

# Postgraduate Certificate

## Protocols for Emotional Intervention at the End of Life



## Postgraduate Certificate Protocols for Emotional Intervention at the End of Life

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/medicine/postgraduate-certificate/protocols-emotional-intervention-end-life](http://www.techtute.com/us/medicine/postgraduate-certificate/protocols-emotional-intervention-end-life)

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# 01

# Introduction

According to various studies, around 40% of cancer patients in complex situations develop depressive symptoms that affect their decision-making capacity. That is why they should have a professional to help them understand what is happening and find the solutions they need to reach the end of their life with dignity. With this degree, students will carry out preventive actions to manage negative attitudes in the face of a terminal diagnosis, applying the necessary palliative protocols and promoting the development of a plan for a dignified death.





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*Improve your attitudes and relationship skills with patients and family members, helping them cope with grief”*

Developing a plan for dying with dignity helps people determine how they want to reach the end of their lives. This is often a difficult time for the patient, the patient's family and sometimes for the medical team involved. For this reason, psycho-oncology offers a set of tools that provide the necessary information to alleviate the grieving process.

In this Postgraduate Certificate in Protocols for Emotional Intervention at the End of Life you will learn about the protocols that are applied to provide palliative care to patients who have received an unfavorable diagnosis. To this end, a series of empirical and spiritual approaches will be taken into account to ensure a multidisciplinary approach to the program. In relation to the above, the spiritual approach has come to be considered indispensable to safeguard the beliefs of the mourners, guaranteeing their individuality in this process. This helps to alleviate the pain and uncertainty experienced in such a situation.

At the end of the program, the student will be able to apply the appropriate techniques to treat their patients, making this program an excellent opportunity to lead the physician towards a more humane and individualized treatment.

This **Postgraduate Certificate in Protocols for Emotional Intervention at the End of Life** contains the most complete and up-to-date educational program on the market.

The most important features are:

- ♦ Practical cases presented by experts in Psycho-Oncology
- ♦ The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Special emphasis on innovative methodologies for psychological intervention with cancer patients
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Deal with complex situations, such as the death of lonely patients, where you are their only companion"*



“*Family members of patients can suffer a lot after a terminal diagnosis. Work with them to face their future grief*”

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

This program is designed around Problem Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Address your patient's beliefs to ensure their peace of mind throughout the process towards the end of their life.*

*At this point in the illness, intervention should focus on addressing feelings of fear, guilt and sadness.*



# 02

# Objectives

This Postgraduate Certificate in Protocols for Emotional Intervention at the End of Life will help clinicians meet the psychological needs of patients and their families. Therefore, it becomes a complete program that will favor the professional's ability to act appropriately in bereavement situations. Thanks to this, the student will make an exhaustive review of the protocols that are activated before a terminal diagnosis of the patient, as well as respect for the beliefs of the person to improve their relationship with death.







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*As a physician, you must also  
take care of your mental health  
and avoid burnout syndrome"*



## General Objectives

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- Gain in-depth knowledge of the different therapeutic options in the psychological treatment of cancer
- Contribute to the control of mood alterations through appropriate psychological strategies
- Know how to assess and intervene in adaptive and maladaptive emotions and behaviors



*Children with a terminal diagnosis require special work to help them understand what is happening"*





## Specific Objectives

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- ◆ Perform preventive care actions for the family according to the stages of the disease
- ◆ Address conflicts that may arise as a result of different socio-cultural beliefs and values between the team and the patient-family binomial
- ◆ Recognize and respond to spiritual distress and know how to refer the patient to the appropriate professional
- ◆ Develop appropriate assessments of the overall importance of the patient's spiritual beliefs and religious practices
- ◆ Manage the attitudes and responses of patients, caregivers and professionals derived from the professional-patient relationship
- ◆ Know how to intervene in particularly complex family situations
- ◆ Be able to work in cooperative groups and multi-professional teams

03

# Course Management

The teaching staff for this program is made up of specialists in psychology, psycho-oncology and medicine. Thanks to their many years of experience, they will be able to help students manage the negative attitudes of patients and their families, understanding that they stem from the fear and stress of a terminal diagnosis. In this way, they will be prepared to work in cooperative groups in complex situations.





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*You will learn first hand the process of psychological intervention thanks to a panel of experts in the field"*



## Management



### Mr. Garrido Jiménez, Sergio

- ♦ Provincial Coordinator of the Section of Psycho-Oncology and Palliative Care of (Ilustre Colegio Oficial de Psicólogos de Andalucía Oriental - COPAO) in Jaén
- ♦ General Health Psychologist for the Junta de Andalucía. NICA Business School 43384
- ♦ Expert Psychologist in Psycho-oncology and Psychology in Palliative Care (General Council of Psychology of Spain - CGCOP)
- ♦ Member of the Management Headquarters of the Association of Psychological Health Centers (ACESAP) of the UJA
- ♦ Member of the Ethics Committee for Research with Medicines of the Province of Jaén (CEIM) and of the Research Ethics Committee of Jaén (CEI)
- ♦ Member of the Spanish Society of Psycho-Oncology (SEPO)
- ♦ Degree in Psychology. University of Jaen (UJA)
- ♦ Master's Degree in Psycho-Oncology Complutense University of Madrid (UCM)

## Professors

### Dr. Cárdenas Quesada, Nuria

- ♦ Assistant Physician of the Medical Oncology Department, Jaen University Hospital
- ♦ Teaching coordinator of multiple ACSA-accredited clinical sessions
- ♦ Medical Oncology Resident Tutor at the Jaén Hospital
- ♦ Degree in Medicine and Surgery from the University of Granada
- ♦ Full Doctorate Program and Research Sufficiency in "Advances in Radiology (Diagnostic and Therapeutic), Physical Medicine and Medical Physics" from the University of Granada





# 04

## Structure and Content

A terminal diagnosis significantly affects patients, so certain skills are needed to help them accept the news. In this program, students will learn how to create a plan that guarantees the patient to die with dignity, encouraging them to express what they want when the time comes to leave. To this end, a series of empirical principles that address this situation will be presented, thus providing an opportunity to gain access to the work team in the oncology area of a hospital.





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*Help patients understand the dying process beyond the end of vital signs”*



## Module 1. Protocols for Emotional Intervention at the End of Life

- 1.1. Palliative Care Objectives
- 1.2. Evaluation of Suffering
- 1.3. Process of Psychosocial Adaptation at the End of Life
  - 1.3.1. Adaptive vs. Maladaptive Reactions
- 1.4. Triadic Interaction Model for Patients, Family and Healthcare Professionals
- 1.5. Specific Interventions Centered on the Patient
  - 1.5.1. Anxiety
  - 1.5.2. Sadness
  - 1.5.3. Hostility
  - 1.5.4. Fear
  - 1.5.5. Blame
  - 1.5.6. Denial
  - 1.5.7. Withdrawal
- 1.6. Specific Needs of the Family. Assessment of the Patient-Family Unit
  - 1.6.1. Conspiracy of Silence
  - 1.6.2. Family Claudication
- 1.7. Interventions Oriented Towards Health Professionals
  - 1.7.1. Working in Multicultural Teams
  - 1.7.2. Prevention of *Burnout* Syndrome
- 1.8. Attention to the Spiritual Needs of the Patient





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*Know in depth the therapeutic approach that guarantees the spiritual principles of the patient and their family"*

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# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.







#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate in Protocols for Emotional Intervention at the End of Life guarantees, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this training and receive your university degree without travel or laborious paperwork"*

This program will allow you to obtain your **Postgraduate Certificate in Protocols for Emotional Intervention at the End of Life** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Protocols for Emotional Intervention at the End of Life**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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confidence people  
education information tutors  
guarantee accreditation teaching  
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community commitment  
personalized service innovation  
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online  
development languages  
virtual classroom



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Protocols for Emotional  
Intervention at the End of Life

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- » Schedule: at your own pace
- » Exams: online



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