

# Internship Program

## Home Hospitalization



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Internship Program  
Home Hospitalization

# Index

01

Introduction

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*p. 4*

02

Why Study an  
Internship Program?

---

*p. 6*

03

Objectives

---

*p. 8*

04

Educational Plan

---

*p. 10*

05

Where Can I Do the  
Internship Program?

---

*p. 12*

06

General Conditions

---

*p. 14*

07

Certificate

---

*p. 16*

# 01 Introduction

The technology and clinical facilities available nowadays allow a flexibility never seen before for all specialized teams. This, together with increased hospital pressure and an aging demographic change, has considerably increased patient care in the patient's own home. This novel practice requires specialists who assume a multidisciplinary and advanced role, so that continuous practical updating is a sine qua non condition to keep abreast of the latest developments in pain management or approach to pediatric and oncological patients. For this reason, TECH has created the present program, where the student will be integrated into a dynamic and modern team to get up-to-date in Home Hospitalization.

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*You will be accompanied at all times by a team of specialists and professionals committed to ensuring that you get the most out of your practical stay”*







Over the years, Home Hospitalization units have begun to see greater activity and prominence. This is due to the multiple benefits they bring, especially to services such as Internal Medicine, Medical Oncology or Infections. This plurality of pathologies that are treated requires physicians dedicated to home hospitalization to handle a multitude of disparate clinical cases.

It is important to take into account issues related not only to the organization, management and follow-up of the patient, but also to the particularities that oncological, pediatric or geriatric patients may present. In addition, issues such as syndromes that require admission to the home, pain, or infections should be managed with the means of Home Hospitalization.

This TECH Internship Program is presented as a priority educational option to stay up-to-date, in a practical way, in all these areas. The students will be integrated into an advanced team of Home Hospitalization for three intensive weeks, gaining a unique perspective of the day-to-day work of a modern and leading group in their field.

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*Enjoy an intensive 3-week stay in a reputable center and get up to date on the latest clinical procedures to achieve professional growth"*

# 02

## Why Study an Internship Program?

Theoretical education is often either insufficient or incomplete with respect to clinical practice. This is due to the unstoppable advance of technological means and methodologies of approach in the daily work of specialists, which drives them to an almost continuous updating. In the field of Home Hospitalization, this casuistry is even more reflected, since the means of monitoring and caring for patients in this unit are fundamental to achieve the best possible praxis. This Internship Program offers both the necessary update in the most modern means and the possibility of joining a demanding work team with which to learn about the large number of cases that can be dealt with in this area.



*Learn about the most rigorous and current news in this Internship Program in Home Hospitalization"*

### 1. Updating from the Latest Technology Available

The Students have access to the most up-to-date apparatus for monitoring, organization and clinical management possible. This is especially relevant , since the clinical performance of the unit itself depends to a great extent on these equipment and means, and it is therefore essential to know the most advanced technology available.

### 2. Gaining In-depth Knowledge from the Experience of Top Specialists

A team of advanced professionals and specialists in Home Hospitalization will accompany the students throughout their practical stay, ensuring that they can make the most of their own experience by caring for patients with different pathologies and clinical conditions.

### 3. Entering First-Class Clinical Environments

All the centers chosen by TECH for its practical programs meet the highest standards of clinical and care quality. In this way, students not only learn about the latest developments in Home Hospitalization, but also , delve into the keys to the day-to-day work of a comprehensive and advanced team, leading in their own field.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

The practical approach of the most of the entire program makes the specialist to be fully involved in the care of patients at home. In this way, they will be able to perfect and incorporate into their own work methodology all the approaches and methods, both diagnostic and therapeutic, that they acquire on a daily basis.

#### 5. Expanding the Boundaries of Knowledge

TECH offers the possibility of doing this Internship Program, not only in national, but also in international centers. This way, the specialist will be able to expand their frontiers and catch up with the best professionals, who practice in first class centers and in different continents. A unique opportunity that only TECH, the largest online university in the world, could offer.



*You will have full practical immersion at the center of your choice"*



# 03 Objectives

Since Home Hospitalization is one of the clinical areas with the greatest future projection, it is necessary that this Internship Program meets the most ambitious objectives of updating and scientific standards in this regard. After completing the program, the graduate will have an in-depth perspective of how the day-to-day works in a modern and complex Home Hospitalization unit.



## General Objective

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- Update in the management of diseases and patients in the field of home hospitalization in a practical way, evaluating the effective and efficient alternative to conventional hospitalization



*Benefit from the knowledge of the most advanced experts in Home Hospitalization"*







## Specific Objectives

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- ♦ Manage discharges, transfers and hospital readmissions
- ♦ Identify needs according to patient age
- ♦ Manage complex chronic patients
- ♦ Address psychiatric patients by managing the particularities of mental health monitoring at home
- ♦ Manage the main symptoms and complications in post-surgical patients
- ♦ Diagnose and apply the adjusted treatment of diseases with their own characteristics at home
- ♦ Manage infectious diseases in the home setting
- ♦ Categorize admission and exclusion criteria for patient referral
- ♦ Recognize the main clinical syndromes which are possible to treat and monitor from home hospitalization
- ♦ Diagnose, manage and nourish geriatric patients
- ♦ Complete the specific home assessment involving the family
- ♦ Process procedures, classification and specific considerations for the pediatric patient
- ♦ Implement different treatments according to therapeutic suitability
- ♦ Integrate knowledge of the latest therapeutic techniques in the field of home nursing
- ♦ Perform an accurate clinical diagnosis supported by the efficient use of diagnostic methods to indicate an effective integral therapy

# 04

## EducationPlan

The Internship Program in Home Hospitalization consists of a practical stay in a prestigious center, a 3-week period, from Monday to Friday with 8 consecutive hours of work with an attending specialist. This will allow the student to apply the latest precepts in the area to cases and real patients, monitoring and carrying out an exhaustive follow-up of them.

In this program proposal, which is completely practical, the activities are aimed at developing and perfecting the competencies necessary for the provision of Home Hospitalization, and are oriented towards specific expertise for the exercise of the activity, in a safe environment for the patient and with highly professional performance.

It is undoubtedly , an opportunity to learn by working in the innovative hospital of the future , where real-time health monitoring and personalized attention of patients is at the center of the digital culture of its professionals. This is a new way of understanding and integrating healthcare processes, and turns a reference center into the ideal teaching scenario for this innovative experience in the improvement of professional skills.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees who facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of Home Hospitalization (learning to be and learning to relate).





The procedures described below will form the basis of the practical part of the internship, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:

Module	Practical Activity
<b>Organization and Management of Home Hospitalization</b>	Integrate in the daily tasks of coordination and management of a Home Hospitalization team
	Prepare and organize the clinical history of the Home Hospitalization Unit
	Become familiar with the most advanced organization and telemedicine technology
	Participate in the integral coordination of the patient before the admission decision, assessing indications and contraindications
<b>Subsidiary syndromes of admission to the home and management of infections</b>	Assess the limitations of home hospitalization according to the pathology presented
	Determine the equipment available (palliative, cardiovascular, respiratory, etc.) and the criteria to be taken into account for each case
	Analyze complementary examinations in cases of Home Hospitalization
	Manage special cases of Home Hospitalization, such as psychiatric or rehabilitation patients
<b>Infections, pain and palliative care in Home Hospitalization</b>	Manage home kinesic, respiratory and neuromuscular care with the appropriate tools
	Prepare the epicrisis of the patient in the Home Hospitalization unit based on admission criteria, exclusion or possible infections
	Coordinate with the psychopathology and family support services in the care of oncology patients
	Recognize possible complications, adverse effects or interactions of drugs administered in sedoanalgesia
<b>Preventive medicine and special treatments in Home Hospitalization</b>	Manage all the apparatus and approach methods related to peripheral and central lines, ostomies and tracheostomy cannula changes
	Practice the use of drains, use of bitubulated flasks and hemosuptores
	Dose the available material in the Home Hospitalization unit based on the circumstances and possibilities of each clinical case
	Practice decolonization of patients admitted to the Home Hospitalization unit after a long period in the ICU



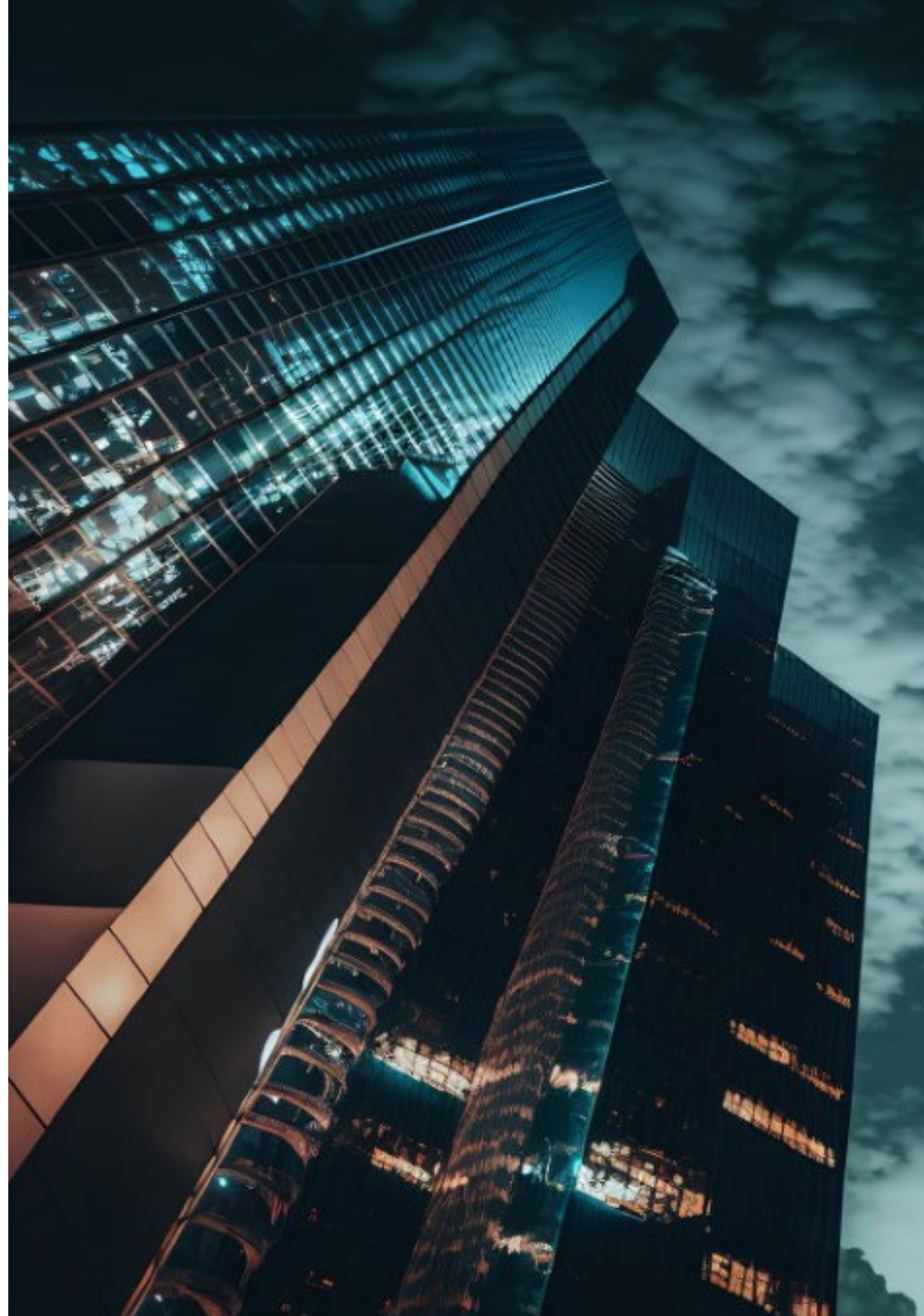
# 05

## Where Can I Do the Internship Program?

The student is guaranteed the highest quality of care in all the centers available in this Internship Program, since they have been chosen based on the highest clinical and care standards. All the medical teams involved are made up of highly qualified and prestigious specialists, with extensive experience over the years that enriches the practical internship itself.



*It chooses the most important centers of reference in the area of Home Hospitalization, with the most advanced equipment and equipment"*







The student will be able to do this program at the following centers:



Medicine

### Hospital HM Modelo

Country City  
Spain La Coruña

Address: Rúa Virrey Osorio, 30, 15011,  
A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Medicine

### Hospital HM Torrelodones

Country City  
Spain Madrid

Address: Av. Castillo Olivares, s/n, 28250,  
Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Medicine

### Pan As Salud

Country City  
Argentina Buenos Aires

Address: Ciudad de la Paz 1068  
Ciudad de Buenos Aires

Rehabilitation center and inpatient hospital

**Related internship programs:**

- Home Hospitalization

# 06

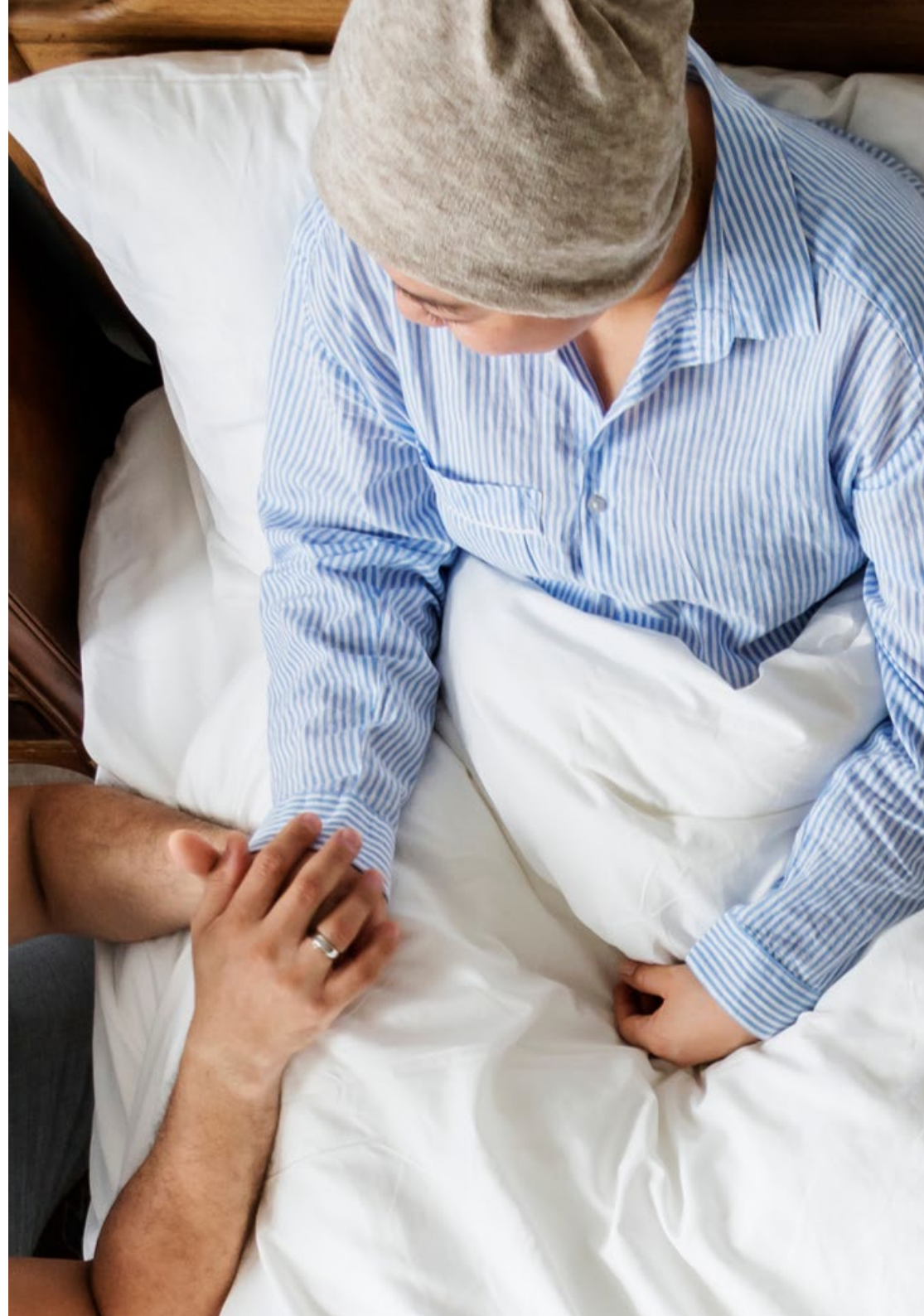
## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Home Hospitalization** contains the most complete and up-to-date program on the professional and academic field.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery\*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Home Hospitalization**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**





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