

Postgraduate Certificate

Frailty in Rehabilitation Medicine





Postgraduate Certificate Frailty in Rehabilitation Medicine

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/postgraduate-certificate/frailty-rehabilitation-medicine

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01

Introduction

Intervention in patients with frailty in Rehabilitation Medicine requires global care that considers the specific limitations and actions that this case requires and that addresses their special vulnerability to pathologies, stress or other situations that are usually of little concern. Supported by the most innovative advances in this field, this program will provide the most comprehensive knowledge on the subject, with a high quality multidisciplinary and advanced vision.





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*A programme that will give students all
the tools for safe intervention in this field”*

Doctors working in rehabilitation medicine are confronted with numerous cases of frailty in patients. To intervene in these cases, the professional must assess and explore the patient's resistance and physiological reserves to establish the appropriate framework for action, home care, residential care, day care centers, social centers or private clinics.

It is therefore essential to know the tools of physiotherapy and the appropriateness of its application in each case, such as active exercise, manual therapy, electrotherapy being able to work in interdisciplinary team, with appropriate communication tools; understanding the concept of person-centered care, having the most up-to-date knowledge of support devices and even the support of current technology can be key to success in physiotherapy treatment.



All the latest developments in intervention in this area, in a programme that is designed as a high-level training tool"

This **Postgraduate Certificate in Frailty in Rehabilitation Medicine** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical cases presented by experts in Geriatric Rehabilitation Medicine
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

“*A program created for doctors who need learning systems that are compatible with other activities, without losing efficiency and quality*”

With the most advanced study methods, this programme will lead students to success in a simple, progressive and high-impact way for their CVs.

With the support of high-quality audiovisual systems, the purpose of this program is to not only provide students with the knowledge, but also, upon completion, the necessary skills to work in this field.

The program includes, in its teaching staff, professionals from the sector who bring to this program the experience of their work, in addition to recognized specialists from prestigious reference societies and universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.



02 Objectives

A learning experience that will involve a before and after of the student's professional growth. TECH's goal is to provide the student with specialized knowledge by creating a well-structured foundation to identify the clinical signs associated with the different needs and developments, providing a broad and contextual view of the activity in this field today.





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Act with the necessary safety to provide the frail patient with all the benefits of Rehabilitation Medicine, with the most up-to-date knowledge in the medical world for this field of work”



General Objective

- Develop a critical and reasoned attitude, based on the most recent scientific evidence, towards the physiotherapeutic diagnosis in elderly patients and be able to apply adequate treatment in order to reduce functional impotence, frailty and deterioration, therefore favoring an improvement to physical and mental health in old age



Take the opportunity to keep up-to-date with the latest developments in Frailty in Rehabilitation Medicine”





Specific Objectives

- ◆ Define frailty from a holistic perspective
- ◆ Explain the impact and detection of malnutrition and sarcopenia
- ◆ Define the tools for comprehensive geriatric assessment of frailty
- ◆ Apply the different frailty assessment scales
- ◆ Explain the assessment of frailty in physical therapy
- ◆ Explain the prescription of physical activity in the frail person
- ◆ Develop strategies to implement group dynamics in the frail or pre-fragile patient
- ◆ Define the risk factors for falls
- ◆ Explain specific fall risk diagnostic tests
- ◆ Describe Restraint Methods to Prevent Falls
- ◆ Explain what patient empowerment at discharge consists of
- ◆ Defining coordination between levels of care for continuity of care with the community

03

Course Management

Learn from leading specialists in rehabilitation medicine, physiotherapy and geriatrics, who will share experience of their work in this program. In addition, other specialists of recognized prestige participate in its design and elaboration, completing the program in an interdisciplinary manner.





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Specialists in this field of work will be teaching on this program, in an experience of professional growth that will be of great value to your CV”

International guest conductor

Dr. Tracy Friedlander is an eminent international expert, specialized in Physiotherapy and Rehabilitation of the elderly. Her extensive knowledge and skills in this field have enabled her to implement innovative procedures and improve the quality of life of various patients over the years.

Thanks to her high level of care, the scientist has been selected as Medical Director of the Comprehensive Acute Inpatient Rehabilitation Unit at Johns Hopkins Bayview Medical Center. She has also been part of the medical teams at the prestigious Johns Hopkins Hospital.

Her main area of expertise is Neurological Rehabilitation. In this field, the expert has scientific publications referenced in peer-reviewed journals of high impact in the health community. As such, she has focused her efforts on helping patients to control Spasticity, a muscle control disorder, through various therapeutic approaches.

In addition, some of her most outstanding research in recent years is related to the rehabilitation of patients subjected to long periods of mechanical ventilation when infected with the SARS-CoV-2 virus. She is also fully qualified to treat joint pain, fibromyalgia and chronic pain and fatigue.

Dr. Friedlander also holds official certifications from the American Board of Physical Medicine and Rehabilitation. All of this is backed by her excellent knowledge in the precise and advanced care of spinal cord injuries. On the other hand, this specialist has an excellent academic background. She graduated from Emory University in Atlanta and obtained her medical degree from the University of Maryland. She also completed her internship at Mercy Medical Center and her residency in Physical Medicine and Rehabilitation at Sinai Hospital in Baltimore.



Dr. Friedlander, Tracy

- Director of the Department of Physical Medicine and Rehabilitation at Johns Hopkins Hospital.
- Medical Director of the Comprehensive Acute Inpatient Rehabilitation Unit at Johns Hopkins Bayview Medical Center
- Specialist in Neurorehabilitation and Spasticity Management
- Official certifications from the American Board of Physical Medicine and Rehabilitation
- Specialist in Physical Medicine and Rehabilitation at Sinai Hospital of Baltimore
- Medical Graduate from the University of Maryland, Baltimore
- Member of:
 - American Academy of Physical Medicine and Rehabilitation
 - American Spinal Cord Injury Association
 - Maryland Society for Physical Medicine and Rehabilitation

“

Thanks to TECH, you will be able to learn with the best professionals in the world”

Guest Director



Mr. Castillo Martín, Juan Ignacio

- ♦ Chief of Physical Medicine and Rehabilitation Service. 12 de Octubre Hospital. Madrid
- ♦ Doctor Specialist in Physical and Rehabilitation Medicine, Ruber Juan Bravo Hospital Complex
- ♦ Rehabilitation Doctor in Traffic Accidents unit of the Ruber Juan Bravo Hospital Complex
- ♦ Rehabilitation Doctor Recoletas Cuenca Hospital
- ♦ Coordinator of continuing education of the Spanish Society of Cardiology in Exercise Testing with Oxygen Consumption
- ♦ Associate Professor Universidad Complutense de Madrid. Faculty of Medicine
- ♦ Teaching coordinator in continuing education courses at the Madrid Regional Ministry of Health: "Tertiary prevention in chronic cardiopathic patients" Cardiac Rehabilitation"
- ♦ Degree in Medicine and Surgery. University of Salamanca
- ♦ Master's Degree in Cardiac Rehabilitation. SEC-UNED
- ♦ Master in Disability Assessment Autonomous University Madrid
- ♦ Master Child Disability. Complutense University of Madrid
- ♦ Doctorate Course: Neurosciences University of Salamanca
- ♦ Member of the Spanish Society of Cardiology

Management



Ms. García Fontalba, Irene

- Physiotherapist and Director at Cal Moure'S
- Member of the Girona Territorial Section of the Association of Physiotherapists of Cataluña
- Creator of the blog "fisios y otras historias"
- Coordinator of the social networks group of professionals for health promotion in Girona
- More than ten years working in geriatric pathology and processes involving pain at home and in private practice

Professors

Dr. Pino Giráldez, Mercedes

- Specialist in Physical Medicine and Rehabilitation
- Assistant Rehabilitation Physician at the University Hospital 12, Octubre, Madrid
- Specialist in Physical Medicine and Rehabilitation, University Hospital of Guadalajara
- Assistant Rehabilitation Physician at Rey Juan Carlos I Hospital, Madrid
- Assistant Rehabilitation Physician at Torrejón de Ardoz Hospital
- Rehabilitation Physician Assistant at the University Hospital of Guadalajara
- Medical Rehabilitation Specialist at the Jiménez Díaz Foundation Hospital
- Degree in Medicine and Surgery from the University of Alcalá de Henares
- Specialist in Childhood Disability by Complutense University of Madrid
- MIR Physical Medicine and Rehabilitation

Dr. Blesa Esteban, Irene

- Resident Intern. 12 de Octubre Hospital, Madrid
- Expert in musculoskeletal ultrasonography
- Doctorate from the Faculty of Medicine at the Autónoma de Madrid University
- Course on Neuropathic Pain Management for Medicine
- Course on Evaluation and prescription of therapeutic exercise
- Course in Life Support for Residents
- Supervision of doctoral thesis: Diagnosis of congenital heart disease in the first trimester of pregnancy ultrasound

Dr. García, Sofía

- ♦ Specialist in Physical Medicine and Rehabilitation, Madrid Health Service
- ♦ Specialist Doctor in Physical Medicine and Rehabilitation, Children's Rehabilitation Unit, 12 de Octubre University Hospital, Madrid
- ♦ Specialist Doctor in Physical Medicine and Rehabilitation, Language Rehabilitation Center
- ♦ Specialist Doctor, Pelvic Floor Unit, 12 de Octubre University Hospital
- ♦ Specialist Doctor in Cardiac Rehabilitation, Cardiac Rehabilitation Unit, 12 de Octubre University Hospital
- ♦ Specialist Doctor, Facial Paralysis and Neurorehabilitation Unit, La Paz University Hospital
- ♦ Specialist Doctor, Neurorehabilitation Unit, 12 de Octubre University Hospital
- ♦ Specialist Doctor in Respiratory Rehabilitation, Gregorio Marañón University General Hospital
- ♦ Specialist Doctor in Spinal Cord injury Rehabilitation, National Hospital for Paraplegics
- ♦ Degree in Medicine from San Pablo University School of Medicine
- ♦ Master's Degree in Musculoskeletal Ultrasound and Ultrasound-Guided Interventionism, San Pablo University

Dr. Jiménez, Henar

- ♦ Specialist in Physiotherapy and Sports Rehabilitation
- ♦ Resident Intern. 12 de Octubre University Hospital, Madrid
- ♦ Degree in Medicine
- ♦ Expert in Physiotherapy and Sports Rehabilitation at Isabel I of Castilla International University
- ♦ Course on the Safe Use of Medication in the Madrid Health Service

D. Cuesta Gascón, Joel

- ♦ PhD in Physiotherapy and Rehabilitation. La Paz University Hospital, Madrid
- ♦ PhD in Physiotherapy and Rehabilitation. Dr. Rozalén Medical and Rehabilitation Center, Madrid
- ♦ Resident of Physical Medicine and Rehabilitation at the University Hospital 12 de Octubre
- ♦ Rehabilitation Doctor in Regenerative Medicine
- ♦ Teacher of the Specialization Course in Neuropathic Pain at La Princesa Hospital
- ♦ Organizer and speaker at "See you on the 12th". "Fundamentals and Physiology of Sport"
- ♦ Speaker at "AMIR 2020 Academy postMIR Conference" on the specialty of Physical Medicine and Rehabilitation
- ♦ Master's Degree in Clinical Medicine, Francisco de Vitoria University
- ♦ Degree in Medicine from the Camilo José Cela University
- ♦ Expert in Musculoskeletal Ultrasound

Ms. Díaz Zamudio, Delia

- ♦ Specialist in Rehabilitation and Physical Medicine
- ♦ Resident Intern of Rehabilitation and Physical Medicine in the Rehabilitation Department of the 12 de Octubre University Hospital
- ♦ Assistant specialist in the Rehabilitation Service of the 12 de Octubre University Hospital
- ♦ Honorary Collaborator of the Department of Physical Medicine and Rehabilitation and Hydrology at 12 de Octubre Hospital
- ♦ Degree in Medicine and Surgery. Faculty of Medicine. University of Seville
- ♦ Rehabilitation and Physical Medicine Specialist, Rehabilitation Service, University Hospital of Denia
- ♦ Rehabilitation and Physical Medicine Specialist, Rehabilitation Service of the University Hospital Alto Deba, Mondragón

**Dr. González García, María Dolores**

- ◆ Specialist in Physical Medicine and Rehabilitation
- ◆ Head of Neurologic Rehabilitation. 12 de Octubre Hospital, Madrid
- ◆ Area Specialist Physician, Doce de Octubre Hospital, Madrid
- ◆ Degree in Medicine and Surgery by the University of Alcalá. Alcalá de Henares, Madrid
- ◆ Specialization in Physical Medicine and Rehabilitation as Medical Intern Resident (MIR) in the Rehabilitation Service at the University Hospital 12 de Octubre, Madrid, 2002-2006

Dr. Soto Bagaria, Luis

- ◆ Physiotherapist Researcher at Vall d'Hebron Research Institute
- ◆ Physiotherapist and researcher at Parc Sanitari Pere Virgili
- ◆ Physiotherapist and Collaborator for the R & D department, SARquavitaie
- ◆ Head researcher at Mapfre Quavitaie for the PhD in Public Health and Research Methodology
- ◆ Master's Degree in Neuromusculoskeletal Physiotherapy
- ◆ Master in Clinical Trials. International University of Cataluna
- ◆ Member of the research team on aging, frailty and transitions at Re-Fit BCN

Dr. Gil Gracia, Samuel

- ◆ Physiotherapist and Osteopath in free practice in Béziers
- ◆ Physiotherapist. Iriteb Center - Dos de Mayo, Badalona
- ◆ Member of the Spanish Society of Physiotherapy and Pain SEFID, Fisioterapia sin Red society
- ◆ Author of the videoblog Soy Paciente de Samu, a channel of divulgation on physiotherapy
- ◆ Specializing in Musculoskeletal Pain
- ◆ Master's Degree in Osteopathy at Gimbernat University
- ◆ Graduate in Physiotherapy at Gimbernat University

Dr. Jiménez Hernández, Daniel

- ♦ Expert in Physiotherapy and Education Physiotherapy
- ♦ Physiotherapist
- ♦ Trainer of PCA professionals
- ♦ Professor at the Central University of Cataluna
- ♦ PhD in Educational from the Central University of Cataluna
- ♦ Official Master's Degree in Inclusive Education. Central University of Cataluna
- ♦ Diploma in Physiotherapy Gimbernat University, EUG-UAB
- ♦ Member of the research groups: attention to diversity and Mental Health and Social Innovation at UVic

Dr. Gómez Orta, Roger

- ♦ Physiotherapist and Orthopedic Technician, Qvitec Centre D' Ajudes Tècniques
- ♦ Co-founder of Qvitec
- ♦ Responsible for the seating and positioning clinic service at Qvitec
- ♦ Specialist and trainer in patient management of Handicare products in Spain
- ♦ Graduate in Physiotherapy





Dr. Hernandez Espinosa, Joaquín

- ◆ Specialist in Respiratory Physiotherapy
- ◆ Director of Residential Center Hotel Senior Citizens Pineda
- ◆ Postgraduate in Respiratory Physiotherapy. Autonomous University of Barcelona
- ◆ Ethical Care Consultant at Fundacio Vella Terra
- ◆ COVID-19 Emergency equipment management at Fremap Gent Gran
- ◆ Graduate in Physiotherapy at the University School of Physiotherapy Gimbernat,
- ◆ Graduate in Physiotherapy at Autonomous University of Barcelona
- ◆ Member of the Ethics Committee L'Onada Serveis

Dr. Buldón Olalla, Alejandro

- ◆ Expert in physical activity and sport physiotherapy
- ◆ Physiotherapist in the Amavir group and in home care for the elderly
- ◆ Founder of the blog fisioconectados.com
- ◆ Expert in physical activity and sport physiotherapy. Rey Juan Carlos University
- ◆ Graduate in Physiotherapy Rey Juan Carlos University
- ◆ Master's Degree in Social Networks and Digital Learning

04

Structure and Content

A complete and innovative Postgraduate Certificate has been created according to the criteria of instructional effectiveness that we offer, incorporating in its framework current topics and others that will provide an essential review and solidification of basic essential knowledge. Through a complete and concrete syllabus, the student will go through all the essential learning areas proposed, gradually acquiring the necessary skills to put the necessary knowledge into practice. A very well-developed learning framework tailored to students' needs that will allow them to learn in a continuous, efficient manner.





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A complete teaching program that includes all the aspects that physiotherapy should consider when caring for patients with frailty”

Module 1. Understanding Fragility

- 1.1. Integral Vision of Fragility
 - 1.1.1. Introduction
 - 1.1.2. Definitions of Fragility
 - 1.1.3. Pathophysiological Bases of Frailty
 - 1.1.3.1. Activation of Inflammation and Coagulation Processes
 - 1.1.3.2. Comorbidity
 - 1.1.3.3. Malnutrition and Sarcopenia
 - 1.1.4. Frailty as a Syndrome
 - 1.1.5. Interventions and Models of Care
- 1.2. Tools for Comprehensive Geriatric Assessment of Frailty
 - 1.2.1. Introduction
 - 1.2.2. Comprehensive Geriatric Assessment
 - 1.2.3. Frailty Assessment Scales
 - 1.2.4. Conclusions
 - 1.2.5. Learning Points
- 1.3. Assessment of Fragility in Rehabilitation Medicine
 - 1.3.1. Initial Interview
 - 1.3.2. Highlighted Tests
 - 1.3.2.1. Specific Tests for Frailty
 - 1.3.2.2. Fall Risk Test
 - 1.3.2.3. Dual Tasks
 - 1.3.2.4. Strength Test
 - 1.3.2.5. Cardiopulmonary Capacity Test
 - 1.3.2.6. Functional Tests
 - 1.3.3. Parameter Calculation
 - 1.3.4. Summary



- 1.4. Prescription of Physical Activity in the Frail Person
 - 1.4.1. General Aspects
 - 1.4.2. Individual Exercise Prescription
 - 1.4.2.1. Heating
 - 1.4.2.2. Strength/Power
 - 1.4.2.3. Balance
 - 1.4.2.4. Aerobic Endurance
 - 1.4.2.5. Stretching
 - 1.4.3. Group Dynamics in the Frail or Pre-fragile Patient
 - 1.4.3.1. Heating
 - 1.4.4. Summary
- 1.5. Therapeutic Adherence in the Prescription of Physical Activity
 - 1.5.1. Factors of Non-Adherence
 - 1.5.1.1. Socioeconomic Factors
 - 1.5.1.2. Health System or Care
 - 1.5.1.3. Disease
 - 1.5.1.4. Treatment
 - 1.5.1.5. Patients
 - 1.5.2. Adherence Strategies
 - 1.5.2.1. ICT
 - 1.5.3. Summary
- 1.6. Fall Assessment
 - 1.6.1. Define the risk factors for falls
 - 1.6.2. Diagnosis of Falls
 - 1.6.2.1. Specific Fall Risk Diagnostic Tests
 - 1.6.3. Consequences of Falls
 - 1.6.4. Containment to Prevent Falls
 - 1.6.4.1. Side Effects of Containment
 - 1.6.4.2. Adapted Containment
 - 1.6.4.3. Environmental and Verbal Restraints
 - 1.6.4.4. Types of Containments
 - 1.6.5. Post-Fall Treatment
 - 1.6.6. Summary
- 1.7. Transitions
 - 1.7.1. Justification of Programs in Transitions
 - 1.7.2. Limitations in Care Transitions
 - 1.7.3. What Are We Talking About When We Talk About Care Transitions?
 - 1.7.4. An Example of Pre-Discharge Service: Transition Coaches
 - 1.7.5. Nursing Frailty Assessment at Discharge
 - 1.7.5.1. Communication Techniques
 - 1.7.5.2. Motivational Interview
 - 1.7.5.3. Person-Centered Care; Health Goals for the Elderly
- 1.8. Principles of People-Centered Care
- 1.9. Patient Empowerment at Discharge
 - 1.9.1. Adherence to Pharmacological Treatment
 - 1.9.2. Teach Back Method Tool
 - 1.9.2.1. Incorporation of Active Lifestyles in Older Adults
 - 1.9.2.2. Elderly Nutritional Habits
 - 1.9.2.3. Promoting Person-Centered Self-Care
 - 1.9.3. Coordination Between Levels of Care for Continuity of Care with the Community
 - 1.9.4. Monitoring After Discharge from Intermediate Care Hospitals



Students will learn in such a way that what has been learned becomes fixed and transformed into knowledge, through a structured course of study that will cover all the points of interest you need to revise your intervention in geriatric rehabilitation”

05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Frailty in Rehabilitation Medicine guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Frailty in Rehabilitation Medicine** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (**official bulletin**). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Frailty in Rehabilitation Medicine**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development languages
virtual classroom



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