

Internship Program

Advanced Integrative Health and Medicine



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Index

01

Introduction

p. 4

02

Why Study an
Internship Program?

p. 6

03

Objectives

p. 8

04

Educational Plan

p. 10

05

Where Can I Do the
Internship Program?

p. 12

06

General Conditions

p. 14

07

Certificate

p. 16

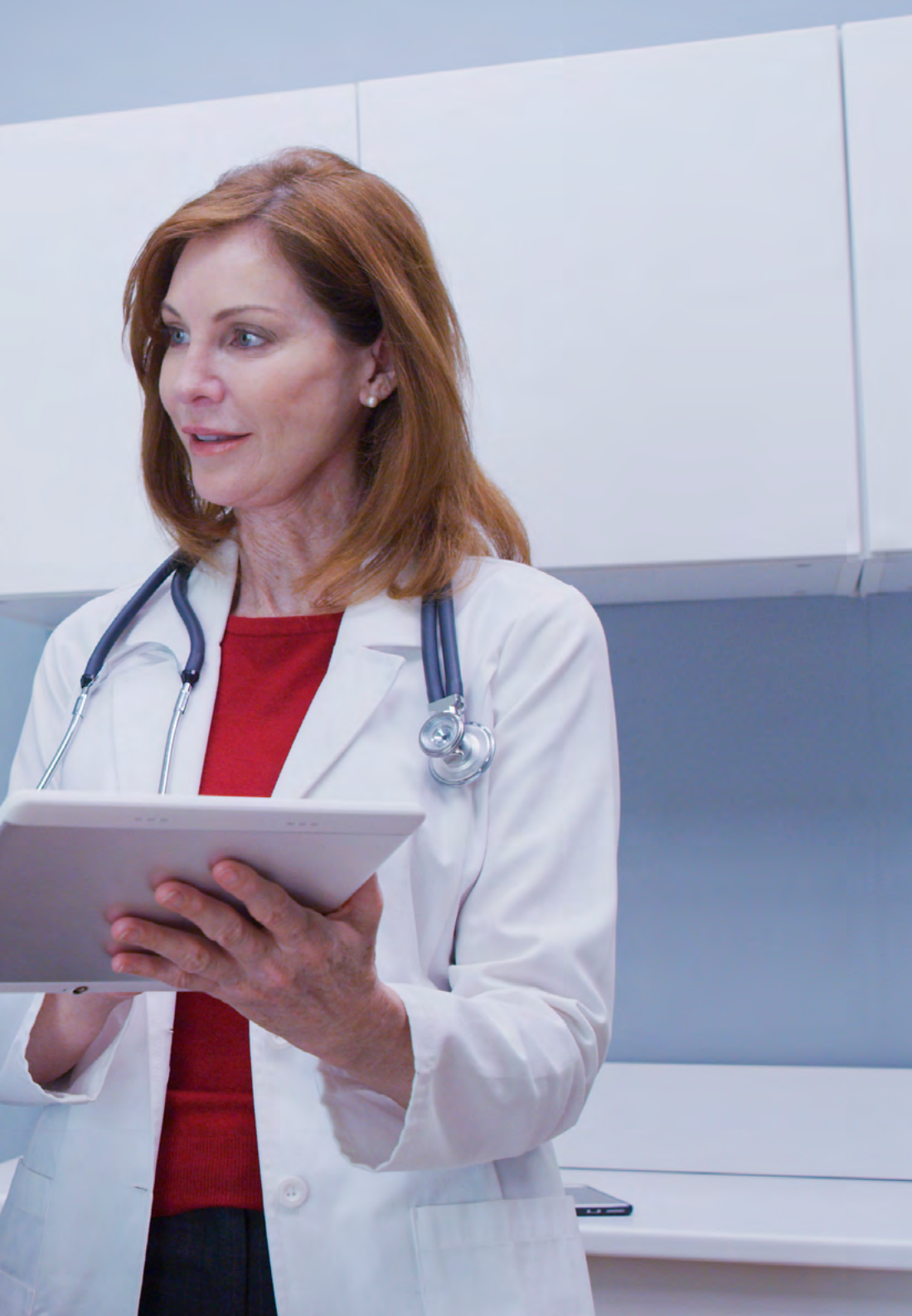
01 Introduction

Integrative Medicine has shown promising results in the treatment of patients with diseases such as cancer, positively influencing the control of their symptoms and the side effects of the drugs used in this type of cases. This is why, more and more frequently, medical specialists want to keep up-to-date with the strategies and techniques that make up this science in order to provide their patients with a more complete alternative offer. Based on this demand, TECH has developed this eminently practical program, which will allow the graduate to be part of a medical team for 120 hours in a prestigious clinical center.



TECH gives you the opportunity to enhance your technical and procedural skills through a Internship Program in Advanced Integrative Health and Medicine, where you will be guided by real experts”





Studies on the microbiota, diet therapy or ozone therapy are just some of the main advances that Integrative Medicine has developed in recent decades. Advances that allow the approach from common to chronic pathologies, favoring the patient's wellbeing. Given the benefits of this specialty and the acceptance of society, more and more professionals are demanding an update of their knowledge, to integrate Integrative Health and Medicine into their daily practice.

That is why TECH has created this Internship Program, which leads the professional to enter, from the first moment in a unique experience in a reference center. In this way, they will obtain a much closer and direct vision of the techniques and methods currently used, together with professionals specialized in this health field.

Therefore, during the 3 weeks of the internship, they will be able to actively participate in the management of real cases, intervene in their diagnosis and give their opinion on the most effective treatments in each case. This way not only will they be able to perfect their medical aptitudes and competences, but they will also polish their communication skills in the practice, through direct contact with the patient.

02

Why Study an Internship Program?

The healthcare field is one of those that most requires updating by professionals. That is why TECH has decided to create a program that moves away from the purely theoretical concept and introduces, from the first moment, the specialist in an internship in a clinical center of reference. Therefore, during 3 intensive weeks, the professional will obtain the up-to-date knowledge they need, and, in addition, will approach the most innovative techniques and methods in this specialty. A period where they will be surrounded by the best experts in this field who will contribute with their experience to provide the keys that the graduate needs to enhance their capabilities. In this way, they will be able to achieve their objectives, through an Internship Program that will be very useful in their daily professional performance.



Get an update in a real clinical environment and be surrounded by specialists who will show you the latest advances in Integrative Health and Medicine”

1. Updating from the latest techniques available

Integrative Health and Medicine has advanced, especially in recent decades, thanks to advances in genomics, micro-immunotherapy and ozone therapy. These advances have made it possible to carry out more effective and individualized treatments. For this reason, and with the main purpose of bringing the specialist closer to the most innovative and advanced techniques, TECH presents this Internship Program. During this period, the professional will be immersed in a state-of-the-art clinical environment, with access to the most relevant treatments and procedures in the field of Integrative Health and Medicine.

2. Gaining In-Depth Knowledge from the Experience of Top Specialists

During 3 weeks of internship, the professional will be integrated into a team of professionals who will accompany them during this process. This is a guarantee of obtaining up-to-date knowledge from the best. Therefore, under the guidance of an expert, they will be able to see the daily work carried out in a reference clinical center and integrate the procedures observed in their daily practice.

3. Entering First-Class Clinical Environments

TECH's main objective is to ensure that the professional successfully achieves their goals of practical updating of their knowledge. For this reason, it carries out a rigorous selection process of all the centers that are part of the Internship Program. In this way, this institution seeks to offer a quality program that responds to the real and daily needs of specialists in Integrative Health and Medicine.



4. Putting the acquired knowledge into daily practice from the very first moment

In this program, TECH focuses on the practical application of the most advanced techniques, treatments and methods used in Integrative Health and Medicine. In this way, this institution presents an intensive pedagogical format that will take you from the first moment and until its conclusion to be able to perform an update in a clinical environment of maximum excellence.

5. Expanding the Boundaries of Knowledge

The activities carried out during the internship will lead the professional to be able to integrate all the processes performed in their practice. However, this program has a broader vision, giving an approach that will allow the professional, if they wish, to apply the most innovative concepts in any prestigious center where they want to perform their health care work.



*You will have full practical immersion
at the center of your choice"*

03

Objectives

With the course of this program, the specialist will be able to acquire the most innovative and necessary knowledge in the assessment of the suitability of each discipline in the clinical environment, which will allow them to provide quality care based on the latest scientific evidence. It is, therefore, a unique opportunity that will encourage professional stimulation in the graduate through continuous training and research, positively influencing the promotion of work strategies based on the integrative approach and multimodal rehabilitation. In this way, the specialist will be able to update their knowledge in a comprehensive way in the various fields of Integrative Medicine.



General Objectives

- Keep up-to-date with the latest techniques, methods and procedures used in this specialty under the modern scientific postulates and application of cutting-edge technologies
- Incorporate the latest advances in the diagnosis and treatment of patients in their daily work, applying the most relevant progress in this specialty
- Approach with the utmost rigor and meticulousness the patient, whether pediatric or elderly, through the most effective therapeutic techniques





Specific Objectives

- ♦ Analyze the relationship between the peripheral and central nervous system with the digestive tract and the immune system
- ♦ Review access to complementary medicine therapies in hospital settings
- ♦ Analyze Neural Therapy and Ozone Therapy
- ♦ Learn the clinical advances in integrative nutrition such as the anti-Inflammatory and ketogenic diets
- ♦ Analyze the importance of nutrition in pregnancy and supplementation, as well as breastfeeding during the first months of the baby's life
- ♦ Learn about mucosal inflammatory syndrome and the most prevalent pediatric diseases
- ♦ Establish and develop a methodology for a school for parents
- ♦ Study the changes that women go through during puberty, their stage of fertility and pregnancy
- ♦ Understand the new challenges that women go through during maternity
- ♦ Review recurrent pathologies in gynecology such as candidiasis, polycystic ovarian syndrome and endometriosis
- ♦ Address advances in chronological ageing research and measures for healthy aging
- ♦ Analyze changes in the neurological diseases that have the greatest impact on this population, such as Alzheimer's or Parkinson's disease
- ♦ Study the evidence for integrative medicine treatment of neurological and psychiatric diseases
- ♦ Review the epidemiology, pathophysiology, and mechanisms underlying mood disorders and mental illnesses
- ♦ Understand the effectiveness of Body-Mind techniques such as yoga and Psychoanalysis in the therapeutic approach
- ♦ Review the legal context of the application of Integrative Medicine, how to assess risk and mitigate cases of malpractice
- ♦ Understand common ethical issues that arise in current clinical practice
- ♦ Identify the available platforms to handle patient databases
- ♦ Analyze SEO and SEM positioning techniques as well as algorithms



The best way to learn in detail the latest developments regarding the most effective techniques of Integrative Medicine is through active participation in the management of real clinical cases”

04

Educational Plan

The Internship Program in Advanced Integrative Health and Medicine consists of a 3-week stay in a prestigious center, from Monday to Friday with 8 consecutive hours of work with an attending specialist. [This stay will allow them to deal with real patients with a team of reference professionals in the field of integrative medicine, applying the most innovative diagnostic procedures and planning the latest generation of therapy in each pathology.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare care in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

It is undoubtedly a unique opportunity to learn by working in a clinic of the future where real-time health monitoring of patients is at the center of the digital culture of its professionals. This is a new way of understanding and integrating the latest healthcare processes, and turning a reference center into the ideal teaching scenario for this innovative experience in the improvement of professional competencies.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of knowledge (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of Integrative Health and Medicine (learning to be and learning to relate).





The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:

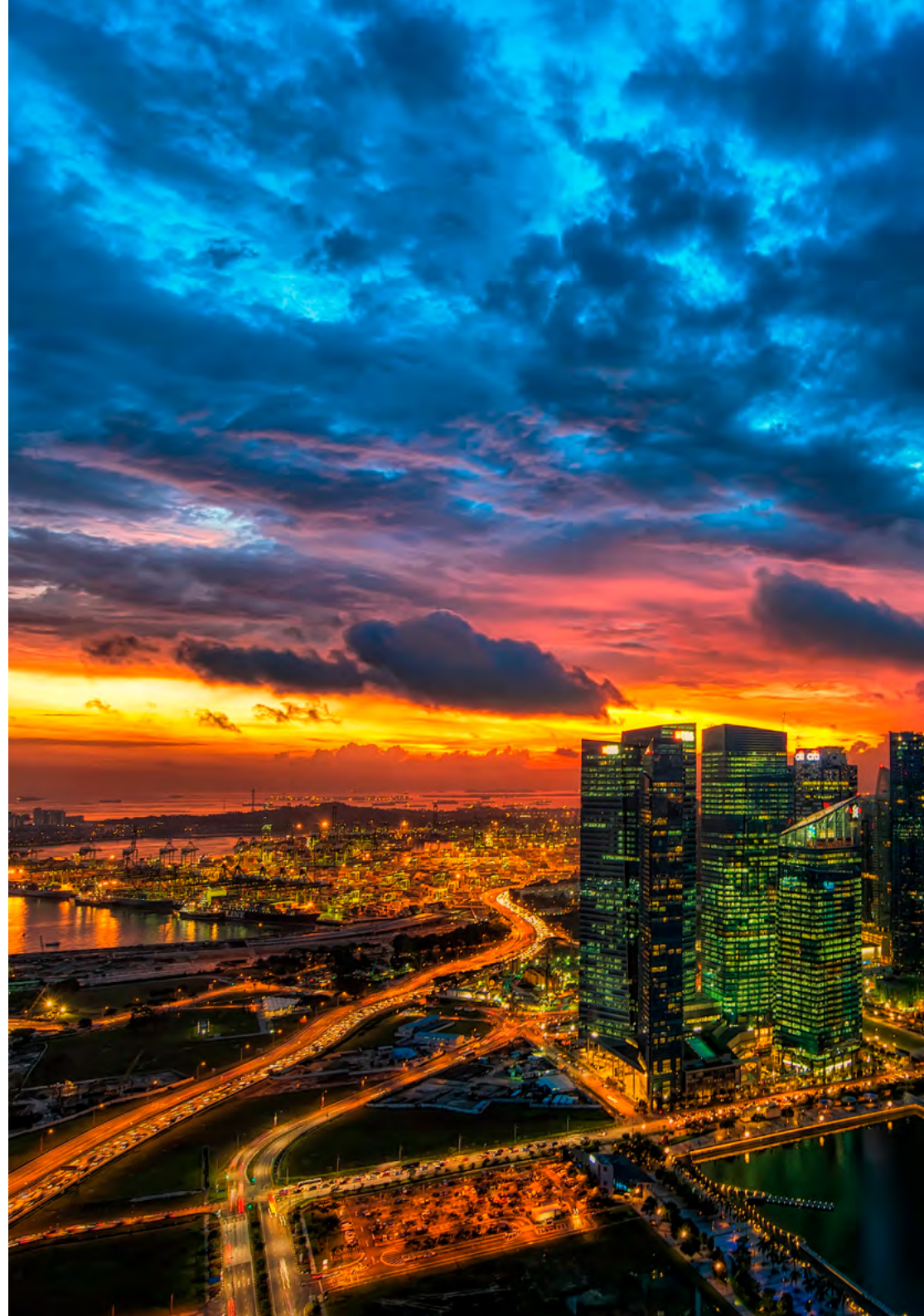
| Module | Practical Activity |
|---|--|
| Advanced Techniques in Integrative Medicine | Perform assessment using nutritional genomics tools |
| | Perform microimmunotherapy evaluation |
| | Apply ozone therapy in oral and dental diseases, wounds and healing processes and osteoarthritis |
| | Perform orthomoleculary supplementation, phytotherapy and interaction analysis |
| Integrative Approach Methods in Women's Health | Carry out analyses of dysbiosis and pediatric uses of probiotics |
| | Approach, from Integrative Medicine, fertility and pregnancy problems through the indication of specific diets, acupuncture and Wellness Therapy |
| | Indicate complementary techniques to <i>In Vitro Fertilization</i> |
| | Perform analysis and treatment of recurrent pathologies in gynecology |
| Diagnostic and preventive techniques in mental health and helping relationship | Perform examinations in women in menopause stage |
| | Perform an integrative approach to the patient based on the latest advances in neuropsychiatry as a diagnostic tool |
| | Use the most advanced <i>Coaching</i> techniques to improve the patient's mental health |
| | Practice mind-body techniques in the therapeutic approach |
| Information and Communication Technologies Applied to Integrative Medicine | Assess mental disorders in childhood |
| | Use biometric tools to improve diagnostic accuracy |
| | Apply digital clinical self-questionnaires |
| | Use platforms and databases for health professionals |
| | Contribute to the creation and management of the digital structure of a center specialized in Integrative Medicine |

05 Where Can I Do the Internship Program?

In order to guarantee a highly beneficial practical experience for the graduate, TECH has selected a group of leading clinics nationwide in the field of Integrative Medicine. In this way, the graduate who accesses this qualification will be able to enjoy a stay in a prestigious center and in which, in a totally guaranteed way, they will be able to improve and expand their competencies and professional skills in just 120 hours.



You will have, at all times, a tutor who will guide you in your practical experience, so that you can act with total guarantee in the management of common and complex clinical cases”





The student will be able to do this program at the following centers:



Medicine.

Clínica Keval

| | |
|---------|---------|
| Country | City |
| Spain | Valence |

Address: Carrer d'Eduard Boscà, nº 24, bajo,
46023 Valencia

Clinical center for integrative and nutritional assistance

Related internship programs:

- Nursing in Integrative Medicine
- Integrative Medicine and Health



Medicine.

Hospital HLA San Carlos Denia

| | |
|---------|----------|
| Country | City |
| Spain | Alicante |

Address: Partida Madrigueres Sud, 8, 03700
Dénia, Alicante

Hospital complex promoting all clinical specialties

Related internship programs:

- Intensive Care Nursing
- Nursing in Internal Medicine



Medicine.

Centro Médico HLA San Carlos - Jávea

| | |
|---------|----------|
| Country | City |
| Spain | Alicante |

Address: Carrer Nancy, 3, 03730
Playa del Arenal, Jávea, Alicante

Multidisciplinary healthcare clinic

Related internship programs:

- Hospital Nursing
- Intensive Care Nursing



Medicine.

Clínica Famed Coslada

| | |
|---------|--------|
| Country | City |
| Spain | Madrid |

Address: Calle de los almendros, 3, 28821,
Coslada, Madrid

Center specialized in Aesthetic Medicine, Dentistry,
Physiotherapy and Podiatry

Related internship programs:

- Advanced Integrative Health and Medicine
- Aesthetic Medicine

06

General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. In this way, the professional will not have to worry in case he has to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: during the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This **Internship Program in Advanced Integrative Health and Medicine** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Advanced Integrative Health and Medicine**

Duration: **3 weeks**

Attendance: **from Monday to Friday, 8 consecutive hour shifts**

Total Hours: **120 h. of professional practice**



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