

# Postgraduate Certificate

## Assessment and Response to Suicidal Behavior



## Postgraduate Certificate Assessment and Response to Suicidal Behavior

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/medicine/postgraduate-certificate/assessment-response-suicidal-behavior](http://www.techtute.com/us/medicine/postgraduate-certificate/assessment-response-suicidal-behavior)

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# 01

# Introduction

The number of suicides is estimated at 800,000 people per year, and for every completed suicide there are about 20 suicide attempts, which shows the significant suffering of those close to the patient. A problem that is addressed in the healthcare field with great involvement of all personnel who are constantly updating their knowledge. This teaching provides the medical professionals with renewed knowledge in this area from experts with extensive experience in the management and evaluation of patients at risk of suicide. All this in a 100% online modality with multimedia content that can be accessed without fixed timetable sessions and from any device with an internet connection.





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*An online program with practical cases applicable in routine clinical practice with patients at high risk of suicide"*

This Postgraduate Certificate is aimed at the medical professionals who seeks a renewal of their knowledge with a teaching team specialized in the approach to the person with suicidal behavior. All this with a clear orientation towards a global assessment that includes the person's risk and the implementation of an action plan.

This 100% online teaching offers the professionals the latest techniques used in patient assessment based mainly on studies that delve into the psychological, psychodynamic and neuropsychological perspective of the patient. In addition, this program innovates in the treatment and therapeutic approach to suicide risk. All this to try to cope with the difficult situations that a person with suicidal behavior goes through. Likewise, the professionals are guided in the decision to admit or not a patient with these characteristics.

A university program that provides an excellent opportunity for students to pursue a high-level education wherever and whenever they wish. All you need is a laptop or tablet with internet connection to access all the syllabus from the first day and distribute the teaching load according to your needs. Thus, medical personnel will be able to combine quality instruction, including video summaries of each topic and specialized readings, with their professional and personal responsibilities.

This **Postgraduate Certificate in Assessment and Response to Suicidal Behavior** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ◆ Delve into emergency psychiatric care in an integrated manner within the health care setting
- ◆ Delve into the psychiatric interview in emergency medicine and the elaboration of medical histories in this area of care
- ◆ Correctly establish a diagnostic approach in the emergency department, organicity screening and approach to psychiatric pathology
- ◆ Understand and master the different pathologies that are treated in the emergency department, differential diagnosis and treatment
- ◆ Handle different emergency situations in psychiatry: suicidal patients, affective disorders, emergencies in anxious and psychotic patients and in special populations (the elderly and child and adolescent populations)



*A program in which professional experts will provide you with the latest criteria for the admission of a patient with suicidal behavior"*

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*A university program that you can access 24 hours, with no timetabled sessions"*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

*Update your knowledge in the approach to patients with suicidal behavior problems with a program taught 100% online.*

*Access the advances in therapeutic plans implemented in different hospital centers with this Postgraduate Certificate.*



# 02 Objectives

This six-week Postgraduate in Assessment and Response to Suicidal Behavior provides the medical professionals with an exhaustive knowledge of the different situations that may be encountered in the emergency department with a patient with these characteristics. The simulation of practical cases and the experience of the specialized teaching team will be of vital help to students who wish to renew their knowledge of a health problem that affects more and more people every year.







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*Access the best techniques used by medical professionals to perform a targeted anamnesis of suicidal risk”*



## General Objectives

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- ◆ Delve into emergency psychiatric care in an integrated manner within the health care setting
- ◆ Delve into the psychiatric interview in emergency medicine and the elaboration of medical histories in this area of care
- ◆ Correctly establish a diagnostic approach in the emergency department, organicity screening and approach to psychiatric pathology
- ◆ Understand and master the different pathologies that are treated in the emergency department, differential diagnosis and treatment
- ◆ Handle different emergency situations in psychiatry: suicidal patients, affective disorders, emergencies in anxious and psychotic patients and in special populations (the elderly and child and adolescent populations)





## Specific Objectives

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- ◆ Provide professionals involved in the emergency care of patients with suicidal behavior with recommendations on management, global assessment, including assessment of suicidal risk and action planning
- ◆ Indicate questionnaires or scales that can be used as support, such as the assessment of suicidal behavior
- ◆ Provide guidance in the choice to discharge or admit a patient with suicidal behavior
- ◆ Provide recommendations in the development of treatment plans for patients with suicidal behavior



*Update your knowledge on bipolar and schizophrenic disorders in emergency care"*

# 03

# Course Management

The faculty that teaches this university program has been carefully chosen by TECH to offer the medical professionals an excellent university program that responds to the need to update knowledge in the health care field. Thus, students will be taught by personnel with extensive experience in the area of psychiatry and in the care and assessment of people with suicidal behavior. The team will pour all its knowledge into this program so that the students can achieve an optimal renewal of knowledge.





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*TECH has specialized professionals with extensive experience in their area to offer students a quality education”*

## International Guest Director

Member of the French National Commission of Psychiatry, Dr. Raphaël Gourevitch has become a leading authority in the field of **Mental Health**. He has developed most of his work at the Sainte-Anne Hospital in Paris, where he has contributed significantly to optimize the recovery of patients with emotional pathologies such as **Acute Depression, Post Traumatic Stress Disorder** or **Severe Anxiety**. All this through the creation of highly personalized treatments and disruptive pharmacological therapeutic interventions.

On the other hand, he balances this clinical work with his facet as a **researcher**. In fact, he has a wide scientific production on subjects such as Emergency Services versus **Psychiatric Emergencies** at home, the emotional impact of the pandemic caused by **COVID-19** or **common mental disorders** in society such as Insomnia. In this same line, he has made great contributions to the **National Suicide Observatory** of the French Government. In this regard, she has been in charge of leading a group of health professionals who offer urgent **home care** to people who are at risk of ending their lives and who have even carried out **self-harming attempts**. Thanks to this, he has been able to help multiple patients acquire coping skills to manage intrusive thoughts effectively.

It should be noted that, in his commitment to excellence, he actively participates in international **congresses and symposiums**. As such, he shares his solid knowledge in areas such as the most cutting-edge drugs to treat **Schizophrenia**, innovative procedures such as **Therapeutic Isolation** and even techniques to assess the likelihood of users to suffer violence in their respective homes. Consequently, he has succeeded in raising awareness in the healthcare community of the importance of taking measures to help individuals achieve optimal psychological well-being.



## Dr. Gourevitch, Raphaël

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- Head of the Psychiatry and Neurosciences Unit at the Sainte-Anne Hospital in Paris
- Head of the National Suicide Observatory of the French Government
- Doctorate in Medicine
- Member: Official College of Physicians in France, National Commission of Psychiatry in France

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*Thanks to TECH, you will be able to learn with the best professionals in the world”*

## Management



### Dr. Sánchez-Cabezudo Muñoz, Ángeles

- ◆ Specialist, Short Stay Unit, Toledo Hospital Complex
- ◆ Psychiatrist, Mental Health Outpatient Clinic, Toledo Hospital Complex
- ◆ Specialist in the Short Stay Unit of the Virgen del Prado Hospital
- ◆ Psychiatrist at the 12 de Octubre University Hospital
- ◆ Psychiatrist at the Mental Health Center Usera
- ◆ Researcher and teaching medical specialist, Brief Hospitalization Unit, Virgen del Prado Hospital
- ◆ Degree in Medicine and Surgery from the Complutense University of Madrid
- ◆ Specialist in Psychiatry, La Paz University Hospital
- ◆ Diploma in Clinical Management in Psychiatry, Pompeu Fabra University
- ◆ He is a member of the working group on the prevention of suicidal behavior in Castilla la Mancha





## Professors

### Dr. García, Elías

- ◆ Psychiatrist expert in Child and Adolescent Pathology
- ◆ Psychiatrist, Transition/First Consumption Program, Toledo Hospital Complex
- ◆ Psychiatrist, Tetuan and Ciudad Lineal Mental Health Unit, Madrid
- ◆ Psychiatrist at Clínica San Miguel, Madrid
- ◆ Psychiatrist, General Hospital of Ciudad Real
- ◆ Graduate in Medicine and Surgery from the Navarra University
- ◆ Specialist in Psychiatry, La Paz University Hospital
- ◆ Master's Degree in Psychotherapy, Integrated Perspectives, University of Alcala
- ◆ Postgraduate Studies in Child and Adolescent Psychiatry, University of Barcelona
- ◆ Postgraduate Studies in Treatment of Child and Adolescent Psychiatric Pathology, Cardenal Herrera Oria University

# 04

## Structure and Content

The syllabus of this Postgraduate Certificate has been prepared by a professional team specialized in the area of Psychiatry, who under their experience and academic qualifications provide students with an extensive program with updated content and reference in the actions on people who are at risk of suicidal behavior. Thus, during the six weeks of this program, the methods of assessment, the implementation of an action plan and the different strategies currently applied to these patients will be studied in depth. All this with multimedia content available from day one, which students can download and view whenever they wish.





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*The video summaries, specialized readings and simulations of real cases of this Postgraduate Certificate will put you in the situation of patients with suicidal behavior"*

## Module 1. Assessment and Response to Suicidal Behavior

- 1.1. Suicidal Behavior
- 1.2. Epidemiology
- 1.3. Risk Factors and Protection
- 1.4. Pathophysiology:
  - 1.4.1. Neurobiology
  - 1.4.2. Psychological, Psychodynamic and Neuropsychological Perspective
- 1.5. Clinical Characteristics and Diagnosis
  - 1.5.1. Nomenclature Used in Suicidal Behavior
  - 1.5.2. Aspects to Be Assessed in Patients Displaying Suicidal Behavior
- 1.6. Suicide Risk Assessment
  - 1.6.1. Patient Profile
  - 1.6.2. Directed Anamnesis of Suicidal Risk
  - 1.6.3. Risk / Rescue Scales
- 1.7. Suicide Risk Treatment
- 1.8. Difficulties in Assessing Suicidal Risk
- 1.9. Therapeutic Attitude toward Suicidal Risk
  - 1.9.1. The Need for Admission
  - 1.9.2. Outpatient Treatment
  - 1.9.3. Therapeutic Plan
- 1.10. Some Spatial Considerations on Suicide





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*Access recent treatments applied to people with suicidal behaviors with this online university program”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate in Assessment and Response to Suicidal Behavior guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This program will allow you to obtain your **Postgraduate Certificate in Assessment and Response to Suicidal Behavior** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Assessment and Response to Suicidal Behavior**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.





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- » Schedule: at your own pace
- » Exams: online

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