

# Postgraduate Certificate

## Narcissistic Personality Disorder



## Postgraduate Certificate Narcissistic Personality Disorder

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/medicine/postgraduate-certificate/narcissistic-personality-disorder](http://www.techtute.com/us/medicine/postgraduate-certificate/narcissistic-personality-disorder)

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# 01

# Introduction

Illnesses associated with Narcissistic Personality Disorder are frequent and varied and can further influence the patient's quality of life, their health and their relationships with the rest of society. Hence the importance of an early and accurate diagnosis, which delves into the pathology from the base and in which the most innovative treatment is applied based on the latest advances in Psychiatry. For this reason, TECH and its team of experts have developed this program, aimed at helping the specialist get up to date on everything related to this disorder. This is a qualification that will provide you with exhaustive and up-to-date knowledge through a 100% online course.



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*TECH presents this program as a unique opportunity to catch up on everything related to Narcissistic Personality Disorder through a degree adapted to you and the needs of the sector”*

The percentage of people who suffer from Narcissistic Personality Disorder is unknown, however, among the identified population, the vast majority (between 50 and 70%) are men. This disease is characterized by a general pattern of grandiosity, the need for flattery and a lack of empathy. However, one of the main concerns of specialists is the pathologies associated with their condition, such as depression, anorexia nervosa, drug use or other personality disorders.

This is why the professional must intervene quickly when they detect a possible case of this type, not only to apply treatment adapted to the patient's situation, but to avoid possible derived comorbidities that worsen the situation and their quality of life. With the aim that the graduate can catch up on everything related to this mental illness, TECH launches this Diploma in Narcissistic Personality Disorder. It is a degree designed by experts in which the most important and innovative aspects of the disorder are systematically and intensively addressed, from its common and general characteristics, to the most effective and recommended pharmacological and psychotherapeutic treatments.

In this way the specialists will be able to update their knowledge exhaustively, from wherever they want and with a completely personalized schedule thanks to the comfortable 100% online format that this program includes. In addition, all of the content will be available from the beginning of the course, so you can distribute the 150 hours in which it is developed throughout the 6 weeks based on your total and absolute work and personal availability.

This **Postgraduate Certificate in Narcissistic Personality Disorders** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ◆ The development of practical cases presented by experts in Psychiatry
- ◆ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*Discover the most recent aspects of the epidemiology of Narcissistic Personality Disorder, as well as the involvement of genetics and the environment in its appearance”*

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*You will delve into the characteristic symptoms of this disorder, basing its diagnosis on the latest developments in Psychiatry”*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*You will be able to access the Virtual Classroom content from any device with an internet connection, whether it is a PC, tablet or cell phone.*

*In the Virtual Classroom you will find 180 hours of varied content that includes detailed videos on the syllabus, so that you can better contextualize the information developed.*



# 02 Objectives

The lack of specific qualifications aimed at updating the knowledge of the specialist doctor is what has motivated TECH and its team to carry out this Postgraduate Certificate. For this reason, the objective of the program is for the graduate to have access to the most innovative syllabus related to Narcissistic Personality Disorder and to the best academic tools that facilitate their updating quickly, dynamically and exhaustively, in less than 6 weeks.





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*TECH will always pursue the same objective: that professionals like you satisfy their academic and professional needs with the degrees that this university makes available to them”*



## General Objectives

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- ◆ Develop broad, specialized, and above all, updated knowledge about Narcissistic Personality Disorder
- ◆ Know in detail the latest news related to the diagnosis and treatment of this disorder



*If your goals include mastering the latest developments related to the most effective pharmacological treatments for the disorder, don't think twice and enroll now"*





## Specific Objectives

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- ◆ Delve into the most relevant epidemiological aspects of Narcissistic Personality Disorder
- ◆ Analyze the common symptomatology in Narcissistic Personality Disorder
- ◆ Delve into the functional and organic differential diagnosis, as well as its possible comorbidities
- ◆ Approach the clinical subtypes of Narcissistic Disorder

# 03

## Course Management

TECH always places the assistance of a great teaching team as a priority, since it considers it necessary so that the graduate who accesses its degrees can get the most out of it. For this reason, for this Postgraduate Certificate it has selected a faculty versed in Psychiatry with extensive work experience. This is a group of active professionals who wanted to share their experience through a program that serves as a guide to other specialists in their updating.





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*You will have the support of a teaching team specialized in Psychiatry and with considerable experience in managing complex clinical cases”*

## Management



### Dr. Benito Ruiz, Adolfo

- Medical specialist in Psychiatry in the Toledo Hospital Complex
- FEA of Psychiatry, Toledo Hospital Complex
- FEA of Psychiatry at the Francisco Díaz Mental Health Center
- Chief researcher in several studies related to Psychiatry
- Author and co-author of dozens of scientific articles related to his specialty
- Author and coauthor of numerous book chapters
- Professor in Mental Health courses and in undergraduate studies
- Doctorate in Medicine, University of Alcalá
- Master's Degree in Psychotherapy, Integrated Perspective from the University of Alcalá Henares
- Awards of the Foundation for Biomedical Research of the Príncipe Asturias University Hospital



# 04

## Structure and Content

TECH invests hundreds of hours in each of its degrees, not only in preparing the syllabus, but in selecting additional material that complements it. Furthermore, it contrasts the information and includes only the most innovative, so that the specialist who accesses this program will know in detail the latest scientific evidence, in this case, related to the field of Psychiatry and Narcissistic Disorder Personality.





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*Thanks to the use of the best teaching methodology in the academic market, you will expand your knowledge of the this disorder in less time than you expect and without even realizing it"*

## Module 1. Narcissistic Personality Disorder

- 1.1. Common and General Characteristics
  - 1.1.1. Etiology and Causes
- 1.2. International Ranking
  - 1.2.1. DMS-5 Classification
  - 1.2.2. ICD-10 Classification
- 1.3. Epidemiology
  - 1.3.1. Natural Course
  - 1.3.2. Genetics and The Environment
- 1.4. Etiopathogenesis
  - 1.4.1. Phenomenology
- 1.5. Symptoms
- 1.6. Differential Diagnosis
  - 1.6.1. Functional Criteria Differential Diagnosis
  - 1.6.2. Organic Differential Diagnosis
  - 1.6.3. Comorbidities
- 1.7. Course and Prognosis
  - 1.7.1. Evolution and Prognosis
  - 1.7.2. Prevention
- 1.8. Clinical Sub-types
  - 1.8.1. Assessment
- 1.9. Pharmacological Treatment
  - 1.9.1. Antipsychotics
  - 1.9.2. Antidepressants
  - 1.9.3. Other pharmacological treatments
- 1.10. Psychotherapeutic treatment
  - 1.10.1. Individual Psychotherapy
  - 1.10.2. Group Psychotherapy





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*Did you know that TECH is the largest online medical school in the world? Enroll now in this Postgraduate Certificate and become part of an international health community”*

# 05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate in Narcissistic Personality Disorders guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Narcissistic Personality Disorder** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Narcissistic Personality Disorder**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**





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