Postgraduate Diploma
Psychological Intervention Techniques with the Child and Adolescent Population

tech global university

Postgraduate Diploma

Psychological Intervention
Techniques with the Child
and Adolescent Population

- » Modality: **online**
- » Duration: **6 months**
- » Certificate: **TECH Global University**
- » Credits: **18 ECTS**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/us/education/postgraduate-diploma/postgraduate-diploma-psychological-intervention-techniques-child-adolescent-population**

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01
Introduction

The game, the metaphor or the story are just some of the intervention techniques used by psychology professionals to serve the child and adolescent population: tools widely developed in the educational field, and that the teaching professional knows. However, the different techniques used in psychology are equally important in the treatments applied in this field, and will help teachers to grow in their field. This qualification provides an opportunity to acquire this indispensable knowledge through a 100% online modality, which gives students the possibility of acquiring a high-level education without neglecting other areas of their lives.

A university qualification that allows you to acquire advanced knowledge with the Relearning system, which reduces the long hours of study"

This Postgraduate Diploma, aimed at teaching professionals, offers an exhaustive knowledge of psychological intervention techniques in the child and adolescent population. A program taught by an expert team in this field, which will allow teachers to acquire a current learning through the most innovative content in the teaching field.

A six-month program to delve into the most recent studies for the approach to children and adolescents suffering from depression, anxiety, phobias or recurrent fears at this stage of human development. The multimedia content and simulations of real clinical cases will be very useful for teachers who wish to apply or learn how to intervene with patients suffering from this type of disorders, as well as behavior modification in children.

A university qualification that provides teachers with an excellent opportunity to progress in their development as teachers, thanks to a syllabus with a theoretical-practical approach that can be accessed at any time of the day with an electronic device with an Internet connection. In this way, students will be able to distribute the teaching load according to their needs and make their professional careers compatible with their work and/or personal responsibilities. An agile teaching system in line with the current demands of the professionals in the sector.

This **Postgraduate Diploma in Psychological Intervention Techniques with Child and Adolescent Population** contains the most complete and up-to-date educational program on the market. The most important features include:

- The development of practical cases presented by experts in Psychology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the process of self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

Real clinical cases will be useful for your daily application in your classroom. Improve your skills as a teacher in this Postgraduate Diploma"

Do you know the latest advances in the treatment of stress, eating disorders and behavioral disorders in children? This online program will provide you with the most current knowledge"

This qualification will allow you to learn about the different theories and methods used in the approach to adolescents with disorders.

This program will teach you techniques that go beyond the game or the story to intervene psychologically with minors.

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in a contextual and situated learning environment, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, by means of which professionals must try to solve the different professional practice situations that are presented to them throughout the academic year. For this purpose, students will be assisted by an innovative interactive video system developed by renowned experts.

Objectives

This Postgraduate Diploma provides students with the most advanced and recent knowledge in the area of psychology, specifically in the techniques used for intervention in the child and adolescent population. At the end of this online program, teaching professionals will acquire a comprehensive learning in the different tools used, the theoretical currents of behavior modification or future prospects in treatment. All this with a system, *Relearning*, which will help them to acquire knowledge in a more natural and progressive way.

Enroll in a university qualification that gives you the possibility of accessing the entire syllabus, with no fixed schedule or classroom sessions"
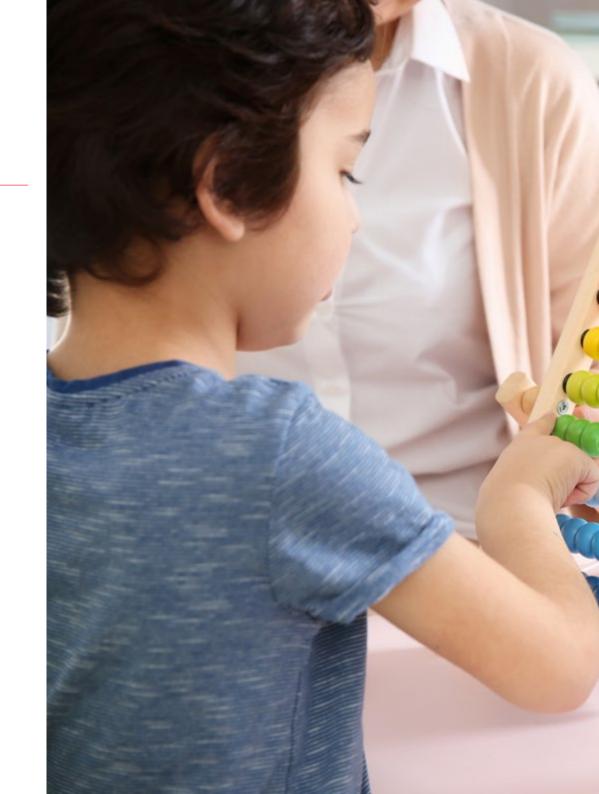
General Objectives

- Describe the therapeutic bond between the psychotherapist and the minor patient
- Analyze the changes in behavior during the life cycle
- Differentiate between the evolutionary adaptation and adaptability of human beings
- Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- Master psychodiagnosis and evaluation in the child and adolescent framework
- Control personality assessment at these ages
- Identify the role of the family in child and adolescent diagnosis
- Specify the intervention in clinical psychology at these age groups
- Develop sufficient management skills in the child and adolescent clinical psychology

Enroll in a Postgraduate Diploma that will show you the most used techniques in behavior modification"

Specific Objectives

Module 1. Intervention Techniques
- Establish different intervention tools in order to treat children and adolescents
- Get to know the theoretical principles of play, metaphor and storytelling as intervention techniques
- Apply certain intervention tools taking into account the social and emotional situation of the child and adolescent
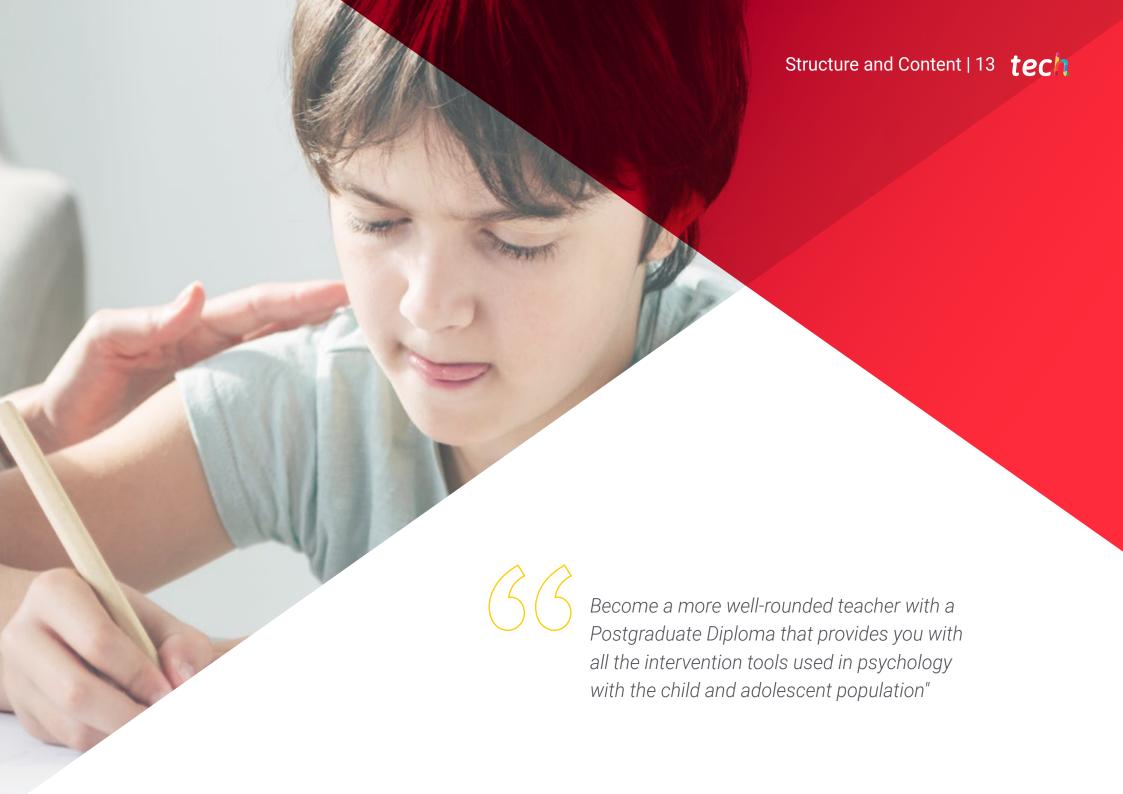
Module 2. Treatment and Intervention of Child and Adolescent Psychopathologies
- Identify the main treatments for clinical psychopathologies in childhood and adolescence
- Study the different modulating theories of human behavior in childhood
- Get to know the future perspectives in the treatment of childhood and adolescent psychopathologies

Module 3. Behavior Modification
- Analyze the principles of behavior modification techniques
- Know and recognize the different theoretical currents of behavior modification
- Identify how to apply behavior modification techniques

03

Structure and Content

This Postgraduate Diploma has a syllabus developed by a specialized teaching team, which provides, in the 3 modules that make up this qualification, a broad content in which the main intervention techniques used in psychology for the approach of patients in child and adolescent stage are shown. All this with a multimedia content based on video summaries, interactive diagrams, complementary readings that will facilitate the acquisition of content and which can be accessed 24 hours a day for viewing.

Become a more well-rounded teacher with a Postgraduate Diploma that provides you with all the intervention tools used in psychology with the child and adolescent population"

Module 1. Intervention Techniques

1.1.   Beck's Cognitive Therapy
    1.1.1.   Who Is Beck?
    1.1.2.   Fundamentals of Cognitive Therapy
    1.1.3.   Clinical Use
1.2.   Problem-Solving Therapy
    1.2.1.   Introduction to Problem-Solving Therapy
    1.2.2.   Relevant Authors
    1.2.3.   Clinical Use
1.3.   Exposure Therapy
    1.3.1.   Types of Exposure
    1.3.2.   Relevant Authors
    1.3.3.   Clinical Use
1.4.   Modeling Techniques
    1.4.1.   Origin of Modeling
    1.4.2.   Techniques and Application
1.5.   Ellis Rational Emotive Behavior Therapy
    1.5.1.   Fundamentals of Rational Emotive Behavior Therapy
    1.5.2.   Clinical Use
1.6.   Humanistic Techniques
    1.6.1.   Fundamentals of Humanistic Therapy
    1.6.2.   Most Common Techniques
1.7.   Cognitive-Behavioral Techniques
    1.7.1.   Fundamentals of Rational Emotive Behavior Therapy
    1.7.2.   Clinical Use
1.8.   Gestalt Therapy
    1.8.1.   Fundamentals of Gestalt Therapy
    1.8.2.   Clinical Use
1.9.   Piaget's School
    1.9.1.   Fundamentals of Piaget's School
    1.9.2.   Clinical Use
1.10.   Mindfulness
    1.10.1. Origin of Mindfulness
    1.10.2. Mechanisms of Action
    1.10.3. Clinical Use

Module 2. Treatment and Intervention of Child and Adolescent Psychopathologies

2.1. Factors Influencing Treatment Outcome

2.1.1. Modulating Factors in Child Treatment

2.2. Treatment Modalities

2.2.1. Introduction to the Treatment of Child and Adolescent Psychopathology

2.2.2. Different Treatment Modalities for Children and Adolescents

2.3. Bandura's Vicarious Learning

2.3.1. History of Bandura

2.3.2. Bandura's Vicarious Learning Theory

2.4. Functional Analysis

2.4.1. Introduction to Functional Analysis

2.4.2. Functional Analysis in Psychological Therapy

2.5. Systemic Therapy

2.5.1. Introduction to Systemic Therapy

2.5.2. Systemic Therapy Today

2.6. Strategic Therapy and Constructivism

2.6.1. Introduction to Strategic Therapy

2.6.2. Introduction to Constructivism

2.7. Cognitive-Behavioral Therapy. Cognitive Restructuring

2.7.1. Introduction to Cognitive-Behavioral Techniques

2.7.2. Cognitive Restructuring Technique

2.7.3. Cognitive Restructuring as a Treatment Nowadays

2.8. Solution-Focused Brief Therapy

2.8.1. Introduction to Solution-Focused Brief Therapy

2.8.2. Techniques and Clinical Use

2.9. Psychotherapeutic Techniques

2.9.1. Introduction to Psychotherapeutic Techniques

2.9.2. The Main Psychotherapeutic Techniques Today

2.10. Future Prospects for Treatment Planning

2.10.1. New Prospects for Treatment in Childhood and Adolescence

Module 3. Behavior Modification

3.1. Main Theories and Authors

3.1.1. Beginnings of Behavioral Theories

3.1.2. Most Relevant Authors

3.2. Operant Techniques for Behavioral Enhancement

3.2.1. What Behaviors Do We Want to Increase?

3.2.2. Techniques to Increase Behavior

3.3. Operant Techniques for Acquisition

3.3.1. What Behaviors Do We Want to Acquire?

3.3.2. Development of Techniques to Facilitate the Acquisition of Behaviors

3.4. Techniques to Reduce or Eliminate

3.4.1. What Behaviors Do We Want to Eliminate?

3.4.2. Techniques to Reduce or Extinguish a Behavior

3.5. Token Economy Program

3.5.1. Theoretical Basis for the Token Economy

3.5.2. Its Use in the Classroom

3.5.3. Its Clinical Use

3.6. Contingency Contracts

3.6.1. Theoretical Principles of Contingency Contracts

3.6.2. Application of Contingency Contracts

3.7. Most Common Operant Techniques

3.7.1. Classical Operant Techniques

3.7.2. Operant Techniques Oriented to Clinical Psychology

3.8. Latest Applications and Studies

3.8.1. Neobehavioral Theories

3.8.2. Main Authors

3.8.3. Research Lines

3.9. Behavioral Assessment

3.9.1. Behavioral Assessment Strategies

3.9.2. Functional Analysis of Behavior
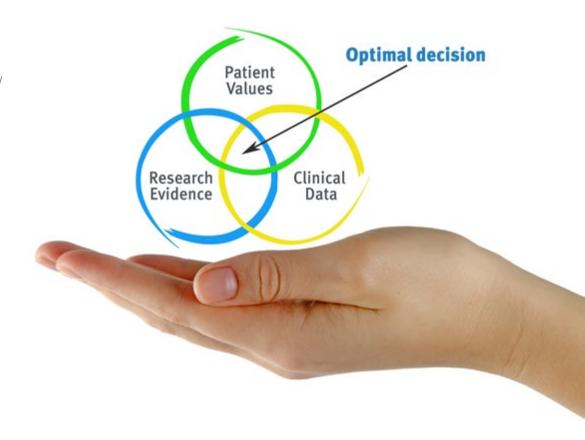
Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they w have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.

It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.

2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.
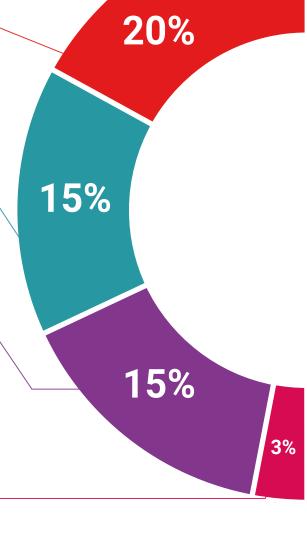
Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

7%

3%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.
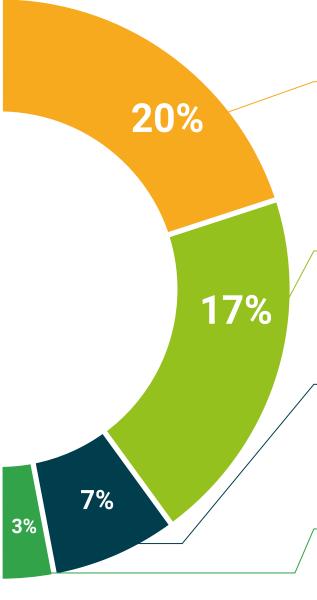
Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

05
Certificate

The Postgraduate Diploma in Psychological Intervention Techniques with the Child and Adolescent Population guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This program will allow you to obtain your **Postgraduate Diploma in Psychological Intervention Techniques with the Child and Adolescent Population** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Psychological Intervention Techniques with the Child and Adolescent Population**

Modality: **online**

Duration: **6 months**

Accreditation: **18 ECTS**

Mr./Ms. _____ with identification document _____
has successfully passed and obtained the title of:

Postgraduate Diploma in Psychological Intervention Techniques with the Child and Adolescent Population

This is a program of 450 hours of duration equivalent to 18 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Rector

Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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