

# Postgraduate Certificate

## Child and Adolescent Clinical Psychology Treatment Programs





## Postgraduate Certificate

### Child and Adolescent Clinical Psychology Treatment Programs

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/in/education/postgraduate-certificate/child-adolescent-clinical-psychology-treatment-programs](http://www.techtitute.com/in/education/postgraduate-certificate/child-adolescent-clinical-psychology-treatment-programs)

# Index

01

Introduction

---

*p. 4*

02

Objectives

---

*p. 8*

03

Structure and Content

---

*p. 12*

04

Methodology

---

*p. 16*

05

Certificate

---

*p. 24*

# 01

# Introduction

The increase of problems that distress young people today are mostly the result of personal problems and conflicts, many of them related to family issues, academic issues or friendships. That is why, in order to help young people, a series of current knowledge about clinical psychology has to be deepened. This knowledge is also applied by teachers for a better relationship in school groups, and that is why this program is aimed at the educational sector. It is a 100% online program, without pre-established schedules or cumbersome procedures, so that the student decides how, when and where to take the course load, having the flexibility to balance the development of the program with their personal responsibilities.



“

*A program for you to update your knowledge in the latest psychological treatments that have helped many young people worldwide"*

Psychological well-being is today a mandatory right that people must have, however, given the existence of problems that affect the human being emotionally, the most effective professionals in the sector have had to update their knowledge to treat in the best way all this that happens and is considered today as a disease.

It is for this reason that the updates and treatments have to be more and more forceful. For this reason, TECH has developed this program for the educational professional who wishes to contribute to the psychological treatment of their students, many of them affected at such a young age and suffering from illnesses such as bipolar disorders or ADHD. Throughout the program, the teachers in charge will take a tour that will allow students to acquire a practical vision in the different cases to be presented, which means access to the broad panorama offered by child and adolescent psychology.

This is a 100% online qualification that will provide the latest updates in the psychological sector for education professionals to adopt and shape their treatments. A program that does not require classroom or unnecessary attendance and that the educator can develop from the comfort of your home, needing only a device with Internet access.

This **Postgraduate Certificate in Child and Adolescent Clinical Psychology Treatment Programs** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Psychology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection

“

*A 100% virtual program to study without leaving home, which will make your sessions much more productive and without external problems"*

“

*Thanks to this Postgraduate Certificate, you will be able to update your knowledge through practical cases, which will allow you to identify the attitudes and signs that a young person manifests in case of having a bipolar disorder or ADHD"*

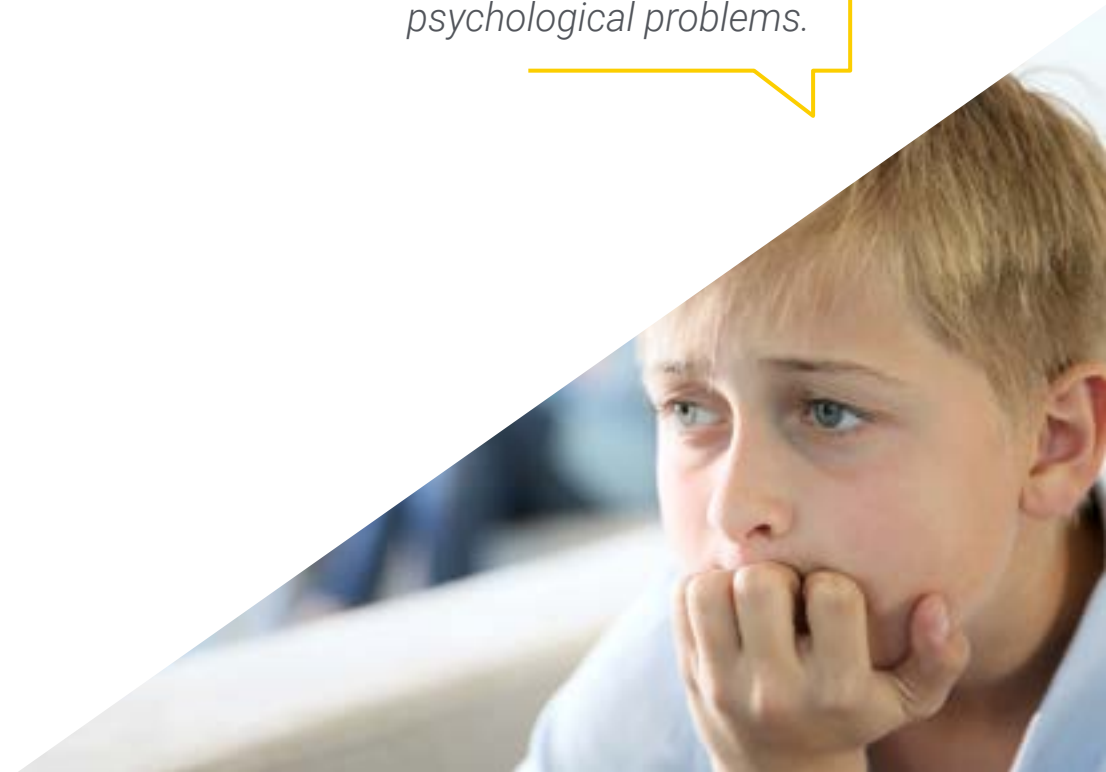
The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in a contextual and situated learning environment, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, by means of which professionals must try to solve the different professional practice situations that arise during the academic year. For this purpose, students will be assisted by an innovative interactive video system developed by renowned experts.

*You will be able to access the virtual campus to review the program material and download it to refresh your information whenever you need it.*

*In a short period of time, you will gain the necessary knowledge to assist in the treatment of the young person with psychological problems.*



# 02

# Objectives

The main objective of TECH is to provide all the necessary information to professionals in the educational sector, so that they can identify the main techniques and processes that facilitate the treatment of students and young people with psychological problems. To this extent, the priority of this program is to provide information to educators to strengthen the treatment of young people and in turn strengthen the bonds of their environment so that they themselves help in solving the problem.







“

*Take this program and be part of the educational sector that stands out for its human quality in the treatment of psychological patients under 20 years of age"*



## General Objectives

---

- ♦ Describe the therapeutic bond between the psychotherapist and the child
- ♦ Analyze the changes in behavior during the life cycle
- ♦ Differentiate between the evolutionary adaptation and adaptability of human beings
- ♦ Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- ♦ Master psychodiagnosis and evaluation in the child and adolescent framework
- ♦ Control personality assessment at these ages
- ♦ Identify the role of the family in child and adolescent diagnosis
- ♦ Specify the intervention in clinical psychology at these age groups
- ♦ Develop sufficient skills to manage a child and adolescent clinic





### Specific Objectives

---

- Know the relevant data on the treatment of the most significant disorders for the child and adolescent population
- Study the main aspects of intervention in clinical disorders of childhood and adolescence
- Determine the future prognosis of some clinical disorders in childhood and adolescence
- Study the therapies and intervention techniques that are effective in clinical disorders



*An ideal program for professionals who want a quality education that allows them to balance it with other areas of their personal and professional life"*

# 03

## Structure and Content

The syllabus of this Postgraduate Certificate in Child and Adolescent Clinical Psychology Treatment Programs was developed by TECH together with its teaching staff. The content of the program stems from the prerogative of offering educators the best techniques and procedures for the mental health of young people. A syllabus that can be downloaded and reviewed from any mobile device and can be used in times of doubt or uncertainty.





“

*Effective information that will help you  
in every process and treatment of the  
child and adolescent patient”*

## Module 1. Treatment Programs

- 1.1. Depression and Anxiety
  - 1.1.1. Introduction to the Treatment of Depression and Anxiety in Child and Adolescent Clinic
  - 1.1.2. Intervention in Depression and Anxiety in Children
- 1.2. ADHD
  - 1.2.1. Introduction to ADHD Treatment
  - 1.2.2. Intervention in ADHD in Children
- 1.3. Personality Disorders
  - 1.3.1. Introduction to the Treatment of Personality Disorders
  - 1.3.2. Intervention in Personality Disorders in Children and Adolescents
- 1.4. Bipolar Disorder
  - 1.4.1. Introduction to Bipolar Disorder and its Treatment
  - 1.4.2. Intervention of Bipolar Disorder in Childhood and Adolescence
- 1.5. Eating Disorders
  - 1.5.1. Introduction to the Treatment of Eating Disorders in the Child and Adolescent Population
  - 1.5.2. Intervention of Eating Disorders in Minors
- 1.6. Sleep Disorders
  - 1.6.1. Introduction to the Treatment of Sleep Disorders in Minors
  - 1.6.2. Sleep Disorders Intervention
- 1.7. Disruptive Behavior Disorders
  - 1.7.1. Introduction and Relevance to the Treatment of Disruptive Behavior Disorders in Minors
  - 1.7.2. Intervention of Behavioral Disorders in Childhood and Adolescence



- 1.8. Excretory Disorders
  - 1.8.1. General Aspects of Excretory Disorders and their Treatment
  - 1.8.2. Intervention of Excretory Disorders in Minors
- 1.9. Dissociative Disorders and Psychosomatic Disorders
  - 1.9.1. Relevance of Dissociative Disorders and Psychosomatic Disorders in Childhood and Adolescence
  - 1.9.2. Intervention and Treatment of Dissociative and Psychosomatic Disorders in Minors
- 1.10. Stress Disorders
  - 1.10.1. General Overview of Stress-Related Disorders
  - 1.10.2. Intervention of Stress Disorders in the Child and Adolescent Population



*Learn about the latest studies on stress disorders intervention in children and adolescents"*

04

# Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







“

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

*With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



*It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.*

“

*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05

# Certificate

The Postgraduate Certificate in Child and Adolescent Clinical Psychology Treatment Programs guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





“

*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Child and Adolescent Clinical Psychology Treatment Programs** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Child and Adolescent Clinical Psychology Treatment Program**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development languages  
virtual classroom



**Postgraduate Certificate**  
Child and Adolescent  
Clinical Psychology  
Treatment Programs

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

# Postgraduate Certificate

## Child and Adolescent Clinical Psychology Treatment Programs

