

Postgraduate Certificate

Emotional and Values Education





Postgraduate Certificate Emotional and Values Education

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/education/postgraduate-certificate/emotional-values-education

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01

Introduction

Emotional Education is the development of the competencies, abilities, skills and attitudes necessary to understand and regulate emotions appropriately. Thus, this concept applied to education in the classroom seeks that its members understand the importance of feelings, emotions and how they directly influence the interpersonal and intrapersonal relationships of students. From this perspective, TECH has designed a program that will address key concepts such as Transversal Emotional Education, Tutoring in the Emotional curriculum and Ethics and Morals, among others. With 150 hours of duration, theoretical and practical contents and the Relearning methodology, it allows students to learn in a gradual way, thus being able to combine their studies with their professional and personal life.



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Do you want to become a specialist in Emotional Education? Opt for this Postgraduate Certificate and be a reference in terms of understanding the intrapersonal conflict that your students may have"

In recent years, Emotional Education has gained relevance in many sectors. Specifically in the education sector, it is a topic that is gradually gaining relevance in teaching plans, and although it is not always present, it is a topic that is beginning to be considered a pillar in educational work. Thus, in the school environment, whatever the level, the need for emotional education to be implemented as part of the student curriculum and by the students' own families is confirmed.

Since 2015 the OECD (Organization for Economic Co-operation and Development) has been researching and proving the urgent need for emotional education in children and youth, as well as promoting policies and guidelines for its implementation in educational settings. Similarly, UNESCO presented a report in 2020, which indicated that the inclusion of social-emotional skills in teaching programs helps manage stress in the classroom and encourages the development of emotional and social skills.

In response to this demand, TECH has designed the Postgraduate Certificate in Emotional and Values Education, in order for the enrolled teachers to acquire a complete and detailed vision of the different aspects and topics that make up a complete and optimal emotional education. Throughout the syllabus, specific topics of the subject such as Educational Styles and their Importance in School Coexistence, the Stages of Emotional Maturation in children, or the Transversality in Emotional Education will be addressed.

This program consists of a 100% online format, without access limitations and with download possibilities from the online campus itself, where you will find practical and theoretical activities along with review tests. Likewise, thanks to the Relearning methodology, all these contents can be learned gradually, without forcing graduates to sacrifice their personal or private lives.

This **Postgraduate Certificate in Emotional Education values** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Education focused on Emotional and Values Education
- ♦ The graphic, schematic and practical contents of the book provide theoretical and practical information on those disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Emotional Education is gaining weight in current educational curricula. Specialize and start taking part in a modern and complete teaching style"

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With this 150-hour Postgraduate Certificate you will be able to direct your teaching methods towards the horizons of an education based on values, ethics and interpersonal relationships in the classroom”

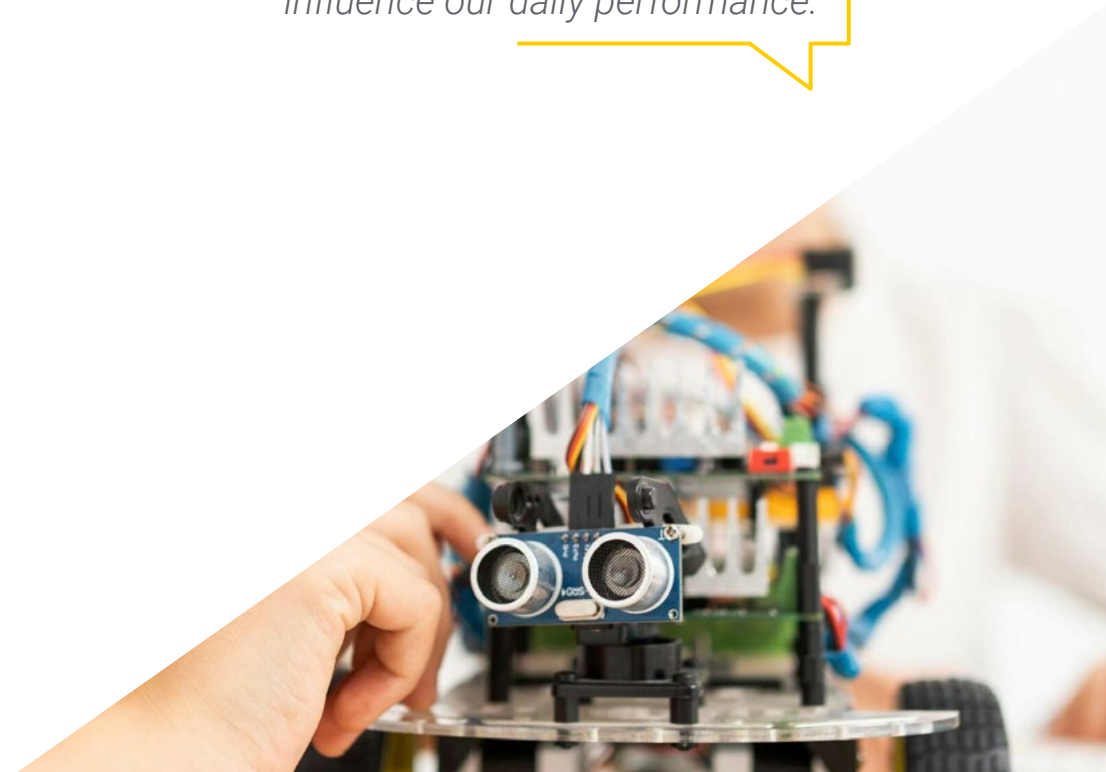
The program’s teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

Specialize in one of the most important branches with the greatest future projection in the educational world.

Teach your students the power of knowing and managing their emotions, and their ability to influence our daily performance.



02

Objectives

With this program in Emotional Education and Values, TECH aims to specialize educators who want to go a step further in terms of knowledge and applications of this subject in their daily professional practice. Thus, the syllabus will provide teachers with the tools and methods to carry out tasks of emotional education in the classroom, management of these and their application to solve adverse situations. In general, this Postgraduate Certificate seeks the mastery of this subject to then apply these concepts in the classroom ecosystem and fostering a more hospitable environment with its members.





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Apply your knowledge of Emotional Regulation to your students, so that they can respond appropriately to the emotions they experience”



General Objectives

- ♦ Acquiring knowledge of one's own emotions
- ♦ Understand the importance of emotions and the relationship they have with education
- ♦ Learning to control emotions before negative situations in and out of the classroom





Specific Objectives

- Master the different concepts of Psychology, Emotions and Positive Education
- Apply each of the positive reinforcements learned in the module
- Detect and deal with cases of bullying and cyberbullying

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*Understand anger as a basic emotion.
Emotions are not to be rejected but
to be understood and to be able to
respond efficiently to them”*

03

Structure and Content

The structure of the syllabus of this Postgraduate Certificate will introduce the students to the concepts of Emotional Education and Well-being, and from there, they will learn about the terms and issues that encompass this subject, such as Positive Psychology and its practical applications, Emotional Competence and Coexistence in the Classroom, among others. That is why TECH has unified all these topics in a compendium of knowledge of online character, characterized by the Relearning methodology, which will not require many hours of study to assimilate the content, but will be done continuously and dosed during the 150 hours it lasts.



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Emotions are uncontrollable, but the response we express to them is. Become an educator capable of teaching emotional management in the classroom thanks to this Postgraduate Certificate"

Module 1. Emotional and Values Education

- 1.1. Emotional Education and Well-Being
 - 1.1.1. Well-Being: Subjective, Individual, Reflex and Community
 - 1.1.2. Values
 - 1.1.3. Emotional, Ethical and Moral Education
 - 1.1.4. Mental Molds
- 1.2. Exciting Education
 - 1.2.1. From Emotional Education to Exciting Education
 - 1.2.2. Emotion Definitions and Components
 - 1.2.3. The Role of Emotions
 - 1.2.4. The Emotional Teacher
- 1.3. Positive Psychology
 - 1.3.1. History and Origin of Positive Psychology
 - 1.3.2. Characteristics of Positive Psychology
 - 1.3.3. Positive Psychology and Well-Being
 - 1.3.4. Human Strengths
- 1.4. Positive Emotions
 - 1.4.1. Positive Emotions
 - 1.4.2. Development and Effect of Positive Emotions
 - 1.4.3. Neuroanatomy of Positive Emotions: Mirror Neurons
 - 1.4.4. Smile, Well-being and Pleasure
- 1.5. Emotional Skill
 - 1.5.1. Emotional Skills
 - 1.5.2. Emotional Autonomy and Emotional Management
 - 1.5.3. Social Skills
 - 1.5.4. Emotional Awareness
- 1.6. Coexistence and Education
 - 1.6.1. Interpersonal Relationships and the Classroom
 - 1.6.2. Educational Styles and their Importance in School Coexistence
 - 1.6.3. Emotional and Social Growth
 - 1.6.4. School Coexistence





- 1.7. Emotional Education and Evolutionary Development
 - 1.7.1. Reasons, Feelings and Emotions
 - 1.7.2. Stages of Emotional Maturation: From 0 to 6 Years
 - 1.7.3. Stages of Emotional Maturation: From 6 to 12 Years Old
 - 1.7.4. Adolescence and Emotion
- 1.8. Emotional Education. Transversal?
 - 1.8.1. Transversality and Transversal Subjects
 - 1.8.2. Objectives and Characteristics of Transversal Subjects
 - 1.8.3. Assessment of the Tutorial Action Plan
 - 1.8.4. Transversality and Cultural Integration
- 1.9. Emotional Education and Transversal Components
 - 1.9.1. Citizenship Education
 - 1.9.2. Education for Peace and Human Rights
 - 1.9.3. Sex Education
 - 1.9.4. for Health Education
- 1.10. Anger and School Bullying
 - 1.10.1. Anger as Basic Emotion
 - 1.10.2. Anger Management and Emotional Regulation
 - 1.10.3. School Conflict
 - 1.10.4. School Bullying Bullying and Ciberbullying



The role of emotions is extremely important, although many want to ignore it. Make a difference and learn the keys to the Neuroanatomy of Positive Emotions and Mirror Neurons"

04

Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.



It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

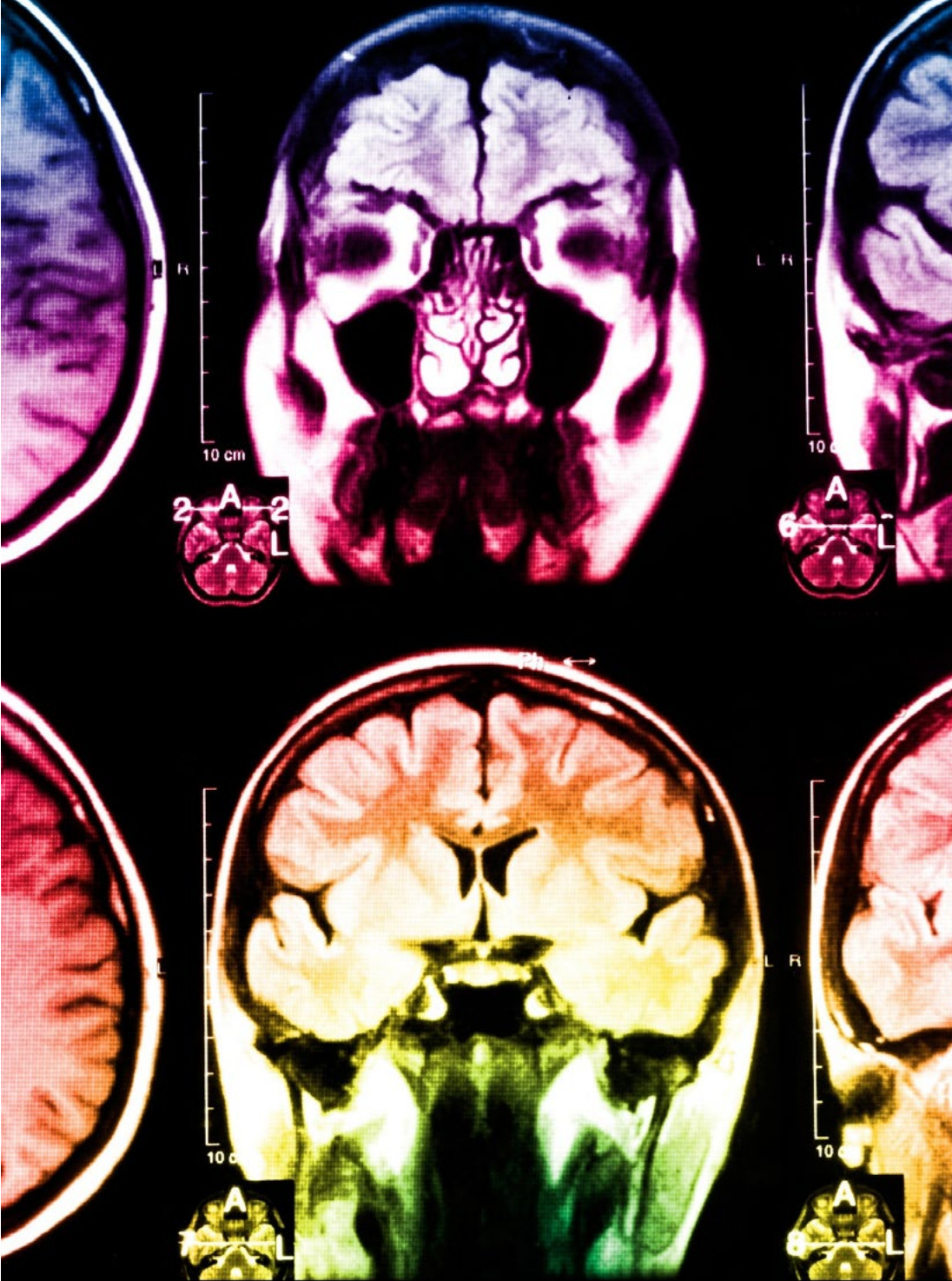
At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

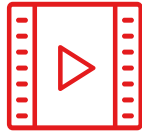
Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

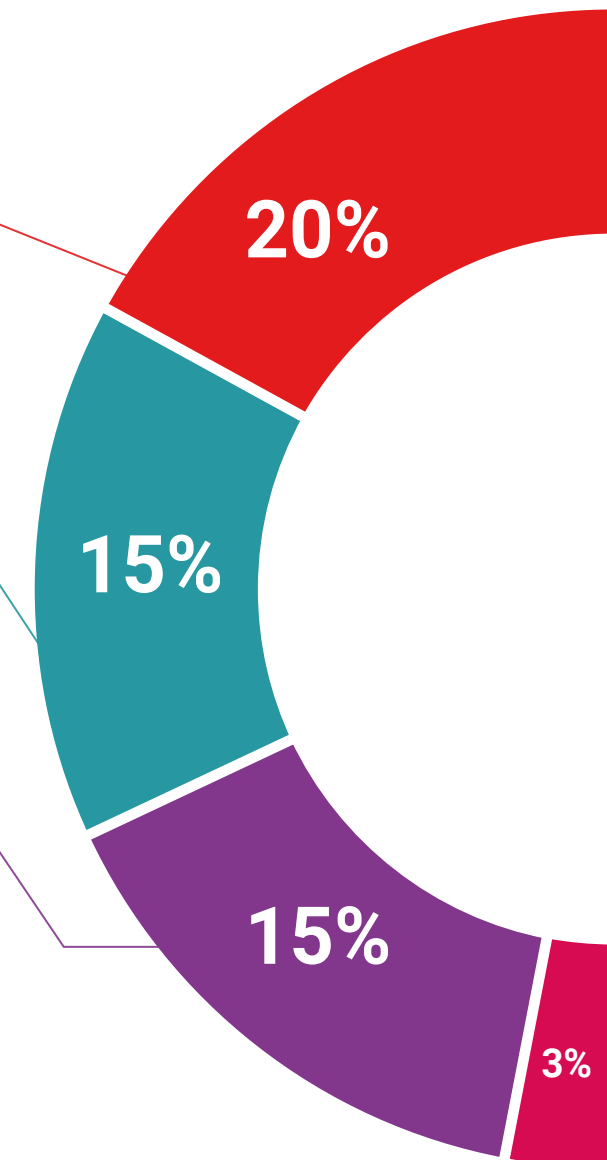
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

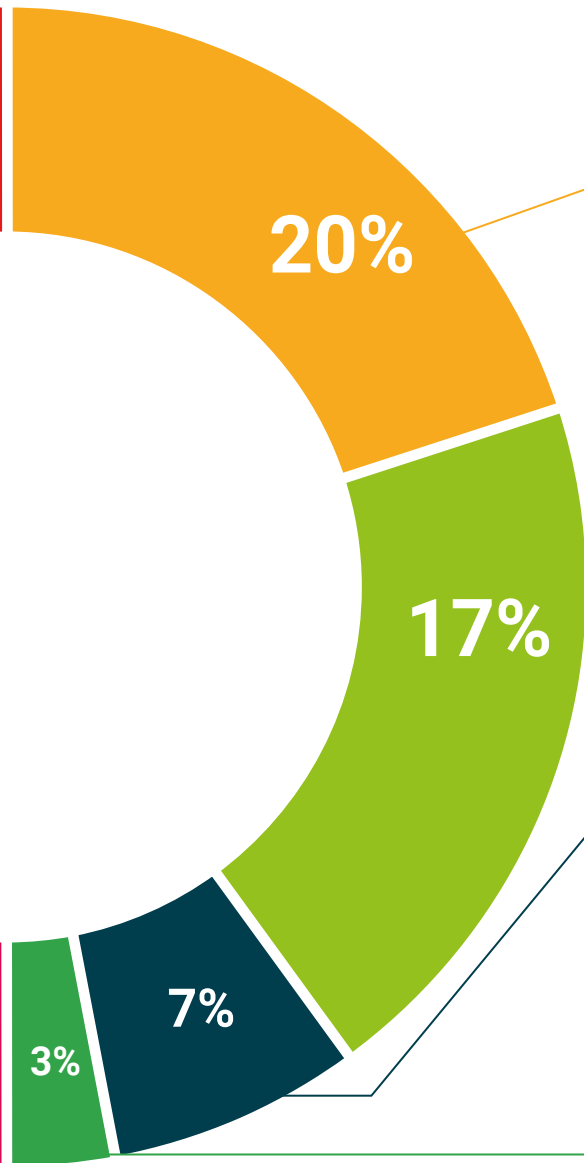
This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05

Certificate

The Postgraduate Certificate in Emotional and Values Education guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Emotional and Values Education** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Emotional and Values Education**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development languages
virtual classroom



Postgraduate Certificate Emotional and Values Education

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- » Schedule: at your own pace
- » Exams: online

Postgraduate Certificate

Emotional and Values Education

