

Postgraduate Certificate Eating Disorders



Postgraduate Certificate Eating Disorders

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/postgraduate-certificate/eating-disorders

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01

Introduction

The prevalence of Eating Disorders is very high in many groups that are very concerned about their figure, both women and men, although Anorexia Nervosa (AN) or Bulimia Nervosa (BN) are more common among females. The same is not true for Bigorexia, where the percentage of men is three times higher than that of women. Therefore, this program will help physicians acquire in-depth knowledge in the area of Eating Disorders treatment. All of this from an innovative and highly effective perspective.





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Social media depicts complex and unattainable beauty ideals that lead people to obsess about their weight and develop Eating Disorders”

Cases of Eating Disorders have increased spectacularly in recent years. It is estimated that, per 100,000 inhabitants, 30 to 40 women between 15 and 25 years of age will typically suffer from an eating disorder. There really is a growing cultural shift in the concern with food and being thin. Studies carried out in the USA showed that 45% of housewives went on a diet every year; that 56% of women between 25-54 years of age went on a diet; that 76% of women who went on a diet did so more for aesthetic reasons than for health reasons.

Up until 1950, about 200 cases of AN had been described in the literature. Now there are hundreds of thousands of cases. Social phenomena may explain the possible risk of the incidence of AN. The increasing liberation of women has sometimes paradoxically led some of them to reject feminism and becoming adults, longing to be children in the face of the difficult struggle of AN against the needs of dependency.

In the USA, billions of dollars are spent annually on dieting and 1 in 10 girls suffers from an eating disorder. One in every 250 teenage girls has AN and at least 3.5 million people, predominantly women, are suffering from bulimia.

This Postgraduate Certificate is unique in that it presents the latest developments in the diagnosis and medical treatment of these disorders, as well as in the processes of prevention and psychiatric work. All of this within a multidisciplinary program, adapted to the latest innovations in the profession.

This **Postgraduate Certificate in Eating Disorders** contains the most complete and up-to-date scientific program on the market. Its most notable features are:

- ◆ Practical cases presented by experts in Medicine and Psychiatry
- ◆ The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where the self-assessment process can be carried out to improve learning
- ◆ Special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



The sector is demanding more and more medical professionals with expertise in this area. Become one of them by studying this Postgraduate Certificate"

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During this Postgraduate Certificate we will study disorders as important as bulimia and anorexia and the most effective treatment for this type of problem”

Study from the comfort of your home and update your knowledge online with TECH Global University, the biggest online university in the world

In a society where image is everything, Eating Disorders are very common. Learn how to treat them with this TECH program

The program's teaching staff includes professionals from the sector who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive learning programmed to train in real situations.

The design of this program focuses on Problem-Based Learning, which means the student must try to solve the different real-life situations that arise throughout the academic program. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.



02 Objectives

After passing the assessments in this Postgraduate Certificate, the physician will be able to carry out a rigorous and innovative approach to Eating Disorders. These new treatments that they will be able to carry out will not only position them as a better physician, but will also help them to advance within a growing sector given that mental health disorders are more and more prevalent among the population and are becoming a great social problem.





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If your objective is to expand your knowledge in the field of detecting and treating Eating Disorders, then this is the program for you”



General objectives

- ◆ Improve clinical skills in interviewing, examination and diagnosis in psychiatry
- ◆ Provide skills and strategies for clinical management in psychiatry
- ◆ Keep physicians' knowledge of new advances in psychiatry up to date
- ◆ Master the skills for scientific research in psychiatry
- ◆ Improve professional communication skills
- ◆ Provide training for leadership in psychiatry
- ◆ Know the peculiarities of the development of different specific areas
- ◆ Know how to prevent and treat psychiatric epidemiology in the different stages of life
- ◆ Gain up-to-date knowledge of the therapeutic strategies in the latest advances in psychiatry
- ◆ Approach specific psychiatric problems
- ◆ Provide skills and strategies for clinical management in psychiatry





Specific objectives

- ◆ Learn how to identify eating disorders early on
- ◆ Gain in-depth knowledge of how to handle this type of disorder



TECH offers you this unique Postgraduate Certificate that, in just six weeks, will help you to take a leap in your professional career"

03

Course Management

TECH has a prestigious teaching team who are experts in everything related to the approach to Eating Disorders, and are professionals with years of teaching experience who have come together to help students give a boost to their careers. To this end, they have developed this Postgraduate Certificate with recent innovations in the subject that will allow students to learn and improve their skills in this sector.





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An exceptional teaching team will be in charge of providing you with all the knowledge you need to grow in your profession. Don't miss this opportunity”

Management



Dr. Baca García, Enrique

- ♦ Head of the Department of Psychiatry at the Jiménez Díaz Foundation
- ♦ Professor of Psychiatry. Department of Psychiatry. Faculty of Medicine. Autonomous University of Madrid
- ♦ Degree in Medicine and Surgery from the Autonomous University of Madrid.
- ♦ PhD in Medicine and Surgery from the University of Alcalá
- ♦ Specialist in Psychiatry
- ♦ Postdoctoral Research Fellow. Columbia University College of Physicians & Surgeons

Professors

Dr. Izaguirre Gamir, Leire

- ♦ 4th year Internal Medicine Resident in Psychiatry at Jiménez Díaz Foundation University Hospital
- ♦ Degree in Medicine and Surgery from the San Pablo CEU University of Madrid
- ♦ Master's Degree in Psychotherapy, Integrated Perspective from the University of Alcalá Henares



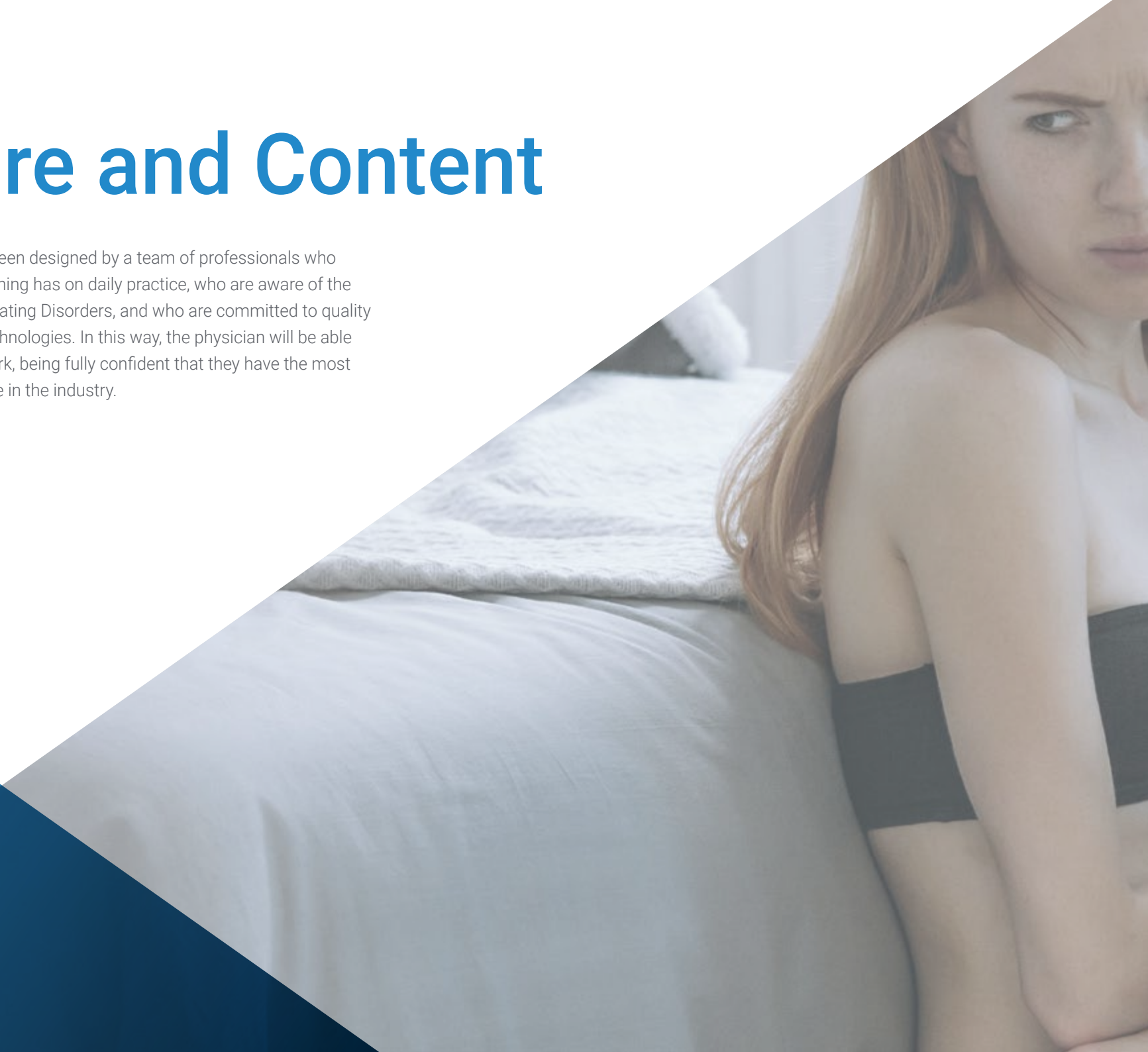
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Comprehensive, up-to-date and highly efficient training. This Postgraduate Certificate is the opportunity to drastically improve your working skills and compete among the best in the sector”

04

Structure and Content

The structure of the contents has been designed by a team of professionals who recognize the implications that learning has on daily practice, who are aware of the relevance of current education on Eating Disorders, and who are committed to quality teaching using new educational technologies. In this way, the physician will be able to achieve success in their daily work, being fully confident that they have the most complete and up-to-date knowledge in the industry.





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TECH facilitates access to the best teaching methodology and the most complete content”

Module 1. Eating Disorders

- 1.1. Epidemiology
 - 1.1.1. Risk Factors
 - 1.1.2. Etiological Factors
- 1.2. Classification
- 1.3. Anorexia
 - 1.3.1. Clinical Characteristics
- 1.4. Bulimia
 - 1.4.1. Clinical Characteristics
- 1.5. Binge Eating Disorder
 - 1.5.1. Clinical Characteristics
- 1.6. Assessment
 - 1.6.1. Diagnosis
 - 1.6.2. Differential Diagnosis
- 1.7. Medical Aspects of Assertive Community Treatment
 - 1.7.1. Medical Complications
 - 1.7.2. Medical Assessment
 - 1.7.3. Analytical Results
- 1.8. Medical Treatment
- 1.9. Psychotherapeutic Treatment
- 1.10. Other Specific Eating Disorders
 - 1.10.1. Avoidant or Restrictive Eating Disorder
 - 1.10.2. PICA Syndrome
 - 1.10.3. Rumination or Regurgitation Disorder



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*Address and treat Eating Disorders
from an innovative perspective by
studying at TECH”*

05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Eating Disorders guarantees you, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program
and receive your university degree
without travel or laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Eating Disorders** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Eating Disorders**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

health future
confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development languages
virtual classroom



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Postgraduate Certificate

Eating Disorders