

# Postgraduate Diploma Emotional Intelligence in Secondary Education for Teachers





## Postgraduate Diploma Emotional Intelligence in Secondary Education for Teachers

Course Modality: **Online**

Duration: **6 months.**

Certificate: **TECH - Technological University**

**24 ECTS Credits**

Teaching Hours: **600 hours.**

Website: [www.techtute.com/us/education/postgraduate-diploma/postgraduate-diploma-emotional-intelligence-secondary-education-teachers](http://www.techtute.com/us/education/postgraduate-diploma/postgraduate-diploma-emotional-intelligence-secondary-education-teachers)

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# 01

# Introduction

Emotions are the fundamental axis of a large part of our lives, whether it is to make decisions related to the heart or even to buy any type of product or service. That's why advertising companies try to change our emotions by associating them with positive aspects.

However, emotions not only control our behavior as consumers, but they also affect all aspects of our lives, including health. This is why it is important to understand them and learn how to make the best use of them - an aspect that our Emotional Intelligence deals with.







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*This Postgraduate Diploma in Emotional Intelligence in Secondary Education for Teachers program for teachers will generate a sense of security in the performance of your profession, which will help you grow personally and professionally"*

Hence the need to have qualified and prepared professionals who know the origin, justification and application of Emotional Intelligence techniques during Secondary Education, thus achieving a greater personal and health balance.

There are many benefits of Emotional Intelligence in the school environment, improving the atmosphere among peers, facilitating learning and motivation of students. This program offers a unique opportunity to contemplate the wide range of Emotional Intelligence applied to Secondary Education with enough clarity to be applied correctly in professional practice.

This training helps professionals in this field to increase their ability to succeed, which results in better praxis and performance that will have a direct impact on educational outcomes, on the improvement of the educational system and on the social benefit for the whole community.

This **Postgraduate Diploma in Emotional Intelligence in in Secondary Educational for Teachers** contains the most complete and up-to-date Educational program on the market. The most important features of the program include:

- ♦ Development of case studies presented by experts in in Emotional Intelligence Primary Care Education. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ News on Emotional Intelligence in Secondary Education.
- ♦ It contains practical exercises where the self-evaluation process can be carried out to improve learning.
- ♦ With special emphasis on innovative methodologies in Emotional Intelligence Secondary Education for.
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.
- ♦ Content that is accessible from any fixed or portable device with an Internet connection.



*Update your knowledge through this Postgraduate Diploma in Emotional Intelligence in Secondary Education for teachers"*

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*This Postgraduate Diploma may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge Emotional Intelligence in Secondary Education for Teachers, you will obtain a Postgraduate Diploma from TECH - Technological University"*

Its teaching staff includes professionals belonging to the field of teaching and pedagogy, who bring to this training the experience of their work, in addition to recognized specialists belonging to prestigious reference societies and universities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

The program design is based on Problem-Based Learning, by means of which the educator must try to solve the different professional practice situations that arise throughout the course. For this, the educator will be assisted by an innovative interactive video system developed by recognized experts in the field of Emotional Intelligence in Secondary Education and with extensive teaching experience.

*Increase your decision-making confidence by updating your knowledge through this specialist course.*

*Take the opportunity to learn about the latest advances in Emotional Intelligence in Secondary Education for teachers and improve the training of your students.*



# 02

# Objectives

This Postgraduate Certificate in Emotional Intelligence in Primary Secondary for teachers is oriented to facilitate the performance of the professional dedicated to working with students in primary Secondary.





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*This Postgraduate Diploma is designed for you to update your knowledge in Emotional Intelligence in Secondary Education, with the use of the latest educational technology, to contribute with quality and security to the decision making and monitoring of your students”.*



## General Objective

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- ♦ Update the knowledge on emotional intelligence in its different fields of application, whether in the clinical, educational or labor area, in order to increase the quality of the professional's praxis in his performance.
- ♦ Introduce students to the vast world of emotional intelligence from a practical perspective, so that they learn about the different disciplines covered by emotions in relation to human behavior and its possibilities.
- ♦ Know the tools used in the practice of emotional intelligence.
- ♦ Enable the development of skills and abilities by encouraging continuous training and research.



## Specific Objectives

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- ♦ Understand unitary intelligence.
- ♦ Identify multiple intelligence.
- ♦ Discover the relationship between intelligence and the life cycle.
- ♦ Unravel the information on inherited intelligence.
- ♦ Classify the direct assessment of intelligence.
- ♦ Determine what the direct assessment of intelligence is.
- ♦ Identify the Flynn Effect.
- ♦ Understand the QI Test and its relationship to gender.
- ♦ Discover the relationship between the QI Test and the life cycle.
- ♦ Clarify the relationship between the QI Test and race.
- ♦ Define the role of intelligence tagging.
- ♦ Know Gardner's Theory.
- ♦ Classify high abilities.
- ♦ Explore the field of giftedness.
- ♦ Understand intellectual disabilities.
- ♦ Clarify the meaning of borderline personality.
- ♦ Discover what The Papez Circuit is.
- ♦ Exploring the limbic brain
- ♦ Analyze the amygdala and positive emotion
- ♦ Understand the function of the amygdala and negative emotion
- ♦ Recognize the intensity of emotion.
- ♦ Determine the affective value of emotion.
- ♦ Recognize the role of emotional intelligence.



- ◆ Know the Mayer and Salovey model.
- ◆ Differentiate between emotional maturity and emotional intelligence.
- ◆ Discover emotional relearning
- ◆ Observe the relationship between intelligence and social skills.
- ◆ Verify the connection between intelligence and creativity
- ◆ Analyze academic intelligence.
- ◆ Understand multiple intelligences
- ◆ Define emotional illiteracy.
- ◆ Explore hypersensitivity to emotions.
- ◆ Understand the relationship between intelligence and emotion.
- ◆ Recognize emotional intelligence.
- ◆ Analyze the relationship between creativity and intelligence.
- ◆ Discover the role of self-awareness and intelligence.
- ◆ Define emotional intelligence.
- ◆ Understand the relationship between the Central Nervous System and emotional intelligence.
- ◆ Explore the role of genetics in emotional intelligence.
- ◆ Define the life cycle of emotional intelligence.
- ◆ Recognize the qualitative assessment of emotional intelligence.
- ◆ Recognize the quantitative assessment of emotional intelligence.
- ◆ Understand the relationship between childhood and gender in emotional intelligence.
- ◆ Explore the relationship between adulthood and gender in emotional intelligence.
- ◆ Analyze the social determinism of emotional intelligence.
- ◆ Recognize social change in emotional intelligence.
- ◆ Define the role of family patterns in emotional intelligence.
- ◆ Exploring Family Styles in Emotional Intelligence
- ◆ Recognize Myths of emotional intelligence.
- ◆ Knowing the Truths of Emotional Intelligence



03

# Course Management

This program includes in its teaching staff experts of reference in Emotional Intelligence in Secondary Education, who share their work experience in this training. In addition, other experts of recognized prestige participate in its design and elaboration, completing the program in an interdisciplinary way.





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*Learn from reference professionals, the latest advances in procedures in the field of Emotional Intelligence in Secondary Education for teachers"*

## Management



**D. De la Serna, Juan Moisés**

- ♦ PhD in Psychology
- ♦ Master's Degree in Neurosciences and Behavioral Biology
- ♦ Director of the Open Chair of Psychology and Neurosciences and science communicator



**Dña. Jiménez Romero, Yolanda**

- ♦ Territorial Director of the Extremeño-Castilla La Mancha Institute of High Abilities
- ♦ Degree in Elementary Education
- ♦ Master's Degree in Neuropsychology of High Abilities
- ♦ Master's Degree in Emotional Intelligence. Specialist in NPL.



## Professors

### **Beltrán Carrete, Miguel**

- ♦ Teacher specialized in early childhood and primary education Winner of an honorable mention in 2002 in a prestigious pedagogical essay award. Congressman and seminarian as an advocate of the pedagogy of joy
- ♦ Promoter of the School of Joy through websites, blogs and other media, director and manager of the Children's Emotional Education Project.

### **D. Salido Durán, Daniel**

- ♦ Degree in Educational Sciences
- ♦ Postgraduate Diploma in Emotional Intelligence
- ♦ Masters Degree in Educational Coaching
- ♦ Transpersonal Therapist

### **D. Visconti, Martín**

- ♦ PhD in Education and Behavioral Sciences with specialization in Emotional Intelligence.
- ♦ Degree in Primary Education
- ♦ Master's Degree in Learning Difficulties and Cognitive Processes

### **Martínez Zarza, Ana M<sup>a</sup>**

- ♦ Psychopedagogue, Graduate in Personal Transformation Life Program
- ♦ Postgraduate Diploma in Emotional Intelligence



# 04

# Structure and Content

The structure of the contents has been designed by a team of professionals from the best educational institutions and universities in the country, who are aware of the relevance of up-to-date, innovative training, and are committed to quality teaching using new educational technologies.







“

*This Postgraduate Diploma in Emotional Intelligence in Secondary Educational for Teachers contains the most complete and up-to-date scientific program on the market”*

### Module 1. Emotions

- 1.1. The Emotional Brain.
- 1.2. Positive vs. Negative Emotions.
- 1.3. Arousal vs Valencia.
- 1.4. Emotional Intelligence and the Education of Emotions From the Model of Mayer and Salovey.
- 1.5. Other Models of Emotional Intelligence and Emotional Transformation.
- 1.6. Social-Emotional Competencies and Creativity according to the Level of Intelligence
- 1.7. Emotional Coefficient vs. Intelligence.
- 1.8. Alexithymia vs. HyperEmotivity.
- 1.9. Emotional Health.
- 1.10. The Social Brain.

### Module 2. Emotional Intelligence

- 2.1. Concept of Emotional Intelligence.
- 2.2. Theories and Models of Emotional Intelligence.
- 2.3. Components of Emotional Intelligence.
- 2.4. Physiology of Emotional Intelligence.
- 2.5. Evolution of Emotional Intelligence.
- 2.6. Evaluation of Emotional Intelligence.
- 2.7. Gender Differences of Emotional Intelligence.
- 2.8. The social Influence of Emotional Intelligence.
- 2.9. Family and Emotional Intelligence.
- 2.10. Myths and Truths of Emotional Intelligence.



### Module 3. Emotional Intelligence in Middle School High School 12(-16 Years Old)

- 3.1. Characteristics of Middle School and High School.
- 3.2. Emotions in Middle School and High School.
- 3.3. The Role of Parents in Middle School and High School.
- 3.4. The Role of Others in Middle School and High School.
- 3.5. Development in Middle School and High School.
- 3.6. Emotional Disturbances in Middle School and High School.
- 3.7. Diagnosis in Middle School and High School.
- 3.8. Emotional Intelligence Intervention Tools in Middle School and High School.
- 3.9. Intervention with Emotional Intelligence in Middle School and High School.
- 3.10. Evaluation of the Efficiency of Emotional Intelligence in Middle School and High School.

### Module 4. Emotional Intelligence in Middle School and High School Teachers

- 4.1. The Role of a Middle School and High School Teacher.
- 4.2. Functions and Limits of a Middle School and High School Teacher.
- 4.3. Middle School and High School Teacher Detection and Diagnosis.
- 4.4. Middle School and High School Teacher Emotional Intelligence Tools.
- 4.5. Middle School and High School Teacher Intervention in Emotional Intelligence.
- 4.6. Effectiveness of a Middle School and High School Teacher's Intervention in Emotional Intelligence.
- 4.7. Middle School and High School Teacher Conflict with Colleagues.
- 4.8. Middle School and High School Teacher Conflict with Parents.
- 4.9. Intervention of Emotional Intelligence in the Conflict of a Middle School and High School Teacher.
- 4.10. Intervention of Emotional Intelligence in the Work Environment of a Middle School and High School Teacher.



*A unique, key, and decisive  
Training experience to boost your  
professional development”*



05

# Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.





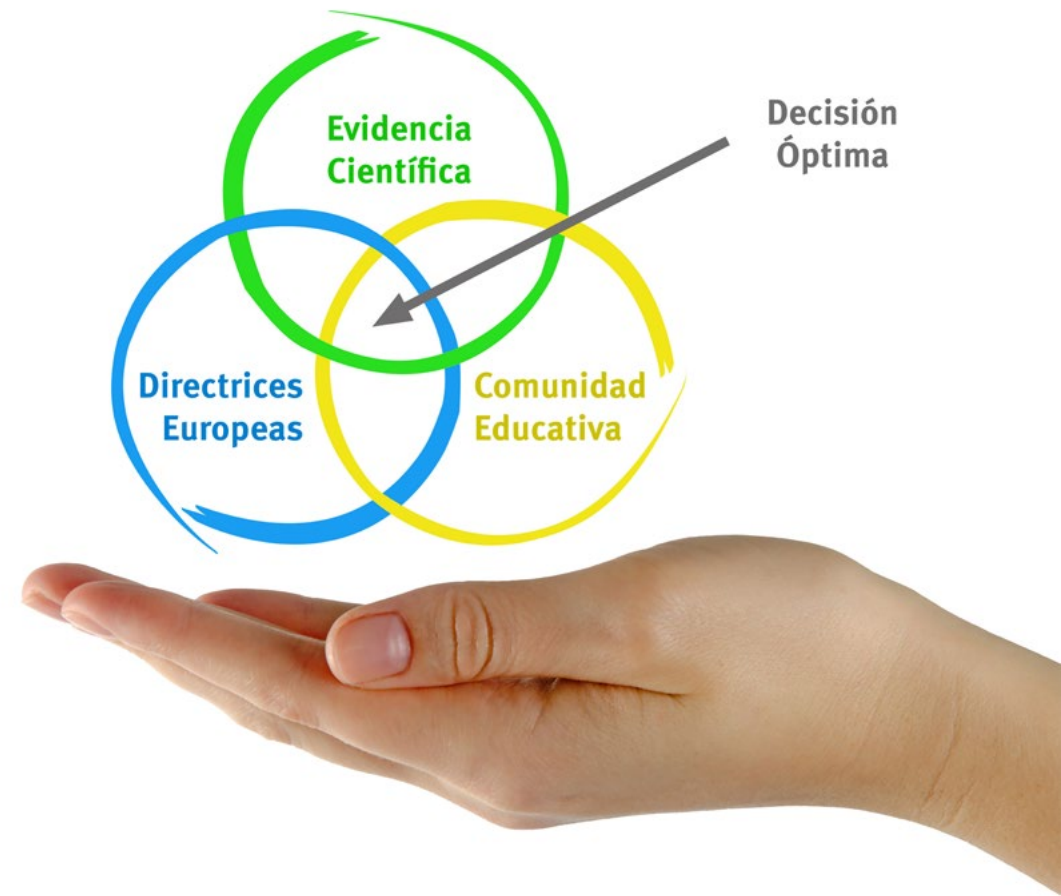


*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization".*

## En TECH Education School empleamos el Método del caso

In a given situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method.

*With TECH, educators will experience a learning methodology that is shaking the foundations of traditional universities around the world.*



*It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.*

“

*Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.*

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that enable educators to better integrate knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 85,000 students with unprecedented success, in all clinical specialties. Our teaching methodology is developed in a highly demanding environment, where the students have a strong socio-economic profile, and their average age is 43.5 years.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



### Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



### Educational Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of Education today. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

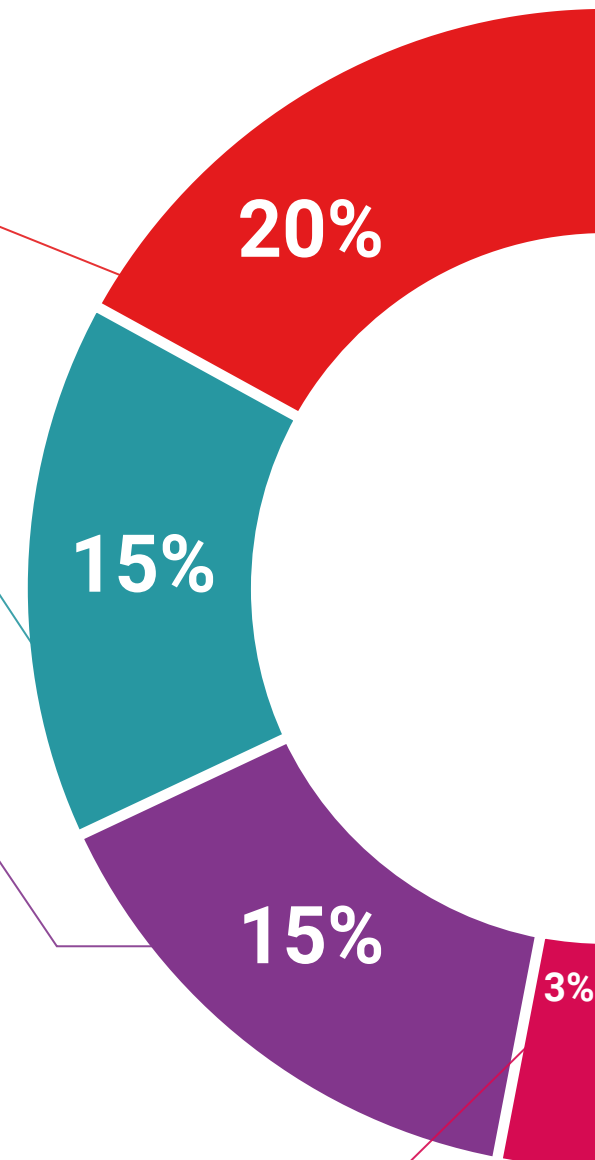
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique training system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents, international guides... in our virtual library you will have access to everything you need to complete your training.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Re-testing**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



**Quick Action Guides**

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.





06

# Certificate

This Postgraduate Diploma in Emotional Intelligence in Secondary Education for teachers guarantees, in addition to the most rigorous and up-to-date training, access to a Postgraduate Diploma issued by **TECH - Technological University**.





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*Successfully complete this training and receive your university degree without travel or laborious paperwork”.*

This **Postgraduate Diploma in Emotional Intelligence in Secondary Educational for Teachers** contains the most complete and up-to-date scientific program on the market.

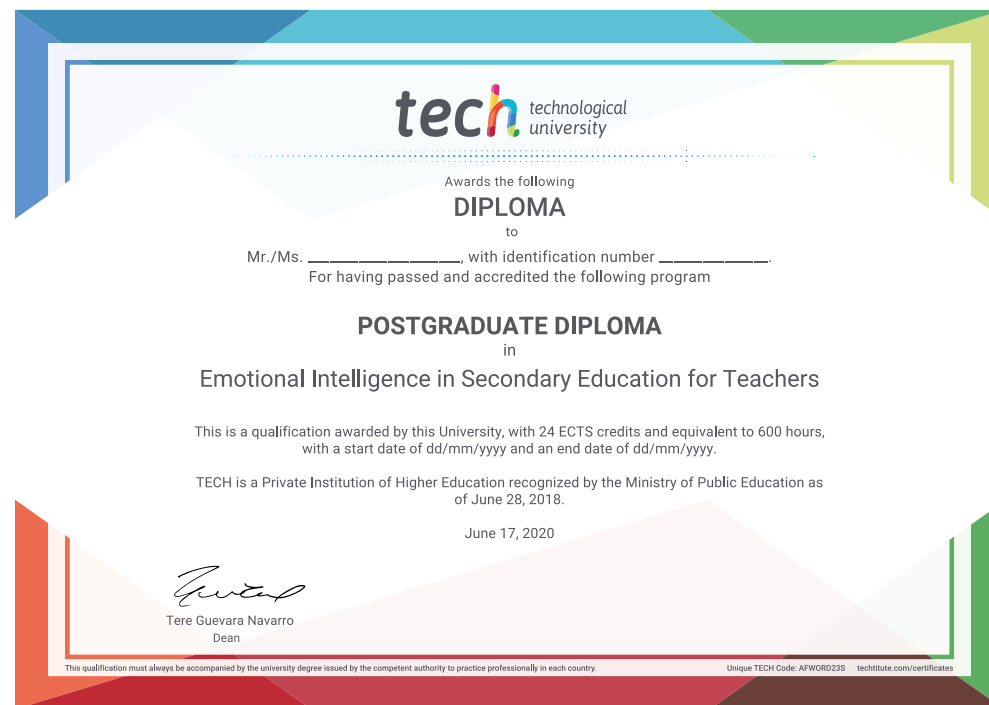
After the student has passed the evaluations, they will receive by mail with acknowledgment of receipt their corresponding Postgraduate Diploma issued by **TECH Technological University**.

The certificate issued by **TECH - Technological University** will specify the qualification obtained through the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Emotional Intelligence in Secondary Education for Teachers**

ECTS: **24**

Official Number of Hours: **600 hours**.



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



Postgraduate Diploma  
Emotional Intelligence in  
Secondary Education for  
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Course Modality: Online

Duration: 6 months.

Certificate: TECH - Technological University

24 ECTS Credits

Teaching Hours: 600 hours.

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Emotional Intelligence in  
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