

# Postgraduate Certificate Laser in Gynecoesthetic





## Postgraduate Certificate Laser in Gynecoesthetic

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/pk/medicine/postgraduate-certificate/laser-gynecoesthetic](http://www.techtitute.com/pk/medicine/postgraduate-certificate/laser-gynecoesthetic)

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# 01

# Introduction

Gynecoaesthetics is a constantly evolving field that seeks to improve the health and quality of life of women in areas related to genital aesthetics and sexual functionality. The use of laser technologies in this sector has revolutionized the way in which many gynecological problems are addressed. For this reason, TECH has created a composite academic program that offers specialized training in this ever-evolving field. The program is 100% online and uses the Relearning pedagogical methodology, which focuses on active and practical learning. In addition, it offers flexibility in organizing academic resources, allowing students to adapt their training to their needs and schedules.





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*Specialize in Gynecological Aesthetics with this Postgraduate Certificate in laser! Learn 100% online, with an innovative and flexible methodology so you can organize your academic resources”*

Gynecoesthetics is a constantly evolving field that seeks to improve the health and quality of life of women in areas related to genital aesthetics and sexual functionality. The emergence of laser technologies in this field has revolutionized the way many gynecological problems are addressed, providing a non-invasive alternative with minimal complications. These techniques are gaining popularity worldwide due to their high efficacy, satisfactory results and minimal side effects. In this context, the program is presented as a tool for professionals in laser technologies in the area of intimate health.

The program offers a complete and updated knowledge of laser tactics in this subject, focusing on the most used techniques today and the latest developments. Students will acquire specific skills for this type of technology in different vaginal problems, as well as the management of complications and postoperative care. The content taught covers topics such as female genital anatomy, laser techniques, vaginal rejuvenation treatments, treatment of urinary incontinence, among others.

The Postgraduate Certificate in Laser in Gynecoesthetics is taught 100% online, using the Relearning pedagogical methodology, which focuses on active and practical learning. The virtual platform offers access to high quality academic resources and flexibility to organize the content of the program according to the needs and schedules of the students. In addition, it is supported and guided by subject matter experts who offer advice and answer questions to ensure student success.

This **Postgraduate Certificate in Laser in Gynecoesthetic** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Practical case studies are presented by experts in Laser in Gynecoesthetics
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions for experts, discussion forums on controversial issues and individual reflection work
- ♦ Content that is accessible from any fixed or portable device an an Internet connection



*Improve your skills in gynecological aesthetics with this Postgraduate Certificate and learn to use the most advanced techniques and treat the most common pathologies in female intimate health"*

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*Do you want to be a reference in gynecoesthetics? Take advantage of this program to broaden your knowledge in the care of intimate female health care"*

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

*Enroll now to jumpstart your career in women's health. You'll learn hands-on, with numerous real-world examples and detailed, in-depth analysis.*

*Enroll with TECH to learn the most advanced techniques for women's intimate health care.*



# 02 Objectives

Since gynecoesthetics is a field that has undergone numerous advances in the last decade, it is essential to provide a complete and accurate compilation of current trends. Beyond a theoretical analysis of surgical and clinical techniques, this program focuses on practical application. This will provide access to a specific working methodology through detailed and exhaustive analysis of real examples. For this reason, TECH has established a series of general and specific objectives for the satisfaction of future graduates, as follows:





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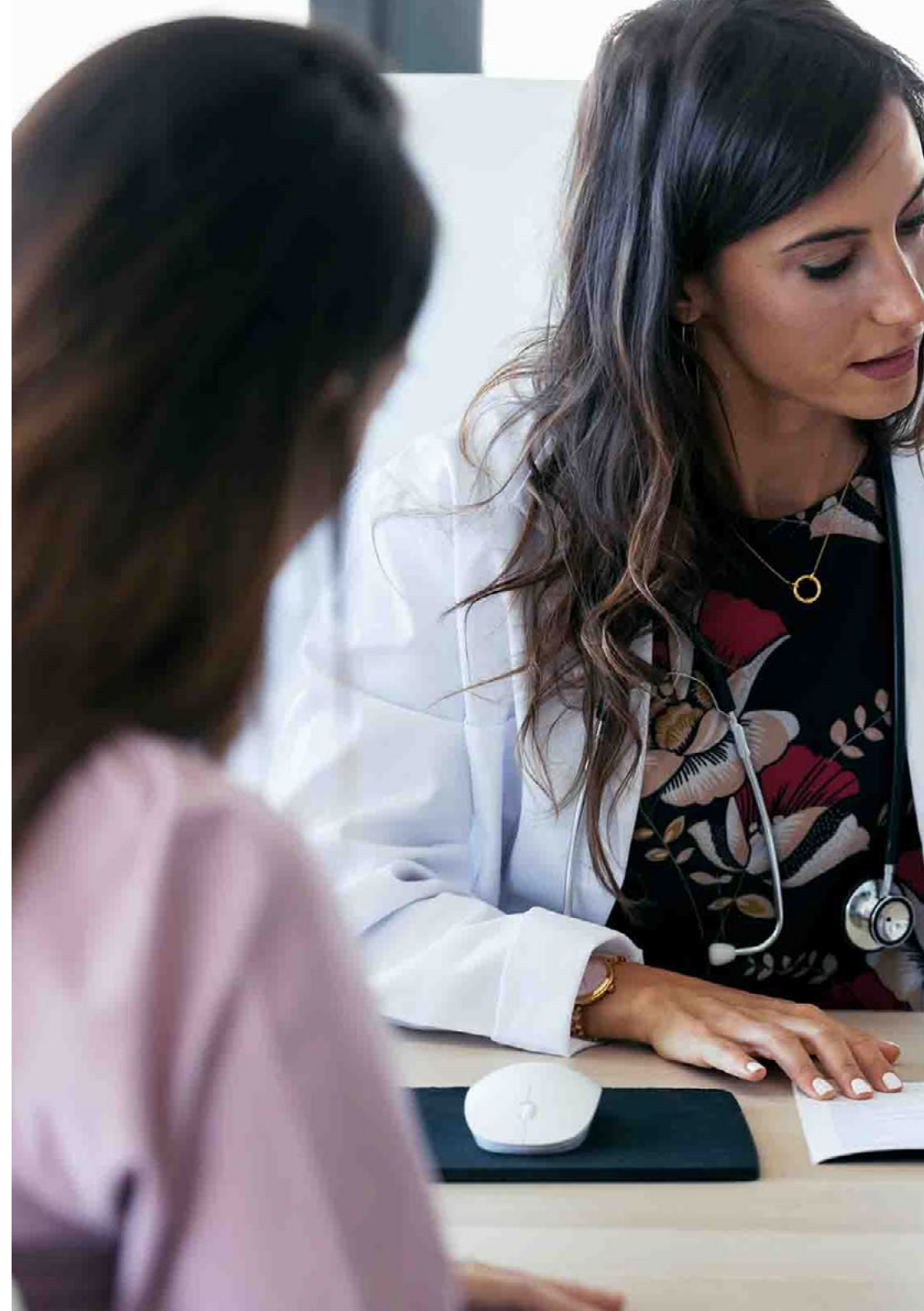
*With an innovative Relearning methodology, multichannel didactic resources and an expert teaching staff, you will become a reference in vaginal laser procedures"*



## General Objectives

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- ♦ To be updated in the newest areas of current Gynecoesthetic Medicine, knowing the best and most effective treatments
- ♦ Memorize and never forget the most important tips regarding risk prevention, complications and emergency situations
- ♦ Learn not only theoretical concepts, but also the most urgent practice in Gynecological Aesthetics through audiovisual and practical material





## Specific Objectives

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- Delve into the principles of laser and its clinical use. Study its use in situations of genitourinary syndrome of menopause, urinary incontinence and vaginal hyper-laxity
- Study its use in situations of genitourinary syndrome of menopause, urinary incontinence and vaginal hyper-laxity
- Approach the use of laser in the treatment of vulvar lesions, treatment of pigmented lesions and of pigmented lesions and, of course, in vulvar and vaginal aesthetics

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*At TECH you will find a quality program, with innovative didactic resources and a virtual library so that you can delve deeper into your knowledge”*

# 03

# Course Management

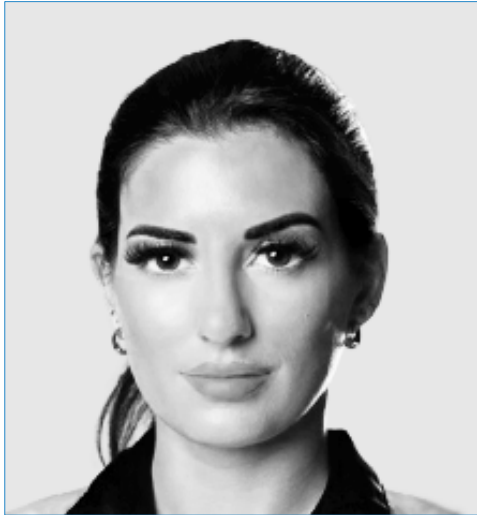
TECH has carefully selected a group of highly qualified experts in regenerative gynecology and Minimally Invasive Surgery to develop the content of this program. The professionals who have participated in the development of the syllabus are prominent leaders in the field of aesthetic medicine for pubic areas. This ensures that the content of the program is up-to-date and of high quality. The syllabus focuses on the specific needs of specialists in this area, and the modules are designed to provide successful approaches and intervention techniques in daily clinical practice.



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*Succeed with the best and acquire  
the knowledge and skills you need to  
embark on the urban water sector”*

## Management



### Dr. Ruiz Allende, Alba María

- Medical Director of Aesthetic Medicine of the Clínica Londres Group
- Director of the Department of Aesthetic Medicine in the IMEMA Clinic
- Aesthetic medicine workshops trainer
- University professor at the CEU and UCAM
- Professor of MIR preparation at CTO
- Clinical researcher and editor of the magazine Emergency Live
- Residency in the specialty of Family, Community and Emergency Medicine at the Hospital Clínico San Carlos
- Master in Aesthetic Medicine and Nutrition at the Catholic University San Antonio of Murcia
- Master's Degree in Business Management from the Catholic University San Antonio of Murcia
- Master's Degree in Clinical Bioethics from UIMP

## Professors

### Dr. Carrillo Sánchez, María

- Gynecologist of the University Hospital of Burgos
- Member of the section of Gynecology and human reproduction of the University Hospital of Burgos
- Gynecologist at WM clinics working together as a gynecologist at EVA Clinics and aesthetic medicine at Dorsia Clinics
- Professional Master's Degree in Aesthetic Medicine, nutrition and anti-aging by UDIMA and AMIR academy
- Professional Master's Degree in Human Reproduction by IVI RMA Global Education
- Professional Master's Degree in Oncological Gynecology by CEU Cardenal Herrera University and TECH
- Postgraduate Diploma in differential diagnosis in ovarian tumors by Ultrasound from the University of Navarra
- Professional Master's Degree Official Professional Updating Program for Obstetricians and Gynecologists from the University of Barcelona
- Postgraduate Diploma in Contraception from the University of Alcalá



**Dr. Costas Rodríguez, Tatiana**

- ◆ Area Specialist in Gynecology and Obstetrics of the Complejo Asistencial de Salamanca
- ◆ Associate Professor at the University of Salamanca
- ◆ PhD by the University of Salamanca
- ◆ Grade in Medicine and in, Faculty of Medicine, University of Navarra
- ◆ Specialty obtainment through the MIR system in the Complejo Asistencial Universitario de Salamanca
- ◆ PROAGO Master IL3. University of Barcelona
- ◆ Professional Master's Degree in Breast Surgery, Francisco de Vitoria University
- ◆ Advanced course on intrapartum fetal monitoring. Francisco de Vitoria University
- ◆ Advanced course in SEC contraception. Francisco de Vitoria University
- ◆ National Menopause Course. AEEM

# 04

## Structure and Content

The syllabus of the Postgraduate Certificate in Laser in Gynecoesthetic has been designed with TECH's Relearning pedagogical methodology in mind. This innovative learning technique ensures a more effective and natural academic experience by reiterating key concepts throughout the program. This not only allows for a more efficient assimilation of the syllabus, but also significantly reduces the required hours of study. As a pioneer in the use of Relearning, TECH ensures quality training in Laser in Gynecoesthetic and a hands-on approach for specialists to acquire effective and up-to-date skills in this field.





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*Apply now and gain access to a wide range of expert faculty who will provide you with the knowledge you need to achieve your goals"*

## Module 1. Laser in Gynecoesthetic

- 1.1. Laser principles
  - 1.1.1. Mechanisms of action
  - 1.1.2. Principal indications
  - 1.1.3. Results
- 1.2. Laser Types
  - 1.2.1. Classification
  - 1.2.2. Indications for each of them
  - 1.2.3. Its main uses
- 1.3. Laser in gynecology
  - 1.3.1. What is the gynecological vaginal laser?
  - 1.3.2. Why gynecological laser?
  - 1.3.3. What are its main applications?
  - 1.3.4. How is the treatment?
  - 1.3.5. When do improvements start to be perceived?
- 1.4. Laser in genitourinary syndrome of menopause
  - 1.4.1. Technique
  - 1.4.2. Benefits
  - 1.4.3. Results and possible side effects
- 1.5. Laser in urinary incontinence
  - 1.5.1. Technique
  - 1.5.2. Benefits
  - 1.5.3. Results and possible side effects
- 1.6. Laser in vaginal hyperlaxity
  - 1.6.1. Technique
  - 1.6.2. Benefits
  - 1.6.3. Results and possible side effects



- 1.7. Laser treatment of vulvar lesions
  - 1.7.1. Technique
  - 1.7.2. Benefits
  - 1.7.3. Results and possible side effects
- 1.8. Laser in the Treatment of pigmented lesions
  - 1.8.1. Technique
  - 1.8.2. Benefits
  - 1.8.3. Results and possible side effects
- 1.9. Laser in vulvar and vaginal aesthetics
  - 1.9.1. Technique
  - 1.9.2. Benefits
  - 1.9.3. Results and possible side effects
- 1.10. Other uses of lasers
  - 1.10.1. Technique
  - 1.10.2. Benefits
  - 1.10.3. Results and possible side effects

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*Learn from the comfort of your home without following strict schedules and time-consuming travel to a study center”*



05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



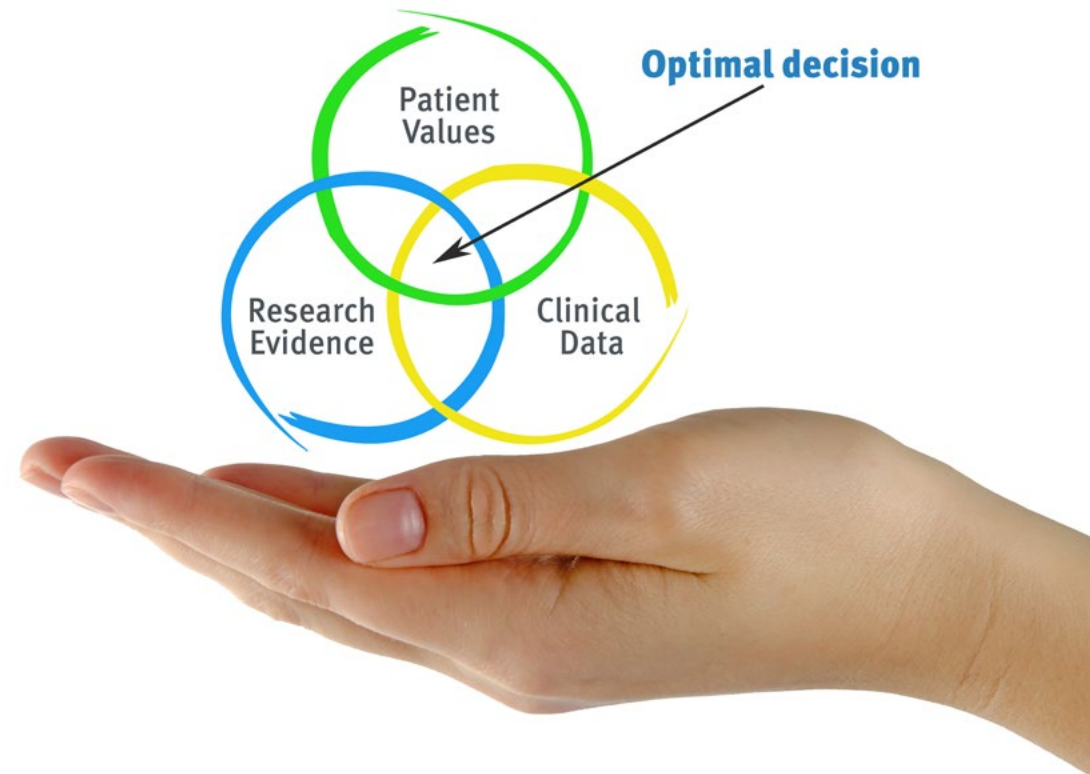
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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

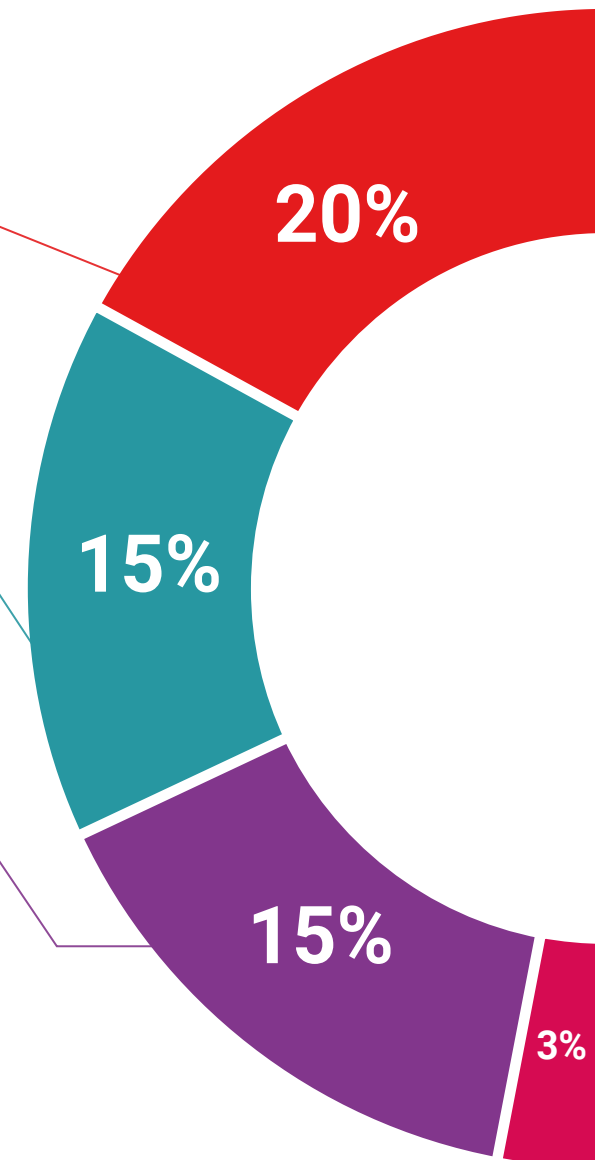
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

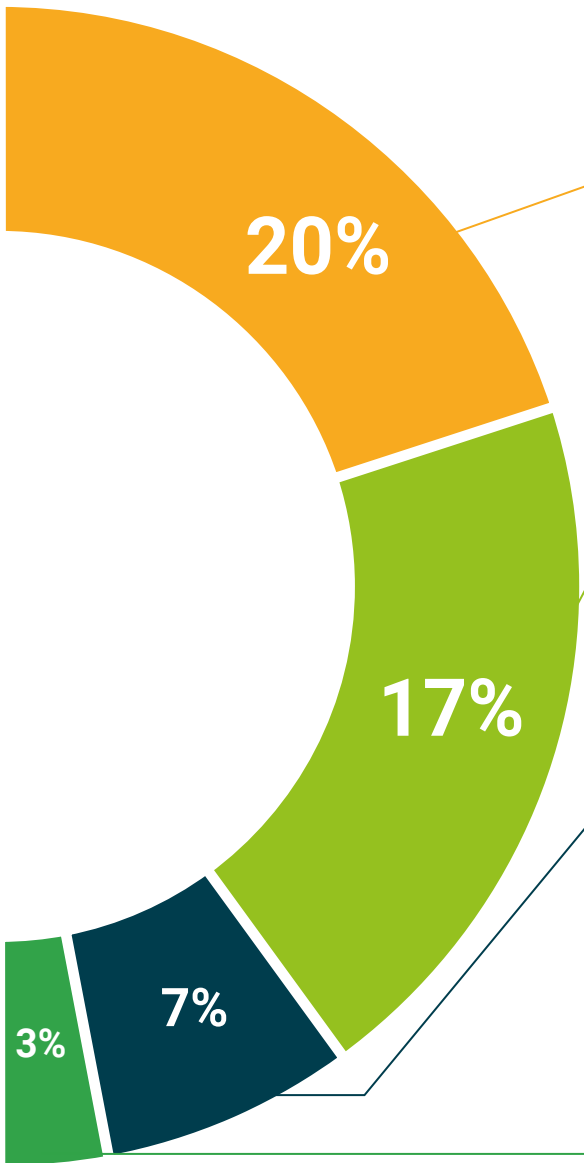
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate Laser in Gynecoesthetics guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Laser in Gynecoesthetic** contains the most complete and up-to-date scientific program on the market..

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Laser in Gynecoesthetic**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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