

Postgraduate Certificate Sexologist Consultation



Postgraduate Certificate Sexologist Consultation

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/in/medicine/postgraduate-certificate/sexologist-consultation

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01

Introduction

Due to the importance of sexual health in today's society, medical sexology consultation has become a vital tool to provide specialized care in this field. For this reason, this TECH program has been created specifically for specialists interested in expanding their knowledge in clinical sexology. The course syllabus includes various topics related to sexuality, such as sexual dysfunctions, sexual and couple therapy, sexual and gender diversity, among others. The 100% online methodology will allow participants to access resources and practical activities to apply the knowledge acquired in the sexological consultation and develop skills in sexological counseling and couple and sexual therapy.





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The Postgraduate Certificate in Sexologist Consultation is a unique opportunity for doctors to be up-to-date in this field and to offer specialized and adapted attention to the patient in the area of clinical sexology”

In today's society, sexual health is a vitally important issue that affects all people regardless of gender, age or sexual preference. For this reason, medical sexology consultation has become a fundamental tool to offer comprehensive and specialized care in this field.

In this sense, the Postgraduate Certificate in Sexologist Consultation is an online program designed specifically for doctors interested in expanding their knowledge in the area of clinical sexology. The syllabus includes aspects such as sexual anatomy and physiology, sexual dysfunctions, sexual and couple therapy, problems related to sexuality in different stages of life, sexual and gender diversity, and ethical and legal aspects of sexological consultation.

Through the 100% online methodology, students will have access to a wide variety of resources and activities that will allow them to delve deeper into the topics of the course and apply the knowledge acquired in the sexologist consultation. In addition, there will be supervised practice and analysis of clinical cases that will allow them to develop skills such as sexological counseling and the specific characteristics of couple therapy and sex therapy.

This **Postgraduate Certificate in Sexologist Consultation** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of case studies presented by experts in Psychology and Sexology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



The 100% online methodology allows specialists to access resources and practical activities to apply the knowledge acquired in the sexologist consultation"

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The Postgraduate Certificate in Sexologist Consultation is designed by and for doctors interested in expanding their knowledge in the area of clinical sexology”

You will be able to address the problems that arise in couple therapy in an effective way and adapted to the needs of patients.

*In just 6 weeks you will learn the latest developments and findings in the field of clinical sexology.
Only with TECH.*

The program's teaching team includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.



02 Objectives

The main objective of the Postgraduate Certificate in Sexologist Consultation is to bring up to date the knowledge of the doctor in the area of clinical sexology. For this purpose, the program seeks to provide comprehensive education in sexological counseling and couple and sexual therapy, so that participants can offer specialized and quality care in this important field of sexual health.



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The main objective of the program is to provide the specialist with a unique and innovative vision in sexological counseling and couple and sexual therapy. All this, in order to ensure a comprehensive and quality care in this field”



General Objectives

- ♦ Acquire knowledge about sexuality, expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of the different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the beginning and development of couple relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and factors that generate alterations in them
- ♦ Explore complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decision making that may arise in the exercise of their profession
- ♦ Gain an in-depth knowledge of the deontology of sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would undermine the therapeutic work
- ♦ Perform research programs on sexuality





Specific Objectives

- ◆ Develop the therapist's skills necessary to address sexuality and couple issues
- ◆ Gain an in-depth knowledge of the legal and ethical aspects of the sexology professional

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With this qualification you will be able to keep up to date with the latest assisted reproduction techniques used in couples with fertility problems”

03

Course Management

This TECH university program has a team of highly qualified teachers and experts in the field of clinical sexology. These professionals have extensive experience and are internationally recognized for their background in the qualification of medical specialists in this field, which guarantees the quality of the teaching and the constant updating of the course syllabus. A learning process that, guided by the experience of the best professionals, guarantees a successful clinical practice.





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The program's teaching staff are experts in the field of clinical sexology and have extensive experience in the training of professionals in this field”

Management



Ms. Ramos Escamilla, María

- Sexologist and Couple Therapist
- Director of Destino Kink
- Degree in Psychology from the Complutense University of Madrid
- Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University



04

Structure and Content

The effectiveness of the Relearning method, based on the reiteration of key concepts, will allow the medical professional to progress through the content of this program in a much more natural way. In this way, you will be able to reduce the long hours of memorization, in order to obtain a much more up-to-date and effective knowledge. In this way, the main sexual problems affecting the population such as fertility, the etiology behind penetration difficulties or the multidisciplinary work carried out to solve medical conditions related to sexuality will be covered.



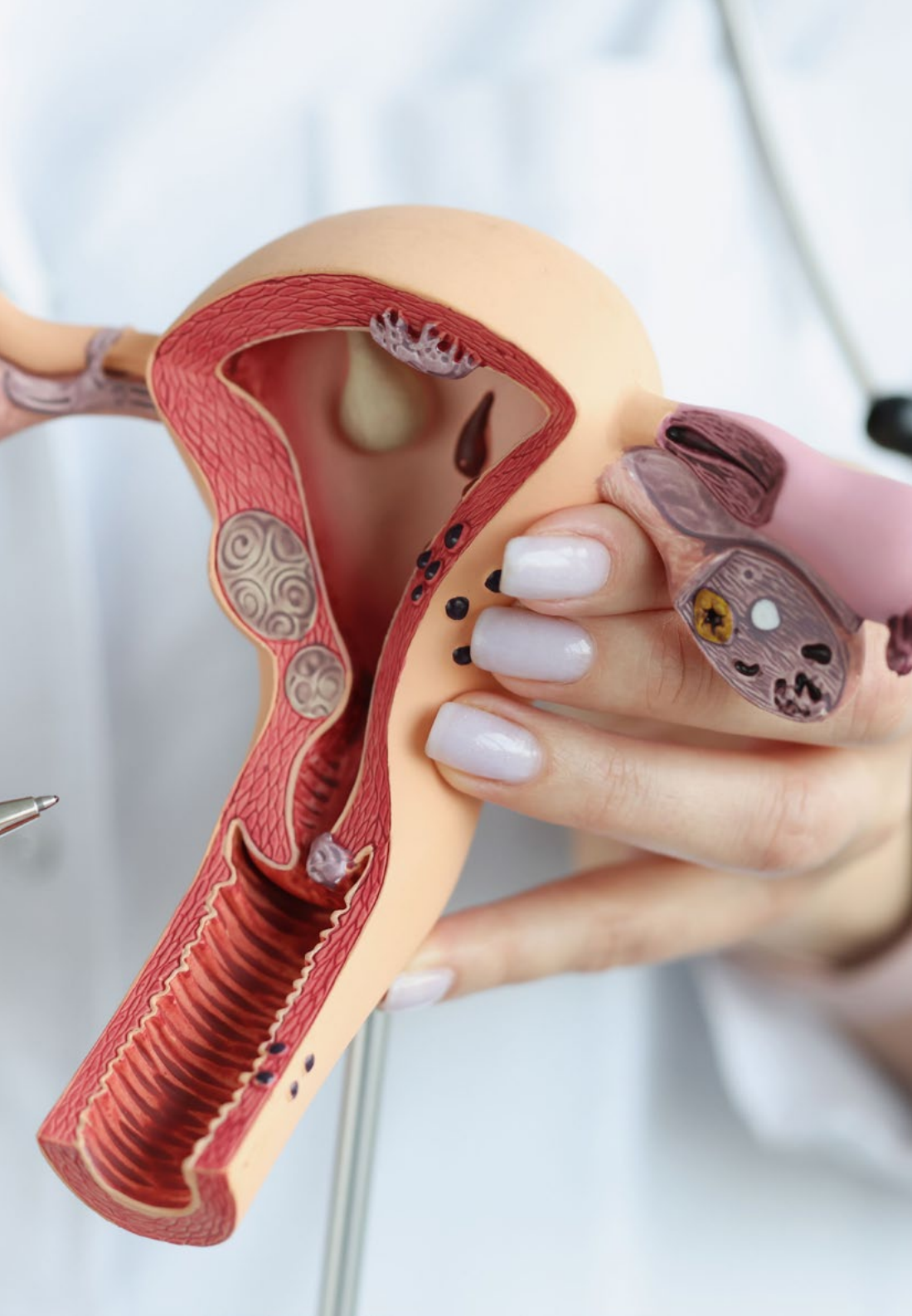
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This Postgraduate Certificate addresses topics such as sexual anatomy and physiology, sexual dysfunctions, sexual and couple therapy, therapist's skills and methods to establish an online consultation, among others”

Module 1. Sexologist Consultation

- 1.1. Basic Assumptions
 - 1.1.1. Objectives of Sex Therapy
 - 1.1.2. Therapeutic Setting
 - 1.1.3. General Phases of the Intervention
- 1.2. Deontological Aspects
 - 1.2.1. Basic Principles
 - 1.2.2. Deontology in Sexology
 - 1.2.3. Deontology Specific to Each Profession
- 1.3. Sexological Counseling
 - 1.3.1. Special Characteristics
 - 1.3.2. Frequently Asked Questions
- 1.4. Therapist Skills
 - 1.4.1. Skills
 - 1.4.2. Active Listening
 - 1.4.3. Self-Knowledge
 - 1.4.4. Good Practices
- 1.5. Therapist Self-Care
 - 1.5.1. Burn Out Risk
 - 1.5.2. Importance of the Therapist's Psychological Adjustment
 - 1.5.3. Taking Care of Energy
- 1.6. Therapeutic Alliance
 - 1.6.1. Importance
 - 1.6.2. Characteristics of the Therapeutic Relationship
 - 1.6.3. Different Approaches to the Therapeutic Alliance





- 1.7. Specific Characteristics of Couples Therapy and Sex Therapy
 - 1.7.1. Vivential Environment
 - 1.7.2. Habitual Resistance to Therapy
- 1.8. Characteristics for a Good Prognosis
 - 1.8.1. Safety Within the Therapeutic System
 - 1.8.2. Engagement in the Therapeutic Process
 - 1.8.3. Emotional Connection with the Therapist
- 1.9. Issues to be Addressed
 - 1.9.1. Perception of the Own Body
 - 1.9.2. Self-concept
 - 1.9.3. Self-esteem
- 1.10. Online Consultation
 - 1.10.1. Advantages and Disadvantages
 - 1.10.2. Demonstrated Efficacy
 - 1.10.3. Optimal Conditions for Online Consultation

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A high-level university program with the academic recognition and prestige of TECH, the best digital university in the world”

05

Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and publications from the **New England Journal of Medicine** have considered it to be one of the most effective.



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Discover Relearning, a system that departs from traditional linear learning and embraces cyclical teaching methods. This approach to learning has proven to be highly effective, particularly in subjects that involve memorization.

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

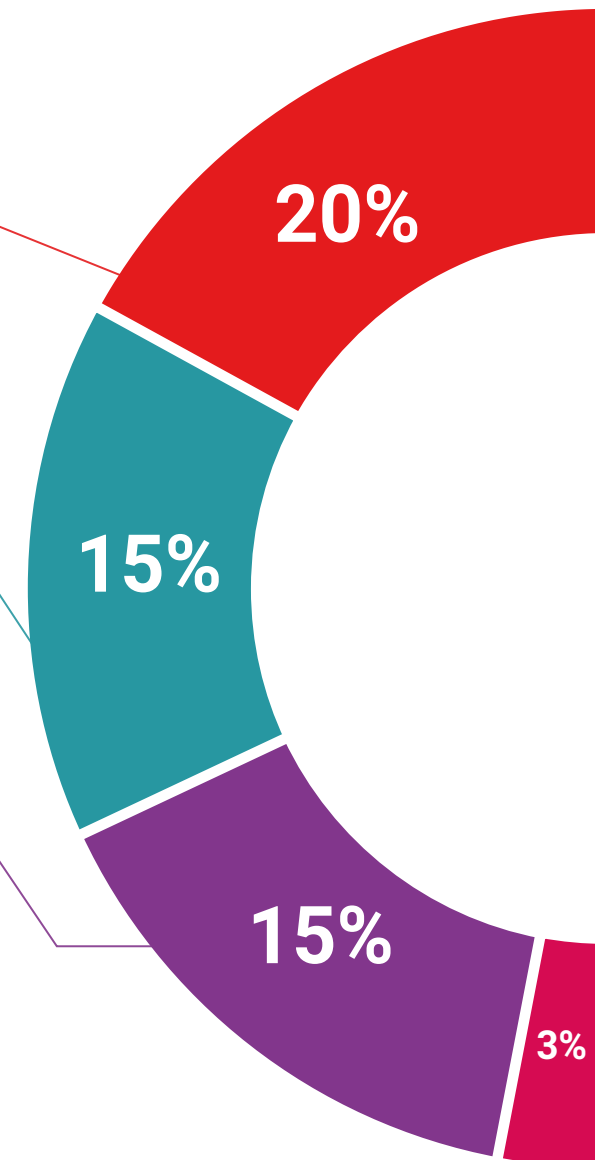
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

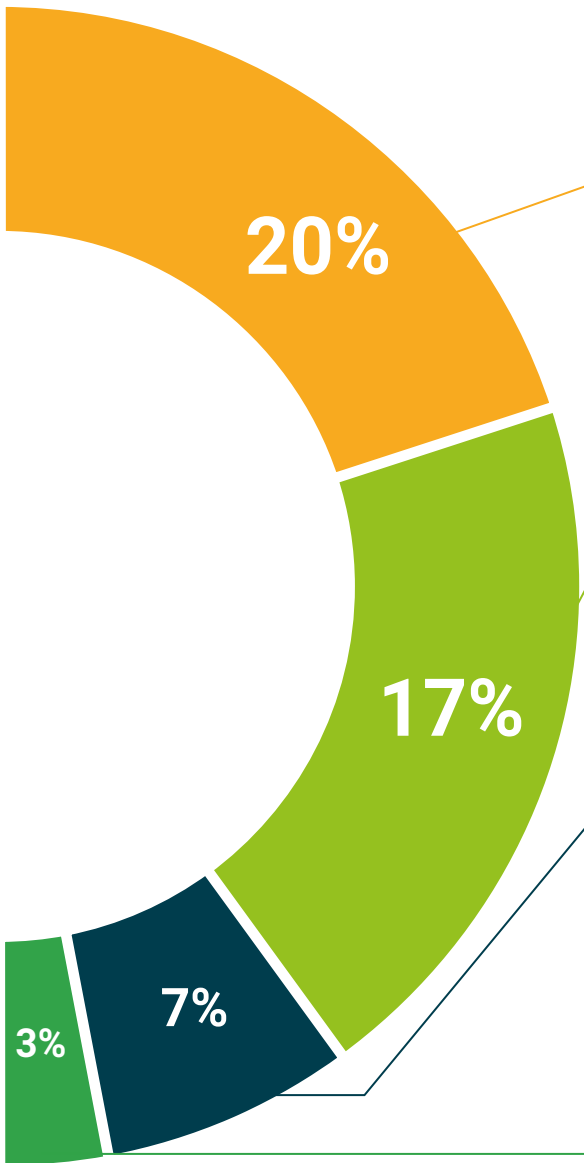
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Sexologist Consultation guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program
and receive your university qualification
without having to travel or fill out
laborious paperwork”*

This **Postgraduate Certificate in Sexologist Consultation** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Sexologist Consultation**

Official N° of Hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



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