

Postgraduate Certificate

Music as an Alternative Therapy: Music Therapy





Postgraduate Certificate

Music as an Alternative Therapy: Music Therapy

Course Modality: Online

Duration: 2 months.

Certificate: TECH Technological University

5 ECTS Credits

Teaching Hours: 124 h.

Website: www.techtute.com/us/education/postgraduate-certificate/music-alternative-therapy-music-therapy

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01

Introduction

Music is one of the most enriching expressions of the human being, since, through it, it can transmit sensations and emotions that other languages or codes are unable to do. Through music, we not only communicate, but we are also able to acquire values and attitudes or learn to channel feelings in different situations of our lives.





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This program of Postgraduate Certificate in Music as Alternative Therapy: Music Therapy will generate a sense of security in the performance of your profession, which will help you to grow personally and professionally”

Therefore, the teaching of music should not only be relegated to a matter of content acquisition, but it is necessary to train and specialize the teacher in each and every one of the dimensions involved in musical learning.

This training action makes professionals in this field increase their ability to succeed, which results in a better practice and performance that will have a direct impact on students, in the improvement of the subject of music and in the general benefit for the whole society.

Because it offers a comprehensive vision of musical learning in all its dimensions, providing tools, experiences and advances in this field, which have also been guaranteed by the teachers of the training action. Thus, the student will learn based on professional experience and pedagogy, making the student's training more efficient and precise.

In addition, it is necessary to highlight that, although there is training on music didactics, there is no Postgraduate Certificate that offers a multidimensional approach to musical learning, studying not only elements related to the content, but also giving importance to the figure of the learner, to their educational, personal, social and intellectual characteristics and needs.

The different modules are taught in sessions, following an eminently practical approach, with the necessary theoretical support for each. All TECH Professional Master's Degree teachers have extensive experience working with people of all ages and diverse socio-familial and educational contexts. In addition, it should be taken into account that musical learning is approached integrating the educational, personal and social-group vision.

In addition to training the student in Music as an Alternative Therapy: Music Therapy, it will also facilitate their insertion in the labor market, due to the great demand for this type of specialized professionals within the formal educational system, as well as in the non-formal sector (private music schools or musical groups). For students who are already in the working world, it will allow them to better position themselves professionally and increase their chances of promotion and recognition.

This **Postgraduate Certificate in Music as Alternative Therapy: Music Therapy** contains the most complete and up-to-date educational program on the market. The most important features of the program include:

- ♦ More than 75 practical cases presented by experts in Postgraduate Certificate in Music as an Alternative Therapy: Music Therapy. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ News on detection and intervention in music as an alternative therapy: music therapy.
- ♦ It contains practical exercises where the self-evaluation process can be carried out to improve learning
- ♦ Algorithm-based interactive learning system for decision-making in the situations that are presented to the student
- ♦ With special emphasis on evidence-based methodologies in Music as an Alternative Therapy: Music Therapy
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Update your knowledge through the Postgraduate Certificate in Music as Alternative Therapy: Music Therapy"

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This Professional Certificate is the best investment you can make when choosing a refresher program for two reasons: In addition to expanding your knowledge in music as an alternative therapy: music therapy, you will obtain a qualification endorsed by TECH”

Increase your decision-making confidence by updating your knowledge through this program

Take the opportunity to learn about the latest advances in Music as an Alternative Therapy: Music Therapy and improve your students' education

The teaching staff includes professionals in Music as an Alternative Therapy: Music Therapy, who bring their experience to this training program, as well as renowned specialists belonging to leading societies and prestigious universities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

This program is designed around Problem Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced professionals in the field of Music as an Alternative Therapy: Music Therapy with extensive teaching experience.



02

Objectives

This Postgraduate Certificate in Music as Alternative Therapy: Music Therapy is aimed at facilitating the performance of the professional dedicated to working with adolescents and/or guiding them in their professional future.





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This Postgraduate Certificate is designed to help you update your knowledge in Music Composition for Music Therapy, with the use of the latest educational technology, to contribute with quality and security to the decision making and monitoring of your students”

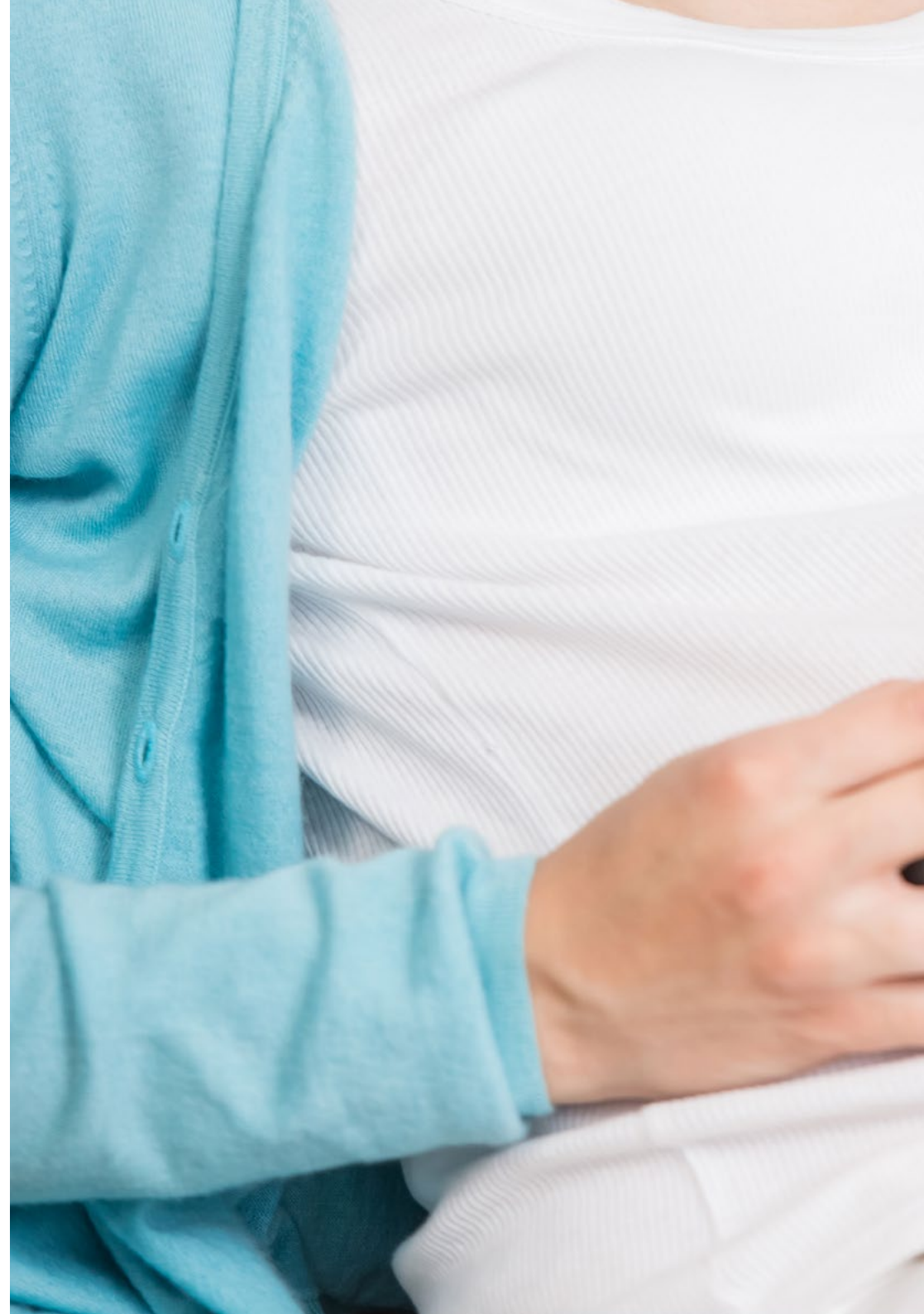


General Objective

- ♦ Train the student to teach in the field of music
- ♦ Inform the student about the main characteristics of music education
- ♦ Show the student the main tools for working in the music classroom
- ♦ Train the student in the use of techniques and strategies for musical intervention in different environments: formal and out-of-school
- ♦ Develop in the student the capacity to elaborate their own Methodology and Work System based on prior successful models
- ♦ The student should be able to appreciate the multidimensionality of music education
- ♦ Consolidate innovation and the application of new technologies by students as a backbone and useful element in the educational process



Seize the opportunity and take the step to get up-to-date on the latest developments in Music as an Alternative Therapy: Music Therapy"





Specific Objectives

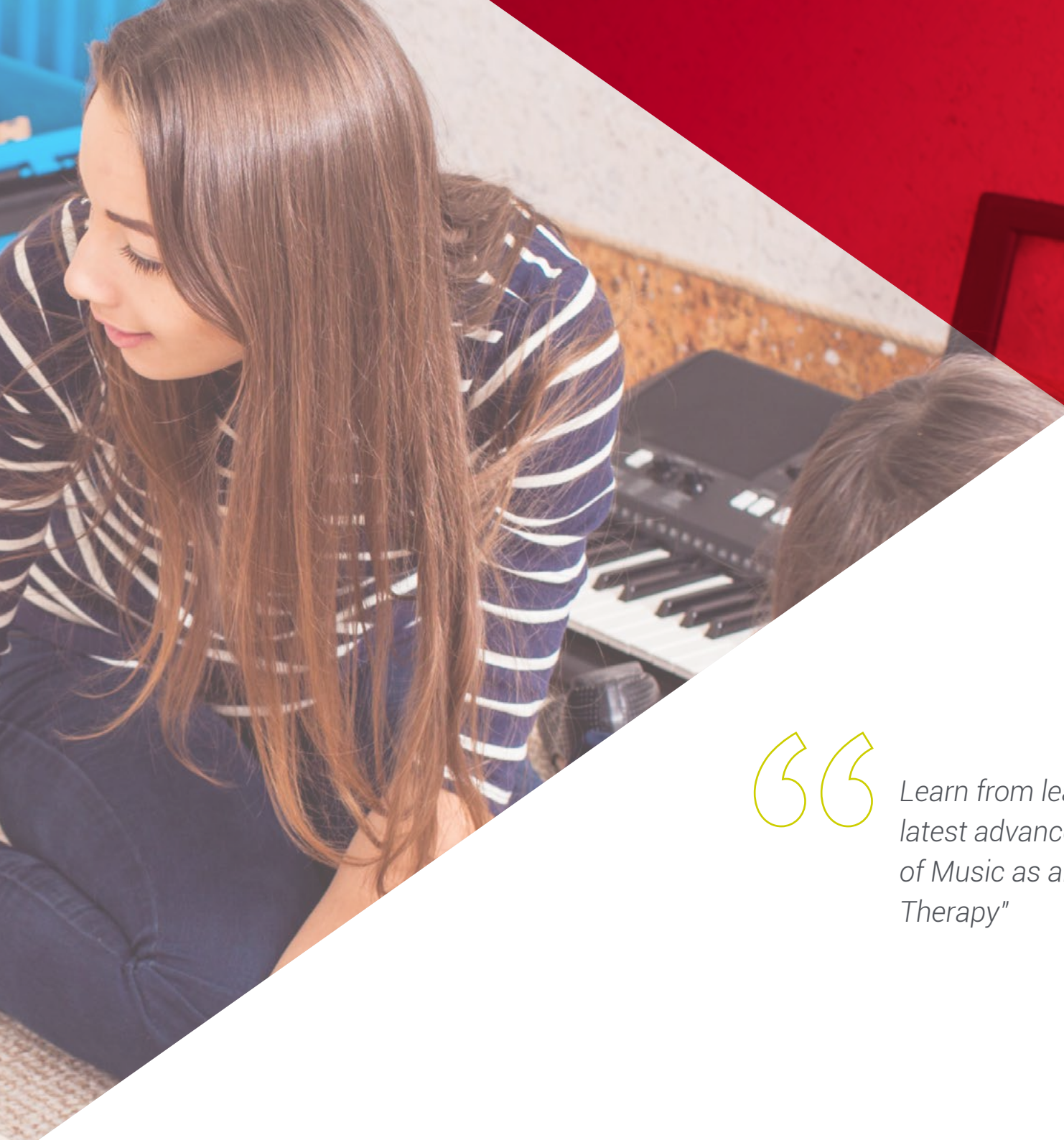
- ♦ Propose activities and strategies to implement arts education as a backbone and parallel to the other educational areas
- ♦ Valorar experiencias en primaria y secundaria relacionadas con el uso de dispositivos móviles y diferentes aplicaciones de uso libre
- ♦ Knowledge of digital educational content, digital tools and educational platforms
- ♦ Develop a base of technological resources to be used for educational practice
- ♦ Compare digital resources and share experiences for the development of such a resource bank
- ♦ Contribute experiences, knowledge and own elaborations that help to consolidate and transfer what has been learned
- ♦ Learn about the benefits of Music as an Alternative Therapy
- ♦ Compare the application of music therapy in the different disorders or diseases on which it works
- ♦ Relate the different alternative therapies with the application of music as a therapeutic tool

03

Course Management

The program includes in its teaching staff renowned experts in Music as an Alternative Therapy: Music Therapy, who contribute their work experience to this training course. In addition, other specialists of recognized prestige participate in its design and elaboration, completing the program in an interdisciplinary manner.





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Learn from leading professionals, the latest advances in procedures in the field of Music as an Alternative Therapy: Music Therapy”

Management



Atencia Micó, Óscar

- ♦ Pedagogue
- ♦ Director of the Valencian High Ability Institute
- ♦ President of Acel Formación



Moderato

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Andante

a tempo

brill

Presto

04

Structure and Content

The structure of the contents has been designed by a team of professionals from the best education centers and universities in the country, who are aware of the relevance from up-to-date training to be able to intervene in the training and support of students with high capabilities, and are committed to quality teaching through new educational technologies.





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This Postgraduate Certificate in Music as an Alternative Therapy: Music Therapy contains the most complete and up-to-date scientific program on the market"

Module 1. Music as an Alternative Therapy: Music Therapy

- 1.1. What is an Alternative Therapy?
 - 1.1.1. Definition
 - 1.1.2. Conventional Therapies VS Alternative Therapies
- 1.2. Possible Alternative Therapies
 - 1.2.1. Chromotherapy
 - 1.2.2. Art Therapy
 - 1.2.3. Aromatherapy
 - 1.2.4. Mindfulness
 - 1.2.5. Music Therapy
- 1.3. Music as an Alternative Therapy: Music Therapy
 - 1.3.1. Definition
 - 1.3.2. Origins
 - 1.3.3. Music Therapy Today
- 1.4. Benefits of Music Therapy
 - 1.4.1. Introduction
 - 1.4.2. Main Benefits of Music Therapy
- 1.5. Main Currents of Music Therapy
 - 1.5.1. Introduction
 - 1.5.2. The Benenzon Method
- 1.6. Music Therapy in Childhood and Juvenile Disorders
 - 1.6.1. Music Therapy and Asperger
 - 1.6.2. Music Therapy and ADHD
 - 1.6.3. Music Therapy and Down Syndrome
 - 1.6.4. Music Therapy and High Abilities
- 1.7. Primary and Secondary Socialization and its Relation to Music Therapy
 - 1.7.1. Music Therapy in Primary Education
 - 1.7.2. Music Therapy in Secondary Education
- 1.8. Dementias and Music Therapy
 - 1.8.1. What is a Dementia?
 - 1.8.2. Types of Dementia
 - 1.8.3. Alzheimer's Disease and Music Therapy
- 1.9. Main Tools of Music Therapy
 - 1.9.1. Introduction
 - 1.9.2. Possible Tools





“ *A unique, key, and decisive training experience to boost your professional development”*

05

Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used in the most prestigious medical schools in the world, and major publications have considered it to be one of the most effective, such as the ***New England Journal of Medicine***.





Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

En TECH Education School empleamos el Método del caso

In a given situation, what would you do? Throughout the program, you will be presented with multiple simulated cases based on real situations, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method.

At TECH, educators will experience a learning methodology that is shaking the foundations of traditional universities around the world



It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions

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Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that enable educators to better integrate knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Re-learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson; a real revolution with respect to simply studying and analyzing cases.

Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning



At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

Using this methodology, we have trained more than 85,000 educators with unprecedented success in all specialties. Our teaching methodology is developed in a highly demanding environment, where the students have a strong socio-economic profile, and their average age is 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Educational Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of Education today. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

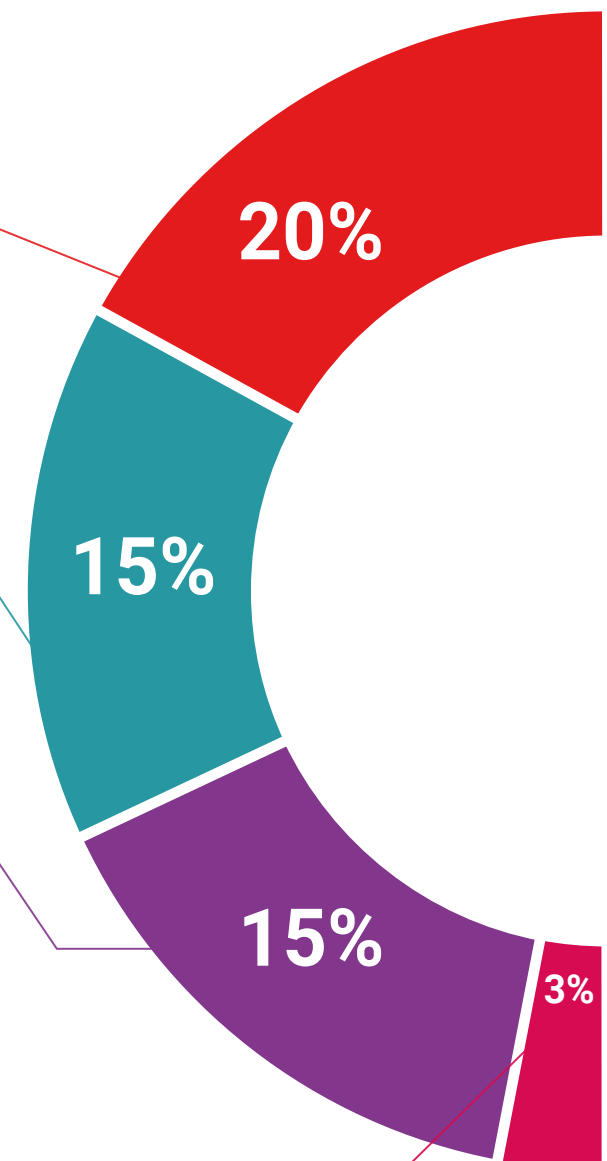
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

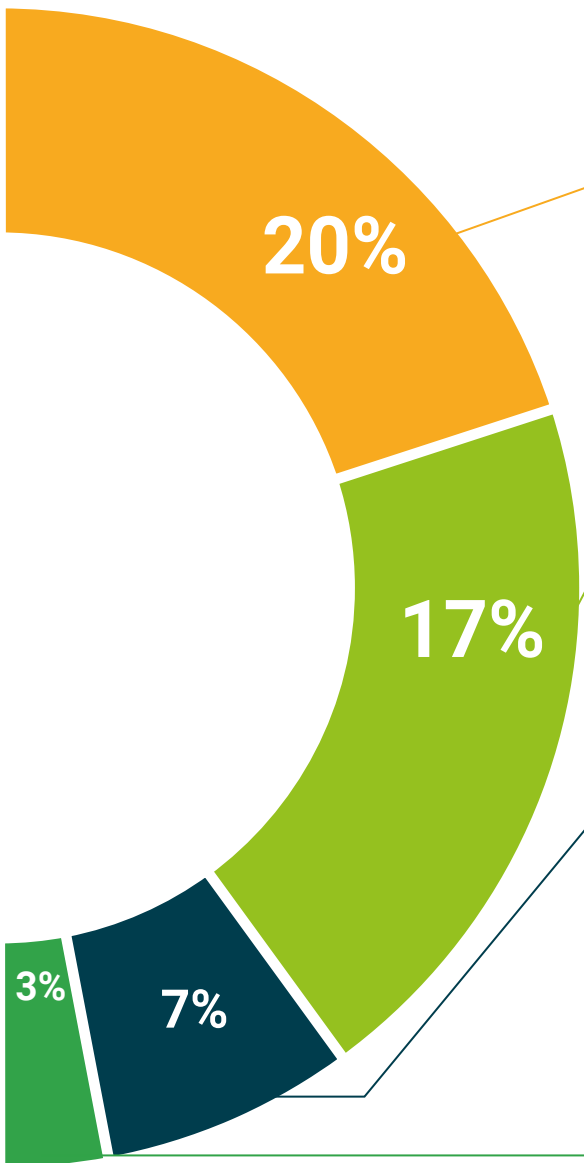
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



06

Certificate

This Postgraduate Certificate in Music as Alternative Therapy: Music Therapy guarantees you, in addition to the most rigorous and up-to-date training, access to a certificate issued by TECH Technological University.



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*Successfully complete this training
and receive your university certificate
without travel or laborious paperwork”*

This **Postgraduate Certificate in Music as Alternative Therapy: Music Therapy** contains the most complete and up-to-date scientific program on the market.

After students have passed the assessments, they will receive their **Postgraduate Certificate** issued by **TECH Technological University** and sent by certified mail.

The certificate issued by **TECH Technological University** will reflect the qualification obtained through the Postgraduate Certificate and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional from career evaluation committees.

Title: **Postgraduate Certificate in Music as Alternative Therapy: Music Therapy**

ECTS: **5 hours**

Official Number of Hours: **125**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development languages
classroom



Postgraduate Certificate

Music as an Alternative Therapy: Music Therapy

Course Modality: Online

Duration: 2 months.

Certificate: TECH Technological University

4 ECTS Credits

Teaching Hours: 100 h.

Postgraduate Certificate

Music as an Alternative Therapy:
Music Therapy

