

# Postgraduate Certificate

## Approach to Students with Mental Disorders for Teachers



## Postgraduate Certificate

### Approach to Students with Mental Disorders for Teachers

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/education/postgraduate-certificate/approach-students-mental-disorders-teachers](http://www.techtute.com/us/education/postgraduate-certificate/approach-students-mental-disorders-teachers)

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# 01

# Introduction

Mental disorders greatly affect the lives of people who suffer from the disease, so it is extremely important to know how to address them in the classroom.

There are psychological conditions that disturb the emotional state, behavior and comorbidity. This can cause disagreements within the school environment with peers and when integrating new knowledge. Therefore, schools need to hire qualified professionals, so that they can contribute to the treatment from education and therapies with a pedagogical approach.

And, to address these cases, an update of knowledge is necessary, which is why TECH offers this new program with a 100% online curriculum, packed with audiovisual material, complementary readings and practical exercises based on real cases.



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*Enroll now and be part of the educational improvement of children and youngsters with Mental Disorders, thanks to this 100% online Postgraduate Certificate"*

There are major challenges in the classroom, being the case of children or young people with high energy or hyperactivity. However, it is the Mental Disorders that really need a greater dedication, not only with the student who suffers from it, but for the whole environment in general. That is why the teacher has to resort to the use of techniques and therapies to give a positive approach to the skills and abilities that are manifested in these specific cases.

The most common characteristics are those that directly affect the neuronal system and cause variations in behavior, as well as moods and the incorrect use of the human body. This, in principle represents a risk for the rest of the children and young people in the classroom but, after a good management and therapy, it is possible to take advantage of those qualities, either in physical activities or linked to art.

Therefore, an academic update by the teachers is necessary, that allows them to delve deeper into this field of interest. Therefore, TECH presents this Postgraduate Certificate for those interested in contributing to the education and management of skills of students diagnosed with Mental Disorders. Inside, the teaching professionals will find a syllabus focused on the identification of these pathologies and their management, all presented in an innovative educational model 100% online, full of high-impact audiovisual material, informative readings and practical exercises focused on real-life cases.

Once the qualification is passed, the teachers will acquire new competencies that will add to their profession, becoming experts in the use of avant-garde techniques for the treatment of Mental Disorders.

This **Postgraduate Certificate in Approach to Students with Mental Disorders for Teachers** contains the most complete and up-to-date educational program on the market.

The most important features include:

- ♦ Practical cases presented by experts in Approach to Students with Mental Disorders for Teachers
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning.
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Contribute to the management of Schizophrenia in the diagnosed student and enhances their skills in the classroom"*

“*Develop new competencies and learns about Bipolar Disorders and its consequences in the daily life of the school student*”

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Turn the student's depression into an inspirational tool for the creation of artistic pieces.*

*TECH offers you an innovative and high-impact program, tailored to your needs to achieve your professional goals.*



# 02

# Objectives

TECH identifies the current needs of the sector for each specific case, which is why this course presents a series of objectives for the teaching professionals to significantly improve their academic competencies for a better development of the praxis. This will be possible thanks to a high impact material, composed of complementary readings, audiovisual content and exercises based on real cases, which will offer a deeper immersive experience.





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*Once you successfully complete this program, you will be an expert in the management of phobias in the classroom that generate anxiety disorders in your students”*



## General Objectives

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- ♦ Know how Special Education has evolved, especially regarding international entities such as UNESCO.
- ♦ Use a scientific vocabulary adjusted to the demands of multiprofessional teams, participating in student coordination and monitoring
- ♦ Collaborate in supporting families / legal guardians in the development of students
- ♦ Participate in the assessment and diagnosis of Special Educational Needs
- ♦ Elaborate the adaptations required by students with Special Educational Needs
- ♦ Use the methodology, tools and material resources adapted to the individual needs of students with Special Educational Needs
- ♦ Learn the basics of Psychology, Educational Sciences and Neurology both to read reports from other professionals and to establish specific guidelines for the appropriate response at school to the needs posed by students
- ♦ Establish measures both in the classroom, school and environment for students with Special Educational Needs to enable their full inclusion in today's society





## Specific Objectives

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- ♦ Define the concept of Mental Disorders
- ♦ Know the different disorders, their characteristics, intervention and needs, among other aspects
- ♦ Know and appreciate multiprofessional coordination and socio-community intervention at school
- ♦ Recognize and reflect on the different evaluations and prognoses to be established



*Enhance your profile through this Postgraduate Certificate and be part of the select group of the most successful professionals of the future"*

03

# Course Management

TECH has selected a highly qualified teaching staff for this program. They are experts in the management of neurological pathologies, who pour into this program all their experience and knowledge. They also stand out for being part of respected academic institutions, as well as societies and entities at the service of education. It is worth mentioning their commitment with the new generations, contributing in their learning and professional path all the experience acquired in their trajectory.





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*A recognized teaching staff ready to help you during the following 6 weeks to improve your professional path"*

## Management



### Dr. Mariana Fernández, María Luisa

- ♦ Educational Guidance and Professor
- ♦ Head of Studies in CEPA Villaverde
- ♦ Head of the Guidance Department at Juan Ramón Jiménez Secondary School
- ♦ Educational counselor at the Department of Education of the Community of Madrid
- ♦ Teacher in postgraduate studies
- ♦ Speaker at Educational Guidance Congresses
- ♦ PhD in Education from the Autonomous University of Madrid
- ♦ Degree in Industrial Psychology from the Complutense University Madrid

## Professors

### Mr. Serra López, Daniel

- ♦ Special Education Technical Assistant at the Gil Gayarre Foundation
- ♦ Educational Technical Assistant in Special Education
- ♦ Educational Technical Assistant at Gil Gayarre Foundation
- ♦ Educnatur Special Education Monitor
- ♦ Special Education Teacher and Tutor at C.E.E. Virgen del Loreto
- ♦ Graduate in Primary Education by ESCUNI Magisterio University Center
- ♦ Professional Master's Degree in Inclusive Education and High Abilities from CEU Cardenal Herrera University
- ♦ Expert in Attention to students with Special Educational Needs in Secondary Education by CEU Cardenal Herrera University

### Ms. Ruiz Rodríguez, Rocío

- ♦ Special Education Technical Assistant at the Gil Gayarre Foundation
- ♦ Educational technical assistant with expertise in Special Education
- ♦ Educational technical assistant at the Gil Gayarre Foundation
- ♦ Coordinator for events with children and young people
- ♦ Instructor in toy libraries and children's leisure centers
- ♦ Support service for children with special educational needs
- ♦ Graduate in Primary Education



**Ms. Vílchez Montoya, Cristina**

- ♦ Teacher in Primary Education, expert in Therapeutic Pedagogy
- ♦ Professor in postgraduate university studies
- ♦ English teacher at *The Story Corner*
- ♦ Degree in Primary Education with mention in Therapeutic Pedagogy

**Mr. Pérez Mariana, Julio Miguel**

- ♦ Leisure and Leisure Monitor in Camps and Extracurricular Activities
- ♦ Swimming instructor
- ♦ Primary Education Teacher
- ♦ Superior Technician in Physical and Sports Activities Animation
- ♦ Technician in Conduction of Physical-Sports Activities
- ♦ Specialized instructor course for youngsters with special educational needs



*A unique, key, and decisive experience to boost your professional development"*

# 04

## Structure and Content

The syllabus of this program has been designed according to the most recent advances in Mental Disorders. It is a study plan full of updated information regarding the different manifestations of neurological diseases. So that the teaching professionals who wish to pursue the qualification will find within it specific cases that cover in depth anxiety, compulsive behaviors, destructive actions and sudden personality changes. Therefore, this Postgraduate Certificate contains one of the best academic plans of the present time, in addition to allowing it to be developed in the most convenient schedules for the teacher.







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*Enhance your pedagogical skills according to the current and future needs of the professional field”*

## Module 1. Mental Health

- 1.1. Concept and Definition of Mental Disorders
  - 1.1.1. Definition of Mental Disorder
  - 1.1.2. Historical Approaches
  - 1.1.3. Current Interpretation
  - 1.1.4. General Conditions
  - 1.1.5. Importance of the Cognitive System
  - 1.1.6. Parts of the Cognitive System
  - 1.1.7. Classification of Mental Disorders
  - 1.1.8. Symptoms of Mental Disorders
- 1.2. Psychotic Disorders
  - 1.2.1. Definition of Psychotic Disorders
  - 1.2.2. Possible Causes
  - 1.2.3. Potential Conditions
  - 1.2.4. Schizotypal Personality Disorder
  - 1.2.5. Delusional Disorder
  - 1.2.6. Brief Psychotic Disorder
  - 1.2.7. Schizophrenia.
  - 1.2.8. Schizoaffective Disorder
  - 1.2.9. Other Psychotic Disorders.
  - 1.2.10. Treatment
- 1.3. Mood Disorder
  - 1.3.1. Definition of Mood Disorder
  - 1.3.2. Possible Causes
  - 1.3.3. Potential Conditions
  - 1.3.4. Depressive Disorder
  - 1.3.5. Bipolar Disorder
  - 1.3.6. Manic Disorder
  - 1.3.7. Other Mood Disorders
  - 1.3.8. Treatment



- 1.4. Anxiety Disorder
  - 1.4.1. Definition of Anxiety Disorder
  - 1.4.2. Separation Anxiety Disorder
  - 1.4.3. Selective Mutism
  - 1.4.4. Specific Phobia
  - 1.4.5. Social Anxiety Disorder
  - 1.4.6. Panic Disorder
  - 1.4.7. Other Anxiety Disorders
  - 1.4.8. Treatment
- 1.5. Obsessive-Compulsive Disorder and Related Disorders
  - 1.5.1. Definition of OCD
  - 1.5.2. Types of OCD
  - 1.5.3. Recurrent Obsessions
  - 1.5.4. Cognitive Variables
  - 1.5.5. Symptoms
  - 1.5.6. Effects
  - 1.5.7. Comorbidity
  - 1.5.8. Treatment
- 1.6. Destructive Impulse Control and Behavior Disorders
  - 1.6.1. Definition of Destructive Impulse Control and Behavior Disorders
  - 1.6.2. Types of Disorders
  - 1.6.3. Cognitive Variables
  - 1.6.4. Symptoms
  - 1.6.5. Effects
  - 1.6.6. Comorbidity
  - 1.6.7. Treatment
- 1.7. Personality Disorders
  - 1.7.1. Definition of Personality Disorders
  - 1.7.2. Group A Personality Disorders
  - 1.7.3. Group B Personality Disorders
  - 1.7.4. Group C Personality Disorders
  - 1.7.5. Other Personality Disorders
  - 1.7.6. Foundation
  - 1.7.7. Comorbidity
  - 1.7.8. Treatment
- 1.8. Including Students with Mental Disorders at School and Their Specific Needs
- 1.9. Educational Response to Students with Mental Disorders: Measures and Resources
- 1.10. Multiprofessional Coordination



*This Postgraduate Certificate contains the best study plan available today, what are you waiting for to enroll and strengthen your professional skills?"*

05

# Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

*With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



*It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.*

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



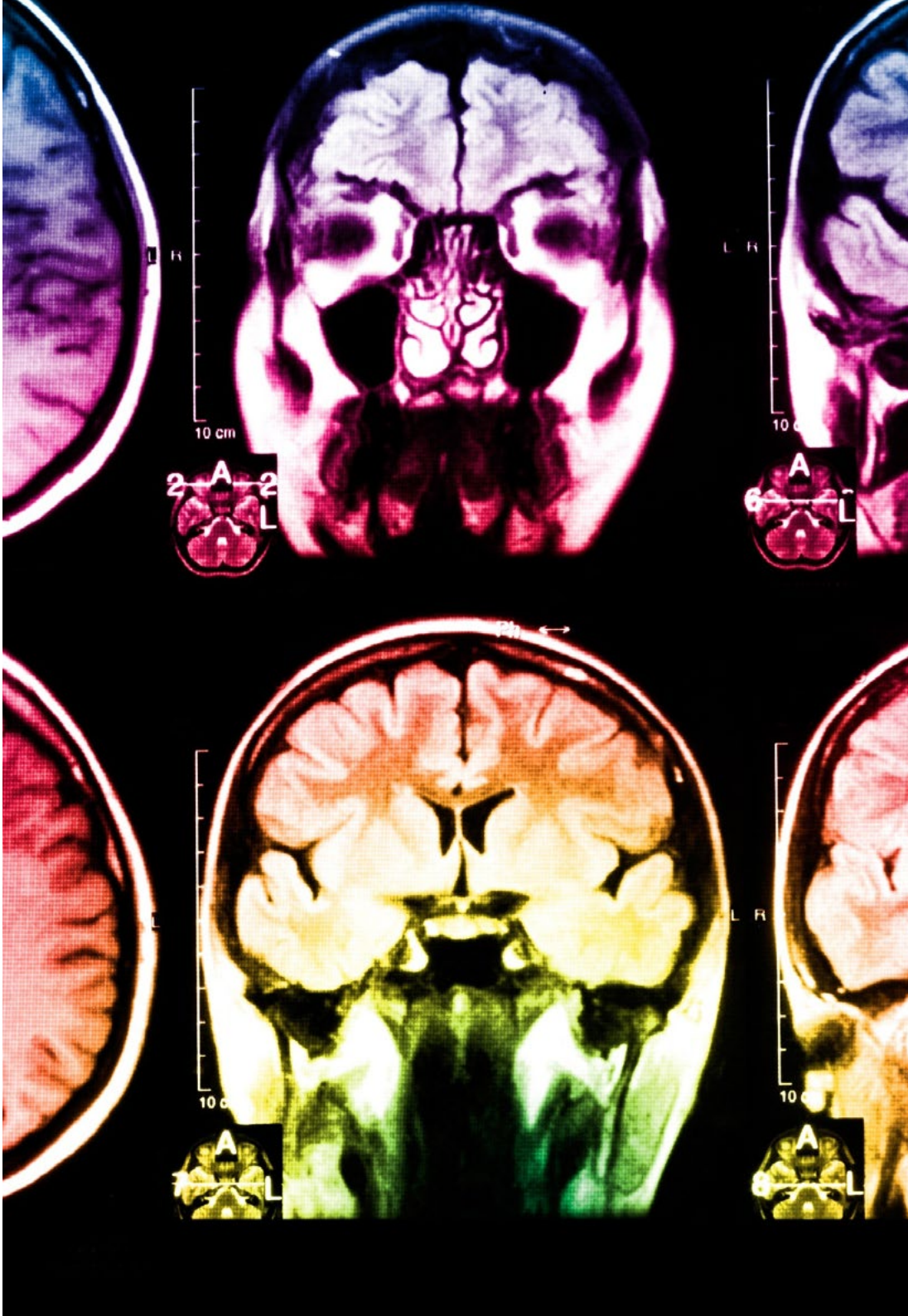
At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

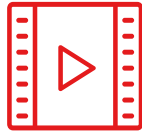
*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

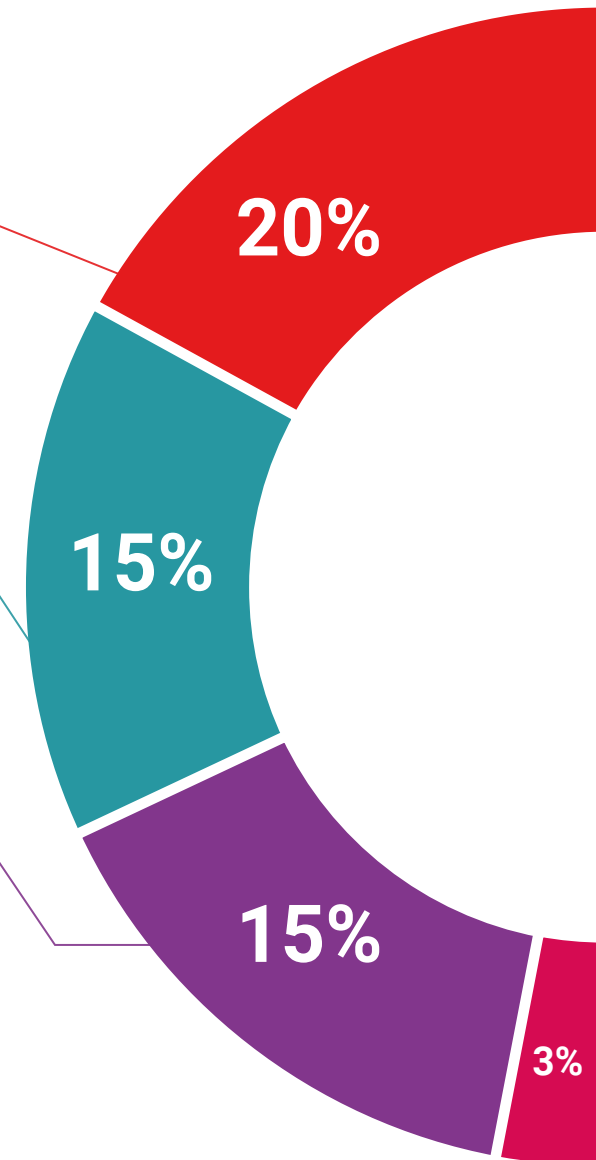
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

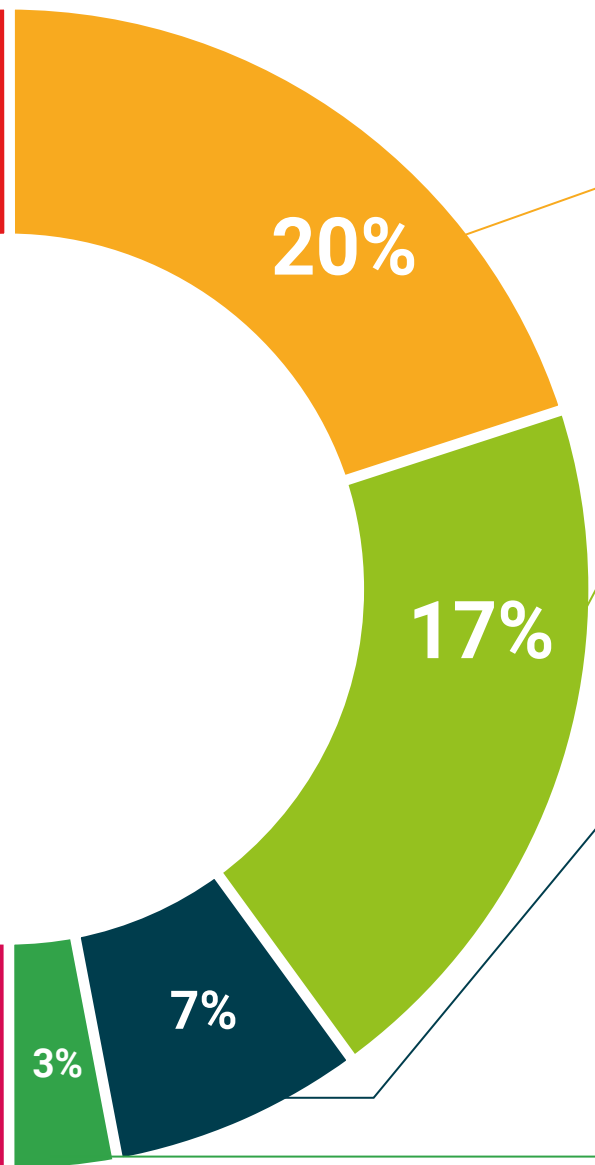
This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Approach to Students with Mental Disorders for Teachers guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Approach to Students with Mental Disorders for Teachers** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

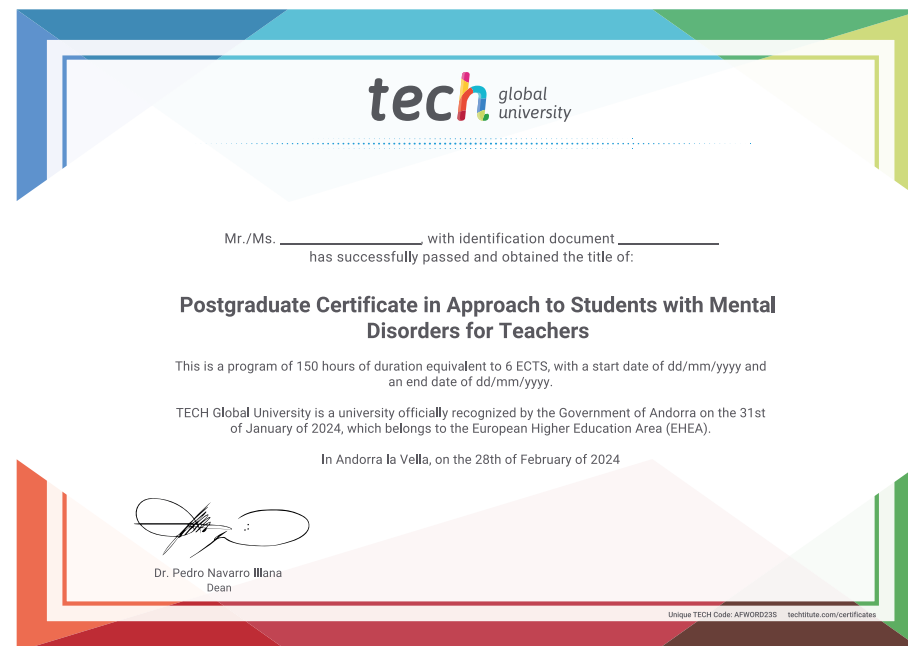
This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program

Title: **Postgraduate Certificate in Approach to Students with Mental Disorders for Teachers**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.



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