Postgraduate Diploma

Child and Adolescent Treatment Programs

tech technological university

Postgraduate Diploma
Child and Adolescent Treatment Programs

- » Modality: **online**
- » Duration: **6 months**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/in/education/postgraduate-diploma/postgraduate-diploma-child-adolescent-treatment-programs**

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01
Introduction

In a classroom, a teacher may encounter a varied student body, where students with autism spectrum disorders, obsessive-compulsive disorders or certain phobias that considerably influence their personal and academic development may coincide. In this daily scenario, the teaching professional must be fully prepared to handle this type of people. The broad knowledge provided by this qualification on the treatments currently used in children and adolescents will be of great use in their daily work. The online modality and the multimedia content will be key for students who wish to balance their personal and/or professional responsibilities.

" *A flexible Postgraduate Diploma that adapts to you. Access the entire syllabus from the beginning and distribute the course load according to your needs"*

Orality, games or reading are just some of the tools used in psychology to deal with underage patients. This knowledge is widely developed by psychology professionals, but it is also used by teachers in their daily classes, although with a different purpose. Techniques that, with the right approach, are of great practical use for teachers who must teach their classes to students with different learning and developmental characteristics.

This Postgraduate Diploma, taught by professionals specialized in the treatment of patients in child and adolescent stage, provides the most current knowledge in this field. Therefore, students who take the six months of this qualification, will acquire a comprehensive and detailed learning about the factors that influence the outcome of treatment, the different existing therapies, their evolution and application depending on the disorder, as well as studies and lines of research focused on this area.

An online program that provides a complete syllabus from the beginning, allowing students to distribute the teaching load according to their needs. In this way, teaching professionals will obtain the most relevant data in the treatment of the most significant disorders for the child and adolescent population.

A university qualification that is an excellent opportunity for teachers who wish to access high-level teaching comfortably, wherever and whenever they want. You will only need a tablet, laptop or cell phone to be able to connect from the first day to all the multimedia content of this program. In addition, the Relearning system, based on the repetition of content, will favor a more natural learning process, considerably reducing the long hours of study that other teaching methods offer.

This **Postgraduate Diploma in Child and Adolescent Treatment Programs** contains the most complete and up-to-date educational program on the market. The most important features include:

- The development of practical cases presented by experts in Psychology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

For six months, you will be immersed in the most innovative treatments applied to children and adolescents. Enroll now"

"Do you know how to apply ICT to address social phobias or autistic aspect? Learn about these and more utilities in this Postgraduate Diploma"

Enroll in an online program that will allow you to delve into Bandura's vicarious learning theory.

Access the library of multimedia resources at any time of the day from your tablet or computer. Enroll now.

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in a contextual and situated learning environment, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, by means of which professionals must try to solve the different professional practice situations that arise during the academic year. For this purpose, students will be assisted by an innovative interactive video system developed by renowned experts.

02
Objectives

This Postgraduate Diploma favors education professionals who wish to improve their professional career with quality teaching at the academic forefront. As a result, upon completion of this qualification, students will be able to delve into treatments for clinical psychopathologies in childhood and adolescence, the use of new technologies for intervention in patients with phobias or mobility difficulties, and the future of some clinical disorders in the child and adolescent population. All this, with an expert team that will guide students in achieving their goals.

Become a much more well-rounded teacher with a university education in which you will discover future perspectives in the treatment of children and adolescents"

General Objectives

- Describe the therapeutic bond between the psychotherapist and the minor patient
- Analyze the changes in behavior during the life cycle
- Differentiate between the evolutionary adaptation and adaptability of human beings
- Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- Master psychodiagnosis and evaluation in the child and adolescent framework
- Control personality assessment at these ages
- Identify the role of the family in child and adolescent diagnosis
- Specify the intervention in clinical psychology at these age groups
- Develop sufficient management skills in the child and adolescent clinical psychology

Acquire with this university qualification the most effective intervention techniques in clinical disorders in minors"

Specific Objectives

Module 1. Treatment and Intervention of Child and Adolescent Psychopathologies

- Identify the main treatments for clinical psychopathologies in childhood and adolescence
- Study the different modulating theories of human behavior in childhood
- Get to know the future perspectives in the treatment of childhood and adolescent psychopathologies

Module 2. Intervention and Treatment in Clinical Child and Adolescent Psychology

- Know the main treatment programs
- Delve into what ICTs are and their usefulness in Clinical psychology
- Analyze current and future treatments linked to new technologies

Module 3. Treatment Programs

- Know the relevant data on the treatment of the most significant disorders for the child and adolescent population
- Study the main aspects of intervention in clinical disorders of childhood and adolescence
- Determine the future prognosis of some clinical disorders in childhood and adolescence
- Study the therapies and intervention techniques that are effective in clinical disorders

03
Structure and Content

The syllabus of this Postgraduate Diploma has been developed by a team of specialized experts with the aim of providing the most recent knowledge in the treatments applied to minors suffering from personality disorders, anxiety, ADHD, bipolar disorders or depression. The syllabus is divided into 3 specific modules in which you will be able to access video summaries, interactive diagrams and real clinical cases that will allow you to acquire a more agile learning and of great practical utility.

Enroll in a 100% online program in which you will immerse yourself in the treatment of the most common child and adolescent psychopathologies"

Module 1. Treatment and Intervention of Child and Adolescent Psychopathologies

1.1. Factors Influencing Treatment Outcome
    1.1.1. Modulating Factors in Child Treatment
1.2. Treatment Modalities
    1.2.1. Introduction to the Treatment of Child and Adolescent Psychopathology
    1.2.2. Different Treatment Modalities for Children and Adolescents
1.3. Bandura's Vicarious Learning
    1.3.1. History of Bandura
    1.3.2. Bandura's Vicarious Learning Theory
1.4. Functional Analysis
    1.4.1. Introduction to Functional Analysis
    1.4.2. Functional Analysis in Psychological Therapy
1.5. Systemic Therapy
    1.5.1. Introduction to Systemic Therapy
    1.5.2. Systemic Therapy Today
1.6. Strategic Therapy and Constructivism
    1.6.1. Introduction to Strategic Therapy
    1.6.2. Introduction to Constructivism
1.7. Cognitive-Behavioral Therapy. Cognitive Restructuring
    1.7.1. Introduction to Cognitive-Behavioral Techniques
    1.7.2. Cognitive Restructuring Technique
    1.7.3. Cognitive Restructuring as a Treatment Nowadays
1.8. Solution-Focused Brief Therapy
    1.8.1. Introduction to Solution-Focused Brief Therapy
    1.8.2. Techniques and Clinical Use
1.9. Psychotherapeutic Techniques
    1.9.1. Introduction to Psychotherapeutic Techniques
    1.9.2. The Main Psychotherapeutic Techniques Today
1.10. Future Prospects for Treatment Planning
    1.10.1. New Prospects for Treatment in Childhood and Adolescence

Module 2. Intervention and Treatment in Clinical Child and Adolescent Psychology

2.1. Characteristics of Psychological Interventions in Children and Adolescents
    2.1.1. Main Features
2.2. Autism Spectrum
    2.2.1. Principles of the Autism Spectrum
    2.2.2. Assessment and Diagnosis
    2.2.3. Intervention and Treatment
2.3. Schizophrenia
    2.3.1. Basis of the Disease
    2.3.2. Assessment and Diagnosis
    2.3.3. Intervention and Treatment
2.4. Intervention in Obsessive-Compulsive Disorder
    2.4.1. Principles of the Disorder
    2.4.2. Assessment and Diagnosis
    2.4.3. Treatment Programs
2.5. Treatment Program for Social Phobia
    2.5.1. Common Treatment Programs for Social Phobia
    2.5.2. Treatments and Lines of Research
    2.5.3. Cognitive-Behavioral Intervention
2.6. Specific Phobia Treatment
    2.6.1. Diagnostic Characteristics of Specific Phobias
    2.6.2. Assessment
    2.6.3. Intervention and Treatment
2.7. Family Therapy
    2.7.1. Principles of Family Therapy
    2.7.2. Usefulness and Effectiveness
2.8. Treatment of Sexual Disorders
    2.8.1. Assessment and Diagnosis of Sexual Disorders
    2.8.2. Non-Pharmacological Treatment for Sexual Disorders

Module 3. Treatment Programs

"With this Postgraduate Diploma, you will delve into the stress disorder in adolescents and its psychological intervention"

04
Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they w have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.

It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.

> *Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"*

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.

2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

20%

Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.

15%

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.
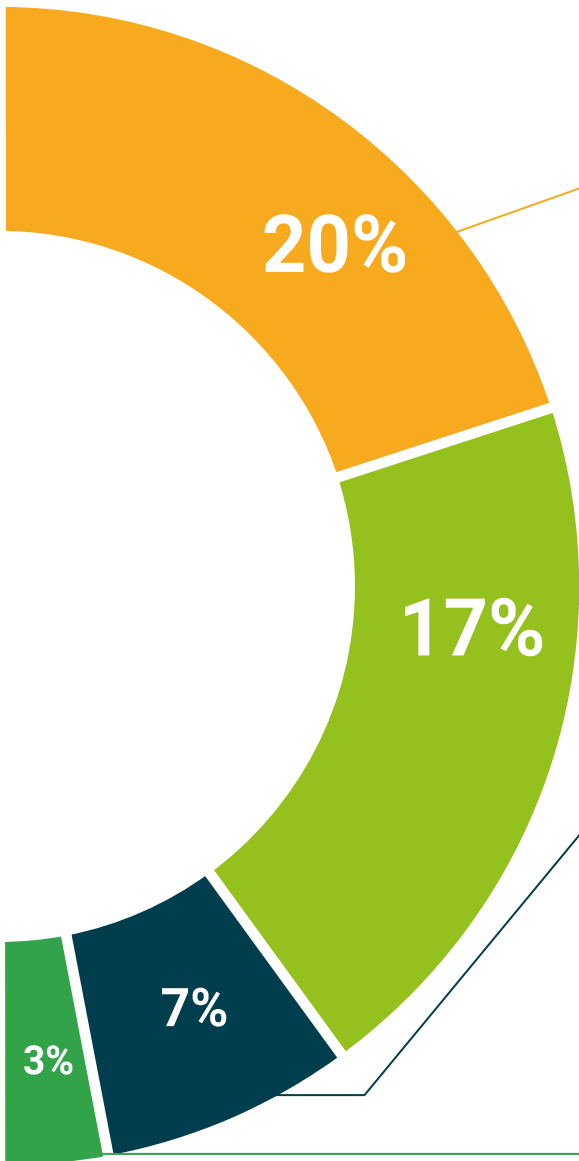
This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".

15%

3%

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

17%

7%

3%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

Certificate

The Postgraduate Diploma in Child and Adolescent Treatment Programs guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Technological University.

" *Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Postgraduate Diploma in Child and Adolescent Treatment Programs** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Diploma** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Child and Adolescent Treatment Programs**

Official N° of hours: **450 h.**

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Awards the following
CERTIFICATE
to

Mr./Ms. _____, with identification number _____.
For having passed and accredited the following program

POSTGRADUATE DIPLOMA
in

Child and Adolescent Treatment Programs

This is a qualification awarded by this University, equivalent to 450 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro
Dean

Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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