

Postgraduate Certificate
Child and Adolescent Clinical Psychology
Intervention and Treatment



Postgraduate Certificate

Child and Adolescent Clinical Psychology Intervention and Treatment

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/education/postgraduate-certificate/child-adolescent-clinical-psychology-intervention-treatment

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01

Introduction

New technologies are present in the classroom to facilitate learning for students, but it is also being tremendously useful in the approach to child and adolescent patients with some kind of disorder, phobia or mobility limitation. This 100% online program provides teaching professionals with comprehensive learning about the intervention and diagnosis performed in this type of patients. All of this with innovative multimedia teaching material, which will allow a much more enjoyable way to acquire advanced teaching.



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Thanks to this university program, you will acquire advanced learning about the techniques and tools used with young people with psychological disorders"

The teaching professional handles a large number of adolescents and children in the classroom, including some minors with mental health problems. Phobias, autism and schizophrenia disorder are just some of the diseases that this Postgraduate Certificate will address, through a comprehensive content provided by a specialized teaching team with extensive experience in the intervention and treatment of child and adolescent clinical psychology. All this will favor the professional growth of the teacher and will help them to better understand the difficulties faced by this type of students.

A program taught completely online, where teaching professionals will learn with a theoretical-practical approach, the main treatment programs, as well as the most used tools and techniques nowadays thanks to the use of ICT. The video summaries, detailed videos and complementary readings will facilitate the acquisition of specialized learning, covering the 180 teaching hours in a much more agile and enjoyable way.

A program that will allow you, therefore, to enter a field of psychology through the Relearning system, based on the reiteration of content, allowing students to advance in a more natural way throughout the Postgraduate Certificate. Professionals will also be able to reduce their hours of study with this method.

A university qualification that is an excellent opportunity for professionals who wish to pursue a high-level education while making it compatible with their work. In this way, students who take this program only need a computer, tablet or cell phone with an Internet connection to access the complete syllabus. In this way, without fixed schedules or attendance, you will be able to better distribute the teaching load of this Postgraduate Certificate. An ideal model for people who want a quality qualification without neglecting other areas of their daily life.

This **Postgraduate Certificate in Child and Adolescent Clinical Psychology Intervention and Treatment** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ Practical cases presented by experts in Psychology
- ♦ The graphic, schematic, and practical contents with which they are created,
- ♦ provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



TECH offers you a Postgraduate Certificate that will allow you to better understand the importance of the family in the treatment of child and adolescent clinical psychology"

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A very useful educational option to learn about intervention in patients with phobias, obsessive-compulsive disorders or oppositional defiant disorder”

The program’s teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in a contextual and situated learning environment, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, through which professionals must try to solve the different professional practice situations that arise during the academic course. For this purpose, students will be assisted by an innovative interactive video system developed by renowned experts.

A 100% online program designed for you to balance your personal life with a university program that will allow you to progress in your career.

Enroll now in a Postgraduate Certificate program that will help you learn more about the techniques used with adolescent patients suffering from schizophrenia.



02

Objectives

Upon completion of this qualification, teaching professionals will be able to acquire a broad knowledge of intervention and treatment in clinical child and adolescent psychology. In addition, they will master the main tools used in consultation, especially the new technologies that have allowed them to obtain good results in certain patients. Likewise, students will improve their competencies and skills in their daily relationship with underage students with some type of disorder.



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Quality multimedia material is available for you to progress in the Postgraduate Certificate in a more agile and enjoyable way. Enroll now”



General Objectives

- ♦ Describe the therapeutic bond between the psychotherapist and the minor patient
- ♦ Analyze the changes in behavior during the life cycle
- ♦ Differentiate between the evolutionary adaptation and adaptability of human beings
- ♦ Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- ♦ Master psychodiagnosis and evaluation in the child and adolescent framework
- ♦ Control personality assessment at these ages
- ♦ Identify the role of the family in child and adolescent diagnosis
- ♦ Specify the intervention in clinical psychology at these age groups
- ♦ Develop sufficient skills to manage a child and adolescent clinic





Specific Objectives

- Know the main treatment programs
- Delve into what ICT is and their usefulness in Clinical psychology
- Analyze current and future treatments linked to new technologies

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A Postgraduate Certificate with innovative content to bring you closer to the new technologies used in clinical psychology treatments”



03

Structure and Content

Students who take this university qualification have a study plan made up of a module, in which they will have teaching material that is in line with current academic times. Therefore, there are video summaries, interactive diagrams and specialized readings with which you will be able to delve into interventions in patients with autism spectrum, schizophrenia, obsessive-compulsive disorder, phobias or addictions. Also, the syllabus of this online program makes a special emphasis on family therapy and its importance in the well-being and recovery of the child. All this with a flexible teaching method, which allows you to access the content of the Postgraduate Certificate whenever you want.





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A syllabus that will lead you to understand the process of intervention and treatment in children with autism spectrum”

Module 1. Child and Adolescent Clinical Psychology Intervention and Treatment

- 1.1. Characteristics of Psychological Interventions in Children and Adolescents
 - 1.1.1. Main Features
- 1.2. Autism Spectrum
 - 1.2.1. Principles of the Autism Spectrum
 - 1.2.2. Assessment and Diagnosis
 - 1.2.3. Intervention and Treatment
- 1.3. Schizophrenia
 - 1.3.1. Basis of the Disease
 - 1.3.2. Assessment and Diagnosis
 - 1.3.3. Intervention and Treatment
- 1.4. Intervention in Obsessive-Compulsive Disorder
 - 1.4.1. Principles of the Disorder
 - 1.4.2. Assessment and Diagnosis
 - 1.4.3. Treatment Programs
- 1.5. Treatment Program for Social Phobia
 - 1.5.1. Common Treatment Programs for Social Phobia
 - 1.5.2. Treatments and Lines of Research
 - 1.5.3. Cognitive-Behavioral Intervention
- 1.6. Specific Phobia Treatment
 - 1.6.1. Diagnostic Characteristics of Specific Phobias
 - 1.6.2. Assessment
 - 1.6.3. Intervention and Treatment





- 1.7. Family Therapy
 - 1.7.1. Principles of Family Therapy
 - 1.7.2. Usefulness and Effectiveness
- 1.8. Treatment of Sexual Disorders
 - 1.8.1. Assessment and Diagnosis of Sexual Disorders
 - 1.8.2. Non-Pharmacological Treatment for Sexual Disorders
- 1.9. Treatment for Oppositional Defiant Disorder
 - 1.9.1. What is Oppositional Defiant Disorder?
 - 1.9.2. Assessment and Diagnosis of Oppositional Defiant Disorder
 - 1.9.3. Intervention and Treatment
- 1.10. Treatment of Addictions
 - 1.10.1. Concept of Addiction
 - 1.10.2. Components of Addiction
 - 1.10.3. Intervention Programs

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A program that will allow you to learn, in a simple way, about the most frequent intervention programs used with minors with mental health problems"

04

Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Global University School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.



It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05

Certificate

The Postgraduate Certificate in Child and Adolescent Clinical Psychology Intervention and Treatment guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Child and Adolescent Clinical Psychology** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

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Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
online training
development language
virtual classroom



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