Postgraduate Certificate Clinical Genetics of Endocrine Diseases





## **Postgraduate Certificate** Clinical Genetics of Endocrine Diseases

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-certificate/clinical-genetics-endocrine-diseases

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Certificate

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# 01 Introduction

The endocrine system consists of a group of glands and organs that regulate and control various bodily functions through the production and secretion of hormones. Knowledge of the genetic alterations responsible for each disorder that occurs in this process will allow us to understand its molecular pathophysiology and to make more precise diagnoses and more effective therapies.



It incorporates the knowledge required to be able to work on clinical and reproductive intervention in the prevention and management of genetic disorders of the senses"

## tech 06 | Presentation

This module will detail the fundamentals and molecular mechanisms that help to understand the genetic basis of diagnosing endocrine diseases. Detailed descriptions of all currently known genetic defects in endocrinology will be presented. This is a very heterogeneous and difficult to diagnose group of diseases. In addition to updating concepts, we will present the different algorithms used for managing, at the clinical genetics level, this group of diseases. A detailed description will be given of the different complementary tests required to perform an effective differential diagnosis and subsequent use of the appropriate genetic diagnostic techniques. Practical cases and exercises of different pathologies included in this category will be presented. This **Postgraduate Certificate** offers you the characteristics of a high-level scientific, educational and technological course. These are some of its most notable features:

- Latest technology in online teaching software.
- Highly visual teaching system, supported by graphic and schematic contents that are easy to assimilate and understand.
- Practical cases presented by practising experts.
- State-of-the-art interactive video systems.
- Teaching supported by telepractice.
- Continuous updating and recycling systems.
- Self-regulating learning: full compatibility with other occupations.
- Practical exercises for self-evaluation and learning verification.
- Support groups and educational synergies: questions to the expert, debate and knowledge forums.
- Communication with the teacher and individual reflection work.
- Content that is accessible from any fixed or portable device with an Internet connection.
- Supplementary documentation databases are permanently available, even after the course.

ahead of the needs that the labor market will increasingly demand from medical professionals"

Acquire the ability to work with the most

advanced genetic tools, and take a step

A specialty of notable interest for the medical professional that you will be able to acquire in an efficient way through this Postgraduate Certificate"

## Introduction | 07 tech

A training program that masterfully combines intensity and flexibility, making its objectives easily and comfortably achievable for the professional" The basic and fundamental knowledge required for managing patients and their diseases in a clinical genetics setting.

This program has been developed by professionals from different clinical genetics clinics in which they contribute their experience in daily practice, in the care of patients and families with a variety of hereditary disorders, both in genetic counseling and in prevention programs and prenatal and preconception counseling. The faculty involved in the course also carries out important research work in the field of Genetics.

The course addresses, in its different modules, the basic and necessary knowledge for the management of patients and their diseases in a clinical genetics practice. It offers a practical approach to the different techniques most commonly used for the diagnosis of hereditary diseases, as well as the interpretation of their results. It offers an approach to the diseases that cause the highest number of consultations in daily practice in a Clinical Genetics service.

The course contains theoretical text about the subject matter, and practical examples taken from clinical cases that will facilitate understanding and the acquisition of indepth knowledge. Basic knowledge for the diagnosis, treatment and prevention of hereditary endocrine diseases, most of them little known.

# 02 **Objectives**

Currently not all hospitals have genetics units and it is foreseeable that all healthcare centers will have genetics units in the coming years. Students in this program will deepen the knowledge required to work as clinical geneticists both in the field of diagnosis and counseling in these units or to be part of multidisciplinary groups of medical services, where patients with hereditary diseases are treated.

This intensive course will allow you to learn about the genetic causes of diseases affecting the senses and the different inheritance patterns that occur"

# tech 10 | Objectives



## **General Objectives**

- Know the historical evolution of knowledge in the area of genetics.
- Learn the use of genetic analysis for diagnostic purposes.
- Learn about all known hereditary cancer syndromes.
- Learn about all known hereditary cancer syndromes.
- Recognize genetic diseases affecting the sensory organs and know how to manage them.
- Detail the molecular basis and mechanisms for the diagnosis of endocrine diseases.
- Know the genetic diseases affecting the central and peripheral nervous system.
- Learn about genetic nephrourological diseases, such as Fabry disease or Alport Syndrome.
- Addressing the different major pediatric diseases.
- Review hematological, metabolic and deposit, cerebral and small vessel diseases.





# Objectives | 11 tech



## Specific Objectives

- Update and learn the characteristics of endocrine diseases, both in adults and children, associated with hereditary patterns.
- Use of clinical and analytical data to establish the differential diagnosis, from the point of view of genetics, before making the decision on the study to be performed.



Advance in your profession by paving your way in what is shaping up to be one of the most exciting fields in medicine today and in the future"

# 03 Course Management

For our **Postgraduate Certificate** to be of the highest quality, we are proud to work with a teaching staff of the highest level, chosen for their proven track record. Professionals from different areas and fields of expertise that make up a complete, multidisciplinary team. A unique opportunity to learn from the best.

A Postgraduate Certificate created and directed by experts in clinical genetics who will take you through the most up-to-date and complete knowledge and give you the real and contextual vision of this area of work"

## tech 14 | Course Management

## **International Guest Director**

With an outstanding scientific career in the field of Molecular Genetics and Genomics, Dr. Deborah Morris-Rosendahl has devoted herself to the analysis and diagnosis of specific pathologies. Based on her excellent results and prestige, she has taken on professional challenges such as directing the NHS South East Genomic Laboratory Hub in London.

The research of this world-class expert has focused on the identification of novel diseasecausing genes for both single-gene disorders and complex neuropsychiatric conditions. Her particular interest in neuroevolutionary processes has led her to determine genotype-phenotype associations, various cortical developmental conditions, and to refine genotype-phenotype correlations for Lissencephaly, Primary Microcephaly and Microcephaly Syndromes.

She has also turned her attention to inherited cardiac and respiratory conditions, areas in which her laboratory is charged with specialized testing. On the other hand, her team has been dedicated to designing cutting-edge methodologies to offer innovative genomic diagnostics, consolidating her reputation as a leader in this field globally.

Dr. Morris-Rosendahl began her education in science at the University of Cape Town, where she obtained an honors degree in Zoology. To continue her studies, she joined the Mammalian Research Institute at the University of Pretoria. With the advent of recombinant DNA technology, she immediately redirected her efforts to Human Genetics, completing her PhD in that field at the South African Institute of Medical Research and the University of the Witwatersrand.

However, she has carried out postdoctoral research in South Africa, the United States and Germany. In Germany, she became Director of the Diagnostic Laboratory of Molecular Genetics at the Institute of Human Genetics, University Medical Center Freiburg. Recently, she has been collaborating with several multidisciplinary teams in the UK.



# Dra. Morris-Rosendahl, Deborah

- Scientific Director of the NHSE South East Genomic Laboratory Hub, London, UK
- Asmarley Principal Investigator in the Molecular Genetics and Genomics Group at the British Heart and Lung Institute
- Scientific Director, Genomic Innovation Unit, Guy's and St. Thomas' NHS
  Foundation Trust, UK
- Head of Clinical Genetics and Genomics Laboratory, Royal Brompton and Harefield Hospitals Clinical Group, UK
- Head of the Molecular Genetics Diagnostic Laboratory at the Institute of Human Genetics, University Medical Center Freiburg, Germany
- Research Fellow at the Institute of Mammalian Research, University of Pretoria

- Postdoctoral Fellow at Baylor College of Medicine, Houston, Texas, United States
- Postdoctoral stay awarded the Alexander von Humboldt Research Fellowship
- Doctorate in Human Genetics at the South African Institute of Medical Research and the University of the Witwatersrand
- B.Sc. in Zoology at the University of Cape Town

Thanks to TECH, you will be able to learn with the best professionals in the world"

# tech 16 | Course Management

## Management



## Dr. S. Tahsin Swafiri Swafiri, M.D.

- Degree in Medicine and General Surgery (University of Extremadura Badajoz).
- Specialist in Clinical Biochemistry and Molecular Pathology (Puerta de Hierro University Hospital, Majadahonda).
- Master's Degree in Rare Diseases (University of Valencia).
- Attending physician in Clinical Genetics at the University Hospitals of Infanta Elena, Rey Juan Carlos I, Fundación Jiménez Díaz and General de Villalba.
- Associate Professor of Genetics at the Francisco de Vitoria University School of Medicine (Pozuelo de Alarcón-Madrid).
- Health Research Institute Fundación Jiménez Díaz University Hospital

## Professors

### Dr. Blanco Kelly, Fiona. PhD, MD.

- Attending Physician (Area Specialist) of the Genetics Service of the Jiménez Diaz Foundation University Hospital.
- Degree in Medicine and Surgery from the Faculty of Medicine of the Complutense University of Madrid (2004).
- Specialist in Clinical Biochemistry since 2009.
- Doctorate in Medicine in 2012.
- Master's Degree in Rare Diseases, University of Valencia, Valencia, Spain 2017.
- Postdoctoral Course: Postgraduate Diploma in Clinical Genetics of the University of Alcalá de Henares, Madrid, Spain 2009.
- Honorary Research Associate at the Institute of Ofthalmology (IoO), University College London (UCL), London, UK (01/2016-31/12/2020).
- Secretary of the Training and Dissemination Commission of the Spanish Association of Human Genetics.

### Dr. Lorda Sánchez, Isabel María

- Degree in Medicine and Surgery from the University of Zaragoza. Year 1988.
- Doctor of Medicine from the University of Zurich. Year 1991.
- Personal Professional Accreditation in Human Genetics (AEGH).
- Member of the Spanish Association of Human Genetics (AEGH).
- Member of the European Cytogenetics Association (ECA).
- Hospital Coordinator of Familial Hereditary Cancer for the Community of Madrid.



An impressive teaching staff, made up of professionals from different areas of expertise, will be your teachers during your training: a unique opportunity not to be missed"

# 04 Structure and Content

The contents of this program have been developed by the different experts of this course, with a clear purpose: to ensure that our students acquire each and every one of the skills they require to become true experts in this field.

A complete and well-structured program that will take you to the highest standards of quality and success. Expert patients participate in the preparation of the program, which adds a very original and close perspective, with real cases and situations that are not only clinical but also social. It has a holistic perspective, not just a medical one, making it of interest to healthcare professionals of any kind.

An intensive tour through all the areas of knowledge that the physician needs to acquire in order to intervene in endocrine diseases from clinical genetics"

## tech 19 | Structure and Content

### Module 1. Genetics of Endocrine Diseases

- 1.1. Monogenic Diabetes.
- 1.2. Primary Hypoparathyroidism.
- 1.3. Familial Short Stature and Achondroplasia
- 1.4. Acromegaly.
- 1.5. Hypogonadism.
  - 1.5.1. Kallmann Syndrome
- 1.6. Congenital Adrenal Hyperplasia
- 1.7. Genetics of Phosphocalcium Metabolism
- 1.8. Familial Hypocholesterolemia.
- 1.9. Paraganglioma and Pheochromocytoma
- 1.10. Medullary Thyroid Carcinoma





## Structure and Content | 20 tech

A comprehensive teaching program, structured in teaching units organized to achieve fast and effective learning, with a focus on practical application"

# 05 **Methodology**

This training program provides you with a different way of learning. Our methodology uses a cyclical learning approach: *Re-learning*.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

## tech 23 | Methodology

## At TECH we use the Case Method

In a given situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you can experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching potential or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in professional medical practice.

Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.

2. The learning process has a clear focus on practical skills that allow the student to better integrate into the real world.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

 Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## tech 25 | Methodology

## **Re-Learning Methodology**

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The physician will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-theart software to facilitate immersive learning.



## Methodology | 26 tech

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 250,000 physicians with unprecedented success, in all clinical specialties regardless of the surgical load. All this in a highly demanding environment, where the students have a strong socioeconomic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



## tech 27 | Methodology

In this program you will have access to the best educational material, prepared with you in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

20%

15%

3%

15%

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### Latest Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.



### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

20%

7%

3%

17%



### **Testing & Re-testing**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



#### **Quick Action Guides**

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.

# 06 **Certificate**

Through a different and stimulating learning experience, you will be able to acquire the necessary skills to take a big step in your training. An opportunity to progress, with the support and monitoring of a modern and specialized university, which will propel you to another professional level.



Add a Postgraduate Certificate in Clinical Genetics of Endocrine Diseases degree to your CV and become a highly competitive professional"

## tech 31 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Clinical Genetics of Endocrine Diseases** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Clinical Genetics of Endocrine Diseases Modality: online Duration: 6 weeks Accreditation: 6 ECTS



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- » Schedule: at your own pace
- » Exams: online

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