

Internship Program

Palliative Care



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Index

01

Introduction

p. 4

02

Why Study an
Internship Program?

p. 6

03

Objectives

p. 8

04

Educational Plan

p. 12

05

Where Can I Do the
Internship Program?

p. 14

06

General Conditions

p. 18

07

Certificate

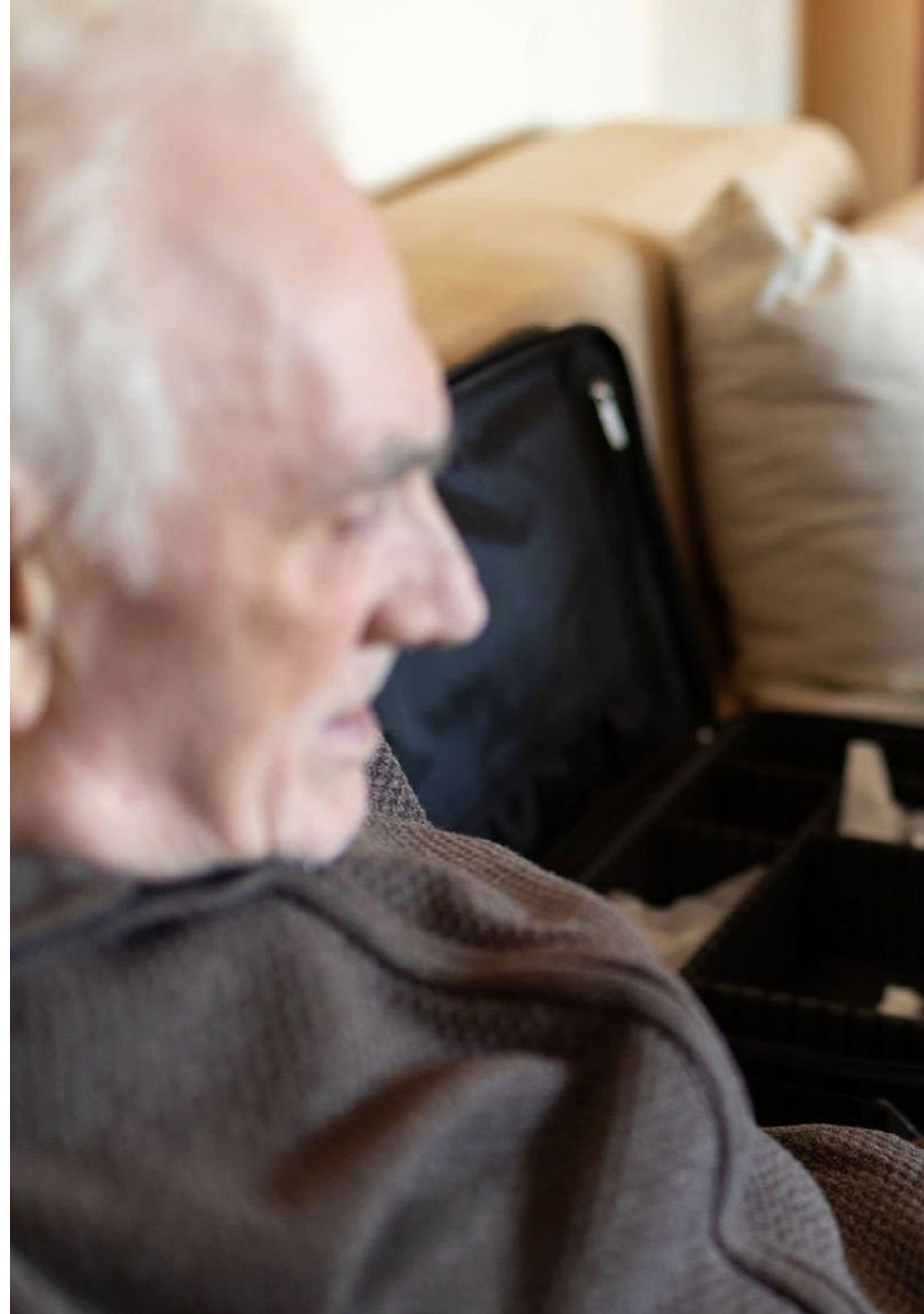
p. 20

01 Introduction

The care of serious diseases requires, in addition to the health care of the disease, the approach to the general welfare of the patient in terms of treatment or prevention of symptoms and situations caused by the disease. Updating in palliative care has therefore become a necessity for all those professionals who treat patients with oncological processes or degenerative pathologies. The specific care of this type of patient involves numerous medical and healthcare areas and requires careful specialization and constant updating. In this program, the professional will intensively approach the current reality of this field of work, updating their knowledge with the help of the best specialists. All this thanks to a practical stay of 3 weeks in a hospital center that is at the forefront in this specialty.



TECH brings you closer to a unique knowledge updating experience in today's academic landscape"





Among the criteria for selecting patients susceptible to palliative care are those suffering from different illnesses, such as cancer, cardiac diseases, pulmonary diseases, renal insufficiency, dementia, AIDS, amyotrophic lateral sclerosis, etc. Therefore, it is important for all medical professionals to keep themselves constantly updated in order to provide the best care to their patients. It is therefore essential for physicians to be able to respond adequately to the evolution of scientific and technological knowledge, and to the evolution of their field of action in the different healthcare systems, by means of appropriate training.

Faced with this panorama, TECH presents this Internship Program that will allow the professional to broaden their competencies by attending to real patients in a hospital setting with state-of-the-art resources. In this way, the specialist will broaden their knowledge in the area of neoplastic and degenerative diseases that require palliative care.

In this way, the specialist will approach patients with different pathologies, hand in hand with the best experts, using the latest techniques based on scientific evidence, and achieving results previously difficult to achieve. In this way, this academic institution provides a practical experience in the academic environment, integrating the latest procedures in an intensive stay, which provides everything a physician requires for an update in Palliative Care.

02

Why Study an Internship Program?

TECH, in the search to provide medical professionals with an excellent update of their knowledge, moves away from the pure theoretical concept in this program, to offer a 100% real experience in a prestigious hospital center. In this way, it responds to the needs of health care professionals to obtain a much more direct vision of the scientific methods and protocols used in the area of Palliative Care. Because of this, during 3 intensive weeks, the graduate will be integrated into a multidisciplinary team, where they will see firsthand the pharmacological treatments used, the current methodology in the approach to the patient and their family environment. A unique educational opportunity, which not only revolutionizes traditional academic systems, but also puts the specialist at the center to provide, from a practical point of view, the latest advances in this area and integrate them into their daily practice.



Enter into real clinical environments and maximum rigor in the care of patients with chronic illness in Palliative Care"

1. Updating from the latest available technique

The area of Palliative Care has been revolutionized in recent years thanks to advances such as vitrification, better sperm selection or Artificial Intelligence applied to the screening of thousands of embryos. For this reason, and with the aim of bringing the specialist closer to this technology, TECH presents this Internship Program with which the professional will enter a cutting-edge clinical environment, accessing the latest technology in the field of Assisted Reproduction.

2. Gaining In-Depth Knowledge from the Experience of Top Specialists

In this Internship Program, the professional will be integrated in a team of professionals who will accompany them during this eminently practical period. In this way, in this stay will be tutored by a specialist of the reference hospital center where they will develop this stage. A 100% real healthcare scenario, where you will be able to care for patients who are in palliative care or require such care due to the severity of their illness. All this will allow you to incorporate into your daily practice the most effective procedures and approaches in Palliative Care.

3. Entering First-Class Clinical Environments

TECH, in its maxim to offer all professionals a high level of Internship Program, carefully selects all the centers available for the realization of the stay. Thanks to this, the specialists will have guaranteed access to a prestigious clinical environment in the area of Palliative Care: a professional space where they will be able to test the techniques, protocols and procedures used rigorously and exhaustively in terminal patients.



4. Putting the acquired knowledge into daily practice from the very first moment

This program has been designed to provide from the beginning an eminently practical vision of medical care in palliative care units. In this way, the specialist will obtain a complete update in just 3 weeks, from the hand of real professionals who perform their daily work in this area. A 100% practical model, which is completely adapted to the needs of the daily work of specialists.

5. Expanding the Boundaries of Knowledge

Thanks to the practical stay that they will carry out, the professional will advance in their competences and abilities for the medical care of patients with palliative care needs. This update will give them a direct vision and broaden their professional outlook, allowing them to integrate the concepts applied during their stay in the best hospitals.

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*You will have full practical immersion
at the center of your choice”*

03 Objectives

The general objective of the Internship Program in Palliative Care is to ensure that the professional updates the diagnostic and therapeutic procedures of the specialty in an exclusively practical way, through a hospital stay designed with clinical and academic rigor, under the guidance of renowned professionals in a hospital center of the highest scientific quality and technological innovation. In this Internship Program, the professional will deal with the main interventions of the specialist, which will allow them to improve and enhance their skills in the medical care of their patients.



General Objectives

- Master the latest techniques, modern scientific postulates and application of effective treatments in palliative emergencies
- Incorporate the most effective methods in family and patient accompaniment at the moment of death
- Know the most recent developments in interventional pain management

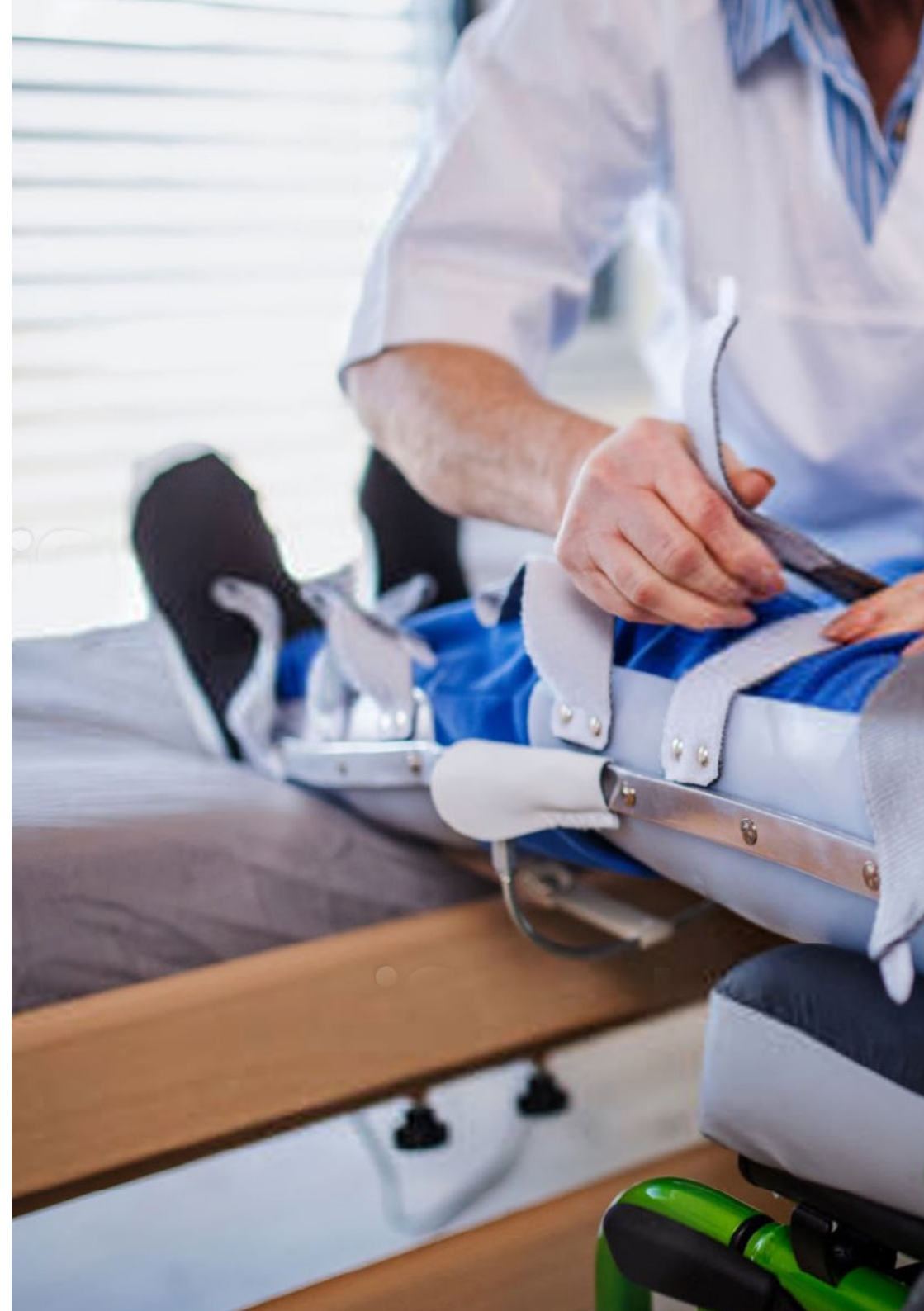




Specific Objectives

- ◆ Acquire an overview of the global epidemiological picture and coverage of palliative care
- ◆ Assume the integration of medicine and continuity palliative care in chronic degenerative diseases in children and adults
- ◆ Identify patients eligible for palliative care
- ◆ Supportive management, palliative care and end-of-life care
- ◆ Identify the main symptoms that deteriorate the quality of life in chronic degenerative diseases that require palliative management
- ◆ Update the treatment procedures available to best manage the disease in patients
- ◆ Apply the main evaluation scales for the palliative patient's health status and prognosis
- ◆ Perform an adequate assessment of pain in order to identify its characteristics, causes, consequences and thus be able to implement an adequate treatment
- ◆ Update the procedures for rational use, as well as the routes of administration of the main drugs used in palliative patient care
- ◆ Review health regulations for prescribing psychotropic and narcotic drugs
- ◆ Determine complementary measures for pain management
- ◆ Update the pharmacological management of pain according to the analgesic scale
- ◆ Identify the main phases of the communication process with the palliative patient
- ◆ Consider the requirements of a palliative care service to carry out adequate patient care and monitoring

- ♦ Value the importance of nutrition in the palliative patient
- ♦ Get up to date on the indications and routes of administering nutritional support in the palliative patient
- ♦ Detect and evaluate the psychological impairments in the terminally ill patient that interfere with the evolution and prognosis of the disease
- ♦ Apply effective measures for the treatment of psychological aspects in palliative care patients to prevent suffering
- ♦ Review the epidemiology of oncological processes
- ♦ Define the importance and benefits of the palliative approach in oncology patients
- ♦ Update the model of palliative medicine for the oncology patient: screening, assessment, intervention, reassessment, and care after death
- ♦ Recognize the main chronic diseases based on terminal criteria
- ♦ Identify the risk factors, diagnosis, prognosis, and symptomatology management of the main chronic diseases
- ♦ Assess the special considerations in palliative patients with renal and hepatic disease
- ♦ Describe psychosocial support interventions in the period of dying and death
- ♦ Incorporate into professional practice the appropriate indications in the communication of bad news
- ♦ Identify the main symptoms of professional burnout in the palliative care team
- ♦ Review the different perspectives on bereavement care in palliative care
- ♦ Determine the principles of medical ethics in palliative care
- ♦ Describe the main features of informed consent in palliative care



- Apply advanced treatments: Hydration and Feeding at the End of Life and Hemotransfusion
- Identify the most relevant aspects of therapeutic abandonment, claudication, and obstinacy in the palliative patient
- Establish the concept of dignity in the person and describe the environment of the terminally ill person (dignified death)
- Identify the fundamental aspects of palliative sedation

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This Internship Program gives you the opportunity to develop your skills in supportive care, palliative care and end-of-life care"

04

Educational Plan

The Internship Program in Palliative Care consists of a practical stay of 3 weeks duration, from Monday to Friday with 8 consecutive hours of practical education at the side of an attending specialist. This stay will allow the specialist to see real patients alongside a team of experts in the area of Palliative Care, applying the most effective medical and psychological procedures, and planning the latest generation of therapeutic care for each pathology.

In this training proposal, of a completely practical nature, the activities are aimed at developing and perfecting the skills necessary for the provision of health care in areas and conditions that require a high level of qualification, and which are oriented to the specific training for the exercise of the activity, in Palliative Care units, which require a high professional performance.

The professionals thus have an excellent opportunity to enter a real healthcare scenario, surrounded by the best specialists and to broaden their capabilities for the care of patients requiring Palliative Care. All this in a health center that presents the latest methodologies used in this specialization, and offers a much more careful and comprehensive vision in the clinical service provided to both the patient and their families. This is a new way of understanding and integrating health processes, and makes this Internship Program the ideal scenario for this innovative experience in the improvement of professional competencies.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners that facilitate teamwork and multidisciplinary integration as transversal competencies Doctor (learning to be and learning to relate).



Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"



The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:

Module	Practical Activity
Physical symptomatology	Establish treatments and drugs for pain relief
	Managing side effects and complications of opioid use
	Assess the use of strong or weak opioids depending on the patient's situation
	Manage analgesia adjuvants
	Provide nutritional counseling
	Prescribe integrative therapies or physiotherapy in those cases that require it
Psychosocial and emotional issues	Hold family meetings and offer direct counseling throughout the palliative process
	Analyze the psychosocial aspects that may affect the patient in the Palliative Care Unit
	Attending to bereavement, as well as to the communication of bad news to both the patient and the family environment
	Assess the use of psychosocial support in periods of agony and death
	Coordinate with other medical units for a multidisciplinary approach to mental health
Areas of Palliative Care	Analyze the possible use of telemedicine and resources at home
	Employing the most innovative Hospital Palliative Support Teams
	Palliative Care in the pediatric setting
	Differentiate the palliative approach in oncology patients, pneumopathic patients, in geriatrics or with dementia and other neurological diseases
Common Signs in Palliative Care Patients	Perform an ongoing assessment of the patient's symptoms
	Analyze Symptom and Quality of Life Measurement Scales
	Assess functional and prognostic scales in palliative care
	Address constitutional, respiratory, gastrointestinal, hematologic, urinary and rectal, neurologic, psychological or psychiatric symptoms

05 Where Can I Do the Internship Program?

TECH has planned a 3-week hospital stay that guarantees practical training for medical graduates. Thanks to the collaboration of a prestigious hospital center, the professionals will be able to broaden their field of action and be more efficient in the care of patients with chronic pathologies. All this with the support and monitoring of experts working in the field of Palliative Care.



TECH offers you the opportunity to spend 120 hours of professional practice in a recognized clinic, where you will apply the latest scientific advances in palliative medicine"





The student will be able to do this program at the following centers:



Hospital Hestia Madrid

Country: Spain
City: Madrid

Address: Carr. Vía de Servicio, km 16, 28049 Madrid

Multidisciplinary clinical center for social-health care

Related internship programs:

- Rehabilitation Medicine in Acquired Brain Injury Management



Hospital HM Modelo

Country: Spain
City: La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Hospital Maternidad HM Belén

Country: Spain
City: La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Assisted Reproduction
- Hospitals and Health Services Management



Hospital HM Nou Delfos

Country: Spain
City: Barcelona

Address: Avinguda de Vallcarca, 151, 08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Hospital HM Madrid

Country	City
Spain	Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Anaesthesiology and Resuscitation



Hospital HM Montepríncipe

Country	City
Spain	Madrid

Address: Av. de Montepríncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Aesthetic Medicine



Hospital HM Torrelodones

Country	City
Spain	Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care



Hospital HM Sanchinarro

Country	City
Spain	Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Palliative Care





Medicine

Hospital HM Nuevo Belén

Country	City
Spain	Madrid

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- General and Digestive System Surgery
- Clinical Nutrition in Medicine



Medicine

Hospital HM Puerta del Sur

Country	City
Spain	Madrid

Address: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Palliative Care
- Clinical Ophthalmology



Medicine

Policlínico HM Arapiles

Country	City
Spain	Madrid

Address: C. de Arapiles, 8, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Pediatric Dentistry

06 General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This **Internship Program in Palliative Care** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Palliative Care**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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