

# Postgraduate Certificate

The Importance of Psychosocial  
Support in Emergencies  
and Catastrophes





## Postgraduate Certificate

### The Importance of Psychosocial Support in Emergencies and Catastrophes

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/pk/medicine/postgraduate-certificate/importance-psychological-support-emergencies-catastrophes](http://www.techtute.com/pk/medicine/postgraduate-certificate/importance-psychological-support-emergencies-catastrophes)

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# 01

# Introduction

Psychosocial support and the importance of a specialized intervention when a crisis or emergency situation occurs is fundamental to avoid revictimization and the appearance of sequelae caused by the traumatic event. Based on this, physicians are constantly calling for the existence of a qualification adapted to their profession and through which they can be up to date with the guidelines for action in this type of context. For this reason, TECH has developed this program to guide you in updating your knowledge of the most effective psychosocial support strategies. In addition, it delves into the most common errors in this type of intervention, which will help you to perfect your medical skills in just 6 weeks.





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*The perfect program to update you on new developments in the field of emergency psychology applied to the medical field"*

Medical professionals dedicate their activity to try to ensure the health of all their patients. Among the aspects that must be considered, in addition to physical integrity, is mental stability, which requires careful management to avoid negative psychological consequences that affect their cognitive-behavioral development. When an emergency situation occurs (a catastrophe, an accident, a sudden death, etc.) this aspect becomes particularly vulnerable, since the after-effects of a traumatic impact can lead to very serious mental consequences such as depression or anxiety, also favoring the appearance of pathologies affecting other parts of the body such as the cardiopulmonary, digestive or neurophysiological systems.

Based on this, the management of the main psychosocial support strategies in crisis contexts has become a skill that the physician must manage in order to guarantee an even more complete and beneficial assistance to the victims involved. For this reason, you can count on this Postgraduate Certificate to update your knowledge. Over 150 hours, you will be able to enjoy a qualification created by experts in psychology and adapted to the field of medical intervention, which includes the latest information related to the phases of the action, the agents involved and the most effective techniques and protocols for its management.

All this through a 100% online program, compatible with any device with internet connection. In addition, the entire content (including additional material) will be available from the beginning of the teaching activity and can be downloaded, ensuring that it can be consulted even after the course has been completed. This provides a degree of flexibility that is only surpassed by the very high quality of the content, thanks to which doctors will be able to perfect their professional skills in a guaranteed way in just 6 weeks.

This **Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes** contains the most complete and up-to-date scientific program on the market. Its most notable features are:

- ◆ The development of practical cases presented by experts in Emergency Psychology
- ◆ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*You won't find a 100% online qualification that offers you as much as this Postgraduate Certificate, endorsed by the world's largest online medical school"*

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*You will delve into the differences between the concepts of emergency, urgency and catastrophe, as well as the most innovative guidelines for each case”*

The program’s teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in a contextual and situated learning environment, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, by means of which professionals must try to solve the different professional practice situations that arise during the academic year. For this purpose students will be assisted by an innovative interactive video system developed by renowned experts.

*You will have access to the Virtual Campus 24 hours a day and throughout the week, so that you can connect whenever you want, but, above all, whenever you can.*

*You will acquire specialized knowledge about the different psychological intervention strategies depending on the phase of the emergency.*



# 02 Objectives

Many professionals are not aware of the importance of psychosocial support in emergencies and catastrophes. For this reason, the aim of this program is to provide medical specialists with all the information they need to delve into this issue and update their knowledge based on the latest strategies for action. Thanks to this, they will be able to include in their professional practice a treatment adapted to the recommendations of experts in psychological intervention, which will undoubtedly benefit their patients.







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*The program includes a review of different emergency plans, so that you can get up to date on the guidelines for action in your region in the event of an emergency or catastrophe"*



## General Objectives

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- ◆ Address psychosocial support in emergencies and catastrophes as a priority
- ◆ Know in detail the different phases and agents involved in emergency processes, as well as the most effective coordination strategies with them



*If one of your objectives is to minimize errors when carrying out a crisis intervention, with this Postgraduate Certificate, you will work on its prevention in a guaranteed way"*





## Specific Objectives

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- ◆ Learn about the origins of Emergency Psychology
- ◆ Study the differences between emergencies, disasters and urgent care situations, and the most common types
- ◆ Be aware of the importance of the psychologist in emergencies, and distinguish the different roles involved when an emergency event occurs

# 03

## Structure and Content

This Postgraduate Certificate consists of 150 hours of the best and most innovative theoretical, practical and additional content. Thanks to this, medical specialists will be able to expand and update their knowledge in a guaranteed way, contributing to the improvement of their professional practice in only 6 weeks. All this through a 100% online educational experience, without presential classes or stipulated schedules, but with a flexible character and adapted to the needs of each graduate.





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*The best program on the market to delve into the importance of psychological support in emergencies through 150 hours of diverse content, including detailed videos and complementary readings"*

PSYCHOLOGIS

## Module 1. The Importance of Psychosocial Support in Emergencies and Catastrophes

- 1.1. Introduction and History of Emergency Psychology
  - 1.1.1. Introduction to the Concept of Emergency Psychology
  - 1.1.2. How did Emergency Psychology Arise?
  - 1.1.3. Emergency Psychology Today
- 1.2. Emergencies, Urgencies and Catastrophes
  - 1.2.1. Differences between the Concepts of Emergencies, Urgent Care and Disasters
  - 1.2.2. Main types of Emergencies, Urgent Care and Disasters
- 1.3. Different Phases and Roles Involved in Emergencies
  - 1.3.1. Emergency Phases
  - 1.3.2. Roles Involved in Emergencies
- 1.4. The Importance of Psychological Support in Emergencies
  - 1.4.1. Introduction to Psychological Support
  - 1.4.2. Psychological Support in Emergency Psychology
  - 1.4.3. The Importance of Psychological Support in Emergencies
- 1.5. Instances of Psychosocial Intervention
  - 1.5.1. Introduction to the Concept of Psychosocial Intervention
  - 1.5.2. Psychosocial Intervention in Psychology
  - 1.5.3. Instances or Stages of Psychosocial Intervention in Emergency Psychology
- 1.6. Objectives and Purposes of Crisis Intervention
  - 1.6.1. Introduction to the Concept of Crisis
  - 1.6.2. Objectives and Purposes of Crisis Intervention
- 1.7. Common Mistakes in Intervention
  - 1.7.1. Main Errors in Emergency Intervention
  - 1.7.2. Psychological Consequences of Erroneous Intervention for those Involved





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*Don't think twice and opt for a qualification that, in addition to providing you with the latest information, offers you the best tools to guarantee you a dynamic and practical updating of your knowledge"*

04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







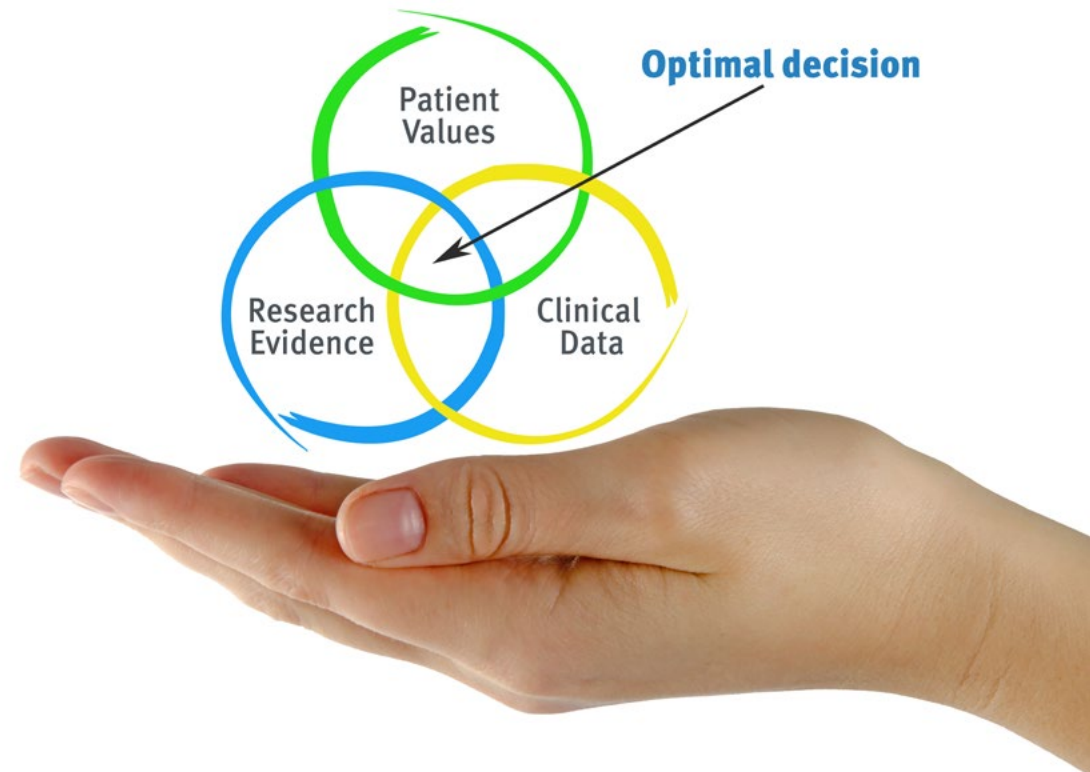
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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

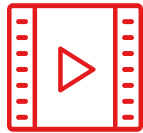
*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

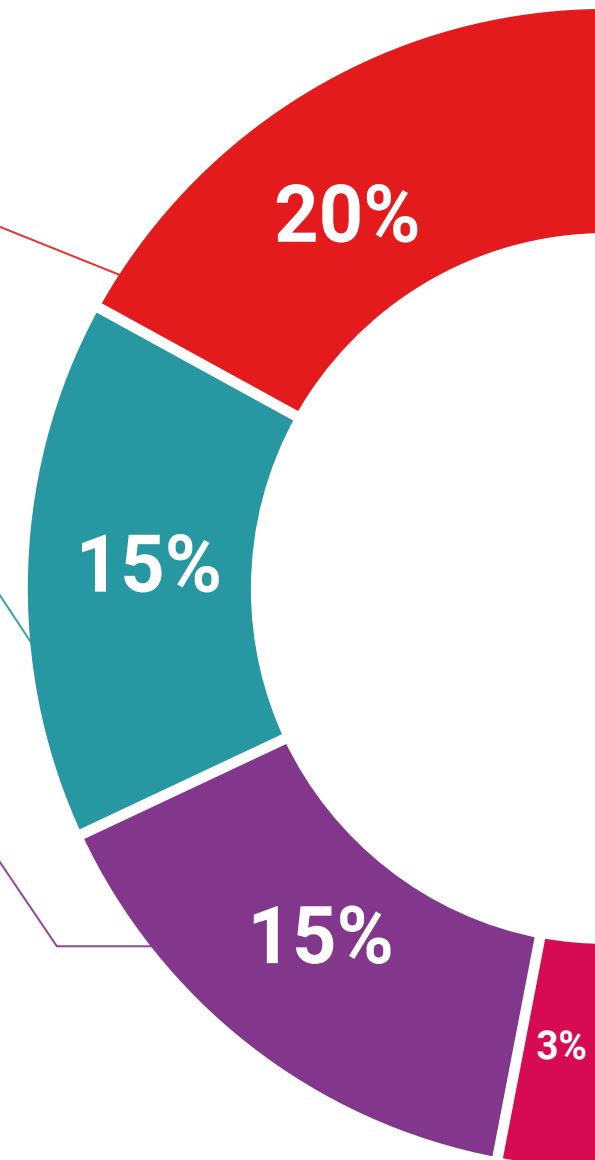
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

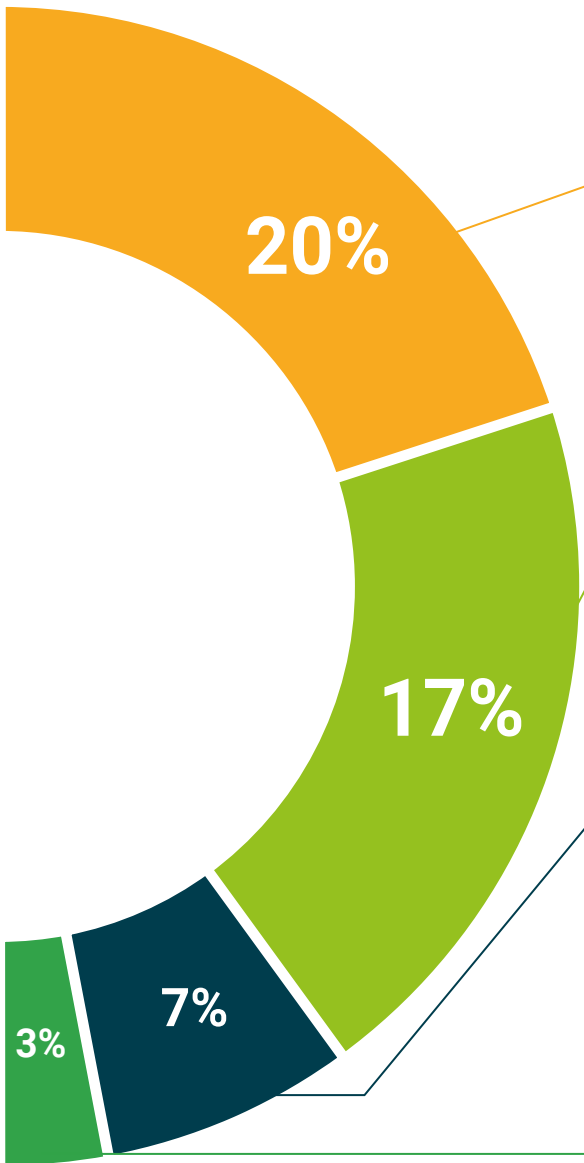
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 05 Certificate

The Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.







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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in The Importance of Psychosocial Support in Emergencies and Catastrophes**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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