

Professional Master's Degree

Emotional Intelligence



Professional Master's Degree Emotional Intelligence

- » Modality: online
- » Duration: 12 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/in/education/professional-master-degree/master-emotional-intelligence

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01

Introduction

Awakening curiosity, stimulating attention and ultimately improving student learning is effectively achieved by taking emotional intelligence into account. In recent years, the benefits of classroom activities, where this concept has been applied, have been widely accepted. Therefore, teaching goes beyond mastering a subject and now the professional handles all kinds of teaching tools and strategies that contribute to the personal development of their students. In order to promote the growth of teachers, this program has been created, which delves into emotions, educational coaching or the role of families in the emotional education of their children. All this will be possible thanks to teaching material, which has the most current information in this field, prepared by specialists in Neurosciences or Psychopedagogy.





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Thanks to this Professional Master's Degree you will enrich and enhance the intelligence of your students. Enroll now”

In recent years, the educational field has understood that beyond preparing children and adolescents to find a job in accordance with their abilities and aspirations, it is necessary to work on other aspects that have been less valued until now, such as the ability to express, understand and manage emotions. This undoubtedly not only favors the future adult, but also favors a better development of the person in the different stages of their lives, where they must face different situations, not always easy to face.

Teachers who teach their subject to children or adolescents have different techniques and teaching actions aimed at enhancing emotional intelligence, regardless of the subject they teach. Greater knowledge of the brain itself, thanks to scientific research, as well as studies that delve into social behavior, have prompted the inclusion of actions focused not only on favoring the student, but also the teacher themselves.

This Professional Master's Degree provides the teaching professional with an exhaustive syllabus with a theoretical-practical orientation that will allow them to acquire advanced knowledge about emotional intelligence in childhood, the different theories and models that explain the development of this concept, as well as its application at different educational levels. The case studies provided by the specialized teaching team that teaches this program will bring the graduate even closer to situations that they will be able to implement in their classes.

In addition to obtaining up-to-date knowledge, the teacher is faced with a program prepared in a convenient, flexible format and taught exclusively online. All that is needed is a computer, tablet or cell phone to access the syllabus whenever the student wishes. In addition, the Relearning system, which TECH uses in all its programs, will allow a much more natural and agile progression throughout the 12 months of this university program. The professional is, therefore, facing an excellent opportunity to progress in their field of work with a program that is at the academic forefront.

This **Professional Master's Degree in Emotional Intelligence** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ Practical cases presented by experts in Emotional Intelligence
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Promote self-esteem and the management of different emotions of your students with this university program in Emotional Intelligence"

“

Get all the tools teachers need to work with their students on Emotional Intelligence, with modules focused on each age group. Enroll now”

Delve into emotions from Mayer and Salovey's model with this 100% online program.

Enroll now in a program that you can access 24 hours a day, being able to download the most current syllabus on educational leadership.

The program's teaching staff includes professionals from sector who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.



02

Objectives

The professional who completes this program will achieve, at the end, an exhaustive knowledge of emotional intelligence, which will allow them to be able to understand the neurological elements that influence the perception and development of emotion, the application of different techniques, as well as the understanding of multiple intelligences. All this will be possible thanks to the innovative teaching tools provided by TECH in all its programs.



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An ideal educational program for people looking to progress in their work environment without neglecting other areas of their personal or professional life"



General objectives

- Update knowledge of emotional intelligence in its different fields of application, in the clinical, educational or labor field, with the aim of improving the quality of the professional's praxis in their daily work
- Introduce the student to the vast world of emotional intelligence, from a practical perspective, to help them learn about the different disciplines that cover emotions in relation to human behavior and its possibilities
- Know the tools used in the practice of emotional intelligence
- Enable the development of skills and abilities by encouraging continuous Specialization and research



You will be able to grow in your professional career with the help of a teaching team that will guide you at all times to achieve your goals"





Specific objectives

Module 1. The Emotional Brain

- ♦ Analyze the amygdala and positive emotion
- ♦ Explore the limbic brain
- ♦ Discover what The Papez Circuit is
- ♦ Discover the relationship between intelligence and the life cycle
- ♦ Unravel the information on inherited intelligence
- ♦ Classify the direct assessment of intelligence
- ♦ Determine what the direct assessment of intelligence is
- ♦ Identify the Flynn Effect
- ♦ Understand the relationship between the Central Nervous System and emotional intelligence
- ♦ Understand the relationship between childhood and gender in emotional intelligence
- ♦ Know Gardner's proposals
- ♦ Know the Mayer and Salovey model

Module 2. Emotional Intelligence

- ♦ Analyze academic intelligence
- ♦ Define emotional intelligence
- ♦ Understand multiple intelligence
- ♦ Define emotional illiteracy
- ♦ Classify high abilities
- ♦ Explore the field of giftedness
- ♦ Understand people with functional diversity
- ♦ Determine the role of Intelligence Labeling

Module 3. Emotional Intelligence in Pre-School 0-6 Years Old

- ♦ Define the life cycle of emotional intelligence
- ♦ Recognize the qualitative assessment of emotional intelligence
- ♦ Recognize the quantitative assessment of emotional intelligence

Module 4. Emotional Intelligence in Pre-School Teachers

- ♦ Explore the relationship between adulthood and gender in emotional intelligence
- ♦ Analyze the social determinism of emotional intelligence
- ♦ Understand unitary intelligence
- ♦ Identify multiple intelligence

Module 5. Emotional Intelligence in Primary School Teachers

- ♦ Differentiate between emotional maturity and emotional intelligence
- ♦ Discover emotional Relearning
- ♦ Observe the relationship between intelligence and social skills

Module 6. Emotional Intelligence in Primary School 6-12 Years Old

- ♦ Analyze the relationship between creativity and intelligence
- ♦ Discover the role of self-awareness and intelligence
- ♦ Recognize social change in emotional intelligence
- ♦ Define the role of family patterns in emotional intelligence
- ♦ Understand emotional control and management

Module 7. Emotional Intelligence in High School 12-16 Years Old

- ♦ Understand the functioning of the amygdala and negative emotion
- ♦ Recognize the intensity of emotion
- ♦ Determine the affective value of emotion





Module 8. Emotional Intelligence in High School Teachers

- ♦ Clarify the meaning of Border Line personality
- ♦ Recognize the role of emotional intelligence
- ♦ Recognize the different types of social skills techniques
- ♦ Classify the types of cognitive restructuring techniques

Module 9. Educational Coaching

- ♦ Discover the different types of relaxation techniques
- ♦ Deepen knowledge in the applied practice of relaxation
- ♦ Rate the types of systematic desensitization techniques
- ♦ Discover the different types of biofeedback techniques
- ♦ Understand the applied practice of biofeedback

Module 10. Educational Leadership

- ♦ Examine the relationship between intelligence and creativity
- ♦ Explore hypersensitivity to emotions
- ♦ Understand the relationship between intelligence and emotion
- ♦ Recognize emotional intelligence

03 Skills

The syllabus of this Professional Master's Degree has been designed with the objective of achieving that the professional expands and acquires skills that lead to a deep understanding of Emotional Intelligence. This will allow you to be able to transfer it to your classroom with activities appropriate to each stage. In this process you will have an expert teaching team that will guide you through this program.



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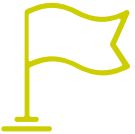
Acquire the necessary skills to apply emotional intelligence to happiness. Enroll now in this Professional Master's Degree"



General skills

- Possess and understand knowledge that provides a basis or opportunity to be original in the development and/or application of ideas, often in a research context
- Know how to apply acquired knowledge and problem-solving skills in new or unfamiliar environments within broader (or multidisciplinary) contexts related to the area of study
- Integrate knowledge and face the complexity of making judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities linked to the application of their knowledge and judgments
- Know how to communicate conclusions, knowledge, and supporting arguments to specialized and non-specialized audiences in a clear and unambiguous way
- Acquire the learning skills that will enable further studying in a largely self-directed or autonomous manner





Specific skills

- ♦ Recognize the characteristics of emotional intelligence
- ♦ Recognize the initial model of emotional intelligence
- ♦ Analyze the new models of emotional intelligence
- ♦ Understand the cognitive components of emotional intelligence
- ♦ Explore the social components of emotional intelligence
- ♦ Explain the relationship between the peripheral nervous system and emotional intelligence
- ♦ Recognize the application of emotional intelligence in emotional adjustment
- ♦ Learn more about the application of emotional intelligence in happiness
- ♦ Explore the definition and evaluation of anger
- ♦ Clarify the influence of anger on health
- ♦ Enhance knowledge of the definition and evaluation of guilt
- ♦ Understand the influence of optimism on health
- ♦ Explore the definition and evaluation of resilience
- ♦ Learn about the influence of resilience on health
- ♦ Understanding the design of intervention programs in emotional intelligence
- ♦ Explore the assessment of intervention in emotional intelligence
- ♦ Deepen knowledge on the QI assessment
- ♦ Understand the definition and evaluation of helplessness
- ♦ Discover new proposals of multiple intelligence
- ♦ Unravel the information on multipersonal intelligence
- ♦ Gain knowledge about interpersonal intelligence
- ♦ Understand the influence of helplessness on health
- ♦ Understand the emotional adjustment of control and emotional management
- ♦ Explore the practical application of systematic desensitization
- ♦ Explore the practical application of social skills
- ♦ Discover the influence of anxiety on health



This Professional Master's Degree will allow you to explore applied practice in systematic desensitization and social skills"

04

Course Management

TECH seeks in all its programs to offer quality education and to respond to the demands of students who are looking for up-to-date knowledge and to boost their professional careers. For this reason, this academic institution has carefully selected the faculty that teaches this program. Thus, students will have at their disposal a management and teaching staff with experience in the academic field and specialized in Neuroscience and Psychopedagogy. Graduates will also be able to ask this team any questions they may have about the syllabus throughout the 1,500 teaching hours of this program.





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Only with the best professionals you will achieve the necessary knowledge in Emotional Intelligence so that you can apply it efficiently in your classroom. Enroll now”

Management



Dr. De la Serna, Juan Moisés

- ◆ Director of the Open Chair of Psychology and Neurosciences and science communicator
- ◆ PhD in Psychology
- ◆ Master's Degree in Neurosciences and Behavioral Biology

Professors

Ms. Pellicer Royo, Irene

- ◆ Bachelor of Science in Physical Activity and Sport, University of Lleida
- ◆ Physical Education Teacher at Foundations Jesuites Educational
- ◆ Master's Degree in Medical Sciences applied to Physical Activity and Sport, Universidad de Lleida
- ◆ Certificate in Management and Administration of Sports Entities
- ◆ Master's Degree in Emotional Education and Well-being
- ◆ Postgraduate in Neuroeducation Learning with all our potential, University of Barcelona

Ms. Martínez Zarza, Ana María

- ◆ Educational psychologist
- ◆ Graduate of the Life Personal Transformation Program
- ◆ Postgraduate Diploma in Emotional Intelligence

Mr. Salido Durán, Daniel

- ◆ Postgraduate Diploma in Emotional Intelligence
- ◆ Master's Degree in Educational Coaching Transpersonal Therapist
- ◆ Degree in Educational Sciences



Mr. Perez, Francisco M

- ♦ Founder and Coordinator of La Escuela de la Vida Family Care and Training Center
- ♦ Integrative Therapist and Family Educator
- ♦ Trainer, Family Mediator and Scholar
- ♦ Specialist in Personal Growth
- ♦ Higher Diploma in Mindfulness, Management and Emotional Intelligence
- ♦ Systemic Coach

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*Take the step to get up to date
on the latest developments in
Emotional Intelligence”*

05

Structure and Content

The syllabus of this Professional Master's Degree consists of a library of educational resources made up of video summaries of each topic, specialized readings, interactive diagrams and simulations of real cases, which will allow the professional to acquire advanced knowledge in Emotional Intelligence. In addition, thanks to the Relearningsystem, students studying this program will reduce the long hours of study so frequent in other teaching methods. This will make this online program more dynamic, visual and attractive.





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Access a program with all the latest educational tools to help you delve more dynamically into the emotional brain"

Module 1. The Emotional Brain

- 1.1. The Emotional Brain
- 1.2. Positive Emotions vs. Negative
- 1.3. Arousal vs Valencia
- 1.4. Emotional Intelligence and the Education of Emotions According to the Mayer and Salovey Model
- 1.5. Other Models of Emotional Intelligence and Emotional Transformation
- 1.6. Socio-Emotional Skills and Creativity According to Level of Intelligence
- 1.7. Emotional Coefficient vs. Intelligence
- 1.8. Alexithymia vs. HyperEmotivity
- 1.9. Emotional Health
- 1.10. The Social Brain

Module 2. Emotional Intelligence

- 2.1. Emotional Intelligence Concept
- 2.2. Theories and Models of Emotional Intelligence
- 2.3. Components of Emotional Intelligence
- 2.4. Physiology of Emotional Intelligence
- 2.5. Evolution of Emotional Intelligence
- 2.6. Evaluation of Emotional Intelligence
- 2.7. Emotional Intelligence Gender Differences
- 2.8. The social influence of Emotional Intelligence
- 2.9. Family and Emotional Intelligence
- 2.10. Myths and Truths of Emotional Intelligence



Module 3. Emotional Intelligence in Pre-School 0-6 Years Old

- 3.1. Characteristics of Childhood
- 3.2. Emotions in Childhood
- 3.3. The Role of Parents in Childhood
- 3.4. The Role of Others in Childhood
- 3.5. Development in Childhood
- 3.6. Emotional Disturbances in Childhood
- 3.7. Diagnosis in Childhood
- 3.8. Emotional Intelligence Intervention Tools in Childhood
- 3.9. Intervention with Emotional Intelligence in Childhood
- 3.10. Evaluation of the Efficiency of Emotional Intelligence in Early Childhood

Module 4. Emotional Intelligence in Pre-School Teachers

- 4.1. The Role of a Pre-School Teacher
- 4.2. Functions and Limits of a Pre-School Teacher
- 4.3. Pre-School Teacher Detection and Diagnosis
- 4.4. Pre-School Teacher Emotional Intelligence Tool
- 4.5. Pre-School Teacher Intervention in Emotional Intelligence
- 4.6. Effectiveness of a Pre-School Teacher's Intervention in Emotional Intelligence
- 4.7. Pre-School Teacher Conflict with Colleagues
- 4.8. Pre-School Teacher Conflict with Parents
- 4.9. Intervention of Emotional Intelligence in the Conflict of a Pre-School Teacher
- 4.10. Intervention of Emotional Intelligence in the Work Environment of the Pre-School Teacher

Module 5. Emotional Intelligence in Primary School Teachers

- 5.1. The Role of a Primary School Teacher
- 5.2. Functions and Limits of a Primary School Teacher
- 5.3. Primary School Teacher Detection and Diagnosis
- 5.4. Primary School Teacher Emotional Intelligence Tools
- 5.5. Primary School Teacher Intervention in Emotional Intelligence
- 5.6. Effectiveness of a Primary School Teacher's Intervention in Emotional Intelligence
- 5.7. Primary School Teacher Conflict with Colleagues
- 5.8. Primary School Teacher Conflict with Parents
- 5.9. Intervention of Emotional Intelligence in the Conflict of a Primary School Teacher
- 5.10. Intervention of Emotional Intelligence in the Work Environment of a Primary School Teacher

Module 6. Emotional Intelligence in Primary School 6-12 Years Old

- 6.1. Characteristics of Elementary School
- 6.2. Emotions in Elementary School
- 6.3. The Role of Parents in Elementary School
- 6.4. The Role of Others in Elementary School
- 6.5. Develop of Elementary School
- 6.6. Emotional Disturbances in Elementary School
- 6.7. Diagnosis in Elementary School
- 6.8. Emotional Intelligence Intervention Tools in Elementary School
- 6.9. Intervention with Emotional Intelligence in Elementary School
- 6.10. Evaluation of the Efficiency of Emotional Intelligence in Elementary School

Module 7. Emotional Intelligence in Middle School and High School
12-16 Years Old

- 7.1. Characteristics of High School
- 7.2. Emotions in High School
- 7.3. The Role of Parents in High School
- 7.4. The Role of Others in High School
- 7.5. Development in High School
- 7.6. Emotional Disturbances in High School
- 7.7. Diagnosis in High School
- 7.8. Emotional Intelligence Intervention Tools in High School
- 7.9. Intervention with Emotional Intelligence in High School
- 7.10. Evaluation of the Efficiency of Emotional Intelligence in High School

Module 8. Emotional Intelligence in High School Teachers

- 8.1. The Role of a High School Teacher
- 8.2. Functions and Limits of a High School Teacher
- 8.3. High School Teacher Detection and Diagnosis
- 8.4. High School Teacher Emotional Intelligence Tools
- 8.5. High School Teacher Intervention in Emotional Intelligence
- 8.6. High School Teacher's Intervention in Emotional Intelligence
- 8.7. High School Conflict with Colleagues
- 8.8. High School Teacher Conflict with Parents
- 8.9. Intervention of Emotional Intelligence in the Conflict of a High School Teacher
- 8.10. Intervention of Emotional Intelligence in the Work Environment of a High School Teacher





Module 9. Educational Coaching

- 9.1. Defining Coaching
- 9.2. Coaching Tools
- 9.3. Requirements of Coaching
- 9.4. Coaching Applied in the Classroom
 - 9.4.1. Coaching Exercises in Class
 - 9.4.2. Coaching Tools in Class
- 9.5. Evaluation of the Intervention of Educational Coaching
- 9.6. Efficiency of Educational Coaching
- 9.7. Educational Proposals from Coaching
- 9.8. Participation of Education Staff in Coaching

Module 10. Educational Leadership

- 10.1. Structures of Power in an Education Center
- 10.2. Election and Functions of the Leader
- 10.3. Workplace Environment
- 10.4. School Conflict Among Teachers
- 10.5. Conflict with Students
- 10.6. Group Intervention Techniques
- 10.7. Leadership Techniques
- 10.8. Intervention Among Teachers
- 10.9. Intervention in the Classroom
- 10.10. Change in the Classroom

“Apply educational coaching with maximum rigor in your classroom thanks to this university program”

06

Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





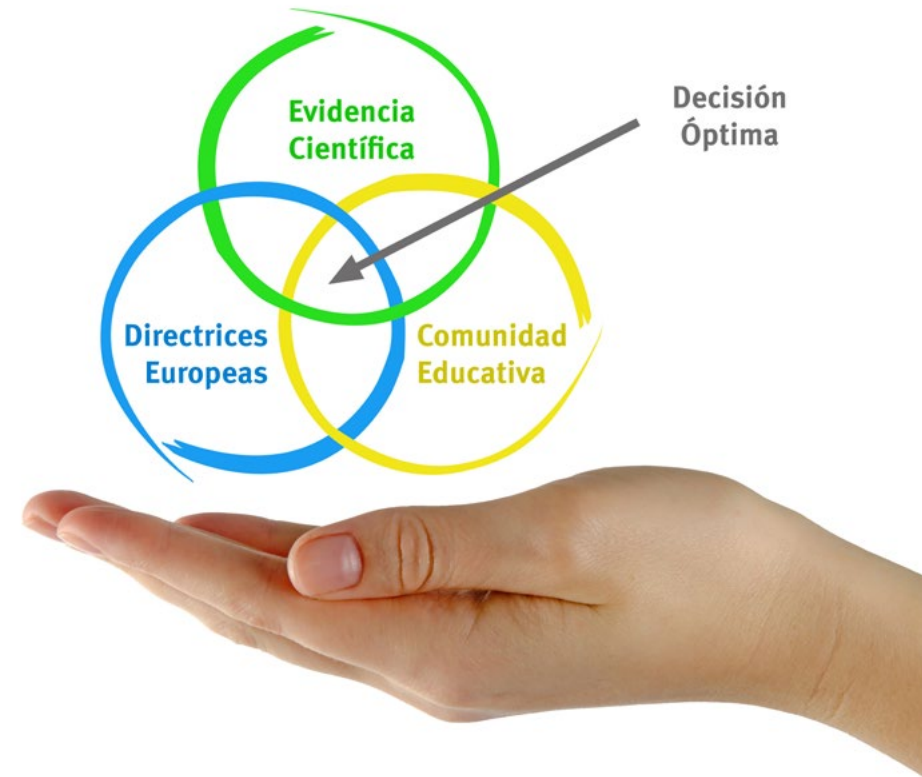
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.



It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



07

Certificate

The Professional Master's Degree in Emotional Intelligence guarantees you, in addition to the most rigorous and up-to-date training, access to a Professional Master's Degree issued by TECH Technological University.



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*Successfully complete this program
and receive your university degree
without travel or laborious paperwork”*

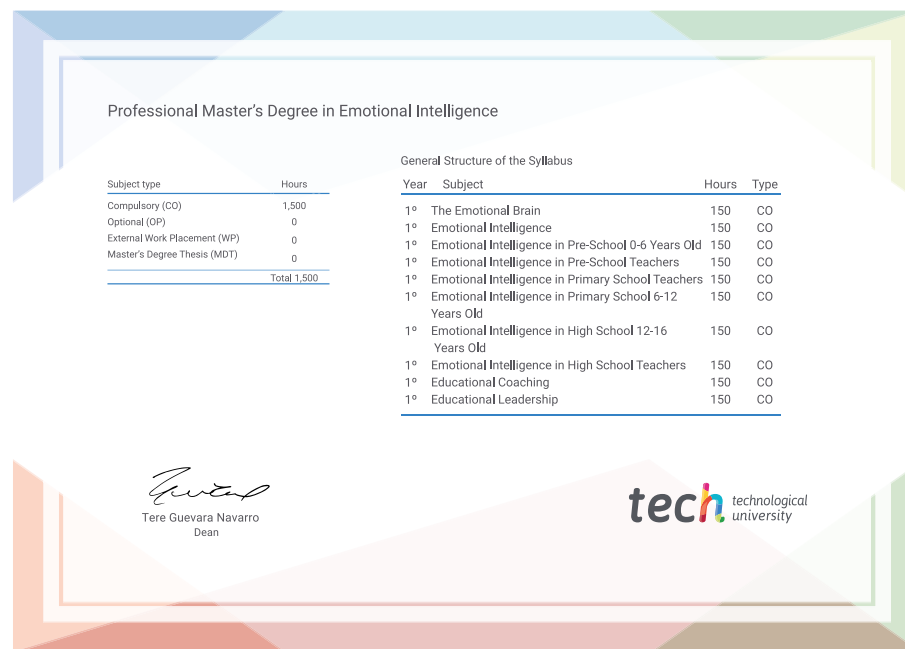
This **Professional Master's Degree in Emotional Intelligence** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Professional Master's Degree** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Professional Master's Degree, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Professional Master's Degree in Emotional Intelligence**

Official N° of hour: **1,500 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development large
virtual classroom



Professional Master's Degree Emotional Intelligence

- » Modality: online
- » Duration: 12 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Professional Master's Degree

Emotional Intelligence

