

Postgraduate Certificate Child and Adolescent Psychiatric Emergencies





Postgraduate Certificate Child and Adolescent Psychiatric Emergencies

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 7 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/postgraduate-certificate/child-adolescent-psychiatric-emergencies

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 20

05

Methodology

p. 24

06

Certificate

p. 32

01

Introduction

The management of suicidal behavior is the child and adolescent psychiatric emergency par excellence, since this phenomenon represents the fourth leading cause of death worldwide in young people between 15 and 29 years of age. For this reason, health protocols to protect the patient and the therapeutic models used to perform successful interventions have undergone a notorious development in recent years, in order to preserve people's lives. Therefore, the specialist must be aware of these advances in order not to be left behind with respect to the evolution of this sector, which is why TECH has designed this program. Through this program, you will learn the state-of-the-art techniques to deal with cases of suicide, self-injury, or different psychotic conditions, from your home and online.



“

Through this program, you will learn the latest techniques to efficiently and safely manage cases of patients suffering from suicidal behavior or planning on self-injury”

In the psychiatric hospital area, a large number of patients present a clinical situation that requires urgent intervention to preserve their well-being. Suicide attempts, self-harm or schizophrenia outbreaks are some of the cases that specialists must deal with in their daily practice. To do so, it is necessary to have high skills in their management, as well as to know the recent techniques supported by science to assess, stabilize and treat these minors quickly.

For this last reason, TECH has opted to create this program, through which the specialist will identify the improved protocols and mechanisms to manage cases of Child and Adolescent Psychiatric Emergency. Throughout this academic itinerary, the specialist will detect the sophisticated methods to undertake a differential diagnosis and establish an efficient treatment of the problems derived from the consumption of toxic substances. Likewise, you will learn the most current procedures for dealing with suicidal behavior in pediatric emergency departments or the techniques for evaluating a possible case of child sexual abuse.

In addition, the graduate will have the possibility of accessing Masterclasses, given by one of the great references in the field of clinical research in Child and Adolescent Psychiatry. Undoubtedly, a unique opportunity to be aware of the latest advances, their application in complex cases and the understanding of the most effective action in critical situations.

Since this course is 100% online, students will be able to perfectly combine their personal and professional tasks with this up to date curriculum. Likewise, didactic content will be available in formats such as readings, explanatory video or self-assessment test. All this, just with a simple device with an Internet connection from anywhere.

This **Postgraduate Certificate in Child and Adolescent Psychiatric Emergencies** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Psychiatry for Children and Adolescents
- ♦ The graphic, schematic, and practical contents with which they are created, compile scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



A high-level program that incorporates Masterclasses developed by leading psychiatrists in the management of child patients"

“

The state-of-the-art Relearning system of this program will enable you to learn at your own pace without depending on external constraints that limit your learning”

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

This Postgraduate Certificate will allow you to learn the state-of-the-art techniques to evaluate a possible case of child sexual abuse.

Combine your personal and professional obligations with exquisite learning through the educational facilities TECH offers.



02

Objectives

TECH has designed this Postgraduate Certificate in order to enable the specialist to develop knowledge on the management of Child and Adolescent Psychiatric Emergencies in only 210 hours. In this way, you will learn about the most recent advances in the treatment of emergencies due to drug use or in the mechanisms of intervention in the face of problems derived from complex family situations. Moreover, this learning will be preserved by the achievement of these general and specific objectives.



“

Find, through this program, the improvement you were looking for in relation to the management of Child and Adolescent Psychiatric Emergency"



General Objectives

- ♦ Master the skills for scientific research in applied psychiatry
- ♦ Gain in-depth knowledge of the processes of psycho motor, cognitive and psychosocial development in the first stages of a human's life
- ♦ Improve professional communication skills
- ♦ Provide education for leadership in applied Psychiatry
- ♦ Know the peculiarities of the development of different specific fields
- ♦ Gain up-to-date knowledge of the therapeutic strategies in the latest advances in applied psychiatry
- ♦ Address the specific problems of liaison and interconsultation psychiatry in childhood and adolescence
- ♦ Hone clinical interview, examination and diagnostic skills in childhood psychiatry
- ♦ Provide skills and strategies for clinical management in psychiatry





Specific Objectives

- Perform research in the field of childhood and adolescence
- Develop protocols and tools that allow for intervention with safeguards
- Establish early detection and intervention plans in the perinatal period
- Pragmatically approach emergency psychiatric situations in childhood and adolescence

“

Upon completion of this Postgraduate Certificate, you will have a series of up to date know-hows that will make you a referenced professional in the area of Child and Adolescent Psychiatry”

03

Course Management

In order to provide the highest educational level to the TECH programs, this program has a teaching staff made up of physicians specialized in Child and Adolescent Psychiatry who actively practice their profession in various hospitals throughout Spain. In addition, the teaching materials available throughout this academic period are specifically prepared by these experts. Therefore, all the knowledge on Child and Adolescent Psychiatric Emergency that the student will obtain will be in tune with the advances in this sector.





“

The people in charge of teaching this program are specialists in Child and Adolescent Psychiatry with extensive experience in this sector, who will provide you with the knowledge that will be most applicable to your professional experiences"

International Guest Director

Included as one of the "most influential minds" in the Clarivate list and with more than 40 research awards, Dr. Christoph U. Corell is one of the major references in the field of Psychiatry. He has developed his professional, teaching and scientific career in Germany, Great Britain and the United States.

His passion for this specialty led him to focus his efforts on the study of the identification and treatment of minors and adults with severe mental illnesses. He has also conducted numerous clinical trials and has delved into areas such as Schizophrenia, Bipolar Disorder, Major Depression and other psychotic disorders.

Corell has also focused on the analysis of mood and autistic/behavioral disruptive spectrum, ranging from prodrome to first episode, patients with multiple episodes and refractory illnesses. The result of his hard work is reflected in the more than 700 journal articles, authored and co-authored, which place him with a Google Scholar Index h 136. He also has numerous publications, active participation in national and international conferences.

A great potential that is evident, in turn, in his performance as a professor in the classrooms of high-level academic institutions. In addition, he is internationally referenced in his role as a communicator, which has led him to participate in media spaces, where he conveys information in a simple and direct way both to the public and to other experts in his field.



Dr. Corell, Christoph U.

- ♦ Codirector of the Laboratory of Child and Adolescent Psychiatry at the Center of Psychiatric Neuroscience in the Feinstein Institutes for Medical Research
- ♦ Research specialist at the Center of Psychiatric Neuroscience in the Feinstein Institutes for Medical Research
- ♦ Medical Director of the Recognition and Prevention Program (RAP) at the Zucker Hillside Hospital
- ♦ Codirector of the Laboratory of Child and Adolescent Psychiatry of the Center of Psychiatric Neuroscience in the Feinstein Institutes for Medical Research
- ♦ Professor of Psychiatry at the Zucker School of Medicine at Hofstra/Northwell
- ♦ Professor and Director of the Department of Child and Adolescent Psychiatry at the Charité University of Medicine of Berlin
- ♦ Doctor of Medicine from the Free University of Berlin and the Faculty of Medicine of the University of Dundee
- ♦ Member of: International Society for Bipolar Disorders (ISBD), German Association of Child and Adolescent Psychiatry (DGKJP), Lundbeck International Neuroscience Foundation (LINF), Société Médico-Psychologique, Schizophrenia International Research Society (SIRS), American Society of Clinical Psychopharmacology (ASCP), International Early Psychosis Association (IEPA), Nordostdeutsche Gesellschaft für Psychiatrie, Psychotherapie und Psychosomatik des Kindes- und Jugendalters e. V. European College of Neuropsychopharmacology (ECNP)



Thanks to TECH you will be able to learn with the best professionals in the world"

Management



Dr. Alda, José Angel

- Head of the Child and Adolescent Psychiatry Department at Hospital Sant Joan de Déu de Barcelona
- Degree in Medicine from the Universidad de Zaragoza
- Specialist in Psychiatry by MIR
- PhD in Medicine and Surgery, from the Universidad de Zaragoza
- Head of the ADHD Unit at Hospital Sant Joan de Barcelona
- Collaborating Researcher in the Research Group "Etiopatogènia i tractament dels trastorns mentals greus" ("Etiopathology and treatment of severe mental disorders") recognized as Consolidated Research Group by the Generalitat de Catalunya
- Collaborating Researcher in the Research Group "Etiopatogènia i tractament dels trastorns mentals greus" ("Etiopathology and treatment of severe mental disorders") recognized as Consolidated Research Group in the Parc Sanitari Sant Joan de Déu Group Coordinator Dr. Judith Usall i Rodié
- Member of the Asociación Española de Psiquiatría del Niño y del Adolescente (AEPNYA)
- Member of the Academia de Ciencias Médicas de Catalunya
- Coordinator of the Guía de Práctica Clínica sobre el TDAH del Ministerio de Sanidad
- Member of the creation group of the Guía de Práctica Clínica sobre el TDAH del Ministerio de Sanidad
- Vice president of the Asociación Española de Psiquiatría del Niño y del Adolescente (AEPNYA)



Dr. Cantó Diez, Tomás J.

- ♦ Coordinator of the Childhood Mental Health Unit, Hospital General Universitario de Alicante
- ♦ Child and Adolescent Psychiatrist Conselleria de Sanitat
- ♦ Psychiatrist in the Fundació Diagrama
- ♦ Children's Mental Health Coordinator of Alicante en la Agència Valenciana de Salut
- ♦ Professional Master's degree in Clinical Management in Mental Health
- ♦ Specialist in Psychiatry, Hospital Clínic i Provincial de Barcelona
- ♦ Member of: American Academy of Child and Adolescent Psychiatry (AACAP), Sociedad de Psiquiatría de la Comunidad Valenciana (SPCV) y Sociedad Española de Psiquiatría (SEP)

Professors

Ms. Dolz Abadia, Montserrat

- ♦ Head of the Psychiatric and Psychology Unit at Sant Joan de Déu Hospital
- ♦ Advisor on Child and Adolescent Mental Health in the Mental Health and Addictions Master Plan of the Generalitat de Catalunya
- ♦ Coordinator of the Child and Adolescent Mental Health area in the Mental Health Advisory Council of the Departamento de Salud de Cataluña
- ♦ Degree in Medicine and Surgery from the University of Barcelona
- ♦ Specialist in Psychiatry from the Universidad de Barcelona

Ms. Hernández Otero, Isabel

- ♦ Coordinator of the Child and Adolescent Mental Health Unit, Virgen de la Victoria in HCU Malaga
- ♦ Master's Degree in Clinical Relational Psychotherapy from the Universidad de Sevilla
- ♦ Master in Systemic Family Therapy by the Instituto de Terapia Familiar de Londres
- ♦ University Expert in Health Services Management by the Universidad de Granada
- ♦ Postgraduate Diploma in ADHD from the Universidad de Alcalá de Henares
- ♦ Bachelor in Psychology from UNED

Mr. Imaz Roncero, Carlos

- ♦ Specialist in Psychiatry, Child and Adolescent Section, Hospital Universitario Río Hortega
- ♦ Director de Valladolid Salud
- ♦ Specialist in Psychiatry, Child and Adolescent Section, Hospital Universitario Río Hortega , Valladolid
- ♦ Teaching collaborator in Psychiatry in Faculty of Medicine at the Universidad de Valladolid
- ♦ PhD from the Universidad de Valladolid

Dr. Mojarro Práxedes, Dolores

- ♦ Specialist in Child Psychiatry
- ♦ Researcher belonging to the Andalusian Research Group in Child and Adolescent Psychiatry
- ♦ Titular Professor in the Universidad Sevilla Psychiatric Department
- ♦ Degree in Medicine

Dr. Morey, Jaime

- ♦ Director of the Balearic Institute of Child and Adolescent Mental Health, Hospital Universitario Son Espases
- ♦ Child and Adolescent Psychiatrist at St. David's HealthCare
- ♦ Child and Adolescent Psychiatrist at South Wales Managed Network for Child and Adolescent Mental Health
- ♦ Master's Degree in Psychiatry, University of Wales
- ♦ Degree in Medicine and Surgery from the Universidad de Zaragoza



Dr. Pelaz Antolín, Antonio

- ◆ Specialist in Psychiatry and partner in Enclave Personal
- ◆ Professional Coach at CADAPA Asociados
- ◆ Specialist in Psychiatry, Child Psychiatric Department, Hospital Clínico San Carlos Madrid
- ◆ Doctorate in Medicine, Universidad de Alcalá

Dr. Rubio, Belén

- ◆ Interconsultation and Liaison Unit of Child and Adolescent Psychiatry, Hospital Universitario de Canarias
- ◆ Child and Adolescent Mental Health Coordinator of provincial de Tenerife en el Hospital Universitario de Canarias
- ◆ Psychiatrist Interconsultation and Liaison Unit of Child and Adolescent Psychiatry, Child and Adolescent Mental Health Coordinator of provincial de Tenerife en el Hospital Universitario de Canarias
- ◆ Degree in Medicine and Surgery from the University of Valencia

“

A unique, key, and decisive educational experience to boost your professional development”

04

Structure and Content

The syllabus of this program consists of 1 module with which the student will significantly increase and improve their knowledge in the approach to Child and Adolescent Psychiatric Emergency. The didactic resources that will be available throughout this degree are present in a large number of varied textual and multimedia formats. Due to this, and by means of a 100% online modality, you will obtain a decisive and achievable education 24 hours a day



“

The syllabus of this Postgraduate Certificate has been designed and developed by leading specialists in the field of Child and Adolescent Psychiatry to provide you with the most up to date didactic content in Child and Adolescent Psychiatric Emergency"

Module 1. Child and Adolescent Psychiatric Emergencies

- 1.1. Emergency Diagnosis and Urgent Report
 - 1.1.1. Definition and Epidemiology of Psychiatric Emergencies
 - 1.1.2. Evaluation of Emergencies
 - 1.1.3. Differential Diagnosis and Psychomotor Agitation
- 1.2. Anxiety Syndrome
 - 1.2.1. Anxiety Disorders
 - 1.2.2. Anxiety Syndrome in Emergencies
- 1.3. Non-Suicidal Self-Harm
 - 1.3.1. Risk Factors
 - 1.3.2. Explanatory Models
 - 1.3.3. How to Act from a Pediatric Emergency Unit
 - 1.3.4. Current Treatments
- 1.4. Approach to Suicidal Behaviour from Pediatric Emergency Units
 - 1.4.1. Risk Factors and Protection
 - 1.4.2. Explanatory Models
 - 1.4.3. How to Act from a Pediatric Emergency Unit
 - 1.4.4. Current Psychological Treatment
- 1.5. Motor Agitations
 - 1.5.1. Patient Evaluation
 - 1.5.2. Etiology and Diagnosis
 - 1.5.3. Approach and Treatment
- 1.6. Psychotic Picture
 - 1.6.1. Epidemiology
 - 1.6.2. Etiology
 - 1.6.3. Clinical Symptoms
 - 1.6.4. Diagnostic Evaluation and Differential Diagnosis
 - 1.6.5. Treatment and Approach
 - 1.6.6. Course and Prognosis



- 1.7. Substance Abuse Problems
 - 1.7.1. Etiology and Epidemiology
 - 1.7.2. Types of Substances
 - 1.7.3. Clinical Symptoms
 - 1.7.4. Differential Diagnosis
 - 1.7.5. Treatment
- 1.8. Family Conflicts
 - 1.8.1. Physical Space and First Contact
 - 1.8.2. Family Conflict and Lawsuit
 - 1.8.3. Family Structure and Configuration
 - 1.8.4. Life Cycle
 - 1.8.5. Elaboration of a Diagnostic Hypothesis on the Family Conflict
 - 1.8.6. Family Interventions
- 1.9. Bullying
 - 1.9.1. Detection
 - 1.9.2. Intervention
 - 1.9.3. Prevention
 - 1.9.4. Final Reflections
- 1.10. Sexual Abuse
 - 1.10.1. Types of Child Abuse
 - 1.10.2. Classification of Child Sexual Abuse
 - 1.10.3. Characteristics of Child Sexual Abuse
 - 1.10.4. Evaluation of a Possible Case of Child Sexual Abuse

“*Take this program and enjoy a pleasant and individualized learning process, through didactic supports such as the self-assessment test or the explanatory videos”*

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

“

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Child and Adolescent Psychiatric Emergencies guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



“

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Child and Adolescent Psychiatric Emergencies** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Child and Adolescent Psychiatric Emergencies**

Modality: **online**

Duration: **6 weeks**

Accreditation: **7 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development languages
virtual classroom



Postgraduate Certificate

Child and Adolescent
Psychiatric Emergencies

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 7 ECTS
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate Child and Adolescent Psychiatric Emergencies

