

Postgraduate Certificate

Vademecum of Mental Illnesses





Postgraduate Certificate Vademecum of Mental Illnesses

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/in/medicine/postgraduate-certificate/vademecum-mental-illnesses

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01

Introduction

Sometimes it is difficult to determine what mental illness may be causing a patient's presenting symptoms. Therefore, the importance of taking the time and effort to obtain an accurate diagnosis that will help determine the appropriate treatment is emphasized. This 100% online training covers the mechanism by which Mental Illnesses are triggered, from a multidisciplinary approach, and includes the main psychotropic drugs for each case. Thanks to this high-level program, students will gain in-depth knowledge of this branch of medicine, laying the scientific foundations for understanding health and disease, and their relationship with various profiles such as psychologists and psychiatry, among others.



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Constant updating of knowledge is the key to continue providing better care to your patients with the latest techniques on the market"

Since Psychopharmacology is a multidisciplinary science and its objective is to understand the effects of drugs on people with special attention to cognitive, emotional and behavioral manifestations, it is an area that has grown rapidly in recent years. The patient will improve more quickly and experience fewer treatment-induced side effects if they get the correct diagnosis early in the process. For this purpose, TECH offers the student this Postgraduate Certificate.

Students who complete this program will acquire the necessary knowledge to offer their patients a more effective and quality treatment, through the list of drugs currently marketed and authorized in Spain by the Spanish Agency of Medicines and Health Products. The syllabus covers the main current topics in Mental Illness and Psychotropic, such a way that whoever masters them will be prepared to work in this field.

Likewise, this Postgraduate Certificate is taught in a 100% online format, so that the graduates can choose the time and place that best suits their availability, schedule and interests. Through a study method of proven efficiency, you will be able to acquire competencies in the areas of the involvement of Medicine in Mental Illnesses.

This **Postgraduate Certificate in Vademecum of Mental Illnesses** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Mental Diseases
- ♦ Graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



With this Postgraduate Certificate, you will have the flexibility to balance your academic life with your professional work”

“

This program will train you with the most up-to-date knowledge on the side effects of drugs so that they do not hinder the intervention in psychotherapy”

The program includes, in its teaching staff, professionals from the sector who bring to this program the experience of their work, in addition to recognized specialists from prestigious reference societies and universities.

Its multimedia content, developed with the latest educational technology, will allow the professionals a situated and contextual learning, that is, a simulated environment that will provide an immersive education programmed to prepare in real situations.

This program is designed around Problem-Based Learning, whereby the professionals must try to solve the different professional practice situations that arise throughout the program. This will be done with the help of an innovative system of interactive videos made by renowned experts.

Boost your future career with an academic program that will enable you to describe the harmful links between medications.

This Postgraduate Certificate is the best option if you want to update your knowledge in Mental Illnesses.



02 Objectives

This training has as its main objective to forge medical experts in Mental Disease starting from a cutting-edge content and updated with the latest developments in the field said field in the involvement of the mind. Upon successful completion of the academic program, the graduates will be fully empowered to design and implement everything learned in their sessions.



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*You will become an optimal specialist to
become part of a constantly growing job market"*



General Objectives

- ♦ Master the current knowledge on medication used in psychiatry and neurology
- ♦ Train to achieve the therapist-patient-medication link
- ♦ Identify the absorption properties of medication
- ♦ Develop proficiency in pharmacodynamics
- ♦ Describe in protocols the intervention programs, taking into account the characteristics and specific aspects of taking medication
- ♦ Identify the evolution of the different disorders listed in the DSM-5 or ICD-10
- ♦ Master the fields of physician-psychologist interaction in family intervention
- ♦ Train the professionals on all the updated references on the diagnosis, intervention and therapeutic process in order to interact with the medication
- ♦ Describe with decision protocols the individualized study of family members to perform a rigorous psychopathological study
- ♦ Use decision trees to permanently perform differential diagnosis
- ♦ Organize all the information within a multidisciplinary framing model in the study of the biopsychosocial framework of the psychotherapy-pharmacology relationship





Specific Objectives

- ◆ Identify study methods to demonstrate that the drug has utility
- ◆ Discovering the legal procedures for the use of the drug
- ◆ Describe the harmful links between drugs
- ◆ Use knowledge about the side effects of drugs so that they do not hinder the intervention in psychotherapy
- ◆ Describe the beneficial effects of the drug
- ◆ Master the adverse effects and toxicity of the drug



Upgrade your knowledge in Mental Diseases and start to see how you improve day by day in your daily practice"

03

Course Management

The programs found in TECH always have the support of professionals at the highest level of prestige in their field. The teachers who impart this Postgraduate Certificate have endowed the didactic material with all the competencies and skills that the physicians need to excel and deepen in the specialty of Mental Illness. In addition, the students are guaranteed access to an up-to-date theory adapted to current market demands as well



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*Leading professionals in the field have
come together to teach you the most
relevant facts about Mental Illness"*

Management



Aguado Romo, Roberto

- ♦ President of the European Institute of Time-Limited Psychotherapy
- ♦ Psychologist in private practice
- ♦ Researcher in Time Limited Psychotherapy
- ♦ Guidance team coordinator for many schools
- ♦ Author of several books on Psychology
- ♦ Communicator and expert in Psychology in the media
- ♦ University courses and postgraduate studies teacher
- ♦ President of the European Institute of Time-Limited Psychotherapies
- ♦ Master's Degree in Clinical and Health Psychology
- ♦ Specialist in Clinical Psychology
- ♦ Selective Dissociation Targeting Specialist

Professors

Dr. De Dios González, Antonio

- ♦ Director of Avatar Psychologists
- ♦ Director of the Psychology Department of Quirónsalud Hospital in Marbella
- ♦ Director of the Clinical and Health Area of Iridia Hispania
- ♦ Trainer at the Spanish Red Cross
- ♦ Specialist in Clinical Hypnosis and Relaxation
- ♦ EFT Specialist by the World Center for EFT
- ♦ Transpersonal Therapist by the Spanish School of Transpersonal Development
- ♦ Degree in Psychology from the Complutense University Madrid
- ♦ Master in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies
- ♦ Master's Degree in Neuro-Linguistic Programming (NLP) by Richard Bandler's Society of Neuro-Linguistic Programming

Dr. Furelos, Maribel

- ♦ Psychologist Specialist in Clinical Psychology
- ♦ Psychologist at Kabiezes Health Center
- ♦ Sexologist at the Santurce Ambulatory Hospital in Osakidetza
- ♦ Master in Time-Limited Psychotherapy and Health Psychology

D. Gandarias Blanco, Gorka

- ♦ Psychologist specialized in Psychotherapy and Gestalt Therapy. Director of the URASKA Clinical Center
- ♦ Director of the URASKA Clinical Center. Founder of the Psychology and Psychotherapy Consultancy
- ♦ Head of the Guidance and Educational Innovation Department of the San José School in Nanclares de la Oca
- ♦ Psychologist specialized in psychotherapy recognized by the EFPA (European Federation of Psychologists' Associations)
- ♦ Degree in Psychology. Deusto University
- ♦ Master's Degree in Time-Limited and Health Psychotherapy
- ♦ International Master's Degree in Clinical and Health Psychology
- ♦ Diploma in Gestalt Therapy
- ♦ Cooperative Learning Specialist, Coach Level in the Conscious Emotional Bonding Model (VEC)

Dr. González Agüero, Mónica

- ♦ Psychologist in charge of the Department of Child and Adolescent Psychology at Hospital Quirón Salud Marbella and Avatar Psicólogos
- ♦ Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital of Marbella
- ♦ Psychologist at Avatar Psychologists
- ♦ Psychologist and teacher at the European Institute of Limited Time Psychotherapies (I.E.P.T.L.)
- ♦ Degree in Psychology, UNED

Ms. Navas Casado, María

- ♦ Health psychologist at the Psychology and Speech Therapy Office María del Rosario García del Villar
- ♦ Health Psychologist at the Manzano Clinic
- ♦ Health psychologist at the Psychological Care Unit of the Official College of Psychologists of Malaga
- ♦ Grade in Psychology from the University of Granada
- ♦ Master's Degree in General Health Psychology from the University of Malaga

Dr. Martínez Lorca, Manuela

- ♦ Health Psychologist
- ♦ Professor in the Department of Psychology at the University of Castilla La Mancha CLM
- ♦ Master in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies
- ♦ Specialist in Clinical Hypnosis and Relaxation
- ♦ Degree in Psychology
- ♦ Doctor of Medicine

Ms. Roldán, Lucía

- ♦ Health Psychologist
- ♦ Cognitive-behavioral intervention specialist
- ♦ Master in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in energy therapy intervention

Ms. Soria, Carmen

- ♦ Psychologist at Integra Therapy
- ♦ Head of the Psychosocial Unit of the CEP (Evaluation and Psychotherapy Center associated with IEPTL)
- ♦ Private practice specializing in long-term disorders (Personality, Bipolar and Psychotic)
- ♦ Collaborating Professor Practicum at the Complutense University of Madrid
- ♦ Professor of the Master's Degree of Psychotherapy at the IEPTL
- ♦ Degree in Psychology from the Autonomous University of Madrid, 1995
- ♦ Specialist in General Health Psychology
- ♦ Master's Degree in Clinical and Health Psychology by CINTECO
- ♦ Master's Degree in Time-Limited Psychotherapy by IEPTL
- ♦ EMDR Therapist
- ♦ Specialized training in Personality Disorders and Psychotic Disorders in adults and adolescents
- ♦ Training in Dissociative Disorders
- ♦ Training in Couples Therapy



04

Structure and Content

The Postgraduate Certificate in Vademecum of Mental Illness includes a complete syllabus whose competition does not exist, as TECH continues to invest and count on the best experts to develop the most comprehensive and dynamic content for students. It is, therefore, a program that aims to be a unique and stimulating experience that lays the foundations for the professional success the physician.



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This qualification will extensive your knowledge and skills, bringing greater strength to your professional profile"

Module 1. Classification of Psychotropic Drugs

- 1.1. Neurophysiological Bases of Mental Illness and Its Treatment
- 1.2. Antipsychotics and Neuroleptics
- 1.3. Anxiolytics and Sedatives
- 1.4. Antidepressants
- 1.5. Antimanic or Euthymic Drugs
- 1.6. Antiseizure Medications
- 1.7. Medications for Agitation
- 1.8. Pharmacotherapy of Confusion
- 1.9. Drugs for Dementia
- 1.10. Medication Against Deficiencies



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Take advantage of the best theoretical and practical content, ideal to optimally update you on Vademecum of Mental Illness”

05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





06 Certificate

The Postgraduate Certificate in Vademecum of Mental Illness guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and
receive your university qualification without
having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Vademecum of Mental Illnesses** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Vademecum of Mental Illnesses**

Official N° of Hours: **200 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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