Postgraduate Certificate Communication in Bullying





Postgraduate Certificate Communication in Bullying

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/education/postgraduate-certificate/communication-bullying

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01 Introduction

Communication is an essential aspect in the resolution of bullying cases, since it helps to modify the aggressor's behavior and to ensure that their behaviors are not repeated in the future. To achieve this, it is necessary for professionals in the educational environment to have the most effective communication strategies with students of different types. For this reason, TECH has opted to design this program, which will provide students with the best techniques to promote assertive communication with young people and will help them to use ICT as a preventive tool against bullying. In a 100% online way and from the comfort of your own home, you will be trained to deal with these situations with solvency.

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This Postgraduate Certificate will allow you to carry out effective communication strategies to prevent bullying through the use of new technologies"

tech 06 | Introduction

Teachers are often confronted with delicate situations of bullying between students, in which they must contribute to preserving the well-being of the young person being bullied. In this line, communication is of great importance, since being able to move the aggressors and make them understand the negative aspects of their behavior is crucial to bring about a change in their behavior. Therefore, it is essential that educators have a high level of mastery of the most effective communication strategies to deal with the different contexts of bullying in the classroom.

That is why TECH has created this Postgraduate Certificate, through which the professional will increase their communication skills to successfully deal with bullying situations. During 180 hours of intensive teaching, you will deepen in the communicative styles of unequal resolution or acquire the cutting-edge skills to communicate with students in an assertive way in bullying situations. Likewise, you will be able to optimize decision making to choose those that will provide the best impact in the management of these conflicts.

All this, following a complete 100% online methodology, through which the student will be able to develop his own study schedules to achieve effective learning In addition, you will enjoy didactic content available in a variety of textual and multimedia formats, including readings, explanatory videos and interactive summaries. As a result, you will enjoy a completely enjoyable, individualized and decisive teaching. This **Postgraduate Certificate in Communication in Bullying** contains the most complete and up-to-date educational program on the market. Its most notable features are:

- The development of case studies presented by experts in Psychology and Education
- The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

Throughout this academic itinerary, you will acquire the best assertive communication skills to successfully manage bullying situations"

Introduction | 07 tech

Study from the comfort of your home and without time constraints thanks to the 100% online modality that this program presents"

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow the professional a situated and contextual learning, that is, a simulated environment that will provide an immersive training programmed to train in real situations.

The design of this program focuses on Problem-Based Learning, in which the professional will have to try to solve the different professional practice situations that will arise throughout the academic course. This will be done with the help of an innovative system of interactive videos made by renowned experts.

Be able to handle with solvency the conflicts that occur in the school environment through this program.

> Learn through didactic content in cutting-edge formats such as video or interactive summary.

02 **Objectives**

This Postgraduate Certificate has been designed with the aim of providing the educator with the best knowledge and cutting-edge communication skills to intervene in cases of bullying. Through this program, you will delve into the styles of non-verbal, verbal and paraverbal communication or strategies to deal with students in an assertive manner. This learning will be guaranteed through the achievement of the objectives that TECH has outlined for this program.



Become a professional able to manage conflicts arising from bullying with full effectiveness"

tech 10 | Objectives



General Objectives

- Deepen in the prevention and intervention in school bullying
- Delve into the different areas in which bullying has an impact
- Offer a system of in-depth study for a comprehensive approach to school bullying
- Inquire into the educational, psychological, social and legal aspects of school bullying
- Acquire in-depth knowledge of the relationship between bullying and its psychological consequences
- Describe school conflict management, assertive communication and problem solving tools
- Explain the tools to know how to prevent school bullying
- Explain the tools to know how to intervene in school bullying
- Enable to work collaboratively with all the actors involved in bullying



Objectives | 11 tech



Specific Objectives

- Describe existing communicative styles
- Identify the most effective communicative styles
- Get to know the relationship between educational styles and communicative styles
- Learn to communicate assertively
- Understand the importance of affectivity
- Learn how to claim rights through assertive communication
- Delve into the use of assertive communication as a conflict resolution strategy

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It delves into the different existing communication styles and chooses those that contribute positively to the resolution of conflicts in the classroom"

03 Course Management

Course Management | 13 tech

S Make the most of this opportunity to learn about the latest advances in this subject to apply it to your daily practice"

tech 14 | Course Management

Management



Ms. González Rivas, Maria José

- Specialist in Pre-school Education, Politics and Educational Psychology
- PhD in Education from the University of Salamanca
- Master's Degree in Coaching and Emotional Intelligence certified by Bureau Veritas and AICM
- Master's Degree in University Teaching by CEU Cardenal Herrera University
- Degree in Philosophy and Educational Sciences and Pedagogy from the University of Salamanca
- Diploma in Teaching from the University of Santiago de Compostela



04 Structure and Content

The syllabus of this Postgraduate Certificate has been designed with the idea of favoring the acquisition of knowledge and skills in Communication in Bullying by the educator. All the didactic contents that you will enjoy during the duration of this program are available in a wide range of textual and multimedia supports different from each other, allowing you to choose those that best suit your academic needs. In addition, the 100% online methodology will allow you to learn without having to adhere to uncomfortable and tight schedules.

Structure and Content | 13 tech

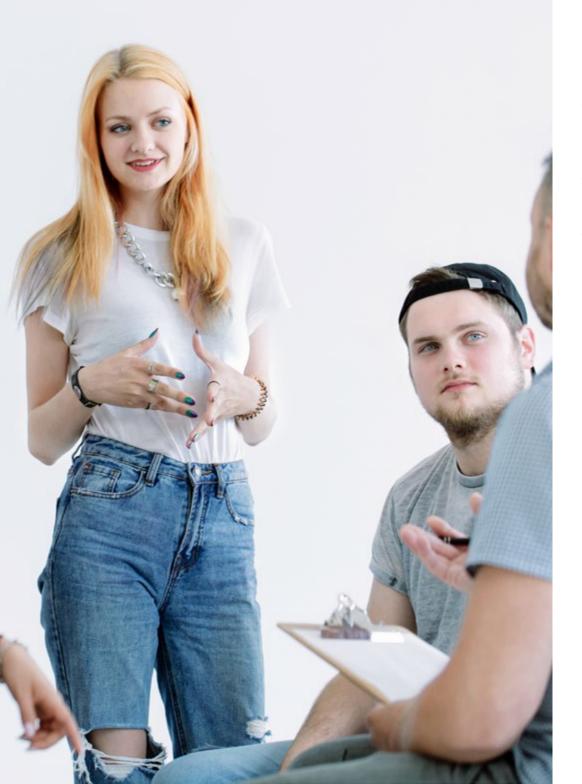
The Postgraduate Certificate in Communication in Bullying has a Relearning methodology that will favor a customized learning"

tech 14 | Structure and Content

Module 1. Communicative styles in bullying resolution

- 1.1. Communication in bullying situations
 - 1.1.1. Emitter
 - 1.1.2. Receptor
 - 1.1.3. Message
 - 1.1.4. Communication Channels
- 1.2. Styles of Verbal, Non-Verbal and Paraverbal Communication
 - 1.2.1. Verbal Communication
 - 1.2.2. Non-Verbal Communication
 - 1.2.3. Paraverbal Communication
- 1.3. Communicative styles of unequal resolution
 - 1.3.1. Communication Styles
 - 1.3.2. Win/lose
 - 1.3.3. Losing/winning
- 1.4. Adequate and empathic communication
 - 1.4.1. Win/win
 - 1.4.2. Winning and helping the other person to win
- 1.5. Assertive Communication in Bullying
 - 1.5.1. Assertive Communication in Conflicts
 - 1.5.2. Benefits of Assertive Communication
- 1.6. Making appropriate decisions to resolve a bullying situation
 - 1.6.1. Appropriate decision making process
 - 1.6.2. Variables involved in the decision making process
- 1.7. Communication agents involved in school bullying
 - 1.7.1. Communication on the part of the student
 - 1.7.2. Communication on the part of the Professor





Structure and Content | 15 tech

- 1.8. Development of non-violent communication for dealing with bullying
 - 1.8.1. Non-Violent Communication
 - 1.8.2. Aggressive states
 - 1.8.3. Aggressiveness indicators
- 1.9. ICTs and preventive communication strategies
 - 1.9.1. The role of technologies in communication
 - 1.9.2. Appropriate forms of communication through ICTs
- 1.10. Active listening as a key in school bullying
 - 1.10.1. Active Listening

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- 1.10.2. Empathic Listening
- 1.10.3. Signs of active listening

Take this program and enjoy the most avant-garde didactic contents in the educational environment on Communication in Bullying"

05 **Methodology**

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Methodology | 21 tech

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

tech 22 | Methodology

At TECH Global University School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.



It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions. 66

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- 1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- 2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
- **3.** Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



tech 24 | Methodology

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

> Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

20%

15%

3%

15%

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

Methodology | 27 tech



Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

20%

7%

3%

17%



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

06 **Certificate**

The Postgraduate Certificate in Communication in Bullying guarantees students, in addition to the most rigorous and up-to-date education access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

tech 26 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Communication in Bullying** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

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