

Internship Program Update on Psychiatry



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Internship Program
Update on Psychiatry

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01 Introduction

The great advances that Psychiatry has experienced in recent years force the professional to constantly update his knowledge. Thus, the best method to achieve this objective is through practice, but there are no other programs that contain an intensive stay like this one. This program will provide the specialists with an update through a face-to-face and practical training, in a clinical center of recognized prestige, where they will be able to obtain the most advanced knowledge of current Psychiatry. During 3 weeks, the professionals will treat patients with different pathologies under the guidance of renowned physicians, in a 100% real environment where they will apply the most advanced diagnostic methods, treatments and follow-up techniques.



You will be able to learn about real clinical cases from great specialists in Psychiatry, who will accompany you throughout your internship"





Psychiatric care units have recently implemented recently updated procedures and therapeutic protocols for the management of patients with different types of disorders. The hospital setting, in particular, has expanded its research on the use of antipsychotic drugs, antidepressants and mood stabilizers of various generations. In addition, the specialty delves into the use of technological tools such as Electroencephalograms to determine the causes of precise pathologies. Keeping up to date on all these aspects is a challenge for psychiatrists. In addition, few educational programs emphasize the practical updating of the most modern competencies that these professionals must possess.

For this reason, TECH has created a program of excellence, focused on updating doctors from an eminently practical perspective. Thus, the specialists will have to complete a 3-week intensive on-site stay in internationally renowned hospitals. From these institutions, they will be able to attend real patients with various psychiatric pathologies and put into practice the care activities of greatest impact in recent years for this health area.

They will also work directly with the best experts in psychiatry on an international scale. These professionals will be in charge of sharing their experiences and most advanced knowledge. Likewise, the student will have an assistant tutor who will be in charge of supervising their academic progress. Thus, the physician will be able to become a true specialist in treating drug addictions, psychotic disorders, neurocognitive disorders, sleep problems, among others.

02

Why Study an Internship Program?

This learning modality, 100% practical, is ideal for all those professionals who already have a background in the medical field of Psychiatry. This Internship Program will allow them to avoid long periods of theoretical content and, thus, to directly assimilate innovative procedures within this health field. The stay, lasting 6 weeks, will be carried out in a prestigious hospital center and each graduate will be able to complete their update in a holistic way.



TECH offers you a high-level update on the most modern intervention methodologies for the care of patients with eating disorders and drug addictions”

1. Updating from the latest technology available

The health care of patients with various types of psychiatric disorders relies, to a large extent, on technological resources to carry out therapeutic procedures. All techniques and procedures within this area are complex and require constant updating by specialists for their management. These competencies will be within your reach through the innovative contents of this Internship Program.

2. Gaining In-Depth Knowledge from the Experience of Top Specialists

This program strengthens the link between the physician and great professionals in the field of Psychiatry. During 120 practical hours, the specialists will be able to dialogue with experts on doubts and competencies of interest. In addition, they will update their competencies, learning continuously how the daily work practice of this specialty is carried out.

3. Entering First-Class Clinical Environments

For this type of studies, TECH has carefully selected internationally renowned centers that will host the specialist for 3 weeks. These hospital facilities have extensive experience in Psychiatry and, at the same time, handle the most updated procedures. Upon completion of this Internship Program, graduates will have a thorough knowledge of work dynamics and practices that will enhance their personal resume.



4. Putting the acquired knowledge into daily practice from the very first moment

TECH is aware that many educational programs fail to allow their students to combine their professional interests with a rapid and feasible assimilation of practical knowledge. For this reason, it has devised this program in which physicians will develop skills in an agile and flexible manner from the most active and comprehensive experts in the field of Psychiatry.

5. Expanding the Boundaries of Knowledge

This TECH Internship Program is unique of its kind in the educational market since it extends the psychiatrist's horizons to an international scale. Thanks to the network of agreements and collaborators that this program has, specialists will be able to link up with institutions located in different latitudes and, thus, obtain a complete vision of the standards that govern this professional discipline today.



You will have full practical immersion at the center of your choice"

03 Objectives

The main objective of this Internship Program in Psychiatry Update is to provide the professional with the opportunity to access the latest developments in this clinical discipline in a practical way and in a real environment. Thus, thanks to the on-site stay offered by this program, the specialist will be able to incorporate the best diagnostic techniques and the best treatments in this complex but exciting health area into their daily work.



General Objectives

- Improve clinical skills in interviewing, examination and diagnosis in psychiatry
- Provide skills and strategies for clinical management in psychiatry
- Know how to prevent and treat psychiatric epidemiology in the different stages of life
- Gain up-to-date knowledge of the therapeutic strategies in the latest advances in psychiatry



This program will allow you to achieve your goal of getting up to speed quickly and conveniently, tailored to your needs as a professional"





Specific Objectives

- ♦ Master the tools for differential diagnosis and treatment of the main psychotic disorders
- ♦ Gain in-depth knowledge in order to create a treatment plan for mood disorders
- ♦ Gain in-depth knowledge of the correct diagnosis oriented towards treatment
- ♦ Manage the functioning of anxiety disorders
- ♦ Know the evolution of a framework in the classifications, as well as the pathophysiological data
- ♦ Early identification of eating disorders
- ♦ Gain in-depth knowledge of how to handle this type of disorder
- ♦ Managing addictions to various substances
- ♦ Update students' knowledge of behavioral addictions
- ♦ Identify the fit and classifications, as well as the correct formulation of the diagnosis and therapeutic plan
- ♦ Apply the protocols for a correct early diagnosis insisting on the differential diagnosis of potentially treatable disorders
- ♦ Delve into the physiology of circadian cycles
- ♦ Evaluate the limits of normality and distinguish between primary and secondary sleep disorders
- ♦ Gain an in-depth and exhaustive perspective of mental health disorders

04

Educational Plan

This Internship Program in Update on Psychiatry is developed over 3 weeks of intensive face-to-face stay in a center of recognized international prestige. Thus, the specialist will have access to the latest knowledge in this area thanks to its continuous schedule, which includes consecutive 8-hour days from Monday to Friday. In this way, learning will be carried out smoothly, without interruptions, allowing the professional to improve all his competencies in current psychiatry.

In this training proposal, of a completely practical nature, the activities are aimed at the development and improvement of the competencies necessary for the provision of health care in the area of psychiatry, and which are oriented to the specific training for the exercise of the activity, in an environment of safety for the patient and high professional performance.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners that facilitate teamwork and multidisciplinary integration as transversal competencies Doctor (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"



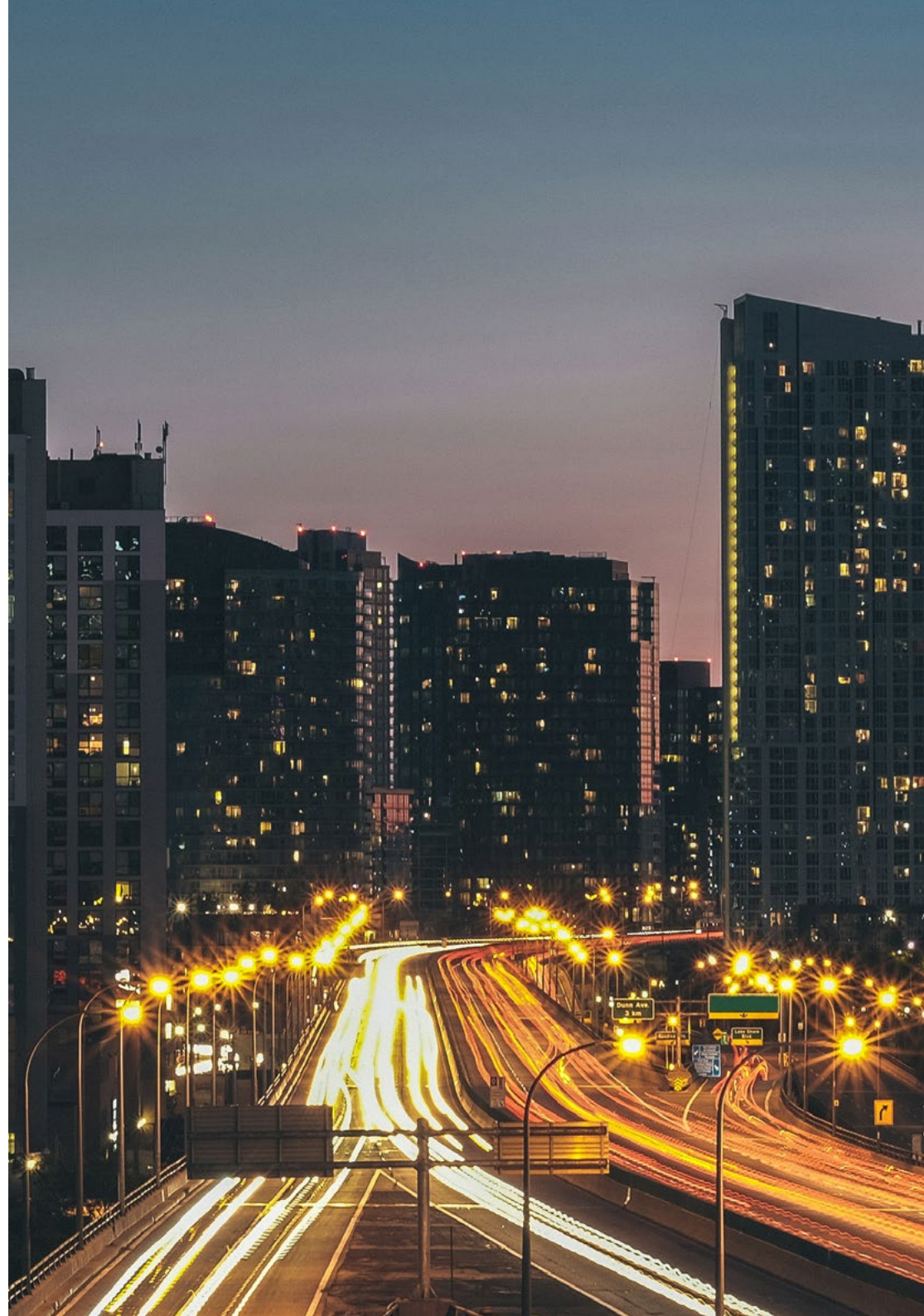
| Module | Practical Activity |
|--|--|
| Management of psychotic and mood disorders | Applying long-acting injectable antipsychotics to patients with schizophrenia |
| | Indicate second-generation antipsychotics to control psychotic symptoms |
| | Evaluate the use of first-generation antipsychotics despite their side effects that result in motor limitations for the patient |
| | Perform psychosocial interventions through individual therapy, family therapy and vocational rehabilitation to help the patient find a job |
| | Treat patients who do not respond to drug therapy with electroconvulsive therapy |
| | Identifying side effects of panic attacks such as possible cardiovascular events |
| Eating Disorders Update | Perform renal function tests and an electrocardiogram in the diagnosis of patients with possible eating disorders |
| | Indicate the use of antidepressants, antipsychotics, or mood stabilizers to treat some eating disorders |
| | Include cognitive behavioral approaches in individual, group, and/or family therapy sessions to help the patient identify and change negative and unhelpful thoughts |
| | Monitoring other complications associated with eating disorders such as low bone density (osteopenia or osteoporosis) and mild anemia |
| What's new on care for substance use disorders and addictive behaviors | Make a reliable diagnosis of the addictive disease or other emotional disorders or psychiatric disorders |
| | Define the most efficient and individualized therapeutic actions for each patient, according to their evolutionary stage |
| | Work with the patient on autonomy and assumption of responsibilities. |
| | Monitor the concurrence in the same person of a substance abuse disorder and a mental disorder |
| Latest trends in the management of neurocognitive disorders and sleep/wakefulness disorders | Diagnose neurocognitive disorders based on neuropsychological tests |
| | Determine neurocognitive disorders based on electroencephalography and magnetic resonance imaging |
| | Assess patients with predisposing and precipitating risk factors for other pathologies |
| | Apply multiple sleep latency test and wakefulness conservation test for patients with different sleep disorders |

05 Where Can I Do the Internship Program?

In its desire to provide the professional with the best updating and learning experience, TECH has selected the best clinical centers where to develop the on-site stay. Thus, you will enjoy an internship in which you will carry out various activities of psychiatric diagnosis and treatment, ensuring a complete and immediate update. Thus, at the end of this program, you will be able to apply all the skills acquired in your own practice or clinic.

“

The best clinical centers specialized in psychiatry are waiting for you to update your knowledge in this exciting area”





The student will be able to do this program at the following centers:



Medicine.

Hospital HM Modelo

Country: Spain City: La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Medicine.

Hospital HM Rosaleda

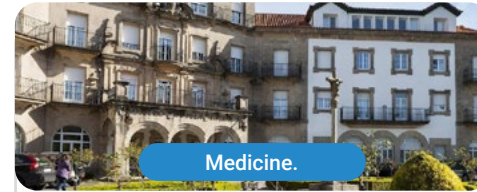
Country: Spain City: La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Medicine.

Hospital HM La Esperanza

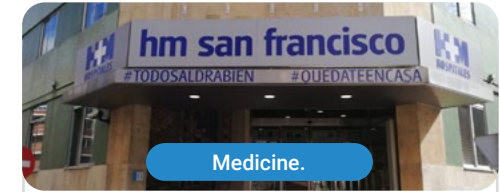
Country: Spain City: La Coruña

Address: Av. das Burgas, 2, 15705, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Oncology Nursing
- Clinical Ophthalmology



Medicine.

Hospital HM San Francisco

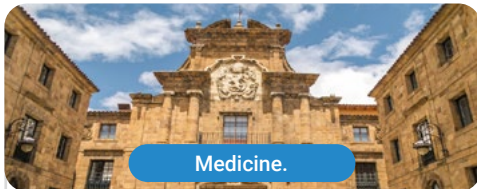
Country: Spain City: León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Anesthesiology and Resuscitation
- Nursing in the Traumatology Service



Medicine.

Hospital HM Regla

Country: Spain City: León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update on Psychiatric Treatment in Minor Patients



Medicine.

Hospital HM Nou Delfos

Country: Spain City: Barcelona

Address: Avinguda de Vallcarca, 151, 08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Medicine.

Hospital HM Madrid

Country: Spain City: Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Anaesthesiology and Resuscitation



Medicine.

Hospital HM Montepíncipe

Country: Spain City: Madrid

Address: Av. de Montepíncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Aesthetic Medicine



Medicine.

Hospital HM Torrelodones

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| Country | City |
| Spain | Madrid |

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Medicine.

Hospital HM Sanchinarro

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| Country | City |
| Spain | Madrid |

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Medicine.

Hospital HM Nuevo Belén

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| Country | City |
| Spain | Madrid |

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- General and Digestive System Surgery
- Clinical Nutrition in Medicine



Medicine.

Hospital HM Puerta del Sur

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| Country | City |
| Spain | Madrid |

Address: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Clinical Ophthalmology



Medicine.

Policlínico HM La Paloma

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| Country | City |
| Spain | Madrid |

Address: Calle Hilados, 9, 28850, Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics



Medicine.

Policlínico HM Sanchinarro

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| Country | City |
| Spain | Madrid |

Address: Av. de Manoteras, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Gynecological Care for Midwives
- Nursing in the Digestive System Service



Medicine.

Policlínico HM Virgen del Val

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| Country | City |
| Spain | Madrid |

Address: Calle de Zaragoza, 6, 28804, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Diagnosis in Physiotherapy
- Physiotherapy in Early Intervention



Medicine.

Clínica El Jardín

| | |
|-----------|---------------------|
| Country | City |
| Argentina | Santiago del Estero |

Address: Madre de Ciudades 4553, Barrio Aeropuerto, 4200 Santiago del Estero

Clinic specializing in Mental Health

Related internship programs:
-Diagnosis and Psychiatric Treatment of Anxiety-Related Disorders



Take advantage of this opportunity to surround yourself with expert professionals and learn from their work methodology”

06

General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this educational entity undertakes to take out civil liability insurance to cover any eventuality that may arise during the internship during the stay at the internship center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This **Internship Program in Update on Psychiatry** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Update on Psychiatry**

Duration: **3 weeks**

Course Modality: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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