

# Postgraduate Certificate Educational Coaching





## Postgraduate Certificate Educational Coaching

Course Modality: Online

Duration: 2 months.

Endorsed by: TECH Technological University

Official N° of hours: 150 h.

Website: [www.techtute.com/education/postgraduate-certificate/educational-coaching](http://www.techtute.com/education/postgraduate-certificate/educational-coaching)

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01

# Introduction

Emotions are the fundamental axis of a large part of our lives, whether it is to make decisions related to the heart or even to buy any type of product or service. That's why advertising companies try to change our emotions by associating them with positive aspects.



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*This Postgraduate Certificate in Educational Coaching will generate a sense of confidence in the performance of your profession, which will help you grow personally and professionally"*

This Postgraduate Certificate offers a broad and complete vision of the complex world of Emotional Intelligence from the applied perspective, starting from the theoretical and biological bases, gathering the different practical approaches, so that any interested professional knows first, what Emotional Intelligence is, how to evaluate and interpret it and, above all, how to apply it to his or her job.

This gives the course an advantage over other eminently theoretical programs; or programs that exclusively cover one area of practice.

This vision allows a better understanding of the operation from different areas, so that the professional can have different options for its application in his/her job according to their interest.

This Postgraduate Certificate addresses the practice of Emotional Intelligence in the fields most in demand today, in a way that surpasses programs based on the practice of individual professionals.

That is why this Postgraduate Certificate has become a reference for socially relevant topics such as the application of Emotional Intelligence in the field of health, as well as oriented in practice to solve the main demands of parents, teachers or business leaders.

The Postgraduate Certificate students will have access to the latest developments related to Emotional Intelligence both at a theoretical level, in addition to learning how to apply it in their present or future profession, thus offering a qualitative advantage over other professionals in the sector.

It also facilitates the incorporation of professionals into the labor market or helping them to get a promotion in their current job in the field. The course provides extensive theoretical and practical knowledge that will improve the professional skills of the students in their jobs.

This **Postgraduate Certificate in Educational Coaching** contains the most complete and up to date educational program on the market. The most important features of the program include:

- ♦ More than 75 practical cases presented by experts in Educational Coaching
- ♦ The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ New developments on Educational Coaching and practical exercises where the process of self evaluation to improve learning can be carried out
- ♦ With special emphasis on innovative methodologies in Educational Coaching. All this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Update your knowledge through the Postgraduate Certificate in Educational Coaching”*

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*This Postgraduate Certificate may be the best investment you can make in the selection of a refresher program for two reasons: in addition to updating your knowledge in educational coaching, you will obtain a diploma certificate from TECH Technological University”*

*Increase your decision making confidence by updating your knowledge through this course.*

*Take the opportunity to learn about the latest advances in educational coaching and improve the training of your students.*

Its teaching staff includes professionals belonging to the field of educational coaching, who pour into this program the experience of their work, as well as recognized specialists belonging to reference societies and prestigious universities.

Thanks to its multimedia content developed with the latest educational technology, they will allow the professional a situated and contextual learning, that is to say, a simulated environment that will provide an immersive learning programmed to train in real situations.

This program is designed around Problem Based Learning, whereby the Educators must try to solve the different professional practice situations that arise during the course. To this end, the educator will be assisted by an innovative interactive video system created by recognized experts in the field of educational coaching with extensive teaching experience.



02

# Objectives

The Postgraduate Certificate in Educational Coaching is aimed at facilitating the performance of professionals dedicated to teaching and training children and adolescents.





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*This Postgraduate Certificate is designed for you to update your knowledge in educational coaching with the use of the latest educational technology, to contribute with quality and security to the decision making and monitoring of these students”*



## General Objective

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- ♦ Update knowledge on emotional intelligence in its different fields of application, whether in the clinical, educational or labor area, in order to increase the quality of the professional's practice in their performance
- ♦ Introduce students to the vast world of emotional intelligence from a practical perspective, so that they learn about the different disciplines covered by emotions in relation to human behavior and its possibilities
- ♦ Knowledge of emotional intelligence tools
- ♦ Enable the development of skills and abilities by encouraging continuous training and research



## Specific Objectives

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- ♦ Understand unitary intelligence
- ♦ Identify multiple intelligence
- ♦ Discover the relationship between intelligence and the life cycle
- ♦ Unravel the information on inherited intelligence
- ♦ Classify the direct assessment of intelligence
- ♦ Determine what the direct assessment of intelligence is
- ♦ Identify the Flynn Effect
- ♦ Understand the QI Test and its relationship to gender
- ♦ Discover the relationship between the QI Test and the life cycle
- ♦ Clarify the relationship between the QI Test and race
- ♦ Define the role of intelligence tagging
- ♦ Know Gardner's Theory
- ♦ Classify high abilities
- ♦ Explore the field of giftedness
- ♦ Understand intellectual disabilities
- ♦ Clarify the meaning of borderline personality
- ♦ Discover what The Papez Circuit is
- ♦ Exploring the limbic brain
- ♦ Analyze the amygdala and positive emotion
- ♦ Understand the connection between intelligence and emotion
- ♦ Recognize emotional intelligence
- ♦ Analyze the connection between creativity and intelligence
- ♦ Discover the role of Self Awareness and Intelligence



- ♦ Define emotional intelligence
- ♦ Understanding the Definition and Assessment of Psychological Well Being
- ♦ Discovering the Health Influence of Psychological Well Being
- ♦ Knowledge of the definition and evaluation of Happiness
- ♦ Exploring the Health Influence of Happiness
- ♦ Elucidating the Definition and evaluation of Love
- ♦ Analyze the Influence of Love on Health
- ♦ Understanding the Definition and Assessment of Depression
- ♦ Identifying the Health Influence of Depression
- ♦ Discovering the Health Influence of Guilt
- ♦ Comprehension the emotional Control of control and emotional management
- ♦ Discover the different types of relaxation techniques
- ♦ Deepen knowledge in the applied practice of relaxation

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*Take advantage of the opportunity and take the step to get up to date on the latest developments in Educational Coaching”*

04

# Course Management

The program's teaching staff includes leading experts in educational coaching who bring the experience of their work to this training. In addition, other experts of renowned prestige participate in its design and planning completing the program in an interdisciplinary manner.





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*Learn the latest advances in Educational Coaching procedures from leading professionals”*

## Management



**Dr. De la Serna, Juan Moisés**

- PhD in Psychology
- Master's Degree in Neurosciences and Behavioral Biology
- Director of the Open Chair of Psychology and Neurosciences and science communicator



**Ms. Jiménez Romero, Yolanda**

- Territorial Director of the Extremeño-Castilla La Mancha Institute of High Abilities
- Degree in Elementary Education
- Master's Degree in Neuropsychology of High Abilities
- Master's Degree in Emotional Intelligence
- NLP Specialist



## Professors

### Beltrán Carrete, Miguel

- ♦ Teacher specialized in early childhood and primary education Winner of an honorable mention in 2002 in a prestigious pedagogical essay award
- ♦ Congressman and seminarian as an advocate of the pedagogy of joy
- ♦ Promoter of the School of Joy through websites, blogs and other media, director and manager of the Children's Emotional Education Project

### Martínez Zarza, Ana M<sup>a</sup>

- ♦ Educational Psychologist, Graduate in Personal Life Transformation Program, Postgraduate Diploma in Emotional Intelligence

### Dr. Salido Durán, Daniel

- ♦ Degree in Educational Sciences
- ♦ Postgraduate Diploma in Emotional Intelligence
- ♦ Master's Degree in Educational Coaching Transpersonal Therapist

### Dr. Visconti, Martín

- ♦ PhD in Education and Behavioral Sciences with specialization in Emotional Intelligence
- ♦ Degree in Primary Education
- ♦ Master's Degree in Learning Difficulties and Cognitive Processes

05

# Structure and Content

The structure of the contents has been designed by a team of professionals from the best education centers and universities in the country, who are aware of the relevance of up to date training to be able to intervene in the training and support of students in relation to emotional intelligence, and are committed to quality teaching through new educational technologies.







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*This Postgraduate Certificate in Educational Coaching contains the most complete and up to date scientific program on the market"*

## Module 1. Educational Coaching

- 1.1. Defining Coaching
- 1.2. Coaching Tools
- 1.3. Requirements of Coaching
- 1.4. Coaching Applied in the Classroom
  - 1.4.1. Coaching Exercises in Class
  - 1.4.2. Coaching Tools in Class
- 1.5. Evaluation of the Intervention of Educational Coaching
- 1.6. Efficiency of Educational Coaching
- 1.7. Educational Proposals from Coaching
- 1.8. Participation of Education Staff in Coaching





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*A unique, key, and decisive training experience to boost your professional development”*

06

# Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





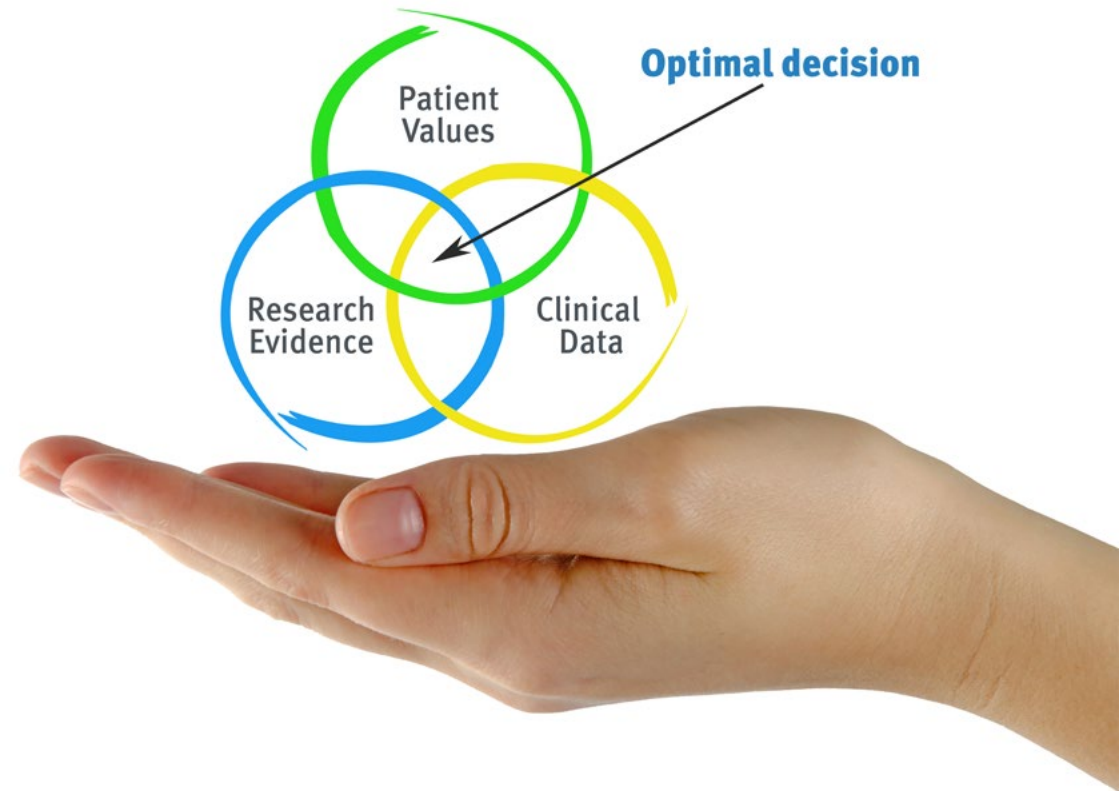
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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

*With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



*It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.*

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.*

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



07

# Certificate

The Postgraduate Certificate in Educational Coaching guarantees students, in addition to the most rigorous and up to date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Postgraduate Certificate in Educational Coaching** contains the most complete and up to date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the **Postgraduate Certificate**, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional from career evaluation committees.

Title: **Postgraduate Certificate in Modern Age Scriptures**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development languages  
virtual classroom



Postgraduate Certificate

Educational Coaching

Course Modality: Online

Duration: 2 months.

Endorsed by: TECH Technological University

Official N° of hours: 150 h.

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