

# Postgraduate Certificate

## Child and Adolescent Psychopathologies

### Treatment and Intervention



## Postgraduate Certificate

### Child and Adolescent Psychopathologies Treatment and Intervention

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/education/postgraduate-certificate/child-adolescent-psychopathologies-treatment-intervention](http://www.techtute.com/us/education/postgraduate-certificate/child-adolescent-psychopathologies-treatment-intervention)

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# 01

# Introduction

Teachers are in constant contact with students who may present psychopathologies that considerably influence their personal and academic development. This is a determining process in their lives and also requires a deep knowledge on the part of teaching professionals in the field of psychology to be able to contribute, to the extent of their possibilities, to the growth of the students. This program responds to an existing demand in the teaching field. Through a syllabus with multimedia content and a team of specialized professionals, students who take this qualification will acquire detailed knowledge in this field.





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*A flexible online program, designed to advance your career as a teacher. Enroll now"*

Anxiety, stress, ADHD or bullying are some of the problems that teachers encounter when entering a school. A variety of students with different situations that considerably affect their learning. This Postgraduate Certificate allows teaching professionals to expand their knowledge in this field and master the main treatments and interventions that are carried out in patients with psychopathologies.

A university education that will allow students to know the most used tools and their effectiveness in the recovery of patients in childhood and adolescence. This program provides innovative multimedia material that will be very useful for professionals who wish to delve into the most commonly used therapies in the child and adolescent group, such as systemic, strategic, constructivist or cognitive-behavioral. The simulations of real clinical cases will be very useful for students who wish to grow professionally in the field of education.

A program with a theoretical-practical approach, which will provide a look into the future of treatment planning in the early childhood and youth stage and provides the opportunity to thrive in the academic field.

In addition, TECH gives teaching professionals the opportunity to pursue a university qualification conveniently, accessing the entire syllabus whenever and wherever they wish. They only need an electronic device with an Internet connection to connect to a syllabus made up of innovative teaching resources. With no attendance or fixed schedules, this program provides flexibility, which favors students who wish to balance their personal responsibilities with an education that is at the academic forefront.

This **Postgraduate Certificate in Child and Adolescent Psychopathologies Treatment and Intervention** contains the most complete and up-to-date educational program on the market. The most important features include::

- ♦ Practical cases presented by experts in Psychology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*You are looking at a qualification that will help you understand even more about students suffering from psychopathologies”*

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*If you are looking to expand your knowledge and improve your professional career, you are looking at a Postgraduate Certificate that gives you that opportunity now. Enroll now”*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in a contextual and situated learning environment, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, by means of which professionals must try to solve the different professional practice situations that arise during the academic year. For this purpose, students will be assisted by an innovative interactive video system developed by renowned experts.

*An educational option that gives you the opportunity to advance professionally, without neglecting other areas of your personal life.*

*Enroll now in a Postgraduate Certificate that will give you a plus to your professional career as a teacher.*



# 02

# Objectives

At the end of this Postgraduate Certificate, teaching professionals will be able to perfectly identify the treatments most commonly used today to address psychopathologies in minors. They will also master the different behavior modulating theories and future treatments. All this thanks to a specialized teaching team that will tutor them during the development of this program.







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*At the end of the 180 hours of this course, you will have mastered the main techniques of psychological intervention with minors"*



## General Objectives

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- ♦ Describe the therapeutic bond between the psychotherapist and the minor patient
- ♦ Analyze the changes in behavior during the life cycle
- ♦ Differentiate between the evolutionary adaptation and adaptability of human beings
- ♦ Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- ♦ Master psychodiagnosis and evaluation in the child and adolescent framework
- ♦ Control personality assessment at these ages
- ♦ Identify the role of the family in child and adolescent diagnosis
- ♦ Specify the intervention in clinical psychology at these age groups
- ♦ Develop sufficient skills to manage a child and adolescent clinic





### Specific Objectives

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- ♦ Identify the main treatments for clinical psychopathologies in childhood and adolescence
- ♦ Study the different modulating theories of human behavior in childhood
- ♦ Get to know the future perspectives in the treatment of childhood and adolescent psychopathologies



*Improve your professional career with an education that gives you the opportunity to delve into the most commonly used treatments for adolescents with psychopathologies"*

03

# Structure and Content

The Relearning system used by TECH in its qualifications allows students to reduce the long hours of study, since the repetition of content facilitates learning in a more natural way. In this way, professionals who take this course will find this system and a study plan made up of video summaries, videos in detail, specialized readings or real clinical cases that will facilitate the understanding of the content and the acquisition of new knowledge in a more agile way. In addition, the theoretical and practical approach of this online program will lead you to acquire a comprehensive education.



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*Enroll in a Postgraduate Certificate that you can access 24 hours a day, without fixed schedules or presential sessions"*

## Module 1. Child and Adolescent Psychopathologies Treatment and Intervention

- 1.1. Factors Influencing Treatment Outcome
  - 1.1.1. Modulating Factors in Child Treatment
- 1.2. Treatment Modalities
  - 1.2.1. Introduction to the Treatment of Child and Adolescent Psychopathology
  - 1.2.2. Different Treatment Modalities for Children and Adolescents
- 1.3. Bandura's Vicarious Learning
  - 1.3.1. History of Bandura
  - 1.3.2. Bandura's Vicarious Learning Theory
- 1.4. Functional Analysis
  - 1.4.1. Introduction to Functional Analysis
  - 1.4.2. Functional Analysis in Psychological Therapy
- 1.5. Systemic Therapy
  - 1.5.1. Introduction to Systemic Therapy
  - 1.5.2. Systemic Therapy Today
- 1.6. Strategic Therapy and Constructivism
  - 1.6.1. Introduction to Strategic Therapy
  - 1.6.2. Introduction to Constructivism
- 1.7. Cognitive-Behavioral Therapy. Cognitive restructuring
  - 1.7.1. Introduction to Cognitive-Behavioral Techniques
  - 1.7.2. Cognitive Restructuring Technique
  - 1.7.3. Cognitive Restructuring as a Treatment Nowadays
- 1.8. Solution-Focused Brief Therapy
  - 1.8.1. Introduction to Solution-Focused Brief Therapy
  - 1.8.2. Techniques and Clinical Use
- 1.9. Psychotherapeutic Techniques
  - 1.9.1. Introduction to Psychotherapeutic Techniques
  - 1.9.2. The Main Psychotherapeutic Techniques Today
- 1.10. Future Prospects for Treatment Planning
  - 1.10.1. New Prospects for Treatment in Childhood and Adolescence





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*A Postgraduate Certificate that will allow you to grow professionally and learn about the new perspectives of treatment in the childhood and adolescence”*

04

# Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

*With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



*It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.*

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05

# Certificate

The Postgraduate Certificate in Child and Adolescent Psychopathologies Treatment and Intervention guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This program will allow you to obtain your **Postgraduate Certificate in Child and Adolescent Psychopathologies Treatment and Intervention** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Child and Adolescent Psychopathologies Treatment and Intervention**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

personalized service innovation

knowledge present

online training

development language

virtual classroom

**tech** global  
university

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