



## Postgraduate Certificate

Attachment and Social Relations in Bullying

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 6 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/education/postgraduate-certificate/attachment-social-relations-bullying

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#### tech 06 | Introduction

Bullying can have long-term consequences on the mental and emotional health of victims, as well as on their academic performance and social development. Therefore, it is essential to address this problem from a holistic perspective that includes the development of attachment and social relationships. In this way, it is possible to intervene effectively at the root of the problem, providing a solution to any problem that occurs in the school environment.

This course presents a complete and detailed syllabus that addresses the different aspects of affective and social development, from Bowlby's attachment theory to the early promotion of affective development. Theories and types of attachment are explored, as well as the components of the attachment relationship and its evolution during childhood. In addition, differences in attachment in adult life and its relationship to personal identity are examined.

All this, in a 100% online format and with the best didactic resources in the academic market: case studies, interactive summaries and all kinds of multimedia materials that will make this a unique learning experience for the students. Furthermore, the Relearningmethodology implemented by TECH in its programs allows the professional to take advantage of every minute of study invested, guaranteeing effective and direct teaching.

This **Postgraduate Certificate in Attachment and Social Relations in Bullying** contains the most complete and up-to-date educational program on the market. The most important features include:

- The development of case studies presented by experts on bullying
- Graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Deepen, through this 100% online Postgraduate Certificate, in the development of the personal identity of students in the classroom"



The 100% online methodology used for this program will allow you to study at your own pace, without interruptions or rigid schedules"

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

This Postgraduate Certificate will enable you to integrate the most effective social and emotional development methods for your students into your daily work.

Interactive summaries, multimedia materials and case studies. You will have access to a multitude of teaching resources of high pedagogical rigor.







## tech 10 | Objectives



#### **General Objectives**

- Deepen in the prevention and intervention in school bullying
- Delve into the different areas in which bullying has an impact
- Offer a system of in-depth study for a comprehensive approach to school bullying
- Inquire into the educational, psychological, social and legal aspects of school bullying
- Acquire in-depth knowledge of the relationship between bullying and its psychological consequences
- Describe school conflict management, assertive communication and problem solving tools
- Explain the tools to know how to prevent school bullying
- Explain the tools to know how to intervene in school bullying
- Enable to work collaboratively with all the actors involved in bullying





#### **Specific Objectives**

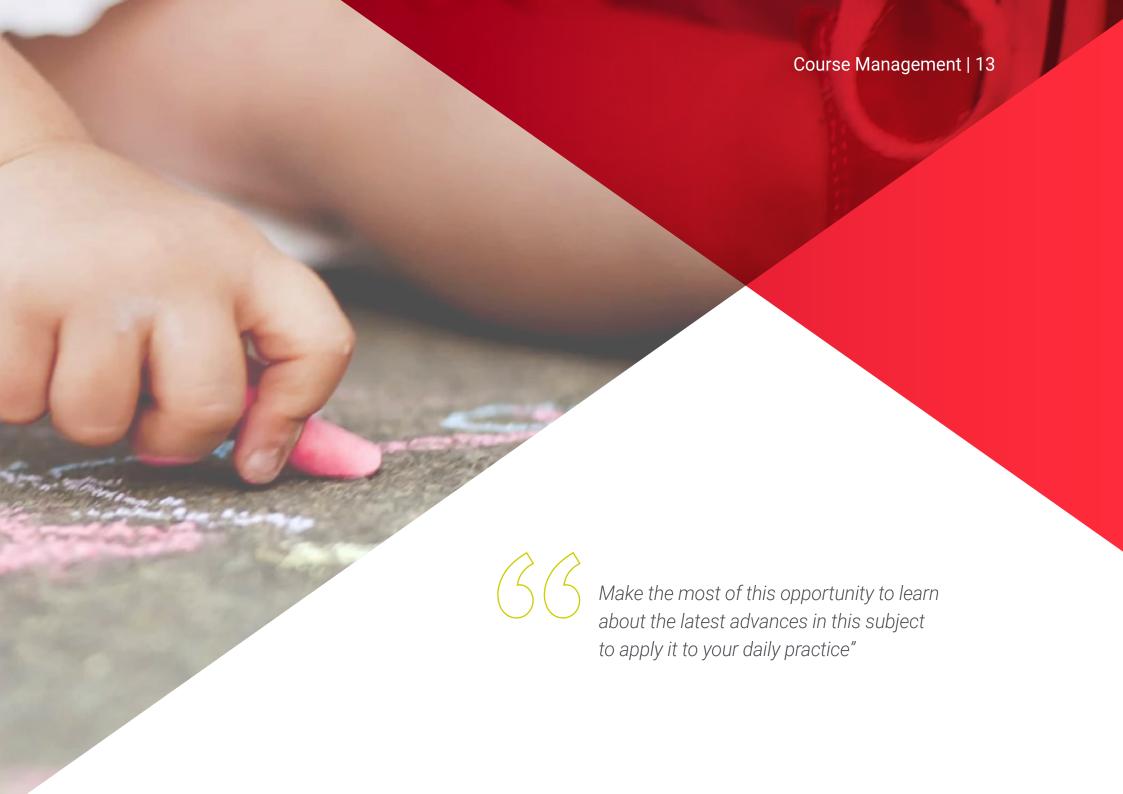
- Deepen in what attachment is and to take into account what produces it
- Take into account the skills necessary to develop attachment
- Delve into the types of attachment
- Describe all the aspects involved in attachment
- Explain what social relationships are
- Discover how social relationships are produced
- Understand the impact of social relationships



Enroll now and get up to date on the latest methods of bullying intervention with this specialized TECH program"







#### tech 14 | Course Management

#### Management



#### Ms. González Rivas, Maria José

- Specialist in Pre-school Education, Politics and Educational Psychology
- PhD in Education from the University of Salamanca
- Master's Degree in Coaching and Emotional Intelligence certified by Bureau Veritas and AICM
- Master's Degree in University Teaching by CEU Cardenal Herrera University
- Degree in Philosophy and Educational Sciences and Pedagogy from the University of Salamanca
- Diploma in Teaching from the University of Santiago de Compostela





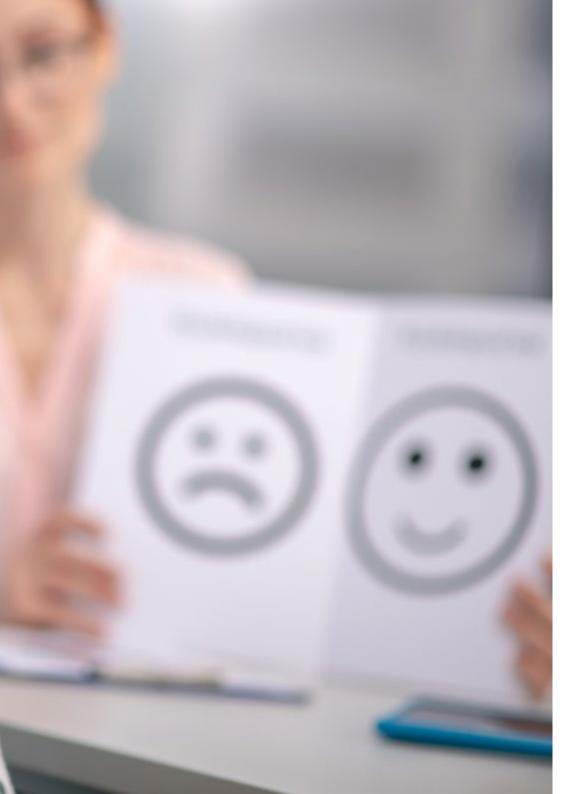


#### tech 14 | Structure and Content

## **Module 1.** Importance of attachment development and social relationships in school bullying

- 1.1. Introduction to the Study of Affective and Social Development
  - 1.1.1. Bowlby's attachment theory
  - 1.1.2. Later contributions to attachment theory
  - 1.1.3. Types of Attachment
- 1.2. Beginning of Affective Relationships
  - 1.2.1. Conditions Necessary for an Attachment to Form
  - 1.2.2. The Formation of the First Attachment
  - 1.2.3. Components of the Attachment Relationship
  - 1.2.4. Evolution of Attachment During Childhood
- 1.3. Development and Evolution of Attachment in Infancy
  - 1.3.1. Theories on Affective Development
  - 1.3.2. Affective Development
  - 1.3.3. Emotional development
- 1.4. Development of Attachment from Adolescence to Adulthood
  - 1.4.1. Attachment in Adolescence
  - 1.4.2. Attachment in Young Adults
  - 1.4.3. Attachment in middle-aged and elderly adults
  - 1.4.4. Differences in Attachment in Adulthood
- 1.5. Development of Personal Identity
  - 1.5.1. The Development of the Self-Concept
  - 1.5.2. Self-Esteem: the Evaluation Component of Self-Esteem
  - 1.5.3. The Development of Self-Control
  - 1.5.4. Concept of Identity
  - 1.5.5. Social Cognition
- 1.6. Peer-to-Peer Relationships
  - 1.6.1. Relationships between colleagues
  - 1.6.2. Sibling relationships
  - 1.6.3. Relationships between friends
  - 1.6.4. Social interactions in play, aggression, and prosocial behavior
  - 1.6.5. Peer power relationships
  - 1.6.6. Factors of social experience





#### Structure and Content | 15 tech

- 1.7. Social Development in Adolescence
  - 1.7.1. Theories of development of social relationships
  - 1.7.2. Self-Concept and Self-Esteem
  - 1.7.3. Family Relationships
  - 1.7.4. Relationships with Peers
- 1.8. Moral in Childhood
  - 1.8.1. Development of Moral Concept
  - 1.8.2. Moral Thinking
  - 1.8.3. Moral Behavior
  - 1.8.4. Values
- 1.9. Early Promotion of Emotional Development
  - 1.9.1. Factors that Determine Parental Performance
  - 1.9.2. Intervention Models
  - .9.3. Parental Educational Styles
- 1.10. Intervention in Social Development
  - 1.10.1. Family Education and Social Competence
  - 1.10.2. Assessment of social competence in children
  - 1.10.3. Development of social competence in children
  - 1.10.4. Prevention of Antisocial Behavior



This program combines a 100% online methodology of great pedagogical rigor with the most complete and updated syllabus on the market"





### tech 22 | Methodology

#### At TECH Global University School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.



It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- 2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
- **4.** Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



### tech 24 | Methodology

#### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



#### Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

#### tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Educational Techniques and Procedures on Video**

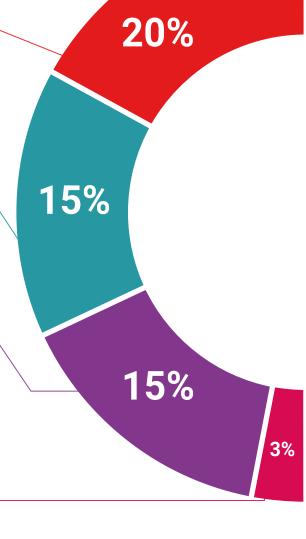
TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



**Testing & Retesting** 

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.





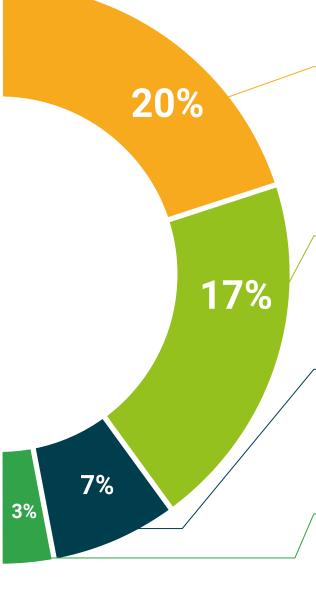
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

#### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







#### tech 32 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Attachment and Social Relations in Bullying** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Attachment and Social Relations in Bullying

Modality: online

Duration: 6 weeks

Accreditation: 6 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_ has successfully passed and obtained the title of:

#### Postgraduate Certificate in Attachment and Social Relations in Bullying

This is a program of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra Ia Vella, on the 28th of February of 2024



tech global university

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