

Postgraduate Certificate Rhythmic Practice and Dance





Postgraduate Certificate Rhythmic Practice and Dance

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/pk/humanities/postgraduate-diploma/rhythmic-practice-dance

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Structure and Content

p. 12

04

Methodology

p. 16

05

Certificate

p. 24

01

Introduction

Dance is an artistic expression that requires specific skills and abilities, among them, Rhythmic Practice. Not surprisingly, this allows the dancer to have greater sensitivity and control over their body, which translates into a better interpretation and execution of the dance. Therefore, this program focuses on providing students with an up-to-date knowledge for the mastery and application of Music in the field of Dance, covering Dalcrozian Rhythmic and other concepts. With a duration of 6 weeks and a 100% online format, the program offers a practical methodology to quickly internalize ideas by reiterating them in dynamic study resources.





“

Become a skilled dancer by delving into the fundamentals of Rhythmic Training”

Dance is one of the oldest and most valued artistic expressions in culture and society. In this sense, Rhythmic Practice and Dance are considered tools for personal development, promoting creativity, discipline and concentration, as well as contributing to physical and emotional health.

Therefore, the Postgraduate Certificate in Rhythmic Practice and Dance is a comprehensive specialization for all those who seek to delve deeper into the technique, knowledge and creativity in the artistic expression of dance and movement. The syllabus includes subjects such as the Dalcroze Method, dance technique, choreographic composition and body expression, among other key points.

In addition, the Postgraduate Certificate is taught in a 100% online format, which allows the student to access the contents from any place and at any time. Likewise, Relearning is used as a methodological substrate, so that all concepts will be assimilated more quickly. It is also remarkable the flexibility to organize the academic resources with TECH, which allows the student to adapt the preparation to their needs and availability.

This **Postgraduate Certificate in Rhythmic Practice and Dance** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Rhythmic Practice and Dance
- ♦ The graphic, schematic, and practical contents with which they are created provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Master all the principles and elements of musical rhythm with this qualification”

“

You will be an expert when it comes to analyzing the different types of Dance, such as Classical, Modern or Folkloric”

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

If you want to master the advanced Graham Dance technique, this is your opportunity.

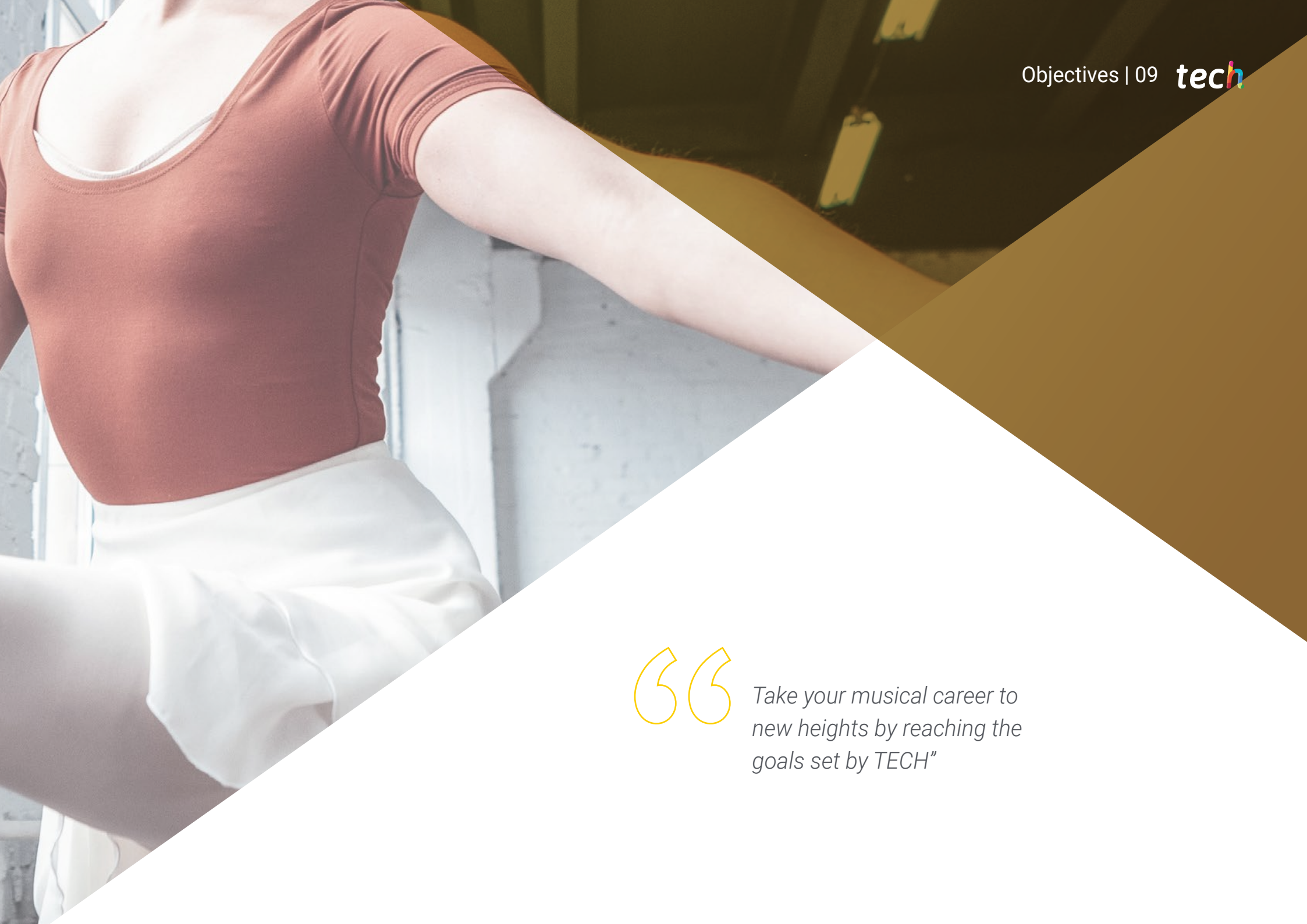
Refresh yourself in the elementary rhythmic patterns, emphasizing the Beat or Freestyle Rhythm.



02 Objectives

Acquiring a specialized and deep knowledge about Music and Performing Arts is a job that demands a lot of effort, not only because of the large amount of information it covers, but also because of the centuries of history that characterize them. For this reason, the purpose of this Postgraduate Certificate is to bring together in a single program all the key elements of Rhythmic Practice and Dance. In this way, the student will be able to apply the most effective and innovative guidelines and strategies in their professional practice and perfect their activity as a dancer.





“

Take your musical career to new heights by reaching the goals set by TECH”



General Objectives

- ♦ Project a natural emission of the voice that avoids all kinds of tensions (corporal, psychic and social)
- ♦ Know the basic principles of audiovisual language
- ♦ Acquire a solid knowledge of the basic concepts of the performing arts
- ♦ Use the voice as a vehicle for musical expression and immediate enjoyment
- ♦ Know the technical and idiomatic characteristics of the types of solo voices that integrate with a symphony orchestra
- ♦ Construct a coherent discourse and write a reasoned text on a given musical theme



Specialize in Dalcrozian Rhythmic, analyzing its contributions to Musical Education"





Specific Objectives

- ◆ Understand the principles of Dalcrozian rhythm and its contributions to music education
- ◆ Knowing the different types of existing dance
- ◆ Know the elements of dance and its elementary forms, figures, groupings and their connection with music
- ◆ Promote the ability to elaborate, analyze and critically assess materials and educational proposals on rhythmic practice and dance
- ◆ Favor the disinhibition and the cooperative culture of the students
- ◆ Enable students to learn independently

03

Structure and Content

A group of experts in Dance has been responsible for designing the syllabus of this Postgraduate Certificate. In order to achieve an innovative specialization, a variety of audiovisual material has been included in the program that will allow the graduate to contextualize the content and delve deeper into the most important topics for their professional development. The format of the program is 100% online, which means that students can access the program from anywhere and adapt their schedule according to their availability. This dynamic and flexible approach will launch students' careers so that they can succeed in the world of Music and Performing Arts.





“

Register to access the syllabus with the most comprehensive vision of Rhythmic Practice and Dance”

Module 1. Rhythmic Practice and Dance

- 1.1. Fundamentals of Rhythmic Education
 - 1.1.1. Rhythmic Education
 - 1.1.2. Jaques Dalcroze
 - 1.1.3. The Dalcroze Method, What is It?
 - 1.1.4. Characteristics of the Dalcroze Method
- 1.2. The Musical Rhythm
 - 1.2.1. Principles and Elements of Musical Rhythm
 - 1.2.2. Relationship with the Qualitative Elements of Movement
 - 1.2.3. Free Rhythm and Rhythmic: the Word and the Rhythm
 - 1.2.4. Compass and its Elements: Pulse, Accentuation and Subdivision of the Time
 - 1.2.5. Elementary Rhythmic Patterns
- 1.3. Dance and Music
 - 1.3.1. What is Dance?
 - 1.3.2. Elements of Dance
 - 1.3.3. History of Dance and Music
 - 1.3.4. The Importance of Music in Dance
- 1.4. Types of Dance
 - 1.4.1. Academic Dance
 - 1.4.2. Classical Dance
 - 1.4.3. The Modern Dance
 - 1.4.4. The Contemporary Dance
 - 1.4.5. The Traditional Dance
 - 1.4.6. Folkloric Dance
 - 1.4.7. Regional Dance
 - 1.4.8. Popular Dance
- 1.5. Main Repertory of the Types of Dances
 - 1.5.1. Repertoire in Academic Dance
 - 1.5.2. Classical Dance Repertoire
 - 1.5.3. Modern Dance Repertoire
 - 1.5.4. Repertoire in Contemporary Dance
 - 1.5.5. Repertoire in Traditional Dance
 - 1.5.6. Folkloric Dance Repertoire
 - 1.5.7. Regional Dance Repertoire
 - 1.5.8. Popular Dance Repertoire
- 1.6. Contemporary Dance
 - 1.6.1. Contemporary Dance and its Beginnings
 - 1.6.2. American School
 - 1.6.3. European School
 - 1.6.4. Second and Third Generation
- 1.7. The Graham Dance Technique
 - 1.7.1. Who was Martha Graham?
 - 1.7.2. What is the Graham Technique?
 - 1.7.3. Basic Principles of the Graham Technique
 - 1.7.3.1. Contraction and Release
 - 1.7.4. Spirals, Lift and Force Encountered
- 1.8. The Cunningham Dance Technique
 - 1.8.1. Merce Cunningham
 - 1.8.2. What is the Cunningham Technique?
 - 1.8.3. Cunningham's Key Ideas
 - 1.8.4. Cunningham's Most Outstanding Choreographies
- 1.9. Lemon Technique
 - 1.9.1. José Limón
 - 1.9.2. Definition of the Limón Technique
 - 1.9.3. Method
 - 1.9.4. Main Choreographies of Limón
- 1.10. Dance as a Psychotherapeutic Method
 - 1.10.1. Dance Therapy
 - 1.10.2. History of Dance Therapy
 - 1.10.3. Pioneers of Dance Therapy
 - 1.10.4. Methods of Dance Therapy



“

*Enroll in a unique qualification
that examines the use of dance
as a psychotherapeutic method”*

04

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.

“

At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"



You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.



The student will learn to solve complex situations in real business environments through collaborative activities and real cases.

A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.

“*Our program prepares you to face new challenges in uncertain environments and achieve success in your career*”

The case method has been the most widely used learning system among the world's leading Humanities schools for as long as they have existed. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.

Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

In 2019, we obtained the best learning results of all online universities in the world.

At TECH you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.



In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically. With this methodology we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Practising Skills and Abilities

They will carry out activities to develop specific skills and abilities in each subject area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Case Studies

Students will complete a selection of the best case studies chosen specifically for this program. Cases that are presented, analyzed, and supervised by the best specialists in the world.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



05

Certificate

The Postgraduate Certificate in Rhythmic Practice and Dance guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



“

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This **Postgraduate Certificate in Rhythmic Practice and Dance** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Rhythmic Practice and Dance**

Official N° of hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



Postgraduate Certificate Rhythmic Practice and Dance

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate Rhythmic Practice and Dance

