Postgraduate Certificate
Bullying and Cyberbullying

tech technological university

Postgraduate Certificate
Bullying and Cyberbullying

» Modality: **online**
» Duration: **6 weeks**
» Certificate: **TECH Technological University**
» Dedication: **16h/week**
» Schedule: **at your own pace**
» Exams: **online**

Website: **www.techtitute.com/pk/education/postgraduate-certificate/bullying-cyberbullying**

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01

Introduction

According to the latest studies, 1 in 3 young people have acknowledged being victims of cyberbullying, even skipping classes in order to avoid continuous attacks from their peers. As a result, schools have become more sensitive to this issue, developing strategies to prevent these bullying situations and protocols to deal with them quickly. Faced with such a situation, teachers must be aware of these mechanisms to ensure the full welfare of their students in the classroom. Consequently, TECH has created this program, with which the students will identify the methods to detect bullying and cyberbullying or the procedures to address them. In addition, you will obtain this learning online and without depending on pre-established schedules.

Through this qualification, you will master the protocols of action in a possible case of cyberbullying, in order to preserve the welfare of young people in the school environment"

In recent years, the trend of starting to use electronic devices and social networks at increasingly younger ages has become popular. This fact has had a direct impact on the increase of bullying cases produced by digital media, which significantly affect the quality of life and emotional development of children and adolescents. That is why schools have opted to design and implement measures aimed at preventing, detecting and combating possible cases of Bullyingand Cyberbullying, which teachers must know to adapt to the most current educational demands.

For this reason, TECH has designed this program, which allows students to acquire the best knowledge to deal with these bullying situations in just 6 weeks. Throughout this academic period, you will identify sophisticated strategies to detect bullying in the classroom or techniques to prevent cyberbullying. In the same way, you will learn the mechanisms of action in both cases and delve into the peculiarities of grooming and stalking in the adolescent stage.

Since this program is developed through a complete 100% online methodology, the educators will be able to perfectly combine their excellent learning with their daily personal and academic obligations. Likewise, you will have at your disposal didactic resources in a wide variety of formats, including readings, explanatory videos and interactive summaries. As a result, you will be able to adapt your study to both your personal needs and your academic requirements.

This **Postgraduate Certificate in Bullying and Cyberbullying** contains the most complete and up-to-date educational program on the market. The most important features include:

- The development of case studies presented by experts in Psychology and Education
- The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

This Postgraduate Certificate will allow you to delve into the most effective strategies to prevent Bullying and Cyberbullying”

"Do you want to combine your learning with your daily obligations? The 100% online methodology of this Postgraduate Certificate allows you to do it!"

Be able to detect with solvency and speed a possible case of cyberbullying in the classroom thanks to this TECH program.

Enjoy the best study facilities in the pedagogical panorama and develop yourself as a teacher in an agile and simple way.

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.
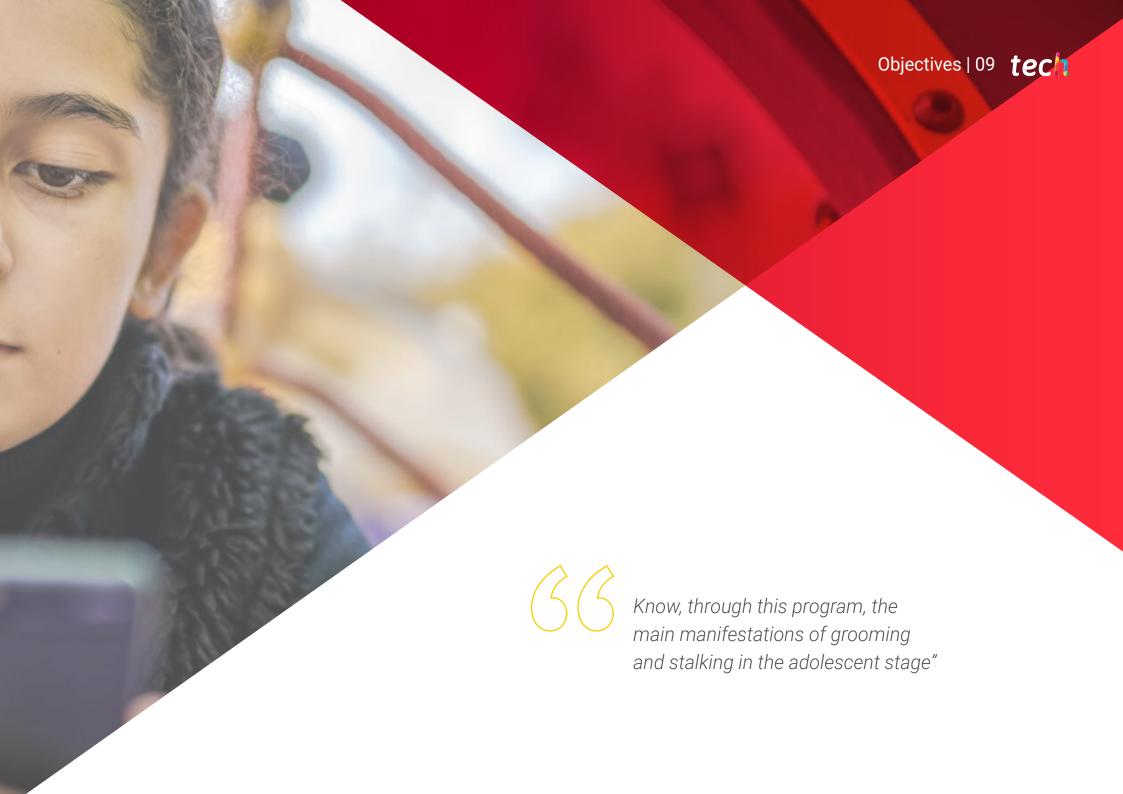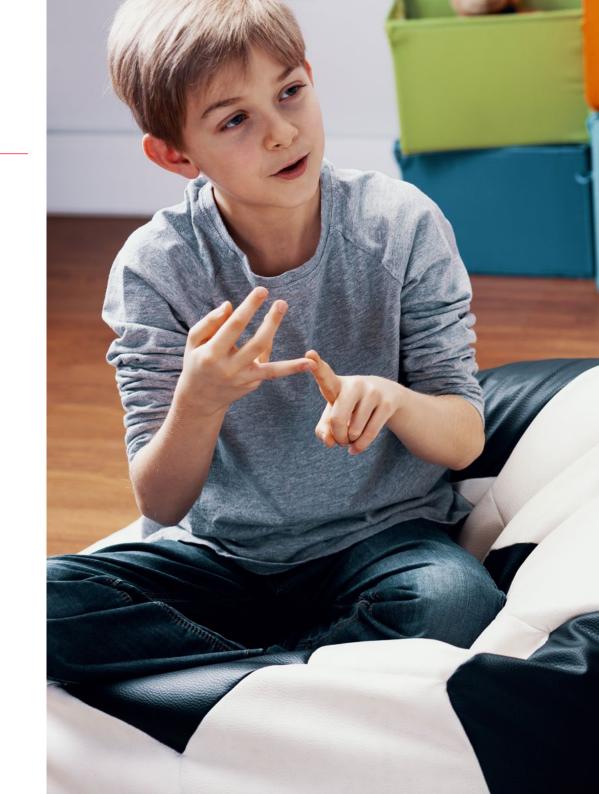
The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. This will be done with the help of an innovative system of interactive videos made by renowned experts.

02
Objectives

TECH has carried out this Postgraduate Certificate with the premise of providing the teacher with the most advanced knowledge in terms of addressing situations of Bullying and Cyberbullying. During the 6 weeks of the program, you will identify the main strategies to detect these problems and protocols for action in these cases. All this, preserved by the fulfillment of these general and specific objectives.

*Know, through this program, the
main manifestations of grooming
and stalking in the adolescent stage"*

General Objectives

- Deepen in the prevention and intervention in school bullying
- Delve into the different areas in which bullying has an impact
- Offer a system of in-depth study for a comprehensive approach to school bullying
- Inquire into the educational, psychological, social and legal aspects of school bullying
- Acquire in-depth knowledge of the relationship between bullying and its psychological consequences
- Describe school conflict management, assertive communication and problem solving tools
- Explain the tools to know how to prevent school bullying
- Explain the tools to know how to intervene in school bullying
- Enable to work collaboratively with all the actors involved in bullying
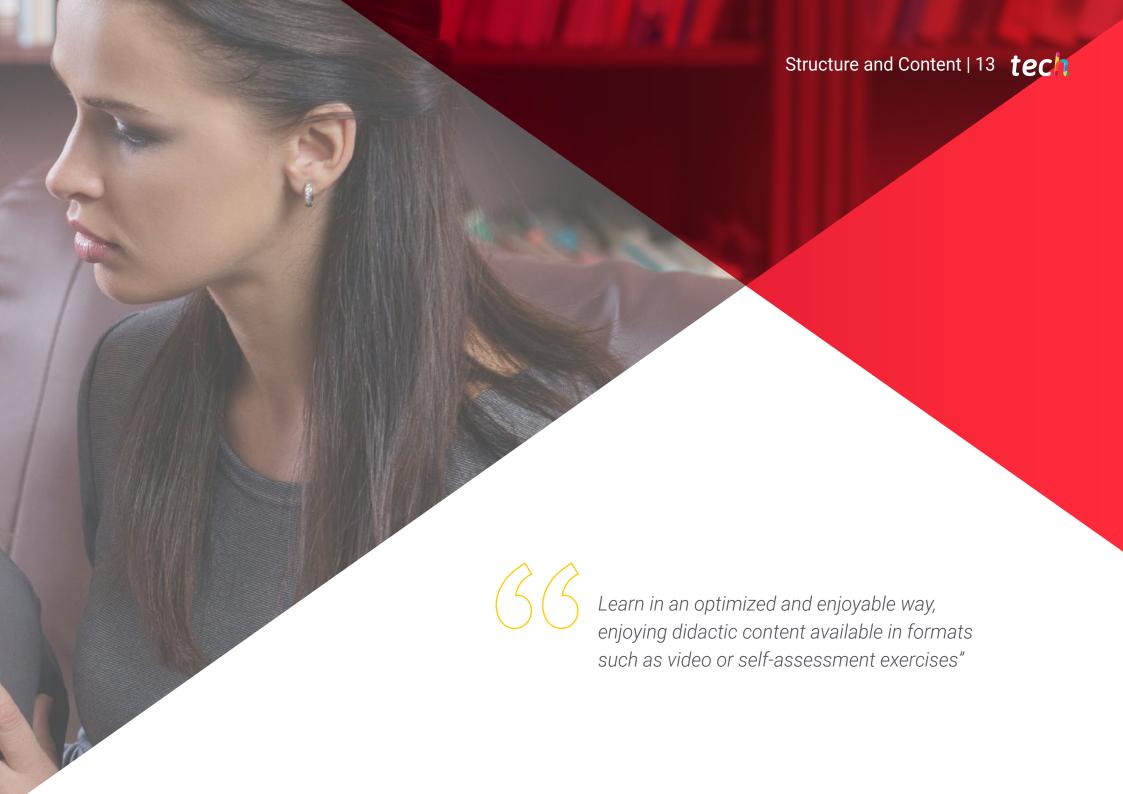
Specific Objectives

- Delve deeper into what bullying is
- Identify the types of Bullying
- Learn about the profiles involved in school bullying
- Deepen the role of the bullying action protocol
- Describe the role of parents in school bullying
- Develop the role of the center in school bullying
- Understand the role of teachers in school bullying

Follow the objectives outlined by TECH for this program and improve your teaching skills in the management of bullying and cyberbullying"
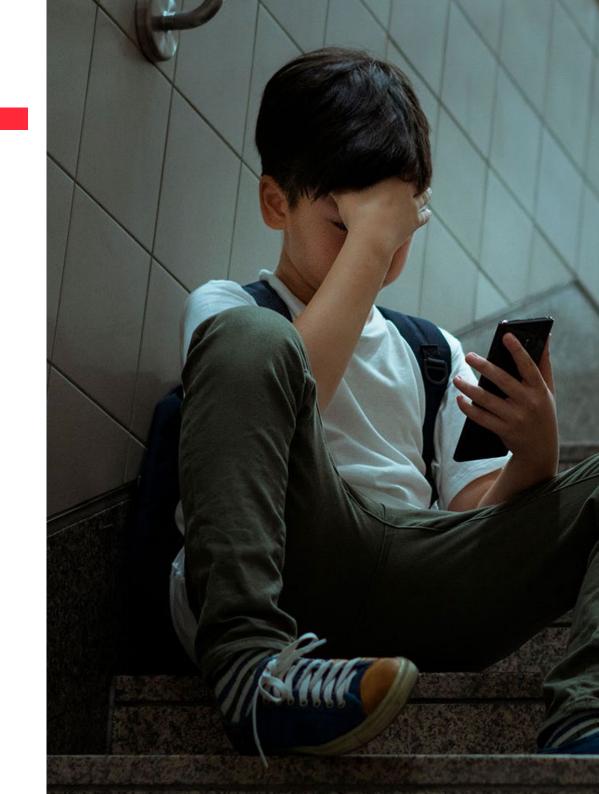
03
Structure and Content

The syllabus of this Postgraduate Certificate has been designed with the main objective of favoring the acquisition of valuable knowledge on the management of Bullying and Cyberbullying situations by the teacher. Its topics have didactic materials available in supports such as complementary readings, explanatory video or self-evaluative exercises, being able to choose those formats that best suit your academic needs. Likewise, its online methodology will allow you to study from anywhere and 24 hours a day.

Learn in an optimized and enjoyable way, enjoying didactic content available in formats such as video or self-assessment exercises"

Module 1. School violence: Bullying and Cyberbullying

1.1.   Definition of bullying

    1.1.1.   Bullying

    1.1.2.   Data on the incidence of bullying at the international level

    1.1.3.   Characteristics of bullying

1.2.   How to detect bullying

    1.2.1.   Detection of bullying

    1.2.2.   Characteristics of some of the profiles involved

    1.2.3.   How it manifests itself

    1.2.4.   How to approach the child in this situation

1.3.   How to prevent bullying

    1.3.1.   The work of prevention

    1.3.2.   Bullying prevention activities

1.4.   How to deal with bullying

    1.4.1.   Responding to a case of bullying

    1.4.2.   Responsibilities of parents and educators

    1.4.3.   How to act in case of bullying

    1.4.5.   Educational Centers

1.5.   Definition of cyberbullying

    1.5.1.   Cyberbullying

    1.5.2.   Data on the incidence of Cyberbullying at the international level

    1.5.3.   Characteristics of cyberbullying

1.6.   How to detect cyberbullying

    1.6.1.   Detection of cyberbullying

    1.6.2.   Characteristics of some of the profiles involved

    1.6.3.   How it manifests itself

    1.6.4.   How to approach the child in this situation

Enroll in this Postgraduate Certificate and specialize in the management of Bullying and Cyberbullying situations in only 6 weeks"
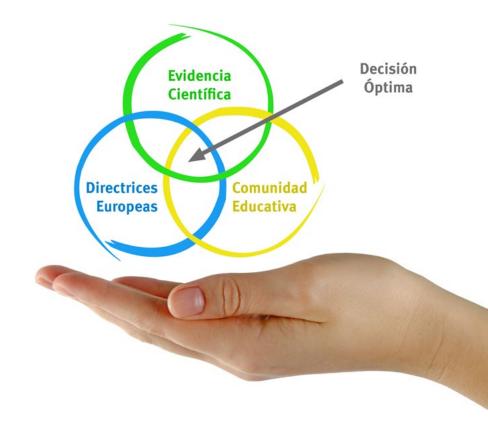
04
Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

"

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.

It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.

Evidencia Científica

Decisión Óptima

Directrices Europeas

Comunidad Educativa

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.

2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.
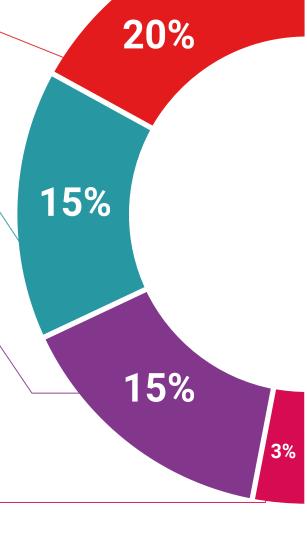
Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

7%

3%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.

Classes

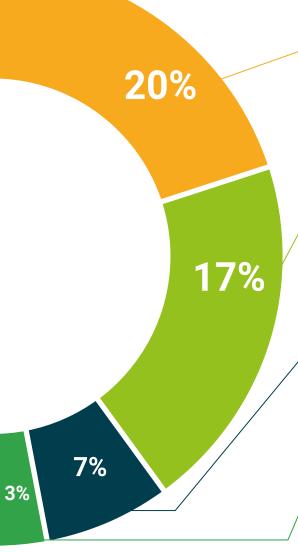There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

05

Certificate

The Postgraduate Certificate in Bullying and Cyberbullying guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.

"Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This **Postgraduate Certificate in Bullying and Cyberbullying** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Bullying and Cyberbullying**

Official N° of Hours: **150 h.**

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Awards the following
CERTIFICATE
to
Mr./Ms. _____, with identification number _____.
For having passed and accredited the following program

POSTGRADUATE CERTIFICATE
in

Bullying and Cyberbullying

This is a qualification awarded by this University, equivalent to 150 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro
Dean

Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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