Postgraduate Certificate
Aesthetic Medicine Applied to Anti-Aging

tech global university

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Aesthetic Medicine
Applied to Anti-Aging

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Global University**
- » Accreditation: **6 ECTS**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/us/medicine/postgraduate-certificate/aesthetic-medicine-applied-anti-aging**

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01
Introduction

It seems imperative that proper healthy aging must have an accompanying physical appearance. But, when this does not happen, many people turn to aesthetic medicine to achieve the desired rejuvenation. Consequently, it is necessary for physicians to be up to date with the main developments in this field, allowing them to offer quality care that will achieve the desired result in their patients. If you want to increase your training in this field, do not hesitate and join our community of students.

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"

Study with us and attain in-depth knowledge of the benefits that aesthetic medicine can have to prevent aging"

Aesthetic medicine is defined as the medical-surgical practice that applies the necessary techniques for the restoration, maintenance and promotion of aesthetics, health and well-being. Hence, anti-aging medicine and aesthetic medicine are closely and inevitably related to each other. This means that professionals in this field must have specialized knowledge that allows them to offer comprehensive and multidisciplinary care to their patients.

It should be noted that the first signs of facial aging appear at around 25 to 30 years of age, being, therefore, one of the first perceptible signs. Face appearance, skin irregularities, sagging of tissues and the like, are key and relatively easily identifiable factors in determining the age of an individual. There is no doubt that skin is the most extensive organ of the human body, and its care and that of its underlying structures, mainly at the facial level and in areas exposed to solar radiation, is the common thread of aesthetic medicine. For this reason, both disciplines are often interrelated, and the former cannot be understood without the latter and vice versa.

To expand knowledge in this field, at TECH we have designed this Postgraduate Certificate, which specializes professionals to carry out a comprehensive approach to their patients from a multidisciplinary point of view. This way, we understand that only from a source of knowledge in disciplines that at first may seem independent, but which are closely interrelated, can a process as complex and multifactorial as aging be approached with guarantees.

This **Postgraduate Certificate in Aesthetic Medicine Applied to Anti-Aging** contains the most complete and up-to-date scientific program on the market. The most important features of the program include:

- Developing practical cases presented by experts in anti-aging Medicine
- The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- Latest developments in aesthetic medicine applied to anti-aging
- Practical exercises where the self-assessment process can be carried out to improve learning
- Special emphasis on innovative methodologies in aesthetic medicine applied to anti-aging
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

Expand your knowledge through this Postgraduate Certificate until you achieve excellence in this field"

This Postgraduate Certificate is the best investment you can make in selecting a refresher program for two reasons: in addition to updating your knowledge aesthetic medicine applied to anti-aging, you will obtain a degree from TECH Tecnological University"

Do not hesitate to take this training with us. You will find the best teaching material with virtual lessons.

This 100% online course will allow you to combine your studies with your professional work while increasing your knowledge in this field.
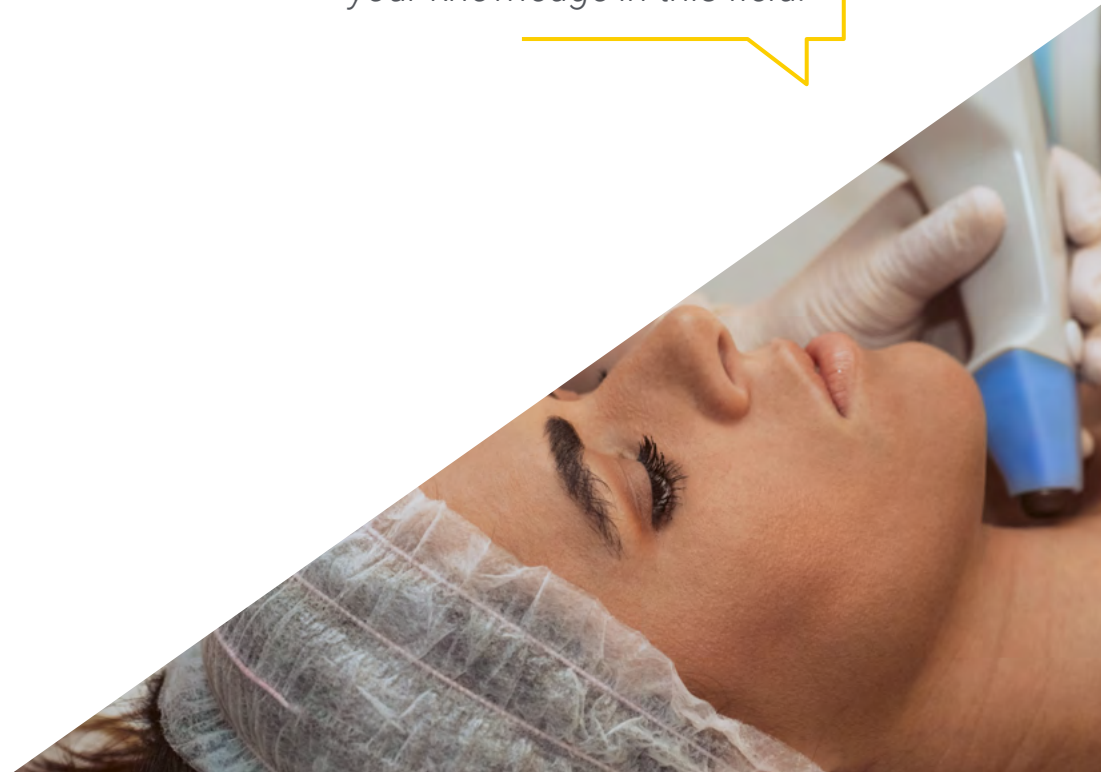
The teaching staff includes professionals from the field of Aesthetics Medicine, who bring their experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

This program is designed around Problem Based Learning, whereby the physician must try to solve the different professional practice situations that arise during the academic year. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and extensively experienced experts in aesthetic medicine applied to anti-aging.

02
Objectives

The Postgraduate Certificate in Aesthetic Medicine Applied to Anti-Aging is oriented towards facilitating the professional's performance by using the latest advances and most innovative treatments in the sector, achieving a superior training that allows them to act with total confidence in the cases that arise in their practice.

"

At TECH, our goal is to offer you the most comprehensive training in the market so that you can acquire a higher qualification that will elevate you to the professional elite"

General Objectives

- Analyze facial anatomy and common aging patterns
- Know the most common therapies applied in aesthetic medicine practices with anti-aging treatments
- Define home care strategies in dermo-cosmetics

"With this program we want to meet your objective of acquiring superior training in this highly demanded field"

Specific Objectives

* Analyze and learn about facial structures and their temporal evolution
* Diagnose facial aging in relation to the subunits that compose its structure
* Plan strategies for preventive action against facial aging
* Propose treatment plans for signs of aging established on the face and other photoexposed body structures
* Evaluate the degree of skin aging and be able to develop a cosmetic treatment plan accordingly in consultation
* Identify cosmetic home treatment needs based on diagnosis

03
Course Management

The program's teaching staff includes leading experts in anti-aging techniques, who bring the experience of their work to this training Additionally, other recognized experts participate in its design and preparation, completing the program in an interdisciplinary manner.

The leading experts in Aesthetic Medicine have joined forces to share with you all their knowledge in this field"

Management

Dr. Morante Tolbaños, Cristina

- Hair Surgeon at the Medical Laser Institute
- Professor of the Master in Hair Transplant at the Catholic University of Murcia since 2020
- Professor of the Master in Hair Medicine and Transplant at the Alcalá University of Henares since 2016
- Medical hair treatments and hair surgery Medical Management Hair Transplant 360° Hair Transplant. 2020-2021
- Medical Director Hair Surgery Unit MAN Clinic Madrid. 2019-2020
- Doctorate in Legal and Forensic Medicine from the Complutense University of Madrid
- Master's Degree in Hair Medicine and Transplant at Alcalá de Henares University
- Master' in Esthetics and Anti-Aging Medicine at Complutense University of Madrid
- Master in Accident and Emergency Medicine at the Complutense University of Madrid
- Master's Degree in Health and Social Action Center Management at Universidad Complutense de Madrid

Professors

Dr. Blanco Ramos, Indira

- Collaborating associate physician in the ALLERCEN drug allergy unit. Barcelona
- Collaborating associate physician at the Dermatological Institute "Dr. Pablo Umbert". Barcelona
- Medical Director at "Institut de Salut PB Clinical SLP". Barcelona

The best professionals are at the best university. Don't miss the opportunity to study with them"

04
Structure and Content

The structure of the content has been designed by the best professionals in the sector in anti-aging techniques, who have extensive experience and recognized prestige in the profession, backed by the volume of cases reviewed, studied, intervened, as well as extensive knowledge of new technologies applied to teaching.

This Postgraduate Certificate contains the most complete and up-to-date scientific program on the market, which makes it your best study option"

Module 1. Alliances Between Aesthetic Medicine and Anti-Aging

1.1. Facial Anatomy
    1.1.1. Skeletal Structure
    1.1.2. Fat Structure
    1.1.3. SMAS
    1.1.4. Skin and Skin Appendages
1.2. Botulinum Toxin Facial Upper Third
    1.2.1. Mechanism of Action
    1.2.2. Most Common Muscle Patterns
    1.2.3. Application Techniques
    1.2.4. Adverse Effects.
1.3. Volumetrics Facial Upper Third
    1.3.1. Orbit
    1.3.2. Temporal Fossa
    1.3.3. Fillers and Other Techniques Used
1.4. Volumetrics Midface
    1.4.1. Cheekbone
    1.4.2. Eye
    1.4.3. Nose
1.5. Volumetrics Lower Third of the Face
    1.5.1. Lips and Perioral Region
    1.5.2. Chin
    1.5.3. Jaw
1.6. Biostimulation
    1.6.2. Sutures
    1.6.2. Liquid Biostimulation
1.7. Neck, Neckline, Hands
    1.7.1. Common Features
    1.7.2. Neck
    1.7.3. Neckline
    1.7.4. Hands

A unique, key, and decisive training experience to boost your professional development"

05
Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.

2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material
All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.
These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

Surgical Techniques and Procedures on Video
TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.
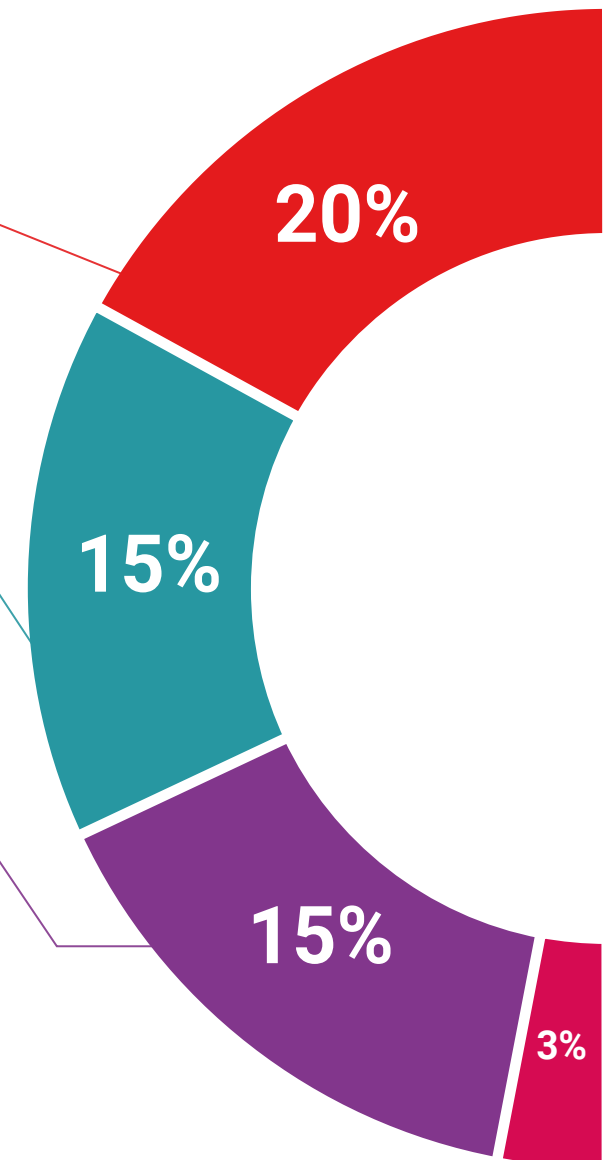
Interactive Summaries
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading
Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

7%

3%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

Certificate

The Postgraduate Certificate in Aesthetic Medicine Applied to Anti-Aging guarantees, in addition to the most rigorous and updated training, access to a Postgraduate Certificate issued by TECH Global University.

Successfully complete this training and receive your university degree without travel or laborious paperwork"

This private qualification will allow you to obtain a **Postgraduate Certificate in Aesthetic Medicine Applied to Anti-Aging** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Aesthetic Medicine Applied to Anti-Aging**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**

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Mr./Ms. _____, with identification document _____
has successfully passed and obtained the title of:

Postgraduate Certificate in Aesthetic Medicine Applied to Anti-Aging

This is a private qualification of 1,800 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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