

# Hybrid Professional Master's Degree Gynecoesthetics





## Hybrid Professional Master's Degree Gynecoesthetics

Modality: Hybrid (Online + Clinical Internship)

Duration: 12 months

Certificate: TECH Global University

Credits: 60 + 4 ECTS

Website: [www.techtute.com/us/medicine/hybrid-professional-master-degree/hybrid-professional-master-degree-gynecoesthetics](http://www.techtute.com/us/medicine/hybrid-professional-master-degree/hybrid-professional-master-degree-gynecoesthetics)

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# 01

# Introduction

As a result of technological evolution, the field of gynecological aesthetics has undergone a remarkable evolution in recent years. In this line, cutting-edge treatments have been developed that allow vaginal rejuvenation or reduction of the labia in a less invasive and safer way for patients. Therefore, specialists are obliged to be aware of these advances to ensure their professional update. Given this situation, TECH has created this Hybrid Professional Master's Degree, which enables the student to deepen the recent scientific evidence on the use of botulinum toxin and laser in gyneco-aesthetics in a 100% online mode. After completing the theoretical stage, the student will be able to transfer the knowledge acquired to practice in a prestigious hospital center.





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*Learn, through this degree, the state-of-the-art uses of lasers in the field of gynecological esthetics to perform vaginal rejuvenation”*

Technological and scientific development has made it possible for Gynecoesthetics to reach outstanding levels of perfection. Thus, in the most recent times, cutting-edge treatments based on the use of laser or radio frequency have emerged, allowing vaginal rejuvenation and vulvar whitening, modifying the shape of the vaginal lips or increasing the sensitivity of the G-spot with maximum effectiveness and safety. This fact leads to the need for specialists to keep up to date in this field, in order to avoid being left behind with respect to the advances experienced in the sector.

That is why TECH has opted to create this Hybrid Professional Master's Degree, which will provide the professional with the most cutting-edge knowledge and skills in the field of Gynecological Aesthetics. Throughout 12 months of intensive theoretical teaching, the student will detect the updated techniques to address the vaginal rejuvenation with tensor threads or the latest treatments to manage the various female sexual disorders. Likewise, the student will deepen in the methods of use of the laser in cases of urinary incontinence and vaginal hyperlaxity.

All this theoretical stage will be developed through a 100% online methodology and through a pedagogical system based on Relearning, which will enable students to study at their own pace and without neglecting their personal and professional obligations. In addition, you will have at your disposal complete didactic materials elaborated by active specialists in the field of Gynecoesthetics, so that the assimilated knowledge will be completely updated.

After the conclusion of this learning phase, you will enjoy a practical stay of 3 weeks in a first level clinical center. Integrated in an excellent multidisciplinary team, you will acquire a series of sophisticated skills that will enrich your professional update.

This **Hybrid Professional Master's Degree in Gynecoesthetics** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Development of more than 100 clinical cases presented by specialists in gynecoesthetics and university professors with extensive experience in this field
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ In-depth, state-of-the-art vaginal rejuvenation treatments
- ♦ Cutting-edge procedures to address Female Sexual Dysfunction
- ♦ Approach to the latest scientific evidence on the use of botulinum toxin and hyaluronic acid in gynecological aesthetics
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection
- ♦ Furthermore, you will be able to carry out a clinical internship in one of the best centers on the international scene



*Thanks to this qualification, you will be able to identify the most advanced treatments to deal with Arousal or Orgasm Disorder in women"*

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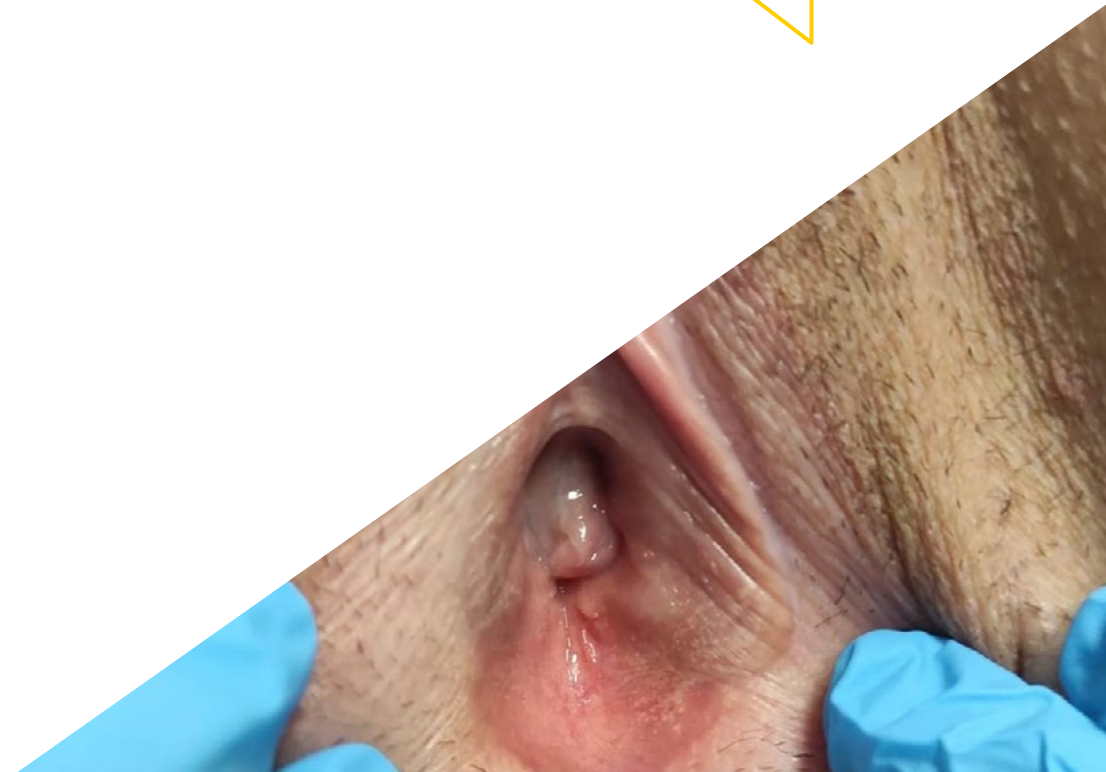
*Combine 12 months of theoretical learning with 3 weeks of practical training to obtain a complete medical update”*

This Hybrid Professional Master's Degree, which has a professionalizing nature and a blended learning modality, is aimed at updating medical professionals who perform their functions in Gynecoesthetics units, and who require a high level of qualification. The contents are based on the latest scientific evidence, and oriented in a educational way to integrate theoretical knowledge in the Doctor practice, and the theoretical-practical elements will facilitate the updating of knowledge and allow decision-making in patient management.

Thanks to its multimedia content elaborated with the latest educational technology, they will allow the Aesthetic Medicine professional a situated and contextual learning, that is, a simulated environment that will provide an immersive learning programmed to learn in real situations. This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

*Get up to date in Gynecoesthetics by the hand of the best specialists in the field, who have an extensive clinical experience behind them.*

*Enjoy a 100% online teaching and update yourself without the need to neglect your personal and professional obligations.*



02

# Why Study this Hybrid Professional Master's Degree?

In a wide range of areas of work, theory alone is not enough to achieve professional growth. In the field of Gynecoesthetics, it is as important to know the latest treatments as it is to manage the mechanisms to apply them in the real clinical environment. For this reason, TECH has designed this degree, which combines theoretical learning with a practical stay of 3 weeks in a prestigious clinical center, where students can apply the knowledge acquired with their patients to increase their medical skills and excel in their sector.





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*TECH offers you the unique opportunity to combine an exquisite theoretical learning with a practical stay of 120 hours in a reference clinical center”*

### 1. Updating from the latest technology available

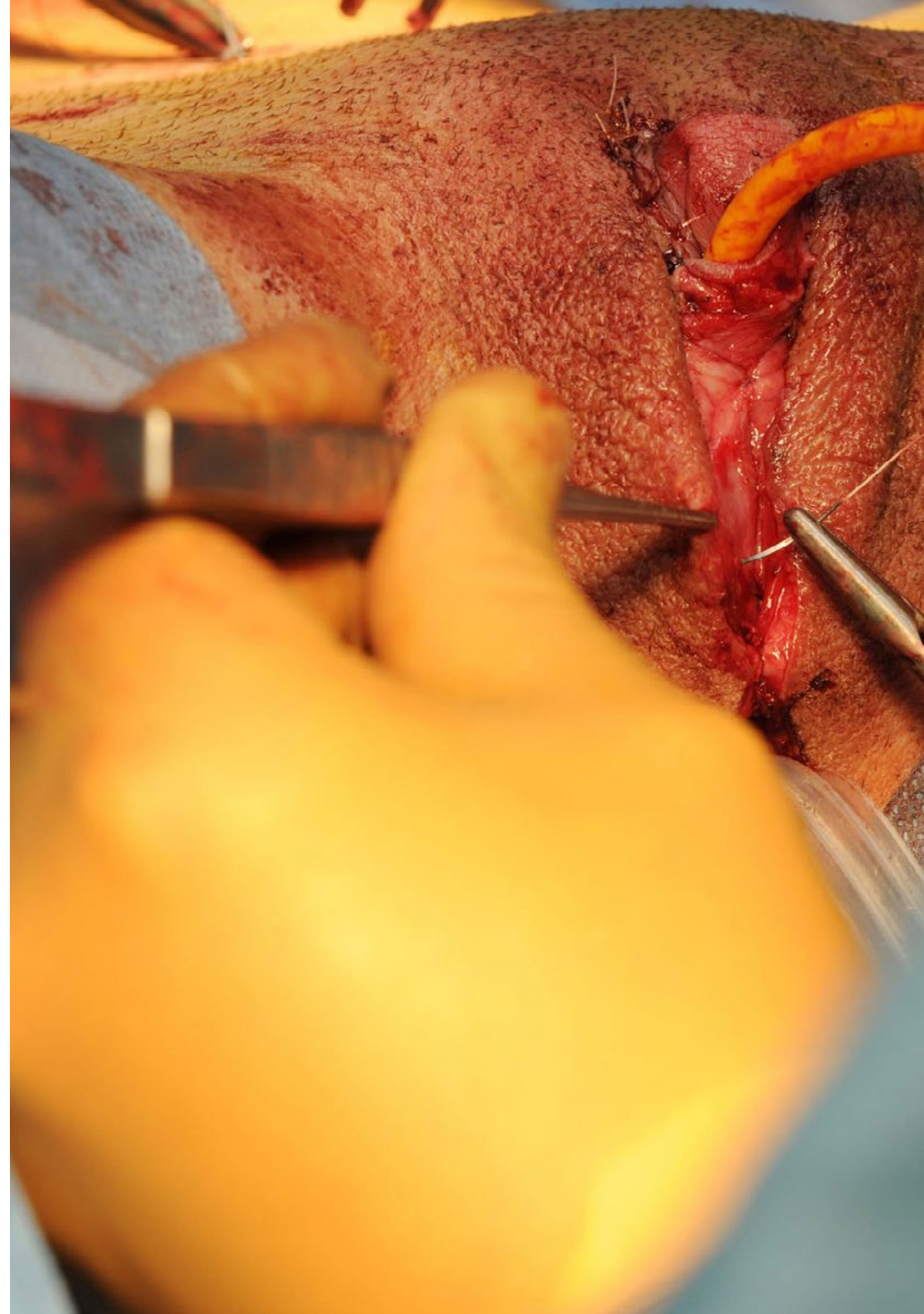
The field of Gynecoesthetics has undergone a remarkable evolution in recent years. Thus, avant-garde treatments have emerged that allow to undertake vaginal rejuvenation or increase the sensitivity of the G-spot in a safe and non-aggressive way for the patient. For this reason, TECH has created this degree, which will allow the student to learn about all these advances in a theoretical and practical way.

### 2. Gaining In-Depth Knowledge from the Experience of Top Specialists

During the theoretical phase, the student will be guided by first level specialists in the field of Gynecoesthetics, who will provide excellent and updated didactic content on the subject. Likewise, in the practical phase, the student will be integrated in a first level clinical team, where they will learn through the experience of reference professionals.

### 3. Entering First-Class Clinical Environments

TECH makes a careful selection of the centers available for the internships of this Hybrid Professional Master's Degree, which ensures that specialists have access to a prestigious clinical environment in the area of Gynecoesthetics. This experience will allow them to work in a demanding and rigorous environment, applying the latest scientific evidence in their daily practice.





#### **4. Combining the Best Theory with State-of-the-Art Practice**

In the academic landscape, many pedagogical programs require a large amount of teaching load that often does not fit well with the specialist's day-to-day life. Faced with this situation, TECH has opted to offer an innovative learning approach, combining theoretical and practical teaching to enrich the quality and real applicability of teaching.

#### **5. Expanding the Boundaries of Knowledge**

TECH offers the possibility to carry out internships in internationally renowned centers, which is a great opportunity for specialists to enrich their training and learn from leading experts in the field. An experience that only TECH, the world's largest digital university, can offer.

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*You will have full practical immersion  
at the center of your choice”*



# 03 Objectives

The Hybrid Professional Master's Degree in Gynecoesthetics has been designed with the intention of providing the student with the most updated and relevant knowledge in this health area. Throughout this academic experience, students will be able to identify the latest advances in vaginal and vulvar rejuvenation with tensor threads or comprehensive remodeling of women, among other issues. All this, guaranteed through the achievement of the following general and specific objectives.







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*Incorporate into your daily practice the most recent advances in Gynecoesthetics and place yourself at the medical forefront”*



### General Objective

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- The objective of this Hybrid Professional Master's Degree in Gynecoesthetics is to update the specialist's knowledge and skills in a theoretical-practical way, combining an excellent theoretical teaching stage with a 3 weeks of practical training in a prestigious clinical center. Thanks to this, you will obtain a series of cutting-edge skills that will place you at the forefront of this medical field



*Achieve the objectives that TECH has outlined for this degree and become a reference professional in Gynecoesthetics”*





## Specific Objectives

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### Module 1. Genital Aging in Gynecoesthetics

- ◆ Know what gynecological esthetics is all about
- ◆ Deepen in the physiological and anatomical changes that occur during aging and the external factors involved in vaginal aging
- ◆ Know how pregnancy, postpartum and menopause affect the vagina

### Module 2. Female Sexual Dysfunction

- ◆ Have an in-depth understanding of female sexual dysfunction
- ◆ Comprehensively examine risk factors, diagnosis and its main causes
- ◆ Delve into sexual desire disorder, arousal disorder, orgasm disorder, vaginismus and the types of sexual dysfunction according to the DSME-5 and ICD-10
- ◆ Expand competencies on sexual dysfunction in older women and women with cancer

### Module 3. Vaginal and Vulvar Rejuvenation with Thread Tightening

- ◆ Distinguish the different types of threads used in vaginal rejuvenation interventions
- ◆ Know their role in different cases such as vaginal and vulvar rejuvenation, threads for urinary incontinence, thread to treat discomfort in sexual intercourse and for dryness and vascular atrophy, among others. Uses
- ◆ Study Dr. Ozgur Leylek's surgical approaches and minimally invasive techniques

### Module 4. Hyaluronic Acid in Gynecoesthetics

- ◆ Examine everything related to hyaluronic acid in gynecoesthetics, from the types of acids and indications to its properties and benefits
- ◆ Delve into the indications of hyaluronic acid in vaginal atrophy and vaginal dryness, in recurrent urinary tract infections and menopausal urogenital syndrome and in scar pain
- ◆ Extend its use to other parts of the female body, such as the buttocks and breasts



### Module 5. Use of Botulinum Toxin in Genital Area

- ♦ Analyze the different types of toxins, how to reconstitute and preserve them
- ♦ Know the main indications of Botox, especially in cases of vaginismus, painful episiotomy, vulvodynia, urinary incontinence and vaginal hyperhidrosis
- ♦ Know in depth the complications of the toxin, post-treatment recommendations and the durability of the toxin

### Module 6. Platelet Rich Plasma in genital area

- ♦ Update the knowledge on Platelet Rich Plasma at genital level, incorporating the latest scientific postulates
- ♦ Study in detail what PRP is, how it is obtained, how to centrifuge it and how to and how to activate it
- ♦ Know its applications in female sexual dysfunction, flaccidity, vaginal atrophy and dryness, lichen sclerosus and non-specific vulvitis, episiorrhaphy pain and genitourinary fistulas
- ♦ Expand the use of Platelet Rich Plasma as a pre- and Post-surgical-surgical adjuvant, in prevention and treatment of stretch marks, in wounds and ulcers of difficult healing and in other uses not so closely related to aesthetics

### Module 7. Laser in Gynecoesthetic

- ♦ Delve into the principles of laser and its clinical use
- ♦ Study its use in situations of genitourinary syndrome of menopause, urinary incontinence and vaginal hyperlaxity
- ♦ Approach the use of laser in the treatment of vulvar lesions, treatment of pigmented lesions and of pigmented lesions and, of course, in vulvar and vaginal aesthetics







### **Module 8. Other Techniques and Equipment**

- ◆ Examine the latest equipment in gynecoesthetics
- ◆ Know perfectly everything related to ozone therapy, carboxitherapy, radiofrequency, bioidentical hormones, mesotherapy and ultrasound
- ◆ Observe techniques and equipment related to neuromuscular electrostimulation and Biofeedbacks, biolipoplasty, acupuncture, homeopathy and phytotherapy, among other areas of special interest nowadays

### **Module 9. Vaginal Surgical Treatment**

- ◆ Analyze the vaginal surgical treatments of greater impact, such as labiaplasty, clitoral surgery, vaginoplasty, lipotransfer or hymen reconstructions
- ◆ Delve into the treatment and approach to genital prolapse, obstetric perineal tear scars or sequelae of episiotomies
- ◆ Know the latest developments in urinary incontinence surgery, genital lifting and 360 surgery or female genital rejuvenation

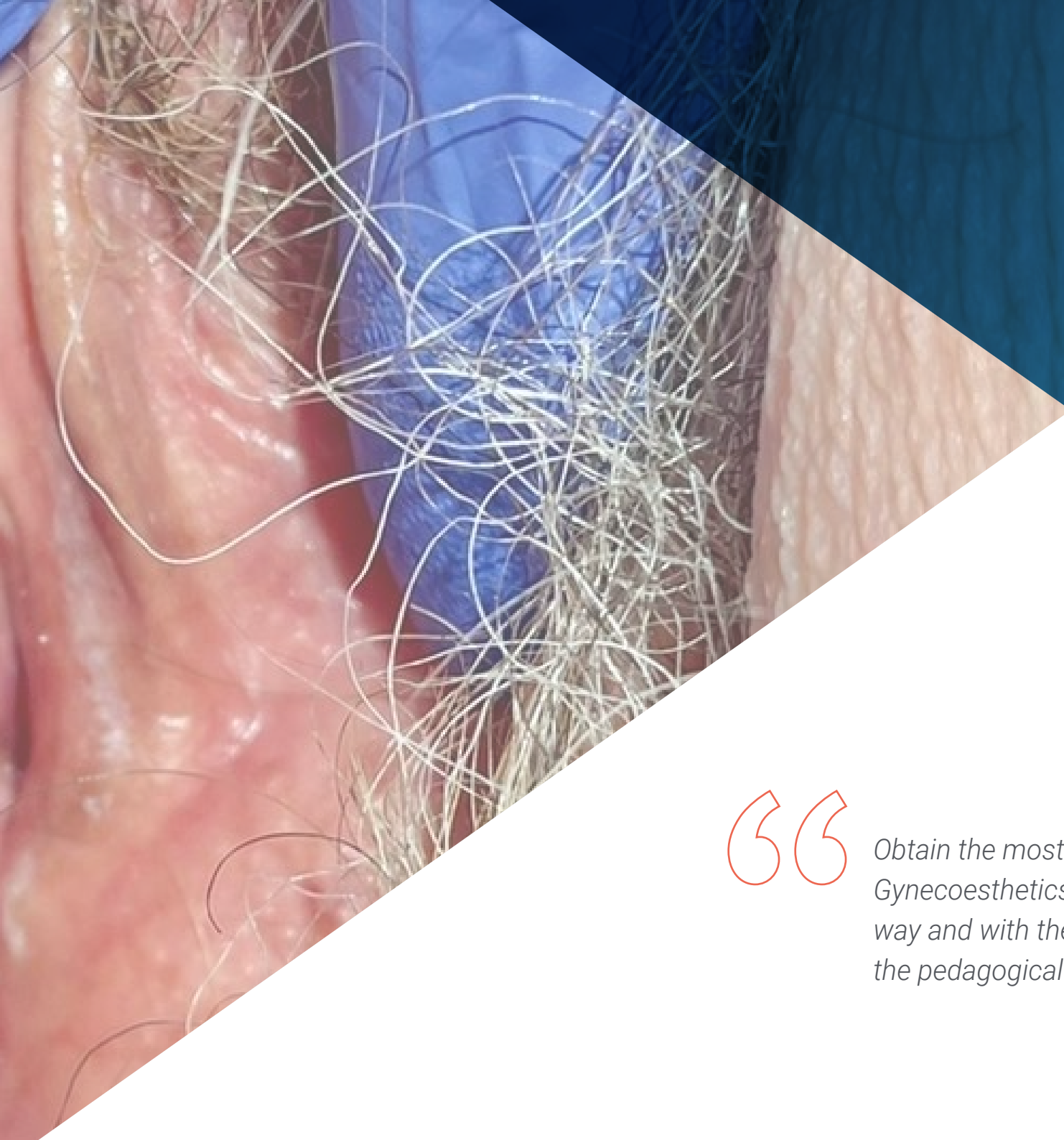
### **Module 10. Integral or 360° female reshaping**

- ◆ Acquire a comprehensive vision of how to treat certain areas of the female genitalia such as the mons pubis, labia majora, clitoris, vagina and labia minora
- ◆ Delve into techniques such as the-over, breast augmentation and reduction, tummy tuck, liposuction, liposculpture and buttock lifts
- ◆ Examine other cosmetic body surgeries of special interest

# 04 Skills

After passing the evaluations of this Hybrid Professional Master's Degree, the specialist will have the most updated competencies in the field of Gynecoesthetics. In this way, they will be able to perfect their daily practice and will become a reference professional in a field that is becoming more and more necessary in today's society.





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*Obtain the most updated competences in Gynecoesthetics in a theoretical-practical way and with the best study facilities of the pedagogical panorama”*



## General Skills

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- ♦ Establish an exquisite doctor-patient relationship in accordance with the current demands and expectations of Gynecoesthetics
- ♦ Apply, in an adequate and individualized way, the latest treatments in Gynecoesthetics adapted to each patient
- ♦ Develop different situations or gynecological pathologies, attending not only to a practical approach but also to an aesthetic one
- ♦ Face critical or emergency situations with solvency, applying the most effective surgical techniques

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*Delve into the approach to Female Sexual Dysfunction based on the latest scientific evidence thanks to this comprehensive TECH Hybrid Professional Master's Degree”*







## Specific Skills

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- ♦ Assessing sexual health and self-esteem in gynecoesthetic interventions
- ♦ Approach female sexual dysfunction from a gynecoesthetic point of view
- ♦ Master the minimally invasive techniques of Dr. Ozgur Leylek
- ♦ Incorporate hyaluronic acid in approaches to the discomfort caused by excessive labia minora and labia majora atrophy, in the desire to improve vaginal sensations during intercourse and for treatment of lichen and other dermatoses
- ♦ Develop advanced criteria for the use of botulinum toxin in the genital area
- ♦ Provide up-to-date and comprehensive management of Platelet Rich Plasma in the genital area
- ♦ Use the latest laser technology in the most common vulvar approaches, especially those related to Gynecoesthetics
- ♦ Develop the skills and handling of the most innovative gyneco-aesthetic equipment, extending to other areas such as carboxytherapy or mesotherapy
- ♦ Addressing prostheses such as obstetric perineal tear scars or genital prolapses with the latest surgical techniques
- ♦ Treat the different areas of the female genitalia with a comprehensive and modern perspective

05

# Course Management

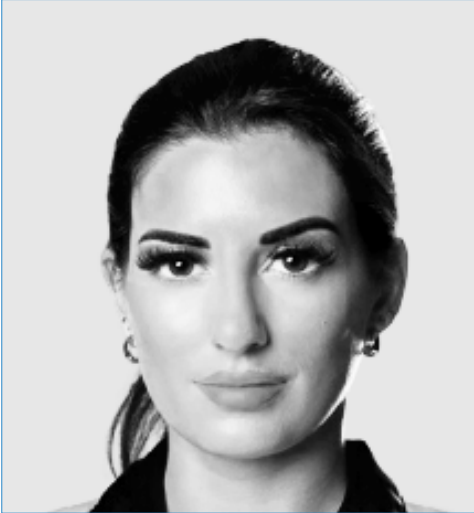
In order to preserve intact the excellent academic level of TECH's degrees, this Hybrid Professional Master's Degree is directed and taught by the best active specialists in the field of Gynecoesthetics. These professionals, who have extensive clinical experience behind them, are responsible for designing and developing the teaching materials available to students throughout the program. Therefore, the contents received will be in tune with the latest advances in the sector.



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*From the hand of professionals of reference in Gynecoesthetics, you will obtain an excellent update”*

## Management



### Dr. Ruiz Allende, Alba María

- Medical Director of Aesthetic Medicine of the Clínica Londres Group.
- Director of the Department of Aesthetic Medicine in the IMEMA Clinic.
- Aesthetic medicine workshops trainer
- University professor at the CEU and UCAM
- Professor of MIR preparation at CTO
- Clinical researcher and editor of the magazine Emergency Live
- Residency in the specialty of Family, Community and Emergency Medicine at the Hospital Clínico San Carlos
- Master in Aesthetic Medicine and Nutrition at the Catholic University San Antonio of Murcia.
- Master's Degree in Business Management from the Catholic University San Antonio of Murcia.
- Master's Degree in Clinical Bioethics from UIMP



## Professors

### Dr. Romaguera Salort, Eugenia

- ♦ Faculty Specialist in Obstetrics and Gynecology at the Hospital de Dénia Marina Salud and at IMED we
- ♦ Specialized training in Obstetrics and Gynecology at the Hospital Universitario y Politécnico La Fe. Valencia, Spain
- ♦ Ultrasound Level III Section of the Spanish Society of Gynecology and Obstetrics
- ♦ Endoscopic Surgery Training Commission Postgraduate Certificate
- ♦ Head Professor of the Pediatrics, Obstetrics, and Gynecology Department at the University of Valencia
- ♦ Gynecology Resident Tutor at Denia Marina Salud Hospital
- ♦ Postgraduate Diploma in Aesthetic and Regenerative Surgery by TECH University of Technology
- ♦ Professional Master's Degree in Minimal Invasive Surgery in Gynecology by La CEU Cardenal Herrera University
- ♦ Professional Master's Degree in Human Reproduction, University of Valencia, Spain
- ♦ Degree in Medicine from the University of Valencia
- ♦ Member of: Spanish Society of Aesthetic, Regenerative and Functional Gynecology

### Dr. Carrillo Sánchez, María

- ♦ Gynecologist of the University Hospital of Burgos
- ♦ Member of the section of Gynecology and human reproduction of the University Hospital of Burgos
- ♦ Gynecologist at WM clinics working together as a gynecologist at EVA Clinics and aesthetic medicine at Dorsia Clinics
- ♦ Professional Master's Degree in Aesthetic Medicine, nutrition and anti-aging by UDIMA and AMIR academy
- ♦ Professional Master's Degree in Human Reproduction by IVIRMA Global Education
- ♦ Professional Master's Degree in Oncological Gynecology by CEU Cardenal Herrera University and TECH. Technological University

- ♦ Postgraduate Diploma in differential diagnosis in ovarian tumors by Ultrasound from the University of Navarra
- ♦ Professional Master's Degree for Obstetricians and Gynecologists from the University of Barcelona
- ♦ Postgraduate Diploma in Contraception by the University of Alcalá

### Dr. González Segura, Gisselle

- ♦ Specialist in Gynecology and Obstetrics at Nuestra Señora de Sonsoles Hospital Ávila, España
- ♦ Medical specialist in Gynecology and Obstetrics by the MIR system at the University Hospital of Guadalajara
- ♦ Master in Contraception and Sexual and Reproductive Health by the University of Alcalá
- ♦ Master in Human Reproduction by the Complutense University of Madrid
- ♦ Professional Master's Degree in Pelvic Floor Dysfunctions by Miguel Hernández University
- ♦ Professional Master in Professional Updating for Gynecologists and Obstetricians by the University of Barcelona
- ♦ Master's Degree in Aesthetic Medicine, Nutrition and Anti-Aging by the Distance University of Madrid of Madrid

### Dr. Montoro Ferrer, Elena

- ♦ Area Specialist Physician in the Castilla-La Mancha Health Service
- ♦ Postgraduate Certificate of Specialization in Senology and Breast Prosthesis by the UCM
- ♦ Postgraduate Diploma in Menopause by the Postgraduate Diploma in Menopause Annual from Training Program of the AEEM
- ♦ Professional Master's Degree in Advanced Surgery of Urinary Incontinence and Pelvic Floor by the UCM
- ♦ Professional Master's Degree in Human Reproduction by the URJC
- ♦ Professional Master's Degree in Minimally Invasive Surgery in Gynecology by TECH Technological University

#### **Dr. Izquierdo De la Fuente, Joana**

- ♦ Specialist in Obstetrics and Gynecology at the Hospital Universitario 12 de Octubre
- ♦ Collaborating physician in practical teaching at the Obstetrics and Gynecology Department of the Hospital Universitario 12 de Octubre
- ♦ Sub-investigator in international multicenter clinical trials at Hospital Universitario 12 de Octubre
- ♦ Development of research activity in the field of Obstetrics and Gynecology with participation in national congresses in poster and oral communication format
- ♦ Degree in Medicine from the University of the Basque Country
- ♦ Specialized Health Training in Obstetrics and Gynecology at the Hospital Universitario 12 de Octubre
- ♦ Course in the Management of Vulvovaginal Atrophy in the context of menopausal women endorsed by the Spanish Society of Gynecology and Obstetrics (SEGO) and the Spanish Association for the Study of Menopause (AEEM)

#### **Dr. Asensio Herrero, Miguel**

- ♦ Gynecology and Obstetrics Intern Resident at the Hospital Maternal and Child, Almeria, Spain
- ♦ Graduate in Medicine and Surgery from the University of Salamanca
- ♦ Member of the Spanish Society of Gynecology and Obstetrics

#### **Dr. Ciller Martínez, Cristina**

- ♦ Gynecology and Obstetrics specialist at IMED Valencia Hospital and La Policlínica SERMESA
- ♦ Medical specialist in Gynecology and Obstetrics by the MIR system at the University Hospital of Guadalajara
- ♦ Clinical Professor at the Faculty of Medicine of the University of Alcalá
- ♦ Head of the Regenerative and Functional Gynecology Area at Policlínica Sermesa

- ♦ Professional Master's Degree in Professional Update for Obstetricians and Gynecologists by the University of Barcelona
- ♦ XVII Master in Human Reproduction by the Complutense University of Madrid
- ♦ Master's Degree in Aesthetic Medicine, Nutrition and Anti-Aging by the Distance University of Madrid

#### **Dr. Arias Gallego, Paula**

- ♦ Resident Medical Intern in Obstetrics and Gynecology at the Hospital Universitario 12 de Octubre
- ♦ Collaborating physician in practical teaching at the Obstetrics and Gynecology Department of the Hospital Universitario 12 de Octubre
- ♦ Research Activity in the Field of Obstetrics and Gynecology
- ♦ Oral Speaker in national and international conferences
- ♦ Clinical trials Researcher at national and international level
- ♦ Degree in Medicine from the University of Valladolid

#### **Dr. Sanz, Jaime**

- ♦ Assistant Specialist in Obstetrics and Gynecology in the Gine4 Team of the Pelvic Floor Unit
- ♦ Specialized MIR in Obstetrics and Gynecology at the Hospital Universitario 12 de Octubre
- ♦ Collaborating physician in practical teaching at the Obstetrics and Gynecology Department of the Hospital Universitario 12 de Octubre
- ♦ Professional Master's Degree in Pelvic Floor Medical-Surgical Pathology with Thiel Cadaver Internship at the Miguel Hernández University. Alicante, Spain
- ♦ Professional Master's Degree in Gynecologic Oncology by the European School of Oncology and CEU San Pablo University
- ♦ External rotation in Urogynaecology Dr. WG. Davila in Holy Cross Hospital. Florida,EE. A

- ♦ International Urogynecology Journal Reviewer
- ♦ Member of: Special Interest Groups. Obstetric Pelvic Floor and Anal Sphincter Lesions, Abdul Sultan, Spanish Society of Aesthetic, Regenerative and Functional Gynecology, International Association of Urogynaecology, International Society of Continence, European Society of Aesthetic, Regenerative and Functional Gynecology

#### **Dr. Ciáurriz, Marta**

- ♦ Residence in the Obstetrics and gynaecology Specialities, 12 de Octubre University Hospital
- ♦ Postgraduate Diploma in Contraception by the Spanish Society of Contraception
- ♦ Postgraduate Diploma in Differential Diagnosis of Ovarian Tumors by Ultrasound by the CUN

#### **Dr. Ortega, Marta**

- ♦ Specialist Associate Physician in Obstetrics and gynaecology, Villalba General University Hospital
- ♦ University professor from the Alfonso X el Sabio University
- ♦ Sub-investigator in the OASIS 3 international multicenter clinical trial
- ♦ PROFESSIONAL MASTER'S DEGREE Human Reproduction by the Complutense University of Madrid
- ♦ Specialist in Obstetrics and Gynecology at the Hospital Universitario 12 de Octubre

#### **Dr. Olivares, Beatriz**

- ♦ Resident Medical Intern in Gynecology and Obstetrics at the Hospital Universitario 12 de Octubre
- ♦ General Practitioner during the COVID-19 pandemic at the IFEMA Hospital
- ♦ Professional Master's Degree in Clinical Medicine. from UDIMA
- ♦ Degree in Medicine from the Autonomous University Madrid
- ♦ Subinvestigator in Clinical Trials GRACE, MATISSE, MAT-012 for GSK and Pfizer laboratories
- ♦ Sub-investigator in the ENE-COVID National Study

#### **Dr. De la Parte, Belén**

- ♦ Gynecology and Obstetrics Hospital university 12 de Octubre
- ♦ Degree in Medicine
- ♦ Teaching Collaborator, Complutense University of Madrid
- ♦ Researcher in the SAMID-RICORS network of the Instituto de Salud Carlos III and in imas12 of the Universidad Complutense de Madrid

#### **Dr. Sánchez-Arévalo, Claudia**

- ♦ Resident Medical Intern from Gynecology and Obstetrics at the Hospital Universitario 12 de Octubre
- ♦ Researcher in clinical trials at national and international level
- ♦ Collaborating physician in practical teaching, Universidad Complutense de Madrid
- ♦ Degree in Medicine from the University of Navarra
- ♦ Menopause training through the Postgraduate Diploma Course in Vulvovaginal Atrophy by the Spanish Society of Gynecology and Obstetrics (SEGO) and the Spanish Association for the Study of Menopause (AEEM)
- ♦ Research activity in the field of Gynecology and Obstetrics and attendance to national and international congresses

**Dr. Pereiro, Pilar**

- ◆ Gynecology and Obstetrics Resident at General: Segovia Hospital
- ◆ Hospital internship at HM Hospitals
- ◆ Clinical Trials Researcher associated with HM Hospitals
- ◆ Poster awarded in the presentation at the Annual Meeting of Gynecology and Obstetrics Congress of Castilla y León

**Dr. Santos González, Marina**

- ◆ Physician by Clínica Prevención Médica Madrid
- ◆ Gynecology and Obstetrics Resident Internist Hospital Universitario de Fuenlabrada
- ◆ Professional Master's Degree in Basic Fundamentals of Gynecology and Obstetrics by the Editorial Médica Panamericana
- ◆ Member of: Spanish Society of Gynecology and Obstetrics

**Dr. Manero Hernando, Irene Alexandra**

- ◆ Resident intern in Gynecology and Obstetrics at the Hospital Arnau Vilanova
- ◆ Graduate of Medicine and Surgery from the University of Zaragoza
- ◆ Contraception Expert
- ◆ Member of: Spanish Society of Gynecology and Obstetrics







**Dr. Costas Rodríguez, Tatiana**

- ◆ Area Specialist in Gynecology and Obstetrics of the Complejo Asistencial university de Salamanca
- ◆ Associate Professor at the University of Salamanca
- ◆ PhD by the University of Salamanca
- ◆ Postgraduate in Medicine and in, Faculty of Medicine, University of Navarra
- ◆ Obtaining the Specialty through the MIR system in the Complejo Asistencial Universitario de Salamanca
- ◆ Professional Master's Degree PROAGO in Gynecology and Obstetrics Update by the Institute of Continuing Education IL3 of the University of Barcelona
- ◆ Professional Master's Degree in Breast Surgery, Francisco de Vitoria University
- ◆ Higher Course intrapartum fetal monitoring from the Francisco de Vitoria University
- ◆ Higher Course in SEC contraception, Francisco de Vitoria University
- ◆ National Menopause Postgraduate Certificate by AEEM

# 06

## Educational Plan

The curriculum of this Hybrid Professional Master's Degree has been developed with the intention of providing students, through 10 very complete modules, the most updated aspects in the field of Gynecoesthetics. All the didactic contents that the professional will have at his disposal throughout this degree are present in formats such as readings, video or interactive summary. In this way, enjoying a 100% online mode of delivery, you will enjoy an adapted study to your personal needs and academic preferences.





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*The Relearning system of this degree allows you to study at your own pace without depending on teaching limitations”*

## Module 1. Genital Aging in Gynecoesthetics

- 1.1. What is Gynecoesthetics?
  - 1.1.1. Concept
  - 1.1.2. History
  - 1.1.3. Fields covered
- 1.2. Physiological changes in the aging of the female genital tract
  - 1.2.1. Physiology of aging
  - 1.2.2. Hormonal changes
  - 1.2.3. Consequences
- 1.3. Anatomical changes that occur during aging in the female reproductive tract
  - 1.3.1. Changes in the vagina
  - 1.3.2. Changes in the cervix
  - 1.3.3. Other changes in the uterus
- 1.4. Other anatomical changes that occur during aging in the female body anatomy
  - 1.4.1. Breast Changes
  - 1.4.2. Changes in the reproductive system
  - 1.4.3. Changes in body composition (fat, muscle, bone)
- 1.5. External factors involved in vaginal aging
  - 1.5.1. Sun damage
  - 1.5.2. Tobacco Use
  - 1.5.3. Dietary habits
  - 1.5.4. Physical exercise
  - 1.5.5. How to prevent them?
- 1.6. How does pregnancy affect the aesthetic problems of the female genitalia?
  - 1.6.1. Physiological changes that occur in pregnancy
  - 1.6.2. Consequences of these changes
  - 1.6.3. Possible Solutions
- 1.7. How does the postpartum period affect the woman physically and psychologically in terms of her esthetics?
  - 1.7.1. Physical and hormonal changes that occur in the postpartum period
  - 1.7.2. Psychological changes and problems of the postpartum period
  - 1.7.3. Main aesthetic problems of postpartum

- 1.8. How does menopause affect the aesthetic problems of the female genitalia?
  - 1.8.1. Physiological changes that occur in menopause
  - 1.8.2. Consequences of these changes
  - 1.8.3. Possible Solutions
- 1.9. Most important gyneco-aesthetic problems for women
  - 1.9.1. Most important problems
  - 1.9.2. Prevalence
  - 1.9.3. Patient profile
- 1.10. Sexual health and self-esteem
  - 1.10.1. How do gyneco-aesthetic problems affect women
  - 1.10.2. Psychological sphere-esteem-esteem and other mental problems related to image
  - 1.10.3. Patient profile

## Module 2. Female Sexual Dysfunction

- 2.1. Female Sexual Dysfunction
  - 2.1.1. Signs and Symptoms
  - 2.1.2. Risk Factors
  - 2.1.3. Classification of Causes
  - 2.1.4. Prevalence
- 2.2. Diagnostic
  - 2.2.1. Medical and Sexual Background
  - 2.2.2. Questionnaires
  - 2.2.3. Vaginal touch
  - 2.2.4. Blood test
- 2.3. Causes of sexual dysfunction
  - 2.3.1. Organic
  - 2.3.2. Psychological Techniques/Tactics
  - 2.3.3. Environmental
  - 2.3.4. Medication-related
  - 2.3.5. Others
- 2.4. Sexual Desire Disorder
  - 2.4.1. Causes
  - 2.4.2. Types
  - 2.4.3. Non- Medical treatment and Doctor



- 2.5. Excitation Disorder
  - 2.5.1. Causes
  - 2.5.2. Types
  - 2.5.3. Non- Medical treatment and Doctor
- 2.6. Orgasm Disorder
  - 2.6.1. Causes
  - 2.6.2. Types
  - 2.6.3. Non- Medical treatment and Doctor
- 2.7. Vaginismus
  - 2.7.1. Causes
  - 2.7.2. Types
  - 2.7.3. Non- Medical treatment and Doctor
- 2.8. Types of sexual dysfunctions according to DSME-5 AND ICD-10
  - 2.8.1. Disorders of sexual interest/sexual arousal in women
  - 2.8.2. Female orgasmic disorders
  - 2.8.3. Genito-pelvic pain disorders on penetration
  - 2.8.4. Absence or loss of sexual desire
  - 2.8.5. Refusal or absence of sexual pleasure
  - 2.8.6. Failure of genital response
  - 2.8.7. Orgasmic dysfunction
  - 2.8.8. Non-organic vaginismus
  - 2.8.9. Non-organic dyspareunia
  - 2.8.10. Excessive sexual drive
- 2.9. Age and health: sexual dysfunction in older women
  - 2.9.1. Main Causes
  - 2.9.2. Physiology and consequences of reduced estrogen production
  - 2.9.3. Treatment
- 2.10. Cancer and sexual dysfunction: sexual dysfunction in women who have had cancer
  - 2.10.1. Main Causes of dysfunction
  - 2.10.2. How to cope with the new physical change (in breast cancer, vulvar cancer...)
  - 2.10.3. Treatment

### Module 3. Vaginal and Vulvar Rejuvenation with Thread Tightening

- 3.1. Tightening threads in gynecosthetic medicine
  - 3.1.1. What are the tensor threads used in gynecosthetic medicine?
  - 3.1.2. How they act
  - 3.1.3. Results achieved
- 3.2. Types of vaginal tightening threads
  - 3.2.1. PDO (polydioxanone) threads
  - 3.2.2. Poly Lactic acid threads (PLL)
  - 3.2.3. Monofilament threads
  - 3.2.4. Tornado (screw) threads
  - 3.2.5. Spiculated tensor threads
  - 3.2.6. APTOS Threads
- 3.3. Vaginal and Vulvar Rejuvenation with Thread Tightening
  - 3.3.1. Technique
  - 3.3.2. Benefits
  - 3.3.3. Results and possible side effects
- 3.4. Urinary Incontinence Thread
  - 3.4.1. Technique
  - 3.4.2. Benefits
  - 3.4.3. Results and possible side effects
- 3.5. Threads for postpartum sequelae
  - 3.5.1. Technique
  - 3.5.2. Benefits
  - 3.5.3. Results and possible side effects
- 3.6. Threads for genitourinary syndrome of menopause
  - 3.6.1. Technique
  - 3.6.2. Benefits
  - 3.6.3. Results and possible side effects
- 3.7. Threads for discomfort during sexual intercourse
  - 3.7.1. Technique
  - 3.7.2. Benefits
  - 3.7.3. Results and possible side effects

- 3.8. Threads for vaginal dryness and atrophy
  - 3.8.1. Technique
  - 3.8.2. Benefits
  - 3.8.3. Results and possible side effects
- 3.9. minimally invasive techniques of Dr. Ozgur Leylek
  - 3.9.1. PUTL (Peri Urethral Thread Lifting) TM
  - 3.9.2. VTT-L (Vaginal Thread Tightening Longitudinal) TM
  - 3.9.3. VTT-C (Vaginal Thread Tightening Circular) TM
- 3.10. Other uses of thread tightening in female body aesthetics
  - 3.10.1. Brachioplasty with threads
  - 3.10.2. Thread tightening to rejuvenate the legs and thighs
  - 3.10.3. Thread tightening in neck and jowls

#### Module 4. Hyaluronic Acid in Gynecoesthetics

- 4.1. What is Hyaluronic Acid?
  - 4.1.1. What is Hyaluronic Acid?
  - 4.1.2. Types of Hyaluronic Acid
  - 4.1.3. Principal indications in Aesthetics
  - 4.1.4. Properties and benefits
- 4.2. Hyaluronic acid in vaginal atrophy and vaginal dryness (associated with vaginal atrophy or not) and vaginal and vulvar itching
  - 4.2.1. Technique
  - 4.2.2. Benefits
  - 4.2.3. Results and possible side effects
- 4.3. Hyaluronic acid in recurrent urinary tract infections and menopausal urogenital syndrome
  - 4.3.1. Technique
  - 4.3.2. Benefits
  - 4.3.3. Results and possible side effects
- 4.4. Hyaluronic acid in pain in scars (episiotomy)
  - 4.4.1. Technique
  - 4.4.2. Benefits
  - 4.4.3. Results and possible side effects
- 4.5. Hyaluronic acid in the discomfort caused by oversized labia minora and atrophy of labia majora Aesthetic desire for greater volume in labia majora
  - 4.5.1. Technique
  - 4.5.2. Benefits
  - 4.5.3. Results and possible side effects
- 4.6. Hyaluronic acid in the aesthetic desire to elevate giving volume to invaginated scars, painful or not
  - 4.6.1. Technique
  - 4.6.2. Benefits
  - 4.6.3. Results and possible side effects
- 4.7. Hyaluronic acid in the desire to improve vaginal sensations during coitus
  - 4.7.1. Projection of the controversial G-spot
  - 4.7.2. Increasing the volume of the vaginal
  - 4.7.3. Results and possible side effects
- 4.8. Hyaluronic acid for treatment of lichen and other dermatoses
  - 4.8.1. Technique
  - 4.8.2. Benefits
  - 4.8.3. Results and possible side effects
- 4.9. Hyaluronic Acid in other parts of the female body, buttocks buttocks and breasts
  - 4.9.1. Technique
  - 4.9.2. Benefits
  - 4.9.3. Results and possible side effects
- 4.10. Post-treatment care
  - 4.10.1. Number of sessions
  - 4.10.2. Limitations and contraindications
  - 4.10.3. Durability
  - 4.10.4. Can sensitivity be lost?

**Module 5. Use of Botulinum Toxin in Genital Area**

- 5.1. What is Botulinum Toxin?
  - 5.1.1. What is Botulinum Toxin?
  - 5.1.2. What are the existing types of toxin
  - 5.1.3. What is their mechanism of action?
  - 5.1.4. What brands are used in gynecocosthetics?
- 5.2. Toxin reconstitution (preparation) and preservation of toxin
  - 5.2.1. Do all toxins require refrigeration?
  - 5.2.2. Do all toxins need to be reconstituted?
  - 5.2.3. Toxin dilution according to the treatment to be performed
- 5.3. Vaginismus and botulinum toxin
  - 5.3.1. Technique
  - 5.3.2. Benefits
  - 5.3.3. Results and possible side effects
- 5.4. Painful episiotomy and botulinum toxin
  - 5.4.1. Technique
  - 5.4.2. Benefits
  - 5.4.3. Results and possible side effects
- 5.5. Vulvodynia and botulinum toxin
  - 5.5.1. Technique
  - 5.5.2. Benefits
  - 5.5.3. Results and possible side effects
- 5.6. Urinary incontinence and botulinum toxin
  - 5.6.1. Technique
  - 5.6.2. Benefits
  - 5.6.3. Results and possible side effects
- 5.7. Vaginal hyperhidrosis and botulinum toxin
  - 5.7.1. Technique
  - 5.7.2. Benefits
  - 5.7.3. Results and possible side effects
- 5.8. Complications from Botulinum Toxin Application
  - 5.8.1. What are the most frequent unwanted effects of Botulinum Toxin?
  - 5.8.2. What solutions are available to reverse the undesired effect (electrostimulation)?

- 5.8.3. How to try to prevent these undesired effects
- 5.9. Post-treatment recommendations
  - 5.9.1. General recommendations to our patients after Botulinum Toxin treatment
  - 5.9.2. Botulinum toxin and heat
  - 5.9.3. Botulinum Toxin and Physical Exercise
- 5.10. Durability of Botulinum Toxin
  - 5.10.1. All toxins (brands) have the same effect and duration.?
  - 5.10.2. Factors Influencing the duration of Botulinum Toxin
  - 5.10.3. Patients resistant to toxin treatment. Antibody theory

**Module 6. Platelet Rich Plasma in genital area**

- 6.1. What is PRP
  - 6.1.1. Concept
  - 6.1.2. Main current indications in medicine
  - 6.1.3. Main indications in Aesthetic Medicine
  - 6.1.4. What does PRP treatment consist of? Step-by-Step Explanation
- 6.2. Obtaining the PRP Open and closed technique
  - 6.2.1. What do They Consist of?
  - 6.2.2. Risk
  - 6.2.3. Biosecurity
- 6.3. How to centrifuge PRP and its activation
  - 6.3.1. Centrifuge
  - 6.3.2. Choosing the right speed and centrifugation time
  - 6.3.3. Platelet activation
- 6.4. Results of PRP use
  - 6.4.1. PRP application risks
  - 6.4.2. Contraindications for PRP application
  - 6.4.3. Possible Adverse Effects
- 6.5. PRP in Female Sexual Dysfunction
  - 6.5.1. Technique
  - 6.5.2. Benefits
  - 6.5.3. Results and possible side effects
- 6.6. PRP for flaccidity, atrophy and genital dryness
  - 6.6.1. Technique

- 6.6.2. Benefits
- 6.6.3. Results and possible side effects
- 6.7. PRP for lichen sclerosus and nonspecific vulvitis
  - 6.7.1. Technique
  - 6.7.2. Benefits
  - 6.7.3. Results and possible side effects
- 6.8. Episiorrhaphy pain and genitourinary fistulas and as a pre- and Post-surgical-surgical adjuvant
  - 6.8.1. Technique
  - 6.8.2. Benefits
  - 6.8.3. Results and possible side effects
- 6.9. PRP in prevention and treatment of stretch marks and difficult-to-heal wounds and ulcers
  - 6.9.1. Technique
  - 6.9.2. Benefits
  - 6.9.3. Results and possible side effects
- 6.10. PRP other uses not so closely related to aesthetics
  - 6.10.1. PRP in prolapse
  - 6.10.2. PRP in urinary incontinence
  - 6.10.3. PRP in breast reconstruction
  - 6.10.4. PRP in Reproductive Medicine

## Module 7. Laser in Gynecoesthetic

- 7.1. Laser principles
  - 7.1.1. Mechanisms of action
  - 7.1.2. Principal indications
  - 7.1.3. Results
- 7.2. Laser Types
  - 7.2.1. Classification
  - 7.2.2. Indications for each of them
  - 7.2.3. Its main uses
- 7.3. Laser in gynecology
  - 7.3.1. What is the gynecological vaginal laser?
  - 7.3.2. Why gynecological laser?
  - 7.3.4. What are its main applications?

- 7.3.5. How is the treatment?
- 7.3.6. When do improvements start to be perceived?
- 7.4. Laser in genitourinary syndrome of menopause
  - 7.4.1. Technique
  - 7.4.2. Benefits
  - 7.4.3. Results and possible side effects
- 7.5. Laser in urinary incontinence
  - 7.5.1. Technique
  - 7.5.2. Benefits
  - 7.5.3. Results and possible side effects
- 7.6. Laser in vaginal hyperlaxity
  - 7.6.1. Technique
  - 7.6.2. Benefits
  - 7.6.3. Results and possible side effects
- 7.7. Laser treatment of vulvar lesions
  - 7.7.1. Technique
  - 7.7.2. Benefits
  - 7.7.3. Results and possible side effects
- 7.8. Laser in the Treatment of pigmented lesions
  - 7.8.1. Technique
  - 7.8.2. Benefits
  - 7.8.3. Results and possible side effects
- 7.9. Laser in vulvar and vaginal aesthetics
  - 7.9.1. Technique
  - 7.9.2. Benefits
  - 7.9.3. Results and possible side effects
- 7.10. Other uses of lasers
  - 7.10.1. Technique



- 7.10.2. Benefits
- 7.10.3. Results and possible side effects

## Module 8. Other Techniques and Equipment

- 8.1. Ozone therapy in the genital area
  - 8.1.1. Technique
  - 8.1.2. Benefits
  - 8.1.3. Results and possible side effects
- 8.2. Vulvovaginal carboxytherapy
  - 8.2.1. Technique
  - 8.2.2. Benefits
  - 8.2.3. Results and possible side effects
- 8.3. Genital area radiofrequency
  - 8.3.1. Technique
  - 8.3.2. Benefits
  - 8.3.3. Results and possible side effects
- 8.4. Bioidentical hormones
  - 8.4.1. Technique
  - 8.4.2. Benefits
  - 8.4.3. Results and possible side effects
- 8.5. Mesotherapy
  - 8.5.1. Technique
  - 8.5.2. Benefits
  - 8.5.3. Results and possible side effects
- 8.6. Plasma generator laser (JEET Plasma)
  - 8.6.1. Technique
  - 8.6.2. Benefits
  - 8.6.3. Results and possible side effects
- 8.7. Ultrasound
  - 8.7.1. Technique
  - 8.7.2. Benefits
  - 8.7.3. Results and possible side effects
- 8.8. Neuromuscular electrostimulation and Biofeedbacks
  - 8.8.1. Technique

- 8.8.2. Benefits
- 8.8.3. Results and possible side effects
- 8.9. Biolipoplasty
  - 8.9.1. Technique
  - 8.9.2. Benefits
  - 8.9.3. Results and possible side effects
- 8.10. Acupuncture, homeopathy and phytotherapy
  - 8.10.1. Technique
  - 8.10.2. Benefits
  - 8.10.3. Results and possible side effects

## Module 9. Vaginal Surgical Treatment

- 9.1. Labiaplasty
  - 9.1.1. Technique
  - 9.1.2. Benefits
  - 9.1.3. Results and possible side effects
- 9.2. Clitoral surgery
  - 9.2.1. Technique
  - 9.2.2. Benefits
  - 9.2.3. Results and possible side effects
- 9.3. Vaginoplasties
  - 9.3.1. Technique
  - 9.3.2. Benefits
  - 9.3.3. Results and possible side effects
- 9.4. Lipotransfer
  - 9.4.1. Technique
  - 9.4.2. Benefits
  - 9.4.3. Results and possible side effects
- 9.5. Hymen reconstructions
  - 9.5.1. Technique
  - 9.5.2. Benefits
  - 9.5.3. Results and possible side effects
- 9.6. Genital prolapse
  - 9.6.1. Technique

- 9.6.2. Benefits
- 9.6.3. Results and possible side effects
- 9.7. Scarring of obstetric perineal tears or episiotomy sequelae
  - 9.7.1. Technique
  - 9.7.2. Benefits
  - 9.7.3. Results and possible side effects
- 9.8. Urinary incontinence surgery
  - 9.8.1. Technique
  - 9.8.2. Benefits
  - 9.8.3. Results and possible side effects
- 9.9. Genital lift
  - 9.9.1. Technique
  - 9.9.2. Benefits
  - 9.9.3. Results and possible side effects
- 9.10. 360 or female genital rejuvenation surgery
  - 9.10.1. Technique
  - 9.10.2. Benefits
  - 9.10.3. Results and possible side effects

## Module 10. Integral or 360° female reshaping

- 10.1. Mons Pubis
  - 10.1.1. Lipolaser
  - 10.1.2. Liposuction
  - 10.1.3. Dermolipectomy
  - 10.1.4. Radiofrequency
- 10.2. Labia Majora
  - 10.2.1. Lipotransfer
  - 10.2.2. Hyaluronic acid filler



- 10.2.3. Platelet Rich Plasma Application
- 10.2.4. Radiofrequency
- 10.3. Clitoris
  - 10.3.1. Reduction with surgery
  - 10.3.2. The G Spot
  - 10.3.3. Others
- 10.4. Vagina
  - 10.4.1. Radiofrequency
  - 10.4.2. Atrophy, prolapse, hyperelasticity and urinary incontinence laser
  - 10.4.3. Hyaluronic acid for filler or hydration
  - 10.4.4. Ozone Therapy
- 10.5. Labia Minora
  - 10.5.1. Surgery Labiaplasty
  - 10.5.2. Indications benefits
  - 10.5.3. Risk
- 10.6. *Mommy make-over*
  - 10.6.1. Concept
  - 10.6.2. Indications
  - 10.6.3. Implicated Treatments
- 10.7. Breast Augmentation, Breast Lift and Breast Reduction Surgery
  - 10.7.1. Technique
  - 10.7.2. Benefits
  - 10.7.3. Results and possible side effects
- 10.8. Abdominoplasty, liposuction and liposculpture
  - 10.8.1. Technique
  - 10.8.2. Benefits
  - 10.8.3. Results and possible side effects
- 10.9. Buttock lift (belt lipectomy)
  - 10.9.1. Technique
  - 10.9.2. Benefits
  - 10.9.3. Results and possible side effects
- 10.10. Other aesthetic body surgeries in women
  - 10.10.1. Arm stretching (brachioplasty)
  - 10.10.2. Circumferential dermolipectomy
  - 10.10.3. Thigh lift or inner thigh lift
  - 10.10.4. Calf implants
  - 10.10.5. Treatment of vaginal agenesis and re adaptation of ambiguous genitalia



*Obtain the most updated knowledge on Gynecoesthetics through this Hybrid Professional Master's Degree*

07

# Clinical Internship

In the final stretch of this Hybrid Professional Master's Degree, a practical period of 120 hours is contemplated in a clinical center of reference in the field of Gynecoesthetics. Through this valuable experience, you will incorporate into your daily practice the most advanced skills in this area, thus completing an excellent process of professional updating.







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*Carry out your internship in a reference center in the field of Gynecoesthetics”*



The practical phase of this Hybrid Professional Master's Degree takes place during 3 weeks, from Monday to Friday, with 8-hour working days under the guidance of an assistant specialist. Through this stay, the student will have the opportunity to integrate into an excellent clinical team and practice with real patients, performing the most avant-garde procedures in Gynecoesthetics.

In this internship, the activities are aimed at developing and perfecting the skills necessary for the provision of health care in areas and conditions that require a high level of qualification, in a safe environment for the patient.

Therefore, this is an unparalleled opportunity to optimize the specialist's update, working in a state-of-the-art center, where patient satisfaction and well-being is the main concern of the professionals. Thus, this experience will favor the improvement of medical skills.

The practical part will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of professors and other fellow trainees who facilitate teamwork and multidisciplinary integration as transversal competencies for medical practice (learning to be and learning to relate).





The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:

Module	Practical Activity
<b>Female Sexual Dysfunction</b>	Carry out a correct diagnosis of Female Sexual Dysfunction
	Evaluate the possible causes of Female Sexual Dysfunction in different types of patients types of patients
	Treat Arousal, Orgasm or Vaginismus Disorder based on the latest scientific evidence
<b>Medical and surgical treatments in Gynecoesthetics</b>	Participate in the performance of procedures such as labiaplasty or vaginoplasty
	Apply hyaluronic acid filler techniques to correct imperfections in the female genitalia
	Perform vaginal rejuvenation treatments with laser or radiofrequency
<b>Platelet-rich plasma in gyneco-aesthetics</b>	Apply PRP in cases of Female Sexual Dysfunction or flaccidity, atrophy and vaginal dryness
	Carry out the application of platelet-rich plasma as a pre and post-surgical pre and post surgical, in order to prevent the appearance of wounds and ulcers of complex healing
<b>Integral Remodeling</b>	Perform liposuction on the mons pubis to remove excess adipose tissue
	Increasing the sensitivity of the clitoris through cutting-edge surgical techniques
	Use radiofrequency to perform a reduction of the labia majora of the vagina

## Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchase a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Hybrid Professional Master's Degree, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Hybrid Professional Master's Degree, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Hybrid Professional Master's Degree will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Hybrid Professional Master's Degree shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Hybrid Professional Master's Degree. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Hybrid Professional Master's Degree will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.



# 08

## Where Can I Do the Clinical Internship?

The practical stay of this Hybrid Professional Master's Degree offers the student a unique opportunity to transfer to a real clinical environment all the knowledge acquired throughout the degree. Thus, they will be able to be part of a first level health team for 3 weeks, integrated in a state-of-the-art work center, characterized by the most updated medical technology.








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*Complement your excellent theoretical update with an internship in a prestigious clinical center”*

## tech 48 | Where Can I Do the Clinical Internship?



The student will be able to complete the practical part of this Hybrid Professional Master's Degree at The following centers:



**Medicine**

**ESGAF Clinic**

Country	City
Spain	Madrid

Address: Calle del Dr. Martín Arévalo,  
25, 28021 Madrid

Center of Integrative Esthetic Medicine

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**Related internship programs:**

- Aesthetic Nursing
- Aesthetic Medicine







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*Take advantage of this opportunity to surround yourself with expert professionals and learn from their work methodology”*



09

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



“

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization”*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a “case”, an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





# 10 Certificate

The Hybrid Professional Master's Degree in Gynecoesthetics guarantees students, in addition to the most rigorous and up-to-date education, access to a Hybrid Professional Master's Degree qualification issued by TECH Global University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This program will allow you to obtain your **Hybrid Professional Master's Degree diploma in Gynecoesthetics** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (**official bulletin**). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Hybrid Professional Master's Degree in Gynecoesthetics**

Modality: **Hybrid (Online + Clinical Internship)**

Duration: **12 months**

Certificate: **TECH Global University**

Recognition: **60 + 4 ECTS Credits**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge presentation  
development languages  
virtual classroom



## Hybrid Professional Master's Degree

Gynecoesthetics

Modality: Hybrid (Online + Clinical Internship)

Duration: 12 months

Certificate: TECH Global University

60 + 5 créditos ECTS



# Hybrid Professional Master's Degree

## Gynecoesthetics

