Postgraduate Certificate
Family and Bereavement Support in Palliative Care

tech global university

Postgraduate Certificate
Family and Bereavement Support in Palliative Care

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Global University**
- » Credits: **6 ECTS**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/us/medicine/postgraduate-certificate/family-bereavement-support-palliative-care**

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01
Introduction

Family care in the context of Palliative Care plays a fundamental role in the comprehensive care of patients with advanced or terminal illnesses. In this sense, the United Nations Organization recognizes the importance of the relationship between patients, their family and the medical team in order to guarantee first-rate care. Given this situation, it is essential that medical professionals update their skills and knowledge to optimize care for families and help them manage the difficult process of grief. Aware of this, TECH implements a pioneering university program that will deal with the best practices in clinical assistance to family members who have experienced a loss in Palliative Care.

Thanks to this Postgraduate Certificate supported by Relearning, you will develop competences to offer efficient emotional support to family members facing a terminal illness and the subsequent bereavement process"

Families of patients in Palliative Care face a series of challenges and responsibilities that generate a considerable physical, emotional and psychological burden on them. This ranges from managing the patient's medical care or practical needs to dealing with emotions such as anxiety, sadness and stress. For these reasons, clinicians must develop effective strategies to provide emotional support to family members to alleviate this burden. In this way, they will help people to face these difficult periods with greater resilience and dignity.

In this context, TECH is developing an innovative and comprehensive program in Family and Bereavement Support in Palliative Care. The study plan will focus on the importance of Psycho-Oncology in the medical setting to assess the emotional needs of families and provide them with strategies to manage the stress caused by the disease. In addition, it will delve into the grieving process, highlighting the most common symptoms and offering guidelines to provide effective psychological counseling. On the other hand, the didactic contents will explore aspects such as the situation of the last days of life, Palliative Sedation or the Euthanasia procedure. In this way, the graduates will obtain competencies to apply effective bereavement interventions and provide other support resources to help families process the loss of their loved one.

This university program is taught 100% online, giving specialists the flexibility to adapt to their schedules. In addition, the Relearning system, based on the repetition of key concepts to fix the knowledge, will facilitate an effective and rigorous updating. On the other hand, the most disruptive contents of this medical field will also be addressed in an exclusive Masterclass, given by an International Guest Director of great prestige.

This **Postgraduate Certificate in Family and Bereavement Support in Palliative Care** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Practical cases presented by experts in Palliative Care
- The graphic, schematic and eminently practical contents with which it is conceived gather scientific and practical information on those disciplines that are indispensable for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

With the Masterclass of this program, taught by a renowned international expert in Palliative Care, you will be able to update all your clinical skills"

"You will delve into the optimal approach to Refractory Symptoms, helping family members to manage their emotional distress after the loss of a loved one"

You will design and implement effective strategies to help families cope with the grieving process and provide them with high quality psychological support.

You will strengthen your communication skills, which will allow you to establish empathetic and effective interactions with the family nucleus of patients in Palliative Care.

The program's teaching staff includes professionals from the sector who contribute their work experience to this specializing program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned and experienced experts.

02
Objectives

Through this program, health professionals will have a comprehensive clinical prism related to Family and Bereavement Support in Palliative Care. In this sense, graduates will develop advanced competencies to identify the physical, emotional and spiritual needs of families with loved ones in Palliative Care. Therefore, experts will plan personalized interventions that will provide people with coping strategies to deal with conditions such as stress, anxiety or sadness related to terminal pathologies. Likewise, specialists will provide support to these individuals during Bereavement to help them adapt to the losses.

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You will obtain advanced skills to apply psychosocial interventions aimed at the families of terminally ill patients, including emotional support and even grief management"

General Objectives

- Have a solid understanding of the fundamentals and models of care in Palliative Care, as well as aspects such as epidemiology or pathophysiology of chronic diseases

- Enhance clinical skills for the comprehensive assessment of patients, including the management of complex symptoms and the approach to total suffering

- Adopt an individualized approach to care, focusing on both the preferences and values of users, respecting their autonomy at all stages of pathology

- Obtain empathetic and effective communication skills with both affected individuals and their families

- Apply knowledge of specific nutrition to improve prognosis and reduce complications in patients with advanced disease

- Keep abreast of innovations in matters such as diagnostic and therapeutic techniques most relevant to the follow-up of palliative patients

Specific Objectives

- Recognize the importance of psychology in palliative care
- Manage innovative techniques of approaching family members
- Establish the differences between palliative sedation and euthanasia
- Develop advanced strategies to help families manage bereavement
- Design procedures to avoid the conspiracy of silence
- Enhance communication skills to interact with patients' loved ones and inform patients honestly about issues such as prognosis of illness

With this refresher program you will be able to respond to all the challenges in the field of Family and Bereavement Support in Palliative Care"

Course Management

The essence of TECH lies in democratizing access to a first level university education, ensuring that anyone can access university programs of the highest quality. For this reason, it carries out a rigorous process of selection of highly qualified teachers, who elaborate materials where they pour their extensive knowledge. For this program, the institution relies on the services of the best experts in Family and Bereavement Support in Palliative Care. They not only have a track record in prestigious hospitals, but have also left a significant mark in improving the well-being of numerous terminally ill patients and their families.

"
The teaching team of this program is made up of authentic specialists in Palliative Care, who will provide you with the knowledge with the greatest professional applicability in this area"

Management

Dr. Lafuente Sanchis, Manuel Pablo

- Head of the Home Hospitalization and Palliative Care Service at La Ribera University Hospital, Valencia
- Specialist in Family and Community Medicine at the Virgen de los Lirios Hospital, Alcoy
- Clinical Simulation Instructor, Catholic University of Murcia
- University Professor in Nursing Studies
- Expert in Palliative Care, International University of La Rioja
- University Expert in University Teaching from the Catholic University of Valencia
- Degree in Medicine and Surgery from the University of Valencia
- Member of: Spanish Society of Home Hospitalization and Spanish Society of Clinical Simulation

Professors

Dr. Torrijos Pastor, Antonio

- Physician in Home Hospitalization La Ribera University Hospital
- Outpatient Emergency Physician at Carlet Integrated Health Center
- Specialist in Family and Community Medicine at the Marina Baixa Hospital, Alicante
- Degree in Medicine and Surgery from the University of Cadiz
- University Master's Degree in Palliative Care from the University of Valladolid
- Master's Degree in Clinical Medicine Research from the Miguel Hernández University
- Member of: SVMFYC Home Care Working Group, SEMERGEN Palliative Care Working Group and SEMFYC National Mental Health Working Group

Dr. Duart Clemente, Cristina

- Specialist in Family and Community Medicine in the Valencia Health System
- Specialist of the Valencian Provincial Directorate of Disability Assessment Team
- Specialist in Family and Community Medicine at La Ribera University Hospital
- Master's Degree in Palliative Care from the University of Valladolid
- Degree in Medicine and Surgery from the University of Navarra

04
Structure and Content

Through this university program, physicians will take a holistic approach to psychological care for both terminally ill patients in Palliative Care and their loved ones. The study plan will address the relevance of Psycho-Oncology in the medical context to assess the emotional needs of families and provide them with strategies to manage the stress caused by the disease. At the same time, the syllabus will delve into the grieving process, emphasizing the most common symptoms and the keys to provide optimal psychological counseling. On the other hand, the didactic materials will delve into issues such as Advance Directives, Palliative Sedation or Euthanasia.

A high level syllabus that covers, in only 150 hours, the latest scientific postulates in Palliative Sedation and Euthanasia"

Module 1. Family and Bereavement Support in Palliative Care

1.1.   Psycho-oncology
  1.1.1.   Psychological Assessment of the Patient in Palliative Care
  1.1.2.   Adaptation Process of the Patient at the End of Life
  1.1.3.   Support for the Terminally Ill Patient
1.2.   The Family of the Palliative and Terminally Ill Patient
  1.2.1.   Family Assessment and Functioning
  1.2.2.   The Process of Adaptation of the Family to the End-of-Life Situation.
  1.2.3.   Support for the Family in the Terminal Phase
  1.2.4.   Caregiver Burden in Palliative Care
1.3.   Bereavement in Palliative Care
  1.3.1.   Assessment
  1.3.2.   Symptoms of Bereavement
  1.3.3.   Complicated or Pathological Grief
  1.3.4.   Psychological Assessment and Counseling in Bereavement
1.4.   Spirituality and Palliative Care
  1.4.1.   Approach to Spirituality in the Consultation Room
  1.4.2.   Facilitating Spiritual Services
  1.4.3.   Empathy
1.5.   Anticipated Wishes
  1.5.1.   What Is It?
  1.5.2.   Current Legality
  1.5.3.   Process
  1.5.4.   Benefits of Having an Advance Directive
1.6.   Last Days of Life (LDS) Situation
  1.6.1.   Characteristics and Diagnosis of LDS
  1.6.2.   General Care in LDS
  1.6.3.   Symptomatic Control in LDS
1.7.   Non-pharmacological Measures in the Last Days of Life
  1.7.1.   Psychological Support
  1.7.2.   Hydration
  1.7.3.   Advice to Family Members
  1.7.4.   Instrumental Support at Home

This university program gives you the opportunity to update your knowledge in a real scenario, with the maximum scientific rigor of an institution at the forefront of technology. Enroll now!"

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Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.

2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

7%

3%
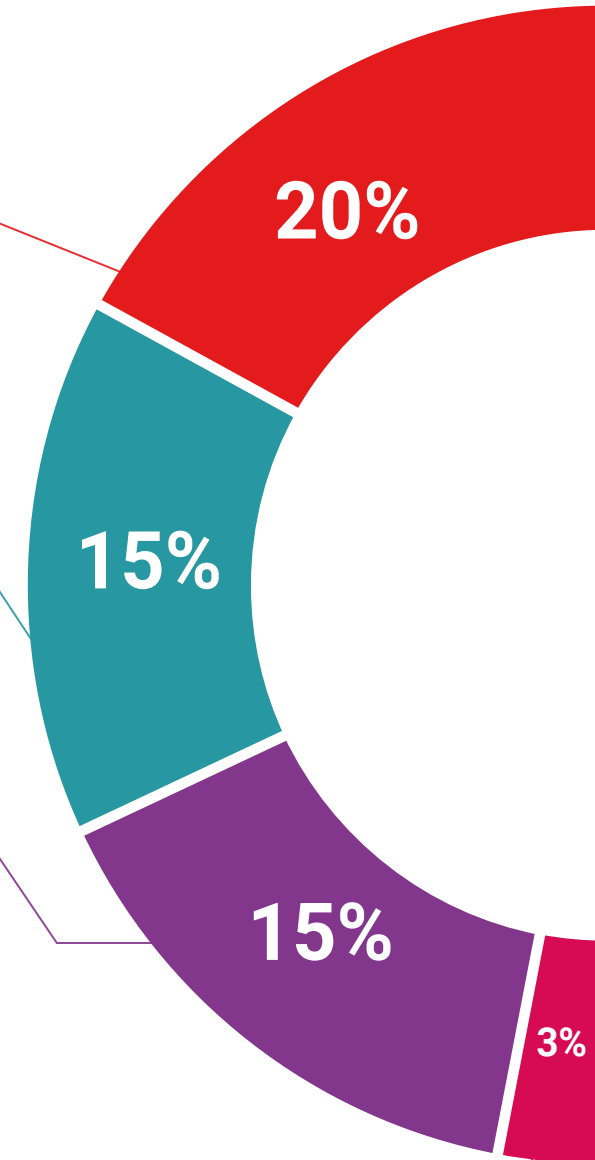
Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.
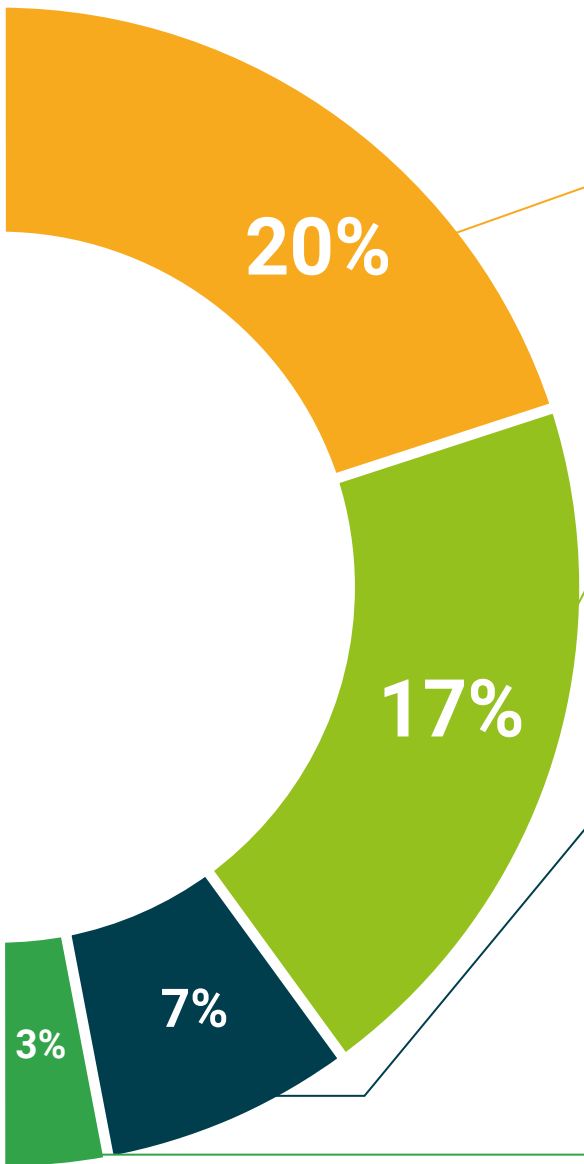
Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

06
Certificate

The Postgraduate Certificate in Family and Bereavement Support in Palliative Care guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This private qualification will allow you to obtain a **Postgraduate Certificate in Family and Bereavement Support in Palliative Care** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Family and Bereavement Support in Palliative Care**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**

tech global university

Mr./Ms. _____, with identification document _____
has successfully passed and obtained the title of:

Postgraduate Certificate in Family and Bereavement Support in Palliative Care

This is a private qualification of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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