

Postgraduate Certificate

Nutrition in Home Hospitalization

Endorsed by:





Postgraduate Certificate Nutrition in Home Hospitalization

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 4 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/postgraduate-certificate/nutrition-home-hospitalization

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01

Introduction

Each patient in Home Hospitalization has specific nutritional needs according to their disease. Therefore, it is important to know the different treatments that have the best results in each case. Thanks to this program on Nutrition in Home Hospitalization, the physician will learn about the latest advances in the field, so that they can update their skills and specialize in the nutrition of these patients in order to offer them a more personalized care and better results.



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Discover the best nutritional treatments for different types of patients in Home Hospitalization”

Home hospitalization has become an effective resource in recent years for treating patients who need special care but who, thanks to advances in health technology, do not need to go to the hospital but can be cared for in their own homes. Consequently, professionals will be able to learn about the main advances in patient nutrition, taking into account the differences depending on the type of pathology.

An inadequate diet can lead to malnutrition in patients, especially when they are in advanced stages of their disease, so it is necessary to be monitored by the medical professional, who could determine a change in diet. Therefore, home care doctors must be fully aware of the best procedures in each case.

With this Postgraduate Certificate, professionals will be able to delve into all those aspects that make Home Hospitalization unique and different from other medical specialties, focusing on the field of nutrition of patients, because the treatment will not be the same for a geriatric patient, oncology or an infection for example, which makes it essential to specialize treatment for each type of patient.

The syllabus is presented in a rigorous way with the latest scientific evidence and clinical cases in which to expand knowledge in an easy and intuitive way, thanks to the 100% online methodology.

This **Postgraduate Certificate in Nutrition in Home Hospitalization** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ More than 100 practical cases presented by experts in Nutrition in Home Hospitalization
- ♦ The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ New developments on the role of doctors in home hospitalization
- ♦ Its practical exercises where to perform the self-assessment process to improve learning
- ♦ Algorithm-based interactive learning system for decision-making in the situations that are presented to the student
- ♦ Special emphasis on evidence-based medicine and research methodologies in home hospitalization
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an internet connection



It is essential for healthcare professionals to continue with their specialization throughout their professional career”

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With this Postgraduate Certificate you have the opportunity to update your knowledge in a comfortable way and without renouncing to the maximum scientific rigor, to incorporate the latest advances in patient care outside the hospital environment"

Its teaching staff is made up of prestigious and renowned professionals, with a long history in health care, teaching and research, who have worked in different hospitals throughout the country, developing professional and teaching experience that they deliver in an extraordinary way in this Postgraduate Certificate.

The methodological design of this Postgraduate Certificate, developed by a multidisciplinary team of e-learning experts, integrates the latest advances in educational technology for the creation of numerous multimedia educational tools that allow the professional, based primarily on the scientific method, to face the solution of real problems in their daily clinical practice, which will allow them to continue advancing in the acquisition of knowledge and the development of skills that will impact their future professional work.

It should be noted that each of the contents generated, as well as the videos, self-assessments, clinical cases and modular exams, have been thoroughly reviewed, updated and integrated by the professors and the team of experts that make up the working group, in order to facilitate the learning process in a didactic and gradual manner that will allow the objectives of the teaching program to be achieved.

This program will provide you with a sense of confidence in your medical practice, which will help you grow personally and professionally.

This Postgraduate Certificate contains the most complete and up-to-date educational program on the market, with multimedia content reviewed by specialists in the field that will make learning easier.



02 Objectives

The main objective of the Postgraduate Certificate is the improvement of health professionals, based on the acquisition of the most up-to-date and innovative scientific knowledge in the field of Home Hospitalization, the management of complex chronic patients and diseases with palliative needs and their treatment that will allow them to develop the skills that will turn their daily clinical practice into a bastion of the standards of the best scientific evidence available, with a critical, innovative, multidisciplinary and integrative sense.





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Improve your skills in your profession with this Postgraduate Certificate with which you will be able to acquire the most up-to-date scientific knowledge in the field of Home Hospitalization"



General objective

- Update the physician, through the best scientific evidence, for the nutrition of patients in the field of Home Hospitalization, as an effective and efficient alternative to conventional hospitalization

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Take advantage of the opportunity and take the step to get up to date on the latest developments in Nutrition in Home Hospitalization”





Specific objectives

- ♦ Review basic concepts in nutrition for the hospitalized patient at home
- ♦ Diagnose, manage and nourish geriatric patients
- ♦ Care based on the nursing care plan and apply health education to the patient and the family

03

Course Management

The teaching staff includes prestigious and renowned medical specialists, with numerous publications, teaching and professional experience in numerous hospitals, where many of the diseases studied have a high morbimortality. The team of professors is comprised by a multidisciplinary team from several medical specialties such as Internal Medicine, Family Medicine, Palliative Medicine, Preventive Medicine and Nursing, among others.



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Learn about the latest advances nutrition in Nutrition in Home Hospitalization from leading professionals"

Management



Dr. Lafuente Sanchis, Manuel Pablo

- ♦ Degree in Medicine and Surgery from the University of Valencia. Spain
- ♦ Head of the Home Hospitalization and Palliative Care Service. Ribera University Hospital
- ♦ Specialist in Family and Community Medicine. Virgen de los Lirios Hospital in Alcoy. Spain
- ♦ Specialist Degree in Palliative Care. International University of La Rioja
- ♦ Specialist Degree in University teaching. Catholic University of Valencia
- ♦ Clinical Simulation Instructor. Murcia Catholic University
- ♦ Member of the Spanish Society of Home Hospitalization
- ♦ Member of the Spanish Society of Clinical Simulation
- ♦ Professor of the Nursing Degree. Urgent and Emergency Care. Catholic University of Valencia
- ♦ Professor on the Master's Degree in Palliative Care. Tech University
- ♦ Professor on the Master's Degree in Urgent and Emergency Care. Nursing. European University of Valencia

Professors

Ms. Amoros Cantero, Aurora

- ♦ University Diploma in Nursing. University of Valencia
- ♦ Nurse, Preventive Medicine Service. Ribera University Hospital

Ms. Alcover Pons, Marta

- ♦ University Diploma in Nursing. University of Valencia
- ♦ Nurse, Preventive Medicine Service. Ribera University Hospital. Alzira

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Dr. Ciancotti Oliver, Lucía

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Mr. García-Noblejas Julià, Pablo

- ♦ University Diploma in Nursing. University of Valencia. Spain
- ♦ Attending Physician of the Home Hospitalization and Palliative Care Unit Ribera University Hospital
- ♦ Master's Degree in Hospital Management. Catholic University of Valencia. Spain

Dr. Jara Calabuig, Irina

- ♦ Degree in Medicine and Surgery from the University of Reus Spain
- ♦ Specialist in Family and Community Medicine. Virgen de los Lirios Hospital Alcoy
- ♦ Master's Degree in Palliative Care Valladolid
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Dr. Martín Marco, Antonio

- ♦ Degree in Medicine and Surgery from the University of Zaragoza, Spain
- ♦ Specialist in Internal Medicine. Arnau de Vilanova Hospital, Lleida Spain
- ♦ Attending Physician of the Home Hospitalization and Palliative Care Unit
- ♦ Head of Teaching and Research at the Palliative Care Unit
- ♦ Master's Degree in Urgent Medical Attention
- ♦ Member of the Spanish Society of Medical Oncology

Ms. Marqués Aguilar, Elvira

- ♦ Nursing Supervisor, Home Hospitalization and Palliative Care Unit
- ♦ University Diploma in Nursing. University of Valencia. La Fe Campus Spain
- ♦ Professional Master's Degree in School Health
- ♦ Case manager for complex chronic patients. Valencia School of Health Studies

Dr. Santander López, Jorge

- ♦ Degree in Medicine and Surgery from the University of Mendoza Argentina
- ♦ Specialist in Family and Community Medicine. La Fe University Hospital Valencia Spain
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- ♦ University Expert in Pain

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- ◆ Degree in Medicine and Surgery from the University of Valencia. Spain
- ◆ Specialist in Family and Community Medicine
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Dr. Torrijos Pastor, Antonio

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- ◆ Master's Degree in Palliative Care Valladolid
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Ms. Vila Herranz, Mireia

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- ◆ Postgraduate Certificate in Terminal Illness and Palliative Care for Nurses
- ◆ Nurse in the Home Hospitalization and Palliative Care Unit
- ◆ Lecturer in Palliative Care training courses. EVES

04

Structure and Content

This program has been created by a group of professors and medical professionals from various specialties, with extensive clinical research and teaching experience, interested in integrating the latest and most current scientific knowledge of home hospitalization, to ensure professional development to improve the daily clinical practice of professionals who care for patients or populations in the community.



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Study a comprehensive course in the field of Nutrition in Home Hospitalization thanks to a teaching program with innovative methodologies and the latest educational technology”

Module 1. Nutrition in Home Hospitalization

- 1.1. Nutritional Assessment Scales
 - 1.1.1. MUST
 - 1.1.2. MNA
 - 1.1.3. Laboratory Parameters
 - 1.1.4. Clinical Parameters
- 1.2. Dysphagia
 - 1.2.1. Diagnosis
 - 1.2.2. Etiology
 - 1.2.3. Home-Based Management
- 1.3. Oncology Patients
 - 1.3.1. Nutritional Needs in Oncology Patients
 - 1.3.2. Peculiarities
- 1.4. Geriatric Patient
 - 1.4.1. Nutritional Needs in Geriatric Patients
 - 1.4.2. Peculiarities
- 1.5. Patient with Infectious Diseases
 - 1.5.1. Nutritional Needs in Infectious Patients
 - 1.5.2. Peculiarities
- 1.6. Enteral Nutrition at Home
 - 1.6.1. Types of Nutrition
 - 1.6.2. Normocaloric-Normoprotein
 - 1.6.3. Hyperproteic-Hypercaloric
 - 1.6.4. Hyperproteic-Normocaloric
 - 1.6.5. Special Supplementation
- 1.7. Parenteral Home Nutrition
 - 1.7.1. Types of Nutrition
 - 1.7.2. Probes





“ *A unique, key, and decisive master’s degree experience to boost your professional development”*

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Nutrition in Home Hospitalization guarantees you, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program
and receive your university degree
without travel or laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Nutrition in Home Hospitalization** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Nutrition in Home Hospitalization**

Modality: **online**

Duration: **6 weeks**

Accreditation: **4 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

personalized service innovation

knowledge present

online training

development languages

virtual classroom

tech global
university

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