

# Postgraduate Certificate Female Sexual Dysfunction



## Postgraduate Certificate Female Sexual Dysfunction

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/medicine/postgraduate-certificate/female-sexual-dysfunction](http://www.techtute.com/us/medicine/postgraduate-certificate/female-sexual-dysfunction)

# Index

01

Introduction

---

*p. 4*

02

Objectives

---

*p. 8*

03

Course Management

---

*p. 12*

04

Structure and Content

---

*p. 16*

05

Methodology

---

*p. 20*

06

Certificate

---

*p. 28*

# 01

# Introduction

Female Sexual Dysfunction is a problem suffered by millions of women around the world, affecting their ability to fully enjoy their sexuality and, therefore, limiting their quality of life. Thus, diagnostic and therapeutic advances in pathologies of this nature have made a more agile and precise detection and treatment possible, contributing successfully to their recovery. Therefore, detecting these innovations is essential for any specialist who wishes to be at the forefront of gynecological esthetics. For this reason, TECH has created this degree, which will allow the specialist to identify cutting-edge techniques to evaluate and treat Sexual Desire or Orgasm Disorder. In a 100% online mode and with no pre-established schedules, you will perfect your daily medical practice.





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*Learn about cutting-edge treatments for Sexual Desire or Orgasm Disorder through this Postgraduate Certificate"*

Female Sexual Dysfunction is a condition that can cause symptoms such as lack of desire, difficulty reaching orgasm or pain during intercourse. Its negative impact on quality of life has led to the development of improved treatments to help women overcome these disorders with solvency. Since these cutting-edge methods have proven to have excellent benefits in this area, specialists are obliged to know them in order to optimize their very complete professional update.

That is why TECH has designed this Postgraduate Certificate, which will provide the professional with a full update on the approach to Female Sexual Dysfunction. During 180 hours of intensive learning, the student will identify the avant-garde treatments of Arousal Disorder or Vaginismus or delve into the types of sexual dysfunctions according to the latest scientific evidence. They will also detect the particularities of dysfunction in special cases, such as in older women or in those who have suffered from cancer.

This Postgraduate Certificate has a 100% online mode, which allows students greater flexibility to organize the academic content and adapt their study to their schedules. Likewise, its Relearning methodology focuses on active and participative learning, favoring teaching at one's own pace without time limitations.

This **Postgraduate Certificate in Female Sexual Dysfunction** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Practical case studies are presented by experts in Gynecoesthetics
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Through this Postgraduate Certificate, you will identify state-of-the-art diagnostic and therapeutic methods for Vaginismus"*

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*The 100% online methodology of this degree will allow you to combine your learning with your personal and professional life"*

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

*Get updated in the management of Female Sexual Dysfunction from the comfort of your own home.*

*Enjoy a completely enjoyable and effective teaching through the most avant-garde multimedia formats in the educational market.*



# 02

# Objectives

This Postgraduate Certificate has been designed with the premise of providing specialists with the most updated knowledge in relation to Female Sexual Dysfunction. Throughout this academic period, they will delve into the risk factors, their causes or the updated procedures for diagnosis. All this, following the general and specific objectives that TECH has outlined for this degree.





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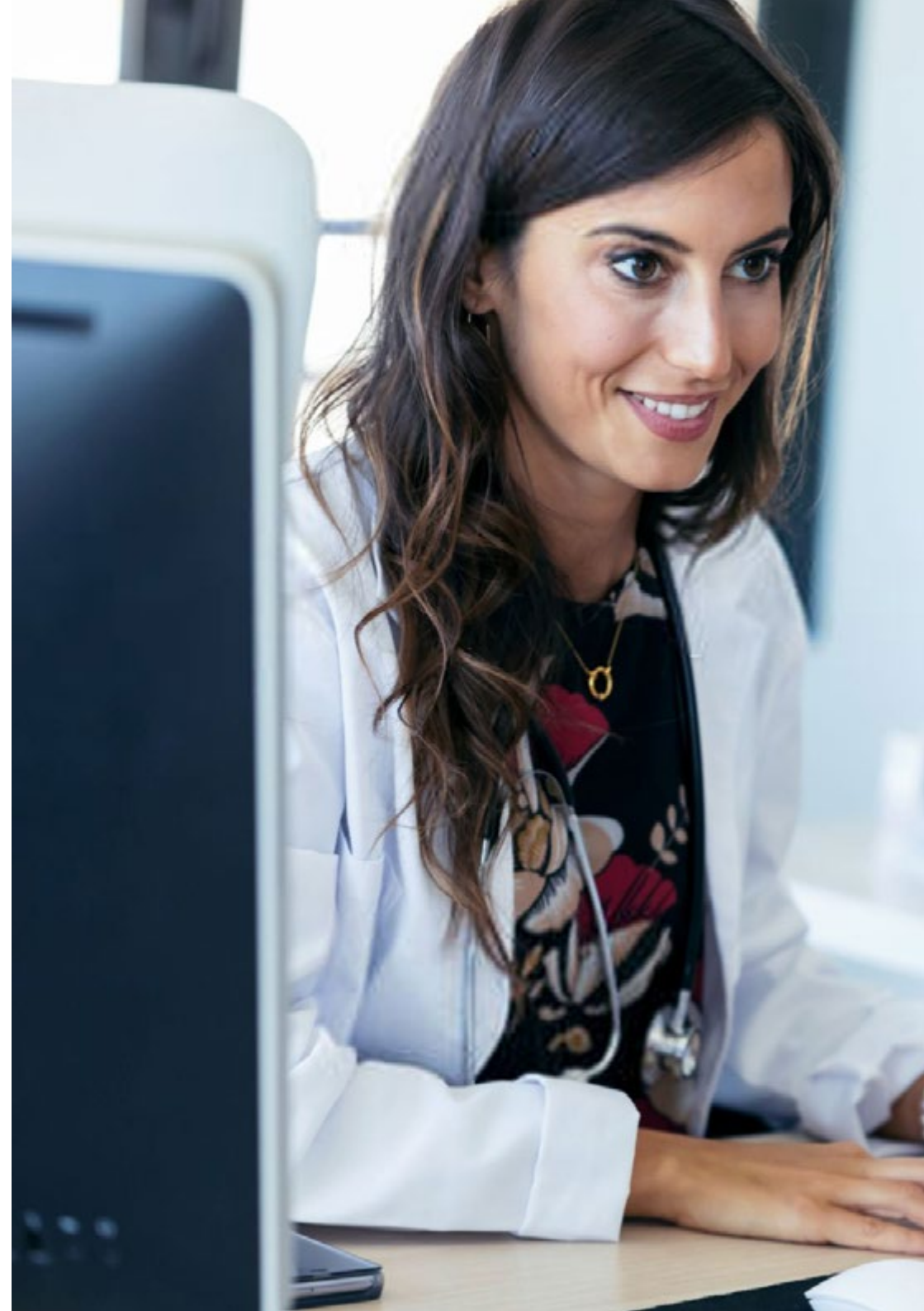
*Adopt in your daily practice the recent advances in the approach to Female Sexual Dysfunction"*



## General Objectives

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- To be updated in the newest areas of current Gynecoesthetic Medicine, knowing the best and most effective treatments
- Memorize and never forget the most important tips regarding risk prevention, complications and emergency situations
- Learn not only theoretical concepts, but also the most urgent practice in Gynecological Aesthetics through audiovisual and practical material





## Specific Objectives

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- Have an in-depth understanding of female sexual dysfunction
- Comprehensively examine risk factors, diagnosis and its main causes
- Delve into sexual desire disorder, arousal disorder, orgasm disorder, vaginismus and the types of sexual dysfunction according to the DSME-5 and ICD-10
- Expand competencies on sexual dysfunction in older women and women with cancer



*Reach the objectives proposed by  
TECH for this Postgraduate Certificate  
and enjoy a full professional update"*

# 03

## Course Management

The teaching team of the Postgraduate Certificate in Female Sexual Dysfunction has been carefully selected by TECH, and is made up of highly qualified specialists in the field of Gynecoesthetics. These experts will be in charge of developing all the didactic materials that the student will enjoy throughout this Postgraduate Certificate, with the objective of ensuring that the knowledge acquired will be useful in daily medical practice and will be in tune with the latest advances in the sector.

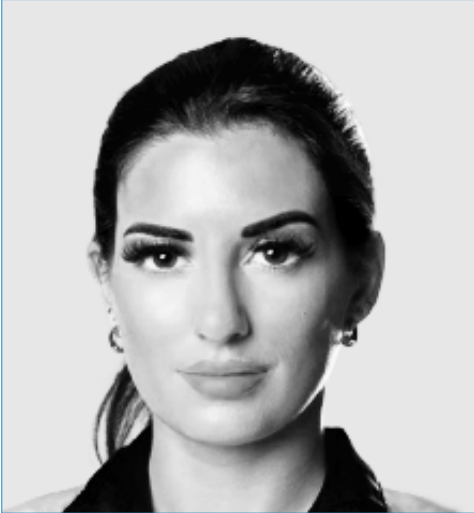




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*From the hand of the best specialists in Female Sexual Dysfunction, you will get an excellent update of your knowledge"*

## Management



### Dr. Ruiz Allende, Alba María

- ◆ Medical Director of Aesthetic Medicine of the Clínica Londres Group
- ◆ Director of the Department of Aesthetic Medicine in the IMEMA Clinic
- ◆ Aesthetic medicine workshops trainer
- ◆ University professor at the CEU and UCAM
- ◆ Professor of MIR preparation at CTO
- ◆ Clinical researcher and editor of the magazine Emergency Live
- ◆ Residency in the specialty of Family, Community and Emergency Medicine at the Hospital Clínico San Carlos
- ◆ Master in Aesthetic Medicine and Nutrition at the Catholic University San Antonio of Murcia
- ◆ Master's Degree in Business Management from the Catholic University San Antonio of Murcia
- ◆ Master's Degree in Clinical Bioethics from UIMP



## Professors

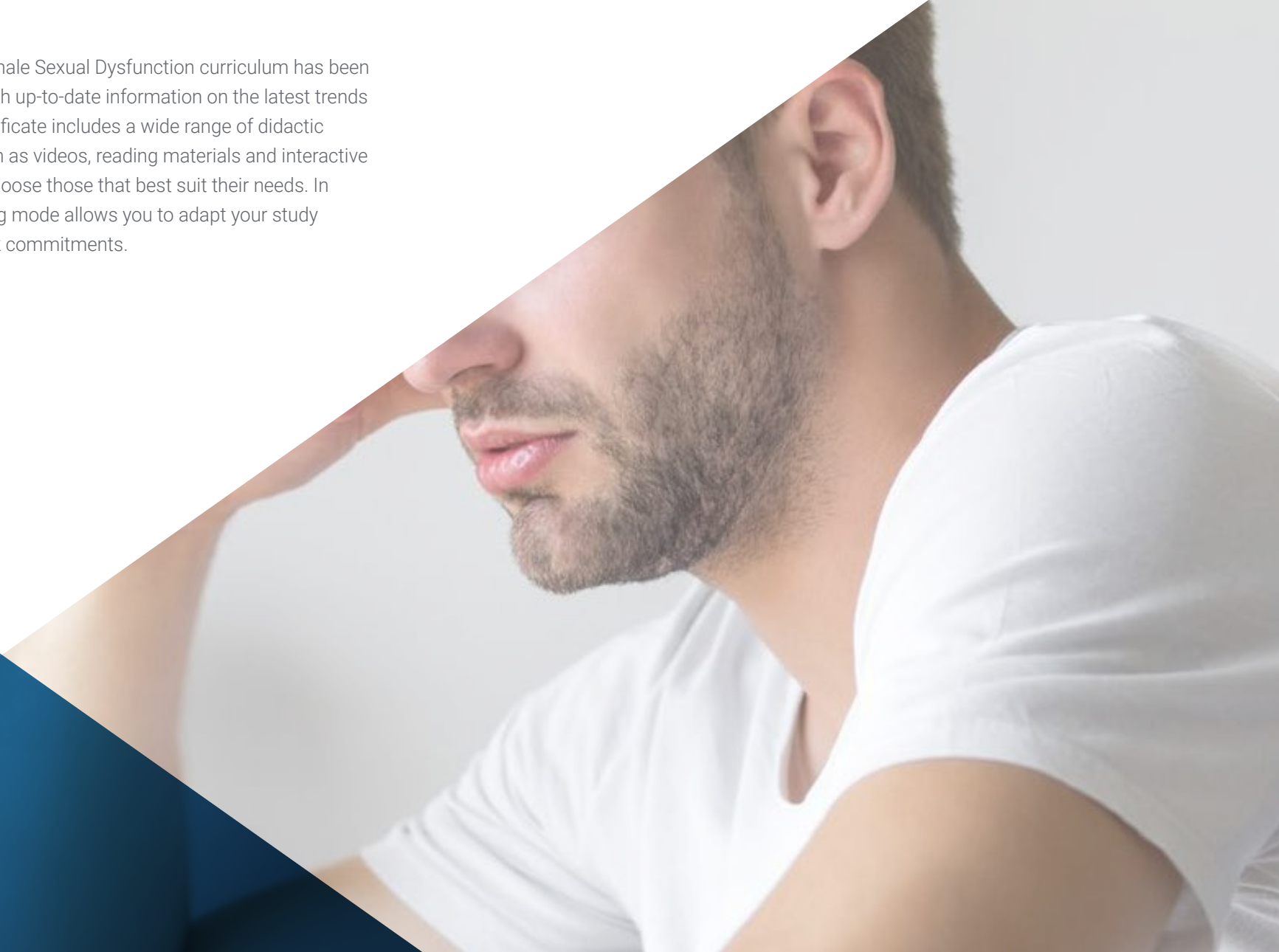
### Dr. Sánchez-Arévalo, Claudia

- ♦ Resident Medical Intern, 12 de Octubre Gynecology and Obstetrics Gynecology Hospital Madrid.
- ♦ Researcher in clinical trials at national and international level.
- ♦ Collaborating physician in practical teaching, Universidad Complutense de Madrid.
- ♦ Degree in Medicine from University of Navarra
- ♦ Training in menopause through Expert Course in Vulvovaginal Atrophy (SEGO and AEEM).
- ♦ Research activity in the field of Gynecology and Obstetrics and attendance to national and international congresses (posters and oral communications).

# 04

## Structure and Content

The Postgraduate Certificate in Female Sexual Dysfunction curriculum has been developed to provide specialists with up-to-date information on the latest trends in this field. This Postgraduate Certificate includes a wide range of didactic content in a variety of formats, such as videos, reading materials and interactive summaries, allowing students to choose those that best suit their needs. In addition, the degree's online learning mode allows you to adapt your study schedule to your personal and work commitments.





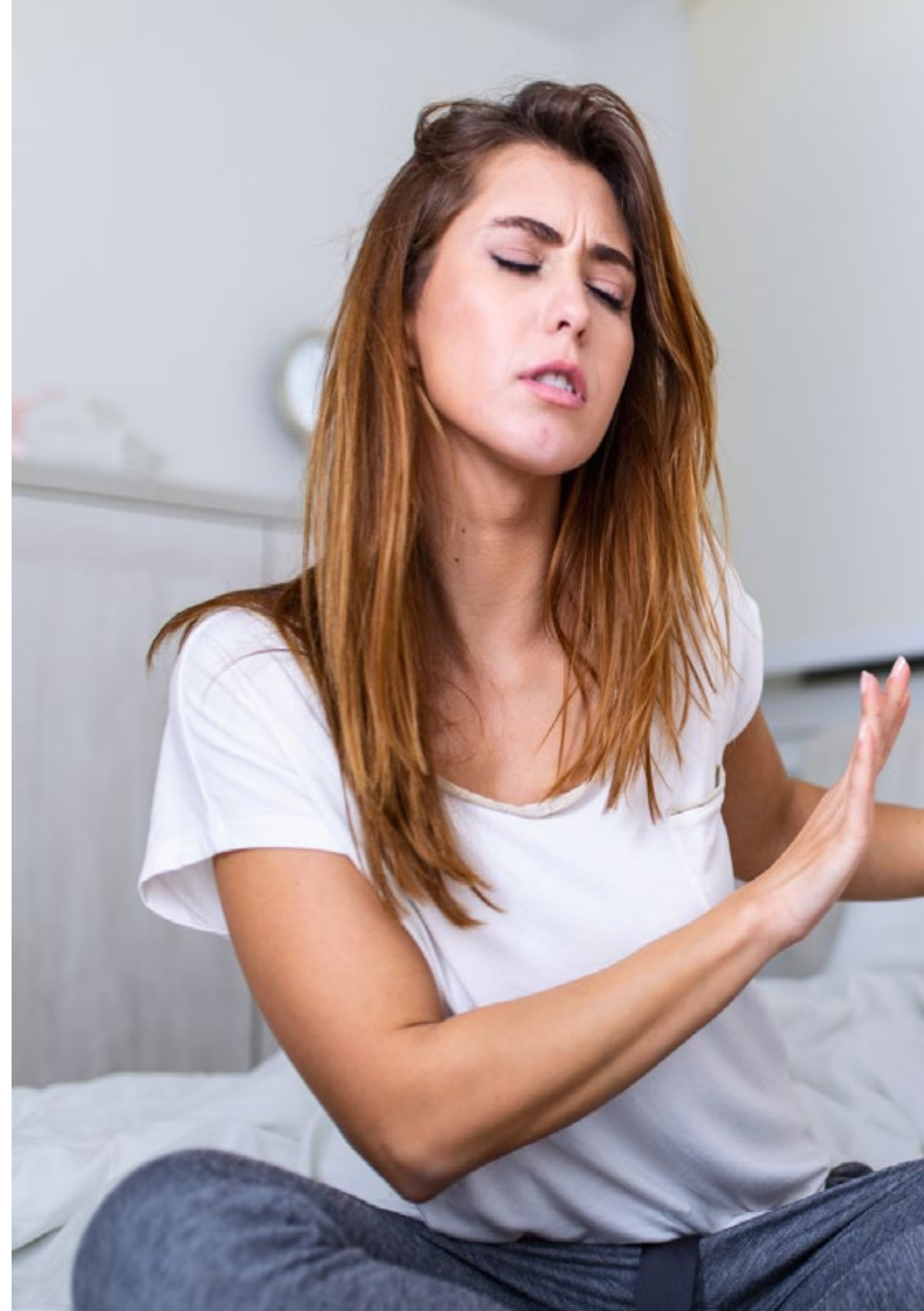


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*This degree has a Relearning methodology that will enable you to enjoy learning at your own pace”*

## Module 1. Female Sexual Dysfunction

- 1.1. Female Sexual Dysfunction
  - 1.1.1. Signs and Symptoms
  - 1.1.2. Risk Factors
  - 1.1.3. Classification of Causes
  - 1.1.4. Prevalence
- 1.2. Diagnostic
  - 1.2.1. Medical and Sexual Background
  - 1.2.2. Questionnaires
  - 1.2.3. Vaginal touch
  - 1.2.4. Blood test
- 1.3. Causes of sexual dysfunction
  - 1.3.1. Organic
  - 1.3.2. Psychological Techniques/Tactics
  - 1.3.3. Environmental
  - 1.3.4. Medication-related
  - 1.3.5. Others
- 1.4. Sexual Desire Disorder
  - 1.4.1. Causes
  - 1.4.2. Types
  - 1.4.3. Non- Medical treatment and Doctor
- 1.5. Excitation Disorder
  - 1.5.1. Causes
  - 1.5.2. Types
  - 1.5.3. Non- Medical treatment and Doctor
- 1.6. Orgasm Disorder
  - 1.6.1. Causes
  - 1.6.2. Types
  - 1.6.3. Non- Medical treatment and Doctor
- 1.7. Vaginismus
  - 1.7.1. Causes
  - 1.7.2. Types
  - 1.7.3. Non- Medical treatment and Doctor





- 1.8. Types of sexual dysfunctions according to DSME-5 AND ICD-10
  - 1.8.1. Disorders of sexual interest/sexual arousal in women
  - 1.8.2. Female orgasmic disorders
  - 1.8.3. Genito-pelvic pain disorders on penetration
  - 1.8.4. Absence or loss of sexual desire
  - 1.8.5. Refusal or absence of sexual pleasure
  - 1.8.6. Failure of genital response
  - 1.8.7. Orgasmic dysfunction
  - 1.8.8. Non-organic vaginismus
  - 1.8.9. Non-organic dyspareunia
  - 1.8.10. Excessive sexual drive
- 1.9. Age and health: sexual dysfunction in older women
  - 1.9.1. Main Causes
  - 1.9.2. Physiology and consequences of reduced estrogen production
  - 1.9.3. Treatment
- 1.10. Cancer and sexual dysfunction: sexual dysfunction in women who have had cancer
  - 1.10.1. Main Causes of dysfunction
  - 1.10.2. How to cope with the new physical change (in breast cancer, vulvar cancer...)
  - 1.10.3. Treatment



*Obtain the most updated knowledge of the educational panorama in Female Sexual Dysfunction thanks to this Postgraduate Certificate"*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate in Female Sexual Dysfunction guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Female Sexual Dysfunction** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Female Sexual Dysfunction**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.



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