

Postgraduate Certificate

Rotator Cuff Pathology





Postgraduate Certificate Rotator Cuff Pathology

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/postgraduate-certificate/rotator-cuff-pathology

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01

Introduction

The treatment of Rotator Cuff Pathologies may vary depending on the severity of the injury, the age of the patient and the specific symptoms. This is why it is vital for the medical specialist to be updated on the latest innovations in the various diagnostic and treatment techniques. To meet this need, TECH has developed this program which offers the specialist an update on arthroscopic knot tying techniques, subacromial syndrome and rotator cuff tears. A 100% online, 6-week program, with content accessible anytime, anywhere through a digital device with an internet connection.





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Thanks to TECH you will update your knowledge about the anatomy, the muscles involved and the innervation of the Rotator Cuff”

Surgical techniques for rotator cuff repair have evolved in recent years, with more sophisticated methods being applied to achieve anatomically accurate repair. Added to this is the crucial role of postoperative rehabilitation that has been adapted to the most modern surgical procedures.

A scenario that leads specialists to keep abreast of both scientific research in this field and the improvement of techniques. This Postgraduate Certificate in Rotator Cuff Pathology comprising of 180 teaching hours.

A syllabus that allows medical professionals to deepen in maneuvers and diagnostic techniques, subacromial syndrome without rotator cuff injuries, partial and complete ruptures, and the therapeutic algorithm, providing a comprehensive approach to its approach. All this, in addition, with multimedia didactic material based on video summaries, videos in detail, specialized readings and clinical case studies.

Likewise, thanks to the Relearning system, the graduate will have to invest less time in the updating process. Thus, without the need for classroom attendance or classes with restricted schedules, the professional is faced with a flexible university program that will allow him to effectively update his knowledge without neglecting his daily activities.

This **Postgraduate Certificate in Rotator Cuff Pathology** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by expert orthopedic surgeons
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



A program that will give you the tools to implement the latest surgical techniques to treat Rotator Maguito Pathologies"

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With this program you will have an optimal handling of the maneuvers and diagnostic techniques to evaluate and classify rotator cuff tears"

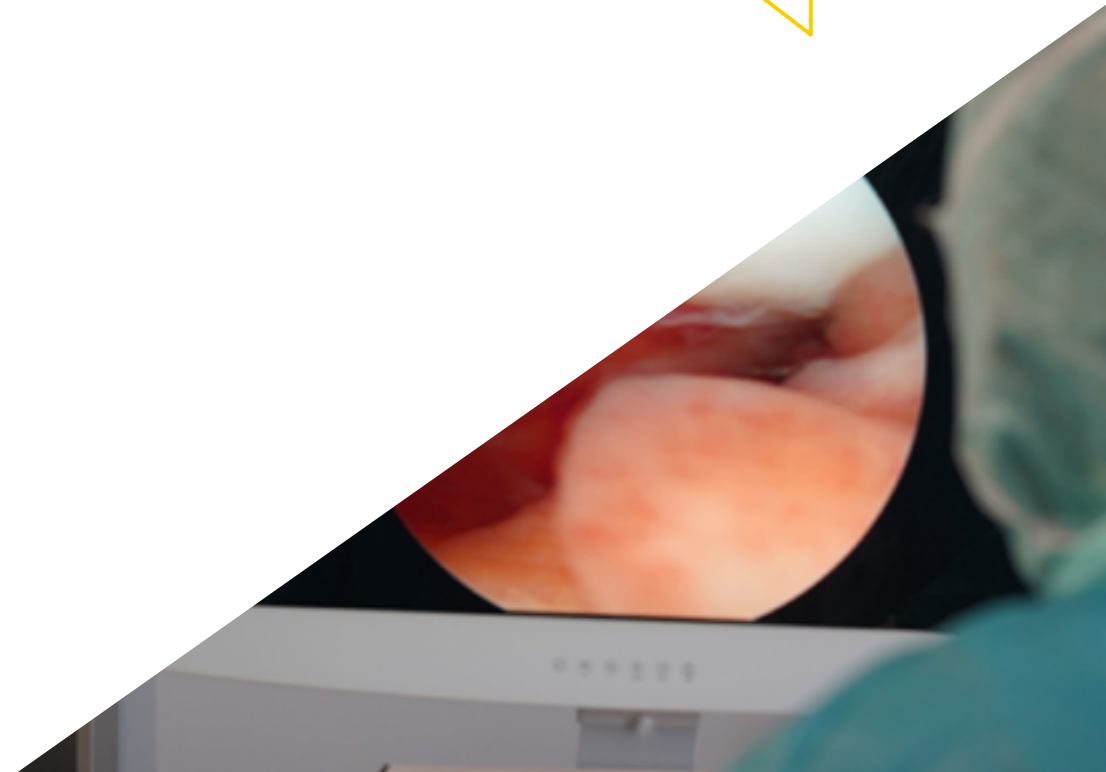
In only 180 hours you will be able to delve into the diagnosis of subacromial syndrome without rotator cuff injuries and the application of specific treatments to relieve pain.

You will learn in depth the most advanced diagnostic techniques and surgical procedures for Posterosuperior Partial Cuff Ruptures.

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.



02 Objectives

The purpose of this program is to provide the physician with specialized and updated knowledge and skills in the diagnosis, treatment and management of diseases and injuries affecting the rotator cuff. In this way, the specialist will be up to date on the management of the various pathologies and conditions that may affect you. Likewise, in this academic itinerary, the graduate will have an excellent team of experts in Shoulder Surgery who will solve any doubts they may have about the content of this program.



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You will broaden your skills to help patients recover shoulder functionality thanks to this Postgraduate Certificate that only TECH has for you”

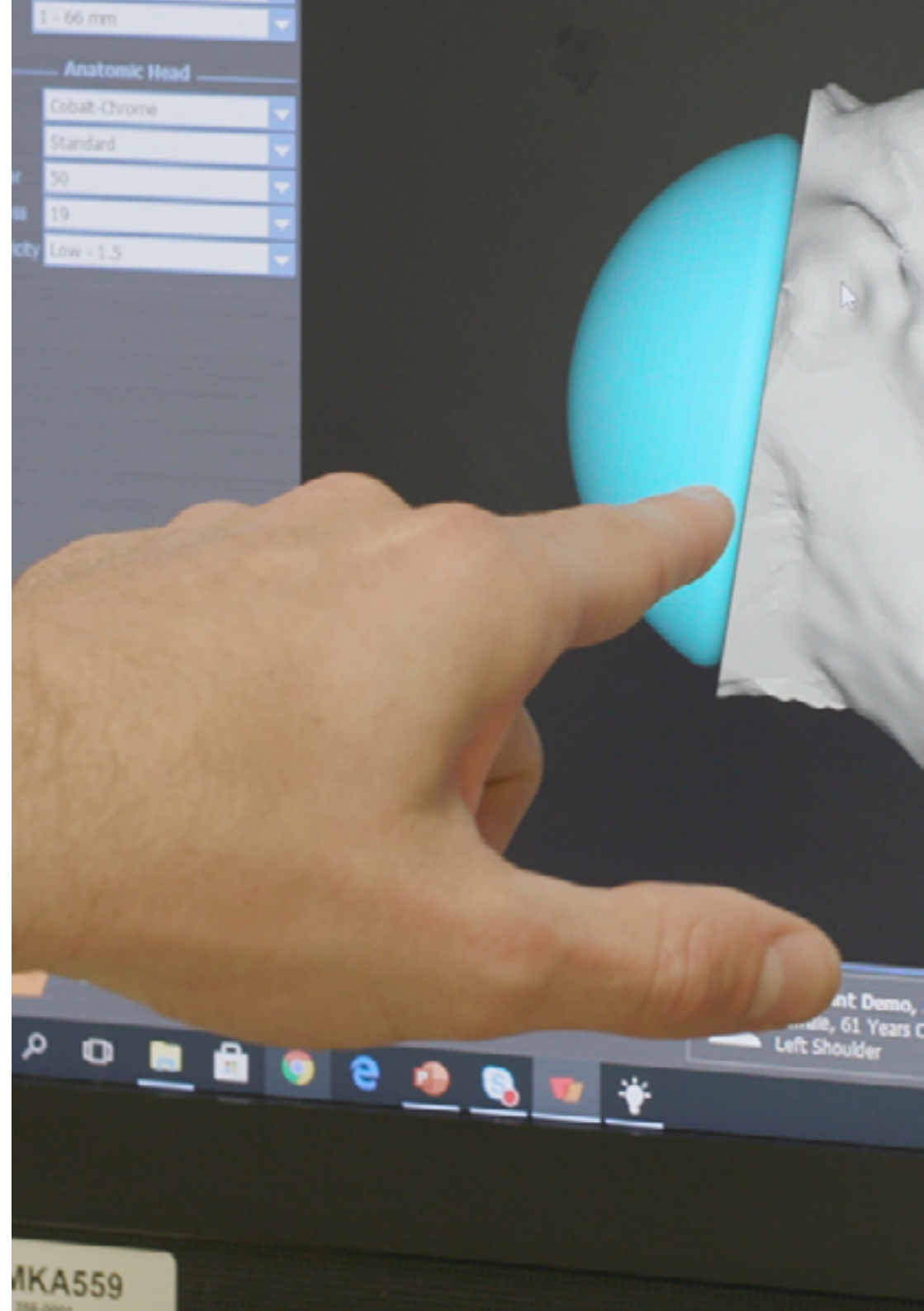


General Objectives

- Analyze the macroscopic anatomy of the shoulder
- Determine the different approaches to open surgery
- Introducing the arthroscopic portals of shoulder surgery
- Delve into new technologies in anatomy and shoulder surgery
- Examine the usefulness of different radiological techniques in the diagnosis of certain shoulder pathologies
- Define ultrasound scans as a treatment technique in some shoulder pathologies
- Expose the usefulness of nuclear medicine in shoulder pathology
- Compile the different objective, subjective and quality of life scales
- Show embryology of the shoulder
- Grouping of shoulder pathologies affecting children: dysplasias, fractures and other acquired pathologies
- Development of rheumatologic, tumor and infectious diseases
- Deepening the role of anesthesia in the shoulder



You will diagnose and treat subscapularis ruptures, applying surgical techniques for repair and concomitant approach to injuries"





Specific Objectives

Module 1. Rotator Cuff I. Subacromial Syndrome and Rotator Cuff Ruptures

- ◆ Delve into on the macroscopic anatomy of the rotator cuff
- ◆ Develop knowledge of the evolutionary history of patients with degenerative rotator cuff pathology
- ◆ To analyze the different exploratory maneuvers to be used in patients suffering from Rotator Cuff breaks
- ◆ Identify the different patterns of rotator cuff tears
- ◆ To present the different surgical techniques that are indicated for each of the patterns of Rotator Cuff tears

Module 2. Rotator cuff II. Calcifying Tendinitis. Stiffness

- ◆ Delve into the different arthroscopic knotting techniques
- ◆ Interpret the rehabilitative treatment in the postoperative period of rotator cuff tears. Immobilization indications and different types of physiotherapy
- ◆ Master the indications and rehabilitation techniques used in the conservative treatment of rotator cuff disorders
- ◆ Be able to identify and treat complications of rotator cuff repair
- ◆ Address calcifying tendinitis as an entity and develop a therapeutic algorithm
- ◆ Identify and diagnose shoulder stiffness, the different types and its possible coexistence with rotator cuff tears. Therapeutic approach to this pathology
- ◆ Define adhesive capsulitis, predisposing diseases, diagnosis, evolution of the disease, therapeutic algorithm and explanation of the different conservative and surgical treatment techniques
- ◆ Determine how to diagnose glenohumeral internal rotation deficit (GIRD), physical examination, maneuvers and therapeutic algorithm



03

Course Management

This program has a faculty made up of renowned specialists in the field of Orthopedics and Traumatology. These professionals, active in leading hospital centers, have extensive experience in the management of joint disorders, surgical interventions and advanced rehabilitation techniques. As a result, participants will have the assurance of enjoying a unique academic experience, led by leading experts in this area.





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*You will have the best
faculty for a unique update
on Rotator Cuff Pathology”*

Management



Dr. Fernández Cortiñas, Ana Belén

- Traumatologist at Cosaga Hospital
- Traumatologist (Shoulder Visiting Fellow) at the Massachusetts General Hospital
- Traumatologist at the Ourense University Hospital Complex
- Traumatologist at Gambo General Rural Hospital
- Journal Clinical Epidemiology Reviewer Affiliation: Clinical epidemiology
- Scientific Journal Medical Science Melville USA Reviewer
- Dr. in Medicine and Surgery from the Complutense University of Madrid
- Specialist in Orthopedic and Trauma Surgery
- Degree in Medicine and Surgery from the University of Santiago de Compostela
- Member of: Spanish Association of Orthopedic Surgery and Traumatology (SECOT), Spanish Society of Shoulder and Elbow Surgery (SEHC), Spanish Association of Arthroscopy (AEA), Spanish Society of Sports Traumatology (SETRADE)



Dr. López Fernández, Vanesa

- ♦ Attending Doctor of Orthopedic Surgery and Traumatology, Arthroscopy Unit at the Hospital Rey Juan Carlos
- ♦ Attending Doctor of Orthopedic Surgery and Traumatology at the Jiménez Díaz Foundation Hospital
- ♦ Clinical and research fellowship in shoulder, hand and upper limb surgery at the Clinique Generale d'Annecy
- ♦ Clinical and research fellowship in shoulder and elbow surgery under the supervision of Dr. Emilio Calvo and Dr. Foruria at the Jiménez Díaz Foundation
- ♦ Professor and member of the scientific committee of the CURSOCOT for the training of residents and attendings (recertification courses) in Orthopedic Surgery and Traumatology
- ♦ Honorary Professor of Orthopedic Surgery and Traumatology Universidad Rey Juan Carlos
- ♦ Dr. in Medicine from the University of Santiago de Compostela with a doctoral thesis entitled "Effect of intra-articular hyaluronic acid in experimental synovitis"
- ♦ Degree in Medicine from the Santiago de Compostela University
- ♦ Master's Degree in Orthopedic Surgery and Traumatology from San Pablo CEU University
- ♦ Postgraduate Certificate in Orthopedic Surgery and Upper Limb Traumatology from San Pablo CEU University
- ♦ Postgraduate Certificate in Orthopedic Surgery and Traumatology of the Pelvis, Hip and Pediatric Traumatology from San Pablo CEU University
- ♦ Postgraduate Certificate in Orthopedic Surgery and Traumatology of the knee, ankle and foot by San Pablo CEU University
- ♦ Postgraduate Certificate in Orthopedic Surgery and Traumatology of the Spine, Tumors and Infections, San Pablo CEU University

Professors

Dr. Alfano, Federico

- ♦ Doctor assigned to the Traumatology Service of the Asunción Clinic
- ♦ Chief of the Division of Shoulder and Elbow Surgery at the Luis Pasteur Belgrano Medical Center
- ♦ Head of the Shoulder Team at the Spanish Hospital of Buenos Aires
- ♦ Doctor of the Knee Arthroscopy and Sports Medicine team in the Clinic and Surgeries. San Cayetano Sanatorium
- ♦ Chief Resident of Orthopedics and Traumatology at the Spanish Hospital of Buenos Aires
- ♦ The Shoulder and Elbow International Fellowship, en Dallas junto a Dr Wayne Burkhead, Jr
- ♦ Clinical Reviewer from The Journal of Shoulder and Elbow Surgery
- ♦ Lecturer in different programs on shoulder pathologies
- ♦ Degree in Medicine
- ♦ Medical Degree in the United States - United States Medical Licensing Examination® (USMLE). ECFMG Certified
- ♦ Member of: President of the Argentine Association of Shoulder and Elbow Surgery, Member of the Scientific Committee of the Argentine Society of Shoulder and Elbow Surgery

Dr. Fernández-Bravo Rueda, Almudena Beatriz

- ♦ Associate Chief Doctor of the Rehabilitation Service of the Jiménez Díaz Foundation Hospital
- ♦ Head of the Interventionism and Biological Therapies Unit at the Olympia-qx medical center of the Quirón Health Madrid group
- ♦ Professor of ultrasound in the Professional Master's Degree in Musculoskeletal Ultrasound and Ultrasound-guided Interventionism. Program awarded by San Pablo Ceu University, Andalucía
- ♦ Graduate in Medicine and Surgery from Universidad de Navarra
- ♦ Master's Degree in Aesthetic and Anti-Aging Medicine from the Complutense University of Madrid
- ♦ Member of: Board of Directors of SERMEF and member of the editorial committee of the journal Rehabilitación, Board of Directors of SETOC (Spanish Society of Shockwave Therapy), Pain Care Committee at the Jiménez Díaz Foundation Hospital

Dr. Alfonso Fernández, Ana

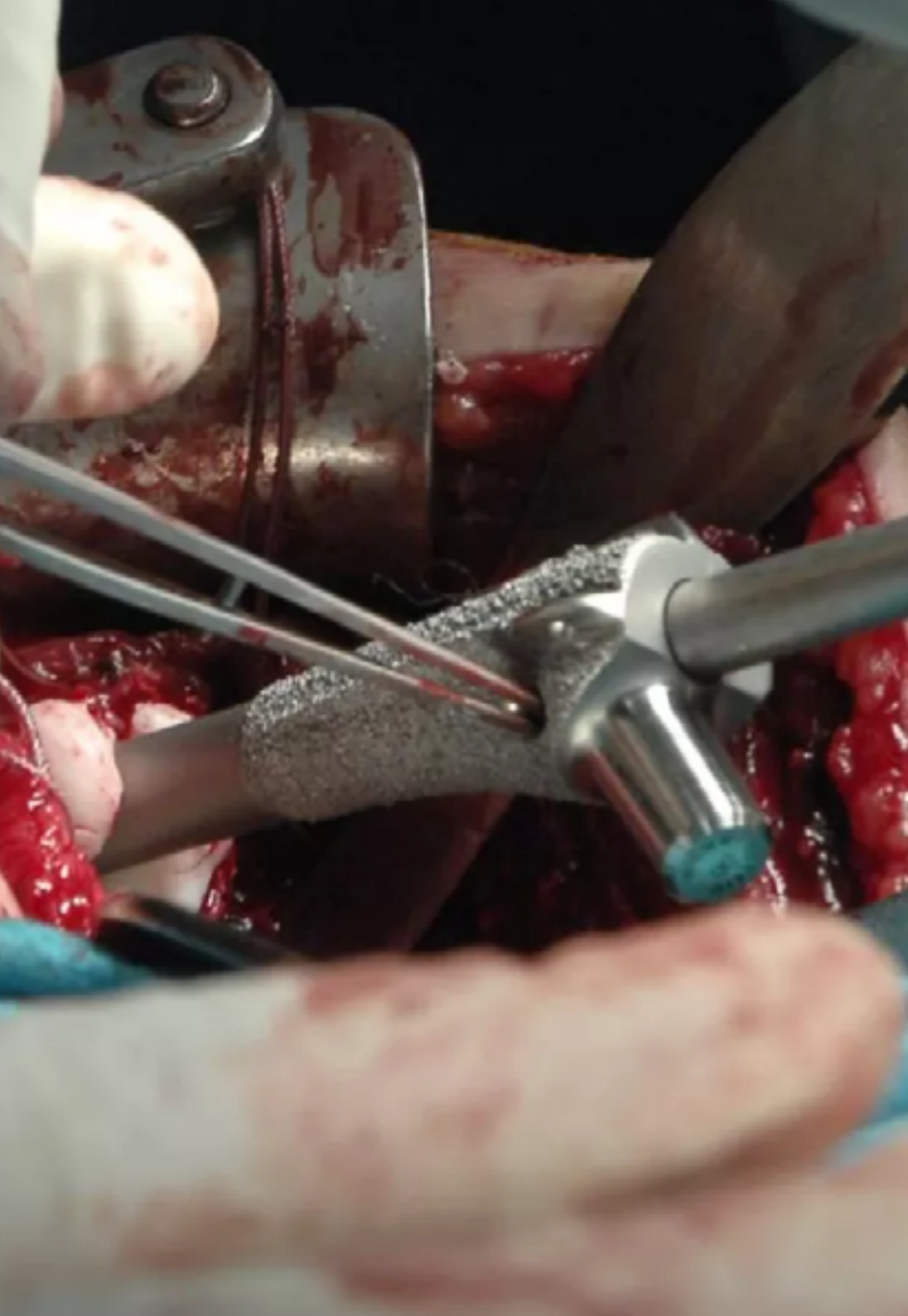
- ♦ Area Specialist at the University Hospital of Álava
- ♦ Area Specialist Doctor at Sierrallana Hospital
- ♦ Fellowship in Upper Extremity Surgery at the University of Ottawa
- ♦ Area Specialist Doctor at the Marqués de Valdecilla University Hospital
- ♦ Associate Professor in the Department of Medical and Surgical Sciences. Orthopedic Surgery and Traumatology of the University of Cantabria
- ♦ Degree in Medicine and Surgery from the University of Santiago de Compostela
- ♦ Doctor of Medicine, University of Cantabria, Spain
- ♦ Member of: Spanish Society of Orthopaedic Surgery and Traumatology (SECOT)

Dr. Gonzalo de Cabo Tejerina

- ♦ Sports Doctor at Olympia Clinic
- ♦ Head of the Arthroscopy and Upper Limb Unit at the Rey Juan Carlos Hospital in Móstoles
- ♦ Stryker and Depuy Mitek International Medical Consultant
- ♦ Honorary Professor at the Universidad Rey Juan Carlos
- ♦ Degree in Medicine from Universidad Complutense Madrid
- ♦ Diploma of Advanced Studies from Universidad Complutense Madrid

Dr. Navarro Bosch, Marta

- ♦ Specialist in Orthopedic Surgery and Traumatology, Shoulder and Elbow Unit, La Fe University Hospital
- ♦ Specialist in Orthopedic Surgery and Traumatology at Casa de Salud Hospital
- ♦ Specialist in Orthopedic Surgery and Traumatology at the Malva-Rosa Hospital
- ♦ Traumatology and Orthopedic Surgery teacher at Pre-Mir Academy
- ♦ Teacher in the National Plan of Shoulder and Elbow Surgery of the SECHC
- ♦ Degree in Medicine and Surgery from the University of Valencia



Dr. Brotat Rodríguez, María

- ♦ Specialist Orthopedic Surgery and Traumatology Doctor at Infanta Elena University Hospital
- ♦ Traumatology and Orthopedic Surgery Specialist: Palencia Medical Clinic
- ♦ Traumatology and Orthopedic Surgery Specialist Specialist, Palencia University Welfare Complex
- ♦ Traumatology and Orthopedic Surgery Specialist at Our Lasy of Sonsoles Hospital
- ♦ Specialist in Traumatology and Orthopedic Surgery at Valladolid University Clinical Hospital
- ♦ Traumatology and Orthopedic Surgery Traumatology and Orthopedic Surgery Teaching Collaborator Infanta Elena University Hospital
- ♦ Teaching collaborator of the Department of Anatomy at the University of Valladolid
- ♦ Teaching collaborator with family doctors in the Palencia University Welfare Complex
- ♦ Fellowship in shoulder and elbow University College London Hospital/St. John and St. Elisabeth hospital
- ♦ Degree in Medicine from the Complutense University of Madrid
- ♦ Postgraduate degree in Biomedical Sciences from the Madrid Complutense University
- ♦ Master's Degree in Knee Pathology from the International University of Andalusia
- ♦ Master's Degree in Shoulder Pathology from the International University of Andalusia

Dr. Pisanti López, Carolina

- ♦ Head of shoulder clinic at Children's Orthopedic Hospital
- ♦ Specialty in Traumatology and Orthopedics at Dr. Domingo Luciani Hospital
- ♦ Surgeon, Central University of Venezuela. José María Vargas School, Dr. José María Vargas Hospital
- ♦ Master in Public Health
- ♦ Fellow in the Subspecialty of Shoulder Pathologies by Santa Casa de Misericordia

- ♦ Fellow in Shoulder Pathology and Prosthetics from the University of Texas
- ♦ Member of: Venezuelan Society of Traumatology and Orthopedics, Latin American Society of Orthopedic Surgery and Traumatology, World Orthopedic Society

Dr. de Rus Aznar, Ignacio

- ♦ Specialist Doctor at the Hospital Olympia Quirón Salud
- ♦ Specialist Doctor at the Beata María Ana Hospital
- ♦ Specialist Doctor at HM Sanchinarro Hospital
- ♦ Fellowship in Shoulder and Elbow Surgery at the Hospital Ramón y Cajal
- ♦ Doctor of Medicine from the Alcalá de Henares University
- ♦ Master's Degree in Medicine, Complutense University of Madrid
- ♦ Degree in Medicine from the Complutense University of Madrid
- ♦ Member of: Spanish Society of Orthopedic Surgery and Traumatology SECOT, Spanish Association of Arthroscopy AEA, Spanish Society of Sports Traumatology SETRADE, European Society of Shoulder and Elbow Surgery SECHC

Dr. Álvarez Benito, Nuria

- ♦ Assistant Doctor of Orthopedic Surgery and Traumatology at the University Hospital of the Canary Islands
- ♦ Doctor in the Rehabilitation Service at the Jiménez Díaz Foundation University Hospital
- ♦ Doctor at the Children's Traumatology and Orthopedics Unit at the CHU Lapeyronie de Montpellier
- ♦ Doctor in the Musculoskeletal Tumors Unit and Vascular Surgery and Plastic Surgery Services at the La Paz University Hospital
- ♦ Doctor in the Neurosurgery Service and Spine Unit of the COT service at the Gregorio Marañón University Hospital
- ♦ Lecturer in the program of Microsurgery for COT Residents



- ♦ Specialist Doctor in Orthopedic Surgery and Traumatology
- ♦ Master's Degree in Shoulder Pathology from the International University of Andalusia (UIA)
- ♦ Degree in Medicine from the Complutense University of Madrid
- ♦ Member of: Spanish Society of Orthopedic Surgery and Traumatology, Andalusian Society of Traumatology and Orthopedics

Dr. Infante Ruiz, Sara Luna

- ♦ Assistant Doctor of Physical Medicine and Rehabilitation at the Jiménez Díaz Foundation University Hospital
- ♦ Specialist in Physical Medicine and Rehabilitation at the Virgen del Rocío University Hospital
- ♦ Doctor in the Musculoskeletal Rehabilitation Unit, Spinal Cord Injury and Cranioencephalic Trauma, Amputee Patient, Prosthesis and Orthosis, Cardiorespiratory, Pelvic Floor, Children, Spine and Vestibular at the Virgen del Rocío University Hospital
- ♦ Doctor in the Musculoskeletal, Vestibular, Interventional, Amputee, Prosthesis and Orthosis, Spine and Pain Rehabilitation Unit at the Jiménez Díaz Foundation University Hospital
- ♦ Clinical tutor for medical students of the Physical Medicine and Rehabilitation course at the Faculty of Medicine of Seville
- ♦ Teaching collaborator of resident doctors and medical students of the UAM in the Rehabilitation Service of the Fundación Jiménez Díaz Hospital
- ♦ Degree in Medicine and Surgery from the University of Córdoba

Dr. Naula, Víctor

- ♦ Director of the Integral Miniinvasive & Arthroscopic Center
- ♦ Director of the Comprehensive Shoulder Arthroscopic Improvement Center
- ♦ Chief of the Traumatology and Orthopedics Service of the Clínica María Auxiliadora
- ♦ Associate Doctor at San Jacinto Orthopedic and Traumatology Department
- ♦ Doctor of Medicine and Surgery
- ♦ Specialist in Traumatology and Orthopedics
- ♦ Shoulder and Knee Arthroscopic and Open Shoulder and Knee Surgeon
- ♦ Bachelor of Medicine, State University of Medical Sciences
- ♦ Fellowship Hospital San Gerardo of Monza
- ♦ Fellowship Shoulder Surgery Center Forli
- ♦ Fellowship Arthroscopic and Open Shoulder Surgery
- ♦ Member of: Italian Arthroscopy Society, Ecuadorian Arthroscopy Group, Latin American Society of Arthroscopy, Knee and Sports, Guayas Medical and Surgical Society, American Academy of Orthopaedic Surgeons, Ecuadorian Society of Orthopedics and Traumatology

04

Structure and Content

The program provides a complete update on Rotator Cuff Pathology, covering a wide range of relevant concepts. This includes issues such as Shoulder Rotator Muscles, partial tears and irreparable tears. In addition, this syllabus will also cover arthroscopic knot tying techniques, conservative treatment of rotator cuff tears, their indications and techniques, and glenohumeral internal rotation deficits. An extensive syllabus complemented with innovative pedagogical tools housed in the online library of this program.





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With the Relearning method you will update complex concepts more efficiently and with superior results”

Module 1. Rotator Cuff (I). Subacromial Syndrome and Rotator Cuff Ruptures

- 1.1. Rotator cuff
 - 1.1.1. The shoulder girdle
 - 1.1.2. Rotator Cuff Muscles
 - 1.1.3. Innervation of the Rotator Cuff Muscles
- 1.2. Rotator Cuff Disease
 - 1.2.1. Rotator Cuff Disease
 - 1.2.2. Evolutionary history of rotator cuff disease
 - 1.2.3. Rotator Cuff Disease Treatment
- 1.3. Anamnesis and clinical examination, Diagnostic maneuvers and techniques
 - 1.3.1. Anamnesis in Rotator Cuff Pathology
 - 1.3.2. Exploratory maneuvers in rotator cuff pathology
 - 1.3.3. Diagnostic techniques in Rotator Cuff Pathology
 - 1.3.4. Rotator Cuff Rupture Classification
- 1.4. Subacromial syndrome without rotator cuff injury
 - 1.4.1. Subacromial syndrome without rotator cuff injury
 - 1.4.2. Diagnosis of subacromial syndrome without rotator cuff lesions
 - 1.4.3. Treatment of subacromial syndrome without rotator cuff injury
- 1.5. Partial posterosuperior cruciate cuff ruptures
 - 1.5.1. Diagnosis of partial rotator cuff tears
 - 1.5.2. Surgical indication of partial ruptures of the Posterolateral Cuff
 - 1.5.3. Surgical techniques in partial Posterolateral Cuff Injuries
- 1.6. Repairable complete posterolateral posterolateral cuff ruptures
 - 1.6.1. Diagnosis of complete posterolateral repairable breaks of the posterolateral sleeve
 - 1.6.2. Repairable complete ruptures of the posterolateral cuff
 - 1.6.3. Surgical techniques in repairable posterolateral cuff ruptures
- 1.7. Subscapularis ruptures
 - 1.7.1. Diagnosis of subscapularis ruptures
 - 1.7.2. Classification of subscapularis tears
 - 1.7.3. Subscapularis repair surgical techniques
 - 1.7.4. Surgical approach to PLB pathology concomitant with anterosuperior cuff lesions

- 1.8. Massive repairable Rotator Cuff Ruptures
 - 1.8.1. Diagnosis of massive repairable rotator cuff tears
 - 1.8.2. Classification of massive repairable rotator cuff tears
 - 1.8.3. Surgical techniques in massive repairable cuff ruptures
- 1.9. Irreparable Rotator Cuff Ruptures
 - 1.9.1. Diagnosis of irreparable massive rotator cuff tears
 - 1.9.2. Classification of irreparable massive rotator cuff ruptures
 - 1.9.3. Surgical techniques for massive irreparable cuff tears
- 1.10. Therapeutic algorithm for rotator cuff tears
 - 1.10.1. Therapeutic Algorithms
 - 1.10.2. Therapeutic algorithm for rotator cuff tears
 - 1.10.3. Usefulness of the therapeutic algorithm for rotator cuff tears

Module 2. Rotator cuff (II). Calcifying Tendinitis. Stiffness

- 2.1. Arthroscopic knotting techniques
 - 2.1.1. Key terms and points in knot mechanics
 - 2.1.2. Slip knots
 - 2.1.3. Non-slip knots
 - 2.1.4. Knot suture in Shoulder arthroscopy
- 2.2. Rehabilitation in cuff rupture: postoperative treatment: Immobilization and Physiotherapy
 - 2.2.1. Indication and immobilization times according to tear pattern in postoperative treatment of rotator cuff tears
 - 2.2.2. Indication of the different physiotherapy techniques in the postoperative period following rotator cuff rupture
 - 2.2.3. Physiotherapy techniques for rotator cuff postoperative period
 - 2.2.4. Postoperative treatment algorithm for rotator cuff tears
- 2.3. Rehabilitation in cuff rupture: Conservative treatment of rotator cuff tears. Indications and Techniques
 - 2.3.1. Indication for conservative treatment with rehabilitation in rotator cuff tears
 - 2.3.2. Physiotherapy techniques in conservative treatment of Rotator Cuff
 - 2.3.3. Therapeutic algorithm in rehabilitation treatment in conservative treatment of rotator cuff tears



- 2.4. Complications of rotator cuff repair: Infections, Rebreaks, Stiffness
 - 2.4.1. Complications of rotator cuff repair
 - 2.4.2. Diagnosis of Rotator Cuff Rupture Complications
 - 2.4.3. Therapeutic approach to the different rotator cuff complications
- 2.5. Calcifying tendinitis
 - 2.5.1. Calcifying tendinitis
 - 2.5.2. Anamnesis and Physical Examination
 - 2.5.3. Diagnostic techniques in calcifying tendinitis
 - 2.5.4. Therapeutic Algorithms
- 2.6. Stiff shoulder: diagnosis and types of stiffness. Rotator Cuff Ruptures and coexisting preoperative stiffness
 - 2.6.1. Diagnosis of glenohumeral stiffness
 - 2.6.2. Types of glenohumeral stiffness
 - 2.6.3. Rotator cuff tears and coexisting stiffness. Diagnosis and Treatment
- 2.7. Adhesive capsulitis, definition and predisposing diseases, anamnesis, examination and prognosis. Evolution
 - 2.7.1. Adhesive capsulitis
 - 2.7.2. Predisposing diseases
 - 2.7.3. Anamnesis and Physical Examination
- 2.8. Capsulitis: conservative vs. surgical treatment
 - 2.8.1. Therapeutic Algorithms
 - 2.8.2. Conservative treatment of adhesive capsulitis
 - 2.8.3. Surgical treatment of adhesive capsulitis
- 2.9. Glenohumeral internal rotation deficit (GIRD)
 - 2.9.1. Internal rotation deficit (GIRD)
 - 2.9.2. Anamnesis and Physical Examination
 - 2.9.3. Therapeutic Algorithms
- 2.10. Coexisting Rotator Cuff Breaking and Instability
 - 2.10.1. Anamnesis and Physical Examination
 - 2.10.2. Diagnosis
 - 2.10.3. Therapeutic Algorithms
 - 2.10.4. Treatment. Surgical Techniques

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Rotator Cuff Pathology guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.





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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Rotator Cuff Pathology** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Rotator Cuff Pathology**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.



Postgraduate Certificate Rotator Cuff Pathology

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate

Rotator Cuff Pathology

