Postgraduate Certificate
Emergencies Derived from Anxiety Disorders

tech technological university

Postgraduate Certificate
Emergencies Derived from Anxiety Disorders

» Modality: **online**
» Duration: **6 weeks**
» Certificate: **TECH Technological University**
» Dedication: **16h/week**
» Schedule: **at your own pace**
» Exams: **online**

Website: **www.techtitute.com/in/medicine/postgraduate-certificate/emergencies-derived-anxiety-disorders**

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01
Introduction

The stress caused by daily, work or family problems causes innumerable damages to people's mental health, which can even lead to physical problems. However, it is not the only factor; anxiety is also among the most frequent illnesses for which a person must be treated in the emergency department. This 100% online program provides the medical professionals with the most updated knowledge in the most recent approach and pharmacological treatments applied in the emergency department to care for patients suffering from this pathology.
All this with multimedia material that is at the forefront of academic teaching.

This Postgraduate Certificate will allow you to be aware of the latest psychological and pharmacological applications to care for patients with anxiety"

Medical professionals must be highly prepared to face any situation, something that is well known within the profession. That is why TECH offers this Postgraduate Certificate, where students will acquire knowledge that delves into anxiety, one of the most relevant health problems today. Recent studies dealing with this pathology and its approach in the emergency department will be two of the key elements on which this program is based.

This university program is an opportunity for medical professionals who wish to be updated in this field, especially in the latest advances in pharmacological and psychological interventions to treat anxiety disorders in special populations, as well as diagnostics based on the extensive knowledge of neurobiology and psychology to address this pathology.

The teaching staff selected to teach this program will provide students with their extensive experience in reference hospitals and the latest developments in the combined treatments applied according to the clinical picture presented by the patient. These advances will enable students to keep abreast of the latest developments in this field.

A 100% online Postgraduate Certificate that provides the students with the ease of being able to study it comfortably, wherever and whenever they want. This provides flexibility for the healthcare professionals who wishes to combine high-level education with their work and personal responsibilities. You will only need a device with internet connection to access the multimedia content developed by the specialized teaching team that imparts this program and to distribute the teaching load according to your needs, since this program does not have sessions with fixed schedules. An excellent opportunity offered by TECH to update knowledge in a practical and simple way.

This **Postgraduate Certificate in Emergencies Derived from Anxiety Disorders** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Delve into emergency psychiatric care in an integrated manner within the health care setting
- Delve into the psychiatric interview in emergency medicine and the elaboration of medical histories in this area of care
- Correctly establish a diagnostic approach in the emergency department, organicity screening and approach to psychiatric pathology
- Understand and master the different pathologies that are treated in the emergency department, differential diagnosis and treatment
- Handle different emergency situations in psychiatry: suicidal patients, affective disorders, emergencies in anxious and psychotic patients and in special populations (the elderly and child and adolescent populations)

A program that brings you recent studies in the treatment of patients with agoraphobia"

A 100% online Postgraduate Certificate, flexible and adaptable to the students"

Renew your knowledge about obsessive disorders and their approach in the emergency department with this Postgraduate Certificate.

Access the most recent treatments applied to pregnant and lactating patients with anxiety disorder.

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

02
Objectives

The Postgraduate Certificate in Emergencies Derived from Anxiety Disorders provides at the end of this program an update on the psychological approach to be used in the context of psychiatric emergencies, especially in patients suffering from anxiety. A disorder for which the medical professionals will acquire an updated knowledge of the most effective pharmacological and psychological interventions currently used in different population groups. The Relearning system, based on the reiteration of content, makes it easier for students to build the foundation of the syllabus in a simple way and reduces the long hours of study offered by other teaching methods.

"Deepens the psychological assistance in emergency care for anxious and elderly patients"

General Objectives

- Delve into emergency psychiatric care in an integrated manner within the health care setting

- Delve into the psychiatric interview in emergency medicine and the elaboration of medical histories in this area of care

- Correctly establish a diagnostic approach in the emergency department, organicity screening and approach to psychiatric pathology

- Understand and master the different pathologies that are treated in the emergency department, differential diagnosis and treatment

- Handle different emergency situations in psychiatry: suicidal patients, affective disorders, emergencies in anxious and psychotic patients and in special populations (the elderly and child and adolescent populations)

Specific Objectives

- Differentiate between normal anxiety and pathological anxiety
- Delve into different nosological entities and approach in emergency situations
- Learn about psychological approaches to used in psychiatric emergencies
- Update neurobiological and psychological knowledge of anxiety processes
- Update on pharmacological and psychological interventions effective in different anxiety disorders
- Update on pharmacological and psychological interventions in special populations with anxiety

You will get an update of knowledge from the hand of specialists and with a teaching method, Relearning that reduces the long hours of study"

03

Course Management

In its maxim of offering an elite education for all, TECH has professionals with extensive experience in the field of Psychiatry in relevant hospitals, which allows students to obtain a very close update to the reality that the medical professional lives in cases of patients with clinical pictures of anxiety, whether pathological or normal. A teaching team that, during the six weeks of this university program, will also accompany the professionals to get the most out of this degree.

A highly qualified teaching team in the field of psychiatry will guide students on the latest studies on post-traumatic stress disorder"

Management

Dr. Sánchez-Cabezudo Muñoz, Ángeles

- Specialist, Short Stay Unit, Toledo Hospital Complex
- Psychiatrist, Mental Health Outpatient Clinic, Toledo Hospital Complex
- Specialist in the Short Stay Unit of the Virgen del Prado Hospital
- Psychiatrist at the 12 of October University Hospital
- Psychiatrist at the Mental Health Center Usera
- Researcher and teaching medical specialist, Brief Hospitalization Unit, Virgen del Prado Hospital
- Degree in Medicine and Surgery from the Complutense University of Madrid
- Specialist in Psychiatry, La Paz University Hospital
- Diploma in Clinical Management in Psychiatry, Pompeu Fabra University
- He is a member of the working group on the prevention of suicidal behavior in Castilla la Mancha
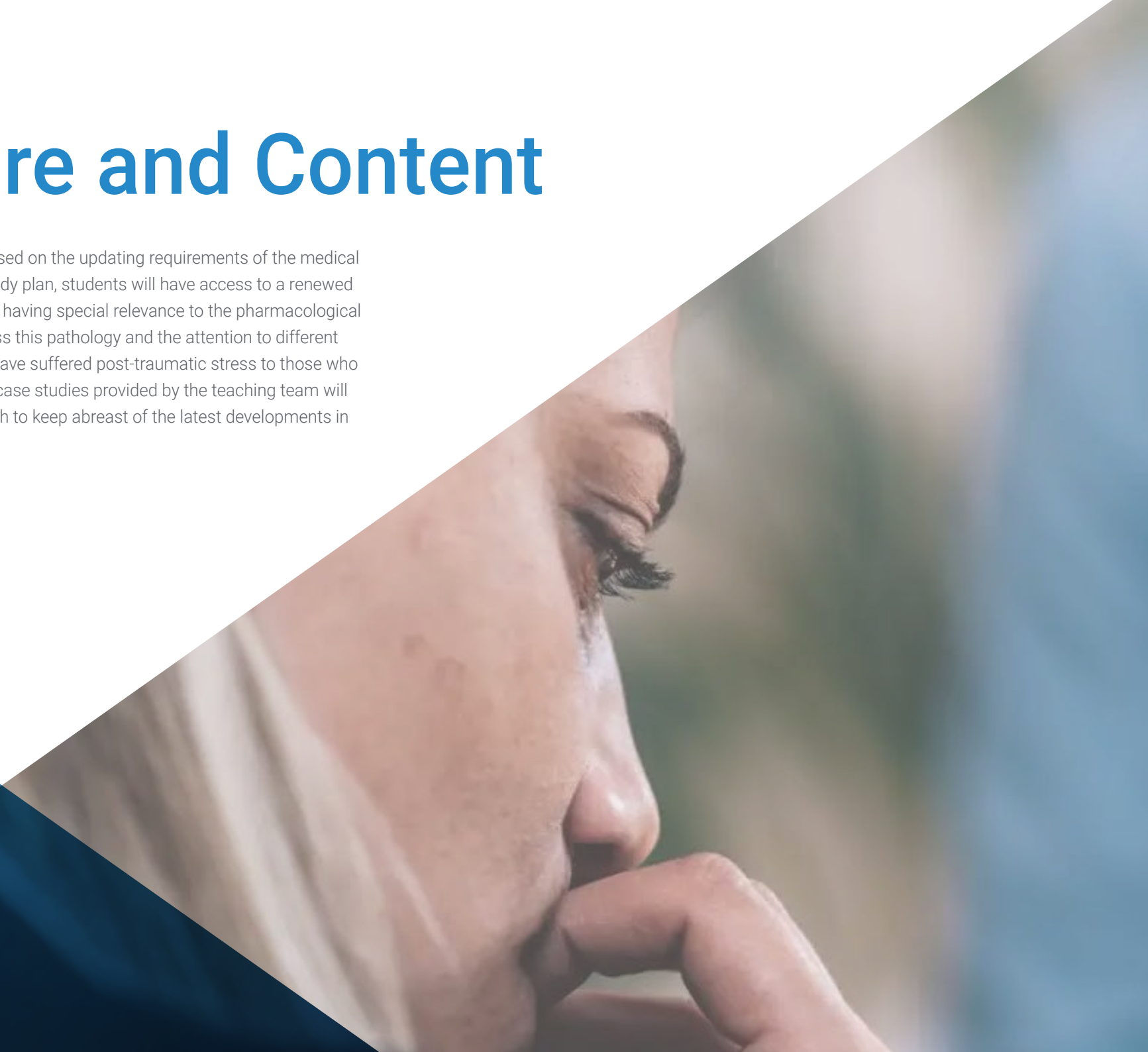
Professors

Dr. Benito Ruiz, Adolfo

- Medical specialist in Psychiatry in the Toledo Hospital Complex
- FEA of Psychiatry, Toledo Hospital Complex
- FEA of Psychiatry at the Francisco Díaz Mental Health Center
- Chief researcher in several studies related to Psychiatry
- Author and co-author of dozens of scientific articles related to his specialty
- Author and coauthor of numerous book chapters
- Professor in Mental Health courses and in undergraduate studies
- Doctorate in Medicine, University of Alcala
- Master's Degree in Psychotherapy, Integrated Perspective from the University of from Alcalá Henares
- Awards of the Foundation for Biomedical Research of the Príncipe de Asturias University Hospital

04
Structure and Content

The syllabus has been designed based on the updating requirements of the medical professional. That is why, in this study plan, students will have access to a renewed knowledge about anxiety disorders, having special relevance to the pharmacological treatments currently used to address this pathology and the attention to different types of patients: from those who have suffered post-traumatic stress to those who belong to special populations. The case studies provided by the teaching team will be very useful for students who wish to keep abreast of the latest developments in this disorder with this program.

An expertly crafted syllabus that provides the opportunity to stay abreast of the latest developments in psychological treatments for anxiety disorder"

Module 1. Anxiety Disorder Emergencies

An online program that will allow to deepen the approach to anxiety in the child and adolescent population"

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

"

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.

2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

7%

3%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

06

Certificate

The Postgraduate Certificate in Emergencies Derived from Anxiety Disorders guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.

> *Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Postgraduate Certificate in Emergencies Derived from Anxiety Disorders** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Emergencies Derived from Anxiety Disorders**

Official Nº of Hours: **150 h.**

tech technological university

Awards the following
CERTIFICATE
to

Mr./Ms. _____, with identification number _____.
For having passed and accredited the following program

POSTGRADUATE CERTIFICATE

in

Emergencies Derived from Anxiety Disorders

This is a qualification awarded by this University, equivalent to 150 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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