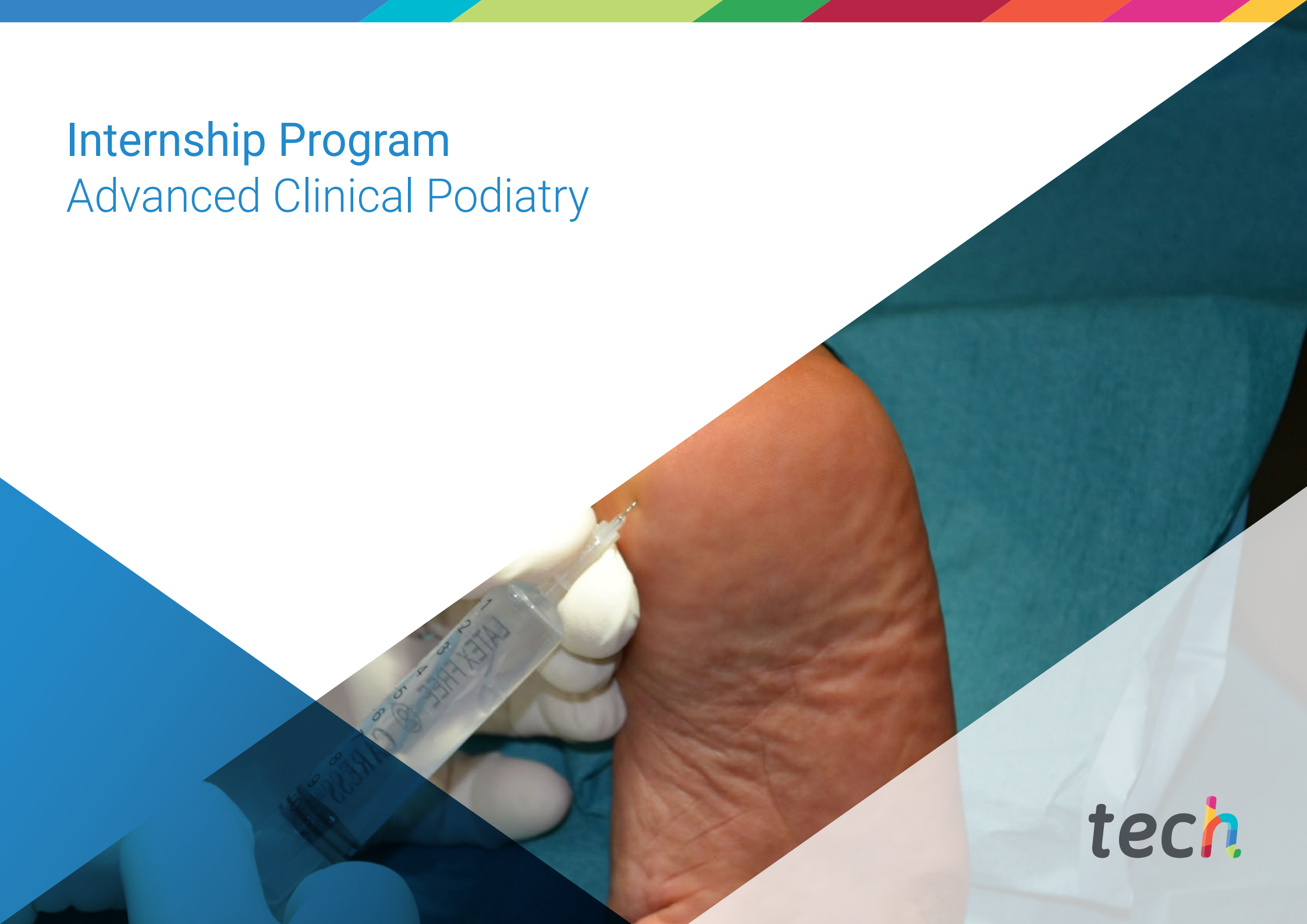


# Internship Program

## Advanced Clinical Podiatry



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Internship Program  
Advanced Clinical Podiatry

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# 01 Introduction

The current high prevalence of numerous foot pathologies has boosted the work of the podiatrist, who has more and more techniques to deal with this type of conditions. Thus, advances such as the implementation of minimally invasive surgery in various foot deformities or the application of artificial intelligence for the detection of diseases of all kinds through the study of the footprint, have made this specialty one of the most changing in recent times. For this reason, TECH has designed this completely practical program, in which the professional will have the opportunity to spend an on-site stay in a prestigious center in the podiatric area where they will be able to get up to date in a participative and immediate way.



*The practical stay offered by TECH will allow you to be immediately updated in various diagnostic and surgical techniques and pharmacological treatments in the field of Podiatry"*





The professional will update their knowledge in the area of Podiatry, thanks to this totally practical program, using the most outstanding current techniques in the discipline. Thus, you will perform the exploration of the foot and ankle, you will know the proper method for taking molds and the manufacture of orthoses. Also, you will be updated on the treatments applied to wounds and primary lesions, performing the appropriate curettage to avoid the appearance of fungal and bacterial infections.

In addition, aspects for the management and promotion of a podiatric clinic will be addressed. In this sense, the management of human and economic capital will be taken into account, as well as the handling of patient complaints and the use of marketing techniques to attract new clients.

In summary, the practical program of this training encompasses all the skills that the clinical podiatrist must possess in their daily work. At the same time, you will be trained to know the administrative operation of one, being a key point for those specialists who wish to start their own clinic. All this, in 3 weeks of intensive stay, with a fixed schedule of 8 hours per day, to guarantee a complete update in this subject through a dynamic experience in a real professional environment.

# 02

## Why Study an Internship Program?

Constant updating is a basic task in the area of Clinical Podiatry. This specialty is constantly changing, driven by new surgical methods and innovative approaches that have emerged to treat fungal infections and other pathologies affecting the foot. But, in addition, its incursion into disciplines such as sports has meant that professionals oriented to this field should be aware of the latest innovations in aspects such as injury prevention and biomechanics. But these issues, if not approached with a practical perspective, can lead to a monotonous and ineffective learning experience. With this in mind, TECH has designed this completely practical and face-to-face program, which will allow the student to get up to speed in the discipline through a stay in a prestigious podiatric clinic.



*This program is unique, as it will give you access to a real clinical environment where you can learn first-hand about the most advanced procedures in the area of Advanced Clinical Podiatry"*

### 1. Updating from the latest technology available

The constant technological advances in podiatry have made it common for elite athletes to seek the services of a specialist to prevent injuries and improve their athletic performance. Thus, through this completely practical program, the professional will be able to work in a clinical environment where they will have the most advanced equipment at hand, where they will be able to update themselves with the latest technology available in this area.

### 2. Gaining In-Depth Knowledge from the Experience of Top Specialists

The specialist will be supported and accompanied by leading specialists in Clinical Podiatry. In this way, you will be able to use your experience to update your knowledge in this discipline. In addition, you will have a specific tutor who will ensure that your learning experience is effective.

### 3. Entering First-Class Clinical Environments

The centers where students can carry out their internships have been carefully selected by TECH. This ensures that the professional will enjoy an optimal experience, developing in a clinic of great prestige in the area of Podiatry. Thus, this Internship Program will not only provide the specialist with constant guidance throughout its 3-week duration, but also a first-class healthcare space where getting up to date with the latest techniques and diagnostic methods will be dynamic and easy.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

Traditional teaching is not prepared to respond to the current challenges of advanced clinical podiatry. For this reason, TECH has prepared this program with a completely practical orientation, which will allow the professional to integrate the most advanced surgical techniques and treatments of the discipline into their daily work from the very beginning.

#### 5. Expanding the Boundaries of Knowledge

TECH's desire in all its programs is to allow students to expand their frontiers. Thus, this institution has chosen internationally recognized centers to bring the specialist closer to large-scale professional environments, where they will come into contact with other prestigious physicians practicing in hospitals with a global reputation. A unique opportunity that only TECH, the world's largest digital university, could offer.



*You will have full practical immersion  
at the center of your choice"*

# 03 Objectives

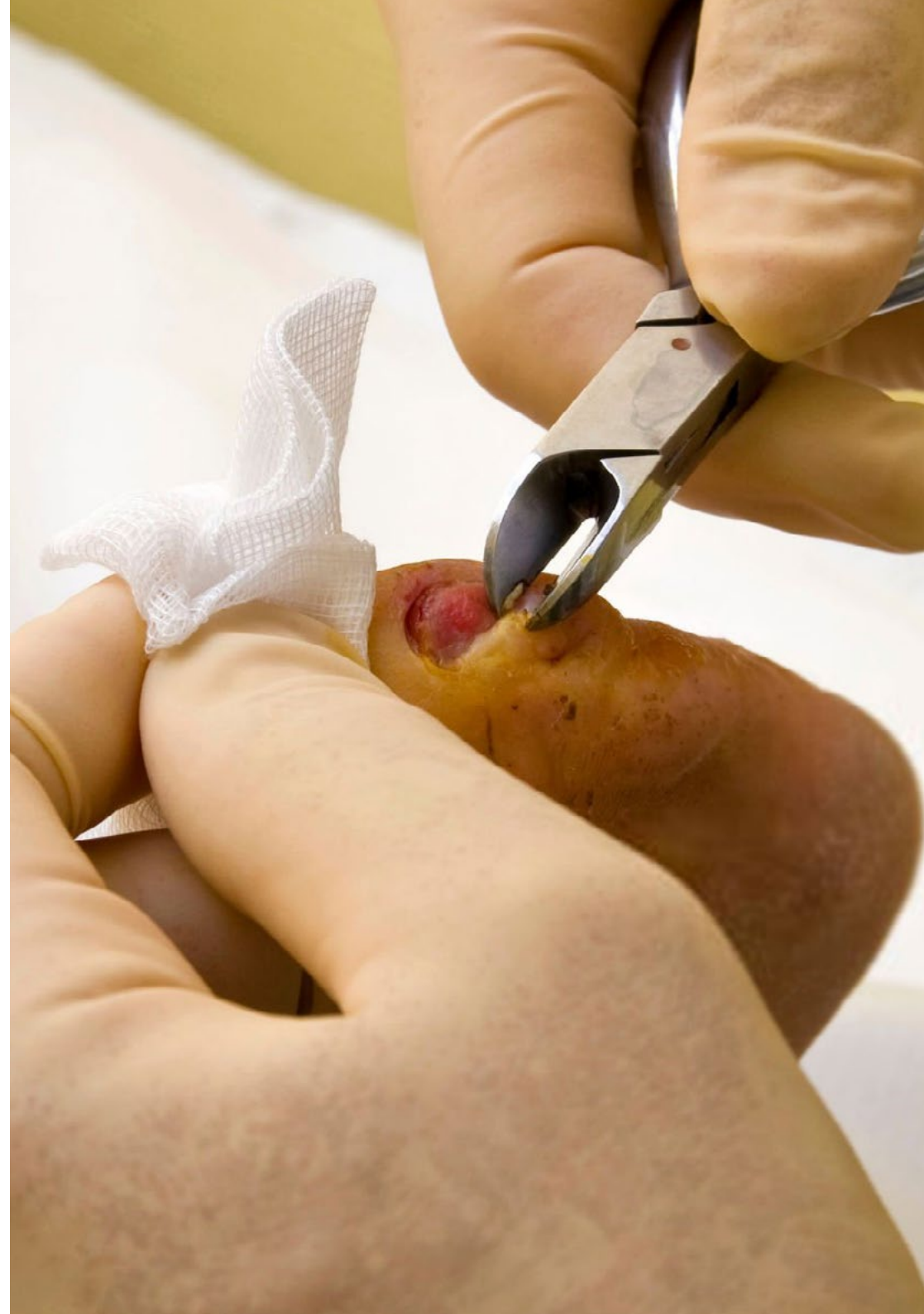
The main objective of this Internship Program in Advanced Clinical Podiatry is to provide students with all the tools and techniques they need to improve their job performance. For this purpose, they will have a series of activities supervised by a professional attached to the center, where they will be updated on the latest diagnostic methods in podiatry, as well as the most advanced approaches in pathologies related to posture and specific therapeutic care dedicated to pediatric patients, among many other issues.



## General Objectives

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- Know and master the latest advances in preventive podiatry, especially in posturology
- Updating in surgical matters, deepening in soft tissue surgery, open surgery and MIS surgery
- Specific approach to pediatric and geriatric patients, attending to their particular needs and characteristics







## Specific Objectives

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- ♦ Update the knowledge of practicing podiatrists in their daily activity with the most current techniques used as diagnostic and therapeutic tools
- ♦ Identify and implement the main changes in Podiatric treatments based on the latest scientific evidence
- ♦ Differentiate the pathologies of the lower limb and point out the most appropriate Treatment
- ♦ Classify the different Pathologies of the Foot and Ankle for their correct treatment
- ♦ Differentiate the Pathologies of the Pelvis, Hip, and Femur, in order to implement the most appropriate Treatment
- ♦ Recognize and distinguish Knee Diseases in order to implement the most appropriate Treatment
- ♦ Differentiate Foot and Ankle Pathologies and implement the most appropriate treatment
- ♦ Contrast the different Treatments in Pediatric Orthopedology
- ♦ Interpret and justify the best therapeutic choice by Diagnostic Imaging
- ♦ Identify the causes of the main Pathologies of the athlete in the Locomotor System and the Treatment of choice
- ♦ Incorporate the most advanced techniques of exploration and biomechanical analysis for the correct diagnosis of foot and ankle pathologies
- ♦ To provide the Professional with enough knowledge to develop their Clinical Practice with efficiency and effectiveness, in the global Treatment of the different Pathologies that affect the athlete from the Podiatric point of view
- ♦ Develop the necessary skills for the design of plantar orthoses using telematics systems
- ♦ Training in the clinical, medical and diagnostic aspects of dermatological conditions affecting the foot
- ♦ Be aware of the responsibility of podiatric prescribing and rational use of medication
- ♦ Know how to interpret the most useful diagnostic imaging tools in podiatry
- ♦ Broaden the knowledge and skills necessary for the application of podiatric surgery
- ♦ Describe and develop in detail the professional competencies present in clinical practice, derived from the technical analysis of the patient's posture and balance
- ♦ To show the latest techniques in customer acquisition and relationship management, as well as customer care in the Health Care Field
- ♦ Develop the different Surgical Techniques updated in the various Foot Pathologies
- ♦ Introduce the podiatrist to research methodology in order to carry out work based on clinical cases and scientific evidence for presentation in scientific-technical forums

# 04

## Educational Plan

The Internship Program in Advanced Clinical Podiatry will be carried out over a period of three weeks, from Monday to Friday, with consecutive eight-hour days. All the activities that the students will learn will be supervised by an assistant specialist, who will be in charge of providing the necessary information to treat the patients.

In this training proposal, of a completely practical nature, the activities are aimed at the development and improvement of the competencies necessary for the provision of podiatric care in areas and conditions that require a high level of qualification, and which are oriented to the specific training for the practice of the activity, in an environment of patient safety and high professional performance.

In this way, the student will have the opportunity to learn by performing a unique task in a center of international prestige, monitoring patients, making molds, manual or biomechanical examination techniques, among others. This modality will be a new way of understanding and integrating theoretical knowledge into work practice, in a safe way for the patient and the professional.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees to facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of clinical podiatry (learning to be and learning to relate).





The procedures described below will form the basis of the practical part of the training, and their completion is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:

Module	Practical Activity
<b>Procedures in clinical, sports and preventive podiatry.</b>	Perform foot and ankle examination and diagnosis.
	Perform biomechanical examination of the athlete, paying attention to gait pathologies.
	Use of neuromuscular bandages during recovery from various injuries.
	Making molds for shoe therapy, and fabrication of plantar orthoses, splints and prostheses.
	Apply treatments and cures in primary and secondary elementary wound lesions, as well as in benign skin tumors, fungal and bacterial infections and onychopathies.
<b>Diagnostic techniques and pharmacology in podiatry.</b>	Diagnose injuries and various podiatric pathologies using radiology and ultrasound.
	Apply local anesthetics and conscious sedation to perform surgical interventions and other procedures.
	Indicate the use of drugs, as well as master formulas, for patients with podiatric injuries or pathologies.
<b>Surgical techniques in Podiatry</b>	Apply cryosurgery techniques in those cases that require it.
	Carrying out infiltrations
	Hallux Valgus Surgery
	Hallux Rigidus Surgery
	Perform metatarsal, flatfoot and fifth metatarsal surgeries.
	Apply the most advanced procedures in minimally invasive surgery.
<b>Methods of management and administration of clinics specialized in podiatry.</b>	Involvement in the management of the clinic's human, economic and financial capital.
	Participate in the development of a marketing plan for Podiatry services.
	Resolving possible complaints or discomfort of the patient in the clinic.
	Analyzing the clinical database to improve efficiency and management

# 05 Where Can I Do the Internship Program?

To help its students in their academic and work preparation, TECH is willing to broaden the horizons of this Internship Program, offering a specialized center of international prestige, where they will be able to apply all the knowledge learned in the classroom. This is a unique opportunity for the student to continue to grow in his or her area of work, with plans to become autonomous in the sector.



*At the end of your training in one of these centers you will be ready to face the challenge of opening your own podiatric clinic"*





The student will be able to do this program at the following centers:



Medicine.

### Clínica Viriato

Country: Spain City: Madrid

Address : Calle Viriato, 29 ,28010, Madrid

Clinic specialized in General Medicine, Aesthetic Medicine, Dentistry and Body Rehabilitation.

**Related internship programs:**  
Sports Physiotherapy  
Geriatric Physiotherapy



Medicine.

### Clínica La Unión

Country: Spain City: Madrid

Address : C. del Marqués de la Valdavia, 84, 28100 Alcobendas, Madrid

Polyclinic with a variety of medical specialties

**Related internship programs:**  
- Advanced Clinical Podiatry



Medicine.

### Clínica de Podología i l'Esport

Country: Spain City: Barcelona

Address : Carrer de Numància, 18, baixos, 08029 Barcelona

Specialized Podiatric Care Center in sports

**Related internship programs:**  
- Advanced Clinical Podiatry



Medicine.

### Clínica Mendell

Country: Spain City: Valladolid

Address : C/ Miguel Íscar, 3, 2 (47001) Valladolid España

Medical center offering various clinical specialties

**Related internship programs:**  
-Prevention, Rehabilitation and Rehabilitation of Sports Injuries for Physiotherapists



Medicine.

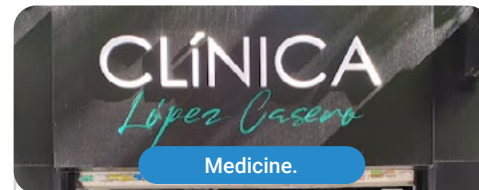
### Clinisalud

Country: Spain City: Madrid

Address : Calle Pingüino, 23, 28047 Madrid

Multidisciplinary health care center

**Related internship programs:**  
- Diagnosis in Physiotherapy  
- Advanced Clinical Podiatry



Medicine.

### Clínica López Casero

Country: Spain City: Madrid

Address : Calle Alcalde López Casero 4, 28027, Madrid

Health care center with multiple specialties.

**Related internship programs:**  
- Advanced Clinical Podiatry



Medicine.

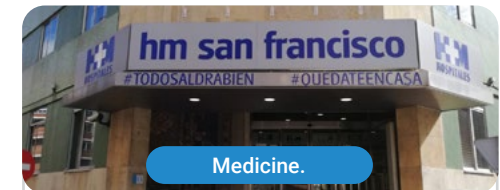
### Clínica Noriega

Country: Spain City: Madrid

Address : Calle de Francos Rodríguez, 23, 28039, Madrid

Multidisciplinary clinical center specialized in Podiatry, Physiotherapy, Nutrition and Psychology.

**Related internship programs:**  
- Advanced Clinical Podiatry



Medicine.

### Hospital HM San Francisco

Country: Spain City: León

Address : C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**  
Update in Anesthesiology and Resuscitation  
Trauma Nursing



Medicine.

### Hospital HM Nou Delfos

Country	City
Spain	Barcelona

Address : Avinguda de Vallcarca, 151,  
08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**  
- Aesthetic Medicine  
- Clinical Nutrition in Medicine



Medicine.

### Hospital HM Madrid

Country	City
Spain	Madrid

Address : Pl. del Conde del Valle de Súchil, 16,  
28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**  
- Palliative Care  
- Anaesthesiology and Resuscitation



Medicine.

### Hospital HM Montepríncipe

Country	City
Spain	Madrid

Address : Av. de Montepríncipe, 25, 28660,  
Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**  
- Palliative Care  
- Aesthetic Medicine



Medicine.

### Hospital HM Torrelodones

Country	City
Spain	Madrid

Address : Av. Castillo Olivares, s/n, 28250,  
Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**  
- Anaesthesiology and Resuscitation  
- Palliative Care



Medicine.

### Hospital HM Puerta del Sur

Country	City
Spain	Madrid

Address : Av. Carlos V, 70, 28938,  
Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**  
- Palliative Care  
- Clinical Ophthalmology



Medicine.

### Policlínico HM Cruz Verde

Country	City
Spain	Madrid

Address : Plaza de la Cruz Verde, 1-3, 28807,  
Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**  
- Advanced Clinical Podiatry  
- Optical Technologies and Clinical Optometry



Medicine.

### Policlínico HM Moraleja

Country	City
Spain	Madrid

Address : P.º de Alcobendas, 10, 28109,  
Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**  
- Rehabilitation Medicine in Acquired Brain Injury Management



Medicine.

### Policlínico HM Imi Toledo

Country	City
Spain	Toledo

Address : Av. de Irlanda, 21, 45005, Toledo

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**  
- Electrotherapy in Rehabilitation Medicine  
- Hair Transplantation



### Neopod Clínica Podológica

Country Spain City La Coruña

Address : Rúa Oidor Gregorio Tovar, 17, bajo izquierda, 15007 A Coruña

Clinic specialized in chiropodology and the study of the footprint.

**Related internship programs:**  
- Advanced Clinical Podiatry



### Clínica Foot and Body

Country Spain City Madrid

Address : C. de Segovia, 69, local izquierda, 28005 Madrid, España

Foot and Body Clinic specialists in Podiatry, Aesthetic Medicine, Physiotherapy and Advanced Aesthetics.

**Related internship programs:**  
Sports Physiotherapy  
- Advanced Clinical Podiatry

# 06

## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this educational entity undertakes to take out civil liability insurance to cover any eventuality that may arise during the stay at the internship center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the student does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. Prior Studies** Some centers may require a certificate of previous studies for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. 3.- DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Advanced Clinical Podiatry** contains the most comprehensive and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program Certificate issued by TECH Technological University via tracked delivery\*.

The certificate issued by TECH will state the score obtained in the test.

Program: **Internship Program in Advanced Clinical Podiatry**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour shifts, consecutive shifts**

Total Hours: **120 h. of professional practice**



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Internship Program  
Advanced Clinical Podiatry

# Internship Program

## Advanced Clinical Podiatry



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