





## Hybrid Professional Master's Degree

### Aesthetic Medicine

Modality: Hybrid (Online + Clinical Internship)

Duration: 12 months

Certificate: TECH Global University

Accreditation: 60 + 4 ECTS

Website: www.techtitute.com/us/medicine/hybrid-professional-master-degree/hybrid-professional-master-degree-aesthetic-medicine

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### tech 06 | Introduction

The rise of social networks and the increased importance of personal image have led Aesthetic Medicine to experience a true golden age. Patients are no longer satisfied with just feeling good, they also want to look good. Part of this increase is explained by the emergence of increasingly sophisticated interventions, including methods that allow the detection and prevention of the effects of long-term rejection of *fillers* or the use of novel laser techniques for the rejuvenation of facial wrinkles, among countless other examples.

Since these advances generate greater safety and agility in operations, specialists in this branch of medicine must know them inside out in order to develop their activity based on the needs of the market. The theory based on the latest scientific studies is essential, but it is even more useful if it is complemented by the appropriate practical application of all the new advances and discoveries studied.

For these reasons, TECH has created this program, with the aim of promoting the updating of these professionals and ensuring a reliable update in the field of Aesthetic Medicine. Throughout 12 months of intensive learning, students will learn about the new techniques for the treatment of expression wrinkles, properly identifying the adverse effects, as well as reviewing the complications that can experience the most commonly used filler materials in aesthetic operations. They will also master the most avant-garde methods for facial diagnosis of patients and will delve into the use of hair mesotherapy to promote hair health, among other valuable issues.

To all this is added a practical period in a prestigious clinical center, where a team of highly experienced professionals in Aesthetic Medicine will guide the student throughout the process. In this way, you will be able to get involved in a real environment and examine in situ all the theoretical novelties seen previously. This is undoubtedly the most effective and distinctive way to position yourself at the forefront of Aesthetic Medicine.

Thanks to its 100% online methodology, students will be able to manage their own study time as they wish in order to achieve effective learning. Likewise, the teaching materials are available in a wide variety of textual and interactive formats to favor an excellent and individualized teaching. On the other hand, during the practical stay you will have a designated tutor, with whom you will be able to consult all the doubts and concerns that arise during the process.

This **Hybrid Professional Master's Degree in Aesthetic Medicine** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Development of more than 100 clinical cases presented by professionals in aesthetic medicine with a high level of experience in this sector
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Innovative techniques for performing regenerative operations for aesthetic purposes
- Learning of up-to-date methods for the treatment of skin pathologies with laser and light sources
- Practical exercises that will allow students to self-assess in order to strengthen their learning process
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection
- In addition, you will be able to do a clinical internship in one of the best centers of Aesthetic Medicine



You will learn how to manage the mechanisms of action of topical treatments, peelings, the annotation of cosmetic assessments and the various methods of successful measurement, all through this program"



Broaden your knowledge through this Hybrid Professional Master's Degree in Aesthetic Medicine and achieve excellence in this sector after working in a rigorous clinic, where you will learn from the best specialists in the field"

This Master's program, which has a professionalizing nature and a blended learning modality, is aimed at updating medical professionals who perform their functions in aesthetic units, and who require a high level of qualification. The contents are based on the latest scientific evidence, and oriented in a educational way to integrate theoretical knowledge in the medical-aesthetic practice, and the theoretical-practical elements will facilitate the updating of knowledge and allow decision-making in patient management.

Thanks to its multimedia content elaborated with the latest educational technology, it will allow the medical professional to Aesthetics situated and contextual learning, that is to say, a simulated environment that will provide immersive learning programmed to train in real situations. This program is designed around Problem-Based Learning, whereby the physician must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned experts in the field of educational coaching with extensive experience.

Thanks to this program, you will master the best and updated anti-aging treatments through a 100% online methodology that will favor a customized learning.

With this Hybrid Professional Master's Degree, you will deepen your knowledge of the correction of volume defects associated with tissue atrophy secondary to aging with experts in the sector.







### tech 10 | Why Study this Hybrid Professional Master's Degree?

#### 1. Updating from the latest technology available

The field of Aesthetic Medicine has undergone an enormous revolution in recent years thanks to the emergence of new techniques in the use of lasers for skin operations, in regenerative gynecology or in the development of facial implants. Therefore, the objective of this TECH Hybrid Professional Master's Degree is to provide knowledge that places the student at the forefront of this sector.

#### 2. Gaining in-depth knowledge from the experience of top specialists

This program has teaching materials developed specifically by professionals in the field of Aesthetic Medicine, so that the contents that the student will study will enjoy a full update and work applicability. In addition, the student will carry out their internship in an aesthetic center surrounded by the best professionals in this field.

#### 3. Entering first-class clinical environments

TECH carefully selects all the centers available for its practical stage. Thanks to this, the specialist will have guaranteed access to a prestigious clinical environment in the field of Aesthetic Medicine. In this way, you will be able to see the day-to-day work of a demanding, rigorous and exhaustive sector, always applying the latest theses and scientific postulates in its work methodology.





### hy Study this Hybrid Professional Master's Degree? | 11 tech

#### 4. Combining the best theory with state-of-the-art practice

The educational programs on the market are characterized by a high volume of inefficient content for the professional in their day-to-day work. Because of this, TECH has created a program that will not only provide the student with useful theoretical knowledge, but will also allow them to put these skills into practice in an aesthetic center for 3 weeks.

#### 5. Expanding the boundaries of knowledge

TECH offers the possibility of completing this Internship in centers renown worldwide. In this way, the specialist will be able to expand their frontiers and catch up with the best professionals, who practice in first-class hospitals and clinics in different continents. A unique opportunity that only TECH, the largest online university in the world, could offer.





The general objective of the Hybrid Professional Master's Degree in Aesthetic Medicine is to ensure that the professional updates the knowledge and procedures of the medical-aesthetic specialty in a theoretical-practical way, from the hand of recognized professionals in this field, with the highest scientific quality and technological innovation. Therefore, the professional will address the main interventions of the specialist, which will allow them to improve and enhance their skills in the medical care of their patients.



### tech 14 | Objectives



### **General Objectives**

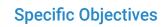
- Acquire the best knowledge of all Antiaging modalities and aesthetic treatments, incorporating the necessary tools to exercise this specialty in their daily practice
- Learn how to control, delay and prevent the existing aging process today



Enroll now and advance in your field of work with a comprehens field of work with a comprehensive program that will allow you to put into practice everything you have learned"







#### Module 1. Basic Principals of Aesthetic Medicine

- · Identify the biological changes of aging, gene analysis and the functions of diagnostic methods
- Manage the mechanisms of action of topical treatments, peelings, the annotation of cosmetic evaluations and various measurement methods
- Define and analyze in a global way the structures and functions of each area
- Analyze the classification of the different lesions that can be identified

#### Module 2. Peelings. Dermocosmetics

- Use the different types of peeling in the treatment of rejuvenation and certain skin disorders effectively
- Perform prior preparation of the patient's skin and prepare a correct follow-up and post peeling treatment prescription
- Understand the possible adverse effects of peeling and their treatments

# Module 3. Applications of Botulinum Toxin in Dermatology and Aesthetics. Regenerative Medicine for Aesthetic Purposes

- Learn how to use temporary filler materials
- Gain insight into the correction of volume defects associated with tissue atrophy secondary to aging
- Be updated on filler materials to create a global rejuvenation protocol, working with absolute safety and detecting their short and long term side effects



### tech 16 | Objectives

#### Module 4. Facial Implants in Aesthetics

- Master the facial anatomy in depth
- Know the most current techniques and procedures in facial implantology
- Acquire techniques to harmonize facial contours through the use of facial implants

#### Module 5. Aesthetic and Regenerative Gynecology

- Address sexual dysfunctions
- Perform genital regenerative treatments
- Know the female anatomy to learn how to manage physical alterations after childbirth, menopause or an oncological process

#### Module 6. Laser and Light Sources in Aesthetic Medicine

- Use the different and up-to-date types of lasers and light sources in the treatment of rejuvenation and skin disorders in an effective way
- Know the current situation on the use of lasers in pigmented lesions, rejuvenation, vascular lesions, hair removal
- Master the indications, contraindications and possible adverse effects of each method in order to establish the most appropriate method for each patient
- Get up-to-date on the types of authorized botulinum toxin, the precise knowledge of the mechanisms of action of each one, and the detailed indications in each anatomical area







- Master the anatomy, physiology, pathophysiology and etiopathogenesis of the alterations involving the adipose panniculus and the veno-lymphatic alterations of the limbs
- Analyze the main etiopathogenic mechanisms of venous and lymphatic limb disease, with special attention to chronic venous disease and lymphatic pathology, as well as diagnosis and treatment
- Determine the changes related to aging, as well as the main surgical and non-surgical treatments for body contouring
- Diagnose the main clinical conditions such as cellulite, lipodystrophies, lipedema, localized adiposities and veno-lymphatic alterations in order to differentiate situations that imply a health risk from aesthetic alterations

#### Module 8. Trichology and Hair Transplantation

- Understand the medical treatments for different types of alopecia, antiandrogen injections, PRP, immunotherapy and surgical treatments for alopecia with their different techniques (strip technique, FUE technique, SAFER automated device)
- Learn how to perform adequate clinical diagnoses supported by the best technologies

#### Module 9. Communication

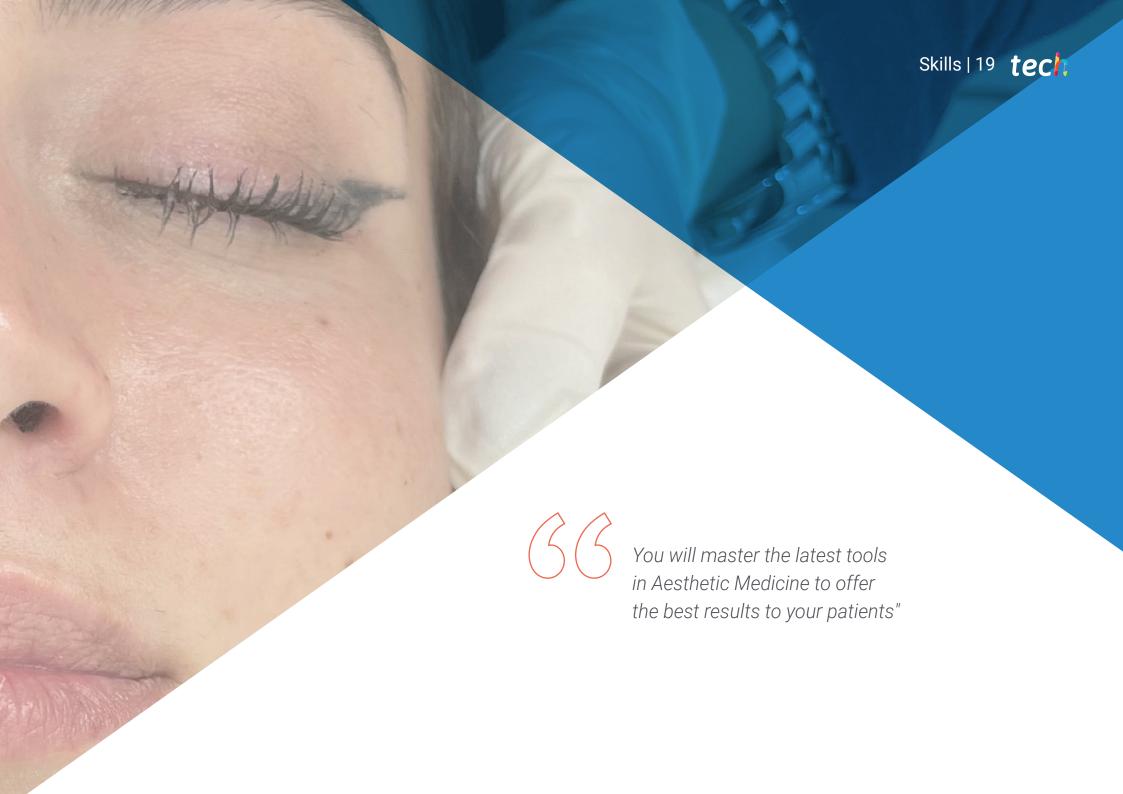
- Determine the importance of communication in the health sector
- Design a business communication plan in the health sector and manage the online reputation of an organization
- Carry out marketing campaigns and SEO and SEM positioning.
- Manage the social media of a company

# Module 10. Genetics and Epigenetics of Systemic and Skin Anti-Aging. Therapeutic Implications

- Master the skin aging process and anti-aging treatments
- Understand the genetic aspects of skin aging
- Manage nutritional aspects related to medical-aesthetic treatments







### tech 20 | Skills

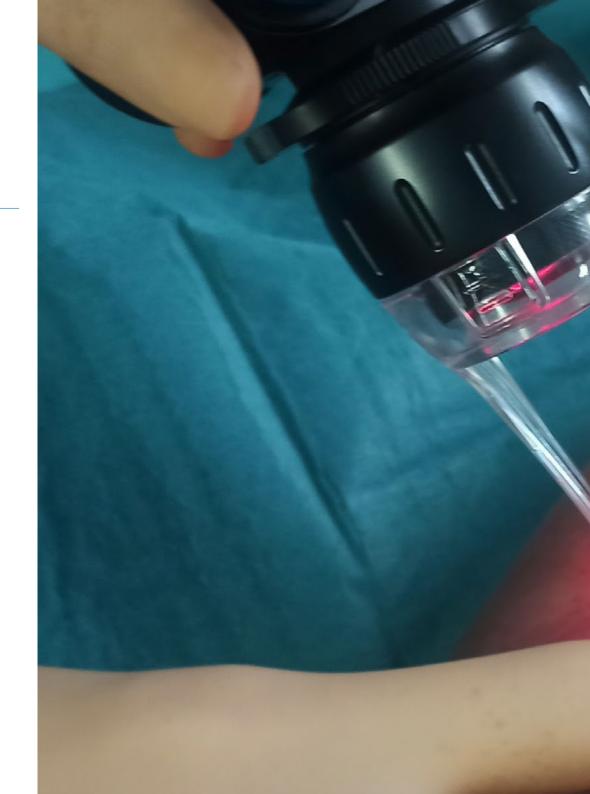


#### **General Skills**

- Apply new Anti-aging techniques, as well as other aesthetic treatments
- Prevent aging in patients



Delve into the most relevant theory in this field, subsequently applying it in a real work environment"







### **Specific Skills**

- Identify the biological changes of aging in order to be able to use the necessary treatments for its prevention
- Use of ultrasound in the field of aesthetic-medical treatments
- Correctly use the different types of peelings in the treatment of rejuvenation and certain skin disorders in an effective manner
- Know the possible adverse effects of the peel and their treatment, communicate them to patients and be prepared for any possible setbacks
- Apply the different types of lasers and light sources in the treatment of skin rejuvenation and skin disorders effectively
- Correct use of the authorized botulinum toxin
- Treat physical changes in women after childbirth, menopause or an oncological process for example
- Perform appropriate diagnostics on hair loss using the most advanced technologies in this field
- Help to prevent and treat alopecia
- Diagnose the main clinical conditions such as cellulitis, lipodystrophies or lipedema, among others
- Analyze skin aging and apply appropriate treatments to prevent and delay it





#### Management



#### Dr. Mosquera González, Margarita

- Assistant Specialist in Preventive Medicine and Public Health at the University Hospital Fundación Alcorcón
- Medical Director of the Integrative Aesthetic Medicine Area, C&M Clinic
- Professor of Preventive Medicine and Public Health and Immunology and Medical Microbiology at the Rey Juan Carlos University
- Specialist in Aesthetic, Cosmetic and Anti-Aging Medicine at the Complutense University of Madrid
- PhD in Medicine from the University Rey Juan Carlos
- Specialist in Preventive Medicine and Public Health by the University Hospital of Guadalajara
- Graduate in Medicine and Surgery from the University of Oviedo



#### Dr. Lacosta Esclapez, Pilar

- Head of the Department of Aesthetic Oncologic Medicine at the Clinic Granado Tiagonce
- Medical Director at the Clinic Dra. Pilar Lacosta
- Aesthetic Physician at the Clinic Dr. Pilar Lacosta
- Aesthetic Physician at the Clinic Dr. Rubira
- Medical Director of the Center for Dependency Sergesa
- Head of the Aesthetic Medicine Department of the Lipedema Unit at Hospital Viamed Virgen de la Paloma
- Member of: Group of Experts in Aesthetic Oncological Medicine (GEMEON). Member of the Board of Directors, Spanish Society of Nutrition and Orthomolecular Medicine (SENMO), Spanish Society of Aesthetic Medicine (SEME)

#### **Professors**

#### Dr. Franco Vidal, Amalia

- Coordinator of Quality and Innovation of the Health Area V of the Health Service of the Principality of Asturias
- Public Health Technician in SESPA
- Collaborator with e-Health Asturias
- Manager of the Health Area in SESPA
- Medical Director of Primary Health Care in SESPA
- Quality Coordinator at the Central University Hospital of Asturias
- Evaluator in the European Union Project of Rare Disease Units for the "European Reference Networks for Rare and Low Prevalence Complex Diseases
- Graduate in Medicine and Surgery from the University of Oviedo
- Specialist in Preventive Medicine and Public Health at the University Hospital La Paz
- Master's Degree in Quality Management in Health Services from the University of Murcia
- Master's Degree in Health Administration from the National School of Health (Escuela Nacional de Sanidad)
- University Professional Master's Degree in Health Administration the National University of Distance Education (UNED)

#### Dr. Esteban Herrero, Margarita

- Director of the Aesthetic Clinic Dra. Margarita Esteban
- President of the Group of Experts in Aesthetic Oncologic Medicine (GEMEON)
- Specialist in Cosmetic Medicine
- Member of the Spanish Society of Aesthetics Medicine (SEME)

#### Ms. Arnaiz Urrez, Celia

- Psychologist in charge of Human Resources Development
- Psychologist in charge Developmental Disorders of Human Resources at the University Hospital Fundación Alcorcón
- Director of Human Resources at TCP
- Responsible for the Training and Recruitment Unit at the University Hospital Fundación Alcorcón
- · Elaboration of a dictionary of skills for healthcare organizations
- Collaboration in the adaptation of Clinical Psychometric Tests at the Complutense University of Madrid (UCM)
- Elaboration of Personality Tests (TP-10) in the selection of police scales
- Instructor in Clinical Simulation at the Center for Medical Simulation of Harvard
- Specialization in Clinical Psychology and Work Psychology by the International Coach Federation.

#### Dr. Chicón García, Jesús

- Medical Director of the Chez Jolie Clinic
- Medical Director of Clinicas Jeisamed
- · Director of Salutae Academy
- Quality Director at Secoe
- Degree in Medicine from the University of Alcalá
- Master's Degree in Aesthetic Medicine, Universidad Rey Juan Carlos, Madrid
- Master's Degree in Food and Quality Control from the University of Navarra
- European Expert in Quality Management by the Spanish Agency of Quality
- European Expert in Research, Development and Innovation by the Spanish Quality Agency

### tech 26 | Course Management

#### Dr. Ugarte López, Nuria

- Director of the Esthetic Medical Center Dra. Nuria Ugarte
- Expert in Quality of Life and Medical Aesthetic Care of Oncology Patients
- Member of the Board of Directors of the Group of Experts in Aesthetic Oncological Medicine (GEMEON)
- Member of the Spanish Society of Aesthetic Medicine (SEME), Riojan Society of Aesthetic Medicine (SRME)

#### Dr. Ibáñez Castresana, Ricardo

- Founder and Owner of the Law Firm IURISVOX Abogados SL
- Member of the Arbitration Court of Commerce of Vizcaya
- Advisor to the Spanish Society of Aesthetic Regenerative Functional Aesthetic Gynecology
- Legal advisor in the Consumer Affairs Directorate of the Government
- Selection of staff for the Municipal Consumer Information Offices (OMIC)
- Legal advisor to the Spanish Commission for Refugee Aid
- Degree in Law from the University of Deusto

#### Rodríguez Scheid, Salvador

- Physician and Manager at Variclinic Aesthetic Clinics
- Member of Aesthetic Medicine Association of Castilla La Mancha (AMECLM),
   Spanish Society of Aesthetic Medicine (SEME), Murcian Society of Cardiology
   (SMC), Spanish Society of Ultrasound (SEECO), Spanish Society of Cardiology (SEC),
   Spanish Society of Cosmetic Medicine and Surgery (SEMCC), Murcian Association
   of Aesthetic Medicine and Cosmetic Surgery (AMMECC), Spanish Society of
   Angiology and Vascular Surgery-Chapter of Phlebology (CF-SEACV), French Society
   of Phlebology (SFP)

#### Ms. Gayoso Blanco, Macarena

- Head of Advertising and Public Relations at Newmonday Agency
- Communications Manager of ALIA Arquitectura
- Master's Degree in Event Organization, Protocol, and Institutional Relations
- Degree in Advertising and Public Relations

#### Dr. Zetina Toache, Luis Miguel

- Medical Director, Oncomédica Cáncer Consultants (Guatemala)
- Affiliated to the MSD Global Lung Scientific Symposium

#### Dr. Alonso García, Marcos

- Public Health Technician in the Government of the Community of Madrid (Spain)
- Specialist of the Preventive Medicine Unit at the Hospital Universitario Fundación Alcorcón (Spain)

#### Dr. De Toledo Heras, María

- Head of the Epilepsy Unit in the Neurology Department
- Head of the Epilepsy Unit of the Neurology Department at La Princesa University Hospital
- Specialist in Neurology at the University Hospital 12 de Octubre
- Specialty in cognitive disorders and dementias
- PhD in Neurosciences

#### Ms. Vicente Sánchez, Gema María

- Medical Specialist in Internal Medicine and Public Health
- Medical Specialist in Internal Medicine and Public Health at the University Hospital Fundación Alcorcón
- Clinical Management of the Patient with Systemic and Autoimmune Disease

#### Dr. Martínez Morón, Victoria

- Coordinator of the Pelvic Floor Unit at the University Hospital Fundación
   Alcorcón
- · Head of the Gynecological Laser Unit at Clínica Dermatológica MultiLaser
- Head of the Regenerative and Functional Gynecology Unit at Mediestetic
- Head of the Gynecological Laser and Intimate Health Unit at the Palacios Institute
- Degree in Medicine from the Complutense University of Madrid
- Master in Sexology from the University of Extremadura
- Member of the Spanish Society of Gynecology and Obstetrics (SEGO), Spanish Society of Functional Aesthetic Regenerative Regenerative Gynecology (SEGERF). President

#### Ms. Díaz Martín, María Margarita

- Nurse of the Preventive Medicine Unit at the University Hospital Fundación Alcorcón
- Teaching activity on Infection Control, Hospital and Hand Hygiene, Use of Antiseptics and Disinfectants
- Principal Tutor of Clinical Practices of Nursing Students
- Expert in Surgical Area Nursing, Anesthesia and Resuscitation

#### Dr. Arredondo Provecho, Ana Belén

- Nurse Assistant at the Preventive Medicine Unit
- Nurse Assistant in the Preventive Medicine Unit of the University Hospital Fundación Alcorcón
- Doctor in Health Sciences
- Coordinator and teacher of several continuing education courses in specialized care

#### Del Cura Rodríguez, José Luis

- Head of Radiodiagnosis Section at Basurto University Hospital
- PhD in Medicine from the University of the Basque Country/Euskal Herriko Unibertsitatea (UPV/EHU)
- Degree in Medicine
- Member of the Spanish Society of Ultrasound (SEUS). President, Spanish Society of Medical Radiology (SERAM). Former President

#### Dr. Del Cura Allende, Gorka

- Medical Specialist of the Radiodiagnostic Department
- Medical Specialist of the Radiodiagnostic Service at the University Hospital of Galdakao-Usansolo (Spain)
- Medical Specialist of the Radiology Unit at Clínica Indautxu (Spain)
- Degree in Medicine and Surgery
- Radiodiagnosis Specialist
- Postgraduate Diploma in Breast Diagnosis and Ultrasonography

#### Dr. Carlos Iriarte, Esperanza

- Head of Section in Physical Medicine and Rehabilitation
- Head of Section in Physical Medicine and Rehabilitation at the University Hospital 12 de Octubre
- European Board of Physical Medicine and Rehabilitation (Paris)
- Excellence Programme for Exchange Regarding Botulinum Toxin
- Teacher and organizer of courses on infiltration with Neurotoxin A

#### Dr. Arroyo Romo, César

- Head Physician of the Medical Regenerative and Aesthetic Medical Laser Unit
- Head Physician of the Medical Regenerative and Aesthetic Laser Unit at HM Montepríncipe Hospital (Madrid)
- President of the Spanish Society of Esthetic, Regenerative, and Functional Gynecology
- Former International Director of the Iberoamerican Academy of Medical Lasers. AILMED
- International lecturer in Aesthetic Medicine, Aesthetic and Laser Techniques
- Member of the American Society of Laser Medical Surgical (ASLMS), Spanish Society of Laser Medical Surgical (SELMQ), Portuguese Society of Aesthetic Medicine (SPME), Scientific Committee of the International Association of Aesthetic Gynecology and Sexual Wellbeing (IAAGSW)

#### Dr. Zamora Iniesta, Tomás

- Founder and Medical Director of the Aesthetic Clinics Dr. Tomás Zamora
- Outpatient Emergency Physician in the Murcian Health Service
- Member of the Board of Directors of the Aesthetic Medicine and Cosmetic Surgery Association of Murcia (AMMECC)
- PhD in Medicine from the University of Murcia
- Degree in Medicine and Surgery from the University of Murcia
- Master's Degree in Aging and Frailty from the Universidad Nacional de Formación a Distancia (National University of Distance Learning)
- Teknon Master's Degree in Medical and Surgical Laser by the Polytechnic University of Catalonia
- Master's Degree in Cosmetic and Aging Medicine from the Autonomous University of Barcelona
- Member of the Spanish Society of Aesthetic Medicine (SEME), Spanish Society of Medical and Surgical Laser (SELMQ)

#### Ordiz García, Ignacio

- Director of the Aesthetic Medicine Area at Clínica El Fontán
- President of the Iberoamerican Mesotherapeutic Medicine Association, since its foundation
- Member of prestigious associations, Founding member and speaker of the Asturian Society of Cosmetic and Aesthetic Medicine, Honorary Member of the Spanish to promote one Manual Lymph Drainage Vodder, Spanish Society of Aesthetic Medicine, French Society of Mesotherapy, Italian Society of Mesotherapy, Spanish Society of Homeopathic Medicine

#### Dr. Saco Mera, Edmundo

- · Medical Director at Clínica D' Láser
- Medical Director at Clínica de la Piel in Lima
- National and International Speaker of Laser and Photoluminescent Platforms for some of the most important laser equipment commercial houses
- Collaborator of the Editorial Committee of the Scientific Magazine of the Faculty of Medicine at the Ricardo Palma University
- Licensed in Medicine and Surgery by the University of San Martin de Porres
- Medical specialist in Aesthetic Medicine by the Kennedy University
- Diploma in Hemotherapy and Transfusional Medicine at the Peruvian University Cayetano Heredia
- Master in Laser and Phototherapy in Dermatoesthetic Pathology by the University of Barcelona

#### Fortes Madrigal, Antonio

- International Commercial, Technical and Scientific Director at Medikalight
- Director of CCMIR Technology Division
- International Commercial, Technical and Scientific Director at Lyposmol Biotech
- Commercial, Technical and Scientific Director at Alma Lasers
- Commercial, Technical and Scientific Director of LPG
- Clinical Director in Private Practice of Pain Therapy and Proprioception

#### Dr. Del Diego Salas, Jorge

- Director General of Public Health and Pharmaceutical Management of the Andalusian Regional Government
- National Coordinator of the Vaccine Network of the Spanish Society of Preventive Medicine, Public Health and Health Management
- Assistant General Director of Health Promotion and Prevention, Ministry of Health
- Head of the Support Unit of the General Directorate of Public Health of the Ministry of Health
- Former Director of the International Epidemiological Alerts and Consulting Service ASISA
- WHO International Consultant for the Ebola outbreak in West Africa
- PAHO/WHO International Consultant in the regional Dengue program for the Americas.
- Member of the ECDC EPIET program
- National Coordinator of the Vaccine Network of the Spanish Society of Preventive Medicine, Public Health and Health Management

#### Dr. Rubio Lombraña, Marta

- Director and Dermatologist of the Dermocapillary Group of Triconorte Clinics
- Dermatologist at the Hospital of Urduliz Alfredo Espinosa. Bizkaia (Spain)
- Member of the Spanish Academy of Dermatology and Venereology
- Degree in Medicine and Surgery from the University of Cantabria
- Specialist in Dermatology by the University Hospital of Cruces
- Specialist in Infectious Diseases of the Skin and Sexually Transmitted Diseases from the Dermatological Institute of Jalisco (Mexico)
- International Master's Degree in Trichology and Hair Transplant from the University of Alcalá

#### Dr. Ramos Trujillo, María

- Medical Specialist in Clinical Documentation at the Valencian Health Agency
- Medical Specialist in Clinical Documentation at the Valencian Health Agency in the General University Hospital of Castellón
- Freelance Medical Aesthetics Expert in Quality of Life and Medical Aesthetics Care
- Responsible for the Clinical Coding, Archive and Documentation Management
- President of the Medical Records and Mortality Committee of the General University Hospital of Castellón
- Spokesperson of the Patient Safety Committee of the General University Hospital of Castellón
- Spokesperson of the Drug Research Ethics Committee (CEIM) at the General University Hospital of Castellón
- Degree in Medicine and Surgery

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#### Dr. Aldana López, Guillermo

- Director of Aldana Laser Miami
- Director of Aldana Láser Center (Venezuela)
- Responsible for the study of Light Technology Applications in Facial Rejuvenation Treatment
- Best Communication Award at the XXIX Congress of the Spanish Society of Medical and Surgical Laser, Photoepilation with Alexandrite Laser on Skin Grafts after Facial Reconstructive Surgery
- Member of the American Society of Medical Laser, American Society of Aesthetic Medicine

#### Dr. Roces Menéndez, Ana

- Medical Director of Merz Pharma Pharmaceutical Laboratory
- Medical Director of Merz Center of Excellence Aesthetic Medicine Clinic
- Specialist in Aesthetic, Cosmetic and Antiaging Medicine
- Master in Pharmaceutical Marketing
- Degree in Medicine and Surgery

#### Dr. Sans Durán, Cristina

- Emergency and Urgent Care Physician at SUMMA 112
- Aesthetic and Cosmetic Physician
- PhD in Nutrition and Obesity
- Degree in Medicine and Surgery







#### Dr. Iglesias Candal, Emma

- Medical Management at the Quirónsalud University Hospital (Madrid)
- Medical Director at Svenson Group Aesthetic Clinics
- PhD in Medicine. from the University of Santiago de Compostela (USC)
- Degree in Medicine and Surgery from the University of Santiago de Compostela (USC)
- Hair Surgeon
- Oral Surgeon at Sanitas
- Oral and Maxillofacial Surgeon in HM Hospitals
- Specialization in Management of Health Centers by the University of Deusto
- Professional Master's Degree in Esthetic and Anti-Aging Medicine at the Complutense University of Madrid
- Master's Degree in Trichology and Hair Transplant from the University of Alcalá.
- MBA in Hospital Management from IMF Business School



Leading specialists in the field of Aesthetic Medicine will provide you with the most relevant technological and scientific advances in this field"



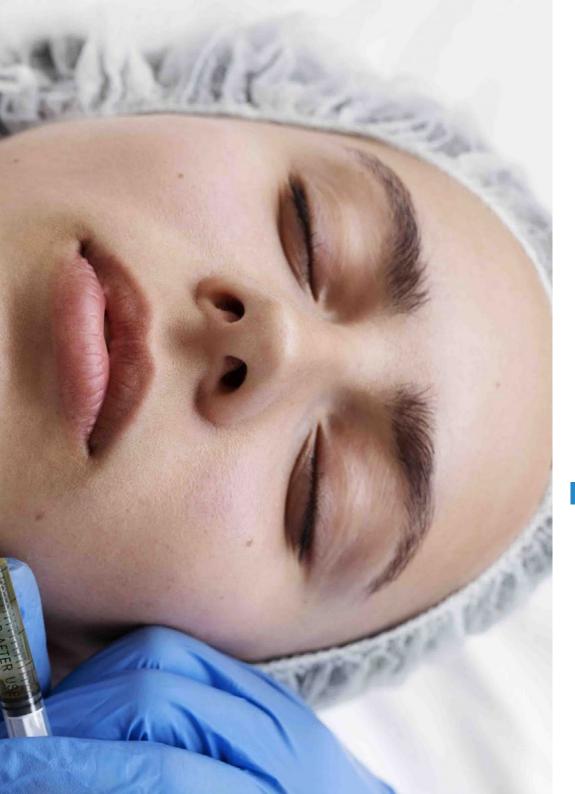


### tech 34 | Educational Plan

#### Module 1. Basic Principals of Aesthetic Medicine

- 1.1. Introduction and Perception of Beauty
  - 1.1.1. History
  - 1.1.2. Proportions and Elements of Facial Analysis
  - 1.1.3. General and Specific Facial References
- 1.2. Anatomical Changes: Aging
  - 1.2.1. Aging: a Dynamic Process
  - 1.2.2. Lesions Associated to Aging. Changes in Bony and Soft Facial Structures
  - 1.2.3. Changes in the Ligaments, Muscles and Skin
- 1.3. Theories on Aging
  - 1.3.1. Molecular Theory and Oxidative Stress
  - 1.3.2. Theories on Intrinsic Aging
  - 1.3.3. Theories on Extrinsic Aging
  - 1.3.4. Telomere Shortening. Genes Associated with Longevity and Aging
- 1.4. Evaluation of Aging in Aesthetic Medicine
  - 1.4.1. Scales to Evaluate Aging
  - 1.4.2. Clinical Visual Scale
  - 1.4.3. Diagnostic Imaging Methods
  - 1.4.4. Skin Parameters: Moisturization, Elasticity, Color, Oil Production, Desquamation
- 1.5. Topical Treatments (General)
  - 1.5.1. Global Assessment of Treatment Tools
  - 1.5.2. Managing Loss of Volume. Problems and Solutions
  - 1.5.3. Managing Flaccidity and Loss of Volume. Surgical and Non-Surgical Problems and Solutions
  - 1.5.4. Managing Dyschromia and Texture. Problems and Solutions
  - 1.5.5. Managing Dynamic Wrinkles
- 1.6. Diagnostic Imaging: Introduction to Ultrasound Skin Imaging
  - 1.6.1. Basic Principles of Ultrasound
  - 1.6.2. Structure Recognition
  - 1.6.3. Artifacts
  - 1.6.4. Dermis and Epidermis
  - 1.6.5. Subcutaneous Tissue. Vessels and Other Structures





### Educational Plan | 35 tech

- 1.6.6. Facial Anatomical Structures
  - 1.6.6.1. Ultrasound of the Periocular Area
  - 1.6.6.2. Ultrasound of the Nasal Region
  - 1.6.6.3. Ultrasound of the Lips
  - 1.6.6.4. Scalp Ultrasound
- 1.6.7. Skin Aging. Identification of Solar Elastosis
- 1.7. Psychological Assessment of the Patient in Aesthetic Medicine
  - 1.7.1. Psychological Disorders Related to Body Image
  - 1.7.2. Psychological Approach to the Patient in Esthetic Medicine
  - 1.7.3. Therapeutic Approach
- 1.8. Preventing Infection When Practicing Aesthetic Medicine
  - 1.8.1. Use of Antiseptics in Aesthetic Medicine Consultations
  - 1.8.2. Hand Hygiene
  - 1.8.3. Use of Disinfectants in Aesthetic Medicine Consultations
  - 1.8.4. Sanitary Waste Management
- 1.9. Quality Management in the Practice of Aesthetic Medicine
  - 1.9.1. Quality Improvement Cycle
  - 1.9.2. What is a Quality Management System?
  - 1.9.3. ISO 9001:2015 Quality Management System. How to Accredit an Aesthetic Medicine Clinic?

#### Module 2. Peelings. Dermocosmetics

- 2.1. Overview
  - 2.1.1. History Definition
  - 2.1.2. Skin Structure
  - 2.1.3. Types of Peelings and Common Indications and Other Indications
  - 2.1.4. Patient Selection: The Importance of the Medical History
  - 2.1.5. Correct Diagnosis: Wood's Light and Dermatoscope
  - 2.1.6. Informed Consent Form
- 2.2. Previous Preparation
  - 2.2.1. Skin Preparation: General Skin Care and Home Treatment
  - 2.2.2. Antiherpetic Prophylaxis
  - 2.2.3. Preanesthetic Assessment Indications

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| 2.3. | Superficial Peeling                                    |  |
|------|--|--|
|      | 2.3.1.   | Types of Very Superficial and Superficial Peeling      |
|      | 2.3.2.   | Mechanism of Action                                    |
|      | 2.3.3.   | Indications for Superficial Peeling                    |
|      | 2.3.4.   | Contraindications                                      |
|      | 2.3.5.   | Procedure  |
| 2.4. | Medium Peeling   |  |
|      | 2.4.1.   | Types of Medium Peelings                               |
|      | 2.4.2.   | Mechanism of Action                                    |
|      | 2.4.3.   | Indications for Medium Peelings                        |
|      | 2.4.4.   | Contraindications                                      |
|      | 2.4.5.   | Procedure  |
| 2.5. | Deep Peeling   |  |
|      | 2.5.1.   | Introduction to Deep Peeling                           |
|      | 2.5.2.   | Deep Peeling Patient Selection                         |
|      | 2.5.3.   | Deep Phenol Peeling                                    |
|      | 2.5.4.   | Outpatient Phenol Peeling                              |
|      | 2.5.5.   | Procedure  |
| 2.6. | Post Peeling Care: Adverse Effects and Their Treatment |  |
|      | 2.6.1.   | General Recommendations and Specific Post Peeling Care |
|      | 2.6.2.   | Adverse Effects and Their Treatment                    |
| 2.7. | Introduction to Dermocosmetics                         |  |
|      | 2.7.1.   | Skin Types   |
|      | 2.7.2.   | What is a Cosmetic?                                    |
|      | 2.7.3.   | Ingredients in a Cosmetic Product                      |
|      | 2.7.4.   | Cosmetic Forms   |
|      | 2.7.5.   | Mechanisms of Absorption of Cosmetics                  |
| 2.8. | General Cosmetic Skin Care                             |  |
|      | 2.8.1.   | Hygiene  |
|      | 2.8.2.   | Hydration  |

Depigmenting Agents

2.8.4. Photoprotection

- 2.9. Specific Cosmetic Care
  - 2.9.1. Aging
  - 2.9.2. Acne
  - 2.9.3. Other Alterations: Rosacea
- 2.10. Magistral Formulation in Cosmetics

# **Module 3.** Applications of Botulinum Toxin in Dermatology and Esthetics. Regenerative Medicine for Esthetic Purposes

- 3.1. Types of Botulinum Toxin
  - 3.1.1. What is Botulinum Toxin?
  - 3.1.2. Characteristics and Types of Botulinum Toxin
  - 3.1.3. Mechanism of Action
- 3.2. Botulinum Toxins Authorized for Aesthetic Use
  - 3.2.1. Trade Names of Botulinum Toxins Type A
  - 3.2.2. Toxins Authorized for Esthetic Use
  - 3.2.3. Toxins Authorized for Other Conditions. Botulinum Toxin Type B
  - 3.2.4. Toxin Reconstitution. Conservation
  - 3.2.5. Injection Technique
  - 3.2.6. Post-Treatment Recommendations
- 3.3. Indications for Treatment of Expression Wrinkles
  - 3.3.1 Indications for Treatment on Forehead Wrinkles
  - 3.3.2. Indications for Treatment on Glabellar Lines
  - 3.3.3. Indications for Treatment on Periocular Wrinkles
  - 3.3.4. Indications for the Treatment of Eyebrows
  - 3.3.5. Indications for Treatment of the Suborbital Region and Nose
  - 3.3.6. Indications Treatment of Vertical Upper Lip Wrinkles
  - 3.3.7. Indications for Treatment of the Corners of the Mouth
  - 3.3.8. Indications for Treatment of the Chin
  - 3.3.9. Indications for Treatment of the Neck

- 3.4. Treatment of the Upper Third. Anatomy of Facial Marks
  - 3.4.1. Frontal Muscles, Treatment of Horizontal Forehead Wrinkles
  - 3.4.2. Glabellar Muscles. Treatment of Frown Lines and Vertical Forehead Wrinkles
  - 3.4.3. Periorbital Region Muscles. Crow's Feet Treatment
  - 3.4.4. Eyebrow Muscles. Eyebrow Lifting. Lateral Brow Lift.
  - 3.4.5. Infraorbital and Nasal Muscles. Treatment of Lower Eyelid Wrinkles. Nasal Wrinkles
- 3.5. Treatment of the Middle and Lower Third. Neck. Anatomy of Facial Marks
  - 3.5.1. Perioral Muscles. Treatment of Vertical Upper Lip Wrinkles
  - 3.5.2. Perioral Muscles. Marionette Lines. Lifting of the Corner of the Mouth
  - 3.5.3. Chin Muscles. Treatment of Chin Wrinkles
  - 3.5.4. Masseter Muscles. Treatment of Masseter Hypertrophy Bruxism
  - 3.5.5. Neck Muscles. Treatment of Platysma
- 3.6. Treatment of Hyperhidrosis with Botulinum Toxin
  - 3.6.1. Types of Hyperhidrosis: Axillary and Palmar
  - 3.6.2. Technique of Botulinum Toxin Infiltration in Hyperhidrosis
  - 3.6.3. Truncal Anesthesia in Palmar Hyperhidrosis
  - 3.6.4 Results and Duration
- 3.7. Complications from Botulinum Toxin Application
- 3.8. Introduction to Regenerative Medicine
  - 3.8.1. Regenerative Medicine Concept
  - 3.8.2. Growth Factors
- Applications of Regenerative Medicine in Dermatology and Esthetics.
   Other Medical Applications
  - 3.9.1. Application in Rejuvenation
  - 3.9.2. Other Conditions, Burns, Scars, Keloids and Stretch Marks
- 3.10. Practical Considerations and Injection Techniques
  - 3.10.1. Obtaining Growth Factors
  - 3.10.2. Skin Infiltration for Rejuvenation
  - 3.10.3. Other Aesthetic Applications

### Module 4. Facial Implants in Aesthetics

- 4.1. Introduction to Filler Materials
  - 4.1.1. The Concept of Filler Material
  - 4.1.2. Tissue Response to Filler Materials
  - 4.1.3. History of the Use of Fillers and Facial Support Threads
  - 4.1.4. Facial Exploration Aimed at the Use of Filler Materials. Risk Zones
- 4.2. Filler Materials
  - 4.2.1. Classification of Filler Materials
  - 4.2.2. Autologous Materials: Autologous Fat, Plasmigel.
  - 4.2.3. Resorbable Filler Materials
  - 4.2.4. Hyaluronic Acid
  - 4.2.5. Calcium Hydroxyapatite
  - 4.2.6. Collagen
  - 4.2.7. Polylactic Acid
  - 4.2.8. Carboxymethyl Cellulose
- 4.3. Non-Resorbable or Permanent Filler Materials
  - 4.3.1. Legal Situation
  - 4.3.2. Polymethylmethacrylate Microspheres
  - 4.3.3. Silicone
  - 4.3.4. Polyalkylimide or Alkylimide Hydrogel
  - 4.3.5. Polyacrylamide Hydrogel
  - 4.3.6. latrogenic Allogenosis
- 4.4 Indications for the Use of Filler Materials
  - 4.4.1. Facial Diagnosis. Objective to Treat
  - 4.4.2. Injection Technique
  - 4.4.3. Approach to Treatment of the Upper Third
  - 4.4.4. Approach to Treatment of the Middle Third
  - 4.4.5. Approach to Treatment of the Lower Third
  - 4.4.6. Skin Revitalization Techniques
  - 4.4.7. Alert Areas

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| 4.5. | Rhino-N  | Modeling   |
|------|----------|--|
|      | 4.5.1.   | Indications and Contraindications for Rhinomodeling                |
|      | 4.5.2.   | Specific Anatomy. Nasal Proportions                                |
|      | 4.5.3.   | Materials Used for Rhino-Modeling                                  |
|      | 4.5.4.   | Rhino-Modeling Technique   |
|      | 4.5.5.   | Secondary Rhino-Modeling   |
|      | 4.5.6.   | Complications and Adverse Effects                                  |
| 4.6. | Lip Imp  | plants   |
|      | 4.6.1.   | Anatomy and Proportions of the Lips                                |
|      | 4.6.2.   | Materials Used for the Lips  |
|      | 4.6.3.   | Features of Male and Female Lips                                   |
|      | 4.6.4.   | Lip Contouring   |
|      | 4.6.5.   | Lip Volume Enhancement   |
|      | 4.6.6.   | Rejuvenation of Lips and Peribucal Area                            |
|      | 4.6.7.   | Lip Moisturizing Technique   |
|      | 4.6.8.   | Complications and Adverse Effects                                  |
| 4.7. | Identify | ring Filler Materials Using Ultrasound                             |
|      | 4.7.1.   | Resorbable Fillers   |
|      | 4.7.2.   | Semi-Permanent Fillers   |
|      | 4.7.3.   | Permanent Fillers  |
|      | 4.7.4.   | Ultrasound in the Management of Complications of Filler Substances |
| 4.8. | Facial S | Support Threads  |
|      | 4.8.1.   | Sutures Features and Mechanism of Action                           |
|      | 4.8.2.   | Indications  |
|      | 4.8.3.   | Insertion Plan and Insertion Patterns                              |
|      | 4.8.4.   | Insertion Procedure  |
|      | 4.8.5.   | Types of PDO Threads   |
|      | 4.8.6.   | APTOS Threads  |
|      | 4.8.7.   | Coned Threads, Double Needle                                       |
|      | 4.8.8.   | Treatment Plan   |

4.8.9. Approach to Complications and AE

4.8.10. Combination with Other Tightening Treatments

- 4.9. Adverse Effects and Complications of Filler Materials
  - 4.9.1. Early General Complications, Prevention, and Treatment
  - 4.9.2. Late General Complications, Prevention, and Treatment
  - 4.9.3. Complications Associated with Hyaluronic Acid Injections
  - 4.9.4. Complications Associated with Calcium Hydroxyapatite Injections
  - 4.9.5. Complications Associated with Deep Sutures and PDO Threads
  - 4.9.6. Complications Associated with the Use of Permanent Materials
  - 4.9.7. Hyaluronidase
- 4.10. Suture and Implant Approach to the Male Patient
  - 4.10.1. Aging Process in Male Patients
  - 4.10.2. General Considerations for Filler Treatment in Male Patients
  - 4.10.3. Volume Restoration in the Middle Third
  - 4.10.4. Volume Restoration in the Lower Third
  - 4.10.5. Facial Masculinization

### Module 5. Aesthetic and Regenerative Gynecology

- 5.1. Anatomy
  - 5.1.1. Vulva. Histology, Anatomy and Relationships
  - 5.1.2. Vagina. Histology, Anatomy and Relationships
  - 5.1.3. Female Pelvic Floor Anatomy
    - 5.1.3.1. Muscular Structures
    - 5.1.3.2. Urogenital Diaphragm
    - 5.1.3.3. Superficial and Deep Perineum
    - 5.1.3.4. Vasculonervous Relations of the Lesser Pelvis
    - 5.1.3.5. Anatomy of the Clitoris

- 5.2. Treatment of Anatomical Alterations
  - 5.2.1. Mons Pubis. Mons Pubis Reduction: Liposuction, Laser Lipolysis. Enlargement of the Mons Pubis: Fillers (Fat, Fillers)
  - 5.2.2. Labia Minora. Classification of Anatomical Defects.

    Types of Labiaplasty. Pre and Postoperative Recommendations
  - 5.2.3. Labia Majora. Classification of Anatomical Defects. Surgical Techniques
  - 5.2.4. Vaginal Introitus and Hymen Classification and Etiology of Introitus Pathology. Hymen Pathology (Rigid Hymen, Imperforate Hymen). Surgical Treatment
  - 5.2.5. Vaginal Introitus. Pathology Due to Stenosis. Amplitude of the Introitus
  - 5.2.6. Superficial Perineum and Anal Musculature. Perineal Obstetric Tears. Obstetric Tears of the Anal Sphincter
  - 5.2.7. Female Genital Ablations. Social and Cultural Management. Surgical Management. Psychological Handling
- 5.3. Treatment of Vaginal Hyperlaxity Syndrome
  - 5.3.1. Definition and Aetiology
  - 5.3.2. Symptoms and Signs
  - 5.3.3. Management and Treatments
- 5.4. Management of the Genitourinary Syndrome of Menopause
  - 5.4.1. Definition and Prevalence
  - 5.4.2. Symptoms and Signs
  - 5.4.3. Alternative Treatments
- 5.5. Menopause
  - 5.5.1. Definition of Menopause
  - 5.5.2. Definition of Climacteric Syndrome
  - 5.5.3. Symptoms, Risks and Pathologies Associated with Climacteric Syndrome
  - 5.5.4. Management and Advice
    - 5.5.4.1. Lifestyle Recommendations
    - 5.5.4.2. Hormone Replacement Therapy (indications and contraindications) and Introduction to Bioidentical Hormones
  - 5.5.5. Sexuality in Menopause

- 5.6. Regenerative and Functional Gynecologic Pathology
  - 5.6.1. Vulvar Lichen Sclerosis
    - 5.6.1.1. Definition and Symptoms
    - 5.6.1.2. Medical Treatment and Regenerative Treatments
  - 5.6.2. Urinary Incontinence
    - 5.6.2.1. Definition, Etiology and Classification
    - 5.6.2.2. Medical Treatment
    - 5.6.2.3. Physiotherapy Treatment
    - 5.6.2.4. Surgical Treatment (Indications, Contraindications, and Complications)
- 5.7. Energy-Based Devices
  - 5.7.1. Laser Technology
    - 5.7.1.1. Physical and Therapeutic Foundations
    - 5.7.1.2. Biological Effects of Thermotherapy
    - 5.7.1.3. Types of Lasers and Uses
    - 5.7.1.4. Indications and Contraindications
    - 5.7.1.5. Available Evidence
    - 5.7.1.6. Procedure
  - 5.7.2. Radiofrequency Technology
    - 5.7.2.1. Radiofrequency Technology
    - 5.7.2.2. Physical and Therapeutic Foundations
    - 5.7.2.3. Biological Effects of Radiofrequency
    - 5.7.2.4. Indications and Contraindications
    - 5.7.2.5. Procedure
    - 5.7.2.6. Available Evidence
- 5.8. Sexual Dysfunctions
  - 5.8.1. Hypoactive Desire Dysfunction (definition)
    - 5.8.1.1. Sexological Approach
    - 5.8.1.2. Medical Treatment
  - 5.8.2. Stimulation and Orgasm Dysfunctions (Definition)
    - 5.8.2.1. Sexological Approach
    - 5.8.2.2. Medical Treatment

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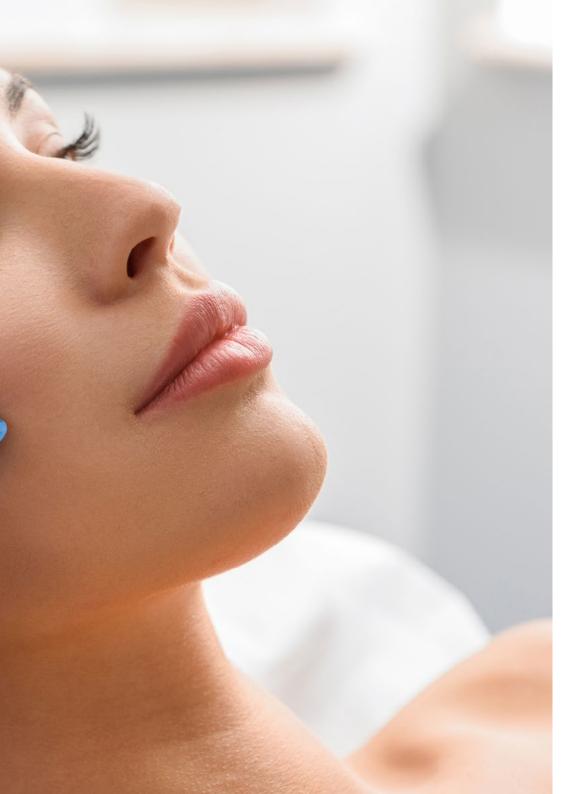
| 5.8.3. | Pain | Dysfunctions | (definition) |  |
|--------|------|--------------|--------------|--|
|        |      |              |              |  |

- 5.8.3.1. Vaginismus. Definition and Classification
- 5.8.3.2. Dyspareunia. Definition and Classification
- 5.8.3.3. Vulvodynia. Definition and Classification
- 5.8.4. Therapeutic Approach
  - 5.8.4.1. Sexological Approach
  - 5.8.4.2. Medical Treatment: Analgesia: Antidepressant Effects of Botulinum Toxin
- 5.8.5. Sexual Evaluation Questionnaires
- 5.9. Genital Regenerative Treatments (alternatives)
  - 5.9.1. Platelet-rich Plasma
  - 5.9.2. Hyaluronic Acid Application in Female Genitalia
    - 5.9.2.1. Aesthetic Medical Indications
    - 5.9.2.2. Functional Medical Indications
    - 5.9.2.3. Complications
  - 5.9.3. Vulvo Vaginal Carboxytherapy
  - 5.9.4. Possibilities for the Use of Stem Cells in Regenerative Gynecology
- 5.10. Local Anesthesia, Locoregional Anesthesia and Sedation in Cosmetic Genital Surgery
  - 5.10.1. Anesthetic Techniques in Gynecoesthetics
  - 5.10.2. Sedation
  - 5.10.3. Pudendal Nerve Block
  - 5.10.4. Local Anesthesia of Cutaneous Nerves
  - 5.10.5. General Anesthesia

### Module 6. Laser and Light Sources in Aesthetic Medicine

- 6.1. History of the Use of Light Sources. Current Indications
  - 6.1.1. History of the Use of Light Sources
  - 6.1.2. What is Light? What is Wavelength? What is a Chromophore?
  - 6.1.3. Fabric Optics
  - 6.1.4. Interaction of Light and Tissue: Biological Effects
  - 6.1.5. Therapeutic Effects: Theories of Action
  - 6.1.6. Light Emission Systems: Laser, Intense Pulsed Light and LEDs
- 6.2. Treatment of Vascular Lesions
  - 6.2.1. Main Indications: Most Commonly Used Laser Types and Light Sources
  - 6.2.2. Contraindications
  - 6.2.3. Side Effects





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- 6.3. Treatment of Pigmented Lesions and Tattoos
  - 6.3.1. Differential Diagnosis of Pigmented Lesions. Importance of the Use of Wood's Light and Dermatoscope
  - 6.3.2. Laser and light Source Treatment of Pigmented Lesions
  - 6.3.3. Laser Treatment of Tattoos
  - 6.3.4. Contraindications
  - 6.3.5. Side Effects
- 6.4. Laser Photoepilation and Light Sources
  - 6.4.1. Patient Selection and Types of Treatment
  - 6.4.2. Treatment of Particular Cases
  - 6.4.3. Contraindications
  - 6.4.4. Side Effects
- 6.5. Treatment of Acne, Scars, and Stretch Marks with Lasers and Light Sources
  - 6.5.1. Acne: Laser Treatment and Light Sources, Contraindications and Side Effects
  - 6.5.2. Scars: Qualification, Treatment Types, Contraindications and Side Effects
  - 6.5.3. Stretch Marks: Types of Treatment, Contraindications and Side Effects
- 6.6. Rejuvenation
  - 6.6.1. Ablative
  - 6.6.2. Non-Ablative
  - 6.6.3. Fractional Treatment
  - 6.6.4. Combination of Treatments
  - 6.6.5. Contraindications
  - 6.6.6. Side Effects
- 6.7. Localized Fat Treatment
  - 6.7.1. Laser Lipolysis
  - 6.7.2. LLLT
- 6.8. Photobiomodulation
  - 6.8.1. What is Photobiomodulation?
  - 6.8.2. Indications
  - 6.8.3. Contraindications
  - 6.8.4. Side Effects

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- 6.9. Photodynamic Therapy
  - 6.9.1. Definition
  - 6.9.2. Indications
  - 6.9.3. Contraindications
  - 6.9.4. Side Effects
- 6.10. Safety of Use of Light Sources
  - 6.10.1. Standards
  - 6.10.2. Eye Protection
  - 6.10.3. Occupational Hazards

### Module 7. Phlebology and Lymphatic Disorders. Body Aesthetics

- 7.1. Anatomy, Physiology, and Pathophysiology of the Venous System. Diagnosis and Treatment of Chronic Venous Disease
  - 7.1.1. Anatomy and Physiology of the Venous System
  - 7.1.2. Pathophysiology of the Venous System. Varices. Venous Hypertension
  - 7.1.3. Etiopathogenesis of Varicose Veins. Aggravating Factors
  - 7.1.4. Clinical and Instrumental Diagnostics. CEAP Classification
  - 7.1.5. Treatment of Chronic Venous Disease.
- 7.2. Anatomy, Physiology, Pathophysiology of the Lymphatic System. Diagnosis and Treatment of Lymphedema
  - 7.2.1. Anatomy and Physiology of the Lymphatic System
  - 7.2.2. Pathophysiology of the Lymphatic System and Edema
  - 7.2.3. Diagnosis and Classification of Lymphedema
  - 7.2.4. Conservative Treatment of Lymphedema
  - 7.2.5. Surgical Treatment of Lymphedema
- 7.3. Embryology, Anatomy, Physiology and Pathophysiology of Adipose Tissue
  - 7.3.1. Embryology of White Adipose Tissue and Brown Adipose Tissue
  - 7.3.2. Anatomy of Adipose Tissue
  - 7.3.3. Adipose Tissue as an Endocrine Organ.
  - 7.3.4. Adipose Tissue Physiology. Lipogenesis and Lipolysis
  - 7.3.5. General Overview of Overweight and Obesity. Epidemiology

- 7.4. Diagnostic Methods in Body Contouring Disorders
  - 7.4.1. Medical History
  - 7.4.2. Anthropometry
  - 7.4.3. Bioimpedance
  - 7.4.4. Imaging Techniques Applied to the Study of Body Contouring
  - 7.4.5. Analytical and Complementary Techniques
- 7.5. Definition, Etiopathogenesis and Diagnosis of Body Contouring Disorders
  - 7.5.1. Cellulite
  - 7.5.2. Localized Adiposities
  - 7.5.3. Lipedema
  - 7.5.4. Flaccidity
  - 7.5.5. Body Changes Related to Aging
- 7.6. Non-Surgical Techniques for the Treatment of Body Contouring Alterations
  - 7.6.1. Home Treatment
  - 7.6.2. Physical Techniques to Treat Body Contouring: Electrotherapy, Ultrasound, Radiofrequency, Pressotherapy, etc.
  - 7.6.3. Infiltration Techniques in the Treatment of Body Contouring Mesotherapy/ Intradermotherapy. Hydrolipoclasia
  - 7.6.4. Carboxytherapy
  - 7.6.5. Treatment Protocols
- 7.7. Surgical Techniques for the Treatment of Body Contouring Alterations
  - 7.7.1. Surgical management of Venous Refluxes
  - 7.7.2. Liposuction and Assisted Liposuction Techniques
  - 7.7.3. Plastias
  - 7.7.4. Surgical and Minimally Invasive Techniques for the Treatment of Excess Weight and Obesity (Gastric Balloon, Bariatric Surgery)
  - 7.7.5. Pre and Postoperative Protocols in Lipedema
- 7.8. Lipedema and Lipodystrophies
  - 7.8.1. Epidemiology and Etiopathogenesis of Lipedema
  - 7.8.2. Clinical and Instrumental Diagnosis of Lipedema
  - 7.8.3. Conservative Treatment of Lipedema
  - 7.8.4. Surgical Treatment of Lipedema
  - 7.8.5. Congenital and Acquired Lipodystrophies

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- 7.9. Cellulite
  - 7.9.1. Diagnosis and Classification
  - 7.9.2. Treatment Protocol
  - 7.9.3. Medical-Aesthetic and Surgical Treatments
  - 7.9.4. Home Treatment
  - 7.9.5. Recommendations for the Control of Aggravating Factors
- 7.10. Treatment Protocols for Body Contouring Alterations
  - 7.10.1. In Overweight and Obesity
  - 7.10.2. In Localized Adiposity
  - 7.10.3. In Body Flaccidity
  - 7.10.4. In Chronic Venous Disease
  - 7.10.5. In Lymphatic Pathology of the Limbs

### Module 8. Trichology and Hair Transplantation

- 8.1. Anatomy and Physiology of the Scalp Skin and Hair Follicle
  - 8.1.1. Anatomical Structure and Function of the Skin Entity
  - 8.1.2. Anatomy of the Hair Follicle
  - 8.1.3. Hair Growth Cycle
  - 8.1.4. Physiology of the Pilosebaceous Follicle
  - 8.1.5. Factors Influencing Follicle Growth
  - 8.1.6. Physical Properties of Hair
  - 8.1.7. Variations by Age, Gender and Race
- 8.2. Medical History. Diagnostic Techniques and Capillary Analysis
  - 8.2.1. Clinical History in Trichology
  - 8.2.2. Non-Invasive Diagnostic Methods: Physical Examination; Photography; Trichoscopy. Confocal Microscopy and Scanning Electron Microscopy
  - 8.2.3. Methods of Semi Invasive Diagnosis: Trichogram and Trichoscan
  - 8.2.4. Invasive Methods: Skin Biopsy
  - 8.2.5. Complementary Examinations and Analytical Protocols

- 8.3. Main Pathologies of the Scalp
  - 8.3.1. Seborrheic Dermatitis and Pityriasis Capitis
  - 8.3.2. Atopic Dermatitis and Scalp Psoriasis
  - 8.3.3. Contact Dermatitis and Sensitive Scalp
  - 8.3.4. Benign Skin Tumors
  - 8.3.5. Skin Cancer and Precancer
  - 8.3.6. Scalp Infections and Infestations
- 8.4. Alopecia: Concepts and Classification. Effluvia. Alopecia Areata
  - 8.4.1. Concept and Classification of Alopecia
  - 8.4.2. Acute and Chronic Telogen Effluvium
  - 8.4.3. Anagenic Effluvium
  - 8.4.4. Alopecia Areata
- 8.5. Male and Female Androgenetic Alopecia
  - 8.5.1. Concept and Classification of Androgenetic Alopecia
  - 8.5.2. Hormonal Metabolism in Androgenetic Alopecia
  - 8.5.3. Alopecia femenina (FAGA)
  - 8.5.4. Therapeutic Protocols
- 8.6. Hypertrichosis and Hirsutism
  - 8.6.1. Differences Between Hypertrichosis and Hirsutism
  - 8.6.2. Approach to Hirsutism. SAHA Syndrome
- 3.7. Medical Treatment of Alopecia. Active Therapeutic Principles Used in Trichology
  - 8.7.1. Minoxidil
  - 8.7.2. 5alpha-reductase Inhibitors and Other Antiandrogens
  - 8.7.3. Prostaglandin Analogs
  - 8.7.4. Corticosteroids and Other Anti-inflammatory Drugs
  - 8.7.5. Immunosuppressive Drugs
  - 8.7.6. Keratolytic and Antimicrobial Agents
- 8.8. Capillary Mesotherapy and its Utility in Aesthetic Medicine Consultations
  - 8.8.1. Manual and Assisted Hair Mesotherapy Techniques. Microneedling Techniques. Use of Roller and Capillary Multifunction Devices
  - 8.8.2. Allopathic Hair Mesotherapy. Indications, Drugs, and Medical Devices
  - 8.8.3. Homeopathic Capillary Mesotherapy, Update
  - 8.8.4. Complications and Adverse Effects of Hair Mesotherapy

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8.9. Cosmetic Treatments in Trichology

|            | 8.9.1.          | Hair Care and Hair Cosmetic Products                              |
|------------|-----------------|---|
|            |                 | 8.9.1.1. Cosmetic Shampoos and Therapeutic Shampoos               |
|            |                 | 8.9.1.2. Conditioners and Finishing/Styling Products              |
|            | 8.9.2.          | Coloring and Bleaching Dyes                                       |
|            | 8.9.3.          | Curling or Permanent Waving of Hair; Straightening of Hair        |
|            | 8.9.4.          | Hair Nutricosmetics   |
|            | 8.9.5.          | Micropigmentation and Microblading                                |
|            | 8.9.6.          | Hair Integration Systems and Keratin Microfibers                  |
|            | 8.9.7.          | Hair Removal Methods  |
| 8.10. Hair |                 | ansplant, Techniques, Indications, Stages and Postoperative Care  |
|            | 8.10.1.         | Types and Techniques. Strip and FUE Type Transplant. Assisted FUE |
|            | 8.10.2.         | Indications and Patient Selection. Design                         |
|            | 8.10.3.         | Material and Phases of the Hair Transplant Technique              |
|            | 8.10.4.         | Postoperative Care and Complications                              |
| Mod        | <b>ule 9.</b> ( | Communication   |
| 9.1.       | Introdu         | ction to Business Communication: Importance in the Health Sector  |
|            | 9.1.1.          |   |
|            | 9.1.2.          | The New Consumer  |
|            | 9.1.3.          | Marketing 3.0   |
|            | 9.1.4.          | The Evolution of the Health Sector                                |
| 9.2.       | Commu           | unication Plan Design   |
|            | 9.2.1.          | The Importance of History   |
|            | 9.2.2.          | PESTEL Analysis   |
|            | 9.2.3.          | DAFO Analysis   |
|            | 9.2.4.          | From the Strategic Plan to the Tactical Plan                      |
|            | 9.2.5.          | The Definition of Target  |
|            | 9.2.6.          | Action Plan   |
|            |                 |   |
|            |                 |   |

| 9.3. | Online   | Reputation and Crisis Management. The Importance of Being Prepared |
|------|----------|--|
|      | 9.3.1.   | What is a Crisis and How Can I Detect It?                          |
|      | 9.3.2.   | Difference Between Brand Crisis and Brand Reputation               |
|      | 9.3.3.   | How to Build Brand Reputation on Social Media                      |
|      | 9.3.4.   | Brand Reputation Management  |
|      | 9.3.5.   | Crisis Prevention  |
|      | 9.3.6.   | Crisis Management  |
| 9.4. | Inboun   | d Marketing and the Importance of a Content Marketing Strategy     |
|      | 9.4.1.   | What Is Inbound Marketing?   |
|      | 9.4.2.   | Difference with Traditional Marketing                              |
|      | 9.4.3.   | Attract. Convert. Close. Delight                                   |
| 9.5. | Organio  | c Positioning (SEO) and Paid Positioning (SEM)                     |
|      | 9.5.1.   | What is SEO?   |
|      | 9.5.2.   | SEO Objectives   |
|      | 9.5.3.   | SEO Process  |
|      | 9.5.4.   | Popularity and Link Building                                       |
|      | 9.5.5.   | SEO vs. SEM  |
|      | 9.5.6.   | The Google Network   |
|      |          | 9.5.6.1. Search Network  |
|      |          | 9.5.6.2. Display Network   |
| 9.6. | Social I | Media and Community Management                                     |
|      | 9.6.1.   | Social Media and its Evolution in the Recent Years                 |
|      | 9.6.2.   | Should a Brand be on Social Media?                                 |
|      | 9.6.3.   | The User of Social Networks: Profiles and Types                    |
|      | 9.6.4.   | Main Social Channels and their Characteristics                     |
| 9.7. | Digital  | Strategy Fundamentals  |
|      | 9.7.1.   | Paid, Owned and Earned Resources                                   |
|      | 9.7.2.   | The Conversion Cycle   |
|      | 9.7.3.   | The Definition of Objectives                                       |
|      | 9.7.4.   | A/B Experiments  |

- 9.8. Main Marketing Strategies
  - 9.8.1. E-mail Marketing
  - 9.8.2. Affiliate Marketing
  - 9.8.3. Loyalty Marketing
  - 9.8.4. Relationship Marketing
- 9.9. Social Media Marketing and Communication
  - 9.9.1. Social Media Communication. What Does it Involve?
  - 9.9.2. Definition of Brand Objectives
  - 9.9.3. The Brand's Mission in Social Networks
  - 9.9.4. Definition of the Target in Social Media: Social Persona
  - 9.9.5. Social Media Campaigns
- 9.10. Social Media Reporting and Optimization. Monitoring and Measuring Results
  - 9.10.1. Measurement and Reporting
  - 9.10.2. Basic Concepts
  - 9.10.3. Measurement Tools
  - 9 10 4 Native Tools
  - 9.10.5. Third-party Tools
  - 9.10.6. Methodology

# **Module 10.** Genetics and Epigenetics of Systemic and Skin Anti-Aging. Therapeutic Implications

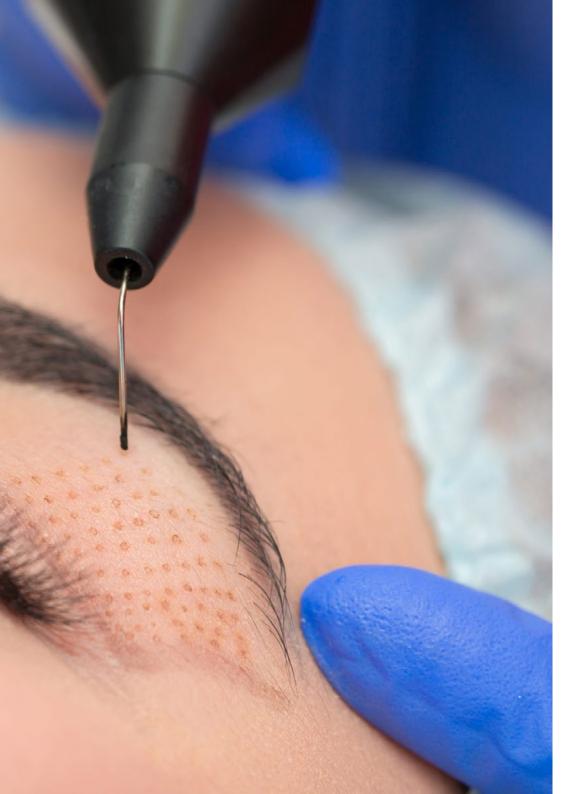
- Introduction to the Concept of Systemic Anti-Aging, a Necessary Complement to Aesthetic Medicine
  - 10.1.1. Man is a Mortal Being and Aging is an Inevitable Law of Nature. From Philosophy to Science
  - 10.1.2. Life Expectancy, Longevity, and Cardiovascular Mortality
  - 10.1.3. Chronological Age and Biological Age
  - 10.1.4. Theories of Aging
  - 10.1.5. Rationale for a Specific Medicine of Aging. Common Features of Aging. Slowing Down the Process and Improving Quality of Life as a Challenge of Modern Medicine

- 10.1.6. AA Medicine as a Complement to Aesthetic Medicine
- 10.1.7. Origins of Anti-Aging Medicine
  - 10.1.7.1. Birth of a New Medicine, Not Just a Term
  - 10.1.7.2. Historical Perspective
  - 10.1.7.3. The Precursors of Anti-Aging
  - 10.1.7.4. Present and Future Perspectives
- 10.2. Importance of the Medical History and a Good Initial Assessment for Our Anti-Aging Program to Be Truly Effective
  - 10.2.1. The Location of the Medical History
  - 10.2.2. Analytical Evaluation beyond the Conventional
  - 10.2.3. Basic Functional and Imaging Tests
  - 10.2.4. Basics of Genetics.
  - 10.2.5. Biomarkers
  - 10.2.6. The Preference Given to Cardiorespiratory Fitness in the Initial Assessment as the Main Marker of Overall Mortality, Not Just CV
  - 10.2.7. Other Tests
- 10.3. Genetic Aspects of Aging. Skin Aging
  - 10.3.1. Genetics of Aging. Overview
  - 10.3.2. Basic Gene Regulation
  - 10.3.3. Genetics of Oxidative Stress and Antioxidant Battery
    - 10.3.3.1. Gene Regulation of ROS Production
    - 10.3.3.2. Gene Regulation of Intracellular Antioxidant Battery
    - 10.3.3.3. Peripheral Antioxidant Battery Regulation and the Prominent Role of Haptoglobin.
  - 10.3.4. Genetics of Sirtuin Enzymes Antioxidants of our DNA
  - 10.3.5. The Skin as a Multicellular and Multifunctional Tissue
  - 10.3.6. The Exciting World of Ceramides in the Skin and Outside the Skin
  - 10.3.7. Gene-Environment Interaction in Skin aging

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- 10.4. Genetics of Longevity and Epigenetics
  - 10.4.1. Introduction
  - 10.4.2. Paola Sebastiani and Elizabeth Blackburn's Major Contributions to the Field of Longevity
  - 10.4.3. The Role of the Telomere in Anti-Aging
    - 10.4.3.1. Overview
    - 10.4.3.2. To What Extent Does the Percentage of Short Telomeres Contribute to the Initial Assessment and Monitoring of Successful Anti-Aging?
  - 10.4.4. Introduction to Epigenetics and its Types
  - 10.4.5. Epigenetic Mechanisms.
    - 10.4.5.1. DNA Methylation
    - 10.4.5.2. Histone Modifications
    - 10.4.5.3. Chromatin Remodeling
    - 10.4.5.4. MicroRNA or Transcriptional Epigenetics
- 10.5. Nutritional Aspects in Medical-Aesthetic Treatments
  - 10.5.1. Introduction
  - 10.5.2. Types of Diets
  - 10.5.3. Protein Diet. Assessment according to Causality and Intervention
  - 10.5.4. Intermittent Fasting.
- 10.6. Nutritional Chronobiology
  - 10.6.1. Basis of Chronobiology
  - 10.6.2. Biological Rhythms and Central Clock
  - 10.6.3. Cerebral (Monoamines) and Peripheral (Hormones) Daily Rhythmicity
  - 10.6.4. Circadian Rhythms and Food Intake
  - 10.6.5. Micronutrition
- 10.7. The Secrets of Good Anti-Aging Supplementation with the Added Value of Skin Rejuvenation
  - 10.7.1. Introduction
  - 10.7.2. Skin Rejuvenation.
  - 10.7.3. Antioxidant Treatment.
  - 10.7.4. Phytonutrients and Probiotics
  - 10.7.5. Retinoids and their Link to Epigenetics





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- 10.8. "Comprehensive" Lifestyle Management as a Key Element in the Patients Epigenetic Approach
  - 10.8.1. Why We Should Not Leave Everything to Supplementation?
  - 10.8.2. "Comprehensive" Lifestyle Management as a Key Element in the Patients Epigenetic Approach
  - 10.8.3. Improve your Patient Compliance with Lifestyle Measures
- 10.9. Chronic Stress as a Dynamic Element of the Aging Process. Modulation Strategies
  - 10.9.1. Chronic Stress as a Dynamic Element of the Aging Process
  - 10.9.2. Interaction Between Chronic Psychological Stress, Oxidative Stress, and Reticulum Stress
  - 10.9.3. Chronic Stress Response Systems
  - 10.9.4. Reserve Depletion, Metabolic Inflexibility, and Dysfunctionality
  - 10.9.5. Modifiable Stress-Associated Categories of the HPA (Hypothalamic-Pituitary-Adrenal) Axis
  - 10.9.6. Glycemic Dysregulation and HPA Axis Dysfunction
  - 10.9.7. Breaking the Cycle of Stress, Cortisol, Insulin, Adiposity, and Inflammation
  - 10.9.8. Modulation Strategies. Overview
  - 10.9.9. Therapeutic Approaches to Improving the Functionality of the HPA Axis
  - 10.9.10. Supportive Nutraceuticals
- 10.10. Aesthetic Medicine in Oncology Patients
  - 10.10.1. Oncology Patients. What is Cancer?
  - 10.10.2. Oncology Patient Quality of Life and Aesthetic Medicine: the Healing Power of Image
  - 10.10.3. Tests before Procedures in Oncology Patients
  - 10.10.4. Intervention of the Aesthetic Practitioner Before, During, and After Oncological Treatment.
  - 10.10.5. Oncology Patient Nutrition





# tech 50 | Clinical Internship

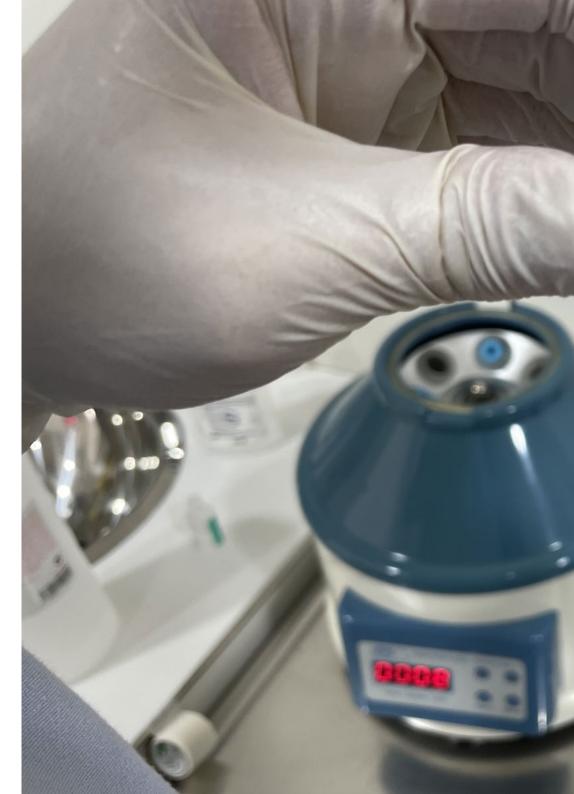
The internship program in Aesthetic Medicine consists of a practical stay in a rigorous aesthetic medicine clinic, lasting 3 weeks, from Monday to Friday with 8 consecutive hours of Internship Program with an assistant specialist. This stay will allow you to see real patients alongside a team of leading professionals in the field of plastic, reconstructive and aesthetic medicine, applying the most innovative diagnostic procedures.

In this completely practical internship program, the activities are aimed at developing and perfecting the skills necessary to provide medical care in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

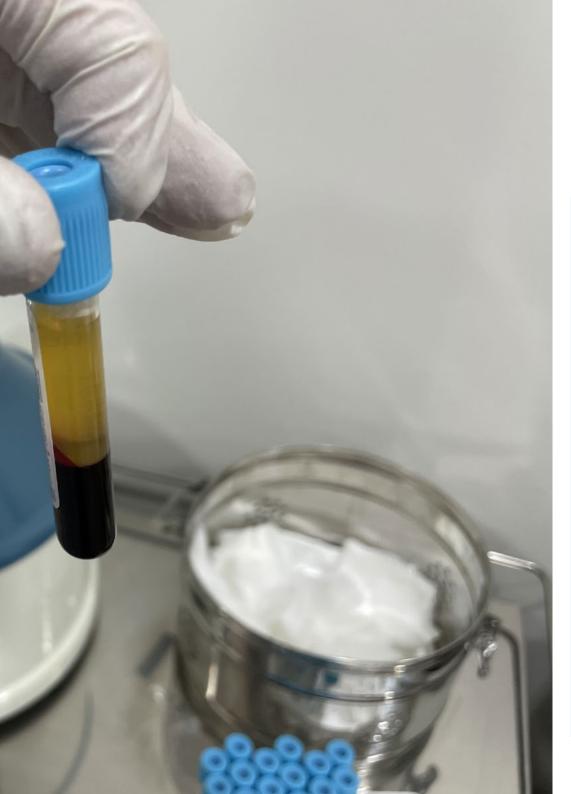
It is, without a doubt, an excellent opportunity to learn by working in the most innovative clinics in this field, getting to know a wide range of personalized treatments for each patient, both facial and body, which allow to obtain the best results to achieve the expectations of the client. This is a new way of understanding and integrating the processes of medicine and aesthetics so that the student reaches a high level of perfection in the most useful medical-aesthetic skills of the 21st century.

Practical teaching will be carried out with the accompaniment and guidance of teachers and other training colleagues who facilitate teamwork and multidisciplinary integration as transversal competencies for medical practice (learning to be and learning to relate).

The procedures described below will be the basis of the training, and their realization will be subject to the center's own availability, to its usual activity and and its workload, the proposed activities being the following:







| Module                                 | Practical Activity   |
|--|--|
|  | Use the latest in techniques such as facial mesotherapy for the treatment of expression wrinkles                 |
| Regenerative<br>Medicine for Aesthetic | Manage the technique of botulinum toxin infiltration in hyperhidrosis  |
| Purposes                               | Apply regenerative medicine in treatments aimed at rejuvenating hands or healing burns and scars                 |
|  | Apply hyaluronic acid fillers and botox fillers  |
|  | Use techniques such as rhinomodeling, lip implants, fox eyes or hyaluronidase to<br>address different situations |
| Facial Implants in                     | Use up-to-date techniques for lip hydration in the process of creating lip implants                              |
| Aesthetics                             | Overcome possible complications that may arise in the use of filler materials                                    |
|  | Perform the process of lower third volume replacement for male patients  |
| Lasers and Light                       | Use laser treatment and light sources for healing pigmented lesions  |
| Sources in Esthetic                    | Perform laser and light source treatment of acne, scars and stretch marks  |
| Medicine                               | Manage the safety conditions for the use of light sources that preserve the physical integrity of the patient    |
|  | Apply mesotherapy techniques as a method of treatment against cellulite  |
| Phlebology and<br>Lymphatic Disorders. | Execute the process of implementing a gastric balloon in a patient with obesity                                  |
| Body Esthetics                         | Use the most avant-garde techniques for the reduction of body flaccidity   |
|  | Treat body contouring alterations through non-surgical techniques such as coolsculpting                          |
|  | Apply the latest diagnostic techniques and hair analysis to detect the health of a patient's hair                |
| Trichology and Hair<br>Transplantation | Use the latest techniques for performing strip and FUE type hair transplants                                     |
| ı                                      | Use manual and assisted hair mesotherapy techniques to improve the health of patients' hair                      |



## **Civil Liability Insurance**

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## **General Conditions of the Internship Program**

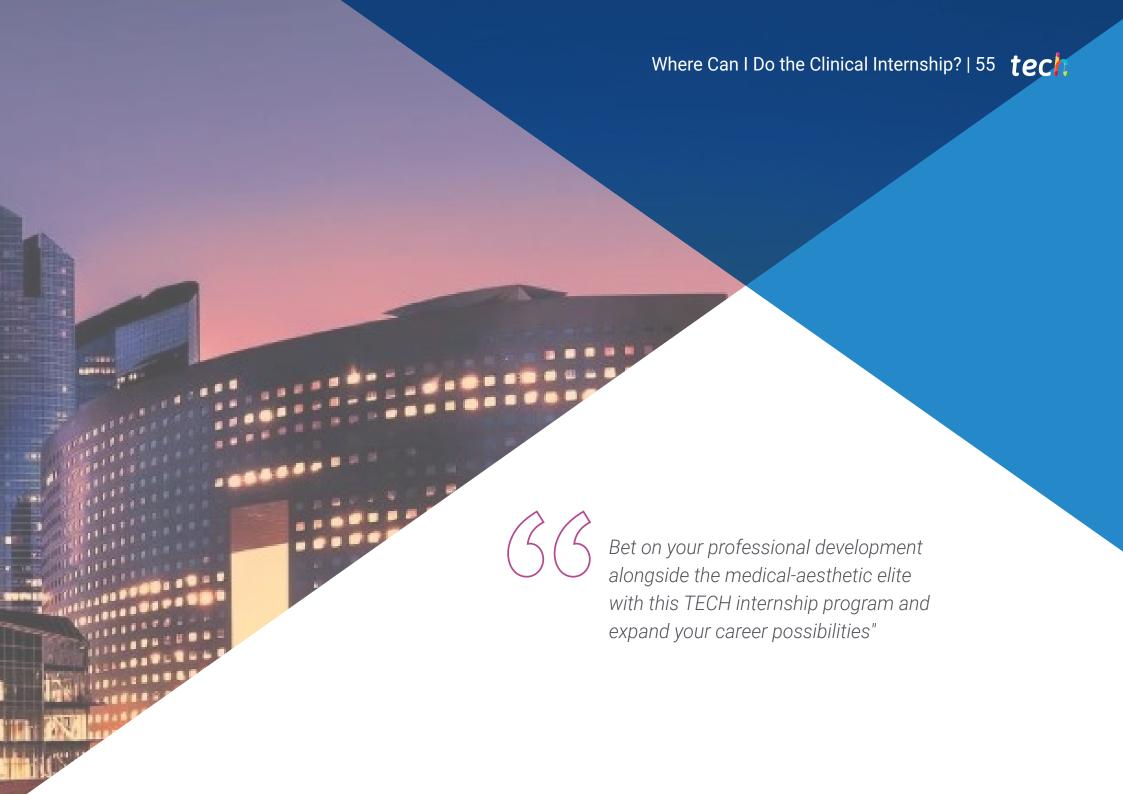
The general terms and conditions of the internship agreement for the program are as follows:

- 1. TUTOR: During the Hybrid Professional Master's Degree, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.
- **2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.
- 3. ABSENCE: If the students does not show up on the start date of the Hybrid Professional Master's Degree, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

- **4. CERTIFICATION**: Professionals who pass the Hybrid Professional Master's Degree will receive a certificate accrediting their stay at the center.
- **5. EMPLOYMENT RELATIONSHIP:** the Hybrid Professional Master's Degree shall not constitute an employment relationship of any kind.
- **6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Hybrid Professional Master's Degree. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.
- 7. DOES NOT INCLUDE: The Hybrid Professional Master's Degree will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.





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The student will be able to complete the practical part of this Hybrid Professional Master's Degree at the following centers:



### Clínica Microcapilar Hair Clinic

Country City
Spain Madrid

Address: C/ General Ampudia 6 (28003) Madrid

Microcapillary clinic specialized in state-of-the-art techniques

#### Related internship programs:

- Hair Transplantation
- Aesthetic Medicine



### MicroEtéreal Beauty Clinic

Country City
Spain Madrid

Address: C/ General Ampudia 6 (28003) Madrid

Center for Aesthetic Medicine and Dermocosmetics

#### Related internship programs:

- Aesthetic Medicine
- Hair Transplantation



### Clínicas DH Barcelona

Country City
Spain Barcelona

Address: Pg. de St. Joan, 105, 08037 Barcelona

Clinic specialized in Aesthetic Medicine and Laser Depilation

#### Related internship programs:

- Aesthetic Medicine



### Esbeltic Model

Country City
Spain Madrid

Address: C/ Bravo Murillo 60 1ª Planta. 28003 Madrid

Aesthetic Medicine and Surgery Clinic

#### Related internship programs:

- Aesthetic Medicine



### **Dorsia Santa Engracia**

Country City Spain Madrid

Address: Calle de Sta Engracia, 153, 28003 Madrid

Dorsia counts with a large team of medical professionals specialized in the areas of aesthetic surgery and medicine

#### Related internship programs:

Sales and Marketing Management
 Aesthetic Medicine



# Paola Zambrano medicina antiaging y estética avanzada

Country City Spain Madrid

Address: Calle pintor Murillo 29 (28100) Alcobendas, Madrid

Center for Advanced Aesthetic Medicine

#### Related internship programs:

- Aesthetic Medicine



### Clínicas Revitae

Country City
Spain Cáceres

Address: C. San Juan de Dios, 3, 10001 Cáceres

Center specialized in Advanced Aesthetic

Medicine

### Related internship programs:

- Aesthetic Medicine
- Aesthetic Plastic Surgery



### Sanux Salud y Nutrición

Country City
Spain Granada

Address: Cam. Real de los Neveros, 28, 18008 Granada

Comprehensive clinical center for the treatment of obesity and overweight

### Related internship programs:

- Digital Communication and Reputation Management
- Social Media Management: Community Manager

## Where Can I Do the Clinical Internship? | 57 tech



### Clínica Eclipse

City Country Spain Madrid

Address: Av. de Monforte de Lemos. 81, 28029 Madrid

Aesthetic Medicine Clinic with a variety of aesthetic facial and body treatments.

#### Related internship programs:

- Aesthetic Medicine



### Clínica Julie Khayat

Country Granada Spain

Address: C. San Matías, 4, 18009 Granada

Aesthetic Medicine Clinic specializing in facial and body therapies

#### Related internship programs:

- Aesthetic Medicine



### Clínica Lagüens

City Country Seville Spain

> Address: Calle Bobby Deglané 5, 41001 Sevilla

Clinic of Aesthetic Medicine Dental and Noninvasive

### Related internship programs:

- Aesthetic Medicine



### Clínica Dra. Mosquera

Country City Spain La Coruña

Address: Rúa Doutor Sixto Seco, 9, 15401 Ferrol, A Coruña

Center for Advanced Aesthetic Medicine

#### Related internship programs:

- Aesthetic Medicine



### ICD Policlínica

Country City Spain Valencia

Address: Av. de Jacinto Benavente, 2, bajo, 46005 València, Valencia

Integral Center of Aesthetic and Capillary Medicine, Dentistry and Psychology.

#### Related internship programs:

- Aesthetic Medicine

- Endodontics and Apical Microsurgery



### Clínica On Life

Country City Spain Santa Cruz de Tenerife

Address: Ctra. Gral. de Valle de Guerra, 126, 38270 San Cristóbal de La Laguna

and anti-aging medicine in Tenerife.

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine





### Clínica Dra. Obregón Reina

Country City Spain Madrid

Address: Centro Comercial Monteclaro, local 46 Pozuelo de Alarcón 28223

Health care center specialized in Aesthetic Medicine

### Related internship programs:

- Aesthetic Medicine



### Clip Medical

Country City Spain Madrid

Address: Calle Clara del Rey, 3, 28002, Madrid

Aesthetic and plastic and reconstructive surgery center.

#### Related internship programs:

- Aesthetic Medicine

- Advanced Esthetic Medicine

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### **CBC Surgery Institute Torremolinos**

Country City
Spain Malaga

Address: Avda Palma Mallorca, 37, 29620 Torremolinos

Clinical assistance center specialized in the surgical field

#### Related internship programs:

- Aesthetic Medicine Esthetic Nursing



### Clínica Vieco

Country City
Spain Madrid

Address: Calle Bárbara de Braganza, 14, 28004, Madrid

Clinic of Aesthetic Medicine and surgical care

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### Clínica Medicina Estética A. Mas +

Country City
Spain Alicante

Address: Carrer Colon, 16, 03001 Alacant, Alicante

Center of Aesthetic Medicine and promotion of beauty

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### Clínicas Face & Go

Country City
Spain Madrid

Address: Av. de la Constitución, 82, puerta 8, 28850 Torrejón de Ardoz, Madrid

Aesthetic Medicine and Beauty Promotion Clinic

#### Related internship programs:

- Aesthetic Medicine



### Salus Center

Country City
Spain Madrid

Address: Calle Modesto Lafuente 46, bajo Izquierda, 28003, Madrid

Clinical Center for Comprehensive and Advanced
Aesthetic Medicine

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### Clínica MCC

Country City Spain Madrid

Address: Calle de Orense, 33, Local A, 28020, Madrid

Aesthetic and dermocosmetic care center

### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### Clínica Mandri

Country City
Spain Barcelona

Address: Carrer de Bigai, 11-13, Local 1, 08022, Barcelona

Center specialized in Aesthetic and Plastic Surgery

#### Related internship programs:

- Aesthetic Medicine

- Advanced Esthetic Medicine



### **Infinity Clinic**

Country City
Spain Valencia

Address: Calle Luis Oliag, 55, 46006, Valencia

Aesthetic center dedicated to the promotion of beauty and personal wellness

#### Related internship programs:

## Where Can I Do the Clinical Internship? | 59 tech





### Giro+Klinic

City Country Girona Spain

Address: Carrer de la Serra de Vall-Lloreda, 6, 17003 Girona

Clinical center specialized in Aesthetic Medicine and Surgery.

#### Related internship programs:

- Aesthetic Medicine - Advanced Esthetic Medicine



### Unidad de medicina estética **Ouirónsalud Cáceres**

Country City Spain Cáceres

Address: Avda. de la Universidad, s/n. 10004 Cáceres

Hospital specialized in Aesthetic and Antiaging Medicine

#### Related internship programs:

- Aesthetic Medicine



### **Natur Beauty Lab**

City Country Seville Spain

Address: Rotonda Ciudad Expo, circuito 1, local 1, Av. de los Descubrimientos, 1, 41927 Mairena del Aljarafe, Sevilla

Advanced and integral medical-aesthetic center

### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### Clínica Barberá

Country City Spain Castellón

Address: Avenida Cortes Valencianas. 16, bajo, 12600, La Vall d'Uixó, Castellón

Center for Aesthetic Medicine and Dentistry

### Related internship programs:

- Aesthetic Medicine



### Clínica Dr. Campos

Country Spain Malaga

Address: Avenida Ricardo Soriano 65, 5-2, Edificio Rincón del Mar, 29601, Marbella, Málaga

Clinic located in Marbella with more than 30 years of experience in Plastic and Aesthetic Surgery.

### Related internship programs:

- Aesthetic Medicine - Advanced Esthetic Medicine



### Clínica Nuba

Country City Spain Barcelona

Address: C/ de Provença, 291, 08037 Barcelona

Aesthetic Medicine and Surgery Clinic in Barcelona

### Related internship programs:

Esthetic Nursina - Aesthetic Plastic Surgery



### AC Medicina Estética

Country City Spain Murcia

Address: Av. General Primo de Rivera, 9, Entresuelo B, 30008 Murcia

Aesthetic Medicine Clinic specialized in surgery and dermocosmetic treatments

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### Medicentro Boadilla

Country City Spain Madrid

Address: Av. Infante Don Luis, 8, 28660 Boadilla del Monte, Madrid

Polyclinic with more than a decade of experience in the management of a multitude of pathologies.

#### Related internship programs:

- Aesthetic Medicine -Updating in Clinical Dermatology

## tech 60 | Where Can I Do the Clinical Internship?



### Clínica Ixora

Country City
Spain Seville

Address: Avd. Ramón Carande, 5, 41013 Sevilla

Clinic specialized in advanced aesthetic medicine and surgery

#### Related internship programs:

- Aesthetic Medicine



### **Holaglow Madrid**

Country City
Spain Madrid

Address: C. de Andrés Mellado, 3, 28015 Madrid

At Holaglow the expert medical team is based on tailor-made aesthetic medicine

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### **Holaglow Barcelona**

Country City
Spain Barcelona

Address: Av. Diagonal, 299, 08013 Barcelona

At Holaglow the expert medical team is based on tailor-made aesthetic medicine

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### **ESGAF Clinic**

Country City
Spain Madrid

Address: Calle del Dr. Martín Arévalo, 25. 28021 Madrid

Center of Integrative Esthetic Medicine

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### **IDI Centre Mèdic Estètic**

Country City
Spain Tarragona

Address: Av. de Ramon d'Olzina, 44, 43480 Vila-seca, Tarragona

Center for Advanced Aesthetic Medicine

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### CorporalCore

Country City
Spain Valencia

Address: C/ de Conca, 46, 46008 València, Valencia

Clinic specializing in Aesthetic and Reconstructive Surgery

### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### Clínica Odita

Country City
Spain Tarragona

Address: Rambla Nova, 2, 1º1a, 43004 Tarragona

Advanced aesthetic and anti-aging clinic

#### Related internship programs:

Antiaging
- Aesthetic Medicine



### DermoMedic

Country City Spain Madrid

Address: C. de Jorge Juan, 36, 28001 Madrid, España

Medical center specialized in medical, surgical and aesthetic dermatology.

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine

## Where Can I Do the Clinical Internship? | 61 tech





### Clínica Biteki

Country City Spain Toledo

Address: Av. Salvador Allende, 9, 45600 Talavera de la Reina. Toledo

Biteki has different treatments that are applied according to the needs of each person.

#### Related internship programs:

- Aesthetic Medicine
- Advanced Esthetic Medicine



### Unidad Medicina Estética Hospital Viamed Novo Sancti Petri

Country Cadiz Spain

Address: Av. Octavio Augusto, s/n, 11139 Chiclana de la Frontera, Cádiz

Clinic for advanced non-surgical skin treatments

#### Related internship programs:

Antiaging - Aesthetic Medicine



### Clínica Geno

City Country Alicante Spain

Address: Calle Padre Recaredo de Los Ríos, 54, local 17, 03005, Alicante

Geno Clinic specialists with more than 20 years of experience in Aesthetic Medicine

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### Clínica David Cohen

Country City Madrid Spain

Address: Calle Fernando el Católico 23. 28015 Madrid

David Cohen Clinic pioneer in the Rhinomodelation Rhinolook technique.

#### Related internship programs:

- Aesthetic Medicine



### Instituto Médico Viator

Country Spain Gipuzkoa.

Address: Alkolea Parkea, 7, 20012 Donostia

Laser Hair Removal, Dermatology, PRP Capillary, Dentistry and Radiofrequency Specialists

#### Related internship programs:

- Aesthetic Medicine



### Clínicas Licea

Country City Spain Zaragoza

Address: Calle Madre Sacramento. 3, 50004 Zaragoza

Clinic specialized in Aesthetic, Anti-Aging and Intimate Medicine.

#### Related internship programs:

- Aesthetic Medicine



### **Dermaes**

Country City Spain Madrid

Address: C. del Marqués de la Valdavia, 107, 28100 Alcobendas, Madrid

Aesthetic medicine center specializing in facial rejuvenation

#### Related internship programs:

Antiaging Esthetic Nursing



### Medicina Estética Callao

Country City Madrid Spain

Address: Pl. del Callao, 1, despacho 303 Planta 3, 28013 Madrid

The Callao Aesthetic Center is a first level reference in Aesthetic Medicine located in Madrid.

#### Related internship programs:

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### Eritea Medicina Estética

Country Spain Cadiz

Address: Av. Cayetano del Toro, 23, 1 A, 11010 Cádiz

Professionals dedicated to health, beauty and wellness

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### Ferraro Clínica Médico Estética

Country Madrid Spain

Address: Calle de Serrano, 61, 28006, Madrid

Visit Clínica Ferraro and live a unique experience with its best aesthetic doctors.

#### Related internship programs:

- Aesthetic Medicine Antiaging



### Softouch

Country City Vizcaya Spain

Address: Novia Salcedo Kalea, 3, 48930 Getxo, Bizkaia

Plastic Surgery, Aesthetic Medicine and Anti-Aging Clinic

#### Related internship programs:

Aesthetic Medicine - Advanced Esthetic Medicine



### Adelgar

Country City Madrid Spain

Address: Calle de Francisco Silvela, 71, 1°E (28028) Madrid

Clinical Center specialized in slimming treatments

#### Related internship programs:

Antiaging - Aesthetic Medicine



### Zibá Salud y Belleza

Country City Spain Badaioz

Address: Calle Julio Cienfuegos Linares, núm 10, 06006 Badajoz

Clinical Center of Aesthetic Medicine

### Related internship programs:

- Aesthetic Medicine - Advanced Esthetic Medicine



### **Dorsia Arroyomolinos**

Country Spain Madrid

Address: Av. de la Unión Europea, 49, Local 2, 28939 Arroyomolinos, Madrid

Dorsia counts with a large team of medical professionals specialized in the areas of aesthetic surgery and medicine

#### Related internship programs:

- Aesthetic Plastic Surgery - Aesthetic Medicine



### Clínica Famed Coslada

Country City Spain Madrid

Address: Calle de los almendros, 3, 28821, Coslada, Madrid

Center specialized in Aesthetic Medicine, Dentistry, Physiotherapy and Podiatry.

### Related internship programs:

- Advanced Integrative Medicine and Health - Aesthetic Medicine



### Varicentro-Jerez de la Frontera

Country City Cadiz Spain

Address: Plaza Madre de Dios, Edificio Sherry 11401 Jerez de la Frontera

> Varicentro is a specialized medical group with 23 clinics in the Spanish territory

### Related internship programs:

Obesity - Aesthetic Medicine

## Where Can I Do the Clinical Internship? | 63 tech





### Varicentro-Huelva

Country Citv Spain Huelva

Address: Calle Puerto, 8-10 21001 Huelva

Varicentro is a specialized medical group with 23 clinics in the Spanish territory

#### Related internship programs:

Esthetic Nursing Obesity



### Varicentro-Sevilla-Nervión

Country Seville Spain

Address: Avda. Kansas City, 32 41007 Sevilla

Varicentro is a specialized medical group with 23 clinics in the Spanish territory

#### Related internship programs:

- Clinical Nutrition for Nursing Esthetic Nursing



### Varicentro-Madrid centro

Country City Spain Madrid

Address: Calle Don Ramón de la Cruz, 79, local 4 (esq. Calle Conde Peñalver) 28001 Madrid

Varicentro is a specialized medical group with 23 clinics in the Spanish territory

#### Related internship programs:

- Clinical Nutrition for Nursing - Aesthetic Medicine



### Clínica Integria

Country City Spain Granada

Address: Calle Torre de Comares, 2, 18008 Granada

INTEGRIA, clinic with more than 20 years of experience of experience in Aesthetic Medicine, General Medicine, Capillary Surgery and Aesthetic Surgery.

#### Related internship programs:

- Clinical Analysis - Aesthetic Plastic Surgery



### Adara Clínicas

Country City Spain Valladolid

Address: C. José María Lacort, 3, 47002 Valladolid

Aesthetic Medical Clinic specialized in Plastic Surgery and with a Feminization Unit.

#### Related internship programs:

Esthetic Nursing - Advanced Esthetic Medicine



### **Luxury Clínica**

Country City Spain Lugo

Address: Rúa Río Loiba, 3, 27861 Covas, Lugo

Clinic specializing in Aesthetic Medicine

#### Related internship programs:

- Aesthetic Medicine



### Dorsia Fuengirola

City Country Spain Malaga

Address: Avenida Condes de San Isidro, 96 - 29640 Fuengirola (Málaga)

Dorsia counts with a large team of medical professionals specialized in the areas of aesthetic surgery and medicine

#### Related internship programs:

- Aesthetic Medicine

- Advanced Esthetic Medicine



### Clínica Aevo (Ayala)

Country City Spain Madrid

Address: Cl. de Ayala, 71, 28001 Madrid

Its conception of Aesthetic Medicine is based on the health care, to achieve the beauty of the body.

#### Related internship programs:

- Aesthetic Medicine

- Advanced Esthetic Medicine

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### Clínica Estética Maestre

Country Santa Cruz de Tenerife Spain

Address: C. de Valois, 43, Local 1, 38400 Puerto de la Cruz, Santa Cruz de Tenerife

The sublime experience of looking and feeling good

#### Related internship programs:

- Aesthetic Medicine - Advanced Esthetic Medicine



### Be Medic

Country City Spain Madrid

Address: C/Marie Curie, 4 Planta Superior Starbucks y Vips, 28521 Rivas-Vaciamadrid, Madrid

At Be Medic we perform face and body procedures focused on rejuvenation, reduction of imperfections or targeted fat reduction.

#### Related internship programs:

- Aesthetic Medicine Acne Treatment



### Clínica de San Pío

Country Almería Spain

Address: P.º de Almería, 81, Planta 1 Izquierda, 04001 Almería

Facial and Body Aesthetic Medicine Clinic and Body, Breast Surgery and Vascular Surgery

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### Clínica Aevo (Alcalá de Henares)

Country City Spain Madrid

Address: Av. Juan Carlos I, 28806 Alcalá de Henares, Madrid

Its conception of Aesthetic Medicine is based on the health care, to achieve the beauty of the body.

#### Related internship programs:

- Aesthetic Medicine - Advanced Esthetic Medicine



### La Vega Clinic

Country City Spain Almería

Address: C. Antonio Muñoz Zamora, 41, 04007 Almería

Center specialized in Integral Medicine

### Related internship programs:

- Aesthetic Medicine



### **Dorsia Chueca**

Country City Spain Madrid

Address: C. de Serrano Anguita, 12, 28004, Madrid

Dorsia counts with a large team of medical professionals specialized in the areas of aesthetic surgery and medicine

#### Related internship programs:

- Aesthetic Plastic Surgery -Aesthetic Medicine



### La Clínica del Arte

Country City Spain Madrid

Address: C. del Maestro Ángel Llorca, 6. 28003 Madrid

The Art Clinic is formed by a multidisciplinary by a multidisciplinary team of women

### Related internship programs:

Antiaging - Aesthetic Medicine



### **Dermo Clinic**

Country City Spain Madrid

Address: C. de Arturo Soria, 324, 28033, Madrid

Dermo Clinic is a center specialized in Dermoaesthetics, Advanced Aesthetics, Facial and **Body Diagnostics** 

#### Related internship programs:

Antiaging - Aesthetic Medicine

## Where Can I Do the Clinical Internship? | 65 tech



### Luxe Clínica Estética

Country City
Spain Valencia

Address: C/ Marqués de campo, 20 bajo, 46007, Valencia

Luxe Clínica offers the latest technologies in Aesthetic Medicine and Surgery.

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### Dorsia Torrejón

Country City
Spain Madrid

Address: Avenida de la Constitución, 52, 28850, Torrejón de Ardoz, Madrid

Dorsia counts with a large team of medical professionals specialized in the areas of aesthetic surgery and medicine

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### Clínica Opción Médica

Country City
Spain Barcelona

Address: C/ de Calvet, 24, 08021 Barcelona

Aesthetic-surgical center specialized in obesity

#### Related internship programs:

Esthetic Nursing - Aesthetic Plastic Surgery



### Clínica Fresa 20

Country City
Spain Cadiz

Address: C. Fresa, 20, 11406 Jerez de la Frontera, Cádiz

A center at the forefront in Aesthetic Medicine

### Related internship programs:

- Advanced Esthetic Medicine - Aesthetic Medicine



### **Fashion Body**

Country City
Spain Castellón

Address: C. de Vera, 20, 12001 Castellón de la Plana, Castellón

Center of Aesthetic Medicine

### Related internship programs:

- Aesthetic Medicine - Advanced Esthetic Medicine



### Sebell Clinic

Country City
Spain Barcelona

Address: C/ del Consell de Cent, 325, 08007 Barcelona

Clinic of Aesthetic Medicine

#### Related internship programs:

- Aesthetic Medicine - Advanced Esthetic Medicine



### **Luxury Clinic**

Country City
Spain Madrid

Address: Esquina de San Antonio de Padua, C. de Marcelo Usera, 34, 28026 Madrid

> Luxury Clinic creates a world of of beauty for its clients

### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### Senstetic

Country City
Spain Valencia

Address: Pl. de l'Ajuntament, 19, 1D, 46002 Valencia

Conscious natural beauty

### Related internship programs:

- Advanced Esthetic Medicine Esthetic Nursing

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### **Perfezione Clinic**

Country City
Spain Madrid

Address: Avenida Mariano Moreno el Músico, COSTA DE MARFIL, 12, 28907 Getafe, Madrid

Center specialized in Aesthetic Medicine Surgery, Facial and Capillary.

#### Related internship programs:

- Aesthetic Medicine



### Cemestetic

Country City Spain Madrid

Address: C. de Lombía, 7, 28009, Madrid

Aesthetic clinic with extensive experience in Phototherapy and BeOxy treatment.

#### Related internship programs:

- Aesthetic Medicine Esthetic Nursing



### Dorsia Vitoria-Gasteiz

Country City Spain Álava

Address: Av. Gasteiz, 50, 01008 Vitoria-Gasteiz, Álava

Company positioned as leaders in beauty and wellness treatments.

#### Related internship programs:

- Aesthetic Medicine



### Clínica Kiharu

Country City
Spain Madrid

Address: C. de Hermosilla, 57, Bajo Derecha, Salamanca, 28001 Madrid

It is a center of Aesthetic Medicine, Plastic Surgery and Allurion Program.

#### Related internship programs:

Obesity
- Aesthetic Medicine



### **Dorsia Estepona**

Country City
Spain Malaga

Address: Av. Andalucía, 99, 29680 Estepona, Málaga

Dorsia counts with a large team of medical professionals specialized in the areas of aesthetic surgery and medicine

#### Related internship programs:

- Aesthetic Medicine - Advanced Esthetic Medicine



### Laserdental

Country City
Spain Asturias

Address: Avenida Pablo Iglesias, 41, Centro, 33205 Gijón, Asturias

Laserdental stands out for having the latest aesthetic technology and clinical techniques

### Related internship programs:

- Advanced Esthetic Medicine - Hair Transplantation



### **Medicorp Esthetic**

Country City
Spain Álava

Address: Calle Ramon Ortiz de Zarate, 21, 01005, Vitoria-Gasteiz

Medicorp Esthetic has state-of-the-art aesthetic technologies and the best team of specialists

### Related internship programs:

- Aesthetic Medicine



### **Durando Medicina Estética**

Country City
Spain Madrid

Address: Calle de Alcalá, 295, Cdad. Lineal. 28027 Madrid

Durando Aesthetic and Beauty Medicine is committed to providing personalized attention.

#### Related internship programs:

## Where Can I Do the Clinical Internship? | 67 tech



### Clínica Venturoli

Country City Huelva Spain

Address: Alameda Sundheim, 28, 21003 Huelva

Plastic surgery and aesthetic medicine clinic in Huelva with more than 30 years of experience.

#### Related internship programs:

Esthetic Nursina - Aesthetic Medicine



### Clínica de Estética Montesinos

Country City Spain Valencia

Address: Calle de Santa Anna, 2, 46200 Paiporta Valencia

Montesinos has highly trained professionals in various aesthetic areas.

#### Related internship programs:

Esthetic Nursina - Aesthetic Medicine



### Clínica ICA

Country City Spain Santa Cruz de Tenerife

Address: Calle La Palmita, 2, 38314 La Orotava, Santa Cruz de Tenerife

ICA Clinic is positioned as a leader in the field of Aesthetic Medicine

#### Related internship programs:

Esthetic Nursina - Aesthetic Medicine



### Centros Único Cuenca

Country City Spain Cuenca

Address: N-400, Km. 178,5, 16003 Cuenca

Centros Único Cuenca guarantees the well-being and health of all its patients.

#### Related internship programs:

- Aesthetic Medicine



### Villoria Oftalmólogos Pontevedra

City Country Spain Pontevedra

Address: Rúa da Virxe do Camiño, 1, 36001 Pontevedra

Villoria Oftalmólogos stands out for its commitment to visual health care.

#### Related internship programs:

- Aesthetic Medicine

- Clinical Ophthalmology



### **Emana Salud Jumilla**

Country City Spain Murcia

Address: Avd. Reyes Católicos, 60, bajo 4, 30520

Emana Salud Jumilla stands out as a new, exclusive, elegant and sophisticated concept.

#### Related internship programs:

- Advanced Esthetic Medicine Esthetic Nursing



### **Emana Salud Yecla**

Country Spain Murcia

Address: Calle Fábricas, 1, 30510

Emana Salud Jumilla stands out as a new exclusive. elegant and sophisticated concept.

### Related internship programs:

- Advanced Esthetic Medicine Esthetic Nursing



### Clínica Medicina Estética Dra. Ridaura

Country City Valencia Spain

Address: C/ de la Pau, 6, Ciutat Vella, 46002 València, Valencia

At Clínica Ridaura they are specialists in Integrative Medicine

#### Related internship programs:

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### Clínica Kiodai

Country City
Spain Salamanca

Address: Calle Corrales de Monroy, 35, 37001 Salamanca

The medical center is composed of a wide range of professionals who provide personal advice to all clients.

#### Related internship programs:

- Aesthetic Medicine



### Gladys Berrio I Pura Vida Estética

Country City
Spain Valencia

Address: C/ dels Sants Just i Pastor, 17, Algirós, 46021 València, Valencia

More than 30 years of experience in beauty, health and esthetic treatments, promoting through treatments the improvement of quality of life.

#### Related internship programs:

- Aesthetic Plastic Surgery - Aesthetic Medicine



### Dermatoclinic

Country City
Spain Madrid

Address: Calle Alcalá 338, 1°, 28027, Madrid

Clinic specialized in aesthetic medicine and Dermatology

#### Related internship programs:

-Update in Clinical Dermatology - Aesthetic Medicine



### Clínica Oasis

Country City
Spain Cadiz

Address: Avenida Virgen del Carmen nº 39, Algeciras, Cádiz 11201

Integral Aesthetic Medicine: Facial, Body and Hair Treatments

#### Related internship programs:

- Hair Transplantation
- Aesthetic Medicine



### Villoria L'Essence Vigo

Country City
Spain Pontevedra

Address: Rúa de García Barbón, 50, Santiago de Vigo, 36201 Vigo, Pontevedra

innovative concept of Plastic and Aesthetic Surgery clinic in Vigo

#### Related internship programs:

- Aesthetic Medicine



### **Beatriz Domingo Medicina Estética**

Country City
Spain Madrid

Address: C. de Talamanca, 12, 28807 Alcalá de Henares, Madrid

Customer satisfaction endorses them as one of the best aesthetic medicine centers in Alcalá de Henares.

#### Related internship programs:

- Aesthetic Medicine



### **BioStetica Medicina Estética**

Country City
Spain Cáceres

Address: Calle Londres, 36, Bajo, Oeste 10005 Cáceres

Aesthetic Medicine Clinic Specializing in Health, Beauty and Wellness

### Related internship programs:

- Aesthetic Medicine



# OncoFitCare - Centro Oncológico Integral

Country City
Spain Valencia

Address: C/ de l'Actor Rivelles, 3, bajo, Ciutat Vella, 46001 Valencia

Oncology Center located in the center of the city of Valencia, created to accompany and improve the quality of life of patients

### Related internship programs:

## Where Can I Do the Clinical Internship? | 69





### Mediben

Country City Balearic Islands Spain

Address: C/ Federico García Lorca 2, 1ºB. 07014 Palma

Mediben offers treatments in Aesthetic Medicine, Aesthetic Surgery, Nutrition, Regenerative and Capillary Medicine.

#### Related internship programs:

- Aesthetic Plastic Surgery - Aesthetic Medicine



### Leben & Körper

City Country Spain Barcelona

Address: C/ de Roger de Llúria, 5, 2º-1ª, 08010 Barcelona

Leben & Körper, specialists in Plastic Surgery, Aesthetic Medicine and Nutrition

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### **BeClinic**

Country City Madrid Spain

Address: C. de Galileo, 93, 28003 Madrid

BeClinic is the first clinic in Madrid in regenerative, functional and aesthetic gynecological treatment.

#### Related internship programs:

- Aesthetic Medicine

- Advanced Esthetic Medicine



### Dorsia Getafe

Country City Madrid Spain

Address: C. Madrid, 107, 28902 Getafe, Madrid

Dorsia counts with a large team of medical professionals specialized in the areas of aesthetic surgery and medicine

#### Related internship programs:

- General Health Psychology Clinical Nutrition



### Policlínica IMED Gandía

Country City Spain Valencia

Address: Calle de Daimús, 26, 46701 Gandía, Valencia

Health group with 6 hospitals (Benidorm, Elche, Burjasot, Valencia, Gandía and Alcoy), 4 polyclinics (Teulada, Torrevieja, Gandía and Alcoy).

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### **Hospital IMED Alcoy**

Country City Spain Alicante

Address: C/ Oliver, 55, 03802 Alcoi, Alicante

Health group with 6 hospitals (Benidorm, Elche, Burjasot, Valencia, Gandía and Alcoy), 4 polyclinics (Teulada, Torrevieja, Gandía and Alcoy).

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### **Hospital IMED Levante**

Country Spain Alicante

Address: Calle Dr. Santiago Ramón y Cajal, 7, 03503 Benidorm, Alicante

Health group with 6 hospitals (Benidorm, Elche, Burjasot, Valencia, Gandía and Alcoy), 4 polyclinics (Teulada, Torrevieja, Gandía and Alcoy).

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### Policlínica IMED Teulada

Country City Spain Alicante

Address: Ctra. Nacional 332. Kilómetro 181,5. Partida, el Pla, 03725 Teulada, Alicante

Health group with 6 hospitals (Benidorm, Elche, Burjasot, Valencia, Gandía and Alcoy), 4 polyclinics (Teulada, Torrevieja, Gandía and Alcoy).

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine

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### Hospital IMED Valencia

Country City
Spain Valencia

Address: Av. de la Ilustración, 1, 46100 Burjassot, Valencia

Health group with 6 hospitals (Benidorm, Elche, Burjasot, Valencia, Gandía and Alcoy), 4 polyclinics (Teulada, Torrevieja, Gandía and Alcoy).

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### Hospital IMED Colón

Country City
Spain Valencia

Address: Carrer d'Isabel la Catòlica, 12, L'Eixample, 46004 València, Valencia

Health group with 6 hospitals (Benidorm, Elche, Burjasot, Valencia, Gandía and Alcoy), 4 polyclinics (Teulada, Torrevieja, Gandía and Alcoy).

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### **Hospital IMED Elche**

Country City
Spain Alicante

Address: C. Max Planck, 3, 03203 Elche, Alicante

Health group with 6 hospitals (Benidorm, Elche, Burjasot, Valencia, Gandía and Alcoy), 4 polyclinics (Teulada, Torrevieja, Gandía and Alcoy).

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### Policlínica IMED Torrevieja

Country City
Spain Alicante

Address: Centro Comercial Ozone, Avda. De Rosa Mazón Valero, s/n, 03184 Torrevieja, Alicante

Health group with 6 hospitals (Benidorm, Elche, Burjasot, Valencia, Gandía and Alcoy), 4 polyclinics (Teulada, Torrevieja, Gandía and Alcoy).

#### Related internship programs:

Esthetic Nursing
- Aesthetic Medicine



### Clínica Capilárea

Country City
Spain Madrid

Address: Calle O'Donnell 41, Salamanca, 28009

Clinic specialized in hair treatments against alopecia and hair loss.

### Related internship programs:

- Aesthetic Medicine
- Hair Transplantation



### **CBC Surgery Institute Algeciras**

Country City
Spain Cadiz

Address: C. Ruiz Zorrilla, 14, local 5B, 11203 Algeciras, Cádiz

Center specialized in Aesthetic Medicine and Aesthetics Surgery

#### Related internship programs:

- Aesthetic Medicine



### Terapré Med Clinic

Country City
Spain Madrid

Address: Calle Princesa 25, Local 30, 28008 Madrid

Aesthetic clinic specializing

#### Related internship programs:

- Aesthetic Medicine
- Integral Aesthetic Medicine for Dentists



### **Dorsia Granollers**

Country City
Spain Barcelona

Address: Carrer d'Enric Prat de la Riba, 55, 08401 Granollers, Barcelona

One of the more than 130 clinics of Clínicas Dorsia that offers the best services in aesthetic medicine and surgery treatments.

#### Related internship programs:

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### **Skinfinity Beauty**

Country

Spain

Santa Cruz de Tenerife

Address: C. Tegueste, 2, 38670 Adeje, Santa Cruz de Tenerife

Skinfinity Beauty is a clinic that offers aesthetic treatments such as hydrafacials, HIFU 7D, cryolipolysis, among others.

#### Related internship programs:

Esthetic Nursing - Aesthetic Medicine



### Me Concept Clinic

Country

Spain

Barcelona

Address: Calle Trafalgar 21, Barcelona. 08010

Center specialized in Aesthetic Medicine and Aesthetics Advanced Medicine

#### Related internship programs:

- Aesthetic Medicine

- Advanced Esthetic Medicine



### Clínica Frisia

Country

City

Spain

Balearic Islands

Address: Pg. de Mallorca, 5B

It is a health center located in Mallorca that offers services of Aesthetic Medicine and Surgery.

#### Related internship programs:

- Aesthetic Medicine

- Advanced Esthetic Medicine



### Hair Forever - Clínica trasplante capilar Barcelona

Country Spain

City

Barcelona

Address: Avenida Diagonal, 628 - Piso 3 A

Specialized hair transplant clinic

### Related internship programs:

Esthetic Nursing

- Aesthetic Medicine



### Clínica Dra. Danella Elaluf

Country Spain

City Valencia

Address: C. del Marqués de Sant Joan, 35,

Campanar, 46015 Valencia They are a clinic of integral aesthetic medicine

in Valencia, they love to enhance the natural beauty and feel at ease in their own skin.

#### Related internship programs:

- Aesthetic Medicine -Gynecoesthetics



### Clínica Came Alicante

Country

City

Spain

Alicante

Address: C/ San Juan Bautista, 3

It is a clinic focused on aesthetic medicine and surgery, which has been directed for years by Dr. Francisco Pedreño Guerao.

### Related internship programs:

Esthetic Nursing

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### Instituto Balbuena

Country City
Argentina Cordoba

Address: Av. 24 de septiembre 1192 Barrio General Paz, Ciudad Córdoba

Multidisciplinary clinical center specialized in Physical Therapy and Aesthetic Medicine

#### Related internship programs:

- Aesthetic Medicine



### Divina Essenza

Country City
Argentina Buenos Aires

Address: Av Pueyrredón 1211, Ciudad de Buenos Aires

Center Doctor specialized in Aesthetic Medicine and Plastic Surgery Laser

### Related internship programs:

- Aesthetic Medicine



### Vila Moreschi Clinic

Country City
Argentina Buenos Aires

Address: Aimé Painé 1665 piso 4 Departamento 5, Puerto Madero, Ciudad de Buenos Aires

> Clinic specializing in Plastic Surgery and Aesthetic Medicine

### Related internship programs:

- Aesthetic Medicine - Aesthetic Plastic Surgery







# Where Can I Do the Clinical Internship? | 73 tech



#### Plenius - Dra. Brenda Gutiérrez

Country City
Mexico Mexico City

Address: Av. Xochitepec 10, Santa Cruz Xochitepec, Xochimilco, 16100 Ciudad de México, CDMX, México

Aesthetic and Obesity Medicine in CDMX

#### Related internship programs:

- Aesthetic Medicine



## **Beauty Concept Clinic**

Country City
Mexico Mexico City

Address: Av Moliere 13-11B, Polanco, Polanco III Secc, Miguel Hidalgo, 11540 Ciudad de México, CDMX, México

Integral quality service in relaxation, beauty, wellness and health, achieving physical, mental and spiritual balance.

#### Related internship programs:

- Aesthetic Medicine



## Dr. Diego Orozco Orozco

Country City
Mexico Jalisco

Address: Cosmos 2790 Colonia Jardines Del Bosque, Guadalajara

Provides aesthetic medicine services

#### Related internship programs:

- Aesthetic Medicine





# tech 76 | Methodology

## Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.



At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"



You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.



The student will learn to solve complex situations in real business environments through collaborative activities and real cases.

## A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.



Our program prepares you to face new challenges in uncertain environments and achieve success in your career"

The case method is the most widely used learning system in the best faculties in the world. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.



## **Relearning Methodology**

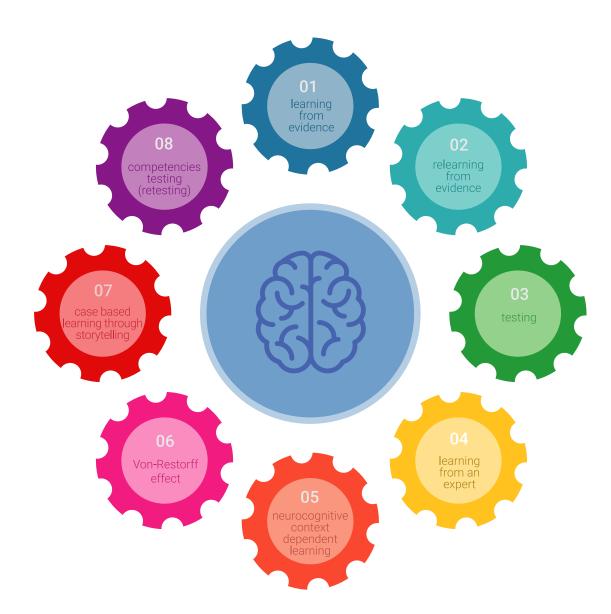
TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

In 2019, we obtained the best learning results of all online universities in the world.

At TECH, you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.



# Methodology | 79 tech

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically. With this methodology, we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.

## This program offers the best educational material, prepared with professionals in mind:



## Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



## Practising Skills and Abilities

They will carry out activities to develop specific competencies and skills in each thematic area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



## **Additional Reading**

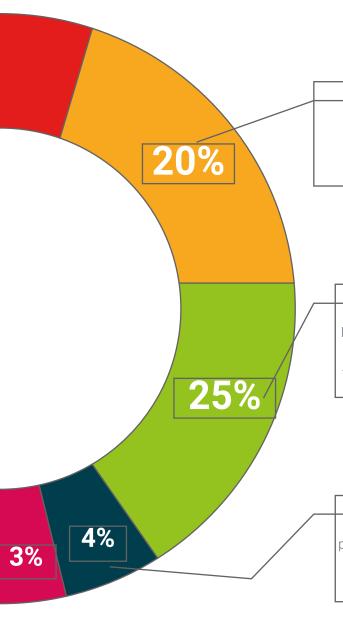
Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

30%

10%

8%

# Methodology | 81 tech



### **Case Studies**

Students will complete a selection of the best case studies chosen specifically for this situation. Cases that are presented, analyzed, and supervised by the best specialists in the world.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



## Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.







# tech 84 | Certificate

This private qualification will allow you to obtain a **Hybrid Professional Master's Degree** in **Aesthetic Medicine** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students,

Mr./Ms. \_\_\_\_\_\_ with identification document \_\_\_\_\_\_ has successfully passed and obtained the title of:

Hybrid Professional Master's Degree in Aesthetic Medicine

This is a private qualification of 1,920 hours of duration equivalent to 64 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

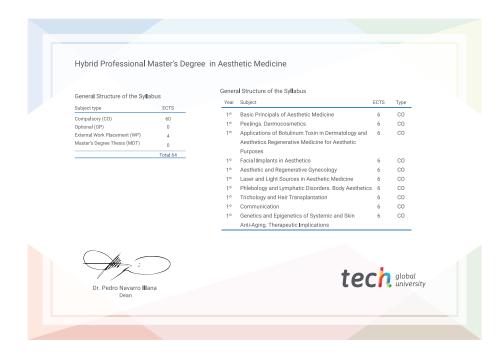
researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Hybrid Professional Master's Degree in Aesthetic Medicine

Modality: Hybrid (Online + Clinical Internship)

Duration: **12 months**Credits: **60 + 4 ECTS** 



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment



# Hybrid Professional Master's Degree

# Aesthetic Medicine

Modality: Hybrid (Online + Clinical Internship)

Duration: 12 months

Certificate: TECH Global University

Accreditation: 60 + 4 ECTS

