



Advanced Life Support in the Critically III Patient

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 6 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-certificate/advanced-life-support-critically-patient

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The approach of Pulmonary Resuscitation in patients or special situations requires procedures other than those foreseen. Signs of this are cardiac arrest in pregnant women, anaphylactic shock or cases that occur in places of limited space. In this sense, doctors can anticipate such situations, by deducting the specific cases that are most likely to happen. They can then develop manuals to guide them through these exceptional circumstances. For this, it is vital that these experts have a thorough knowledge of the most modern tools in Advanced Life Support. In this context, TECH has developed a 100% online program that will address CPR in unique scenarios.



### tech 06 | Introduction

After Cardiopulmonary Resuscitation, various problems can arise that endanger the health of patients. For example, injuries to blood vessels that lead to internal bleeding. Given this, health specialists must completely stabilize these users and achieve adequate brain function. However, this is challenging, due to factors such as rapid diagnosis, as symptoms can vary widely and overlap with other medical problems. In this regard, experts should conduct ongoing research to improve both understanding and treatment of this complex condition.

In order to support them with this work, TECH has implemented an advanced program that will analyze in detail the Post-Reanimation Syndrome (SPR). Prepared by a first level teaching staff, the syllabus will delve into the global management of this condition. In this way, the recommendations in Advanced Life Support of the European Resuscitation Council, considered as the highest body in this matter, will be addressed.

On the other hand, the teaching materials will provide students with the most accurate diagnostic tools to know the status of patients, among which echocardiography stands out. The program will also encourage graduates to demonstrate humanization in health care, enhancing values such as empathy.

It should be noted that the program is taught 100% online, providing flexibility for active professionals looking to improve their skills without interrupting their work responsibilities. In addition, the *Relearning*methodology, consisting of the repetition of key concepts to establish knowledge, will facilitate solid and lasting learning. This combination of online modality and innovative methodology will ensure that students acquire the necessary skills effectively and can apply them with confidence in critical situations of medical practice. In addition, they can enter the Virtual Campus to access a library full of multimedia resources, such as infographics or interactive summaries.

This Postgraduate Certificate in Advanced Life Support in the Critically III Patient contains the most complete and up-to-date scientific program on the market. The most important features include:

- Practice cases presented by experts in Advanced Life Support in the Critically III Patient
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice.
- Practical exercises where the process of self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection





You will address in detail the ERC 2021 recommendations and apply them effectively in your professional practice"

The program's teaching staff includes professionals from the sector who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program's design focuses on Problem-Based Learning, through which the professional must try to solve the different professional practice situations that arise during the academic program. For this purpose, students will be assisted by an innovative interactive video system created by renowned and experienced experts.

Looking to get the most out of a pulmonary ultrasound? Master this technique in just 6 weeks thanks to this program.

Thanks to the Relearning system used by TECH, you will reduce the long hours of study and memorization.







## tech 10 | Objectives



### **General Objectives**

- Develop the concept of Cardiorespiratory Arrest (CRA) and the concept of Cardiopulmonary Resuscitation (CPR).
- Analyze the concept of Life Support: Basic and advanced
- Determine the pathophysiological bases that condition CPR.
- Establish the levels of scientific evidence in relation to the actions to be taken in CPR patients.



The main objective of TECH is to help students acquire academic and professional excellence"





### Objectives | 11 tech



## **Specific Objectives**

- Analyze and develop aspects of basic CPR and advanced CPR
- Examine the main causes of CPR
- Study airway control, ventilation control and circulation control.
- Analyze the impact of pharmacology applied to CPR.
- Study periparade arrhythmias
- Analyze potentially reversible causes
- Specify the impact of technification within the life support techniques.





#### **International Guest Director**

Awarded for his multiple clinical contributions in the management of Headaches and Sleep Disorders, Dr. Joshua Marc Kosowsky has become a prestigious Physician characterized by his multidisciplinary approach. In this regard, he has developed his professional work in health institutions of international reference, where the Women's Hospital Emergency Room in the United States stands out.

Among his main contributions, he has contributed to the optimal recovery of multiple patients suffering from critical conditions such as Obstructive Sleep Apnea, Migraines or Circadian Rhythm Disorders. Likewise, he has been in charge of promoting the development of clinical treatment guidelines for the effective approach to Headache, Restless Legs Syndrome and Narcolepsy.

On the other hand, he balances this work with his facet as a Clinical Researcher. In fact, he has published several books for the medical community on areas such as Cardiovascular Emergencies. In this sense, he also has a wide production of specialized articles on subjects such as the analysis of Ischemic Cardiac Symptoms, cutting-edge therapies to alleviate Neuropathic Pain and therapeutic innovations for people with Insomnia. His work has helped to significantly advance the understanding and treatment of these complex pathologies, greatly benefiting both users and specialists.

Firmly committed to clinical excellence, he has participated as a speaker in renowned Conferences, Symposia and Workshops on a global scale. In this way, he has shared his solid knowledge of the most sophisticated treatments for the management of Cranial Discomfort. In tune with this, he has also served as a keynote speaker at various Medical Seminars, where he has offered a detailed insight into the latest advances in booming fields such as Neurology. As such, he has increased public awareness regarding Neurological Diseases and reduced stigmas that lead to misperceptions.



### Dr. Joshua, Marc Kosowsky

- Clinical Director at Brigham and Women's Hospital Emergency Room in Boston, United States
- Director of Patient Experience and Provider Engagement at Brigham and Women's
- Hospital Emergency Room
- Director of the Headache Center at Massachusetts General Hospital
- Director of Clinical Training at Harvard Medical School in Boston
- Clinical Consultant at Guidepoint Global in New York, United States
- Clinical Consultant at Gerson Lehrman Group in New York
- Medical Trainer at Huron Consulting Group in Illinois, United States
- Medical Trainer at Studer Group in Gulf Breeze, Florida, United States
- Residency in Emergency Medicine at the University of Cincinnati College of Medicine
- M.D. from Harvard Medical School Bachelor of Science in Medical Sciences from Harvard Medical School

Member of:
 American Headache Society

 American Society of Sleep Medicine



Thanks to TECH, you will be able to learn with the best professionals in the world"

### Management



### Dr. Antonio Cardenas Cruz

- Head of the Intensive Care Medicine Department, Motril Hospital
- ullet Director of the Clinical Unit of Critical Care and Emergency Management of the Poniente University Hospital.
- Institute Director of Continuing Education of the Andalusian Society of Intensive Care Medicine and Coronary Universities.
- Training Program Director for Life Support Trainers of the IAVANTE Line of the Progreso y Salud Foundation of the Consejería de Salud y Consumo de la Junta de Andalucía (Andalusian Regional Government).
- Training Program Director for Sedation the IAVANTE Line of the Progreso y Salud Foundation of the Consejería de Salud y Consumo de la Junta de Andalucía (Andalusian Regional Government).
- Head of Critical Care and Emergency Department, Hospital Universitario de Poniente.
- Professor of Medicine
- Degree in Medicine and Surgery from the UGR.
- PhD in Medicine and Surgery, UGR
- Specialist in Intensive Care Medicine.

#### **Professors**

### Dr. Parias Ángel, María Nieves

- Specialist Physician of the Provincial Service 061 of Cordoba
- Head of the Intensive Care Unit of the Santa Barbara Hospital
- Professional Master's Degree in Research Methodology in Health Sciences, University of Cordoba
- Professional Master's Degree in Infectious Diseases in Intensive Care, University of Navarra
- Professional Master's Degree in Epidemiology and Public Health
- Degree in Medicine and Surgery from the University of Cordoba
- Responsible for the Project for the Creation of a Cardioprotected Municipality in Puertollano

### Dr. Matallana Zapata, Diego Fernando

- Specialist in Intensive Care Medicine at the University Hospital Ciudad de Jaén
- Primary Care Physician in Outpatient, Emergency and Hospitalization
- Primary Care Physician in Emergencies and assistant in the operating room
- Professional Master's Degree in Clinical Ultrasound by the International University of Andalusia
- Professional Master's Degree in Research, Innovation and Quality of Life, University of Jaén
- Author of Critical Ultrasound in shock, what every physician should know

### Mr. Bracero Jiménez, Antonio

- Nurse in the Intensive Care Unit at Reina Sofía University Hospital, Córdoba
- Specialist in Critical Patient Transport
- Coordinator and Teacher of modules in the Professional Master's Degree in Emergency Nursing and Emergencies
- Professional Master's Degree in Emergency Nursing, Catastrophes and Humanitarian Aid from the University of Seville
- University Diploma in Nursing at the University of Cordoba

#### Dr. Rivera Rubiales, Gloria

- Specialist in Intensive Care Medicine at the University Hospital of Jerez
- Intensive Care Physician in the Intensive Care Unit at the Virgen del Rocío University Hospital
- Professional Master's Degree in Clinical Ultrasound for Emergency and Critical Care by CEU Cardenal Herrera University
- Official Master's Degree in Biomedical Research from the University of Seville
- Official Master's Degree in Biomedical Research from the Institute of Biomedicine of Seville
- International Expert in Methodology Applied to noninvasive mechanical ventilation

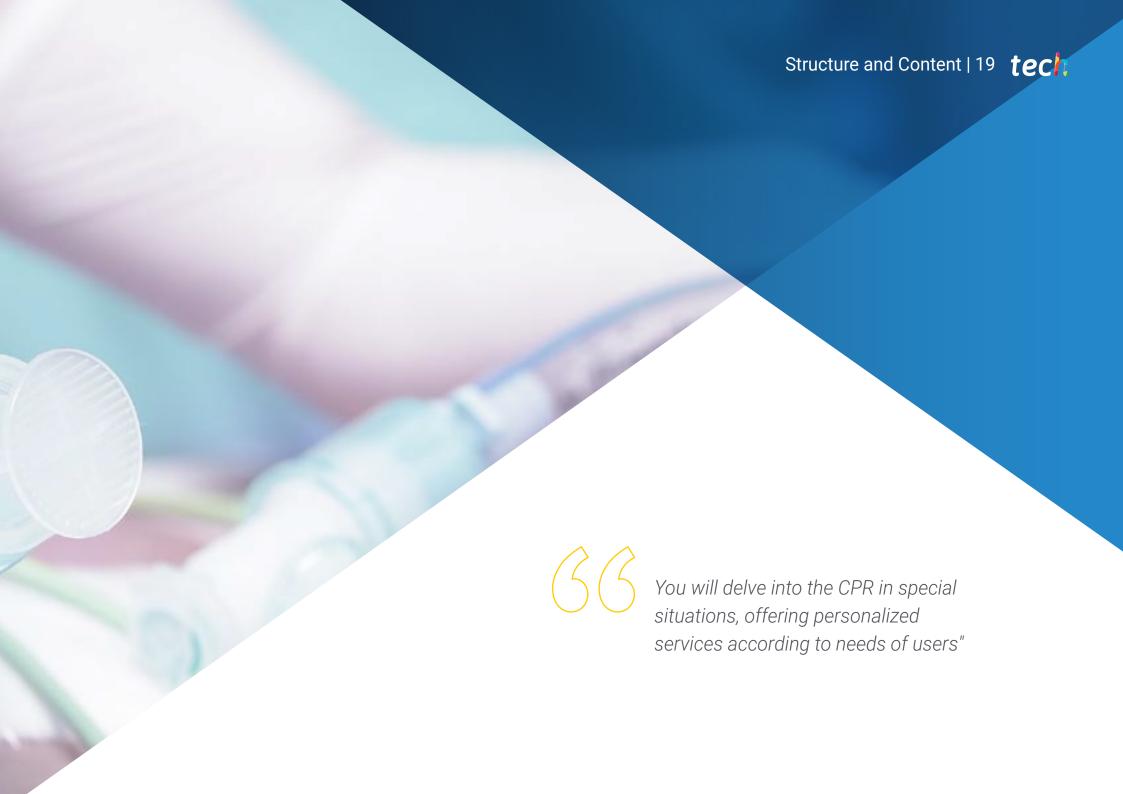
#### Dr. Navarro Guillamón, Laura Carmen

- Specialist in Intensive Care Medicine at the Poniente Hospital
- Doctor of Intensive Care Medicine at the Virgen de las Nieves University Hospital in Granada
- Official Doctoral Program in Advances in Medicine and Dermatology by the International Postgraduate School of the University of Granada
- Professional Master's Degree in Intensive Care by the Catholic University of Valencia "San Vicente Mártir"
- Degree in Medicine from the University of Malaga



Take the opportunity to learn about the latest advances in this field in order to apply it to your daily practice"





### tech 20 | Structure and Content

### Module 1. Advanced Life Support in the Critically III Patient

- 1.1. International Recommendations
  - 1.1.1. CPR
  - 1.1.2. Basic and Advanced CPR
  - 1.1.3. Basic and Advanced Life Support
- 1.2. Advanced Life Support (ALS)
  - 1.2.1. Airway
  - 1.2.2. Ventilation
  - 1.2.3. Circulation: Basic and Advanced Monitoring. Pharmacology
- 1.3. Advanced Arrhythmia Control
  - 1.3.1. Pre-stop
  - 1.3.2. CPR-inducing Rhythms
  - 1.3.3. Post-arrest Rhythmias
- 1.4. Analysis of Potentially Reversible Causes
  - 1.4.1. Analysis of Potentially Reversible Causes
  - 1.4.2. 4 H
  - 1.4.3. 4 T
- 1.5. Cardiopulmonary Resuscitation in Special Situations
  - 1.5.1. Special Patients
  - 1.5.2. Extreme Situations
  - 1.5.3. Special Environments: Assistance and Non Assistance
- 1.6. Elements Associated with Life Support
  - 1.6.1. Legal Aspects
  - 1.6.2. Humanization in Life Support
  - 1.6.3. Donation and Life Support
- 1.7. Image Support
  - 1.7.1. Scientific Evidence
  - 1.7.2. Echocardiography
  - 1.7.3. Pulmonary Ultrasound Scan





### Structure and Content | 21 tech

- 1.8. Non-cognitive Aspects of Life Support
  - 1.8.1. Humanization in Life Support
  - 1.8.2. Support to Life Support Teams
  - 1.8.3. Support to Family Members
- 1.9. Post CPR Syndrome
  - 1.9.1. Post CPR Syndrome
  - 1.9.2. Global Management of Post CPR Syndrome
  - 1.9.3. Levels of Scientific Evidence Associated with Post CPR Syndrome Management
- 1.10. ERC 2021 Recommendations
  - 1.10.1. Basic Life Support (BLS) Recommendations
  - 1.10.2. Advanced Life Support (ALS) Recommendations
  - 1.10.3. Algorithms of action for patients with CRP



This online methodology will allow you, through real clinical cases, to practice in simulated environment"





### tech 24 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.





### Methodology | 27 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

### tech 28 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Surgical Techniques and Procedures on Video**

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts.

The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









### tech 32 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Advanced Life Support** in the Critically III Patient endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Advanced Life Support in the Critically III Patient

Modality: online

Duration: 6 weeks

Accreditation: 6 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

### Postgraduate Certificate in Advanced Life Support in the Critically III Patient

This is a program of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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## Postgraduate Certificate

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