

# Internship Program

## Aesthetic Plastic Surgery



tech



**tech**

Internship Program  
Aesthetic Plastic Surgery

# Index

01

Introduction

---

p. 4

02

Why Study an  
Internship Program?

---

p. 6

03

Objectives

---

p. 8

04

Educational Plan

---

p. 10

05

Where Can I Do the  
Internship Program?

---

p. 12

06

General Conditions

---

p. 16

07

Certificate

---

p. 18

# 01 Introduction

According to recent studies carried out by the psychological field, the use of social networks idealizes the effect of cosmetic surgery and the canons of beauty established by society. The truth is that, in recent years, the demand for this service has multiplied considerably, favoring, on the other hand, the design of increasingly specific and specialized treatments according to the needs of each patient. And in order for the graduate to keep up to date with the latest developments in this environment, TECH has considered it necessary to develop a practical program focused on all these aspects, which will help the graduate to know in detail both the most innovative clinical strategies and the most effective therapeutic guidelines through 120 hours of stay in an aesthetic center of international reference.

“

*An unparalleled experience with which, undoubtedly, you will increase your knowledge to the maximum through an exhaustive update of the best and most innovative strategies of Aesthetic Plastic Surgery”*





The cult of image and the greater commitment of citizens to improve their physical appearance has favored the rise of consultations on Aesthetic Medicine and Surgery. More and more people, motivated by the security provided by technological advances, decide to put their trust in surgeons to change their appearance and, with it, their self-esteem. Understanding the anatomical structures and visualizing how the change will be after an intervention is fundamental to achieve success in this field, which is why TECH has proposed to improve the qualification of professionals in the sector, through an intensive practical stay in a reference center where they can work hand in hand with leading specialists in the field, which will allow them to become the most reputable surgeons in their country.

In this way, they will be able to work on perfecting their skills in order to be able to identify the patient's needs, guide them towards a given intervention and show them what the final result will be like. In order to do so, it is necessary to work in a meticulous manner, bearing in mind that, in this case, the final result must be as exact as possible to the expected one. In this way, you will be able to generate the necessary confidence in the patient so that they will return to you or recommend you. This is the best way to achieve a better reputation in this sector and, for this, it is necessary that the professionals have the necessary specialization, but also the experience.

This Internship Program has been designed, precisely, to make surgeons become great specialists through a comprehensive update, working hand in hand with a team of professionals from a reference center in cosmetic surgery. Thus, during 3 weeks, the students will be able to get up to date on everything necessary in this field, but, most importantly, seeing the work live, dealing with real patients and acquiring that training that can only be achieved through practice. An essential program for those who are just starting out in the sector, but also for those who, after years of experience, decide to update their knowledge and learn how to handle the latest surgical equipment on the market.

# 02

## Why Study an Internship Program?

Aesthetic Plastic Surgery, like the rest of the medical specialties, has undergone a significant revolution in recent years in terms of the implementation of clinical and surgical strategies that are increasingly more specific and effective, contributing to the achievement of the best results. However, although this is a positive issue for the advancement of science, it hinders the updated practice of its professionals, making such programs necessary to access the most cutting-edge information that allows them to keep abreast of the latest developments in medicine.



*A program adapted not only to your updating needs, but also to the most complex requirements of the Aesthetic Plastic Surgery sector"*

### 1. Updating from the latest technology available

The centers that are part of the list of places where the graduate will be able to carry out his or her practical training guarantee access to the best clinical technology. Thus, enrolling in this Internship Program will give the graduates the opportunity to handle the most sophisticated, innovative and complex therapeutic and diagnostic tools, thus allowing them to implement in their practice their mastery for a practice at the highest level.

### 2. Gaining In-Depth Knowledge from the Experience of Top Specialists

The graduates will have an internship tutor, as well as the support of a group of specialists of the highest level, who will ensure that they can get the most out of the 120 hours of practical stay. In addition, they will make their own experience available to the graduates so that they can update their practice according to the clinical, therapeutic, diagnostic and surgical strategies that have managed to position their careers at the top of the sector.

### 3. Entering First-Class Clinical Environments

Enrolling in this Internship Program in Aesthetic Plastic Surgery will give the graduates the opportunity to enter into first class clinical environments through the management of multiple cases related to different therapeutic and surgical contexts of the specialized practice. In this way, they will be able to work actively in the improvement of their skills through active participation in the day-to-day clinical environment.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

The syllabus of this program has been designed with the objective that the graduates who access it have the guarantee that all the information to which they will have access with it can be applied effectively in the clinical environment. In this way, they will not waste time wandering with concepts that are no longer in use, but will delve into those practices that are marking the current aesthetic vanguard.

#### 5. Expanding the Boundaries of Knowledge

Thanks to the flexibility of this Internship Program in Aesthetic Plastic Surgery, the graduates will be able to delve into countless fields, many of which they had not contemplated until now. Thus, they will be able to awaken their interest towards new areas and sectors, motivating them to implement new strategies in their practice based on the progress of Medicine and in the offer of a clinical service of the highest level.



*You will have full practical immersion  
at the center of your choice"*

# 03 Objectives

The main objective of this program is to update the knowledge of plastic surgeons, improving their qualification for their professional development. Thus, after completing this Internship Program, the students will be able to use the most innovative technology in the field of aesthetic plastic surgery, which will allow them to perform all types of interventions in this field with total safety for the patient. In this way, they will follow specific protocols that will allow them to perform from breast surgeries to facial, abdominal or intimate surgeries. All this, thanks to the intensive stay in a reference center.



## General Objectives

---

- Examine all important aspects related to the patient: patient choice, operating room safety, technologies to be used and anatomical areas to be treated
- Generate Specialized Knowledge so that the Surgeon can apply their Knowledge in the different Clinical Cases Presented to them
- Evaluate the Special Conditions of Patients who wish to Undergo Plastic Surgery Procedures







## Specific Objectives

---

- ♦ Present all the anatomical elements of the breast region relevant to the surgical technique: those that make up the breast itself, the musculature used for pocket formation and the characteristics of the thorax, as well as irrigation, venous–lymphatic drainage and innervation
  - ♦ Analyze the proportions of the breast and nipple-areola complex, to understand the Diversity of Aesthetics and Existing Preferences
  - ♦ Determine the current characteristics of breast implants and the innovations available to the plastic surgeon and their indication in breast surgery
  - ♦ Establish, in Augmentation Mammoplasty, Patient Selection, Surgical Approaches, the Creation of Each Specific Pocket and its Indication, as well as the use of Complementary Techniques such as Fat Transfer for Simple Augmentation or Combined with Implants
  - ♦ Examine, in Mastopexy, the State of the Breast that will be Taken to Surgery, the Different Scars used according to the Lift to be Performed, as well as the Techniques that use Different Pedicles, and those that use Implants
  - ♦ Develop, in Breast Reduction Surgery, the Classification of Hypertrophy, the Different Pedicles Used, and the Existing Complications
  - ♦ Describe the Techniques of Tuberos Breast Treatment with and without Breast Implants
  - ♦ Present and Describe the Different Techniques of Breast Symmetrization
  - ♦ Establish the Diagnosis and Surgical Treatment of the Male Breast Region
  - ♦ Define the Anatomy of the Orbital, Periorbital, and Upper Face Region
  - ♦ Develop the Aesthetic Considerations of the Periorbital Region
  - ♦ Examine the Changes Associated with Aging
- ♦ Determine the Different Basic Techniques in Ophthalmic Plastic Surgery
  - ♦ Analyze the Steps of Preoperative Evaluation
  - ♦ Establish the Specific Surgical Techniques
  - ♦ Show the Complementary Procedures to Palpebral Surgery
  - ♦ Reinforce the Anatomical Knowledge of the Nasal Region
  - ♦ Know how to perform a complete analysis of the nose and relate it according to the variation of the anatomical characteristics of each patient



*You will be able to rejuvenate your patients' physique with the use of the most innovative techniques that have been developed to date"*

# 04 Educational Plan

The Internship Program in Aesthetic Plastic Surgery consists of an intensive stay in a reference center, lasting 3 weeks from Monday to Friday, with 8 consecutive hours of practical learning with an associate specialist. This stay will allow students to see real patients alongside a team of reference professionals in this area, applying the latest technologies and techniques in this field.

In this training proposal, of a completely practical nature, the activities are aimed at developing and perfecting the skills necessary for the care of patients requesting physical improvement, either due to an abnormal body structure, or due to an accident or illness that has caused them physical damage, and conditions that require a high level of qualification. In this way, this proposal is oriented to the specific training for the exercise of the activity, in a safe environment for the patient and with a high professional performance.

It is, without a doubt, a unique opportunity to learn by working in an innovative center, which is committed to the quality of its resources and the latest technologies. Thus, the objectives of the patient and the professionals are met in a safe way and following the highest quality standards currently required.

The stay at the center will allow the professional to complete a minimum number of clinical practice activities in the plastic surgery services, as well as in other areas related to patient care and monitoring.

This internship period will be carried out with the active participation of the student, performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of aesthetic medicine and surgery.



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"*

The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center's own availability and workload, the proposed activities being the following:

Module	Practical Activity
<b>Procedures of Aesthetic Surgery of the breast, upper facial and nasal region</b>	Evaluate, by performing the 3D virtual simulation, the adequate selection of the breast implant
	Perform augmentation mammoplasty, applying the areolar, submammary or axillary incision
	Perform mastopexy without implants, using the Benelli periareolar technique or the Gore-Tex® intercalated suture technique
	Intervene in the breast reduction process using the techniques of superior, inferior, superomedial, medial, vertical bipedicle
	Perform breast amputation plus nipple-areola complex grafting
	Surgical approach to gynecomastia by liposuction, glandectomy or Pull Through
	Apply the upper and lower blepharoplasty procedure
	Perform the primary structural rhinoplasty, after performing the of the profilometric study
	Apply cartilage grafts, performing the selection and carving of the graft
	Perform aesthetic techniques such as bichectomy and otoplasty
<b>Body contouring lipoplasty techniques and plastic surgery of the abdominal wall.</b>	Perform patient selection for lipoplasty, assessing their features and physical parameters
	Use SAL, UAL, PAL, LAL, RAL and WAL technologies in liposuction procedures
	Apply wet, superwet, and tumescent infiltration solutions in liposuction
	Perform deep and superficial fat removal in high definition liposuction, also treating negative spaces
	Apply wet, superwet and tumescent infiltration solutions in liposuction
	Obtain and process the fat graft for autologous fat transfer, performing the transfer by <i>Expansion Vibration Lipofilling</i> (EVL)
	Perform lipoabdominoplasty, mini-abdominoplasty and extended mini-abdominoplasty, performing the flap lifts, extension of the dissection and applying the adequate treatment of the muscular wall

Module	Practical Activity
<b>Aesthetic Surgery of the Gluteal Region</b>	Perform gluteoplasty with autologous fat transfer, using the EVLT method
	Create the pockets in gluteoplasty with implants
	Addressing iatrogenic buttock allogeneisis
<b>Intimal surgery, hair transplantation and other surgical and non-surgical procedures</b>	Perform Combined Three-dimensional Gluteoplasty
	Perform labia minora labiaplasty by wedge reduction, curved linear reduction, de-epithelialization and Z-plasty
	Perform labia majora labiaplasty by applying reduction of the clitoral hood as well as the mons pubis
	Surgical treatment of phimosis, as well as procedures such as circumcision, lengthening of the preputial frenulum, circumcision reversal and phalloplasty for lengthening and thickening
	Surgical management of occult penile conditions such as trapped penis, the penis in candle and the buried penis
	Correct penile curvatures and deformities, addressing Peyronie's disease, through conservative, oral, intralesional injection or topical therapies
	Surgical intervention for microtia and macrotia, using autologous and heterologous autologous and heterologous materials
	Perform hair transplantation, applying the appropriate follicular extraction and implantation



*You will learn firsthand the reality of working in the area, in a demanding and rewarding environment"*

# 05 Where Can I Do the Internship Program?

Following TECH's criteria of maximum quality, agreements have been reached with top level aesthetic clinics where students will be able to carry out an intensive practical stay aimed at improving their skills and abilities in this field. In this way, they are offered the possibility of getting to know the real work in a reference center, where they can be hand in hand with teams with extensive experience, which will teach them the keys to develop as plastic surgeons.



*You will have access to a reference center in aesthetic surgery to improve your qualification in this field"*





The student will be able to do this program at the following centers:



Medicine

### Clínica Granado Tiagonce

Country: Spain City: Madrid

Address: Carretera de Humera 63, Chalet 4 en Pozuelo de Alarcón 28223 (Madrid)

Center for Plastic and Aesthetic Medicine and Surgery

**Related internship programs:**

- Aesthetic Plastic Surgery
- Reconstructive Plastic Surgery



Medicine

### Clínicas Revitae

Country: Spain City: Cáceres

Address: C. San Juan de Dios, 3, 10001 Cáceres

Center specialized in Advanced Aesthetic

**Related internship programs:**

- Aesthetic Medicine
- Aesthetic Plastic Surgery



Medicine

### CBC Surgery Institute Torremolinos (Hospital Santa Elena)

Country: Spain City: Malaga

Address: Urbanización Los Alamos, C. Sardinero, s/n, 29620 Torremolinos, Málaga

Clinical Center of Aesthetic Medicine with multiple surgical and non-invasive services.

**Related internship programs:**

- Aesthetic Plastic Surgery



Medicine

### Clínica Riba

Country: Spain City: Barcelona

Address: Calle Paris, 83 (08029) Barcelona (Hospital Sagrado Corazón, consultas externas, planta 6, consulta 6.9)

Center specialized in Aesthetic Medicine and promotion of health and beauty.

**Related internship programs:**

- Aesthetic Plastic Surgery



Medicine

### Estetic Grup

Country: Spain City: Barcelona

Address: Rambla de Catalunya, 61, 1ª, 1a, 08007 Barcelona

Aesthetic Medicine and Surgery Clinic in Barcelona

**Related internship programs:**

- Aesthetic Plastic Surgery



Medicine

### CBC Surgery Institute Torremolinos

Country: Spain City: Malaga

Address: Avda Palma Mallorca, 37, 29620 Torremolinos

Clinical assistance center specialized in the surgical field

**Related internship programs:**

- Aesthetic Medicine
- Aesthetic Nursing



Medicine

### Clínica Nuba

Country: Spain City: Barcelona

Address: C/ de Provença, 291, 08037 Barcelona

Aesthetic Medicine and Surgery Clinic in Barcelona

**Related internship programs:**

- Aesthetic Nursing
- Aesthetic Plastic Surgery



Medicine

### Dorsia Arroyomolinos

Country	City
Spain	Madrid

Address: Av. de la Unión Europea, 49, Local 2, 28939 Arroyomolinos, Madrid

Medical centers specializing in surgery and medical-aesthetic treatments

**Related internship programs:**

- Aesthetic Plastic Surgery
- Aesthetic Medicine



Medicine

### Clínica Integria

Country	City
Spain	Granada

Address: Calle Torre de Comares, 2, 18007 Granada

INTÉGRIA, clinic with more than 20 years of experience of experience in Aesthetic Medicine, General Medicine, Capillary Surgery and Aesthetic Surgery.

**Related internship programs:**

- Clinical Analysis
- Aesthetic Plastic Surgery



Medicine

### Mediben

Country	City
Spain	Baleares

Address: c/ Federico García Lorca 2, 1ºB, 07014 Palma

Mediben offers treatments in Aesthetic Medicine, Aesthetic Surgery, Nutrition, Regenerative and Capillary Medicine.

**Related internship programs:**

- Aesthetic Plastic Surgery
- Aesthetic Medicine



Medicine

### Dr. Sebastián Ríos

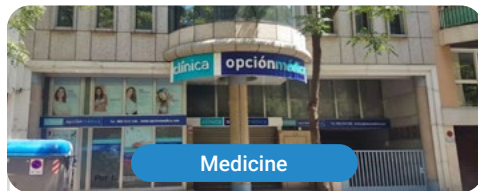
Country	City
Spain	Las Palmas

Address: C. Senador Castillo Olivares, 15, 35003 - Las Palmas de Gran Canaria

Clinic specializing in Facial Plastic Surgery and Aesthetic Medicine

**Related internship programs:**

- Aesthetic Plastic Surgery
- Reconstructive Plastic Surgery



Medicine

### Clínica Opción Médica

Country	City
Spain	Barceloma

Address: C/ de Calvet, 24, 08021 Barcelona

Aesthetic-surgical center specialized in Obesity

**Related internship programs:**

- Aesthetic Nursing
- Aesthetic Plastic Surgery



Medicine

### Dorsia Chueca

Country	City
Spain	Madrid

Address: C. de Serrano Anguita, 12, 28004, Madrid

The Dorsia Chueca clinic has the best team of specialists in the industry.

**Related internship programs:**

- Aesthetic Plastic Surgery
- Aesthetic Medicine



Medicine

### Dorsia Alicante San Vicente

Country	City
Spain	Alicante

Address: C. San Vicente, 8, 03004 Alicante

The Dorsia clinic in Alicante offers you the best surgery, aesthetic medicine and beauty treatments.

**Related internship programs:**

- Aesthetic Plastic Surgery
- Reconstructive Plastic Surgery



### Vila Moreschi Clinic

Country  
Argentina

City  
Autonomous City  
of Buenos Aires

Address: Aime Paine 1665 piso 4 Departamento 5,  
Puerto Madero, Ciudad de Buenos Aires

Clinic specializing in Plastic Surgery and  
Aesthetic Medicine

---

**Related internship programs:**

- Aesthetic Medicine
- Aesthetic Plastic Surgery



*Take advantage of this opportunity to surround yourself with expert professionals and learn from their work methodology"*

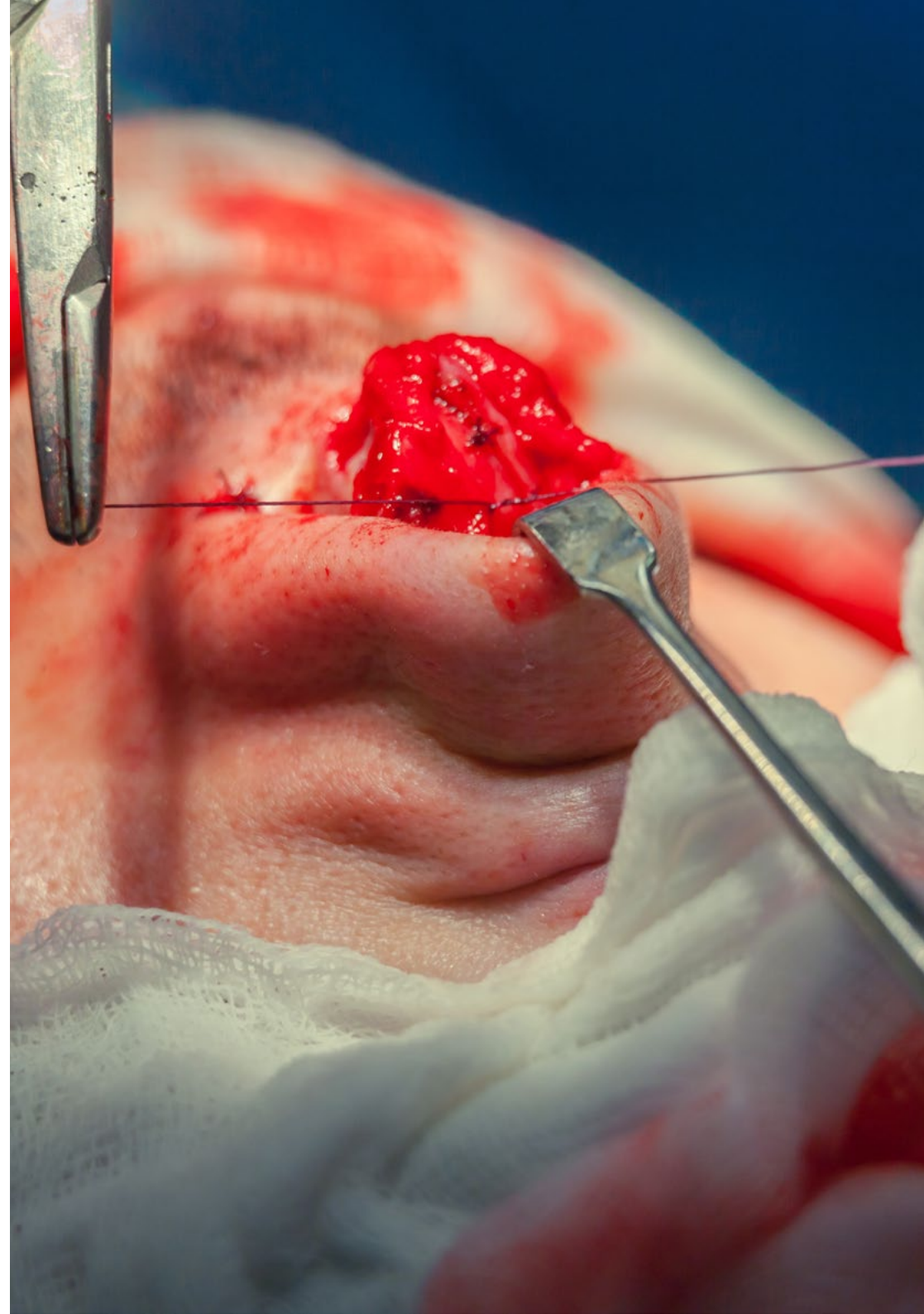
# 06 General Conditions

## Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Aesthetics Plastic Surgery** contains the most complete and updated program in the professional and academic panorama.

After the students have passed the evaluations, they will receive their corresponding TECH Internship Program issued by TECH Technological University via tracked delivery.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Aesthetics Plastic Surgery**

Duration: **3 weeks**

Course Modality: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



**tech**

Internship Program  
Aesthetic Plastic Surgery

# Internship Program

## Aesthetic Plastic Surgery



tech