

Postgraduate Certificate

Speech Therapy Treatment for Voice Disorders





Postgraduate Certificate Speech Therapy Treatment for Voice Disorders

- » Modality: online
- » Duration: 12 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/in/education/postgraduate-certificate/speech-therapy-treatment-voice-disorders

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 12

04

Structure and Content

p. 16

05

Methodology

p. 22

06

Certificate

p. 30

01

Introduction

This program will provide students with all the knowledge they need to be able to use the speech therapy treatments that will allow them to maintain the use of the voice in an optimal and adequate way for the professional work of the teacher. But it will also lead them to an in-depth knowledge of the different contexts in which the voice requires previous attention, support or curative or palliative intervention. This program offers the possibility to achieve all these skills in the most efficient way.





“

A study aimed at teaching educators the most appropriate and effective way to implement in their work the most interesting and useful speech therapy treatments for their profession"

Speech therapy offers a necessary complementary way to comprehensively address voice disorders. Incorporating this specific knowledge into your skills allows you to offer broader responses to voice problems that occur in the teaching practice.

Professionals such as broadcasters, journalists, commercials, actors, singers, etc., require knowledge and management of their speaking apparatus, since its use is essential for their work. In this sense, it is also important to be aware of the multifactorial nature of the voice and its alterations. The changes that occur in the human voice over time are related, among other factors, to the maturation and development of the phonorespiratory system, as well as to its deterioration.

Another type of change is due to sex-related differences. There are also modifications in the voice due to professional use and to structural and functional alterations associated or not with other pathologies. And all of this is evident in both the normal voice and the pathological voice.

For all these reasons, knowledge about the use of one's own voice, programs for the prevention of disorders and Voice Therapy applied to the use in different contexts, are crucial elements for the health, well-being and development of any speaker.

This type of training makes professionals in this field increase their ability to succeed, which results in better practice and performance that will have a direct impact on their professional work, both in the teaching field and in the field of professional communication.

This program offers a very broad view of vocal pathology and voice physiology, with examples of successful cases. It includes all the necessary and basic techniques for the preparation and re-education of the voice, taking into account the professions that use it as their main working tool, providing tools, experiences and advances in this field, which have also been guaranteed by the teaching staff of the Postgraduate Certificate, as they all work in this field. The professional will learn based on professional experience, as well as evidence-based pedagogy, which makes the student's preparation more effective and accurate.

This **Postgraduate Diploma in Speech Therapy Treatment**

for Voice Disorders offers the characteristics of a high-level educational, teaching and technological program. These are some of its most notable features:

- ♦ The latest technology in online teaching software
- ♦ A highly visual teaching system, supported by graphic and schematic contents that are easy to assimilate and understand
- ♦ Practical cases presented by practising experts
- ♦ State-of-the-art interactive video systems.
- ♦ Teaching supported by telepractice
- ♦ Continuous updating and recycling systems
- ♦ Autonomous learning: full compatibility with other occupations
- ♦ Practical exercises for self-evaluation and learning verification
- ♦ Support groups and educational synergies: questions to the expert, debate and knowledge forums
- ♦ Communication with the teacher and individual reflection work
- ♦ Content that is accessible from any fixed or portable device with an Internet connection
- ♦ Supplementary documentation databases are permanently available, even after the program



With this Postgraduate Certificate you will be able to combine high intensity training with your personal and professional life, achieving your goals in a simple and real way”

02

Objectives

The online Postgraduate Certificate offers in detail the most relevant advances in the specialty from an eminently practical point of view, in an era in which the accreditation of knowledge plays a fundamental role.

The objective of this program is to provide professionals working in voice therapy with the knowledge and skills necessary to perform their activity using the most advanced protocols and techniques available.



“

Advances in speech therapy, applied from a teacher's point of view, will allow you to advance in your profession through specific knowledge of the care of the teacher's basic tool"



General Objectives

- ♦ Learn the specific anatomical and functional aspects of the phonatory system as a basis for the rehabilitation of vocal pathologies and for vocal work with voice professionals
- ♦ Gain in-depth knowledge of the most current diagnostic and treatment techniques
- ♦ Delve into the knowledge and analysis of the results obtained in objective voice assessments
- ♦ Learn how to implement a correct and complete assessment of vocal function in daily clinical practice
- ♦ Know the most important features of the voice and learn to listen to different types of voices in order to know which aspects are altered to guide clinical practice
- ♦ Analyze the different possible voice disorders and achieve scientific rigor in treatments
- ♦ Learn about different approaches to the treatment of vocal pathologies
- ♦ Raise awareness of the need for vocal care
- ♦ Teach voice therapy work focused on different voice professionals.
- ♦ Learn the importance of multidisciplinary work in some voice pathologies
- ♦ View the voice as a global ability of the person and not as an exclusive act of the phonatory system
- ♦ Solve real case studies with current therapeutic approaches based on scientific evidence





Specific Objectives

- ♦ Know when speech therapy treatment is or isn't indicated
- ♦ Know and plan the general objectives of rehabilitation
- ♦ Know the different possible approaches in the rehabilitation approach
- ♦ Learn the basic principles of muscle conditioning
- ♦ Learn the basic principles of respiratory conditioning
- ♦ Learn the basic principles of hygiene therapy
- ♦ Learn the basic principles of confidential voice therapy
- ♦ Learn the basic principles of resonant voice therapy
- ♦ Learn the basic principles of the accent method
- ♦ Learn the basic principles of vocal function exercises
- ♦ Learn the basic principles of fluent phonation
- ♦ Learn the basic principles of Lee Silverman LSVT
- ♦ Learn the basic principles of physiological therapy
- ♦ Learn the basic principles of semi-occluded vocal tract exercises
- ♦ Learn the basic principles of manual laryngeal massage
- ♦ Learn the basic principles of facilitating sounds
- ♦ Learn the basic principles of Estill Voice Training
- ♦ Learn the basic principles of the PROEL method
- ♦ Learn the basic principles of the NEIRA method
- ♦ Learn the basic principles of the body - voice - movement approach
- ♦ Know how to choose the most effective therapy for each patient in relation to their specific vocal characteristics and needs
- ♦ Approach rehabilitation treatment in pathologies of functional origin
- ♦ Approach rehabilitation treatment in pathologies of organic origin, both congenital and acquired
- ♦ Approach rehabilitation treatment in pathologies of organic-functional origin
- ♦ Address rehabilitative treatment in patients who underwent a laryngectomy
- ♦ Address vocal conditioning in patients attending a clinic due to gender reassignment
- ♦ Solve practical cases



A boost to your CV that will give you the competitiveness of the best prepared professionals in the labor market"

03

Course Management

Within the concept of total quality of the program, TECH is proud to offer students a teaching staff of the highest level, chosen for their proven experience. Professionals from different areas and fields of expertise that make up a complete, multidisciplinary team. A unique opportunity to learn from the best.





“

*Learn from leading professionals,
the latest advances in procedures
in the field of Speech Therapy
Treatment for Voice Disorders"*

Guest Director



Gavilán, Javier

- ♦ Head of Service and Professor of Otorhinolaryngology at the La Paz university hospital, Madrid
- ♦ 350 articles in international scientific journals
- ♦ Recipient of the Honor Award from the American Academy of Otolaryngology-HNS
- ♦ Member of more than 25 Scientific Societies

Co-Direction



Ms. Martín Bielsa, Laura

- ♦ Speech therapist and teacher
- ♦ Expert in voice pathology
- ♦ Director of Multidisciplinary Center Dime Más
- ♦ CFP *Estill Voice Training*
- ♦ Extensively trained in different methods of vocal rehabilitation
- ♦ Dean of the Professional Association of Speech-Language Pathologists of Aragon

Professors

Ms. Pozo García, Susana

- ♦ Physiotherapist
- ♦ Director of the Fisyos Center in Andorra
- ♦ Specialist in Osteopathy Extensive training and clinical experience in myofascial induction, dry needling and lymphatic drainage
- ♦ Internship tutor at the Health Sciences University School of Zaragoza

“

Make the most of this opportunity to learn about the latest advances in this area in order to apply it to your daily practice”

04

Structure and Content

The contents of this program have been developed by the different experts on the course, with a clear purpose: to ensure that our students acquire each and every one of the necessary skills to become true experts in this field.

A comprehensive and well-structured program that will lead to the highest standards of quality and success.



“

This Postgraduate Certificate in Speech Therapy Treatment for Voice Disorders contains the most complete and up-to-date educational program on the market”

Module 1. Speech Therapy for Voice Disorders

- 1.1. The Importance of the Multidisciplinary Team in the Approach to Treatment
 - 1.1.1. Introduction
 - 1.1.2. Teamwork
 - 1.1.2.1. Characteristics of Multidisciplinary Work
 - 1.1.3. Multidisciplinary Work in the Treatment of Vocal Pathology
- 1.2. Indications and Restrictions of Speech Therapy Treatment
 - 1.2.1. Prevalence of Vocal Disorders
 - 1.2.2. Treatment Indications
 - 1.2.3. Treatment Limitations and Restrictions
 - 1.2.4. Adherence to Treatment
- 1.3. General Intervention Objectives
 - 1.3.1. The General Objectives of All Vocal Work
 - 1.3.2. How to Meet the General Objectives?
- 1.4. Muscle Conditioning
 - 1.4.1. Voice as a Muscle Activity
 - 1.4.2. General Aspects of Training
 - 1.4.3. Principles of Training
- 1.5. Respiratory Conditioning
 - 1.5.1. Justifying Respiratory Work in Vocal Therapy
 - 1.5.2. Methodology
 - 1.5.3. Static Exercises With Facilitating Postures
 - 1.5.4. Semisupine
 - 1.5.5. Neutral or Monkey Position
 - 1.5.6. Dynamic Exercises With Facilitating Postures
- 1.6. Hygiene Therapy
 - 1.6.1. Introduction
 - 1.6.2. Harmful Habits and Their Effects on the Voice
 - 1.6.3. Preventive Measures
- 1.7. Confidential Voice Therapy
 - 1.7.1. History of the Method
 - 1.7.2. Foundation and Principles
 - 1.7.3. Therapy Uses





- 1.8. Resonance Voice Therapy
 - 1.8.1. Description of the Method
 - 1.8.2. Laryngeal Behavior
 - 1.8.3. Uses and Benefits
- 1.9. Accent Method
 - 1.9.1. Introduction
 - 1.9.2. Justification of the Method
 - 1.9.3. Methodology
- 1.10. Vocal Function Exercises
 - 1.10.1. Introduction
 - 1.10.2. Justification
 - 1.10.3. Methodology
- 1.11. Fluid Phonation
 - 1.11.1. Introduction
 - 1.11.2. Justification
 - 1.11.3. Methodology
- 1.12. Lee Silverman LSVT
 - 1.12.1. Introduction
 - 1.12.2. Justification
 - 1.12.3. Methodology
- 1.13. Physiological Therapy
 - 1.13.1. Justification
 - 1.13.2. Physiological Objectives
 - 1.13.3. Training
- 1.14. Semi-Occluded Vocal Tract Exercises
 - 1.14.1. Introduction
 - 1.14.2. Justification
 - 1.14.3. TVSO

- 1.15. Manual Laryngeal Massage
 - 1.15.1. Introduction
 - 1.15.2. Manual Circumlaryngeal Therapy
 - 1.15.3. Laryngeal Massage Technique
 - 1.15.4. Introduction to Functional and Structural Techniques
 - 1.15.4.1. Jones Technique for the Suprahyoid Muscles
 - 1.15.4.2. Functional Hyoid Bone Technique
 - 1.15.4.3. Functional Technique for Tongue and Hyoid Bone
 - 1.15.4.4. Functional Technique for the Tongue
 - 1.15.4.5. Technique for Maxillopharyngeal Fasciae
 - 1.16. Facilitating Techniques
 - 1.16.1. Introduction
 - 1.16.2. Description of Facilitating Techniques
 - 1.17. Estill Voice Training
 - 1.17.1. Jo Estill and the Creation of the Model
 - 1.17.2. Principles of Estill Voice Training
 - 1.17.3. Description
 - 1.18. PROEL Method
 - 1.18.1. Introduction
 - 1.18.2. Principles
 - 1.18.3. Curiosities
 - 1.19. NEIRA Method
 - 1.19.1. Introduction
 - 1.19.2. Concept of Euphony
 - 1.19.3. Objectives of the Method
 - 1.19.4. Body-Vocal Scaffolding
 - 1.19.4.1. Body Work
 - 1.19.4.2. Respiratory Attitude
 - 1.19.4.3. Resonance Work
 - 1.19.4.4. Vocal Work
 - 1.19.4.5. Emotional Work
 - 1.20. Body, Voice and Movement
 - 1.20.1. Introduction and Justification
 - 1.20.2. Techniques That Incorporate Movement Into Their Programs
 - 1.20.3. Examples:
 - 1.21. Elastic Bandages
 - 1.21.1. History
 - 1.21.2. Bandage Characteristics
 - 1.21.3. Effects
 - 1.21.4. Contraindications
 - 1.21.5. Techniques
 - 1.21.5.1. Uses in the Voice
 - 1.22. Electrostimulation
 - 1.22.1. Introduction
 - 1.22.2. Justification
 - 1.22.3. Methodology
 - 1.23. Low-Power Laser
 - 1.23.1. History
 - 1.23.2. Physical Concepts
 - 1.23.3. Classification of the Types of Laser
 - 1.23.4. Effects of Lasers and Their Interaction With Tissues
 - 1.23.5. Safety Measures and Contraindications
 - 1.23.6. Use of Lasers in the Prevention and Treatment for Voice Disorders
- ## Module 2. Speech Therapy for Pathologies
- 2.1. Speech Therapy in Functional Dysphonias
 - 2.1.1. Type I: Isometric Laryngeal Disorder
 - 2.1.2. Type II: Glottic and Supraglottic Lateral Contraction
 - 2.1.3. Type III: Anteroposterior Supraglottic Contraction
 - 2.1.4. Type IV: Conversion Aphonia/Dysphonia
 - 2.1.5. Psychogenic Dysphonia with Arched Vocal Cords
 - 2.1.6. Transitional Adolescent Dysphonia
 - 2.2. Speech Therapy in Organic Origin Dysphonias
 - 2.2.1. Speech Therapy in Congenital Origin Dysphonias
 - 2.2.2. Speech Therapy in Acquired Origin Dysphonias



- 2.3. Speech Therapy in Organic-Functional Origin Dysphonias
 - 2.3.1. Nodes
 - 2.3.2. Polyps
 - 2.3.3. Mucous Cysts
 - 2.3.4. Others
- 2.4. Post-Laryngectomy Rehabilitation
 - 2.4.1. Types of Prosthesis
 - 2.4.2. The Esophageal Voice: Murmurs, Esophageal Sound, Learning Sequence, Characteristics of the Esophageal Voice
 - 2.4.3. Tracheoesophageal Voice
 - 2.4.4. The Voice in Patients Protheses
- 2.5. Treating the Voice in Gender Change
 - 2.5.1. Initial Considerations
 - 2.5.2. Voice Masculinization Objectives
 - 2.5.3. Voice Feminization Objectives
 - 2.5.4. Accommodation of Acoustic Aspects of the Voice: Body and Vocal Cord Coverage, Fundamental Frequency, Resonance and Timbre
 - 2.5.5. Suprasegmental Aspects of Speech

“ A comprehensive teaching program, structured in well-developed teaching units, oriented towards learning that is compatible with your personal and professional life”

05

Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.



It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.

“

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

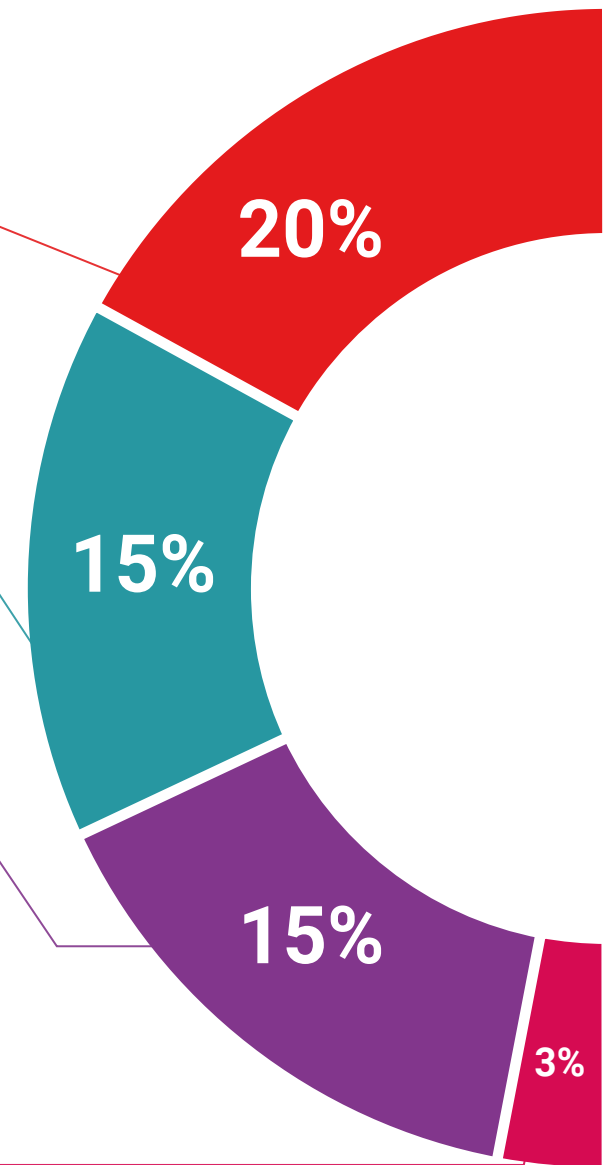
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

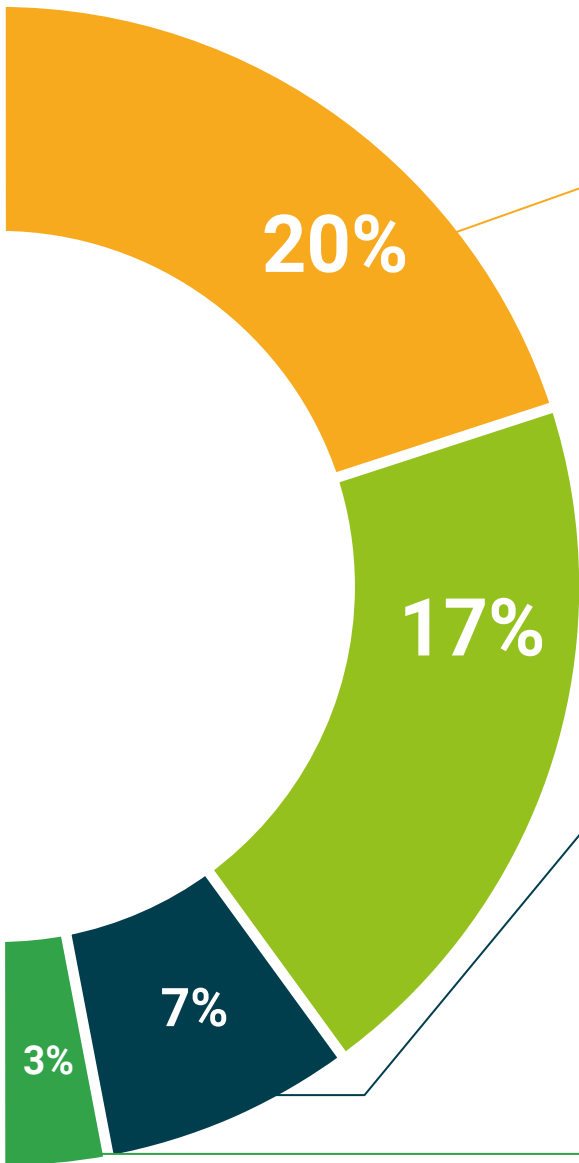
This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Speech Therapy Treatment for Voice Disorders guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



“

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This **Postgraduate Certificate in Speech Therapy Treatment for Voice Disorders** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Speech Therapy Treatment for Voice Disorders**
Official N° of Hours: **300 hours**.



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost..

future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

personalized service innovation

knowledge present

development language

virtual classroom

tech technological
university

Postgraduate Certificate Speech Therapy Treatment for Voice Disorders

- » Modality: online
- » Duration: 12 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate

Speech Therapy Treatment for Voice Disorders

