

# Postgraduate Diploma

## Therapeutic Education in Child and Adolescent Psychopathology





## Postgraduate Diploma Therapeutic Education in Child and Adolescent Psychopathology

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Credits: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/us/education/postgraduate-diploma/postgraduate-diploma-therapeutic-education-child-adolescent-psychopathology](http://www.techtitute.com/us/education/postgraduate-diploma/postgraduate-diploma-therapeutic-education-child-adolescent-psychopathology)

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# 01

# Introduction

A detailed knowledge of the background of Child and Adolescent Psychopathology can be, for any Education professional, a key aspect when specializing in this area and working in the recognition of this type of case. Thanks to this, it would be possible to adapt the teaching methodology to the specifics of each case in a simpler and more conscientious way, enhancing the learning of their students with special needs. For this purpose, TECH Global University has prepared this exhaustive program, designed by experts in Psychology and oriented to teaching specialization. All this through a convenient 100% online format, thanks to which you will be able to perfect your skills from wherever you want and with a schedule totally adapted to your time availability.



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*A perfect program to work on communication and language techniques with children and adolescents with psychopathologies in a 100% online way"*

For any teaching professional, whether versed in the child area, as in the more advanced stages and related to adolescence, having a series of specialized knowledge in the area of psychopathology has become a necessity. This is because teachers and professors play a very important role in the diagnostic process and subsequent therapeutic evaluation, not only because they are aware of the student's academic development but also because they spend many hours a day with the student and can identify those areas in which they may present deficiencies (relationship, comprehension, communication, etc.).

Therefore, in order to know the background of general psychology, as well as the processes of evaluation and diagnosis in the child and adolescent stage, you must have a specific program that provides you with this information, one like this Postgraduate Diploma in Therapeutic Education in Child and Adolescent Psychopathology designed by TECH. Technological University. This is a multidisciplinary, dynamic, and innovative qualification, developed over six months and including 450 hours of the best theoretical, practical, and additional content.

Thanks to this, the graduate will be able to delve into the different sections of the syllabus, designed by experts in Psychology and Education, through detailed videos, research articles, complementary readings, and images. A program that is also presented in a convenient and accessible 100% online format, compatible with any device with an Internet connection and in which all the content can be downloaded for later consultation. In this way, TECH offers an academic experience that will undoubtedly exceed your expectations in less time than you think.

This **Postgraduate Diploma in Therapeutic Education in Child and Adolescent Psychopathology** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Education
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*A qualification that includes 450 hours of the best theoretical, practical, and additional practical content, thanks to which you can delve into the aspects of the syllabus in a personalized way"*

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*You will be able to delve into the importance of the role of families in psychopathological diagnosis so that you can take advantage of tutorials to work with parents on the most effective strategies"*

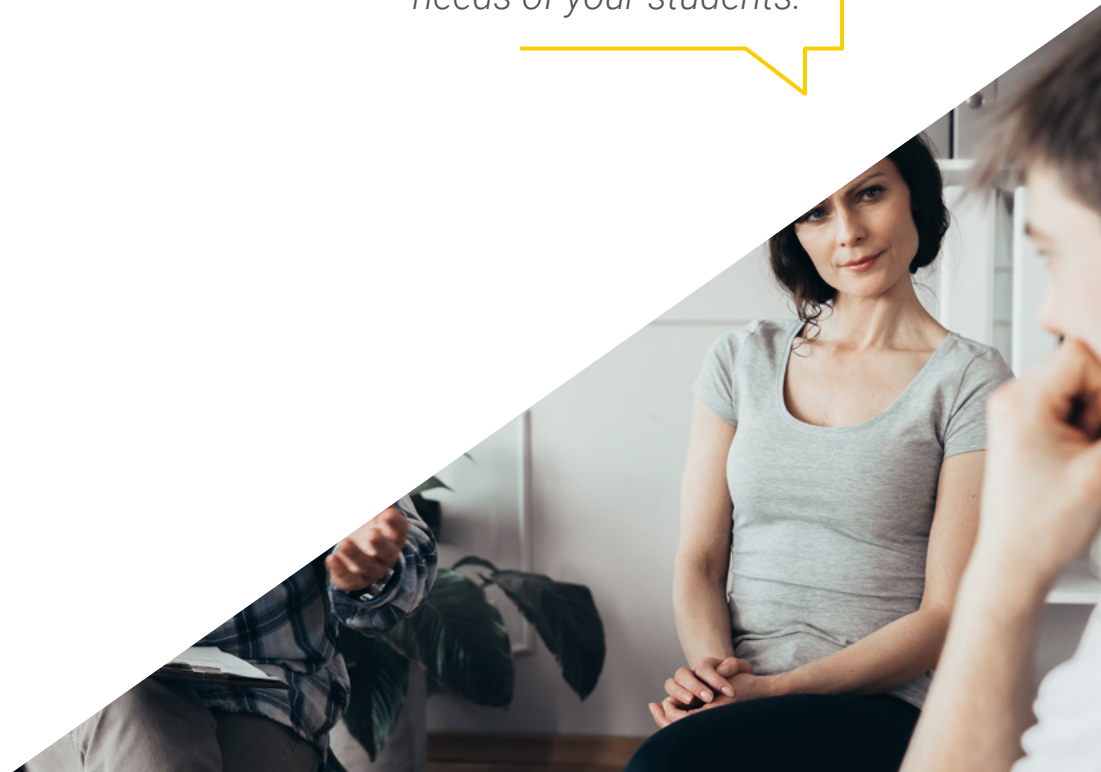
*A program with which you will become a more prepared teacher, something that will be reflected in the quality and specialization of your classes.*

*Demonstrate your commitment to teaching with a Postgraduate Diploma course tailored to the needs of your students.*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.



# 02

# Objectives

TECH and its team of experts have decided to undertake this university program with the aim of providing teaching professionals with a qualification adapted to their needs and those of their students. That is why it will provide you with the most exhaustive and complete information, as well as the most innovative tools in the academic sector, facilitating the acquisition of knowledge and allowing you to perfect your skills and competencies in only 450 hours and 100% online.







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*Are you looking for a qualification to work with behavior modification techniques through learning? With this program, you will achieve your goals in less than 6 months"*



## General Objectives

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- Review the history of psychology in the field of child and adolescent
- Know in detail the latest developments related to the evaluation and diagnostic processes in the field
- Develop a broad clinical management of the psychological tools that are currently obtaining the best results



*You set the goals, we give you all the educational material you need to achieve them"*





## Specific Objectives

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### **Module 1. History of Psychology: Child and Adolescent Psychopathology**

- ♦ Know the most Influent psychological currents of the history of this discipline
- ♦ Study and know how Child and Psychopathology emerged and the importance of the study of children and adolescents in the field of psychology
- ♦ Gain knowledge about the development and the differences between what is considered normal and what is considered pathological in the child and adolescent stage
- ♦ Study the influential theories of child development in relation to their influence on child and adolescent psychopathology

### **Module 2. Therapeutic Relationship with the Child Assessment and Diagnosis Process in Child and Adolescent Psychopathology**

- ♦ Know the process of the therapeutic relationship with the child and adolescent and the most appropriate knowledge forms of communication for the success of therapy in the child and adolescent stage
- ♦ Know the assessment and diagnosis process used with patients in the child and adolescent stage
- ♦ Study the assessment instruments and the areas of importance to be assessed in the child and adolescent stage
- ♦ Study how the family is involved in therapy with minors

### **Module 3. Treatment and Intervention of Child and Adolescent Psychopathologies. General Treatment Principles**

- ♦ Know and study the main treatments for psychopathologies in childhood and adolescence
- ♦ Study the different modulating theories of human behavior in childhood
- ♦ Get to know the future perspectives in the treatment of childhood and adolescent psychopathologies

03

# Course Management

This academic program includes the most specialized teaching staff in the current educational market. They are specialists selected by TECH to develop the whole syllabus. In this way, starting from their own existence and the latest evidence, they have designed the most up-to-date content that provides a guarantee of quality in such a relevant subject.





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*TECH offers the most specialized teaching staff in the field of study. Enroll now and enjoy the quality you deserve”*

## International Guest Director

With a solid career in the field of **mental health**, Dr. Fairlee C. Fabrett is considered a true international reference. The expert has a prominent professional and research career, focused on improving the quality of **psychological care** in general, but with special emphasis on the approach to **child and adolescent patients**.

For more than a decade, the specialist has maintained a continuous link with the prestigious **McLean Hospital of Mass General Brigham**. At that institution, she has led several **clinical projects**. Among other roles, she has been involved in the **supervision** of innovative **treatment models**. Along with the rest of the team in the **Division of Child and Adolescent Psychiatry**, he has also implemented comprehensive, multidisciplinary work strategies to address disorders such as **Anxiety, Emotional and Mood Dysfunction**.

Her commitment to the training of other specialists has prompted her to develop an internship program for graduate students in Psychology. An academic training that not only aligns with the functions of McLean Hospital, but provides a holistic view on the most disruptive therapeutic trends. In addition, he is responsible for the adaptation and implementation of several outpatient treatment manuals, with significant therapeutic results.

At the same time, she runs a **Clinical Fellowship Program** designed to provide recent graduates with specific training to become **counselors** or **community residency coordinators**. Most of the graduates of this initiative have played a crucial role in supporting the **integration** and **motivation** of children and adolescents with mental health problems, both inside and outside McLean Hospital itself.

Also noteworthy is the **careful preparation** that Dr. Fabrett has sustained throughout her professional experience. A graduate of Arizona State University with a Ph.D. in **Clinical Psychology**, she has pursued advanced studies at Harvard University.



## Dr. Fabrett, Fairlee C.

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- Director of the Division of Child and Adolescent Psychiatry at McLean Hospital, Belmont, USA
- Academic of Psychiatry at Harvard University
- Psychologist at Cambridge Health Alliance, Cambridge, Cambridge, UK
- Doctorate in Clinical Psychology from Arizona State University
- B.S. in Psychology from the University of Arizona
- Clinical Psychology Fellowship at Harvard Medical School, Harvard Medical School
- Academic Post-Doctoral Fellowship at McLean Hospital

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*Thanks to TECH you will be able to learn with the best professionals in the world”*

# 03

## Structure and Content

TECH has managed in a very short time to rank among the best online universities in the world. This has been possible thanks to the creation of complete, exhaustive, dynamic, and highly capacitating programs using the most effective pedagogical methodology: *Relearning*. An example of this is this Postgraduate Diploma, which includes the latest scientific evidence in the field of Child and Adolescent Psychopathology adapted to teaching, with a specialized syllabus and hours of additional material of high quality and in different formats to deepen each section in a personalized way.







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*One of the tools TECH uses to help you achieve your educational objectives is to include in all its programs the clinical cases taken from real consultations so that you can put your skills into practice”*

## Module 1. History of Psychology: Child and Adolescent Psychopathology

- 1.1. Background of General Psychology
  - 1.1.1. The Birth of Scientific Psychology
  - 1.1.2. Psychology In the first Half of the 20th Century
  - 1.1.3. Psychology In the Second Half of the 20th Century
- 1.2. Child Psychology. Why Should We Study Children?
  - 1.2.1. What is Child Psychology?
  - 1.2.2. Developmental Psychology
  - 1.2.3. Why Should We Study Children?
  - 1.2.4. Topics of Study in Developmental Psychology
- 1.3. Historical Evolution of Child and Adolescent Psychopathology
  - 1.3.1. What is Child and Adolescent Psychopathology?
  - 1.3.2. Historical Evolution of Child and Adolescent Psychopathology
  - 1.3.3. Methodological Foundations of Child Psychopathology
- 1.4. Normal Psychological Development
  - 1.4.1. What is Normal Psychological Development?
  - 1.4.2. Factors Influencing Normal Psychological Development
- 1.5. Theories of Child Development
  - 1.5.1. What Are Child Development Theories?
  - 1.5.2. Main Theories of Child Development
- 1.6. Evolution and Transitions between Normal and Pathological
  - 1.6.1. What is Normal?
  - 1.6.2. What is a Psychopathological Problem?
  - 1.6.3. Transitions between Normal and Pathological
- 1.7. General Etiology of Psychopathological Disorders in Childhood
  - 1.7.1. Introduction and Concept of "Etiology"
  - 1.7.2. Main Etiologies of Psychopathological Disorders in Childhood
- 1.8. Understanding Symptoms in Child Psychopathology
  - 1.8.1. Concept of Symptoms and Signs of Somatic and Psychopathological Illness
  - 1.8.2. How to Identify Symptoms in Child Psychopathology
  - 1.8.3. Possible Masks of Childhood and Adolescent Psychopathology

- 1.9. Personal Characteristics and Most Common History of the Disease in Childhood
  - 1.9.1. Background of Disease in the Childhood
  - 1.9.2. Inheritance-Environment
  - 1.9.3. Personal Characteristics Influencing the Development of Disease in Childhood
- 1.10. Major or Minor Psychopathological Problems and Difficulties
  - 1.10.1. Minor Psychopathological Problems
  - 1.10.2. Major Psychopathological Problems

## Module 2. Therapeutic Relationship with the Child Assessment and Diagnosis Process in Child and Adolescent Psychopathology

- 2.1. Therapeutic Relationship with Children and Adolescents
  - 2.1.1. Infant and Adolescent Characteristics
  - 2.1.2. Establishment of a Therapeutic Alliance with the Minor
  - 2.1.3. Keys in the Therapeutic Relationship
- 2.2. Communication and Language Techniques in the Therapeutic Relationship in Childhood and Adolescence
  - 2.2.1. Importance of Communication and Language Techniques in the Therapeutic Relationship with the Minor
  - 2.2.2. Most Common Communication and Speech Techniques for Successful Psychological Therapy with the Infant
  - 2.2.3. Communication Difficulties in Therapy
- 2.3. Evaluation and Diagnosis Process in Childhood: Phases
  - 2.3.1. The Assessment Process in the Childhood and Adolescence Stage
  - 2.3.2. Diagnosis in Childhood and Adolescence
- 2.4. Areas of Psychological Functioning to be Assessed
  - 2.4.1. Main Areas of Psychological Functioning to be Assessed in the Child and Adolescent Stage
  - 2.4.2. Other Areas of Functioning to be Considered by the Therapist
- 2.5. Diagnostic Objectives
  - 2.5.1. Keys to an Accurate Diagnosis
  - 2.5.2. Main Objectives in the Diagnosis of the Most Common Psychopathologies in Childhood and Adolescence

- 2.6. The Assessment and Diagnostic Process: Means for Assessment and Diagnosis
  - 2.6.1. Interview
  - 2.6.2. Main Instruments Used in the Diagnosis of Psychopathologies in Childhood and Adolescence
- 2.7. Evolution of Assessment and Diagnostic Instruments
  - 2.7.1. Introduction to the Most Common Assessment and Diagnostic Instruments
  - 2.7.2. New Lines of Assessment and Diagnosis
- 2.8. Errors in Diagnosis in the Childhood and Adolescence Stage
  - 2.8.1. When Can Errors in Diagnosis Occur?
  - 2.8.2. Modulating Factors
  - 2.8.3. Most common mistakes
- 2.9. Framing of the Family System in Psychological Therapy
  - 2.9.1. Concept of Family System
  - 2.9.2. The Family System in Psychological Therapy
  - 2.9.3. Problems Related to Family Involvement in the Minor's Therapy
- 2.10. Family Evaluation
  - 2.10.1. Family Therapy vs. Individual Therapy
  - 2.10.2. Key Aspects for Family Assessment
  - 2.10.3. Measuring Instruments in Family Assessment
- 3.5. Functional Analysis
  - 3.5.1. Introduction to Functional Analysis
  - 3.5.2. Functional Analysis in Psychological Therapy
- 3.6. Systemic Therapy
  - 3.6.1. Introduction to Systemic Therapy
  - 3.6.2. Systemic Therapy Today
- 3.7. Strategic Therapy and Constructivism
  - 3.7.1. Introduction to Strategic Therapy
  - 3.7.2. Introduction to Constructivism
- 3.8. Cognitive restructuring
  - 3.8.1. Introduction to Cognitive Restructuring
  - 3.8.2. Cognitive Restructuring as a Treatment Nowadays
- 3.9. Future Prospects for Treatment Planning
  - 3.9.1. New Prospects for Treatment in Childhood and Adolescence

### Module 3. Treatment and Intervention of Child and Adolescent Psychopathologies. General Treatment Principles

- 3.1. Factors Influencing Treatment Outcome
  - 3.1.1. Modulating Factors in Child Treatment
- 3.2. Treatment Modalities
  - 3.2.1. Introduction to the Treatment of Child and Adolescent Psychopathology
  - 3.2.2. Different Treatment Modalities for Children and Adolescents
- 3.3. Bandura's Vicarious Learning
  - 3.3.1. History of Bandura
  - 3.3.2. Bandura's Vicarious Learning Theory
- 3.4. Behavior Modification Techniques
  - 3.4.1. Introduction to Behavior Modification
  - 3.4.2. Main Behavior Modification Techniques
  - 3.4.3. Behavior Modification Techniques at Present



*Go for TECH and invest your time in a qualification that guarantees you a more specialized professional future and more opportunities for your students"*

04

# Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

*With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



*It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.*

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful. Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05

# Certificate

The Postgraduate Diploma in Therapeutic Education in Child and Adolescent Psychopathology guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This program will allow you to obtain your **Postgraduate Diploma in Therapeutic Education in Child and Adolescent Psychopathology** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

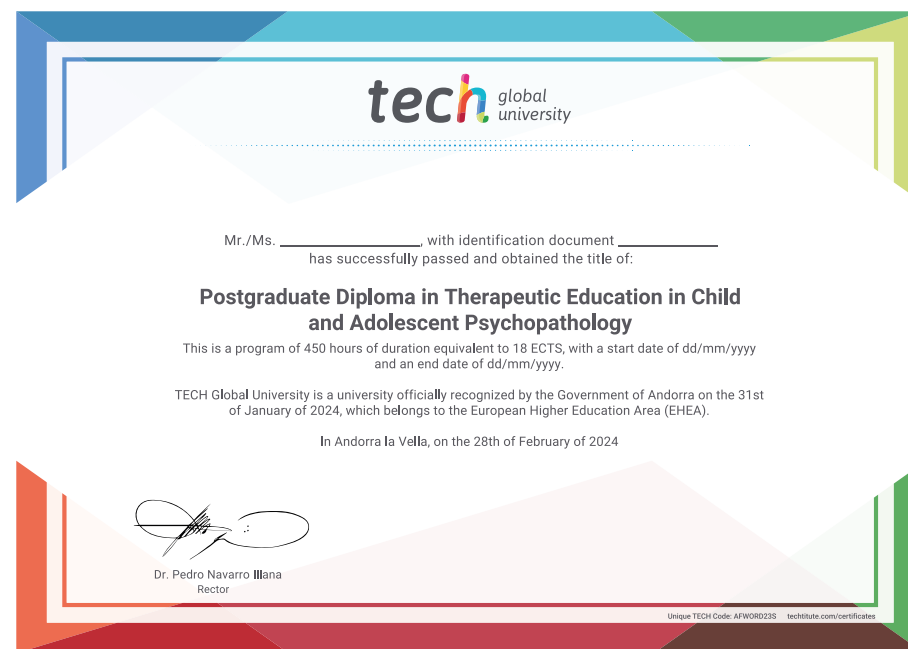
This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Therapeutic Education in Child and Adolescent Psychopathology**

Modality: **online**

Duration: **6 months**

Accreditation: **18 ECTS**



future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



**Postgraduate Diploma**  
Therapeutic Education  
in Child and Adolescent  
Psychopathology

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