



## Postgraduate Certificate

## Dermatological Phytotherapy

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 4 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-certificate/dermatological-phytotherapy

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Certificate





## tech 06 | Introduction

There is now a scientific basis supporting the efficacy of many phytotherapeutic products for certain indications. The place that Phytotherapy should occupy in therapeutics should be that for which it has demonstrated its usefulness and safety.

Efficacy is achieved only with the proper use of phytotherapeutic preparations, both in terms of indications and form of administration.

This program offers a current vision of Phytotherapy and its application in the health field, including the latest contributions and advances. The contents are guaranteed by the teaching staff involved in the Postgraduate Certificate, since in one way or another they all work in the field of phytotherapy or are related to it.

Thus, the student will learn based on the experience of the teachers and experience evidence-based medicine, which results in specialization the student to be more effective and accurate.

Taking into account that, on the one hand, the different university educational programs generally lack a deep and continuously updated specialization in Phytotherapy, and on the other hand, that current health trends lean towards the use of safe and effective natural remedies, it is necessary to be able to offer students the possibility of expanding their knowledge and therapeutic skills with a greater specialization in the use of medicinal plants, from the professional and academic side necessary to adequately face their future in this field.

This online Postgraudate Certificate offers you the benefits of a scientific, teaching and technological high-level course. These are some of its most notable features:

- Latest technology in online teaching software.
- Highly visual teaching system, supported by graphic and schematic contents that are easy to assimilate and understand.
- Practical cases presented by practising experts.
- State-of-the-art interactive video systems.
- Teaching supported by telepractice.
- · Continuous updating and recycling systems.
- · Self-regulating learning: full compatibility with other occupations.
- Practical exercises for self-evaluation and learning verification.
- Support groups and educational synergies: questions to the expert, debate and knowledge forums.
- Communication with the teacher and individual reflection work.
- Content that is accessible from any fixed or portable device with an Internet connection.
- Supplementary documentation databases are permanently available, even after the course.



Get up to date in all the latest developments in the field of Phytotherapy. by completing the most effective Postgraduate Certificate in this field available on the market"



A complete course created with the best learning systems of the moment, which will propel you to a much higher level of competitiveness"

Our teaching staff is composed of medical professionals, practising specialists. In this way we ensure that we deliver the educational update we are aiming for. A multidisciplinary team of doctors trained and experienced in different environments, who will develop the theoretical knowledge in an efficient way, but, above all, will put at the service of the Postgraduate Certificate the practical knowledge derived from their own experience: one of the differential qualities of this specialization.

This mastery of the subject is complemented by the effectiveness of the methodological design of this Postgraduate Certificate. Developed by a multidisciplinary team of e-learning experts, it integrates the latest advances in educational technology. In this way, you will be able to study with a range of easy-to-use and versatile multimedia tools that will give you the necessary skills you need for your specialization.

The design of this program is based on Problem-Based Learning: an approach that conceives learning as a highly practical process. To achieve this remotely, we will use telepractice: with the help of an innovative interactive video system, and learning from an expert, you will be able to acquire the knowledge as if you were actually dealing with the scenario you are learning about. A concept that will allow you to integrate and fix learning in a more realistic and permanent way.

With a methodological design based on proven teaching techniques, this Postgraduate Certificate will take you through different teaching approaches to allow you to learn in a dynamic and effective way

Take a leap towards greater specialization and propel yourself towards greater competitiveness in the labor market







## tech 10 | Objectives



## **General Objectives**

- Define the therapeutic limits of Phytotherapy and recognize the cases in which it can be used safely.
- Describe the use of Phytotherapy oriented to the satisfaction of the needs derived from the patient's health problems and the prevention of complications, guaranteeing a safe and quality practice.
- Solve cases related to the field of phytotherapy.
- Explain the use and indication of medicinal plants, evaluating the expected benefits and associated risks.
- Apply theoretical knowledge to practice.



## **Specific Objectives**

- Describe Phytotherapeutic treatments and therapeutic limits in skin conditions.
- Describe the Phytotherapeutic treatments and therapeutic limits in scalp disorders.
- Explain the relationship between cosmetics and Phytotherapy and their application.
- Define the therapeutic limits of aromatherapy, its application and associated risks.
- Explain the activity of medicinal plants on the immune system and their possible application in certain pathologies related to the immune system.
- Define the application of Phytotherapy in pathologies of the sense organs.





A course that will provide you with the necessary therapeutic safety in the use of phytotherapy in dermatology, in any circumstance





## tech 14 | Course Management

### **Professors**

### Ms. Amparo Sanahuja

- Degree in Pharmacy.
- Professor of the Department of Pharmacy.
- Faculty of Health Sciences, CEU Cardenal Herrera University.

### Ms. Rosa Izquierdo

- Degree in Pharmacy.
- Drug Information Center.
- Illustrious Official College of Pharmacists of Castellón.

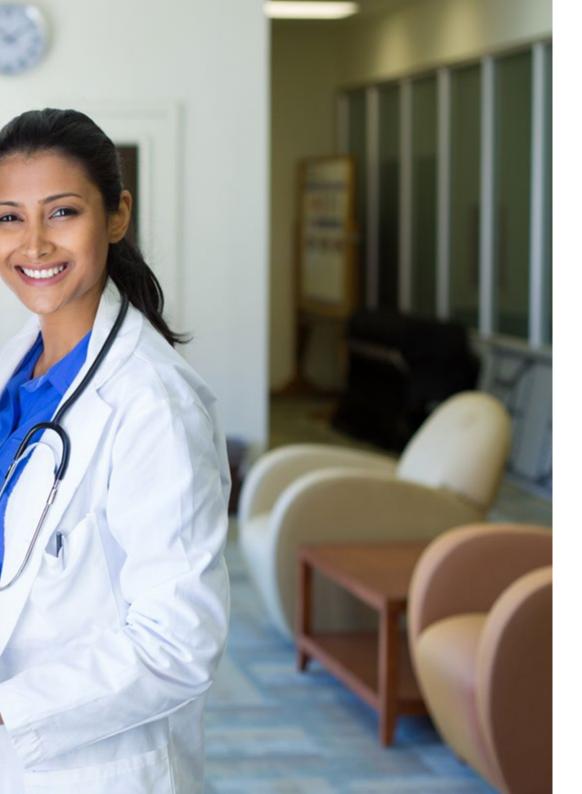
#### Mr. Pedro Catalá

- Graduate in Pharmacy.
- Specialist in Cosmetology.
- Founder of Twelve Beauty.
- Doctor in Pharmacy (PhD).

### Ms. Encarna Castillo

- Degree in Pharmacy.
- Doctor in Chemical Sciences (PhD).
- Doctor in Pharmacy (PhD).
- Associate Professor of the Department of Pharmacy at the Cardenal Herrera
   CEU University, of the subject of Pharmacognosy in the degree of Pharmacy and
   Pharmacology in the degrees of Nursing and Medicine..
- Director of several doctoral theses.







Our teaching team will provide you with all their knowledge so that you are up to date with the most up-to-date information on the subject"





## tech 18 | Structure and Content

### Module 1. Dermatological Phytotherapy

- 1.1. Phytotherapy for Infectious Skin Diseases.
- 1.2. Phytotherapy for Allergic Skin Diseases.
- 1.3. Cosmetics and Phytotherapy.
- 1.4. Phytotherapy in Autoimmune Skin Diseases: Vitiligo and Psoriasis.
- 1.5. Phytotherapy for Scalp Disorders.

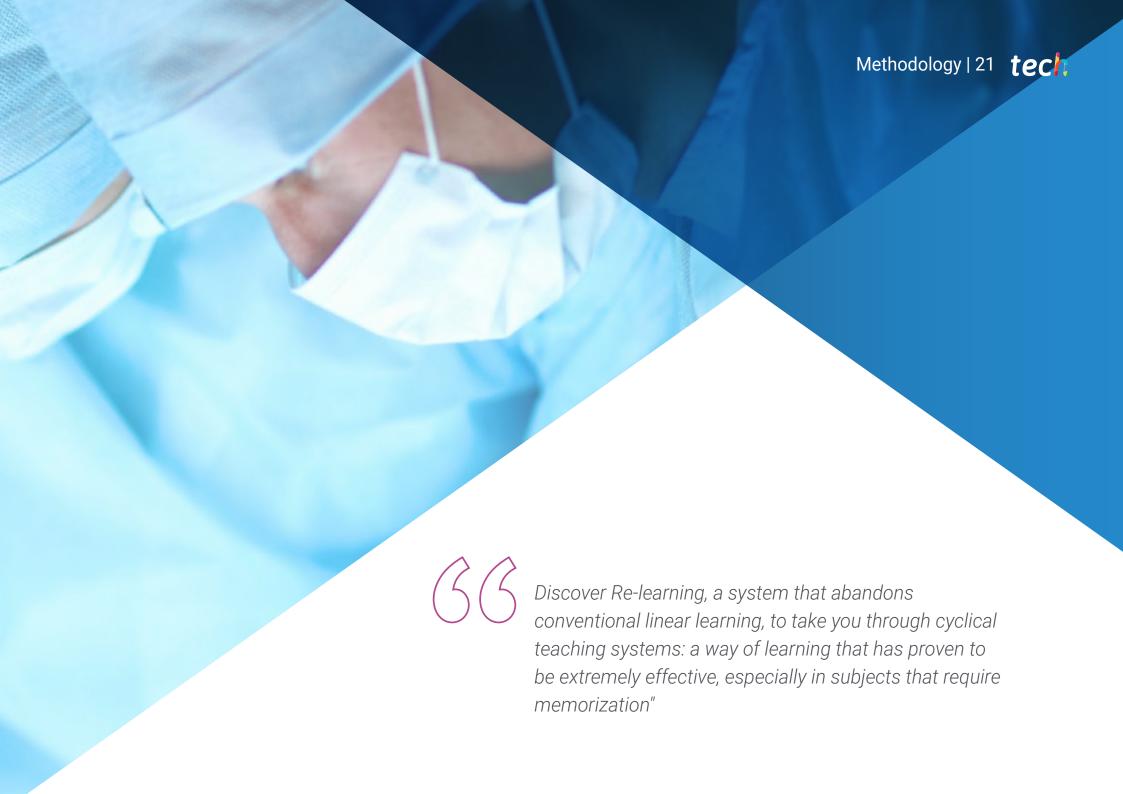






A comprehensive teaching program, structured in well-developed teaching units, oriented toward a high impact learning and training"





## tech 22 | Methodology

### At TECH we use the Case Method

In a given situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you can experience a way of learning that is shaking the foundations of traditional universities around the world



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching potential or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in professional medical practice.



Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
- 2. The learning process has a clear focus on practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- Students like to feel that the effort they put into their studies is worthwhile.
   This then translates into a greater interest in learning and more time dedicated to working on the course.





## **Re-Learning Methodology**

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The physician will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-theart software to facilitate immersive learning



## Methodology | 25 tech

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 250,000 physicians with unprecedented success, in all clinical specialties regardless of the surgical load. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

## tech 26 | Methodology

In this program you will have access to the best educational material, prepared with you in mind:



### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



### **Latest Techniques and Procedures on Video**

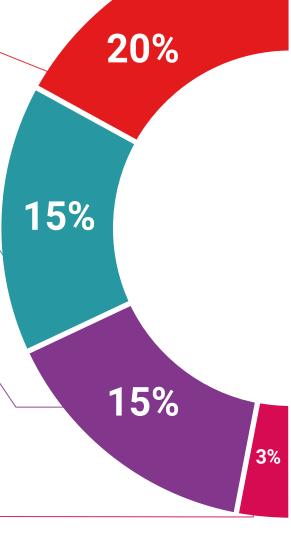
We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

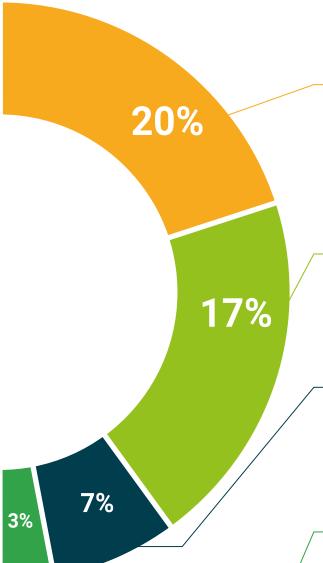
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".





### **Additional Reading**

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.



### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### **Testing & Re-testing**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



#### **Quick Action Guides**

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.







## tech 30 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Dermatological Phytotherapy** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Dermatological Phytotherapy

Modality: online

Duration: 6 weeks

Accreditation: 4 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

#### Postgraduate Certificate in Dermatological Phytotherapy

This is a program of 120 hours of duration equivalent to 4 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.



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