

# Postgraduate Certificate

## Integral Remodeling or Women's 360





## Postgraduate Certificate Integral Remodeling or Women's 360

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/medicine/postgraduate-certificate/integral-remodeling-womens-360](http://www.techtute.com/us/medicine/postgraduate-certificate/integral-remodeling-womens-360)

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# 01

# Introduction

Women's health and well-being are fundamental in any society. Therefore, it is important to have trained professionals to address issues related to the Integral or 360 Women's Remodeling, an area in constant evolution and development. TECH offers you a specialized and updated training for those who wish to expand their knowledge in the field. During the program, participants will acquire skills and practical tools through the use of an innovative pedagogical methodology: Relearning. In addition, the program is delivered completely online, which allows for greater flexibility in the organization of academic resources and adaptation to the schedules of the participants.





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*Thanks to this Postgraduate Certificate you will learn all the techniques to achieve good aesthetic results in breast augmentation, breast lift and breast reduction surgery"*

Beauty and aesthetics are important aspects in the life of any person, and in the case of women, these issues are even more relevant due to the importance given to them in our society. Therefore, it is essential to have specialists who master the techniques and tools to carry out an integral remodeling or 360 of women, able to highlight their natural harmony and improve their self-esteem.

TECH is in charge of imparting the pertinent knowledge in this area in a training that focuses on the application of techniques and procedures to improve the appearance and health of women in all its dimensions. The program consists of various modules that address topics such as female anatomy and physiology, nutrition, dermatology and cosmetics, medicine for beauty, plastic surgery, among others. In this way, students acquire comprehensive and practical knowledge to provide personalized solutions to each patient.

This Postgraduate Certificate is taught in 100% online mode, which allows trainees to access the items from anywhere and at any time. In addition, the program is developed under the Relearning pedagogical methodology, which means that natural and effective learning is promoted through the reiteration of the most important concepts. Finally, the flexibility in organizing academic resources means that students can adapt their time and pace of study to their personal and professional needs. In short, it is a complete, practical and flexible education that prepares specialists to address the challenges and demands of a constantly evolving market.

This **Postgraduate Certificate in Integral Remodeling or Women's 360** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Development of practical case studies presented by experts in Women integral remodeling or 360
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Stand out in a booming sector with enormous potential and become a part of the global change based on excellence"*

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*Learn how to transform the lives of your patients with this Postgraduate Certificate in the field of vaginal plastic surgery"*

*Access now and acquire practical and theoretical skills that will allow you to offer the best results to your patients.*

*With TECH you will learn to use the most innovative and effective techniques to improve the lives of your patients.*

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.



# 02 Objectives

The Postgraduate Certificate in Integral Remodeling or Women's 360° offers an updated and complete vision of the techniques and procedures in gynecological esthetics, a field in constant evolution and development. This program focuses on clinical practice and specific work methodology through numerous real examples and detailed and exhaustive analysis, which guarantees a comprehensive training for these professionals. Through a theoretical-practical approach, the most relevant topics of the discipline are addressed, from genital anatomy to surgical and non-surgical intervention techniques, including cosmetogynecology and female sexuality. All this under the pedagogical format of Relearning, which ensures a more natural and effective learning experience, saving time and effort for students.





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*TECH's goal is you: give your career the boost it needs and specialize in procedures for the reduction of the female intimate area"*



## General Objectives

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- To be updated in the newest areas of current Gynecoesthetic Medicine, knowing the best and most effective treatments
- Memorize and never forget the most important tips regarding risk prevention, complications and emergency situations
- Learn not only theoretical concepts, but also the most urgent practice in Gynecological Aesthetics through audiovisual and practical material



*This Postgraduate Certificate offers an online, flexible methodology and top-quality multimedia educational resources"*





## Specific Objectives

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- ◆ Acquire a comprehensive vision of how to treat certain areas of the female genitalia such as the mons pubis, labia majora, clitoris, vagina and labia minora
- ◆ Delve into techniques such as the-over, breast augmentation and reduction, tummy tuck, liposuction, liposculpture and buttock lifts
- ◆ Examine other cosmetic body surgeries of special interest

# 03

## Course Management

The innovative pedagogical methodology of Relearning, which characterizes TECH, has been taken into account in the elaboration of this program. Being pioneers in its use, this learning technique ensures that the specialist will obtain a more natural and effective academic experience. You will be able to review the most important concepts in a recurring manner throughout the Integral Remodeling or Women's 360° Postgraduate Certificate. In this way, not only a more efficient assimilation of the syllabus is achieved, but also a significant reduction in the time needed to complete it.

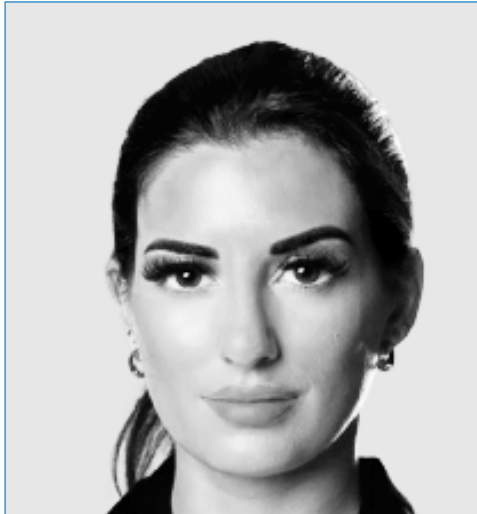




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*Enroll in TECH and acquire the necessary skills to improve the quality of life of your patients in a safe and effective way”*

## Management



### Dr. Ruiz Allende, Alba María

- Medical Director of Aesthetic Medicine of the Clínica Londres Group
- Director of the Department of Aesthetic Medicine in the IMEMA Clinic
- Aesthetic medicine workshops trainer
- University professor at the CEU and UCAM
- Professor of MIR preparation at CTO
- Clinical researcher and editor of the magazine Emergency Live
- Residency in the specialty of Family, Community and Emergency Medicine at the Hospital Clínico San Carlos
- Master in Aesthetic Medicine and Nutrition at the Catholic University San Antonio of Murcia
- Master's Degree in Business Management from the Catholic University San Antonio of Murcia
- Master's Degree in Clinical Bioethics from UIMP

## Professors

### Dr. Montoro Ferrer, Elena

- Area Specialist Physician in the Castilla-La Mancha Health Service
- Residency in the specialty of Obstetrics and Gynecology in the Hospital Clínico San Carlos of Madrid
- Postgraduate Certificate of Specialization in Senology and Breast Prosthesis by the UCM
- Expert in Menopause by the Postgraduate Diploma in Menopause Annual Training Program of the AEEM
- Professional Master's Degree in Advanced Surgery of Urinary Incontinence and Pelvic Floor by the UCM

- Professional Master's Degree in Human Reproduction by the URJC
- Professional Master's Degree in Minimally Invasive Surgery in Gynecology by Tech Technological University

### Dr. Manero Hernando, Irene Alexandra

- Resident intern in Gynecology and Obstetrics at the Hospital Arnau Vilanova
- Graduate of Medicine and Surgery from the University of Zaragoza
- Member of the Spanish Society of Gynecology and Obstetrics
- Contraception Expert



# 04

## Structure and Content

The syllabus of the Integral Remodeling or Women's 360° Postgraduate Certificate has been designed with the Relearning pedagogical methodology, a distinctive feature of TECH. This learning technique ensures a natural and effective academic experience, reiterating the most important concepts throughout the program to achieve a deeper assimilation of the items. In addition, this methodology saves the specialist time and effort in the learning process. The program has been developed by experts in lipolaser in the mount of venus and filler with huialuronic acid, thus ensuring a complete and rigorous training in the area. The Postgraduate Diploma is 100% online, has an expert faculty and a virtual library with updated and quality resources for the specialist.







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*A syllabus by qualified experts and a quality curriculum are the key to your learning that will help you get into the best jobs in women's 360 remodeling”*

## Module 1. Integral or 360° female reshaping

- 1.1. Mons Pubis
  - 1.1.1. Lipolaser
  - 1.1.2. Liposuction
  - 1.1.3. Dermolipectomy
  - 1.1.4. Radiofrequency
- 1.2. Labia Majora
  - 1.2.1. Lipotransfer
  - 1.2.2. Hyaluronic acid filler
  - 1.2.3. Platelet Rich Plasma Application
  - 1.2.4. Radiofrequency
- 1.3. Clitoris
  - 1.3.1. Reduction with surgery
  - 1.3.2. The G Spot
  - 1.3.3. Others
- 1.4. Vagina
  - 1.4.1. Radiofrequency
  - 1.4.2. Atrophy, prolapse, hyperelasticity and urinary incontinence laser
  - 1.4.3. Hyaluronic acid for filler or hydration
  - 1.4.4. Ozone Therapy
- 1.5. Labia Minora
  - 1.5.1. Surgery Labiaplasty
  - 1.5.2. Indications benefits
  - 1.5.3. Risk
- 1.6. Mommy make-over
  - 1.6.1. Concept
  - 1.6.2. Indications
  - 1.6.3. Implicated Treatments
- 1.7. Breast Augmentation, Breast Lift and Breast Reduction Surgery
  - 1.7.1. Technique
  - 1.7.2. Benefits
  - 1.7.3. Results and possible side effects





- 1.8. Abdominoplasty, liposuction and liposculpture
  - 1.8.1. Technique
  - 1.8.2. Benefits
  - 1.8.3. Results and possible side effects
- 1.9. Buttock lift (belt lipectomy)
  - 1.9.1. Technique
  - 1.9.2. Benefits
  - 1.9.3. Results and possible side effects
- 1.10. Other aesthetic body surgeries in women
  - 1.10.1. Arm stretching (brachioplasty)
  - 1.10.2. Circumferential dermolipectomy
  - 1.10.3. Thigh lift or inner thigh lift
  - 1.10.4. Calf implants
  - 1.10.5. Treatment of vaginal agenesis and re adaptation of ambiguous genitalia

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*With TECH you will be able to immediately implement all the knowledge acquired in the field of the most common aesthetic procedures for women"*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate Integral Remodeling or Women's 360 guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Integral Remodeling or Women's 360** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Integral Remodeling or Women's 360**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH GLOBAL UNIVERSITY will make the necessary arrangements to obtain it, at an additional cost.



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