Postgraduate Certificate
Family Intervention for the Elderly

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Postgraduate Certificate
Family Intervention for the Elderly

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/pk/medicine/postgraduate-certificate/family-intervention-elderly**

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01
Introduction

In most cases, the family is the only point of support for the elderly. Proper support will maximize the elderly person's chances of good health. However, when the family factor disappears, complications begin to arise that can lead to pathologies and psychopathologies. In this regard, TECH has developed a comprehensive program that delves into the importance of the family for the elderly. Supported by the most recent research and related studies. The contents will be made available to the student through a totally online modality and without timetables. Thus, favoring the physician's organization based on their needs and facilitating personal and work conciliation.

This course will provide you with the keys to transmit to the family the importance of their support in the health of the elderly"

Often, the family is unaware of the abandonment or partial abandonment of their elders. Therefore, it is important that the physician is able to convey the importance of their support. Sometimes the best treatment for certain psychopathologies is socialization.

Thus, the program emphasizes the definition of the modern family and the elements that clash head-on with the concept of family held by the elderly. In addition to temperament and identity in the regulatory process of family life.

On the other hand, the importance of a structured family during old age is discussed in depth. But, above all, in the capacity of the elders to assimilate changes in authority within the family nucleus.

Finally, we will analyze the particularities of aging within the family, the problems that the 70's crisis can generate for the elderly and the changes in the quality of life that occur in old age. Reserving a section for the expected evolution of the concept of family in the coming years.

These contents will be taught in a totally online modality, without timetables and with the syllabus available in its entirety from the first day. This makes it easier for the physician to combine study and work.

This **Postgraduate Certificate in Family Intervention for the Elderly** contains the most complete and up-to-date educational program on the market. The most important features include:

- The development of case studies presented by experts Psychogeriatrics and the role of the family
- The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

Together with prestigious physicians, it delves into the life cycles of the family and the influence they have on the elderly person"

TECH has developed this syllabus based on the latest research on the different family models and their importance for the elderly"

Discover, through this program, how the modern family affects the health and socialization of the elderly.

This Postgraduate Certificate covers the main demands and needs of the elderly in the family environment.

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

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Objectives

Graduates of the Postgraduate Certificate will acquire updated knowledge on the evolution of the family model in recent years and the role of the elderly person in it. In this way, the benefits of a structural family in the life of the elderly person will be defined, the needs of the elderly person that the family can meet will be understood, and it will be established in which situations family support and socialization can work as a treatment for the elderly person.

"

A section of the agenda has been set aside to deal with the psychosocial aspects of the family and how they affect the elderly"

General Objectives

- Understand the place of the elderly in the family
- Understand how the modern family affects the health of the elderly
- Deepen in the most recent studies on the evolution of the family and the role of the elderly

Enroll and learn about the effects that processes such as retirement or the 70's crisis can have on the elderly"

Specific Objectives

- Define the concept of family
- Identify the processes and factors that regulate family life
- Know the advantages of having a functional family in old age
- Deepen in the support mechanisms that exist within the family
- Understand the changes that the 70's crisis can generate in the elderly
- Understand how the concept of family is evolving
- Understand the needs of the elderly in order to age successfully

Course Management

The Postgraduate Certificate in Family Intervention for the Elderly is composed of physicians from the most prestigious centers in Spain. In addition, it has been taken into account that these physicians have participated in joint therapies between the families and the elderly. Being able to offer practical resources for students to implement in their practices.
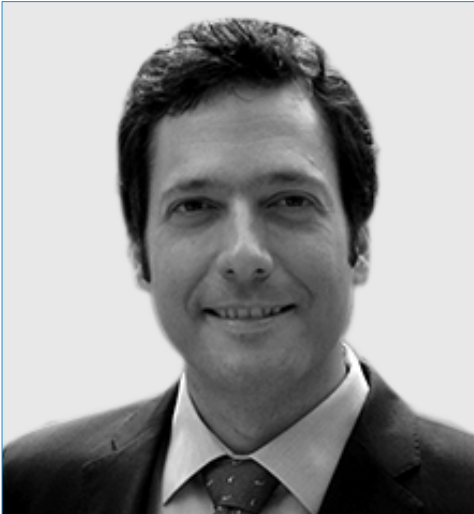
Working with prestigious physicians, such as those in this Postgraduate Certificate, will help you to increase the quality of the care you provide to your patients"

Management

Dr. Anasagasti, Aritz

- European specialist psychologist in Psychotherapy by the EFPA at the CEP health center in Bilbao
- President of Emotional Network
- Master in Time-Limited Psychotherapy and Health Psychology
- Psychogeriatrics Specialist
- Creator of the homebased intervention.
- Member of the Basque Association of Gestalt Therapy
- Reciprocal Interaction Psychotherapist
- Specialist in neurodegenerative diseases from the Basque Country University.
- Responsible for the computer development of Emotional Management and treatment in the elderly

Coordination

Mr. Aguado Romo, Roberto

- Psychologist specializing in Clinical Psychology
- European specialist psychologist in psychotherapy
- Managing Director of evaluation and psychotherapy centers in Madrid, Bilbao, and Talavera de la Reina
- Author of Time-Limited Psychotherapy
- Researcher at CerNet, Emotional Network, and European Institute for Time-Limited Psychotherapies

Professors

Dr. Fernández Sánchez, Angel

- European specialist psychologist in Psychotherapy from the EFPA
- Health Psychologist. Master's Degree in Clinical and Health Psychology
- Director of the Evaluation and Psychotherapy Center of Madrid
- Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- Author of the TEN. technique
- Head of studies on the Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Specialist in Clinical Hypnosis and Relaxation

Dr. Martínez Lorca, Manuela

- Doctorate in Psychology from the University of Castilla-La Mancha
- Health Psychologist. Lecturer in the Department of Psychology at the UCLM
- Master in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies.
- Specialist in Clinical Hypnosis and Relaxation

Dr. Roldan, Lucia

- Health Psychologist
- Cognitive-behavioral intervention specialist
- Master in Time-Limited Psychotherapy and Health Psychology
- Expert in energy therapy intervention

Dr. Otero, Verónica

- European specialist psychologist in Psychotherapy at the CEP health center in Bilbao
- Head of the children and youth area of intervention with PTL in the CEP of Bilbao
- Master in Time-Limited Psychotherapy and Health Psychology
- Child and Adolescent Specialist

Dr. Zabala Baños, María Carmen

- Doctorate in Psychology from the Castilla la Mancha University
- Health Psychologist. Master's Degree in Clinical and Health Psychology
- Master in Time-Limited Psychotherapy and Health Psychology
- Psychosocial and Work Rehabilitation Specialist
- UCLM European specialist psychologist in psychotherapy. EFPA
- Specialist in Clinical Hypnosis and Relaxation

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Structure and Content

This Postgraduate Certificate stands out for its extension, but without losing sight of the quality of the contents. It begins with an overview of the concept of family, delving, for example, into generational conflicts or the modern family. The following are the regulatory processes of family life and the process of family development and growth. Subsequently, the benefits of the functional family in old age and the consequences of a change of authority within the family nucleus are established. Finally, the difficulties faced by the elderly in the crisis of the 70's are defined and a vision of the future of the family model is given.

This Postgraduate Certificate course presents the benefits of the family as a social network through the most recent studies"

Module 1. Aging and Family

The Relearning methodology used by TECH facilitates the assimilation of learning without the need to dedicate excessive time to study"

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**
This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

"Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.

2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

7%

3%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

06

Certificate

The Postgraduate Certificate in Family Intervention for the Elderly guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This **Postgraduate Certificate in Family Intervention for the Elderly** contains the most complete and up-to-date scientific program on the market.

After passing the assessments the student will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained though the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional from career evaluation committees.

Title: **Postgraduate Certificate in Family Intervention for the Elderly**

Official Nº of Hours: **200 h.**

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Awards the following
CERTIFICATE
to
Mr./Ms. _____, with identification number _____.
For having passed and accredited the following program

POSTGRADUATE CERTIFICATE
in
Family Intervention for the Elderly

This is a qualification awarded by this University, equivalent to 200 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country. Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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