

Internship Program

Integrative Medicine and Health



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01 Introduction

Integrative Medicine is nowadays an opportunity for many patients suffering from chronic diseases to have another option for their treatment, and even their cure. Thanks to the combination of conventional procedures and strategies with complementary therapeutic alternatives, specialists in this area have achieved enormously promising results in people suffering from cancer, arthritis, headache, epilepsy, etc. The great advances that have been made in this area have made it possible to adapt the protocols to each case. In order for the specialist to learn in detail the latest scientific evidence in this sector and in a leading role, TECH has designed this internship program in a prestigious medical center for 3 intensive weeks.

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You will develop, during this Internship Program, the most competitive skills for the treatment of patients based on innovative diagnostic and therapeutic methods”



Integrative Medicine has become one of the most popular health disciplines in recent times. This is largely due to the large number of scientific investigations that have confirmed many of its postulates in the last decade. This sector of care advocates that most health problems can be solved through changes in people's lifestyles that involve a rethinking of their external and internal conditioning factors. In addition, this field innovates considerably in the search for natural methods for the treatment of chronic diseases such as cancer, arthritis, etc. In addition, all these aspects have an important practical component, from which specialists can suggest truly holistic interventions for the care of patients.

In this context, TECH has developed a study program based on an innovative academic model adjusted to the needs of professionals who require a fast and flexible update on the latest advances in Integrative Medicine. This educational system consists of a three-week internship in a highly prestigious hospital institution. Throughout this period, the student will exchange with leading experts on areas of interest such as ethical and environmental applications of this health discipline, its innovations for diagnosis, clinical and complementary analysis. In addition, the technical and methodological bases of this growing health sector will be studied in depth.

The Internship Program will take place from Monday to Friday, in 8-hour days, in medical facilities with the most modern equipment in the market and with renowned specialists. The student will exchange with these experts about the most common dynamics and tasks within this area of knowledge. From this exchange of experiences, the graduate will acquire the most requested and comprehensive skills for this type of health intervention. On the other hand, they will be supported by a designated tutor. This academic figure will be in charge of supporting the acquisition of new skills, involving the student in healthcare debates and access to real cases.



In just 120 hours you will be up-to-date on the specifications and recommendations of conventional treatments and complementary therapeutic alternatives”

02

Why Study an Internship Program?

Integrative Medicine and Health has become a discipline widely demanded within the health sector. For this, specialists in this area must handle complex tools and work techniques that allow a dynamization of the traditional mechanisms of assistance. This Internship Program provides TECH students with a mastery of the most advanced intervention methodologies in this market. In addition, this practical knowledge will come to them from the hands of experts with a keen specialization.



Through this educational model, you will acquire specialized practical knowledge through the personalized guidance of experts located in the most renowned hospital institutions”

1. Updating from the latest technology available

Through this program, the student will acquire an up-to-date mastery of the most complex technological applications for the development of Integrative Medicine and Health. After completing this Internship Program, they will be able to handle the basic principles and elements of this discipline in the health sector in an ideal way.

2. Gaining In-Depth Knowledge from the Experience of Top Specialists

During this practical learning opportunity, TECH students will develop professional skills alongside leading experts in the medical field. These specialists have a distinguished track record within highly prestigious hospital facilities. In this way, students will acquire a holistic vision of the different work scenarios within their reach.

3. Entering First-Class Clinical Environments

For its Internship Programs, TECH meticulously chooses the centers where it will send its students for 3 weeks of intensive learning. In these companies, students will be able to see how the day-to-day work of such a demanding, rigorous and exhaustive medical area is carried out.



4. Putting the acquired knowledge into daily practice from the very first moment

TECH wants to facilitate in a fast and flexible way the most demanded professional skills in the medical industries. To this end, it has configured a 100% practical learning model that is a complete departure from other academic syllabus where long hours of theoretical lectures are the norm. The skills acquired during this program will be of great use in their future work, in which they will be distinguished by their up-to-date experiences.

5. Expanding the Boundaries of Knowledge

TECH offers the possibility of carrying out this Internship Program in centers of international importance. This way, the specialist will be able to expand their frontiers and catch up with the best professionals from different continents. A unique opportunity that only TECH, the largest online university in the world, could offer.



You will have full practical immersion at the center of your choice"

03 Objectives

The objective of this Internship Program is that the specialist is able, through real intervention, to acquire the most up-to-date knowledge to improve their skills in assessing the suitability of each discipline in the clinical environment, which will allow them to provide an even higher quality service based on the latest scientific evidence. In addition, they will be able to keep up-to-date on everything related to Integrative Medicine, promoting work strategies based on a comprehensive approach and multimodal rehabilitation as a reference model for achieving excellent care.



General Objectives

- Identify cultural, socioeconomic, and historical factors that shape population health disparities
- Study how the political, economic, and social macrosystem shapes the health system, determines access to resources, and influences the role of health professionals and the patient
- Define the clinical practice model, contextualized to the individual's health situation and appropriate goal setting





Specific Objectives

- Demonstrate social and cultural competence in the context of a comprehensive care plan
- Examine ways in which integrative practitioners can participate in community-based health programs, identify barriers to access, and develop health resources for underserved populations
- Address the need to bring Integrative Medicine into the Public Health System
- Recognize the pathophysiological processes that are common to all chronic diseases
- Know the diagnostic tools useful in these processes
- Analyze the efficacy of Genomic Medicine in clinical practice, pattern recognition, and evaluation of metabolic networks
- Describe the importance of isolating patterns of meaning within complex signals and the complexity of analyzing large datasets
- Understand what can be disclosed, to whom, for what reason and what is needed for disclosure
- Identify community resources and referral network for patients requiring specialized care
- Safe disposal of toxic waste and preventing re-accumulation
- Analyze the relationship between the peripheral and central nervous system with the digestive tract and the immune system
- Develop customized, clinically meaningful omics-based solutions, with a focus on lifestyle and wellness-centered solutions
- Discuss the right of the individual as a patient to free access to Integrative Medicine
- Review the legal context of the application of Integrative Medicine, how to assess risk and mitigate cases of malpractice
- Understand common ethical issues that arise in current clinical practice



An eminently practical program that will help you get up-to-date on the most useful diagnostic tools in the processes of interpretation and clinical analysis"

04 Educational Plan

The Internship Program in Integrative Medicine and Health consists of a 3-week stay in a prestigious center, from Monday to Friday with 8 consecutive hours of work with an attending specialist. This stay will allow them to deal with real patients with a team of reference professionals in the field of integrative medicine, applying the most innovative diagnostic procedures and planning the latest generation of therapy in each pathology.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare care in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

It is undoubtedly a unique opportunity to learn by working in a clinic of the future where real-time health monitoring of patients is at the center of the digital culture of its professionals. This is a new way of understanding and integrating the latest healthcare processes, and turning a reference center into the ideal teaching scenario for this innovative experience in the improvement of professional competencies.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of knowledge (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for clinical practice (learning to be and learning to relate).



Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"



The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center’s own availability and workload, the proposed activities being the following:

Module	Practical Activity
Approach Strategies in Integrative Medicine	Apply the biological approach of Integrative Medicine to diagnose and treat the patient, taking into account variables such as the interrelation of physiological systems, mitochondrial dysfunction or mucosal permeability syndromes
	Perform a comprehensive assessment of the patient, considering their lifestyle and daily routines, in order to offer the best solutions in Integrative Medicine
	Assess the patient from a global perspective that takes into account the patient’s sociological, environmental and psychological circumstances
	Approach the anamnesis from the Integrative Medicine approach, gathering the specific information needed by this discipline to make diagnoses and propose treatments
Approach of Chronic and Frequent Diseases in Integrative Medicine	Assess and diagnose environmental diseases
	Assess the digestive, respiratory, neurological and endocrine systems of patients, proposing specific Integrative Medicine treatments
	Assess the musculoskeletal and cardiovascular systems
	Examine oncological aspects and signs of infectious diseases
	Analyze the patient’s immune system
	Apply neuropsychiatry and biological decoding in the diagnostic process
Clinical Analysis in the Diagnostic Process in Integrative Medicine	Analyze the presence of erythrocyte fatty acids
	Analyze the patient’s bone metabolism
	Apply heavy metal and genetic tests
	Study the microbiota and intestinal permeability of the patient
	Diagnose, through laboratory tests, intolerances and allergies

05 Where Can I Do the Internship Program?

TECH, in its commitment to the professional growth of the specialist, has established a network of agreements with the best clinical centers in the Integrative Health sector, so that the graduate who accesses this Internship Program can perform and improve their work and medical skills in a guaranteed way. This way, and thanks to the support of the team of experts who will guide them during the 3 weeks, they will be able to get up-to-date with the latest scientific evidence in the diagnosis and management of patients with chronic diseases and palliative treatments.

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You will be able to actively participate in the management of chronic patients, improving your medical and communication skills immediately”





The student will be able to do this program at the following centers:



Clínica Keval

Country	City
Spain	Valence

Address: Carrer d'Eduard Boscà, nº 24, bajo,
46023 Valencia

Clinical center for integrative and nutritional assistance

Related internship programs:

- Nursing in Integrative Medicine
- Integrative Medicine and Health



Clínica Ume

Country	City
Spain	Alicante

Address: Plaza de la Montanyeta 1

Clínica Ume offers a reference medical service with avant-garde clinical studies that relies on the latest advances in technology and research.

Related internship programs:

- Integrative Medicine and Health

06

General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both practical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This **Internship Program in Integrative Medicine and Health** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program certificate issued by TECH Technological University via tracked delivery.

The certificate issued by TECH will reflect the grade obtained in the test.

Program: **Internship Program in Integrative Medicine and Health**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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