specialize in one of the most promising areas of aesthetic medicine, Vulvar Rejuvenation with Thread Tightening"



General Objectives

- ♦ To be updated in the newest areas of current Gynecoesthetic Medicine, knowing the best and most effective treatments
- ♦ Memorize and never forget the most important tips regarding risk prevention, complications and emergency situations
- ♦ Learn not only theoretical concepts, but also the most urgent practice in Gynecological Aesthetics through audiovisual and practical material



Enroll and learn to handle the most avant-garde tools for vaginal surgeries"





Specific Objectives

- Analyze the vaginal surgical treatments of greater impact, such as labiaplasty, clitoral surgery, vaginoplasty, lipotransfer or hymen reconstructions
- Delve into the treatment and approach to genital prolapse, obstetric perineal tear scars or sequelae of episiotomies
- Know the latest developments in urinary incontinence surgery, genital lifting and 360 surgery or female genital rejuvenation

03

Course Management

TECH has selected a team of renowned professionals in the field of Vaginal Aesthetic Medicine for the creation of the contents of this program. Special attention has been paid to experts in regenerative gynecology and Minimally Invasive Surgery. Thus, the program has been developed by leaders in the field of Gyneco-Aesthetics, who have a practical knowledge of the needs of specialists in the field, as well as the most successful techniques and approaches, ensuring the quality of all modules.

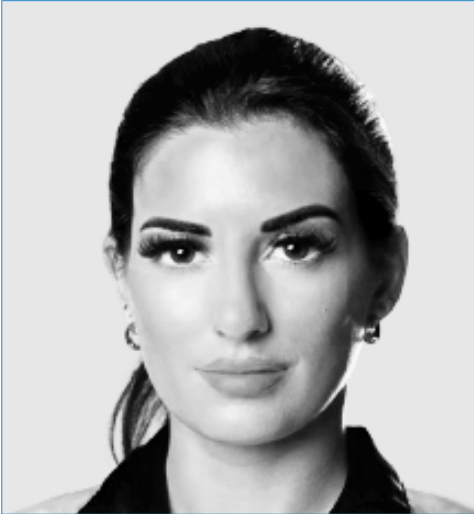




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*Succeed with the best and acquire
the knowledge and skills you need to
stand out on the aesthetic World”*

Management



Dr. Ruiz Allende, Alba María

- ♦ Medical Director of Aesthetic Medicine of the Clínica Londres Group
- ♦ Director of the Department of Aesthetic Medicine in the IMEMA Clinic
- ♦ Aesthetic medicine workshops trainer
- ♦ University professor at the CEU and UCAM
- ♦ Professor of MIR preparation at CTO
- ♦ Clinical researcher and editor of the magazine Emergency Live
- ♦ Residency in the specialty of Family, Community and Emergency Medicine at the Hospital Clínico San Carlos
- ♦ Master in Aesthetic Medicine and Nutrition at the Catholic University San Antonio of Murcia
- ♦ Master's Degree in Business Management from the Catholic University San Antonio of Murcia
- ♦ Master's Degree in Clinical Bioethics from UIMP



Professors

Dr. Sanz, Jaime

- ◆ Obstetrics and Gynecology Assistant Specialist. GINE4 Equipment Pelvic Floor Unit. Hospitales Madrid, Madrid. Spain
- ◆ Specialized health training. Specialized MIR in Obstetrics and Gynecology. 12 de Octubre University Hospital, Madrid. Spain
- ◆ Collaborating physician in practical teaching: gynecological and obstetric simulation. Complutense University of Madrid, Hospital 12 de Octubre, Madrid. Spain
- ◆ Master's Degree in Pelvic Floor Medical-Surgical Pathology. Thiel cadaver practice (60 ECTS). Miguel Hernández University, Alicante. Spain
- ◆ Master in Gynecologic Oncology (60 ECTS). European School of Oncology. San Pablo University CEU, Madrid Spain
- ◆ External rotation in Urogynaecology (Dr. WG. Davila). Holy Cross Hospital. Florida USA
- ◆ Reviewer of the International Journal of Urogynecology (IUJ).
- ◆ Member of "Special Interest Groups (SIG). Obstetric injuries of the pelvic floor and anal region". Chairman: Abdul Sultan. International urogynecological association (IUGA), Spanish Society of Aesthetic, Regenerative and Functional Gynecology (SEGERF), International Urogynecological Association (IUGA), International Continence Society (ICS), European Society of Aesthetic Gynecology. (ESAG)

04

Structure and Content

The current syllabus has been developed under the Relearning pedagogical methodology, which is characteristic of TECH. This learning technique has been used for the first time by the institution, ensuring that specialists acquire a more natural and effective academic experience. Throughout the program, the most important concepts in gynecoaesthetics will be reiterated, which guarantees an effective assimilation of the syllabus and a significant saving in the hours of study required to complete it.

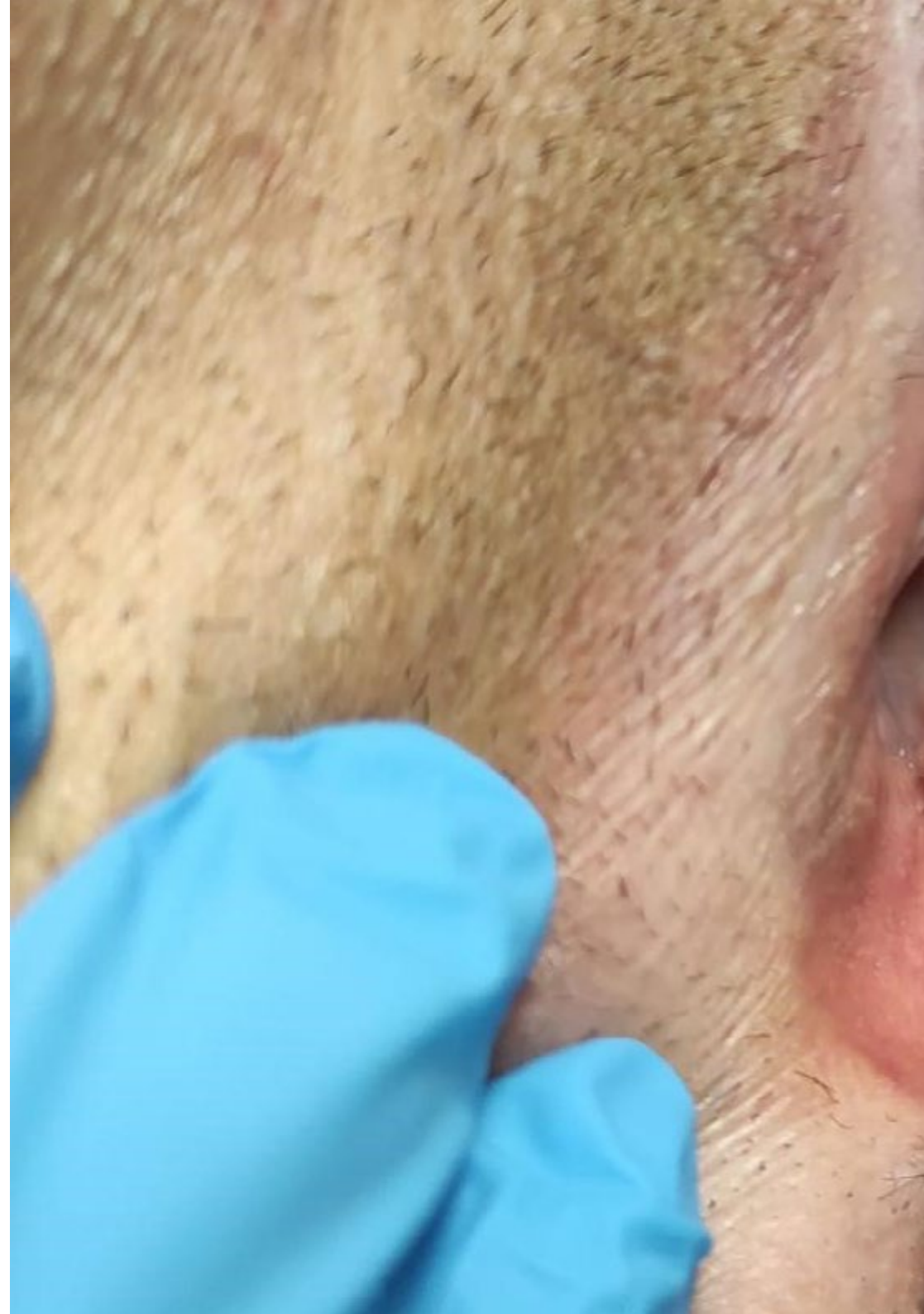


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*Expert curriculum and quality content
are the key to your learning success”*

Module 1. Vaginal Surgical Treatment

- 1.1. Labiaplasty
 - 1.1.1. Technique
 - 1.1.2. Benefits
 - 1.1.3. Results and possible side effects
- 1.2. Clitoral surgery
 - 1.2.1. Technique
 - 1.2.2. Benefits
 - 1.2.3. Results and possible side effects
- 1.3. Vaginoplasties
 - 1.3.1. Technique
 - 1.3.2. Benefits
 - 1.3.3. Results and possible side effects
- 1.4. Lipotransfer
 - 1.4.1. Technique
 - 1.4.2. Benefits
 - 1.4.3. Results and possible side effects
- 1.5. Hymen reconstructions
 - 1.5.1. Technique
 - 1.5.2. Benefits
 - 1.5.3. Results and possible side effects
- 1.6. Genital prolapse
 - 1.6.1. Technique
 - 1.6.2. Benefits
 - 1.6.3. Results and possible side effects
- 1.7. Scarring of obstetric perineal tears or episiotomy sequelae
 - 1.7.1. Technique
 - 1.7.2. Benefits
 - 1.7.3. Results and possible side effects





- 1.8. Urinary incontinence surgery
 - 1.8.1. Technique
 - 1.8.2. Benefits
 - 1.8.3. Results and possible side effects
- 1.9. Genital lift
 - 1.9.1. Technique
 - 1.9.2. Benefits
 - 1.9.3. Results and possible side effects
- 1.10. 360 or female genital rejuvenation surgery
 - 1.10.1. Technique
 - 1.10.2. Benefits
 - 1.10.3. Results and possible side effects

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Learn from the comfort of your home without following strict schedules and time-consuming travel to a study center”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Vaginal and Vulvar Rejuvenation with Advanced Thread Tightening guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Vaginal and Vulvar Rejuvenation with Thread Tightening** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Vaginal and Vulvar Rejuvenation with Thread Tightening**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**





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