

# Postgraduate Certificate Ascetical Theology



## Postgraduate Certificate Ascetical Theology

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: [www.techtute.com/in/humanities/postgraduate-certificate/ascetical-theology](http://www.techtute.com/in/humanities/postgraduate-certificate/ascetical-theology)

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01

# Introduction

Ascetical Theology is fundamentally a theology of Christian experience. From this starting point, it is configured as a new synthesis of all theology from a different approach, which incorporates the believer's awareness of life in the spirit as a form of existence. An integral and different approach that deserves its own line of study. Essential knowledge for qualified humanists, who will be the focus of the work done on this comprehensive program.



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*A fully immersive study and reflection  
on ascetical theology developed by  
the best experts in the field”*

Throughout a few weeks of study and personal growth, students will learn the principles of Ascetical Theology as a science, will be able to describe the constitutive and dynamic elements of spiritual life and its link to anthropological structures and Christian states of life, and will conduct an in-depth study of the biblical and systematic foundations of Ascetical Theology.

Student will also learn the fundamental categories in Ascetical Theology: holiness, spiritual experience, mysticism and asceticism, stages of spiritual life, Christian gnosis, monitoring, etc., as well as the principles of Christian spirituality in order to take a theological approach to the texts and the great spiritual teachings.

This Postgraduate Certificate has been created so students can acquire the essential knowledge in the field in an intensive and efficient manner. An opportunity to improve one's qualifications, with the convenience of the most effective online method in the teaching market. TECH offers the opportunity to incorporate knowledge in the discipline into this academic training program with this program. With this program, students will also gain access to a way of working in which the scientific method is incorporated into religious thought, in favor of a global analysis of all its implications and developments.

Those who wish to excel professionally, achieve a positive change at a professional level, interact with the best through an interesting online universe and belong to the new generation of the future by being able to work anywhere in the world, may find their path here.

This **Postgraduate Certificate in Ascetical Theology** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ Practical cases that apply the theoretical content through real life situations
- ♦ The graphic, schematic, and eminently practical content with which they are conceived
- ♦ The great variety of practical exercises where the self-evaluation process can be carried out to improve learning
- ♦ An algorithm-based interactive learning system that enables decision-making in the situations that are presented
- ♦ Its intensive focus on practical learning
- ♦ High-quality theoretical lessons, with questions to the expert, discussion forums on controversial topics and individual reflection work
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Improve your qualifications and you will improve your professional future. Now is always the best time"*

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*The greatest University in the technological era is placed at the service of the current needs of society, at a global level, and of the individual, in particular, with a transforming spirit and vocation for social change”*

TECH Technological University offers the most innovative, creative and distinctive proposal, in a dynamic, talented and internationally recognized institution. Furthermore, TECH offers all the resources so students can balance their education with their professional and family activities. They will be able to balance their studies with a full-time job, adapting the training process to their obligations and successfully completing the program without having to sacrifice everything else.

With a virtual space to exchange ideas and reflections, students will be able to share their study experience through forums and other collaborative tools, in a 100% online environment.

Students will be supported at all times thanks to an involved and committed teaching staff. The teaching team transmits their expertise of their professional performance, working from a real, lively and dynamic context.

But, above all, the program explores the critical side of thought, the ability to question things, problem-solving competence, and interpersonal skills.

*The study of Ascetical Theology from a scientific perspective in a highly specialized Postgraduate Certificate: A unique opportunity for Religious Studies scholars.*

*The most technologically developed university in the area of eLearning, offers you the technical and human solvency of the largest Spanish-speaking, 100% online university in the world.*



# 02

# Objectives

The main objective of this program is to provide students with a complete and reliable vision of Ascetical Theology, its origin, its evolution and its deep meaning, with this highly specialized Postgraduate Certificate, an essential knowledge for any professional theologian. Therefore, this program is focused on concrete, measurable and useful objectives that will allow students to grow both on a professional and a personal level. And thus creating useful professionals for an improved society.





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*At TECH Technological University you will learn to enhance your skills, increase your critical capacity and think in a humanistic way. With the guarantee that only the best educational foundation can bring professionals”*



## General Objectives

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- ♦ Provide the necessary context, ideas and perspectives that will enable students to understand the character of Theology
- ♦ Present the historical and epistemological configuration of Theology as science
- ♦ Justify the recourse of Theology to its sources
- ♦ Demonstrate the basic skills to access the tools to study Theology
- ♦ Present an overview of the various branches of study in Theology
- ♦ Frame fundamental theology as a specialized part of the discipline that seeks to understand the mystery of God in its totality
- ♦ Explain the formal theological principles involved in the theological reading of Sacred Scripture: canonicity, inspiration and infallibility
- ♦ Explore the main historical and geographical elements that serve as an aid to the study of the Bible
- ♦ Propose hermeneutical principles to properly understand the Bible
- ♦ Identify the places and events referred to in Sacred Scripture
- ♦ Review different versions of the Bible





## Specific Objectives

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- ♦ Present the principles of Ascetical Theology as a science
- ♦ Describe the constitutive and dynamic elements of spiritual life and its link to anthropological structures and the states of Christian life
- ♦ Delve into the biblical and systematic foundations of Ascetical Theology
- ♦ Become familiar with the fundamental categories of Ascetical Theology: holiness, spiritual experience, mysticism and asceticism, stages of spiritual life, Christian gnosis, monitoring, etc.
- ♦ Understand the principles of Christian spirituality to theologially approach texts and great spiritual teachings



*Today more than ever theologians need the endorsement of a solid, up-to-date body of knowledge to confront their experience with the real world with guarantees of success"*

03

# Structure and Content

This curriculum is designed for those who want to increase their professional competence in religious sciences or deepen their humanistic side. Created with high quality content, it prepares students to reach the highest levels in their profession. The program has been developed in a comprehensive manner to achieve the most complete competencies in each of its areas. The teaching staff is highly qualified at both the theological and teaching levels, and they implement the best educational methodology. Because learning from the best is the easiest way to become the best.

A close-up photograph of a light-colored, textured stone tablet. The word "Hos" is engraved in a dark, serif font. The tablet is part of a larger structure, possibly a book cover or a decorative element, with other similar tablets visible in the background. The lighting is soft, highlighting the texture of the stone and the depth of the engraving.

Hos

pe

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*Adaptable, flexible and versatile: Our curriculum is designed so you can decide when, how and the amount of time and effort you wish to devote to your training. And without compromising educational efficiency”*

## Module 1. Ascetical Theology

- 1.1. Introduction
  - 1.1.1. The Human Spiritual Condition
  - 1.1.2. Specificity of Christian Spirituality
  - 1.1.3. Ascetical Theology as a Discipline. Method and Sources
  - 1.1.4. History of Ascetical Theology
  - 1.1.5. Contemporary Challenges to Christian Spirituality
- 1.2. Spiritual Life
  - 1.2.1. Spiritual Life in Scriptural Witness and Christian Tradition
  - 1.2.2. Spiritual Life as Gift: Communication of Divine Life. Trinitarian, Christological, Ecclesial and Marian Dimensions
  - 1.2.3. Dynamics of Spiritual Life: Human Effort and Divine Grace
  - 1.2.4. Sanctifying Grace and Theological Life
  - 1.2.5. Christian Prayer
- 1.3. Spirituality and Anthropological Structures
  - 1.3.1. Corporeality and Spiritual Life
  - 1.3.2. Affective Dynamism
  - 1.3.3. Conscious Activity of the Spiritual Person
  - 1.3.4. Sexed Condition of the Spiritual Person
  - 1.3.5. Personal Dispositions: Character, Education, History, Culture
  - 1.3.6. Spirituality and Social Life



- 1.4. Spiritual Itinerary
  - 1.4.1. Notion of Spiritual Itinerary
  - 1.4.2. Spiritual Life and Human Ages
  - 1.4.3. Levels of Depth in Inner Life
- 1.5. Spiritual Discernment
  - 1.5.1. Nature and Object of Discernment
  - 1.5.2. Spiritual Motions
  - 1.5.3. Principles of Discernment
  - 1.5.4. Community Discernment
  - 1.5.5. Principles of Spiritual Direction
- 1.6. Spirituality and States of Life
  - 1.6.1. Baptismal Spirituality
  - 1.6.2. Peculiarity of Priestly Spirituality
  - 1.6.3. Marriage and Family Spirituality
  - 1.6.4. Charism and Religious Life



*A curriculum designed to make it easy for you to obtain your Postgraduate Certificate in Ascetical Theology with fluency and efficiency”*

04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.

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*At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"*



*You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.*



*The student will learn to solve complex situations in real business environments through collaborative activities and real cases.*

### A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.

“*Our program prepares you to face new challenges in uncertain environments and achieve success in your career”*

The case method has been the most widely used learning system among the world's leading Humanities schools for as long as they have existed. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.

## Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

*In 2019, we obtained the best learning results of all online universities in the world.*

At TECH you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.



In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically. With this methodology we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### Practising Skills and Abilities

They will carry out activities to develop specific skills and abilities in each subject area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Case Studies

Students will complete a selection of the best case studies chosen specifically for this program. Cases that are presented, analyzed, and supervised by the best specialists in the world.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



05

# Certificate

The Postgraduate Certificate in Ascetical Theology guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Ascetical Theology** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Ascetical Theology**

Official N° of Hours: **100 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



## Postgraduate Certificate Ascetical Theology

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

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