



# Postgraduate Certificate

# Cardiorenal Medicine

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 6 ECTS

» Schedule: at your own pace

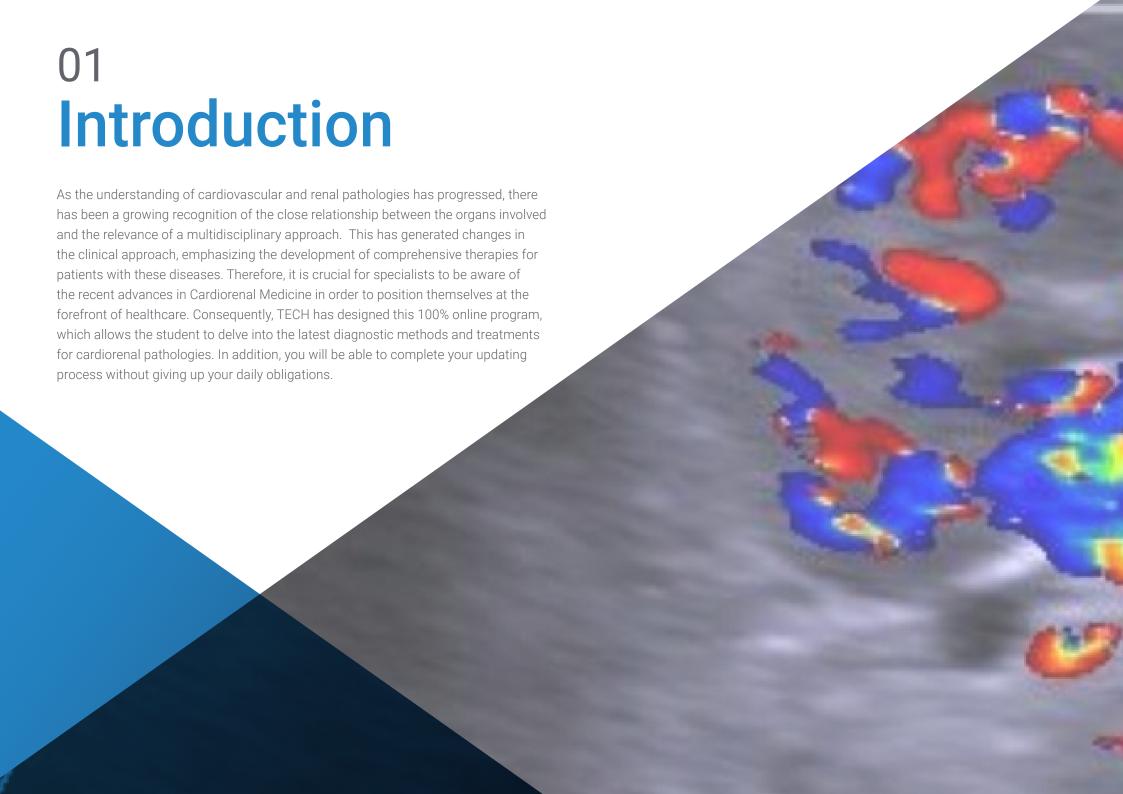
» Exams: online

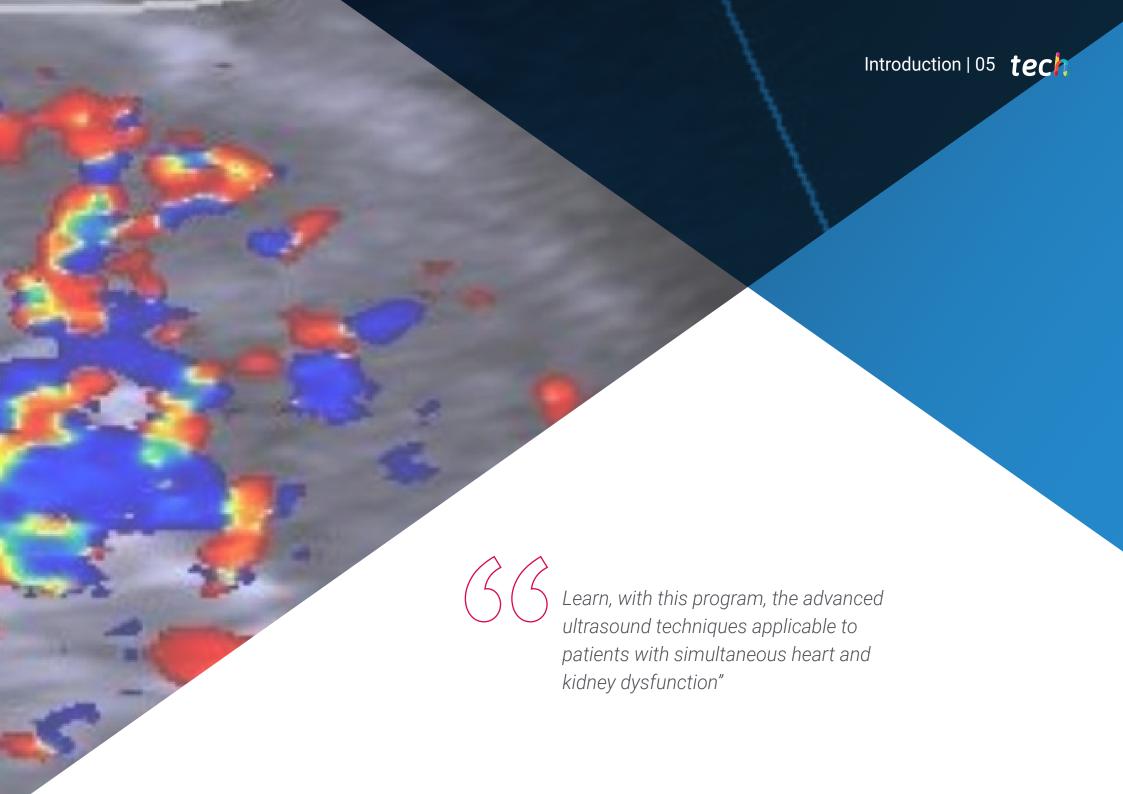
Website: www.techtitute.com/us/medicine/postgraduate-certificate/cardiorenal-medicine

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# tech 06 | Introduction

Nowadays, the prevalence of cardiovascular and renal diseases is highly elevated as a result of the popularization of unhealthy lifestyles and the rise of jobs that involve no physical mobility. Since suffering from pathologies of one kind can lead to the development of conditions of the other, society has focused on refining diagnostic approaches and treatments for both in a multidisciplinary way. As a result, it is possible to improve the quality of life of patients and reduce the morbidity and mortality associated with these diseases.

For this reason, the physician must keep up to date in the field of Cardiorenal Medicine in order not to be left behind with respect to the evolution of this health sector. Consequently, TECH has created this program, which will allow the specialist to delve into the latest ultrasound techniques applicable to the patient with simultaneous dysfunction of the heart and kidney or in the use of biomarkers with these individuals. It will also explore the sophisticated procedures for the management of Acute Heart Failure in people with CKD.

This program will be taught in a 100% online format, which gives the student the flexibility to access the didactic content at any time and place, simply by using a device with an internet connection. In addition, they will enjoy a wide variety of multimedia resources, including interactive summaries or simulations of real cases. Likewise, they will study through the Relearning method, which allows the specialists to delve deeper into the key concepts of the syllabus at their own educational pace in order to consolidate the acquisition of knowledge.

This Postgraduate Certificate in Cardiorenal Medicine contains the most complete and up-to-date scientific program on the market. The most important features include:

- Develop of practical cases presented by specialists in Nephrology and Internal medicine
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection





Delve into the latest procedures for the management of Acute Heart Failure in patients with CKD"

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

Optimize your study through advanced multimedia didactic formats that only TECH offers.

Position yourself as a leading physician through this educational experience.







# tech 10 | Objectives



# **General Objectives**

- Care for patients with chronic kidney disease and its most frequent complications
- Care for patients with acute renal failure and its complications, as well as to understand the objective of initiating renal replacement therapy, its indications and management
- Have an overview of Nephrology as a specialty with its different branches of knowledge and a global approach to the patient
- Understand and learn the branches that are emerging within the specialty such as diagnostic and interventional nephrology, onconephrology, or cardionephrology







# **Specific Objectives**

- Expand the knowledge and study of cardiorenal syndrome
- Learn about the application of ultrasound and biomarkers for the study of patients with cardiorenal syndrome
- Improve the management of patients with decompensated heart failure, optimization of diuretics
- Learn the usefulness and criteria for renal replacement therapy in cardiorenal patients



Efficiently investigate recent advances in Cardiorenal Medicine"







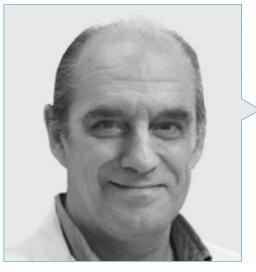
# tech 14 | Course Management

## Management



## Dr. Ribas Closa, Andrés

- Nephrologist at the Sant Jordi Clinic in Sant Andreu
- Nephrology Del Mar Hospital, Barcelona
- Expert in Clinical Ultrasound at the Francisco de Vitoria University.
- Master's Degree in Infectious Diseases and Antimicrobial Treatment from the CEU Cardenal Herrera University
- Degree in Medicine from the Autonomous University of Barcelona.



## Dr. Galcerán, Josep María

- Head of Nephrology Service at Fundació Althaia in Manresa
- Head of Nephrology Service at the Hospital de Palamós
- Professor of Nephrology at the International University of Catalonia
- Former President of the Catalan Societies of Nephrology and Arterial Hypertension
- Specialization in Nephrology by the Hospital de Bellvitge
- Postgraduate degree in Basic Nephrology from the University of Minnesota
- Degree in Medicine and Surgery from the University of Barcelona
- Member of the Spanish Society of Nephrology and Arterial Hypertension







# tech 18 | Structure and Content

## Module 1. Cardiorenal Medicine

- 1.1. Pathophysiology of Cardiorenal Syndrome
  - 1.1.1. Physiological interactions between the heart and the kidney
  - 1.1.2. Risk factors in heart-kidney interaction
  - 1.1.3. Congestive phenotypes in the cardiorenal patient
- 1.2. Vexus Protocol in the Cardiorenal Patient
  - 1.2.1. Stratification of systemic congestion
  - 1.2.2. Portal venous Doppler
  - 1.2.3. Suprahepatic venous Doppler
  - 1.2.4. Renal venous Doppler
- 1.3. Pleuropulmonary Ultrasound in Cardiorenal Patients
  - 1.3.1. Normal Pulmonary Ultrasound A lines pattern
  - 1.3.2. Pleural sliding and pleural effusion
  - 1.3.3. Blue Protocol for dyspnea study
- 1.4. Basic Echocardiography in the Cardiorenal Patient
  - 1.4.1. Basic echocardiographic planes
  - 1.4.2. Assessment of valvulopathies
  - 1.4.3. Ventricular function. TAPSE, MAPSE
  - 1.4.4. Diastolic alterations in the chronic renal patient
- 1.5. Biomarkers in the Cardiorenal Patient
  - 1.5.1. Usefulness of CA125. Usefulness of Nt-ProBNP
  - 1.5.2. Management of biomarkers in the cardiorenal patient
  - 1.5.3. Resistance to diuretics Mechanisms. Treatment
- 1.6. Bioimpedance in Cardiorenal Medicine
  - 1.6.1. Usefulness of Bioimpedance
  - 1.6.2. Limitations
  - 1.6.3. Useful parameters in the cardiorenal patient
- 1.7. Prognostic drugs in Heart Failure and CKD
  - 1.7.1. ARA-II, ACE INHIBITORS
  - 1.7.2. ARNI
  - 1.7.3. Uses of ISGLT-2 in cardiorenal patient





# Structure and Content | 19 tech

- 1.8. Diuretics in the Cardiorenal Patient
  - 1.8.1. Utility of loop diuretics
  - 1.8.2. Utility of acetazolamide, ADVOR study
  - 1.8.3. Sequential blockade of the nephron
  - 1.8.4. Resistance to diuretics
- 1.9. Management of Acute Heart Failure in Patients with CKD
  - 1.9.1. Diuretic dosage
  - 1.9.2. Acid-base balance disturbances. Alkalosis due to diuretic
  - 1.9.3. Furosemide Test
  - 1.9.4. Utility of inotropes
- 1.10. Renal Replacement Therapy in the Management of the Cardiorenal Patient
  - 1.10.1. Peritoneal Dialysis Utility in the patient with refractory heart failure
  - 1.10.2. Other renal replacement techniques Continuous renal replacement techniques, SCuF, intermittent hemodialysis



Enroll in this program and study through innovative formats such as explanatory video or interactive summary"





# tech 22 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



## Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

# tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### **Surgical Techniques and Procedures on Video**

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

## **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts.

The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









# tech 30 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Cardiorenal Medicine** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Cardiorenal Medicine

Modality: online

Duration: 6 weeks

Accreditation: 6 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

#### Postgraduate Certificate in Cardiorenal Medicine

This is a program of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment



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